



Lift Lines

= No. 277, January 2024 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Worst Start of the Season in Decades

This season has had the worst conditions in decades. Many ski areas did not open till Christmas or later, and those that did open did so by having less than 50% of their terrain open.

This is probably a combination of the El Niño effect and global warming. El Niño was originally predicted to be mild. Then it grew to be a strong effect. And lately it has been a very strong El Niño.

But snow is finally coming in the first half of January. A blast of cold arctic air is pushing temperatures down and bringing snow to most of the West, from Washington to Colorado, New Mexico and even Arizona. Yay!

Let's come out and enjoy it, as soon as the storms are over.

Deadlines for Trip Signups

Winter has only just begun, but most of it will be over in the next couple of months. If you want to join us on a trip, act now.

In order to get our group discount price on lodging, please sign up by the following dates. See more on pages 6 - 10.

1. Jan. 15 - for Brundage/Tamarack trip.
2. Jan, 31 - for the Bachelor Blast trip.
3. Feb. 3 - for the Washington ski safari

Let's Have Some Fun!



Mt. High Happy Hour
Jan. 18, See page 2.



Chocolate Party - Feb. 24
Pizza Party - Feb. 29



PACRAT Races
5 races during the season



Plan your ski trips
(See pages 6 - 10)

Note the color code.
Our club is blue.

2024 CALENDAR

Blue: Mountain High events
Maroon: NWSCC / FWSA / Multi-club
Black: General interest events

JANUARY 2024

- Jan. 17 (Wed) NWSCC Meeting** - via Zoom
Jan. 18 (Thur.) Happy Hour - at Claim Jumper Clackamas, 4:30 pm
Jan. 29 (Mon) Mt. High Board Meeting
Round Table Pizza, Lake Oswego

FEBRUARY 2024

- Feb. 11 - 15/16 McCall, Idaho ski trip**
Brundage Mt., Tamarack
Feb. 24 (Sat) Chocolate Party
7:00 pm at Debbi's
Feb. 29 (Thur) Pizza Party (Leap Day!)
6:30 pm at Round Table Pizza, Lake Oswego

MARCH 2024

- Mar. 1 or 2 to March 7 or 8 Indy Pass Washington Ski Safari**
Bluewood, 49° North, and Mission Ridge.
Mar. 2 (Sat.) Ski the Glade Trail Day
Timberline to Govy
Mar. 2 - 3 Ski & Ride for a Cure - at Mt. Hood Skibowl
Mar. 9 (Sat.) Ski ALS at Meadows Formerly: Ski to Defeat ALS.
Mar. 10 - 11 (Sun-Mon): Oregon Cancer Ski Out at Mt. Hood Meadows
Mar. 13 - 17 (Wed-Sun): Bachelor Blast
Flexible 2 - 5 days trip.



NWSCC Meeting - via Zoom

January 17, 2024, (Wednesday) - 6:45 pm.



This meeting is attended by members of several ski clubs.

See and hear what's new.

6:45 pm - Start signing in.
7:00 pm - start meeting.
8:00 pm - end meeting

Everyone is invited.

Guest Speakers: Dave Tragathon, formerly of Mt. Hood Meadows, and recently founded Tragathon Consulting. He will be talking about this winter's weather and more.

Join Zoom Meeting. At the appointed time, just click on this link:

<https://us06web.zoom.us/j/99392795595?pwd=%20c2xpSkJENE-5GeVA1a3dBWThuZ0pYdz09>

Passcode: 448807

Mt. High

Happy Hour

January 18, 2024, (Thursday)

4:30 pm. - 7:00 pm

Come join your ski buddies for a beverage or two and some yummy hors d'oeuvres. at the

Claim Jumper Steakhouse & Bar, in Clackamas, 9085 SE Sunnyside Rd, Clackamas, OR 97015.

This is west of I-205, and just a tad south of the Clackamas Town Center. Take the Sunnyside Rd. exit off of I-205.

RSVP to Debbi Kor at at: ijustwannarun1@comcast.net or call 503-314-7078.



Mt. High

Let's Ski Together

The snow is finally here, and more is coming. So, let's go skiing! It's usually more fun to ski with other enthusiasts. So, **connect with others by letting them know when you are going skiing and invite others to join you.** Or reply to others who have already announced when and where they are going.

