



From the Prez

Hi again; I know we are all just waiting for Snow to fall after the 100 plus week we have gone through. Enough of this heat. A positive thought is that at our August 1st meeting we are planning some great winter events. Emilio is planning his "MYSTERY trip" where noone knows where we are going but him and everyone has a great time. Other ski trips are being planed, along

with a Wine tour to Yakima in September. See details inside our Award winning Lift Lines.

We are sooo lucky to have such great support and ideas from our board and others at the meetings. Come to the next meeting and get involved, remember, "You only get back what you put in". I can't thank everyone that attended our last meeting enough for helping to create "the best ski club ever". