



Lift Lines

== No. 96, December 2008 ==

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Hi folks,

Is everybody praying for snow? I am not talking about the party. It's time for some real prayer! We need snow!

The **Bachelor Blitz** has been postponed till April! The **Canada Ski Safari** will still happen, starting December 12, though only for a few hardy souls!

Check it out for yourself. On our web site, click on the **Ski Areas** button.

Notice on this page alone: we provide free pizza, free skiing, and a free ski training day! What a club!

- Emilio



"We partied too much; we didn't pray enough! We are soooo sorry!"

Canada Ski Safari

Dec. 12-21, It looks like only 3 of us will go this year, partly because of the snow conditions.

Fortunately, there is more snow the further north-east you go. Revelstoke and Kicking Horse have double the amount of snow that Big White and Silver Star have. And further east, Lake Louise has 3 times as much!

The Canadian dollar is down, so the US dollar is worth more, and the gas prices are below \$2 again!

Free day at Red Mt.

Dec. 19 (Friday). Anyone who shows up at **Red Mt.** on this day can ski for free. The Canada Ski Safari people will hit it.

But, you can also do this on your own. Take Friday off. Drive up north of Spokane on Thursday night. Ski Red on Friday. Then visit 49° North or Mt. Spokane on Saturday.

More free skiing on page 7.

Mt. High Pizza Party

Jan. 13 (Tuesday). 6 pm. We'll feed you some pizza, provide some entertainments, and good company. What more could you want?! Round Table Pizza at Barbur Blvd. & Capitol Hwy.

Mt. High Free Training day

Jan. 4 (Sunday). Just show up at Timberline, and our club will provide free ski training. Run some gates, improve your technique. Professional coach! See more on page 3.

Come Bowl for Terry

Feb. 7 (Saturday). Monte Carlo bowling at Milwaukie Bowl. 7 pm. Only \$15, plus something for the strike pots. Proceeds go toward Terry White's medical expenses.

RSVP to Terry's sister, Karen Flloyd, 503-631-2425.

More info on page 4.

Tele Tuesdays at Ski Bowl

The **Mountain Shop** is sponsoring 3 events where you can test free-heel skis, not just telemark, but also randonee (alpine touring) gear. \$20 for lessons. \$10 for demo rentals, or \$15 for races. Tuesdays, 5 - 9 pm.

Dates are: **Jan. 13, Feb. 3, March 3.**

*Note the color code.
Our club is blue.*

2008 CALENDAR

Blue: Mountain High events

Red: NWSCC / FWSA events

Black: General events

Dec. 12-21: Canada Ski Safari
Dec. 19 (Fri.): Free ski day at Red Mt.

2009

Jan. 4 (Sun.): Mt. High Training day
Jan. 11 (Sun.): PACRAT race Timberline
Jan. 13 (Tue.): Mt. High Pizza Party
Jan. 13 (Tue.): Tele Tuesday Ski Bowl
Jan. 17-18: Turkey Slalom & GS
Jan. 18-24: Big Mountain (Ski Kats)
Jan. 25 (Sun.): PACRAT race Meadows
Jan. 24-31: FWSA Ski Week: Big Sky
Feb. 3 (Tue.): Tele Tuesday Ski Bowl
Feb. 6 (Fri.): Mt. Bachelor ski for food
Feb. 7 (Sat.): Come Bowl for Terry!
Feb. 15 (Sun.): PACRAT race Timberline
Feb. 18-22: Schweitzer Mt. trip

Mar. 6 (Fri.): Ski for Sunshine at Timberline & Ski Bowl (4 cans)
Mar. 7 (Sat.): Ski the Glade Trail Day
Mar. 8 (Sun.): PACRAT race Meadows
Mar. 13-15: Crystal Mt. trip
Mar. 22 (Sun.): PACRAT race -Ski Bowl
Mar. 28- Apr. 2: Heavenly / Tahoe
Apr. 2 - 5: FWRA Championships
Apr. 12-14: Bachelor Blitz

Mt. High

Membership Party



Nov. 13, 2008. We expected a little over 100 people, but almost 200 showed up! We got 59 new members.

There was enough food for everyone, and most people managed to get a drink before it was announced that alcohol is not permitted on the premises. We outgrew the size of the room anyway. We'll have to find a different place next year.

A new member at the party said: "I wanted to buy a glass of wine, and they gave me one for free! What a club! How do you guys do it?"

Susie Pace from Schweitzer Mt.



Debbi Kor presents Gary Stevenson a recognition award for his years of service as club president.