Use our **two Forums** and our **Facebook page** for this purpose. There are links to all 3 on our website. Just click on the appropriate button in the menu. Pre-arrange the time and place to meet in the morning.

Here are a few tips and reminders to keep in mind:

1. **Everyone can visit** the Forums and the Facebook page to read what has been posted. But if you want to participate in the discussions and post your own thoughts, you need to **"Join this group"** at each of the 3 places. That way, you will be notified by email when someone replies to you.
2. **Mt. Hood Meadows** experiences long lift lines on weekends. Maybe the new 6-pack lift will shorten the lines, but a lot of our club members prefer to ski there only mid-week. An advanced group of our skiers usually go skiing on Thursdays or whenever there is good fresh powder. Read about it on our TRIPS page on the website. Why TRIPS? Well, even a day trip to Mt. Hood is a trip.
3. **Timberline almost never has long lift lines**, except when one or two of the lifts are closed due to weather. But Timberline has a parking problem. All 3 parking lots fill up by about 7:45 am or so, and then Timberline Road gets closed and nobody is allowed to drive up unless someone else leaves Timberline. So, during the height of the season, be prepared to arrive at Timberline super early and then snooze in your car for about an hour.

To avoid this issue, many people are parking in Government Camp and taking one of the free Timberline shuttle buses up. But note that it might be hard to find a parking spot in Govy if you arrive late in the day.

HAPPY SKIING!

Mt. High

Chocolate Party

February 24, 2024. (Saturday), starting at 7:00 pm. Approx. 7:00 - 11:00 pm.

Join your fellow club members at the annual Chocolate party. BYOB. You can simply come to sample the desserts or bring your favorite chocolate dessert and enter it in the contest for:

- a) the Most Creative,
- b) the Most Chocolatey and/or Decadent;
- c) the Most Light and/or Healthy

We also need plenty of tasters and judges. So, come and sample the sweet goodies, bring a friend, and enjoy a night of decadence, fun, and good cheer. It will be at Debbi's place.

We will have hors d'oeuvres and party foods and everyone can bring their favorite Chocolate Creation. Bring a dessert for the contest, if you wish, or just show up to sample the goodies. Please BYOB.

Please RSVP to Debbi Kor if you are coming. ijustwannarun1@comcast.net.

Location: Debbi Kor, 8513 NE 149th Ave, Vancouver, WA 98682 See [Google map](#).

Directions: From either I-5 or I-205, get on Hwy. 500 and follow it until it merges with Padden Pkwy, which is the equivalent of 82nd Street NE. Note that Hwy. 500 will first turn north and become 117th Avenue. From 117th Ave., you need to turn right onto Padden Parkway.

Alternatively, from I-5, take the exit onto 78th Street, and follow it eastward to a fork in the road. The left fork is the start of Padden Parkway. From I-205, you can take the Padden Parkway directly and head east.

From Padden Pkwy., turn left onto NE 152nd Avenue. Then turn LEFT again onto 86th Street and follow it to the end (149th Ave.) The house is on the corner of 86th St. and 149th Avenue.



Mt. High

Pizza Party - Leap Day (just once every 4 years!)

February 29, 2024. (Thursday), 6 - 8:30 pm.

Place: **Round Table Pizza**

16444 Boones Ferry Rd., Lake Grove,
Lake Oswego,

Pizza is on the club! Just buy your own drink.

Everybody is invited! Come meet other club members, check out what's new.

Included:

- * Socialize, mingle with other club members.
- * Free food (on the club), but buy your own drink.

Please RSVP if you are planning to come.

RSVP to Debbi Kor at: ijustwannarun1@comcast.net or call 503-314-7078.



