



Lift Lines

= No. 276, December 2023 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



From the Editor

Winter is here! Ski areas are opening. So, we will have somewhat fewer social activities and more on-slope activities. But do join us for at least one **Happy Hour** per month! This month (December) our Happy Hour will include watching the Christmas Ships parade.

If you want to connect with other club members, please use the 3 tools on our website. Each has its own button in the main menu. The 2 Forums and the Facebook page. At least check out what other people have already posted.

Let us know when you are going skiing. Invite others to join you. Or reply to others who are asking. See page 3 for more info.

Note that the last opportunity to purchase the Indy Pass is this Sunday, December 10, probably till the end of the day. You must get on the Wait List first, and then they'll notify you by email when your turn comes to make the purchase. See more on page 9.

Join us on a **ski trip** or two. Sadly, we won't have a bus trip, but it's still fun to ski together and visit new places. See pages 4 - 9.

There are several new items on sale on our Bulletin Board!

Renew your Mountain High club membership. See our [Member Benefits page](#), and see instructions on how to renew either by mail or online.

Note the color code.
Our club is blue.

2023/2024 CALENDAR

Blue: Mountain High events
Maroon: NWSCC / FWSA / Multi-club
Black: General interest events

DECEMBER 2023

Dec. 6 (Wed) PACRAT 101 - Intro to Racing Hillcrest Ski & Sports, Gresham

Dec. 13 (Wed) Christmas Ships Parade Social at Who Song & Larry's

JANUARY 2024

Jan. 2 (Tue.) Mt. High Board Meeting
 Round Table Pizza, Lake Oswego

Jan. 17 (Wed) NWSCC Meeting - via Zoom

FEBRUARY 2024

Feb. 11 - 15/16 McCall, Idaho ski trip
 Brundage Mt., Tamarack

MARCH 2024

Mar. 1 or 2 to March 7 or 8 Indy Pass
 Washington Ski Safari
 Bluewood, 49° North, and Mission Ridge.

Mar. 10 - 11 (Sun-Mon): Oregon Cancer Ski Out at Mt. Hood Meadows

Mar. 13 - 17 (Wed-Sun): Bachelor Blast
 Flexible 2 - 5 days trip.

Let's Have Some Fun!



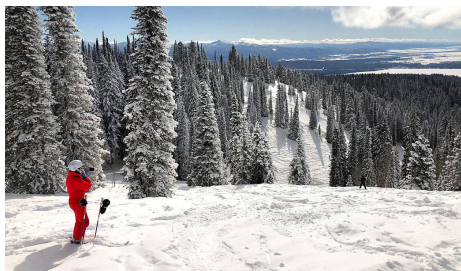
Recreational PACRAT Racing
5 races all winter. Page 10.



Mt. High Happy Hour / Christmas Ships Parade, Dec. 14, Page 2.



Connect with other members thru Forums and Facebook. p. 3



Brundage / Tamarack trip
(See pages 4 - 5)



Mission Ridge trip in March.
(See pages 6 - 8)

Christmas Ships Parade Social / Happy Hour

Dec. 13, 2023. (Wednesday). <=== **NOTE THE NEW DATE.**

Time: Gather at 5:30-6:00 for Happy Hour.
Ships arrive at 7:30.

Location: “Who Song & Larry’s”
111 East Columbia River Way, Vancouver, WA. See [Google Map](#).

Let’s socialize over a drink and/or dinner, while we wait for the Christmas Ships to sail by on the Columbia River, starting around 7:45 pm.



Directions: After crossing the I-5 bridge over the Columbia River, do NOT take Exit 1A to highway 14. Instead, take the next exit, 1B to Vancouver City Center and the waterfront. The exit lane will take you around a full circle.

Then get into the LEFT lane and turn left onto 6th Street.

Turn LEFT again onto Columbia Street.

When Columbia Street bends to the left, drive just a few hundred feet until you see a sign on the right for Who Song & Larry’s.

