

From the Editor

Hi folks,

Four major events are already behind us: Our Kickoff Party, Warren Miller's movie, Snowvana, and the Pray for Snow party. The upcoming season is almost here.

Are you ready? Get your legs in shape. Wax your skis. Winterize your car.

To prepare fully, if you want to connect with other club members, please use the 3 tools on our website. Each has its own button in the main menu.

1. The two Forums, one for the whole club and one for mid-week skiers. These are both Google Groups. Join them so you can participate in the discussions, ask questions, etc.

2. Our club's Facebook page. Another way to connect with other club members. Don't just post pictures AFTER you went skiing. Post an invitation for other club members to join you on the slopes.

Renew your Mountain High club membership. See our Member Benefits page, and see instructions on how to renew either by mail or online.

Get your season pass. Prices will only go up as we approach the start of the ski season. Consider purchasing the Indy Pass, which has just gone on sale again, since October 10, 2023.

Let's Have Some Fun!



Heritage Night in Govy Nov. 11 See page 2.



PACRAT 101 - Intro to Racing Dec. 6. See page 3



Mt. High Happy Hour Nov. 14, Se'e' page 2.



Plan your ski trips (See pages 6 - 10)

Our club is blue. 2023/2024 CALENDAR **Mountain High events Blue:** Maroon: NWSCC / FWSA / Multi-club Black: General interest events

NOVEMBER 2023

Nov. 2 (Thur.) Warren Miller's "All Time" at the Aladdin Theater

Nov. 3-5 Snowvana

Nov. 4 (Sat.) Pray For Snow Party All ski clubs invited

Nov. 11 (Sat.) Heritage Night at the Museum. Socializing, wine tasting, and both a Silent and Live Auction.

Nov. 14 (Tue) Happy Hour at Oswego Grill on Kruse Way

Nov. 15 (Wed) NWSCC Meeting - in

person! at North Lake Physical Therapy

- Nov. 18 19 Ski Swap at Lloyd Center by East Side High Schools
- Nov. 27 (Mon) Mt. High Board Meeting Round Table Pizza, Lake Oswego

DECEMBER 2023

Dec. 6 (Wed.) PACRAT 101 - Intro to Racing Hillcrest Ski & Sports, Gresham

FEBRUARY 2024

Feb. 11 - 15/16 McCall, Idaho ski trip Brundage Mt., Tamarack

MARCH 2024

Mar. 1 or 2 to March 7 or 8 Indy Pass Washington Ski Safari Bluewood, 49° North, and Mission Ridge.

Upcoming Events

SNOWSPORT CLUB

Heritage Night at the Museum

November 11, 2023 (Saturday). 6 - 10 pm. A fun filled evening of socializing, eating, tasting local wine and beer and bidding in the auctions.



On the auction block will be a wide variety of donated items including art objects, home decor items, trips, ski passes, gift certificates and more.

If you have something you would like to **donate** for this Museum fundraiser, please call the Museum at 503-272-3301.

The annual Heritage Night is an annual silent auction fundraiser for the Mt. Hood Cultural Center and Museum. Wine and hors d'oeuvres. The event is free to members of the Museum.

An annual membership (\$20 per individual, \$40 per family) is your admission ticket. If you are not a Museum member, you can join that same evening.

Mt.High Happy Hour

November 14, 2023, (Tuesday)

3:30 pm. - 6:30 pm

Come join your ski buddies at a Happy hour at the Oswego Grill on Kruse Way 7 Centerpointe Dr, Lake Oswego, OR 97035 <u>https://www.oswegogrill.com/</u>

RSVP to **Debbi Kor** at at: <u>ijustwannarun1@com-</u> <u>cast.net</u> or call 503-314-7078.



NWSCC Meeting - via Zoom

November 15, 2023, (Wednesday) - 6:30 pm.



This meeting is attended by members of several ski clubs.

Location:

North Lake Physical Therapy 5847 NE 122nd Ave #101, Portland, OR 97230

Topic: How to get ready for skiing and boarding this winter.