DIRECTIONS

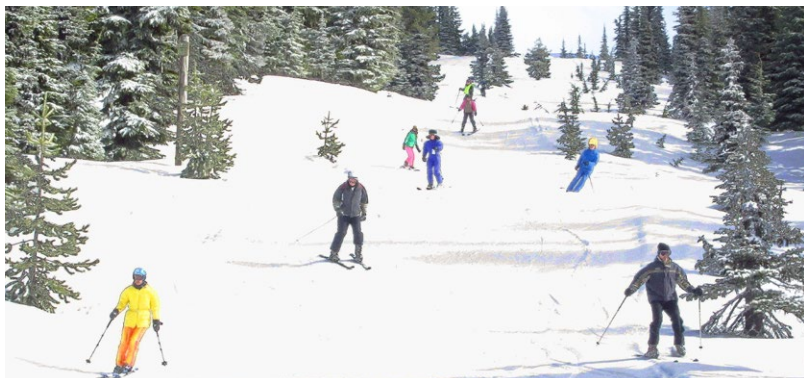
If you are coming from the south, from Tualatin, on I-5 take exit 290 and go east on Boones Ferry Rd. for about 1.75 miles. Round Table Pizza will be on your RIGHT.

If you are coming from the north, on I-5 take exit 292 and get on Kruse Way heading east, toward Lake Oswego. Follow Kruse way to the T-intersection with Boones Ferry Rd.. Turn right (south) and follow Boones Ferry Rd. for about 0.75 miles. Round Table Pizza will be on your LEFT.

Ski the Glade Trail Day

March 2, 2024. (Saturday), starting at 8:30 am. 8:30 - 4:00 pm.

Wear some vintage ski clothing, if possible. This is a celebration and a re-enactment of how people used to ski on Mt. Hood before there were any lifts. At day's end, an apres-ski party will include beverages, snacks and prizes for those dressed in the best vintage ski wear.



This will be the 22nd annual Glade Trail Day. This is the only day in the whole year that the trail is **groomed** and **patrolled** from Timberline to Government Camp. Timberline Lodge, an event sponsor, grooms the Glade Trail prior to the event to ensure there's great terrain for all participants.

Hosted by the **Mt. Hood Cultural Center & Museum**, Ski the Glade offers skiers and snowboarders an opportunity to take advantage of three

and a half miles of unbroken, mountain terrain. This unique event combines participatory living history and fund raising for the non-profit museum. Guides and Ski Patrol services will be available to keep everyone safe.

Tickets for the all-day event will be \$125. Only 75 tickets will be sold. To make your reservation and purchase your ticket, call the museum at: **(503) 272-3301**.

The ticket price includes breakfast snacks, lunch, an apres-ski party, door prizes, and an unlimited number of shuttle bus rides. Guides and Ski Patrol services will keep us safe. Last shuttle up is at 3 pm.

After beginning the day at the museum with a continental breakfast, participants receive shuttle transportation to Timberline, ski the trail at their leisure, and meet the bus at the end of the trail to return to the top.

Ready for a break? Drop by the museum for a hot lunch featuring homemade gourmet soups and more.

Ski & Ride for a Cure - formerly known as "Hope on the Slopes"

March 2 - 3, 2024. (Sat. - Sun.).
24-hour skiing at Mt. Hood Skibowl.

Fundraising and a competition for who can ski the most vertical in 24 hours.

Awesome prizes like a new snowboard from Evo, Mt Hood Skibowl season passes, and great swag from Deviation, Tactics, and Next Adventure!

Grab your crew and reserve your spot to meet us on the mountain!

This year the beneficiaries of our fund-raising to find a cure for cancer will be: the Willamette Valley Cancer Foundation and the "See Ya Later" Foundation - Seeds of Hope. In addition, you are also able to split your donation to one of many other cancer-fighting organizations that matter the most to you.



[Click here for more info and to register.](#)

See videos of previous events:

[2011 Hope on the Slopes](#), [2010 Hope on the Slopes](#), [2009 Hope on the Slopes](#).

Oregon Cancer Ski Out

March 10 - 11, 2024. (Sunday and Monday), at Mt. Hood Meadows.

This is a unique and fun two-day ski/snowboard event at Mt. Hood Meadows, raising money for hospice, cancer research, education and prevention programs.



Beneficiaries are: the OHSU Cancer Institute, the Willamette Falls Hospice, the Candlelighters (a grass-roots organization supporting children with cancer), Breast Friends and Camp Erin.

This is not a race to see who is the fastest - the goal is for **consistency**, and the team whose times are the closest between two days of racing is the winner. Slow or fast, everyone has the same chance! And you are coached by the best, usually including Phil and sometimes **Steve Mahre**.