NWSCC

Ski Fair

Nov. 17, 2008.(Monday) Except for the NWSCC (which held the Silent Auction) and the Mt. Hood Meadows booth, our club's booth was probably among the busiest there.

Some people renewed their membership, several new ones joined, and some people came just to chat. Haley stood guard and kept us safe with her moose antlers.

The winner of our drawing for a free club membership for a year was Robert Burns. Congratulations!



Gordy

Haley

Elaine

Marilyn Sigler



Rosie

Chris

Gordy



Henry

Mt. High

Wine Tour Extraordinaire

by *Debbi Kor*

Saturday, November 29th was the date for the Mt. High 7th Annual Wine Tour. And, a mighty fine tour it was!

Eleven hearty wine connoisseurs departed from the Fred Meyer parking lot in Tigard, bound for a day of memorable tasting of the grape, with our first stop at August Cellars. This is a particular favorite, not only for the wonderful wines, but the yummy hors d'oeuvres and heavenly chocolates by Exquisite Indulgence. If you only go to one winery on Thanksgiving weekend, make it this one. You won't be disappointed.

Next stop....Natalie Estates. This was a new one for our group, but very nice. This scribe only drinks white wine, and found the 2007 Chardonnay to be excellent. I had to rely on the others to let me know that the reds were also top notch.



From there, we hit a couple smaller wineries, but to keep within our budget for the day, we chose to move on to other more main-stream, and well known wineries.....Erath and Sokol Blosser. Erath provided not only some lovely wines to taste and purchase, but a wonderful spot to picnic. We spread our lunch out on two patio tables, and feasted on cheeses, salmon and crab spread, ripe olives, breads, and of course....fine wine. We shared with those around us, including the Erath staff.

Our final stop was at Sokol Blosser. A few sampled the wares, but most of us sat outside enjoying the last rays of sun for the day. A jar of Sauvignon Fudge, from the wonderful kitchens

of Sokol Blosser was purchased and sampled by the group, with a rousing "yummmm" from each of us.

Winding our way back to Tigard, we disembarked our lovely 15 passenger van at Fred Meyer and moved across the street to Newport Grill for a light dinner and conversation. We all agreed that it was a great way to spend a most enjoyable day in good company.

Mt. High

Pizza Party

**Jan.13** (Tue.)

6:30 pm at the Round Table Pizza 10070 SW Barbur Blvd., near Capitol Hwy. (by McDonald's).

Everybody is invited! Come meet other club mem-

bers, check out what's new. Enjoy some "Maui Zau" pizza (and other kinds)!

Included:

- * Slide show or video of recent or upcoming ski trip.
- * Socialize, mingle with other club members.
- * The pizza is free (on the club), but buy your own drink.

Mt. High Ski Improvement Day

**Jan. 4** (Sun.)

Improve your technique, be more precise in your turns, with the help of professional coach **Jack Walker**.

Best of all: your club is paying for this!

Free training! What a club!

Yes, the training is free, and all you have to do is show up. The lift ticket is not included, but we might get a groupd discount. Thanks to **Gordon Lusk** for arranging all this.

Location: Timberline ski area. Pucci main run. More details coming on our web site and via email.

Come Bowl for Terry!



As many of you may know already, our club president, Terry White has missed our annual Membership Party because he is dealing with a serous illness.

He is doing much better now, but full recovery will take a few months.

To help him cope with all the medical bills, his sister is organizing a fun benefit event we can all participate in. All proceeds will go toward Terry's medical expenses.

So, come one, come all to an evening of

Monte Carlo Bowling

Feb. 7 (Saturday), starting at 7 pm, at the

Milwaukie Bowl

3056 Harrison, nr. Hwy 224

Milwaukie, OR. 97222

Phone: 503-654-7719



Admission: **\$15**, plus any money we may put down for the strike pots. In case you didn't know, that's what "Monte Carlo" stands for. When a certain combination of pins shows up, and it's your turn to bowl, you can win some money from the common pot if you get a "strike".

Don't think about it too much. Just show up and have some fun. It's all for a good cause.

It would help to know how many people will show up, so please **RSVP** to:

Karen Flloyd, 503-631-2425.



Jan & Terry

Terry bowling



Oregon Cancer Ski Out



March 1-2: Register your 5 - person team now for this fun fundraiser for Cancer Research and hospice care.

Two races are held, and

only consistency counts; not speed. Team registration for 5 people is \$850. Contact **Russ Stanton, russki2day@yahoo.com** or **Dick Woolley at rgwoolley@verizon.net**. Lots more information on our web site: [www.mthigh.org/Events.htm#Oregon Cancer Ski Out](http://www.mthigh.org/Events.htm#Oregon%20Cancer%20Ski%20Out)

Hope on the Slopes



March 21: (Saturday) at **Ski Bowl**.