Following the talk the group can break out with therapists for individual assessments. The event will be livestreamed for those who cannot attend in person.

Also, find out what else is going on in the Northwest skiing community.

RSVP to NWSCC President **Sheri Parshall** at: president@nwskiers.org.

Mt. High Mt. High Board Meeting

November 27, 2023, (Monday) - 6:30 pm. This is basically an organizational and planning meeting, attended mainly by Board members, trip leaders, etc., but it is open to all. Anyone wanting to get more involved with the club is welcome.

Location: Round Table Pizza, 16444 Boones Ferry Rd., Lake Grove, Lake Osswego, OR. See <u>Google map</u>.

Directions: If you are coming from the south, from Tualatin, on I-5 take exit 290 and go east on Boones Ferry Rd. for about 1.75 miles. Round Table Pizza will be on your RIGHT.

If you are coming from the north, on I-5 take exit 292 and get on Kruse Way heading east, toward Lake Oswego. Follow Kruse way to the T-intersection with Boones Ferry Rd. Turn right (south) and follow Boones Ferry Rd. for about 0.75 miles. Round Table Pizza will be on your LEFT.

Upcoming Events

SNOWSPORT CLUB

page 3



FWSA Athletic Scholarship and our Club



The Far West Ski Association operates a scholarship fund to help young racers of high school age, to cover their expenses for travel to major competitions, etc.

Our Mountain High club contributes to that scholarship program and usually selects a specific local athlete to support.

Our scholarship recipient for the upcoming season is Tyler Howell.

Tyler is going to be 17 in December. He's from Hood River and skis for Mt. Hood Race Team. He was out for 2 months last year with a broken foot but his ranking is number 4 in downhill and slalom, and number 2 in GS and Super G for his age group in Northwest Division of US Ski and Snowboard. He also had 3 top 10 finishes.

Tyler Howell

Mt. Hood Meadows has completed installing the new 6-passenger chairlift to replace the old quad Mt. Hood Express lift. This should help shorten the lift line at the base.

Farewell to Lee Rinderknecht

Lee Rinderknecht passed away in October 2023, succumbing to a blood cancer.

Lee was an active member of our club in the early days of the Plaza Ski Club, before Plaza merged with the EdgeSet ski club and eventually was renamed to Mountain High.

Linda McGavin remembers Lee very well. She says: "Lee was the first with a guitar on Plaza Ski Club buses. "Dear Abby" was a song that he introduced to us, which we would sing enthusiastically."



Chas Westergren says: "Lee's wife Bonny is planning to sell their home in Montana and move back to the Portland area."



Brundage Mountain has replaced the slow old Centennial triple chair with a quad express, for a swift 6-minute ride to the top. Brundage now has two high speed quads.

Ski News

SNOWSPORT CLUB

Mission Ridge has installed new chairs on their main lift to the top. The chairs now have a bubble covering to protect from wind and snow, thus making the ride more comfortable. This is not reallly new. It happened a couple of winters ago, but many of us haven't seen it yet.

Ski Swap at Lloyd Center

November 18 - 19 (Sat.- Sun.) This Ski swap benefits the Grant, Cleveland, Franklin, and Benson High School Race Teams.

Buy! Sell! Swap! New and used gear. Sell on consignment.

Thursday 4-7 pm - Drop off gear Friday 3-5 pm - Drop off gear **Saturday: 11 am - 5 pm. Sunday: 11 am - 2 pm.** Sunday 4-5:30 pm - Pick Up and Payouts

Admission = Free, except for the first hour on Saturday.

1st hour admission on Sat. = \$10 for individuals, or \$20 per family.

Location: Lloyd Center between Ross and Marshalls Portland, OR.

If you have something to sell, bring it in on Thursday or Friday, November 16 or 17.

Enter to Win a special season pass to 26 ski areas in the Pacific Northwest, including Oregon, Washington and Idaho.

This is not a pass you can buy. Only ONE person will win it. To enter, just donate to the Pacific Northwest Ski Areas Association (PNSAA).