For more info, check out the Oregon Cancer Ski Out web site.

See a wonderful, inspirational video: www.youtube.com/watch?v=3yo8cgULE8o

Team registration (for the 5-person team) = \$995. (That's \$199 per team member.)

You can also register as a single racer for \$250.

You can [register ONLINE](#).

More info and registration: Go to: www.cancerskiout.org and click the **Register** button.

Ski ALS (fka. Ski to Defeat ALS)

A ski challenge at Mt Hood Meadows to help those suffering from Lou Gherig's disease.

March 9, 2024. (Saturday)
Mt. Hood Meadows 8 - 5:30.

Take part in this fundraiser for ALS, combining our favorite sport (skiing) with the ability to do something positive in the fight against ALS.

What is the Ski ALS?

Ski ALS is a team and individual skiing and snowboarding event to be hosted at Mt. Hood Meadows. Participants engage in competitions for most dollars raised and for most vertical feet skied. For more information about the event, visit https://secure.alsoregon.org/site/TR?pg=entry&fr_id=1120 or email: ski@alsnorthwest.org.



Everyone is required to meet a \$150 fundraising minimum.

Ideas for this Season

1. **Do something charitable.** Put your skiing/riding to good use. Participate in one of the 4 charitable events mentioned on this page and the previous one.
2. **Try something new.** Ski the Glade Trail to Government Camp on the first Saturday in March, the only day all 3.5 miles of this trail are groomed. See p. 4.
3. **Try something adventurous.** Join us on a guided tour of the canyons west of Timberline, led by Emilio. See where the safety boundaries are. Not right now. This is best done in the Spring (March, April, May).
4. **Ski somewhere new.** Join us on one of the **trips**:
 - a) to **Idaho** (Brundage & Tamrack) in February.
 - b) to **Washington** (Bluewood, 49° North, Mission Ridge in early March.
 - c) to **Mt. Bachelor** in mid-March.
 See pages 6 - 10 for info about these trips.
5. **Connect with other club members on day trips to Mt. Hood.** Arrange to meet up using our 3 Forums and our Facebook page.



Mountain High
Snowsport Club presents:

McCall Idaho trip

Brundage, ID Tamarack, ID

Feb. 11 - Feb. 15 or 16
2024

Flexible drive-to trip. Ski up to 4 days. Your choice. Skiing at Brundage Mt. and Tamarack.

Trip includes:

- * Lodging at the Best Western Plus Hotel, McCall, ID.
- * Indoor pool & hot-tub
- * Full hot buffet breakfast
- * Ski at Brundage Mtn.
- * Ski at Tamarack
- * Lots of flexibility

Trip leader:
Linda McGavin:
Trips@mthigh.org

Reserve your own hotel room. Call the hotel at: 208-634-2230 and tell them you are with the Mt. High club. Then notify Linda.

!!! JOIN US FOR A FUN TRIP !!!



Mt. High Indy Pass ski trip McCall, Idaho Brundage Mountain & Tamarack

3 - 5 nights. 2 - 4 ski days. Travel by car, train, or plane.

February 11–15 or 16, 2024. -- Join us for a wonderful adventure. Up to 4 days skiing February 12-16 (Monday-Friday) Your choice, depending upon your free lift tickets and how many days you want to ski

START DATE: Sunday, Feb. 11 – Drive to McCall & check in. You can book as many as 5 nights at our group rate. Any other nights will be at the hotel's full rate – no discount.

This is a driving trip like the past few years.

1. Everyone will be driving their own car. We will NOT have a bus.
2. For lodging, you can select your own roommate (optional), or simply have a room to yourself. Your choice. We will not assign roommates.
3. This trip is designed to use the Indy Pass (2 free days at each ski area). If you do not have a pass we suggest you buy lift tickets online in advance to get the best price. We will not have enough people to get group lift tickets.

HOTEL - Book your own room under our group rate at the **Best Western Plus** in McCall, 211 S. 3rd Street, McCall, ID; **208-634-2230**.

Our group rate is **\$179.99 plus tax** (\$206.99 including tax) per night, per double queen room or king room (quantities limited).