A fundraiser for the American Cancer Society.

This is a vertical challenge, where competitors earn points for both dollars raised and the total vertical feet skied. Teams can consist of between 5 and 15 people. You can also compete individually. There are no age restrictions.

Each participant will receive a personal web page that they can customize with their own messages and photos. Features of the web site include the ability to fundraise online and via email, track fundraising progress, and honor loved ones touched by cancer.

Registration is \$35 per person, or \$200 per team (for up to 15 members. Each participant is encouraged to raise a minimum of \$200.

Prizes include lift tickets, skis, boards, clothing,..etc.

Funds raised will be used by the American Cancer Society for cancer research, education, advocacy, and service.

More info at www.cancer.org or [Click Here](#).



Reasons to Visit Crystal Mt. This Season

- by Linda McGavin -

To fully experience what our club has to offer, you should come on some trips with us. Our bus trip to Crystal Mountain is one of the most affordable. There are actually lots of good reasons to come on this trip:

1. **It is a HUGE mountain** with something for all skiing abilities.
2. **Backcountry.** It has absolutely incredible lift-served "backcountry" skiing.
3. **Fast lifts.** Most of the lifts are high speed quads, and there are two six pack chairs for all abilities, and one high speed double chair in the Northway Basin (experts only).
4. **The Views.** There is an amazing view of Mt. Rainier from the top!
5. **Beautiful lodges** with excellent food, one at the base and two on the mountain, one with a view of Mt. Rainier as you eat.
6. **Great company!** You get to ski with old friends and new friends in the best ski club around! Our bus trips are among the most fun of all!
7. **Lower prices.** You get reduced price tickets on Saturday included in the trip price, and half price tickets on Sunday (you need to show your club membership card at the ticket window and buy your own ticket - but hey, to ski Crystal for only \$30 is a super deal!).
8. **Affordable lodging.** The trip is far less expensive because we stay in Enumclaw, only about 45 minutes from the mountain. (Maybe we can stay on mountain on a future trip if the demand is there.)
9. **The food.** There are a number of restaurants very close to our lodging.
10. **Proximity.** The bus ride is about as long as going to Mt. Bachelor, without the need to go over a mountain pass to get to our lodging! Getting there is mostly smooth sailing on I-5.



Mt. Rainier



Linda at Crystal Mt.



Lilly, Harry, and Lisa



Crystal Mt.



Crystal Mt.

Next month: What's so special about Heavenly Valley & Lake Tahoe.

PACRAT News

Pacific NW Area Clubs Recreational Alpine Teams



Bruce Ellison
Mt. High Racing Director

We have formed a brand new team, but we also lost one of last year's teams. So, on balance, we still have 13 teams of 10 people each, plus a few more new racers who will be placed in a mixed team, consisting of people from several clubs. Our total is approximately 135 Mt. High racers.

See more info about recreational PACRAT Racing at

www.mthigh.org/Racing.htm.

If you want to race, contact Bruce ASAP:
Yuffiet@comcast.net or phone: 503-697-7892.

Team Captains' meeting / Bib pick-up

Dec. 17 (Wednesday) -- Mandatory team captains' meeting, to pick up the racing bibs for their teams. Location: the **Buffalo Gap**, 6835 SW Macadam Ave, Portland, OR 97219. , starting at **6:00 pm**.

Team captain will distribute the bibs to their teams.

