

From the Prez



It's getting real close to some Mountain time. Limber up those legs, wax those boards, come to the Kick Off party, renew your membership, etc. All good prep work for what is supposed to be a normal year. Whatever 'normal' is for Mt. Hood.

Sign up for some trips. We all had a great time at Utah last year. The areas we visit are snow magnets. And no crowds. Powder

Mountain always gets more snow than places like Snowbird and Alta. Please note the December cutoff date for Utah signups and payments. The club must have the lodging arrangements complete by then or face severe cancellation charges. The condos are very nice and convenient, but they compensate by requiring early solid commitment.

Those who went on the Idaho trip last time will recognize this as a repeat. We all had a good time and this one should be just as good. Bus trips that far don't happen too often, so take advantage of it this year.

I wish to thank those who showed up for the highway cleanup. Our section of road is nice and tidy now.

And thanks to the crew who designed and set up our booth at Ski Fair. Thanks to **Chuck** for saving all our historical photos and for booth setup. And **Emilio** for printing and setup. **Jaxine Harris** did a nice collage out of old magazine photos. **Nancy Pratt** brought some equipment that her father used. And thanks to **Terry Swan** for manning the booth all evening.

Anyone see the **rope tow grip**? If you didn't, it will be at the Kick Off party. Rope tows: the original detachable lift. - Kurt

Mt. High Membership



It's time to renew your club membership! Please use our

Membership Signup form. You can find it on our FORMS & DOCS page on our web site.

You can renew by mail, but it's best to do it in person, so we can give you your membership card. and there is only one more opportunity for that: at the **Mt. High Kickoff Party**, this Thursday, Nov. 15, at Gray Gables Estates, 3009 SE Chestnut Street, Milwaukie, 6:30 - 9:00 pm.



People wearing a racing bib at the party are PACRAT racers or team captains whose teams need a few more people.

If you are interested in joining a team, please approach these people during the party.

Note the color code. Our club is blue. 2012-2013 CALENDAR Blue: **Mountain High events** Red: NWSCC / FWSA / Multi-club **Black:** General events Nov. 2 - 4: Ski Show Expo Center Nov. 5 (Mon): Ski Fair PDX Holiday Inn Nov. 15 (Thr): Mt High Kickoff Party Dec. 6–12: Ski Vail Cabernet/NWSCC Dec. 19 (Wed.): PACRAT bib pickup Jan. 6 (Sat.): NASTAR race - Skibowl Jan. 12 (Sat.): "Something New" day trip - Meadows Jan.13 (Sun): PACRAT Race 1 Meadows Jan. 18–21, 2013: Mt. High Idaho bus trip (Brundage Mt. & Tamarack) Jan. 22 - 27: Park City Sundance trip Jan. 26 (Sat.): "Something New" day trip - Skibowl Jan.27 (Sun.): PACRAT Race 2 Skibowl Feb. 2-9: FWSA Ski Week in Aspen. Feb. 10 (Sun): PACRAT Race 3: Skibowl Feb. 16 (Sat.): Hoodoo day trip Feb. 22 - Mar. 1: Mt. High Utah trip (Powder Mt. & Snowbasin) Feb. 24 - Mar. 2: Lake Tahoe sampler --Bergfreunde/NWSCC trip Mar. 1-2 (Fri-Sat.): Hope on the Slopes Mar. 2 (Sat.): NASTAR race - Skibowl Mar. 2-10: FWSA International Ski Week: Innsbruck Mar. 10-11 (Sun-Mon): Oregon **Cancer Ski Out - Meadows** Mar. 16 (Sat.): White Pass day trip Mar. 23-30 : Mt. High Canada trip Red Mt., Whitewater, 49° North Mar. 25-30: FWSA mini ski week Bachelor Mar. 31 (Sun): PACRAT Race 5: Timberline Apr. 13 (Sat.): Ski to Defeat ALS Meadows Apr. 26–28: Mt. Bachelor Springtacular

Recent Events

SNOWSPORT CLUB

Highway Cleanup

October 13, 2012. We got a decent turnout, despite the overcast skies and a rainy day both the day before and the day after. The road was wet this morning, but it didn't rain. Twelve people spent 2 hours filling up 22 large bags of trash, so we can all be proud of the 2 miles of Highway 26 just before Government Camp, mileposts 51 - 53. We then had lunch at the Ice Axe brew pub.





Mt. High

Warren Miller dinner + movie

October 26, 2012 (Friday) - About 62 of us came to see the latest film in the Warren Miller series. This one was called "Flow State" and it was a good one. The music was great. Nice song about "Go to Alaska". Maybe too much helicopter skiing throughout the movie. All those remote locations pretty much demanded helicopters.

About 30 people showed up for dinner. Thanks to **John Davis** for the photos, and also for inviting mayor **Sam Adams** to our table for a few minutes!





See more photos at <u>www.mthigh.org/Photos.htm</u>.