To get this rate, just tell the hotel you are with the Mountain High club. **Deadline is January 15.**

The hotel offers free parking, wireless internet, non-smoking spacious rooms, a 24-hour indoor swimming pool, oversized jacuzzi tub, spa, sauna and gym. Enjoy a daily, complimentary full hot buffet breakfast which includes freshly made breakfast burritos, breakfast sandwiches, cereal, fruit, yogurt, juice, pastries (and they will deliver to your room from 6:30 to 9:30 a.m.).

All rooms have High Speed Wireless Internet, Refrigerator, Microwave, DirectTV, Hairdryer, Iron/Ironing board, Desk, and Alarm Clock. The hotel also has an elevator.

Please book your hotel room early – we only have a certain number of rooms. After **January 15** our room block will expire, but you can still make reservations at our rate if there is space. There is no penalty for canceling up to one week before your arrival.

The hotel is located 11 miles from Brundage and 20 miles from Tamarack.

SKIING AT BRUNDAGE: Indy Passholders do not need to pre-schedule visits. Simply bring your valid photo ID to the on-mountain Guest Services office to redeem your ticket for the day. In addition to the two days included in the pass purchase, you may purchase a third day at 25% off. You can make that purchase the day of your visit. Like many ski areas these days, Brundage will sell tickets online in advance, at some kind of discount which is not known at this time. They've opened the online ticket buying page, so check ahead.



SKIING AT TAMARACK: 2 free days with the Indy Pass (you may purchase a third day at 25% off), or buy tickets online the night before.

KEEP OUR TRIP LEADER INFORMED

Everyone who signs up for this trip, please contact Linda McGavin and let her know the following:

- Did you make your hotel reservations, and for how many nights (2 or 3 or more)?
- Where do you expect to ski, and do you have an Indy Pass?

Trip leader: Linda McGavin, trips@mthigh.org, 503-652-2840.



The yurt at Brundage Mt.



Mountain High Snowsport Club presents:

Washington Ski Safari 2024

Bluewood
49° North
Mission Ridge

March 1 or 2 -
March 7 or 8, 2024

Trip includes:

This is a drive-to trip. Drive your own car, or carpool.

* Up to 6 days of free skiing with the Indy Pass, with lodging in:

- Walla Walla or Dayton +
- Spokane +
- Wenatchee

- * Ski at Bluewood
- * Ski at 49° North
- * Ski at Mission Ridge
- * Lots of flexibility

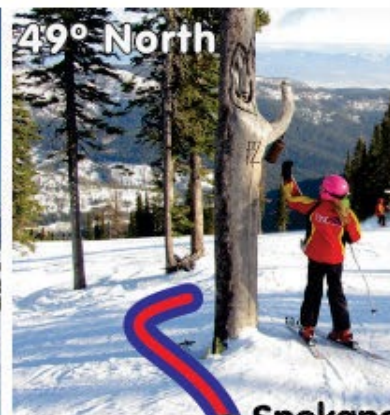
Trip leader:
Linda McGavin:
Trips@mthigh.org

Reserve your own hotel room. Call the hotel at: 208-634-2230 and tell them you are with the Mt. High club. Then notify Linda.

!!! JOIN US ON A FUN TRIP !!!



Mission Ridge 49° North

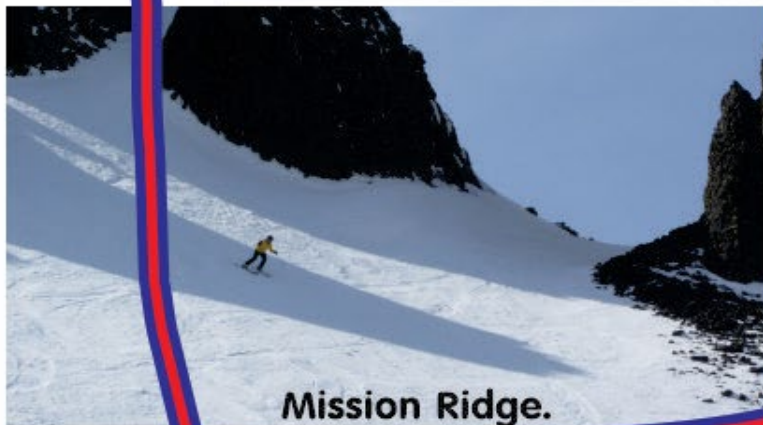


Spokane

Wenatchee



49° North



Mission Ridge.