To enter, just go to the following website and click on the "Donate Now to Enter" button:

https://www.tapkat.org/pacific-northwest-ski-areas-association/19xB1E?pr omo=PNSAA20

Deadline to enter is November 12, 2023.

There are many different season passes, such as the IKON, EPIC, and Mountain Collective. In past years, we have tried to offer a comprehensive listing of all the passes, but it is very hard to keep track of all of them. There are frequent changes in the number of ski areas covered and the prices change from month to month. So, it's almost impossible to keep the list up to date.

This year, let's just focus on a few passes that might be the most relevant to us this winter. And even then, this is just a brief overview. For details, please look at the corresponding website for each pass.

Please read the following information even if you already have a season pass.

Our Mountain High Club is organizing 2 ski trips to a total of 5 ski areas, all of which are on the Indy Pass. This means that with the Indy Pass you can get 2 free days at all 5 ski areas, for a total of 10 free ski days.

Indy Pass

This pass gives you 2 free ski days at **170 ski areas** in the US, Canada, and Japan. **Over 50 more ski areas have just been added.** 37 of the ski areas are in the west. There are only 2 kinds of Indy Passes: The basic one for **\$399** has some black out dates (mainly some weekends and holidays) at some ski areas. The Indy Plus pass costs **\$499** and has no blackout dates. These prices are both \$80 more than they were in Spring.

If you already have a Meadows Pass, you can purchase the Indy Pass as an **add-on** to your Meadows Pass, for just \$279 Base and \$379 Full. See the text about Meadows at the bottom of this page.

On top of the 10 free days on our ski trips, Mt. Hood Meadows is also part of the Indy Pass, so if you don't have a Meadows Pass, but only the Indy Pass, you can get 2 free ski days at Meadows as well.

There are also some "Allied" ski areas, where the skiing is not free, but you get a discount of 25% on weekends and 50% midweek. Among these Allied ski areas are: Loup Loup, WA, and Cherry Peak, Utah.

NOTE: The Indy Pass was not available for a while. It sold out fast in the Spring of this year. But there is a Waiting List. Sale has now resumed, but only for those on the waiting list. Get on the Waiting List now!

Fusion Pass / Powder Alliance

Our local Fusion Pass gives you unlimited skiing at Timberline and Mt. Hood Skibowl. These two ski areas are part of the Powder Alliance, so the Fusion Pass gives you access to 20 other ski areas in the US, Canada, and New Zealand. 15 of these are in the west. And you get 3 free days at each. That's a total of 45 free ski days just in the US, without going to Canada. The Fusion Pass has been available for purchase since Sept. 2, 2023.

The Fusion Pass costs \$389 for seniors (65 - 70), or \$949 for adults (25 - 64). Prices have gone up by \$150 - \$200 after October 29. The Fusion Pass will NOT be available any more after November 26, 2023.

Super-seniors (71 and over) have a dilemma. They must chose between two options:

- a) Pay only \$299 for a pass valid only on weekdays (except Peak Days (holidays), through March, when the pass becomes valid every day of the week. Or ...
- b) Pay the full Senior price of \$389 for an unlimited Fusion Pass.

Of the 5 ski areas our club plans to visit this winter, only Mission Ridge is also part of the Powder Alliance, so with the Fusion Pass, you can get 3 free days at Mission Ridge, as well as White Pass, Mt. Shasta, and others.

Mt. Hood Meadows Full Season Pass

If you purchase the full, unlimited season pass at Mt. Hood Meadows, you can then also purchase the Indy Pass as an **add-on** for just \$279 for the base add-on price, or \$379 for the Indy+ add-on with no blackout dates.

Ski Trips

SNOWSPORT CLUB

page 6



page 7

Ski Trips

SNOWSPORT CLUB

Mt. High Indy Pass ski trip McCall, Idaho Brundage Mountain & Tamarack

3 - 5 nights. 2 - 4 ski days. Travel by car, train, or plane.