Recent Events

SNOWSPORT CLUB

Ski Fever & Snowboard Show

November 2-4, 2012. The annual Ski Show at the Expo Center was perfect for buying clothing or gear at great discounts, even though the admission fee has risen to \$13 per person plus \$8 for parking. Gordon Lusk was manning the Atomic booth, and we saw Dexter Hill, Gary Gunderson and Laicina Canham at the Hillcrest Sports booth. The NWSCC booth had flyers from local ski clubs and also distributed the latest NW Skiers' Directory, hot off the press.



and Mary Olhausen



NWSCC, Mt. High

Ski Fair

November 5, 2012 (Monday) Each ski club had a booth here. PACRAT racers had their booth too. Several new people joined the club, and some renewed their membership. The Ski Fair's theme was "Ski History" and our booth looked like a ski museum. We even dressed up in old ski clothes (Did anybody notice that?).







 Above: Jack Millner, Terry White, Larry Bennett at the Mountain High history exhibit.
 Left: Henry Bendinelli, Sally Plympton, Patty and Gerry Ignatowski at the Mt. Hood Ski Kats booth.

See more photos at <u>www.mthigh.org/Photos.htm</u>.

Ski Area News

Lift Lines 143, November 2012

SNOWSPORT CLUB

Winter is here!

Winter has arrived suddenly. After a very warm summer, temperatures suddenly dropped and snow started falling in late October. Several ski areas around the US are already open, and many others will open before the end of November.

Powder Mt., Utah, will open on November 21.

On **Mt. Hood**, as of November 11, there are already 6" - 13" of snow and another foot is expected soon. Ski areas will open when there is about 3 feet of settled snow base.

Big White & Silver Star

Big White and **Silver Star** resorts in British Columbia used to be under the same management. But not any more.

The owner has died and his children disagree on how to run the ski areas, so each is running their own resort now and the lift tickets are not shareable any more.

Season Passes

You can still purchase a ski area pass, but it will cost you more Prices went up on November 4. The Ski Fair was the last opportunity to get the lower prices. Remember this for next year.

Also, remember that all ski areas will be offering **Spring Passes** valid for March, April and May for just a little over \$100. Now, that's a deal!

If you missed out on purchasing a season pass, it might be some consolation to remember that some people call season passes "dog collars" that tie you down to just one place.

6 ski areas for Mt. High

Mountain High members have an advantage in the **NW Ski Challenge**. Our **Idaho** trip will visit 3 ski areas, and the **Canada** trip will visit another 3. By participating in these trips, you will have 6 ski areas under your belt. Add just one more local one and you have the needed minimum of 7 to participate in the challenge.

49° North Gets Bigger & Better

49° North Mountain Resort has completed the new chairlift on Angel Peak. The new lift is 4,336' long, spanning 1,144 vertical feet. It is the result of combining material from two older chairlifts from **Copper Mt.**, Colorado and from **Brighton** ski area, Utah.

In the summer of 2013, a new three stories Mid-Mountain Lodge will be built.

Alpine Meadows & Squaw

Alpine Meadows and Squaw Valley have merged. New lifts to connect the two areas are feasible in the future, but for now, lift tickets will be shareable and a shuttle bus will connect the two ski resorts.

Season pass holders will have access to both resorts.. Starting at \$429 for adults, the Tahoe Super Pass offers season-long access to 6,000 acres, 43 lifts and over 270 trails at Squaw Valley and Alpine Meadows.



More info on our Council's web site: **www.nwskiers.org**. Also, see the **Articles** page on the Mt. High web site for several articles documenting some of the previous Ski Challenges.

Trip price comparisons

How expensive is a ski trip? How can we compare trip prices? Some trips include everything while other trips don't include lift tickets or transportation.

The best way to compare trips is to add up ALL the trip costs (lodging, lift tickets, and transportation) and then divide the total by the number of ski days, or by the number of lodging nights. The result will differ because some trips have additional non-skiing days, usually at the front and back end, while on some trips the number of days and nighs is the same.

Some 10 years ago, or more, the average inexpensive trip cost about \$100 per day (with everything included). Today, anything under \$150 per day is a good price.

In making the comparisons in the included table, we had to make some assumptions for trips that don't include everything. If the "Additional Cost" column says \$0, it means the trip already includes everything. If an additional cost is listed, it's the result of some guessing and some estimates. This is very approximate.

For trips involving car driving, the mileage to the resort was obtained from a Google map, and additional miles were added to reflect multiple trips between the lodgings and the ski area. We estimated a car getting 22 mpg and a cost of \$3.50 per gallon, shared between 2 people.

For trips involving airfare, we either added the additional airfare cost as listed in the trip flyer, or we made an estimate of the best possible airfare price.

The hardest estimates were for trips that don't include lift tickets, such as the Tahoe trip. Again, we made some rough estimates, but a lot depends on what sort of discounts the trip participants may find.

The first two trips listed are not a fair comparison with others, because they are day trips with no lodging costs.

Our Utah trip turned out to be the least expensive, because it is based on a large 10-person condo, where lodging per person is very affordable. We assumed 2 single people in a room, but different people will pay a different price, depending on the room they choose.

The Canada trip assumes a day of rest in the middle of the week, which raises the average price per ski day, but one could ski that day too, and thus lower the average price per day.

Not surprisingly, the costliest trip is the one to Europe.