Bluewood

Dayton

Walla Walla

Portland



Bluewood



Bluewood



Mt. High - Indy Pass Washington Ski Safari Trip

3 Locations in Washington!

Ski Bluewood, 49 Degrees North, and Mission Ridge

March 1 or 2 through March 7 or 8, 2024. -- Join us for a wonderful adventure!

Up to 6 days free skiing with your Indy Pass - your choice, depending upon how many days you want to ski.

This is a driving trip like the past few years.

1. Everyone will be driving their own car. We will NOT have a bus.
2. For lodging, you can select your own roommate (optional), or simply have a room to yourself. Your choice. We will not assign roommates.
3. This trip is designed to use the Indy Pass (2 free days at each ski area). If you do not have a pass we suggest you buy lift tickets online in advance (the day before) to get the best price. We will not have enough people to get group lift tickets.

SKI BLUEWOOD – March 1-3, 2024

Bluewood is located about half an hour past Dayton, Washington, east of Walla Walla. It has 2 lifts and 24 trails. When we have visited in the past, we have enjoyed the trails and tree skiing in powder snow.

If you want to ski Bluewood, you would drive to Walla Walla or Dayton on Friday or Saturday to ski one or two days before traveling on to Spokane on Sunday night.

There are two places to stay in Dayton, one a “dive” and other the Best Western Plus at about \$155/night.

There are less expensive motels in Walla Walla (similar motels for about \$149, a smaller motel for closer to \$100), but they are about an hour away from Bluewood.

While I have arranged for great prices at motels in Spokane and in Wenatchee, I did not feel comfortable signing a contract for a minimum number of rooms in Dayton or Walla Walla.

If you are interested in skiing Bluewood, please contact your trip leader ASAP to tell me how many nights you would stay and whether you would rather stay in Dayton or Walla Walla. I will not set up rooming until I know how many people are seriously interested.

SPOKANE – Ski 49° NORTH – March 3-5 or 6, 2024

It is about a 3-hour drive directly from Bluewood to our hotel in North Spokane, the Quality Inn Oakwood, 7919 N. Division Street, 509-467-4900. This hotel has king and double queen rooms with refrigerator and microwave, and free wifi. The hotel has a hot breakfast, indoor pool and hot tub, elevators, and a free electric vehicle charging station. Rooms will cost \$99/night (\$113.79 including all taxes and fees).

You are responsible for making your own reservations and guaranteeing them with your credit card. Either call the hotel directly at 509-467-4900 and ask for the “Mountain High Snowsport Club,” or use this booking link:

[Mountain High Snowsport Club March 2024 - Quality Inn Oakwood, Spokane, WA](#)

You must make reservations by Saturday, February 3, or the rooms will revert to their usual rate. The cancellation policy is one day prior to your trip without penalty. At the time of booking, you may change the number of nights you plan to stay. See CHOICE of REST DAY below.

49 Degrees North ski area offers 7 lifts (including 1 high speed quad, 1 quad, 4 double chairlifts, 1 conveyor) serving interesting terrain. Everyone likes the variety, which includes skiing the “Seven Deadly Sins,” Mahre’s Gold, Angel Peak, with 2 Ullr’s bells to ring for good luck (one at the top and one at the bottom of the ski area), plus lots of long cruisers and a variety of powder runs and glades. Everyone has loved skiing at this area! We plan to ski there Monday and Tuesday, March 4 and 5.

REST DAY. You have a CHOICE when booking your hotels of staying 3 nights in Spokane or booking just 2 nights and driving to Wenatchee directly after skiing on March 5. It depends upon whether you would like a rest day in Spokane. If you drive to Wenatchee that day, you could take a rest day the next day to visit the charming town of Leavenworth.

Continued on next page.