Mt. High Mt. High Board Meeting

January 2, 2024 (Tuesday)

6:00 pm - Socialize, 6:30 - Meeting starts

This is basically an organizational and planning meeting, attended mainly by Board members, trip leaders, etc., but it is open to all. Anyone wanting to get more involved with the club is welcome.

Location: Round Table Pizza, 16444 Boones Ferry Rd., Lake Grove, Lake Oswego, OR.
See [Google map](#).

Directions: If you are coming from the south, from Tualatin, on I-5 take exit 290 and go east on Boones Ferry Rd. for about 1.75 miles. Round Table Pizza will be on your RIGHT.

If you are coming from the north, on I-5 take exit 292 and get on Kruse Way heading east, toward Lake Oswego. Follow Kruse way to the T-intersection with Boones Ferry Rd. Turn right (south) and follow Boones Ferry Rd. for about 0.75 miles. Round Table Pizza will be on your LEFT.

NWSCC Meeting - via Zoom

January 17, 2024, (Wednesday) - 6:30 pm.



This meeting is attended by members of several ski clubs.

Location:

Om the internet, via Zoom

Topic: TBA

At the right time, simply follow the link, which has no yet been announced. Stay tuned. It will be published in the January Lift Lines and also on our Mountain High website.

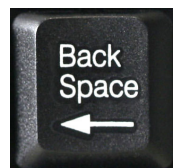
Web Site Tips for mthigh.org



How to get back to the top of a long page.

Hit the “**Home**” key on your keyboard. It will take you to the top of the page. This is so much faster than scrolling back up until you reach the top of the page.

How to go back to the previous page. Most browsers have a back-arrow (pointing to the left) to go back to the previous page. But, you can do the same by hitting the **Backspace** key on your keyboard.



Home

How to get back to the Home page, www.mthigh.org.

There are two ways:

1. Click on the “**Home**” button on the menu. Or, ...
2. Click on the **Mountain High logo** at the top of the page. That will have the same effect. It will take you to our Home page, which is our Calendar of Events.



To Share or Not

On the **Membership signup form**, we ask you if it's OK to share your email address. Let's clarify that.

Some people have asked us if we will ever publish a **Members' Directory**. We probably will never do that, in part because many members opted NOT to share their email addresses

We only give your email address to a few Board members (our President, Treasurer) and to trip leaders for trips you have signed up for.

Occasionally, a club member will ask for another club member's email address, in order to contact him/her about something. Before we give out the address, we consult your expressed preference. If you said NO, we will not give out your address

This is pretty much the only circumstance where your choice to share or not to share your address comes up. And that's the only reason we ask you that question.

Passport

If you go on a trip to Canada or Europe this year, make sure your passport is still valid.



Facebook Page



We have a **Facebook** page you can use to communicate.

This is just one more way for our members to communicate with each other, in addition to emails, our web site, Bulletin Board, and our two Forums (which are in fact Google Groups).

Check out the Facebook page at: <https://www.facebook.com/groups/1528330064067232/>

The easiest way to get there is to simply click on the Facebook button on our website's main menu.

Our Forums

We have 2 Forums on our website's main menu. One is focused on mid-week skiing, and one is a general forum for the whole club.

Use these Forums to communicate with other members. You can invite them to join you on the slopes, or respond to someone else's post.

If you are new to the club, know that you need to join a Forum first. Click on one of the Forum buttons and then click on “Join this group”. Provide your name and an email address, and you will be notified whenever someone posts something. There won't be a lot of emails. Only occasionally.

Not all our members have joined these Forums, and not all our members have joined our Facebook group either. So, it's best to join both places.

THE MORE YOU PARTICIPATE, THE MORE FUN YOU'LL HAVE!

How to Find Info about our Club Events & Trips

Our website, www.mthigh.org, is full of information. For example, check out our **ARTICLES** section, where you can find useful articles on many ski related topics.

To find about **upcoming events and trips**, check out the **EVENTS** and **TRIPS** web pages.