		ADDITIONAL	SKI	LODG.	COST PER	COSTPER
TRIP	PRICE	COSTS	DAYS	NIGHTS	SKI DAY	NIGHT
Hoodoo day trip, Feb. 16	\$80	\$0	1	0	\$80	N/A
White Pass day trip, Mar. 16	\$95	\$0	1	0	\$95	N/A
Utah trip, Feb. 22 – Mar. 1 1624 miles = 74 gallons =\$129 pp. 5xPowderMt=\$260 + 2xSnowbasin=\$120	\$250	\$509	7	7	\$108	\$108
Idaho bus trip, Jan. 18 – 21 Breakfasts + 1 lunch + 1 dinner included.	\$379	\$0	3	3	\$126	\$126
Canada Powder trip, Mar. 23-30 1300 miles = 59 gallons =\$103 pp.	\$725	\$103	5	6	\$166	\$138
Canada Powder + optional 7 th day Lodging + lift ticket = \$70	\$795	\$103	6	7	\$150	\$128
Lake Tahoe Sampler, Feb. 24 – Mar. 2 Dinner cruise included. 1322 miles = 60 gallons =\$105 pp. 5 lift tickets, approximately =\$336	\$318	\$441	5	6	\$152	\$127
Vail trip with Cabernet club, Dec.6-12	\$1,100	\$0	4	6	\$275	\$183
Park City with Cabernet club, Jan.22-27	\$1,175	\$0	4	5	\$294	\$235
FWSA Ski Week Aspen, Feb. 2-9 A dinner, apres parties & 3 races included Airfare approximately \$300	\$1,365	\$300	5	7	\$333	\$238
FWSA Innsbruck, Austria, Mar. 2-10 Breakfasts and dinners all included. 5 day lift tix are additional approx. \$171 Airfare from San Francisco or LA 1,085 Additional airfare to SF or LA approx. \$250	\$965	\$1,506	5	7	\$494	\$353

SNOWSPORT CLUB

MOUNTAIN HIGH

Upcoming Events

Make The Most of Your Membership

To make the most of your Mountain High club membership, you need to participate in as many events and activities as possible. This includes: Trips, Racing, and Parties, but also the use of our web site, online communications, and more.

TRIPS: Sign up for at least one trip. They are fun. Visit other ski areas with us, and meet other club members. There's no better way to get to know other people than to travel, eat, ski and hot tub with them.

RACING: You might not think of yourself as a racer, but give it a try. It's a very social activity. You become part of a 10-person team, you can ski with them in between races, and there's always a party at the end of each race day.

PARTIES: We have a social event at least once a month. We have regular annual events, such as the Seafood party, the Chocolate party, the Picnic, Pizza parties, and more. All you need to do is show up. Free food and great company. How much better can life get?

WEB SITE: Our web site is a great multi-purpose tool. Use it. Check out our calendar of events, see the upcoming trips, see our photos and videos of past events. Check out our Safety page, and our Vision for the 21st century. Use our Bulletin Board to sell and buy stuff, or to put out some information. See links to 147 western ski areas, listed by State.

FORUM: Communicate with other club members by joining our online Forum. This doesn't happen automatically. You have to click on the Forum button on our web site, and click on "Join this Group" - since the Forum is really just a Google Group. Provide a name and your email address. Then you can start posting messages.

Any message posted in our Forum is both published on the Forum and also emailed to all the other Forum members. Once you have joined the Forum, you don't even need to go online to leave a message. Just send an email to the whole group by emailing: <u>MtHigh@googlegroups.com</u> (for the whole club), or to: <u>MtHigh-midweek@googlegroups.com</u> (for mid-week skiers), and your message will automatically be sent to everyone who has joined the Forum.

MEMBERSHIP CARDS: We don't normally mail out membership cards to everyone. It's simply a lot of work and we are all volunteers. So, we ask you to pick up your membership card in person at the annual Kickoff Party. Only if you really cannot come to the party and you really need your membership card, we will mail it to you upon request. Please send your request to our Membership Director: **Terry Swan**, **swans761@juno.com**.

Mt. High wall calendar



Follow the link on our home page to print out your own 15-month wall callendar for Oct. 2012 – Dec. 2013.

The calendar is meant to be printed 2-sided, then folded in half, and stapled in the middle. Then punch a hole at the top to hang it on a wall.

You can download the PDF file and do it yourself.

Or you can ask Emilio to print, fold, staple and punch a calendar for you, for a small fee:

a) Letter size paper folded in half = \$5b) Tabloid size paper folded in half = \$10

Make check payable to **Emilio Trampuz** and mail it to: Emilio Trampuz, 4742 Liberty Rd. S., #296, Salem, OR 97302.

If you do it in time, the calendar could be delivered to you either at the Mt. High Kickoff Party.

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Steve Piazza PACRAT race at	ML Hood Meadev	vs		Madison	Chandle
Steve Plazza PACRAT race at www.mthigh.org	Jan	uary 2	013 ^{Taradey}	Madison (Chandl
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Upcoming Events

SNOWSPORT CLUB

Mt.High

Mt. High Kickoff Party + Mini Ski Swap



Location: Gray Gables Estate. See MAP. 3009 SE Chestnut Street, Milwaukie. Not far from the World War II plane.