WENATCHEE – Ski MISSION RIDGE – March 5 or 6 through March 7 or 8

It is less than 4 hours to drive directly from 49 Degrees North to our hotel, The Cedars Inn, 80 9th Street NE, East Wenatchee, 509-886-8000. Our club stayed at this hotel in 2021 and found it very welcoming – they even carved Welcome Mountain High in a watermelon for us! The hotel has king and double queen rooms with refrigerator and microwave, free wifi, a hot breakfast, indoor pool and outdoor hot tub, and elevators. Emilio says it is the closest hotel to Mission Ridge.

The cost of a king room is \$84/night (\$94.50 with taxes) and a double queen room is \$94/night (\$105.75 including taxes).

You are responsible for making your own reservations and guaranteeing them with your credit card. Call the hotel directly at 509-886-8000 and mention Mountain High Snowsport Club to get your rate.

You must make reservations by Sunday, February 25, or the rooms will revert to the usual rate. You may cancel up to the day before arrival without penalty.

Mission Ridge is in central Washington, on the eastern side of the Cascades, where the air is drier, the powder is better, and there are fewer crowds. It has 1 high speed quad (with a bubble top), 3 double chair lifts, 2 rope tows, and 1 magic carpet.

Mission Ridge is known for its World War II bomber wing displayed on the side of one of the trails. It has excellent cruising terrain top to bottom – and its bomber cliffs and mogul runs for some challenging skiing.

Mission Ridge is on BOTH the **Indy Pass** (2 free days of skiing) AND the **Powder Alliance Pass** (3 free days of skiing), so you can ski here midweek for as many days as your pass will let you!

KEEP YOUR TRIP LEADER INFORMED

Everyone who signs up for this trip, please contact Linda McGavin and let her know the following:

- Would you like to go to Bluewood, if so for how many nights, and would you prefer to stay in Walla Walla or Dayton? No hotel has been set up yet, and I need your input!
- Did you make your hotel reservations for Spokane or Wenatchee, and if so which days and for how many nights at each place?
- Do you have an Indy Pass? Or a Fusion PAss (Powder Alliance)?

Trip leader: Linda McGavin, trips@mthigh.org, 503-781-5809.

**NWSCC
Bachelor Blast
4 nights, with 2 or 3 nights options**

March 13 - 17, 2024.

Start: Wednesday, March 13, 2024, at 5:00 PM

End: Sunday, March 17, 2024, at 3:00 PM

Everyone from all NWSCC clubs is invited to join us!

Lodging: We are staying at the **Element by Westin**, 1526 NW Wall St., Bend, Oregon, just 3 blocks from downtown Bend. Sign up early. Rooms are limited. **Prices go up February 1st, 2024.** Price is per person, double occupancy. Find your own roommate or pay a single supplement.

Mt. Bachelor is on the IKON Pass. It offers 4,000 skiable acres and 3,365 vertical feet.

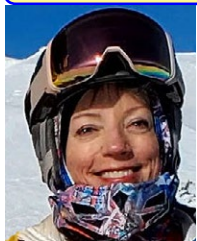
Questions? - Contact: Linda McGavin at editor@nwskiers.org / www.nwskiers.org

NOTE: This is a multi-club trip open to all Northwest ski clubs. It is organized by the NW Ski Club Council. Payments for this trip should be sent to the NWSCC; not to our club. Instead of the Dough Transmittal Form, please sign up directly with the NWSCC.

Details on the [NWSCC website HERE](#)



2023 Volunteer of the Year



Sandra Kaufman has been selected as our club's Volunteer of the Year. She has been a social spark-plug in our club for years. More recently, she has accepted the position of our club's Secretary as well as Membership director.

The Far West Ski Association has discontinued the Man & Woman of the Year competition and replaced it with the Volunteer of the Year.

Mountain High Board Meeting

Usually last Monday of the month. Jan. 29 (Mon.): Open to all who want to get involved with the club. Gather at 6:00 pm. Start at 6:30 pm. Round Table Pizza, 16444 Boones Ferry Rd., Lake Grove, Lake Oswego, OR. See Google map.