2009 PACRAT Race Dates

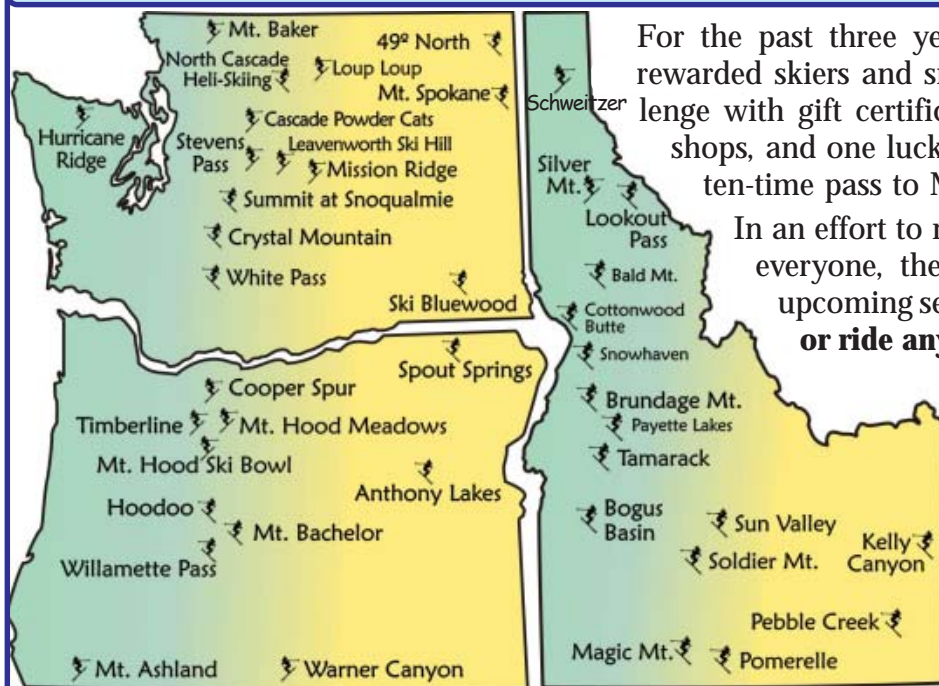
Date	Location
Dec. 2 (Tue.)	Mt. High teams signup deadline.
Dec. 10	Deadline to send all forms to Pacrats
Dec. 17 (Wed)	Team captains bib pickup, at Buffalo Gap
January 11	Race 1: Timberline
January 25	Race 2: Mt. Hood Meadows
February 15	Race 3: Timberline
March 8	Race 4: Mt. Hood Meadows
March 22	Race 5: Ski Bowl
March 29	Make up race, Timberline; only if a race is canceled
April 4-6	FWRA Championships, Northstar-at-Tahoe
April 17 (tent.)	Rat Attack Awards Party



Note to new racers: If you are nervous about racing right next to another person, let him/her go first. Your clock doesn't start until your legs cross the starting gate.

NWSCC

Northwest Ski Challenge - by David Schor



For the past three years, the **NW Ski Club Council** has rewarded skiers and snowboarders who have met the Challenge with gift certificates for equipment or services at ski shops, and one lucky winner each year goes home with a ten-time pass to Mt. Hood Meadows.

In an effort to make the Challenge more accessible to everyone, the bar has been lowered a bit for the upcoming season. No need to ski a whole State. **Ski or ride any 5 or more resorts in Oregon, Washington and/or Idaho during the 2008-2009 ski season to be eligible to win a prize.** The more ski areas you visit, the more valuable the prizes.

Help the smaller areas by visiting them, and help yourself to some fresh slopes and lower prices. Plus, win a prize! Just save your lift tickets.

To qualify for a prize, you need to

submit your lift tickets (or receipts) to: NWSCC, PO Box 1915, Portland OR 97207.

More info on our Council's web site: NWskiers.org. For more info, contact **Steve Coxen**, 503-679-9022, or by email to: sacoxen@aol.com. See the [Articles](#) page on the Mt. High web site for last year adventures.

Membership Cards



Most people have already picked up their membership card in person at the **Membership party** or **Ski Fair**. If you did not get one, we'll mail it to you. Please send your mailing address to Elaine Bock, SeawitchPdx@aol.com, or to: **Mountain High Snowsport Club**, PO Box 2182, Portland, OR 97208.

Free Skiing corner: Cheap tickets



Would you like your tickets free or just cheap? To combat high lift ticket prices, you have lots of options. Hoofing it up the hill, or using skins and alpine touring gear is definitely one of them.

Another is to check out the long list of **free** or **half-price** offerings we published in the November issue of Lift Lines, on page 4. The list is now also posted on our web site at: www.mthigh.org/Lift-tickets.htm.

Buses to Mt. Hood Meadows



Buses to Meadows will run on Fridays from the Mountain Shop, and on weekends and holidays from Tualatin and Gateway Park & Rides. Cost: \$79 includes both bus and lift ticket.

Mt. High Wall Calendar



A 15-month wall calendar (Oct. 2008 - Dec. 2009), with our club photos and with most of our trips and races already marked, is now on our web site EVENTS page. You can print it in 2 sizes, or let Emilio print it for you for a small fee:
 1. Tabloid (11x17") ... \$8.
 2. Letter (8.5 x 11") ... \$4.
 Downloads are free, of course.

Mt. Bachelor Lift Ticket only \$50

Just show your club membership card and a photo ID at the Mt. Bachelor Sports Desk and receive a \$50 all-day lift ticket. Just one of the benefits of membership.