To find out about **past activities**, such as: when was the last time we went on a trip to Crystal Mountain, WA, first go to our **Newsletter** page, which is a relatively simple table of contents for everything we do. Find the word “**Crystal**” on that page (Ctrl-F or Cmd-F or “Find on this page”). The first find shows you it was in **2016**. Then go to our **PHOTOS** page and click on the year 2016. You will find the **Crystal Mt. Trip** there. Click on it, and you will see a brief description of the trip as well as photos from that trip. Easy!



Mountain High Snowsport Club presents:

McCall Idaho trip

Brundage, ID Tamarack, ID

Feb. 11 - Feb. 15 or 16
2024

Flexible drive-to trip. Ski up to 4 days. Your choice. Skiing at Brundage Mt. and Tamarack.

Trip includes:

- * Lodging at the Best Western Plus Hotel, McCall, ID.
- * Indoor pool & hot-tub
- * Full hot buffet breakfast
- * Ski at Brundage Mtn.
- * Ski at Tamarack
- * Lots of flexibility

Trip leader:
Linda McGavin:
Trips@mthigh.org

Reserve your own hotel room. Call the hotel at: 208-634-2230 and tell them you are with the Mt. High club. Then notify Linda.

!!! JOIN US FOR A FUN TRIP !!!



Brundage Mt.

trees
cruisers
1,800' vert.



Brundage Mt.

Snowcat skiing too!



Tamarack has 3 express quads.

I want to go. Yeah!

Tamarack, ID
2,800' vertical
7 lifts

Mt. High Indy Pass ski trip McCall, Idaho Brundage Mountain & Tamarack

3 - 5 nights. 2 - 4 ski days. Travel by car, train, or plane.

February 11–15 or 16, 2024. -- Join us for a wonderful adventure. Up to 4 days skiing February 12-16 (Monday-Friday) Your choice, depending upon your free lift tickets and how many days you want to ski

START DATE: Sunday, Feb. 11 – Drive to McCall & check in. You can book as many as 5 nights at our group rate. Any other nights will be at the hotel's full rate – no discount.

This is a driving trip like the past few years.

1. Everyone will be driving their own car. We will NOT have a bus.
2. For lodging, you can select your own roommate (optional), or simply have a room to yourself. Your choice. We will not assign roommates.
3. This trip is designed to use the Indy Pass (2 free days at each ski area). If you do not have a pass we suggest you buy lift tickets online in advance to get the best price. We will not have enough people to get group lift tickets.

HOTEL - Book your own room under our group rate at the **Best Western Plus** in McCall, 211 S. 3rd Street, McCall, ID; **208-634-2230**.

Our group rate is **\$179.99 plus tax** (\$206.99 including tax) per night, per double queen room or king room (quantities limited).

To get this rate, just tell the hotel you are with the Mountain High club.

The hotel offers free parking, wireless internet, non-smoking spacious rooms, a 24-hour indoor swimming pool, oversized jacuzzi tub, spa, sauna and gym. Enjoy a daily, complimentary full hot buffet breakfast which includes freshly made breakfast burritos, breakfast sandwiches, cereal, fruit, yogurt, juice, pastries (and they will deliver to your room from 6:30 to 9:30 a.m.).

All rooms have High Speed Wireless Internet, Refrigerator, Microwave, DirectTV, Hairdryer, Iron/Ironing board, Desk, and Alarm Clock. The hotel also has an elevator.

Please book your hotel room early – we only have a certain number of rooms. After **January 15** our room block will expire, but you can still make reservations at our rate if there is space. There is no penalty for canceling up to one week before your arrival.

The hotel is located 11 miles from Brundage and 20 miles from Tamarack.

SKIING AT BRUNDAGE: Indy Passholders do not need to pre-schedule visits. Simply bring your valid photo ID to the on-mountain Guest Services office to redeem your ticket for the day. In addition to the two days included in the pass purchase, you may purchase a third day at 25% off. You can make that purchase the day of your visit. Like many ski areas these days, Brundage will sell tickets online in advance, at some kind of discount which is not known at this time.