Mountain High snowsport club contacts:

- President: Bill King H: 614-371-4762
Vice-President: Debbi Kor H: 503-314-7078
Secretary: Sandra Kaufman H: 503-810-7787
Treasurer: Nancy Pratt H: 503-593-9427
Past President: Kurt Krueger H: 503-625-1492
Membership Director: Sandra Kaufman H: 503-810-7787
Racing Director: Alan Bean H: 503-849-8009
Newsletter Editor: Emilio Trampuz H: 1-503-378-0171
Social Activities: Debbi Kor H: 503-314-7078
Trips Director: Linda McGavin H: 503-652-2840

- President@mthigh.org
Vicepresident@mthigh.org
Secretary@mthigh.org
Treasurer@mthigh.org
PastPresident@mthigh.org
skiklynn@gmail.com
Racing@mthigh.org
newsletter@mthigh.org
ijustwannarun1@comcast.net
Trips@mthigh.org

General info: info@mthigh.org
Web site: www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: [] New membership or [] Renewal

Name(s): _____ Birthday (MM/DD) _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

- Email Preferences: - Newsletter (once a month): [] yes, link only [] yes, complete file [] no
[] No changes - Club news & events (between newsletters): [] yes [] no
(same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): [] yes [] no
- Is it OK to share your email address with other club members? [] Yes [] No

I certify that I am 21 years of age or more. I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations, including the Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, and any of their agents (officers, directors, trip captains, and any other Club representatives) from liability for personal injury, property damage, or any other liability of any kind connected with my participation in any club-related activity. Furthermore, I agree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.

Please take my money, and apply it toward the following Ski Club fun stuff: Deposit? Paid in full?

- Annual Membership (Oct. 1 - Sept. 30): Single (\$30); couple (\$50) \$ _____
Mountain High Cookbook: 34 pages of recipes from our members \$10 \$ _____
Other: _____ \$ _____
Total: \$ _____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

See our Trips cancellation policy on our web site: http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf

Checkmark all desired options.

Club membership = 177 Newsletter Distribution

The January 2024 issue is on our web site. Also:
204 copies sent via email (as PDF file)
0 paper printed copies sent via US Mail.
Copies are also sent to potential members, other clubs, the Mount Hood Museum, etc.

Mt. High Credit Card Payments



You can pay your membership fee and your trip payments by **credit card**. We are processing it through PayPal.

No need to have a PayPal account to make a payment by credit card. Just go to our new web page: "Signup & Pay" at: <http://www.mthigh.org/Signup-Pay.htm>

Count Your Ski Areas

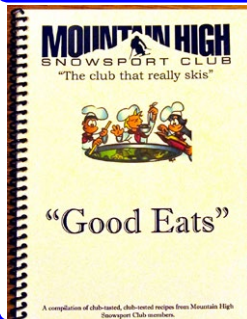
Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas-2022-03-03.xls>

Stories from Skiing History Magazine

Find the Skiing History Magazine at: <https://www.skiinghistory.org/skiing-history-magazine>

- * [Skiing in Nazi Austria](#)
- * [The Odyssey of Walter Neuron](#)
- * [Otto Lang - How Skiing Came to US](#)

Mt. High Cookbook

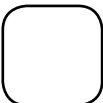
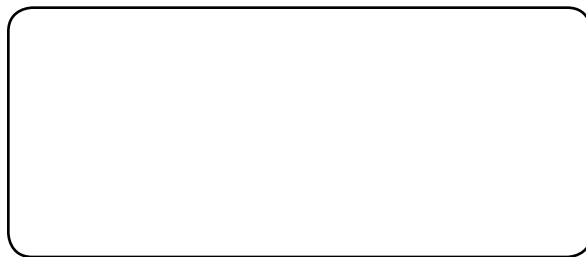


This 34 page cookbook is available for \$10. It has soups, salads, entrees, desserts, from our club members.
The cookbook includes recipes from the late Swiss chef Kurt Mezger. Contact Debbi Kor: ijustwannarun1@comcast.net , or call 503-314-7078.

Stories from Seniors Skiing

A good resource for skiers and riders of all ages. Check out: SeniorsSkiing.com . Subscribe to weekly or monthly emails from them. Click on the Community tab and select "Subscribe". Examples:

- * [Discounts for Seniors in Colorado](#)
- * [Best Deals for Seniors at 112 areas](#)
- * ["Vintage Skiing" video by Don Burch](#)



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Please check our web site,
www.mthigh.org
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