Mt. High Man & Woman of the Year

Every year, we honor 2 people who have contributed to the club and to our sport. Some of the past honorees:

- | | |
|----------------------|---------------|
| 2008: Jack Folliard | Elaine Bock |
| 2007: Gary Stevenson | Linda McGavin |
| 2006: Gordon Lusk | Linda McGavin |
| 2005: Terry White | Debbi Kor |
| 2004: Emilio Trampuz | Debbi Kor |
| 2003: Emilio Trampuz | Debbi Kor |
| 2002: Emilio Trampuz | Debbi Kor |

All the NW Ski Club Council winners win 2 days/2nights at Big White or Silver Star. The winners at the Far West level will win 5 days at Big White/Silver Star.

So, start doing good works for the club if you want to be a candidate next year. Or start thinking about whom we should nominate this coming year.

Mountain High entry in Outstanding Club Competition



Every year, we enter the "Outstanding Club" competition. This year, the entries have to be presented in the form of **3-ring binders** containing short presentations of our various activities (On the snow activities, Promoting the sport of skiing, Charity events, Social activities, etc.)

It would be great if **every member of our club submitted a page**, illustrating some fun aspect of our club, some activity in which you participated, etc. Preferably, include at least one photo. Or a collage of photos. Personalize it with your own photo. Let's show them this club has a lot of active members! Think about it. Send all entries to Emilio Trampuz, Emilio2000@earthlink.net. Or mail your contribution to Emilio Trampuz, 4742 Liberty Rd. S., #296, Salem OR 97402. Let's win that Outstanding Club title!

Or mail your contribution to Emilio Trampuz, 4742 Liberty Rd. S., #296, Salem OR 97402. Let's win that Outstanding Club title!

Winter Trips

The following pages are trip summaries. More info and updates will be posted on our web site:

www.mthigh.org/Trips.htm

Signup deadlines:

1. For Schweitzer Mt.: Jan. 15
2. For Crystal Mt.: Feb. 15
3. For Heavenly/Tahoe: Feb. 28

Ski Kats Big Mt. (MT)



Jan. 18 - 24, 2009.

A train trip to Whitefish Mountain Resort

(the new name for Big Mt.)

The **Ski Kats** club invites us to join them. Party en route. Sleeping compartment included in both directions. 4 days skiing out of 5, ground shuttles included.

Price: \$749 (adults, 16 - 64)
\$679 (seniors 65 - 69).
\$482 (seniors 70 or over)

Mail \$100 deposit to Mt. Hood Ski Kats, PO Box 90141, Portland, OR 97290. "Attn: Dincelli"

Contact: **Annette D'Incelli**, 503-788-0956, or dincelli@aol.com.

Mt. High Whistler Cabin



Jan. 25-31, 2009. 6 nights lodging/ 5 days skiing. Carpooling. Cost - \$250 pp. includes lodging, daily breakfast, lunch & dinner.



Everyone is encouraged to cook a dinner. For lift tickets, use Shell coupons.

Lodging in a cabin 5 min. north of Whistler Village. Shuttle to lifts every 20 mins. Contact **Bill Leeper**: 503-639-2603.

Mt. High Trips Preview



Want to see a preview of our trip destinations for this year? Check out a 3.5 minue [slide show](#) we just set up on our [Photos](#) page. Normally, that is a static page with just 5 or 6 sample photos from our former trips. But, we have now added a special insert, which displays a slide show highlighting 4 upcoming club trips (Canada Safari, Schweitzer, Crystal, and Lake Tahoe), all based on previous similar trips.

Suggestion: Click on the button in the upper right corner of the insert, to enlarge the window. Then hit the middle button to start the show.

Want even more? Go to our [Videos](#) page, and watch the videos of our Heavenly/Tahoe trip, the **Canada 2006** trip, the **Crystal Mountain 2005**. Sorry, no Schweitzer video yet, but for Schweitzer, check out the video on Schweitzer's home page, at www.schweitzer.com.

NWSCC

Spring Bachelor Blitz !!!



The Blitz is postponed till Spring!



Mt. Bachelor

NEW DATE PROBABLY:
Apr. 10-12, 2009.

Date yet to be confirmed.

Join all local ski clubs in a celebration of Mt. Bachelor's 50th anniversary.

Only **\$249** includes:

- > 2 nights lodging
- > Bus from Portland
- > Saturday night dinner

Lift tickets are extra, but will be very affordable, at only **\$79** for a 2-day pass (Saturday and Sunday).