More info on our web site: www.mthigh.org/#Kickoff Party



People wearing a racing bib at the party are PACRAT racers or team captains whose team needs a few more people. If you are interested in joining

a team, please approach these people during the party.

DRIVING DIRECTIONS

* **From the north:** Take McLoughlin Blvd. south, 1 mile past downtown Milwaukie.

Go past the traffic lights at SE Courtney Ave. Just one more block.

Turn left (east) onto Chestnut St. Gray Gables will be on your left.

* **From the south:** Take McLoughlin Blvd., abt. 4 miles north of I-205 at Oregon City.

After a slight curve to the right, go past Maple St. Just one more block.

Turn right (east) onto Chestnut St. Gray Gables will be on your left.

November 15 (Thursday), 6:30 - 9:00 pm.

Our biggest party of the year, marking the start of a new ski season. Come enjoy the following:

- * Free food and drinks, and door prizes.
- * Meet your fellow club members.
- * Renew your membership (\$25 singles; \$40 couples)
- * Sign up for trips.
- * Join a PACRAT racing team.
- * Bring a friend.

* MINI SWAP: Bring something to sell or swap. We'll have a mini ski swap, just like the one that developed spontaneously last 2 years. Bring skis, jackets, etc.





The main parking lot is off of Chestnut Street, and there is also street parking there. But there is also additional parking off of McLaughlin Blvd.

Recreational Racing

SNOWSPORT CLUB

PACRAT News

Pacific NW Area Clubs Recreational Alpine Teams



Bruce Ellison Mt. High Racing Director

Come join one of our 10-person teams and run some gates on a GS course.

We race on five Sundays each winter at Mt. Hood ski areas. The afternoon after each race we have a dinner and drawing for prizes donated by our sponsors. It's so much fun that there are folks who've been doing it for 20 years or more. If you're interested in trying this out this winter please

check out www.mthigh.org/Racing.htm.

Each year some of our skiers also go to the Far West Ski Racing Association **Championship races**.

If you haven't been assigned to a team yet, contact us. Most teams end up with an opening or two, and we can always start a new team! If you want to race, contact Bruce: <u>Yuffiet@comcast.net</u> or: 503-697-7892.

How it Works: Details & Deadlines

1. Each racer should send to their team captain the **<u>PACRAT entry form</u>** and the <u>**Liability Release form**</u>. Both forms are available on our web site.

2. Each racer should join the club (\$25) and pay the racing fee (\$95). The payments can be sent to the club: PO Box 2182, Portland, OR 97208. Or, you can send it to your team captain. But, in either case, please make check payable to **Mountain High**, and please enclose and sign the **Membership Signup form**.

3. By Nov. 26 (Monday, our monthly Board meeting). All team captains should send their PACRAT forms to our Racing Director, Bruce Ellison, as we need some time to cross-check all racing dues with our Treasurer. Our club will then make out one big check to PACRATs for all our racers.

4. Dec. 19 (Wednesday) -- Mandatory team captains' meeting, to pick up the racing bibs for their teams. Location: most likely at **The Mountain Shop**, 1510 NE 37th Ave, Portland OR 97232, starting at 6:00 pm.

5. Some teams gather socially for a "**bib decorating party**". Feel free to color your bibs if you like (optional). Otherwise, your team captain will distribute the bibs on the morning of our first race.

2012	2013 PACRAT Race Dates
Date	Location
Nov. 26 (Mon)	Mt. High teams signup deadline.
Dec. 1	Deadline to send all forms to Pacrats
Dec.19 (Wed)	Team captains meeting / bib pickup
January 13	Race 1: Mt. Hood Meadows
January 27	Race 2: Mt. Hood Skibowl
February 10	Race 3: Mt. Hood Skibowl
March 2	NASTAR Open race Mt. Hood Skibowl
March 17	Race 4: Mt. Hood Meadows
March 31	Race 5: Timberline
April 7	Make up race; only if a race is canceled
April 5-7	FWRA Championships, Mammoth Mt.
April 19 (Fri.)	Rat Attack Awards Party (TENTATIVE)
	Date Nov. 26 (Mon) Dec. 1 Dec.19 (Wed) January 13 January 27 February 10 March 2 March 17 March 31 April 7 April 5-7



Mt. High Team captains

In addition to sending in your racing fee, you also need to find a team to join. A list of team captains is posted on our web site **Racing** page, and also here:

Team captain Team name Alpha KB Mary Panza Avalanche Express Gary Gunderson **Bad Company** Steve Piazza **Chilled Brewskis Drooling Moose Rats Elaine Bock** Frosted Flakes Stevie Viaene Infra-Rats Bruce Ellison Lab Rats Lonny Schiller Samy Fouts Mixed Nuts Mt. Hoodlums Psychothermia **Rat Racers** Eric Ort Rattitudes Chris Wiley Schussing Shysters McCoy Smith Vertigo Madness Tom Cansler

Email address / Phone # skiermary69@hotmail.com ktgpdx@frontier.com spiazza@sapiazza.com LetsPlayOnTheMt@hotmail.com Brenda Becerra SeawitchPdx@aol.com stevie.viaene@gmail.com yuffiet@comcast.net jandjkarsten@msn.com samyfouts@comcast.net **Chuck Westergren** Chashisk@Yahoo.com Gary Gunderson ktgpdx@frontier.com eort@mail.com Chris2007@Yhuji.com McCoySmith@comcast.net tomcansler@qualitytank.com