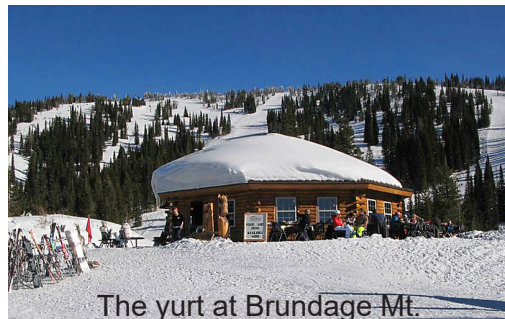
SKIING AT TAMARACK: 2 free days with the Indy Pass (you may purchase a third day at 25% off), or buy tickets online the night before.

KEEP OUR TRIP LEADER INFORMED

Everyone who signs up for this trip, please contact Linda McGavin and let her know the following:

- Did you make your hotel reservations, and for how many nights (2 or 3 or more)?
- Where do you expect to ski, and do you have an Indy Pass?

Trip leader: Linda McGavin, trips@mthigh.org, 503-652-2840.



The yurt at Brundage Mt.



Mountain High Snowsport Club presents:

Washington Ski Safari 2024

Bluewood
49° North
Mission Ridge

March 1 or 2 -
March 7 or 8, 2024

Trip includes:

This is a drive-to trip. Drive your own car, or carpool.

* Up to 6 days of free skiing with the Indy Pass, with lodging in:

- Walla Walla or Dayton +
- Spokane +
- Wenatchee

- * Ski at Bluewood
- * Ski at 49° North
- * Ski at Mission Ridge
- * Lots of flexibility

Trip leader:
Linda McGavin:
Trips@mthigh.org

Reserve your own hotel room. Call the hotel at: 208-634-2230 and tell them you are with the Mt. High club. Then notify Linda.

!!! JOIN US ON A FUN TRIP !!!



Mission Ridge 49° North



Spokane

Wenatchee



49° North



Mission Ridge.

Bluewood

Dayton

Walla Walla

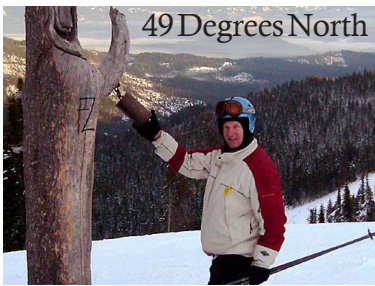
Portland



Bluewood



Bluewood



Mt. High - Indy Pass Washington Ski Safari Trip

3 Locations in Washington!

Ski Bluewood, 49 Degrees North, and Mission Ridge

March 1 or 2 through March 7 or 8, 2024. -- Join us for a wonderful adventure!

Up to 6 days free skiing with your Indy Pass - your choice, depending upon how many days you want to ski.

This is a driving trip like the past few years.

1. Everyone will be driving their own car. We will NOT have a bus.
2. For lodging, you can select your own roommate (optional), or simply have a room to yourself. Your choice. We will not assign roommates.
3. This trip is designed to use the Indy Pass (2 free days at each ski area). If you do not have a pass we suggest you buy lift tickets online in advance (the day before) to get the best price. We will not have enough people to get group lift tickets.

SKI BLUEWOOD – March 1-3, 2024

Bluewood is located about half an hour past Dayton, Washington, east of Walla Walla. It has 2 lifts and 24 trails. When we have visited in the past, we have enjoyed the trails and tree skiing in powder snow.

If you want to ski Bluewood, you would drive to Walla Walla or Dayton on Friday or Saturday to ski one or two days before traveling on to Spokane on Sunday night.

There are two places to stay in Dayton, one a “dive” and other the Best Western Plus at about \$155/night.

There are less expensive motels in Walla Walla (similar motels for about \$149, a smaller motel for closer to \$100), but they are about an hour away from Bluewood.

While I have arranged for great prices at motels in Spokane and in Wenatchee, I did not feel comfortable signing a contract for a minimum number of rooms in Dayton or Walla Walla.