February 11–15 or 16, 2024. -- Join us for a wonderful adventure. Up to 4 days skiing February 12-16 (Monday-Friday) Your choice, depending upon your free lift tickets and how many days you want to ski

START DATE: Sunday, Feb. 11 – Drive to McCall & check in. You can book as many as 5 nights at our group rate. Any other nights will be at the hotel's full rate – no discount.

This is a driving trip like the past few years.

- 1. Everyone will be driving their own car. We will NOT have a bus.
- 2. For lodging, you can select your own roommate (optional), or simply have a room to yourself. Your choice. We will not assign roommates.
- 3. This trip is designed to use the Indy Pass (2 free days at each ski area). If you do not have a pass we suggest you buy lift tickets online in advance to get the best price. We will not have enough people to get group lift tickets.

HOTEL - Book your own room under our group rate at the **Best Western Plus** in McCall, 211 S. 3rd Street, McCall, ID; **208-634-2230**.

Our group rate is **\$179.99 plus tax** (\$206.99 including tax) per night, per double queen room or king room (quantities limited).

To get this rate, just tell the hotel you are with the Mountain High club.

The hotel offers free parking, wireless internet, non-smoking spacious rooms, a 24-hour indoor swimming pool, oversize jacuzzi tub, spa, sauna and gym. Enjoy a daily, complimentary full hot buffet breakfast which includes freshly made breakfast burritos, breakfast sandwiches, cereal, fruit, yogurt, juice, pastries (and they will deliver to your room from 6:30 to 9:30 a.m.).

All rooms have High Speed Wireless Internet, Refrigerator, Microwave, DirectTV, Hairdryer, Iron/Ironing board, Desk, and Alarm Clock. The hotel also has an elevator.

Please book your hotel room early – we only have a certain number of rooms. After **January 15** our room block will expire, but you can still make reservations at our rate if there is space. There is no penalty for canceling up to one week before your arrival.

The hotel is located 11 miles from Brundage and 20 miles from Tamarack.

SKIING AT BRUNDAGE: Indy Passholders do not need to pre-schedule visits. Simply bring your valid photo ID to the on-mountain Guest Services office to redeem your ticket for the day. In addition to the two days included in the pass purchase, you may purchase a third day at 25% off. You can make that purchase the day of your visit. Like many ski areas these days, Brundage will sell tickets online in advance, at some kind of discount which is not known at this time.



SKIING AT TAMARACK: 2 free days with the Indy Pass (you may purchase a third day at 25% off), or buy tickets online the night before.

KEEP OUR TRIP LEADER INFORMED

Everyone who signs up for this trip, please contact Linda McGavin and let her know the following:

• Did you make your hotel reservations, and for how many nights (2 or 3 or more)?

• Where do you expect to ski, and do you have an Indy Pass? Trip leader: Linda McGavin, trips@mthigh.org, 503-652-2840.



Ski Trips

SNOWSPORT CLUB





March 1 or 2 through March 7 or 8, 2024. -- Join us for a wonderful adventure!

Up to 6 days free skiing with your Indy Pass - your choice, depending upon how many days you want to ski.

This is a driving trip like the past few years.

- 1. Everyone will be driving their own car. We will NOT have a bus.
- 2. For lodging, you can select your own roommate (optional), or simply have a room to yourself. Your choice. We will not assign roommates.
- 3. This trip is designed to use the Indy Pass (2 free days at each ski area). If you do not have a pass we suggest you buy lift tickets online in advance (the day before) to get the best price. We will not have enough people to get group lift tickets.

SKI BLUEWOOD – March 1-3, 2024

Bluewood is located about half an hour past Dayton, Washington, east of Walla Walla. It has 2 lifts and 24 trails. When we have visited in the past, we have enjoyed the trails and tree skiing in powder snow.

If you want to ski Bluewood, you would drive to Walla Walla or Dayton on Friday or Saturday to ski one or two days before traveling on to Spokane on Sunday night.

There are two places to stay in Dayton, one a "dive" and other the Best Western Plus at about \$155/night.

There are less expensive motels in Walla Walla (similar motels for about \$149, a smaller motel for closer to \$100), but they are about an hour away from Bluewood.