Mt. High Day Trips

SNOWSPORT CLUB

n Day Trips

"Show Me Something New" Day Trips



During the coming winter we will have at least 5 simple day trips to the following 5 destinations: **Mt. Hood Meadows**, **Timberline**, **Mt. Hood Skibowl**, **Hoodoo**, and **White Pass**. The Mt. Hood days will be simple carpooling trips. But for **Hoodoo** and **White Pass**, we'll hire a bus

If there are enough of us at any of

these day trips, we could get discounted group lift tickets. For Hoodoo and White Pass this is practically guaranteed, but let's also keep this in mind for the less formal day trips to Mt. Hood ski areas.

The focus on these trips will be fun skiing, exploring, enjoying the sights, and showing each other new nooks and crannies we may not have noticed before.

Racers are welcome to join in on any of these non-race days. But, remember that the focus will be on skiing together as a group. Faster skiers are welcome to go ahead on their own, but we will commit to adjusting our speed to the slowest people in the group. Nobody will be left behind.

Oh and then in the Spring (March, April and May), we will again have those **out-of-bounds adventures** around Timberline. In addition to the usual canyons, we already have some other hidden stashes to show you.



Jan. 12 (Sat.): Mt. Hood Meadows Jan. 26 (Sat.): Mt. Hood Skibowl Apr. 20 (Sat.): Timberline canyons

These will be informal carpooling trips. We'll meet at **McDonald's** in **Sandy** around **7:15 - 7:30 am** and either drive in a caravan or arrange for some carpooling on the spot.

Or, meet us on the mountain just minutes before 9 am near the ticket office, ready to go skiing.

Or, contact us by 2-way radio on channel 6-19.



Hoodoo day trip

Feb. 16, 2013 (Saturday) A day trip including bus and lift ticket for only **\$80**. Meet the bus at the **Tualatin Park &**

Ride. which is at the Durham exit (one exit north of the Tualatin exit). Get on Lower Boones Ferry Road just west of the freeway, and turn left at the first traffic light.

Load the bus from 5:30 am. Depart at 6:00 am. At Hoodoo, the bus leaves at 4:30 pm. Arrive in Tualatin by 7 pm.

Trip leaders:

Sandra Smith, <u>sandra@pacifier.com</u>, 503-646-4591. Emilio Trampuz, <u>Emilio2000@earthlink.net</u>, 503-378-0171.

Please use the **Dough Transmittal form** to send in your \$80 payment to the club.

White Pass day trip



March 16, 2013 (Saturday)

A day trip including bus and lift ticket for only **\$95**.

This costs a bit more than Hoodoo

because White Pass is farther away and also has higher lift ticket prices. But remember that it recently doubled its skiable terrain!

Meet the bus at the **Gateway Transit Center**, near the junction of I-84 and I-205.

Load the bus from 5:30 am. Depart at 6:00 am. At White Pass, the bus leaves at 4:30 pm. Arrive in Portland by 7:30 pm.

Trip leaders: **Emilio Trampuz**, 503-378-0171, **Emilio2000@earthlink.net**, and

Linda McGavin, 503-652-2840, Trips@mthigh.org

Please use the **Dough Transmittal form** to send in your \$95 payment to the club.

MOUNTAIN HIGH

Trips

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SNOWSPORT CLUB

Cabernet club Vail

December 6-12, 2012

6 nights lodging, 4 days lift tickets, parties, more. Trip sponsored by Cabernet Ski & Sail Club. All members of NWSCC clubs are welcome. Included in the package:

- * Round trip air Portland to Vail and shuttle to Vail with a stop for groceries/adult beverages.
- * 6 nights' hotel accommodation at the recently renovated Landmark Tower West in Vail 3 bedroom/ 3 bathroom condos.
- * 4 day lift ticket good at Vail and Beaver Creek with free shuttle to Beaver Creek. (Also good at Keystone and Breckenridge but shuttle may be an issue) -- 5th day additional \$50.

Cost per person, double occupancy = **\$1,100** per person, including air. Price for seniors = \$1,075.

Payment schedule: \$600 deposit due now to reserve your spot, + \$500 due by October 16. Call immediately to not miss out on your flight.

Make your check payable to **Cabernet Ski Club,** and mail it to: **John Reinhardt,** 6105 SW Sheridan Street, Portland, OR97225. Contact: John Reinhardt, phone 503-330-3838, johnoreinhardt@hotmail.com.

Aspen Ski Week

FWSA

February 2-9, 2013

A full week of activities and racing in spectacular Aspen/Snowmass. For lodging, choose Aspen or Snowmass. Racing and most social events take place in Snowmass. Bus transportation between Aspen and Snowmass is frequent and free.

\$1,365 The Gant in Aspen, OR\$1,385 Crestwood Condos in Snowmass.