If you are interested in skiing Bluewood, please contact your trip leader ASAP to tell me how many nights you would stay and whether you would rather stay in Dayton or Walla Walla. I will not set up rooming until I know how many people are seriously interested.

SPOKANE – Ski 49° NORTH – March 3-5 or 6, 2024

It is about a 3-hour drive directly from Bluewood to our hotel in North Spokane, the Quality Inn Oakwood, 7919 N. Division Street, 509-467-4900. This hotel has king and double queen rooms with refrigerator and microwave, and free wifi. The hotel has a hot breakfast, indoor pool and hot tub, elevators, and a free electric vehicle charging station. Rooms will cost \$99/night (\$113.79 including all taxes and fees).

You are responsible for making your own reservations and guaranteeing them with your credit card. Either call the hotel directly at 509-467-4900 and ask for the “Mountain High Snowsport Club,” or use this booking link:

[Mountain High Snowsport Club March 2024 - Quality Inn Oakwood, Spokane, WA](#)

You must make reservations by Saturday, February 3, or the rooms will revert to their usual rate. The cancellation policy is one day prior to your trip without penalty. At the time of booking, you may change the number of nights you plan to stay. See CHOICE of REST DAY below.

49 Degrees North ski area offers 7 lifts (including 1 high speed quad, 1 quad, 4 double chairlifts, 1 conveyor) serving interesting terrain. Everyone likes the variety, which includes skiing the “Seven Deadly Sins,” Mahre’s Gold, Angel Peak, with 2 Ullr’s bells to ring for good luck (one at the top and one at the bottom of the ski area), plus lots of long cruisers and a variety of powder runs and glades. Everyone has loved skiing at this area! We plan to ski there Monday and Tuesday, March 4 and 5.

REST DAY. You have a CHOICE when booking your hotels of staying 3 nights in Spokane or booking just 2 nights and driving to Wenatchee directly after skiing on March 5. It depends upon whether you would like a rest day in Spokane. If you drive to Wenatchee that day, you could take a rest day the next day to visit the charming town of Leavenworth.

Continued on next page.

WENATCHEE – Ski MISSION RIDGE – March 5 or 6 through March 7 or 8

It is less than 4 hours to drive directly from 49 Degrees North to our hotel, The Cedars Inn, 80 9th Street NE, East Wenatchee, 509-886-8000. Our club stayed at this hotel in 2021 and found it very welcoming – they even carved Welcome Mountain High in a watermelon for us! The hotel has king and double queen rooms with refrigerator and microwave, free wifi, a hot breakfast, indoor pool and outdoor hot tub, and elevators. Emilio says it is the closest hotel to Mission Ridge.

The cost of a king room is \$84/night (\$94.50 with taxes) and a double queen room is \$94/night (\$105.75 including taxes).

You are responsible for making your own reservations and guaranteeing them with your credit card. Call the hotel directly at 509-886-8000 and mention Mountain High Snowsport Club to get your rate.

You must make reservations by Sunday, February 25, or the rooms will revert to the usual rate. You may cancel up to the day before arrival without penalty.

Mission Ridge is in central Washington, on the eastern side of the Cascades, where the air is drier, the powder is better, and there are fewer crowds. It has 1 high speed quad (with a bubble top), 3 double chair lifts, 2 rope tows, and 1 magic carpet.

Mission Ridge is known for its World War II bomber wing displayed on the side of one of the trails. It has excellent cruising terrain top to bottom – and its bomber cliffs and mogul runs for some challenging skiing.

Mission Ridge is on BOTH the **Indy Pass** (2 free days of skiing) AND the **Powder Alliance Pass** (3 free days of skiing), so you can ski here midweek for as many days as your pass will let you!