While I have arranged for great prices at motels in Spokane and in Wenatchee, I did not feel comfortable signing a contract for a minimum number of rooms in Dayton or Walla Walla.

If you are interested in skiing Bluewood, please contact your trip leader ASAP to tell me how many nights you would stay and whether you would rather stay in Dayton or Walla Walla. I will not set up rooming until I know how many people are seriously interested.

SPOKANE – Ski 49° NORTH – March 3-5 or 6, 2024

It is about a 3-hour drive directly from Bluewood to our hotel in North Spokane, the Quality Inn Oakwood, 7919 N. Division Street, 509-467-4900. This hotel has king and double queen rooms with refrigerator and microwave, and free wifi. The hotel has a hot breakfast, indoor pool and hot tub, elevators, and a free electric vehicle charging station. Rooms will cost \$99/night (\$113.79 including all taxes and fees).

You are responsible for making your own reservations and guaranteeing them with your credit card. Either call the hotel directly at 509-467-4900 and ask for the "Mountain High Snowsport Club," or use this booking link:

Mountain High Snowsport Club March 2024 - Quality Inn Oakwood, Spokane, WA

You must make reservations by Saturday, February 3, or the rooms will revert to their usual rate. The cancellation policy is one day prior to your trip without penalty. At the time of booking, you may change the number of nights you plan to stay. See CHOICE of REST DAY below.

49 Degrees North ski area offers 7 lifts (including 1 high speed quad, 1 quad, 4 double chairlifts, 1 conveyor) serving interesting terrain. Everyone likes the variety, which includes skiing the "Seven Deadly Sins," Mahre's Gold, Angel Peak, with 2 Ullr's bells to ring for good luck (one at the top and one at the bottom of the ski area), plus lots of long cruisers and a variety of powder runs and glades. Everyone has loved skiing at this area! We plan to ski there Monday and Tuesday, March 4 and 5.

REST DAY. You have a CHOICE when booking your hotels of staying 3 nights in Spokane or booking just 2 nights and driving to Wenatchee directly after skiing on March 5. It depends upon whether you would like a rest day in Spokane. If you drive to Wenatchee that day, you could take a rest day the next day to visit the charming town of Leavenworth.

SNOWSPORT CLUB

WENATCHEE – Ski MISSION RIDGE – March 5 or 6 through March 7 or 8

It is less than 4 hours to drive directly from 49 Degrees North to our hotel, The Cedars Inn, 80 9th Street NE, East Wenatchee, 509-886-8000. Our club stayed at this hotel in 2021 and found it very welcoming – they even carved Welcome Mountain High in a watermelon for us! The hotel has king and double queen rooms with refrigerator and microwave, free wifi, a hot breakfast, indoor pool and outdoor hot tub, and elevators. Emilio says it is the closest hotel to Mission Ridge.

The cost of a king room is \$84/night (\$94.50 with taxes) and a double queen room is \$94/night (\$105.75 including taxes).

You are responsible for making your own reservations and guaranteeing them with your credit card. Call the hotel directly at 509-886-8000 and mention Mountain High Snowsport Club to get your rate.

You must make reservations by Sunday, February 25, or the rooms will revert to the usual rate. You may cancel up to the day before arrival without penalty.

Mission Ridge is in central Washington, on the eastern side of the Cascades, where the air is drier, the powder is better, and there are fewer crowds. It has 1 high speed quad (with a bubble top), 3 double chair lifts, 2 rope tows, and 1 magic carpet.

Mission Ridge is known for its World War II bomber wing displayed on the side of one of the trails. It has excellent cruising terrain top to bottom – and its bomber cliffs and mogul runs for some challenging skiing.

Mission Ridge is on BOTH the **Indy Pass** (2 free days of skiing) AND the **Powder Alliance Pass** (3 free days of skiing), so you can ski here midweek for as many days as your pass will let you!