Price does NOT include air, but includes:

- * 7 nights lodging (double occupancy);
- * Welcome Party; Mountain Picnic;
- * Races
- * Pub Crawl specials (no-host)
- * Ski Week Banquet
- * Awards Après Ski Party
- * 5 of 7 day Lift Ticket

Contact:

BarbaraBousum, 503-224-3584, bbousum@gmail.com ChrisCiardi 503-297-5351, <u>c2blondie@hotmail.com</u> Mt. High Idaho bus trip

January 18-21, 2013 -- Our shortest trip this season! 3 nights lodging, 3 days lift tickets at 3 ski areas. The price includes lodging, lift tickets, bus transportation and a lunch on the way to Idaho. Trip leaders: Linda & Emilio.

We'll leave Portland on Friday morning, around 8 am, have lunch in Pendleton, and arrive in McCall, Idaho just in time for dinner. We will stay in McCall 2 nights and ski at:

Tamarack, the newest ski area in Idaho, just 17 minutes south of our hotel in McCall. 2,800' vertical, 900 acres, 2 high-speed quads (the 3rd one was taken away), plus a few minor beginner lifts.

Brundage Mt. is less than 10 minutes from our hotel. It has: 1,800' vertical, 1,500 acres, 1 high-speed quad and 4 fixed-grip triples.

On the way back home, we will stop for one more night (Sunday night) at Baker City, OR. We'll return to Portland on Monday (MLK Day), by 9 pm, after skiing at:

Anthony Lakes: The ski area with the highest base in Oregon, at 7,100'. It offers: 900' vertical, 1,100 acres, and the lightest powder in Oregon.

Cost per person, double occupancy = **\$379** per person. Price for those over 70: **\$25** less.

Payment schedule: \$100 deposit due now to reserve your spot.

Please use our **Dough Transmittal form** on our web site or the smaller version of it on page 11. Make your check payable to **Mountain High Snowsport Club**, and mail it to: **Mountain High**, PO Box 2182, Portland, OR 97208.

Contact:

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Linda McGavin, 503-652-2840, <u>Trips@mthigh.org</u> or EmilioTrampuz, 503-378-0171, <u>Emilio2000@earthlink.net</u>.



Much more info on these and other trips on our web site: <u>www.mthigh.org/Trips.htm</u>.

Mt.High Utah: Powder Mt. & Snowbasin 🚍 🖈



Feb. 22 - March 1, 2013 7 nights trip. Friday is travel day. We'll start skiing Saturday. On the last day, March 1, you will either spend the day driving home, or ski one more day and catch an evening flight home.

We will stay in Eden, 20 minutes from Ogden, 1:15 from the Salt Lake City airport.

Powder Mt. offers 2,000' vertical 5,500 acres.

Snowbasin hosted the Olympic Downhill in 2006. It has luxurious new lodges, 2,959' vertical. 2,800 acres.

The trip price includes 7 nights in a Luxury Condo and a pizza party. Lift tickets will be worked out later.

Couples Pricing (per bedroom for 2 people for a week):

- \$600 Master Suite with private bath (2 available)
- \$525 Queen Bedroom (3 available initially)

Singles Pricing (total price per bed for a week):

- \$325 Queen Bedroom (single supplement price)
- \$250 Twin Bed (2 available in loft)
- \$200 Sleeper Sofa (3 available)

Use **Dough Transmittal form** to send \$200 deposit. Full payment due by December 20. No refunds after December 20 unless you fill your spot. Trip leaders:

Linda McGavin, 503-652-2840, Trips@mthigh.org Gordy: 503-804-8363, GordyLusk@hotmail.com

Cabernet ski club

January 22-27, 2013

age includes:

~ 4 Days Skiing

Park City / Sundance Festival

~ 5 Nights Lodging Park City Peaks Hotel

2 days at Deer Valley Resort

Southwest Airlines *

Includes full buffet breakfast daily and

2 days at Park City Mountain Resort

~ Airfare from Portland to Salt Lake City via

*Based on air prices August 2012

Cookie Man freshly baked cookies each evening

Thurs.

- Hospitality room Sun, Mon. Fri.
- Legendary Wed. night dinner dance cruise on the M.S. Dixie II paddle wheeler
- A trip souvenir.

Lodging: at the Bluelake Inn, within a few blocks of the casinos and the Heavenly gondola. Each room has a refrigerator and microwave.

Skiing: We'll be playing it by ear and taking advantage of any lift ticket deals that are offered by the 16 different ski areas. We'll discuss our findings at a pre-trip meeting.

Contact: Bob Burns: 503-524-5261 (phone/fax), bob@inkjetman.com.

Make checks payble to Bergfreunde Ski Club. \$150 down, balance by January 2nd

Send payments to: Bob Burns, 9980 SW Citation Place Beaverton, OR 97008. Please include: Your name; club name; address; phone numbers; and email address.

~ Shuttle transportation round trip from SLC to Park City provided by Canyon Transportation Join the Cabernet Ski & Sail Club trip to Park City, Utah. Open to all NWSCC club members. Trip pack-~ Welcome party and Farewell event

> **Package price** is \$1,175.00* *Single occupancy add \$470. Without air deduct \$275

> Not included - tickets to Sundance Film Festival. We will provide options to attend the Festival to all participants.

Trip limited to 24 participants.