KEEP YOUR TRIP LEADER INFORMED

Everyone who signs up for this trip, please contact Linda McGavin and let her know the following:

- Would you like to go to Bluewood, if so for how many nights, and would you prefer to stay in Walla Walla or Dayton? No hotel has been set up yet, and I need your input!
- Did you make your hotel reservations for Spokane or Wenatchee, and if so which days and for how many nights at each place?
- Do you have an Indy Pass? Or a Fusion PAss (Powder Alliance)?

Trip leader: Linda McGavin, trips@mthigh.org, 503-781-5809.

NWSCC
Bachelor Blast
 4 nights, with 2 or 3 nights options

March 13 - 17, 2024.

Start: Wednesday, March 13, 2024, at 5:00 PM

End: Sunday, March 17, 2024, at 3:00 PM

Everyone from all NWSCC clubs is invited to join us!

Lodging: We are staying at the **Element by Westin**, 1526 NW Wall St., Bend, Oregon, just 3 blocks from downtown Bend. Sign up early. Rooms are limited. Prices go up February 1st, 2024. Price is per person, double occupancy. Find your own roommate or pay a single supplement.

Mt. Bachelor is on the IKON Pass. It offers 4,000 skiable acres and 3,365 vertical feet.

Questions? - Contact: Linda McGavin at editor@nwskiers.org / www.nwskiers.org

NOTE: This is a multi-club trip open to all Northwest ski clubs. It is organized by the NW Ski Club Council. Payments for this trip should be sent to the NWSCC; not to our club. Instead of the Dough Transmittal Form, please sign up directly with the NWSCC.

Details on the [NWSCC website HERE](#)



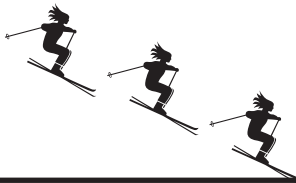


FWSA Ski Trips

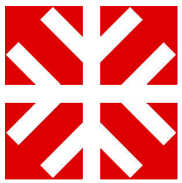
The Far West Ski Association is organizing several ski trips this coming winter. These trips are open to all of us as well as to members of a lot of ski clubs in the West. See the TRIPS page on our club's website, or go directly to the TRIPS page of the FWSA website, www.fwsa.org.

Or click on one of the links to these FWSA trips:

1. Jan. 26 - Feb. 3, 2024: [2024 FWSA Ski Week in Steamboat, CO](#)
2. Feb. 25 - Mar. 10, 2024: [FWSA International Ski Adventure - Madonna di Campiglio, Italy](#)
3. March 17 - 22, 2024: [2024 Mini Ski Week at Copper Mountain, CO](#)



Last Chance to Buy the 2023/24 INDY Pass December 10, 2023



INDY PASS

The 23/24 Waitlist will come to a close on Sunday, December 10, marking the final chance to secure a 23/24 Indy Pass. As space allows, those who have signed up will receive unique purchase codes via email. The Indy Pass now has a new logo, as shown here.

Note that at this late stage, the only way to purchase an Indy Pass is through the Wait List. Add your name to the Wait List and then wait for an email from the Indy Pass inviting you to purchase the pass.

Get on the waiting list at: <https://www.indyskipass.com/join-the-waitlist>

The Indy Pass offers us 2 days of free skiing at 180 ski areas, of which at least 37 are in the West and several are in Japan. The number of ski areas keeps growing.

Note that most of our ski trips this coming winter will be to Indy Pass ski areas. IF you join us on these trips, you will have free skiing with the Indy Pass.

The basic pass (with some blackout dates) costs \$399, or \$499 for a pass with no blackout dates.

These are all independent ski areas, not part of some large corporation. See a film about them and their importance. It is called "In Pursuit of Soul". See it at: <https://tgrtv.tetongravity.com/apps/2645/108739/162037/32816199>

Our Mountain High Club is organizing 2 ski trips to a total of 5 ski areas, all of which are on the Indy Pass. This means that with the Indy Pass you can get 2 free days at all 5 ski areas, for a total of 10 free ski days.

PACRAT Racing Registration



Try some recreational racing! It's open to everyone. Beginner racers are as valuable to a team as advanced racers are. Join a

10-person team. You will have 5 races this season.