During the 80s and 90s, local ski clubs used to run several busloads of people to Mt. Bachelor, to usher in the new season with a big party. The last Blitz was held in December 2001.

Now, seven years later, it's time to dust off our skis, re-visit Mt. Bachelor, and ski and party hard. It's time for another Blitz!

Mail a \$249 check to: NWSCC P.O. Box 1915 Portland, OR 97207.

Contact **Debbi Kor** at: ijustwannarun1@comcast.net, 206/283-0269.

Skiyente

Mt. Bachelor Family Trip



April 10-12, 2009. Each year, the all female Skiyente Ski Club organizes a Family trip, open to all members of local ski clubs.

This year, the trip will be to Mt. Bachelor, on Easter weekend. Send \$100 deposit to Skiyente Ski Club, P.O. Box 56342, Portland OR 97238. Contact: Colleen Walter, colleenski2002@yahoo.com.

See more info on our web site, on the [TRIPS](#) page.

FWSA

Far West Ski Week: Big Sky (MT)



Jan. 24-31, 2009. The biggest ski party in the West is the annual Far West trip, involving dozens of ski clubs throughout the Western States.

Big Sky and adjacent **Moonlight Basin** offer lots of terrain.

Price ranges are from \$900 to \$1485 depending on lodging selection. *Price does NOT include air or ground transportation.

Price includes 7 nights lodging (double occupancy) and the FWSA amenity package. (FWSA amenities packages will NOT be sold separately)

"The Voice of the Western Skier"



FOUNDED 1930

The FWSA amenity package includes:

- * Registration
- * Welcome Party,
- * Pub Crawl,
- * 5-day lift ticket,
- * Mountain Picnic,
- * 3 Races (optional);
- * Après Ski Party,
- * Council Night Event,
- * Farewell Awards Banquet

Send in a \$100 deposit. Make check payable to **Northwest Ski Club Council**, P.O. Box 1915, Portland OR 97207.

Contact: **Barbara Bousum**, 503/224-3584, BBousum@gmail.com.

Mt. High

Schweitzer Mt. (ID) + 49° North (WA)



Snow ghost at Schweitzer Mt.



Feb. 18 - 22, 2009. 4 days/4 nights. Leave Wednesday around noon. Return on Sunday by 9 pm. 3 days and nights at Schweitzer, plus 1 day at 49° North.

Schweitzer Mt. Larger than many Colorado resorts, with 2,900 acres and 2,400 vertical feet. It has a 6-passenger hi speed lift, 2 hi speed quads, 1 triple, 3 double lifts. Open bowl and tree skiing. Long cruisers. Ski-in/ski-out lodging. See snow-ghosts & ghost of Mr. Schweitzer.

49° North has 2,325 acres, 1,850 vertical feet, served by 1 quad and 4 double chairlifts. You can ski the 7 Deadly Sins (aka Cy's glades), and ring the mountain god's bell for good luck. Long cruisers. Lots of tree skiing.

Lodging: 3 nights at Selkirk Lodge in on-mountain village at Schweitzer, hot tub, heated pool, restaurant, ski-in/ski-out. After leaving Schweitzer, we'll spend a night in a motel in Newport (WA), an hour from Schweitzer and less than an hour to 49° North. Motel has high-speed internet, cable TV, and restaurant.

Transportation. We'll have a chartered bus all the way from Portland. If you prefer, you can fly to Spokane, and connect with us either in Spokane or at Schweitzer Mt. Flight is not included.

Price: Sliding scale, depending on the number of participants. For **30** people, price = **\$677**. For each additional 2 people, price for everyone drops by \$7. For 40 people, price = \$641. Price for those 65 or older will be **\$20 less**. **Approximately 27 people have signed up so far. Final payment needed by Jan. 15.**

Included: 4 nights lodging, 3 breakfasts (at Schweitzer), 4 lift tickets, and bus transportation.

Payment schedule: Initial deposit = \$100.

2nd deposit **by Nov. 10** = \$230 additional

Remaining sum **by Jan. 15** = (approx. \$330 or less, depending on # of participants).

Use **Dough Transmittal form**, p.11. Note: No cancellations in the last 30 days.

Contact **Emilio Trampuz** at: 1-503-378-0171, or Emilio2000@earthlink.net.

Mt. High

Crystal Mountain (bus trip)



March 13-15, 2009. Our annual **Mt. High weekend bus trip**. 2 nights/2 days. We leave Friday around 5:00 pm. Lots of fun on the bus - this is the best way to get to know other club members! We'll return Sunday by 8 pm.