KEEP YOUR TRIP LEADER INFORMED

Everyone who signs up for this trip, please contact Linda McGavin and let her know the following:

- Would you like to go to Bluewood, if so for how many nights, and would you prefer to stay in Walla Walla or Dayton? No hotel has been set up yet, and I need your input!
- Did you make your hotel reservations for Spokane or Wenatchee, and if so which days and for how many nights at each place?
- Do you have an Indy Pass? Or a Fusion PAss (Powder Alliance)?

Trip leader: Linda McGavin, trips@mthigh.org, 503-781-5809.

NWSCC Bachelor Blast

4 nights, with 2 or 3 nights options

March 13 - 17, 2024.

Start: Wednesday, March 13, 2024, at 5:00 PM

End: Sunday, March 17, 2024, at 3:00 PM

Everyone from all NWSCC clubs is invited to join us!

Lodging: We are staying at the **Element by Westin**, 1526 NW Wall St., Bend, Oregon, just 3 blocks from downtown Bend. Sign up early. Rooms are limited. Prices go up February 1st, 2024. Price is per person, double occupancy. Find your own roommate or pay a single supplement.

Mt. Bachelor is on the IKON Pass. It offers 4,000 skiable acres and 3,365 vertical feet.

Questions? - Contact: Linda McGavin at editor@nwskiers.org / www.nwskiers.org

NOTE: This is a multi-club trip open to all Northwest ski clubs. It is organized by the NW Ski Club Council. Payments for this trip should be sent to the NWSCC; not to our club. Instead of the Dough Transmittal Form, please sign up directly with the NWSCC.

Details on the <u>NWSCC website HERE</u>



FWSA Trips & Ski News



FWSA Ski Trips



The Far West Ski Association is organizing several ski trips this coming winter. These trips are open to all of us as well as to members of a lot of ski clubs in the West. See the TRIPS page on our club's website, or go directly to the TRIPS page of the FWSA website, <u>www.fwsa.org</u>.

Or click on one of the links to these FWSA trips:

- 1. Jan. 26 Feb. 3, 2024: 2024 FWSA Ski Week in Steamboat, CO
- 2. Feb. 25 Mar. 10, 2024: FWSA International Ski Adventure Madonna di Campiglio, Italy
- 3, March 17 22, 2024: 2024 Mini Ski Week at Copper Mountain, CO

Sweepstakes for the Pacific NW Platinum Powder Pass - All Season Access to 25 PNW ski areas

This is not a pass you can buy. There is only one copy of it and someone will win it. The Pacific Northwest Ski Areas Association (PNSAA) is thrilled to introduce an online sweepstakes for the exclusive **Pacific NW Platinum Powder Pass**. This unique pass offers all season access for the winner to 25 ski areas across Oregon, Washington, and Idaho.

The funds raised will directly support PNSAA's extensive workforce education initiatives and the important work carried out by the Northwest Avalanche Center (NWAC).

To enter **by November 12, 2023**, click on the blue link above To enter, just go to the website and click on the "Donate Now to Enter" button. <u>https://www.tapkat.org/pacific-northwest-ski-areas-association/19xB1E?promo=PNSAA20</u>



Indy Pass sold out, but Get on the Waiting List Now People on the waiting list can buy a pass starting Oct. 10

So many people purchased the Indy Pass in the Spring that sales had to be stopped in order to not overwhelm the ski areas with too many skiers.

Sale has resumed since October 10, but the only wayt to get the passw now is to add yourself to the **wait-ing list**. Do it now, before it's too late.

Get on the waiting list at: https://www.indyskipass.com/pricing

The Indy Pass offers us 2 days of free skiing at 170 ski areas, of which at least 37 are in the West and several are in Japan. The number of ski areas keeps growing. Fifty new ski areas have just been added.

Note that most of our ski trips this coming winter will be to Indy Pass ski areas.

The basic pass (with some blackout dates) costs \$399, or \$499 for a pass with no blackout dates.

These are all independent ski areas, not part of some large corporation. See a film about them and their importance. It is called "**In Pursuit of Soul**". See it at: <u>https://tgrtv.tetongravity.com/apps/2645</u>/108739/162037/32816199

Tips & Tricks

SNOWSPORT CLUB

Reload a Web Page

If you have just recently checked the home page on our website or any other web page, chances are that your computer might show you the old page when vou check it again. So, make sure to REFRESH or



RELOAD the page in order to see the latest version with the most recent changes.