You will compete against racers who are in the same category as you are. The results of your first race will determine which category you belong in.

PACRAT Online Registration site is now active and waiting for you to register!

Online registration for the 2024 PACRAT race season will be open **through December 31st**.

Every racer must select either the Friday or the Sunday Division and compete in that division throughout the season.

Registration fees for the 2024 PACRAT season will be \$145 for either the Friday Division or the Sunday Division. Registration is limited to 125 racers per division, and we are at 50% of our capacity, so be sure to register early to reserve your spot.

Please see the PACRAT 2024 Season Details below for race schedules and additional information.

For registration instructions and a link to PACRAT registration site, please visit the REGISTER page on the PACRAT website at: https://pacrats.org/main_pages/register.htm.

More News

Jackson Hole ski area is being sold, but it will remain independent - as opposed to be swallowed by some big corporation. The buyers are a set of local families

This year, Jackson Hole will offer a 50% discount to anyone with an Indy Pass., but with some blackout dates, so ask them before you travel there.

Lots of Charitable events will happen in March, including the Oregon Cancer Ski Out, Ski & Ride for a Cure, and Ski to Defeat ALS. We will publish more information about these as it comes out. For now, here is something about the Oregon Cancer Ski Out:

Get your team together early for the OREGON CANCER SKI OUT to take advantage of a serious discount and prepare to have some SERIOUS FUN! This race is for everyone, since what matters is **consistency** rather than **speed!** Wear costumes - have fun - and be coached by the BEST (usually including one or both of the Mahre brothers)! All to raise money for cancer-related causes that stays LOCAL! This is a 2-day event to be held March 10 and 11, 2024, at Mt. Hood Meadows and the Best Western Hood River Inn! Learn more and plan to join us! Log in to cancerskiout.org and register your team. Register by December 31, 2023, to save \$200 per team registration (\$799 instead of \$999)!

The proceeds of Cancer Ski Out events have helped fund a variety of local organizations, including hospice providers and organizations helping children and adults touched by cancer. OHSU's melanoma program owes a great deal to the Ski Out. Sancy Leachman, who chairs the OHSU Department of Dermatology, says that Oregon used to be #3 of the states in melanoma cases, and has now dropped to #33.

A Year in Review

We keep adding more pictures from our whole past year on our club's PHOTOS page. You can see our Chocolate party, our Picnic, the BBQ party, the Far West Convention, our Bowling night, and photos from our ski trips, including the Canada trip, the McCall, Idaho trip, the Ashland/Shasta trip, and the Bachelor Blast.

It's all on just one single but long web page. Go to our website, www.mthigh.org, and click on the PHOTOS button. Or, go directly to: www.mthigh.org/Photos.htm

Then start scrolling down, or click on the specific event you'd like to see.

2023 Volunteer of the Year



Linda McGavin has been selected as our club's Volunteer of the Year. She will next be considered a candidate for Volunteer of the Year by the NW Ski Club Council, where she stands an excellent chance of winning since she has also been nominated by another local ski club as well - the Interlachen Ski Club.

The Far West Ski Association has discontinued the Man & Woman of the Year competition and replaced it with the Volunteer of the Year.

Mountain High Board Meeting

Usually last Monday of the month.
Jan. 2 (Tue.): Open to all who want to get involved with the club.
 Gather at **6:30 pm.** Start at **7:00 pm.**
Round Table Pizza, 16444 Boones Ferry Rd., Lake Grove, Lake Oswego, OR. See [Google map](#).