Initial deposit \$100 payable to Cabernet Ski & Sail Club. Mail to Steve Coxen, 19510 Suncrest Dr, West Linn, OR 97068. Contact stevecoxen@yahoo.com or 503.679.9022.

Bergfreunde Lake Tahoe Sampler



Trips

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Feb. 24 (Sun.) - Mar. 2 (Sat.). Mt. High members are invited to join this flexible carpooling trip.

SNOWSPORT CLUB

Cost: \$318 (ppdo, land only) includes:

- 6 nights lodging
- Group dinners Tues. and

page 12	Lift Lines 143, November 2012
MOUNTAIN HIGH	Trips SNOWSPORT CLUB
FWSA Bachelor Mini Ski Week 😝	Mt. High Canada Powder Hwy. (Red, White & You) 😝
 March 25-30, 2013 A shorter version of FWSA's Ski Week. Only 5 days instead of a whole week. Price: \$460 - \$495 includes: * 5 nights lodging at The Riverhouse * Welcome reception * Full breakfast daily * 3 or 4 day lift tickets * Last Tracks Apres Ski Party * Tubing Party, * Farewell Party (Transportation not included.) Contact: Glaria Paminha, EWS A Travel at: 	 March 23 - 30, 2013 - Red Mt., Whitewater, 49° North. 6 nights lodging, 5 days lift tickets at 2 ski areas in British Columbia. Red Mt. is famous for its powder, but Whitewater, just an hour north, gets even larger quantities of it. On Sat., March 23, we'll just drive and/or carpool up there. We'll spend 4 days and nights in the charming town of Nelson, B.C., just 15 minutes from the Whitewater ski area. 3 Whitewater lift tickets are included. 1 dinner is included. The 4th day is an optional day of relaxation. We might visit the Ainsworth Hot Springs, about 30 miles north of Nelson, on the shores of Kootenay Lake, or go ski again. Whitewater ski area gets 40 feet of snow annually, on 2,044' vertical, 1,184 acres, served by 1 triple chair and 2 double-chairs. As of 2010, the ski area doubled its size with the opening of the Glory Ridge chairlift. Ymir Peak towers
Contact: Gloria Raminha , FWSA Travel, at: <u>Fwsa.natravel@bak.rr.com</u> See <u>www.fwsa.org</u> for more details. Note: Don't confuse this trip with the Mt. Bach- elor Springtacular Blast at the end of April.	majestically over the ski area. Click here for a great <u>video</u> .
Springtacular BLASTImage: Spring	Red Mt., just north of the US border, near Rossland, we will ski for 2 days, staying in a motel in Rossland, just 2 miles away. Red. Mt. has 2,919' vertical, 4,200 acres, of which 1,685 are lift served by 1 quad, 2 triples, and 1 double chair. On the way back home, if you still have energy, there is an optional \$70 1-day ski package with lodging in the town of Chewellah, WA, and skiing at 49° North , where you can ring Ullr's bell for good luck and then ski the 7 deadly sins. 49° North is opening a new chair this season on Angel Peak.Price depends on your age and type of room.All prices are per personSenior (65-69)
king, biking, etc., with lots of flexibility, and also another chance to ski with the Legends, the original hot dogs of skiing, who can still	1 queen bed (double occupancy) \$695 \$620 \$480 2 beds per room (dbl. occupancy) \$725 \$650 \$510
the original hot dogs of skiing, who can still teach you a trick or two. All reservations will be made directly with ski.com.	 Deposit: \$100 will reserve your spot. Please use our Dough Transmittal form. Make check payable to Mountain High, and mail to: Mountain High, PO Box 2182, Portland, OR 97208. Linda McGavin, 503-652-2840, Trips@mthigh.org or Emilio Trampuz, 503-378-0171, Emilio2000@earthlink.net.

Much more info on these and other trips on our web site: www.mthigh.org/Trips.htm.

Lift Lines 143, November 2012

MOUNTAIN HIGH

Contacts / Club info

SNOWSPORT CLUB

Man & Woman of the Year

Our club's Man and Woman of the Year, Bruce Ellison and Debbi Kor, have been also selected as the Northwest Ski Club Council's Man and Woman of the Year, and have represented the Northwest at the FWSA Convention in Ogden in June.



Bruce Ellison



Mountain High Meeting

Last Monday of the month

Nov. 26 (Mon.): Open to all who want to get more involved with the club. Gather at 6:00 pm. Start at 6:30 pm.

Location: Round Table Pizza, 10070 SW Barbur Blvd., (near Capitol Hwy).