How to reload the page might be slightly different in different browsers, but most internet browsers use the same method, such as one of the following:

- Hit the F5 key. On most computers, you need to press the Fn key first, and then F5. Or:
- Click your mouse on the REFRESH button shown in the upper left corner of your screen. The button looks like a circular arrow. C
- On an Android/Samsung smartphone browser: Click on the 3 dots in the bottom right corner of the screen. That will show you a menu with several options in plain English. But ignore all the English words. Instead, look at the very bottom of the menu, where there are several symbols (not words). The right-most of the symbols is the circular arrow C. Tap on it.
- Not sure how to do it on an Apple iPhone, but it must be something very similar to the Android phone above.

After reloading the page, you will see the most recent, most up-to date version of the page.

Your Ski Jacket Zipper Quit Working?



You have a great ski jacket, or maybe a fleece jacket, but suddenly the zipper breaks or quits working. What do you do? Throw it away and buy a new one? But you really like this one.

Solution: Take your broken zipper to Johann's Upholstery, 12205 SW Hall Blvd. Tigard OR 97223. Or phone

first at 503-620-1699. Or email: gary@johannsonline. com.

The location is just a minute or two away from I-217 and Pacific Highway. But the driveway from Hall Blvd. is easy to miss. So, when you leave Pacific Highway, drive slowly, ignore the cars honking at you, and watch for Johann's Upholstery driveway. It comes suddenly.

Johann's is just a business name. The proprietor is **Gary**, and he is an expert in all things to do with upholstery and sewing, whether it's your sofa, or your car seat, or a boat top or a pilot's cushion, or your ski jacket. He can handle both industrial and personal jobs.

So, don't throw away your jacket. Take it to Johann's, ... oops, I mean Gary's.

ALERT! The intersection of Pacific Highway and Hall Blvd. is a citation trap with cameras that record video. Make sure to come to a full stop even if everyone else has a red light, and even when it's obvious that you should have a green light that the city failed to install.

A Year in Review

We keep adding more pictures from our whole past year on our club's PHOTOS page.

You can see our Chocolate party, our Picnic, the BBQ party, the Far West Convention, our Bowling night, and photos from our ski trips, including the Canada trip, the Mc-Call, Idaho trip, the Ashland/Shasta trip, and the Bachelor Blast.

It's all on just one single but long web page.

Go to our website, **www.mthigh.org**, and click on the PHOTOS button in the menu. Or, go directly to: www.mthigh.org/Photos.htm

Then start scrolling down, or click on the specific event you'd like to see.

Contacts / Club info

SNOWSPORT CLUB



Checkmark all desired options.

2023 Volunteer of the Year

Linda McGavin has been selected as our club's Volunteer of the Year. She will next be considered a candidate for Volunteer of the Year by the NW Ski Club Council, where she stands an excellent chance of winning since she has also been nominated by another local ski club as well - the Interlachen Ski Club.

The Far West SkiAssociation has discontinued the Man & Woman of the Year competition and replaced it with the Volunteer of the Year.

Mountain High Board Meeting

Usually last Monday of the month. Nov. 27 (Mon.): Open to all who want to get involved with the club. Gather at 6:30 pm. Start at 7:00 pm. Round Table Pizza, 16444 Boones Ferry Rd., Lake Grove, Lake Oswego, OR. See Google map.