Crystal Mountain is the largest ski area in Washington with 3,100 vertical feet and 57 named runs. There's everything from gentle groomed cruising runs for beginners to challenging steeps - backcountry, glades, chutes and unbelievable black runs for the more adventurous. Skiing Magazine voted Crystal Mountain the #7 top mountain in North America. There are 2 six-pack hi-speed lifts, 2 hi-speed quads, 2 triples, and 4 doubles.

Crystal Mt.



Crystal Mt.

New since our last trip to Crystal Mountain in 2005 is the Northway lift, a double chair that moves at a faster than normal rate, providing access to 1,000 acres of skiing and increasing Crystal's lift-serviced terrain by 77%. There are now 2,300 acres of lift served terrain, plus 500 acres of backcountry.

We'll again stay at the Best Western Park Central hotel in the center of downtown Enumclaw, 45 minutes from the mountain, with easy access to a variety of restaurants and bars. Breakfast is provided for hotel guests.

We'll keep the cost down by using a sliding scale. **The more people, the lower the price** (\$3 less for every additional 2 people). Bring all your friends and save money! Price (with a minimum 28 people), is **\$220** for the bus trip, 2 nights' lodging, 2 breakfasts, and one lift ticket. The reason for only one lift ticket is that on Sunday, March 15, Crystal Mountain is allowing all NWSCC club members to buy tickets at half price - only \$30 - but you have to go to the ticket window yourself and show your NWSCC card (i.e. your club membership card; you'll get it when you re-join for 2008-09). **Approx. 31 people have signed up so far.**

Use [Dough Transmittal form](#), p.11, to send **\$100 deposit**, due by **November 30**. Full payment due by February 15, 2009 (you will be told the balance due - the trip price could be as low as \$205 (if we get 40 people!). No refunds after Febr. 15 unless you fill your spot. Contact **Linda McGavin**: (503)652-2840, Trips@mthigh.org.

Mt. High

Lake Tahoe / Heavenly



Mar. 28 - Apr. 2, 2009 A 5-day trip (Saturday - Thursday).

Skiing: Heavenly is our main destination, with 4,800 acres and 3,500 vertical feet, and slopes in both California and Nevada. But, we'll ski other places too. **Approximately 15 people have signed up so far.**

Lodging: Lakeland village condos, 1-4 bedrooms, full kitchen, hot tub, heated pool, sauna, free shuttles, 1 mile to the lifts.

Fly to Reno (on your own), or drive, or rent a car. Janice can help you carpool with others. You can also link this trip with the Far West Championships at Northstar, which start the day after this trip ends.

Price: Approx. \$400 (yet to be finalized) includes:

- * 5 nights lodging, in shared condo. * Breakfast
- * 2 of 3 days lift ticket to Heavenly * Wine & cheese welcome party,
- * Shuttle around town and to Heavenly gondola or tram.



Harry & Lisa at Heavenly,
Lake Tahoe

Contact **Janice Jessen**: jessen9011@comcast.net

Send \$100 deposit. Use [Dough Transmittal form](#), p.11. Note: No cancellations in the last 30 days.

Email Options

In between newsletters, we keep you informed via email. You have a choice:
A) Recive ALL the club's emails. All ski-related and/or club related.
B) Receive only club-related messages. If it's not about our club, it won't be sent. That means, no emails about other clubs, other ski areas, NWSCC, FWSA, ski shop specials, etc. Strictly our club only.
C) No email at all. Just the monthly newsletter, and nothing else.
 Indicate your preference on the Membership renewal form. If you wish to switch at any point, let **Emilio** know your preference.

Mountain High Meeting

Usually the last Tuesday of the month.
Dec. 30 (Tue.): Open to all who want to get more involved with the club. This is an organizational meeting to plan future events.
 Gather at **6:00 pm**. Start at **6:30 pm**.
 Location: **Round Table Pizza**, 10070 SW Barbur Blvd., near Capitol Hwy.

Mountain High snowsport club contacts:

- President:** Terry White, H: 503-781-4558, TWhite223@msn.com
- Vice-President:** Gordon Lusk, H: 503-804-8363, GordyLusk@hotmail.com
- Secretary:** Diane Zhitlovsky, H: 503-244-3392, Dianezhi@hotmail.com
- Treasurer:** Sandi Dykstra, H: 503-629-0177, sandid@aol.com
- Membership Director:** Elaine Bock, SeawitchPdx@aol.com
- Race Director:** Bruce Ellison, H: 503-697-7892, Yuffiet@comcast.net
- Newsletter Editor:** Emilio Trampuz, H: 1-503-378-0171, info@mthigh.org
- Social Activities:** Marsha Cosgrove, H: 503-799-2833, W: 503-805-8606, baebaw@ccwebster.net
- Golf:** Cal Eddy, H: 503-631-3115, boar2m@msn.com
- Mid-week skiing:** George Yun, H: 503-697-3055, ijustwannarun1@comcast.net
- NWSCC Rep:** Debbi Kor, H: 503-314-7078, Trips@mthigh.org
- Trip Directors:** Linda McGavin, H: 503-652-2840, jessen9011@comcast.net
- Janice Jessen, H: 503-636-0687,