Mountain High snowsport club contacts:

Mountain High si	nowsport club c	contacts:		General info:
President:	Kurt Krueger	H: 503-625-1492,	President@mthigh.org	info@mthigh.org
Vice-President:	Terry White	H: 503-781-4558	TWhite223@msn.com	Web site:
Secretary:	Chris Brooks	H: 503-764-5323,	j <u>ruffman@al.com</u>	www.mthigh.org
Treasurer:	Nancy Pratt	H: 503-593-9427,	Treasurer@mthigh.org	www.inungn.org
Membership Director:	Terry Swan	H: 503-729-3435	<u>swans761@juno.com</u>	
Race Director:	Bruce Ellison	H: 503-697-7892,	Yuffiet@comcast.net	
Newsletter Editor:	Emilio Trampuz	H: 1-503-378-0171,	newsletter@mthigh.org	
Social Activities:	Debbi Kor	H: 503-314-7078,	ijustwannarun1@comcast.net	
Golf:	Cal Eddy	H: 503-631-3115,	W: 503-805-8606, <u>baebaw@cc</u>	<u>gmail.net</u>
Hiking:	Elisabeth Fontaine	H: 503-524-5774,	Lise518@msn.com	
Mid-week skiing:	Ken Brundidge	H: 503-720-0620,	KenBrundidge@comcast.net	
Trip Director:	Linda McGavin	H: 503-652-2840,	Trips@mthigh.org	
Trip Leader:	Gordon Lusk	H: 503-804-8363,	GordyLusk@hotmail.com	_

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY:	[] New membership	[]Renewal	By joining the Mountain High Snowsport Club, I acknowl am responsible for my own safety and conduct. I hereby a bound by all Mountain High Snowsport Club bylaws and r		and conduct. I hereby agree to be
Name(s):			includingthe	Trip Cancellation Poli	cy. I hereby release Mountain High gents (officers, directors, trip cap-
			tains, and an injury, prope	y other Club represen rty damage, or any oth	tatives) from liability for personal ner liability of any kind connected
Phone (Hm):	Phone (Wk):		to indemnify	and hold the Ćlub and	lated activity. Furthermore, I agree any of their agents harmless from
Email (Hm):	Email (Wk):		 any and all liabilities of any kind which may be incurred against the Club or any of their agents in any way rela negligence or willful misconduct connected with my pa in the club's activities. 		
Email Preferences: [] No changes (same as last year)	- Newsletter (once a month): [- Club news & events (betwo - Other ski news (NWSCC, FWSA, ski	een newsletters): areas, trips): [] y	[]yes es []no	[]no)
-	- Is it OK to share your email address				
	ey, and apply it toward the follo				Paid in full?
	ship (Oct. 1, 2012 - Sept. 2013): Sin	igle (\$25); couple	(\$40)	\$	
	2013) \$95 for the whole season			\$	
Idaho trip (Jan. 18	8-21, 2013). Deposit \$100. Total: \$379	. Over 70: \$354. due	e by Dec. 15	.\$	
Utah trip (Feb. 22	- March 1). Dep. \$200. Singles: \$200-\$	\$325, Couples: \$525	or \$600	\$	
Canada trip (Mar.	23-30). Dep. \$100. Total: \$695 (1 bed)). or: \$725 (2 beds) b	y Feb.20		
Canada trip (Mar.3	30) Optional last night in Chewellah &	lift ticket at 49° No	rth = \$70		
	: (Feb. 16) Most likely \$80 - to be confi				
	rip: (Mar. 16) Most likely \$95 -to be co				
				\$	
_	you are paying. Roommate requests,): _			т	
Signature(s):				Date:	
Signature(s):				Date:	
	tion policy on our web sites http://			nte/Trin Con	collation Doligy ndf

See our Trips cancellation policy on our web site: http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf

Club membership = 322 Newsletter Distribution

The November 2012 issue is posted on our web site. Also: **386** copies sent via email (as PDF files) **24** paper printed copies sent via US Mail.

Copies are sent to potential members, other clubs, etc.. **Please help us minimize the cost of** mailing paper copies. **Send your email address** to: <u>newsletter@mthigh.org</u>.

Fundraisers, Good karma



Mar. 1- 2, 2013: <u>Hope on the Slopes</u>, a 24 hour ski challenge and fundraiser for the American Cancer Society, held at Mt. Hood Skibowl Friday afternoon - Saturday morning.

- Mar. 10 11, 2013: Oregon Cancer Ski Out, a fun 2-day event (Sunday & Monday) at Mt. Hood Meadows. Teams of 5 compete for best consistency (not speed).
- Apr. 13 (Sat.), 2013: <u>Ski to Defeat ALS</u>, a fund raiser for ALS (Lou Gehrig's Disease). Inspired by Fred Noble, held at Mt. Hood Meadows.

Emilio Trampuz Mountain High Newsletter editor 4742 Liberty Rd. S., #296 Salem, OR 97302

Please check our web site, www.mthigh.org for updates.

For Sale on Bulletin Board

Check out recent items posted on our Bulletin Board.

- 1. Mt. Hood Meadows ski locker rental for the new ski season. \$360. Call: 503-880-5561.
- 2. New Hart skis with Look bindings, just \$225. New Fischer Soma Ski Boots, just \$125. Call or Text George 503 943-9515.

See details and other items on our Bulletin Board: <u>http://www.mthigh.org/BulletinBoard.htm</u>

NOTE: The Charitable fund-raisers listed on the left are not just fund-raisers. They are also a lot of fun. Each event provides something special. Check out the details on our Mountain High web site.

NW Ski Club Council

NWSCC meetings are held the 3rd Wednesday QUARTERLY in 2012. As of 2013, meetings will be held bi-monthly (February, April, June, August, October, December); the location may vary, so check the NWSCC website. These meetings are open and participation by club members is encouraged. Next meeting is Wednesday, December 19, 2012.