Mountain High snowsport club contacts:

President:	Bill King	H: 614-371-4762	President@mthigh.org	
Vice-President:	Debbi Kor	H: 503-314-7078	Vicepresident@mthigh.org	General info:
Secretary:			Secretary@mthigh.org	info@mthigh.org
Treasurer:	Nancy Pratt	H: 503-593-9427	Treasurer@mthigh.org	
Past Pesident:	Kurt Krueger	H: 503-625-1492	PastPresident@mthigh.org	Web site:
Membership Director	r: Karen Michels	H: 503-984-9210	<u>skiklynn@gmail.com</u>	www.mthigh.org
Racing Director:	Alan Bean	H: 503-849-8009	Racing@mthigh.org	
Newsletter Editor:	Emilio Trampuz	H: 1-503-378-0171	newsletter@mthigh.org	
Social Activities:	Debbi Kor	H: 503-314-7078	<u>ijustwannarun1@comcast.ne</u>	<u>:t</u>
Trips Director:	Linda McGavin	H: 503-652-2840	Trips@mthigh.org	

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY:	[] New membership or [] Renewal response	ify that I am 21 years of age or more. I acknowledge that I am onsible for my own safety and conduct. I hereby agree to be ad by all Mountain High Snowsport Club bylaws and regulations,		
Name(s):	Birthday (MM/DD) inclu	ding the Trip Cancellation Policy. I hereby release Mountain High sysport Club, and any of their agents (officers, directors, trip cap-		
Address:	tains, injury	, and any other Club representatives) from liability for personal y, property damage, or any other liability of any kind connected		
Phone (Hm):	Phone (Wk): to inc	my participation in any club-related activity.Furthermore, I agree demnify and hold the Club and any of their agents harmless from and all listicities of each bird which are the internal activity.		
Email (Hm):	Email (Wk): again negli	any and all liabilities of any kind which may be incurred or asserted		
Email Preferences: [] No changes (same as last year)	- Club news & events (between newsletters): [] yes [] no			
	ley, and apply it toward the following ski club full st			
🗆 Annual Member	'ship (Oct. 1 - Sept. 30): Single (\$30); couple (\$50)	\$		
🗆 Mountain High	Cookbook: 34 pages of recipes from our members \$10	0 \$		
Other:		\$		
	Тс	otal: \$		
	i you are paying. Roommate requests,):			
Signature(s):		Date:		
Signature(s):		Date:		

See our Trips cancellation policy on our web site: http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf

Emilio Trampuz Mountain High Newsletter editor 4742 Liberty Rd. S., #296 Salem, OR 97302

Please check our web site, <u>www.mthigh.org</u> for updates.



page 14		Lift Lines 275, November 2023
Club membership	= 177 Newsletter Distribution	Count Your Ski Areas
204 copies s 0 paper p	3 issue is on our web site. Also: sent via email (as PDF file) printed copies sent via US Mail. t to potential members, other clubs, the eum, etc.	Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <u>http://www.mthigh.org/</u> <u>Documents/North-American-Ski-Areas-2022-03-03.xls</u>
Mt.High Credit Card Payments		Stories from Skiing History Magazine
You can pay your membership fee and your trip payments by credit card. We are processing it through PayPal. No need to have a PayPal account to make a payment by credit card. Just go to our new web page: " Signup & Pay " at: <u>http://www.mthigh.org/Signup-Pay.htm</u>		Find the Skiing History Magazine at: <u>https://</u> www.skiinghistory.org/skiing-history-magazine * <u>Skiing in Nazi Austria</u> * <u>The Odyssey of Walter Neuron</u> * <u>Otto Lang - How Skiing Came to US</u>
Mt. High Cookbook		Stories from Seniors Skiing
SNOW SPORT CLUB The club that really skis"	This 34 page cookbook is available for \$10. It has soups, salads, entrees, desserts, from our club members. The cookbook includes recipes from the late Swiss chef Kurt Mezger. Contact Debbi Kor: <u>ijustwanna-</u> <u>run1@comcast.net</u> , or call 503-	A good resource for skiers and riders of all ages. Check out: <u>SeniorsSkiing.com</u> . Subscribe to weekly or monthly emails from them. Click on the Com- munity tab and select "Subscribe". Examples: * <u>Heading into the New Season</u> * <u>Indy Pass Adds 54 New Ski Areas</u>
A compilation of club-tasted, club-tasted recipes from Moustrain High Scoregort Club members.	314-7078.	* Jackson Hole Sold to New Owners