General info:
info@mthigh.org
 Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: New membership Renewal

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

Whereas the Mountain High Snowsport Club ("Club") is an organization of fun loving ADULTS whose events are organized by members who volunteer their efforts for the enjoyment of their fellow members and friends, please remember when I participate in Club events I do so at my own risk. Sporting activities, indeed, any activity, includes inherent risks. I will evaluate my own abilities and responsibilities and join in the Club fun as a responsible and considerate adult. I will not hold the Club or any Club officer liable for the consequences of my decisions and my behavior. The bottom line is, stuff just happens sometimes and the club volunteers are not to be blamed for helping us have fun. Besides, the Club has no assets, except for a leftover banner, some balloons, or a couple of empty beer bottles with the Club's name on them.

Email Preferences:

- Newsletter (once a month): yes, link only yes, complete file no
- No changes - Club news & events (between newsletters): yes no
- (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): yes no
- Is it OK to share your email address with other club members? Yes No

Please take my money, and apply it toward the following Ski Club fun stuff: Deposit?Paid in full?

Annual Membership (Oct. 1, 2008 - Sept. 2009): Single (\$25); couple (\$40) \$ _____

PACRAT Racing (2008/09) Total: \$85 Team name: _____ \$ _____

Schweitzer (Feb. 18-22, 2009) 1st dep.: \$100, 2nd dep.: \$230 by Nov. 10., Total = \$677 \$ _____

Crystal (March 13-15, 2009) Deposit: \$100 by Nov. 30., Total = \$220 by Feb. 15. \$ _____

Heavenly (Mar. 28-Apr. 2, 2009) Deposit: \$100 by Nov. 30., Total = \$400 by Feb. 28 \$ _____

Other: _____ \$ _____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

Club membership = 252 Newsletter Distribution

The Dec.2008 issue is posted on our web site, and also:
325 copies sent via email (as PDF files)
27 paper printed copies sent via US Mail.
 Copies are sent to potential members, other clubs, etc..
Please help us minimize the cost of mailing paper copies.
Send your email address to: info@mthigh.org.

Turkey Slalom & GS

Jan. 17 & 18. The Schnee Vogeli club organizes PNSA/ USSA sanctioned races at Mt. Hood Meadows. GS on Saturday and slalom on Sunday. Cost is \$25 per race, but you also need to be a member of the USSA. A temporary weekend membership is available for \$25.

For more info, contact **Jack Walker**, 503-807-3807 or jack@walkerperformancegroup.com, or **Farzin Ghezeli**, 503-358-5500 or fraser@smlend.com.

Mt. Shop Progressive Pajama Sale

Feb. 9 - 22. This year, the pajama sale will be extended over 12 days, with discounts getting progressively deeper. Feb. 9 - 15: 25% discount.

Feb. 16 - 22: 30% discount.

Feb. 22 (Sun.): 35% discount (4 pm - 10 pm)

But only if you are wearing your pajamas.

Powder Cord Pouch



The easiest way to keep your powder cords on you.

Powder cords are 6-foot long brightly colored cords you attach to your skis, so you can find them more easily in deep snow. But, they are a pain to stuff under your pants every time, especially in repeated use, as when riding a gondola or a snowcat. These pouches eliminate that hassle.

Made in Eugene, Oregon, adjustable, one size fits all, \$24.95, or \$34.95 (with cords). Over 40% discount if you order 10 or more. More on our **Bulletin Board**.

Or go to: www.powdercordpouch.com.

Alternate Schweitzer Trip

Jan. 14-24, 2009. Want to go to Schweitzer, but February doesn't work for you? Then join the Fresno ski club on their 7 nights/ 5 days trip in January. Fresno ski club president, Carola Gaylord, has invited us. You don't need to join their club. See details at: www.fresnoskiclub.com/schweitzer_2009/index.html

Emilio Trampuz
 Mountain High Newsletter editor
 4742 Liberty Rd. S., #296
 Salem, OR 97302

Please check our web site,
www.mthigh.org
 for updates.