Mountain High snowsport club contacts:

- | | | | |
|-----------------------------|----------------|-------------------|--|
| President: | Bill King | H: 614-371-4762 | President@mthigh.org |
| Vice-President: | Debbi Kor | H: 503-314-7078 | Vicepresident@mthigh.org |
| Secretary: | | | Secretary@mthigh.org |
| Treasurer: | Nancy Pratt | H: 503-593-9427 | Treasurer@mthigh.org |
| Past President: | Kurt Krueger | H: 503-625-1492 | PastPresident@mthigh.org |
| Membership Director: | Karen Michels | H: 503-984-9210 | skiklynn@gmail.com |
| Racing Director: | Alan Bean | H: 503-849-8009 | Racing@mthigh.org |
| Newsletter Editor: | Emilio Trampuz | H: 1-503-378-0171 | newsletter@mthigh.org |
| Social Activities: | Debbi Kor | H: 503-314-7078 | ijustwannarun1@comcast.net |
| Trips Director: | Linda McGavin | H: 503-652-2840 | Trips@mthigh.org |

General info:
info@mthigh.org
 Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: New membership or Renewal

Name(s): _____ Birthday (MM/DD) _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

- Email Preferences:**
- Newsletter (once a month): yes, link only yes, complete file no
 - No changes
 - Club news & events (between newsletters): yes no
 - (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): yes no
 - Is it OK to share your email address with other club members? Yes No

I certify that I am 21 years of age or more. I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations, including the Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, and any of their agents (officers, directors, trip captains, and any other Club representatives) from liability for personal injury, property damage, or any other liability of any kind connected with my participation in any club-related activity. Furthermore, I agree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.

Please take my money, and apply it toward the following Ski Club fun stuff: **Deposit?** **Paid in full?**

- Annual Membership** (Oct. 1 - Sept. 30): Single (\$30); couple (\$50) \$ _____
- Mountain High Cookbook:** 34 pages of recipes from our members \$10 \$ _____
- Other:** _____ \$ _____
- Total:** \$ _____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Checkmark all desired options.

Club membership = 177 Newsletter Distribution

The December 2023 issue is on our web site. Also:
204 copies sent via email (as PDF file)
0 paper printed copies sent via US Mail.
Copies are also sent to potential members, other clubs, the Mount Hood Museum, etc.

Mt. High Credit Card Payments



You can pay your membership fee and your trip payments by **credit card**. We are processing it through PayPal.

No need to have a PayPal account to make a payment by credit card. Just go to our new web page: "Signup & Pay" at: <http://www.mthigh.org/Signup-Pay.htm>

Count Your Ski Areas

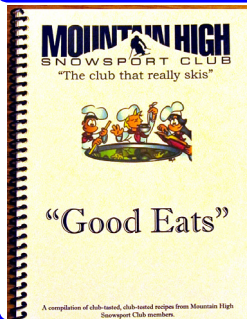
Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas-2022-03-03.xls>

Stories from Skiing History Magazine

Find the Skiing History Magazine at: <https://www.skiinghistory.org/>

- * [Whatever Happened to Wedeln?](#)
- * [Skiing and Cycling](#)
- * [Ads from the Past: Rubberheads](#)

Mt. High Cookbook

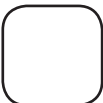
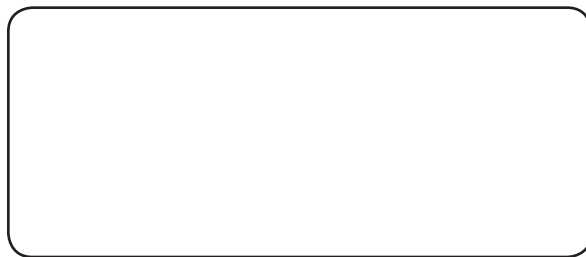


This 34 page cookbook is available for \$10. It has soups, salads, entrees, desserts, from our club members.
The cookbook includes recipes from the late Swiss chef Kurt Mezger. Contact Debbi Kor: ijustwannarun1@comcast.net , or call 503-314-7078.

Stories from Seniors Skiing

A good resource for skiers and riders of all ages. Check out: SeniorsSkiing.com . Subscribe to weekly or monthly emails from them. Click on the Community tab and select "Subscribe". Examples:

- * [EPIC, IKON or Not](#)
- * [What's New in Idaho \(Brundage\)](#)
- * [Boots: Slide In with Slide On](#)



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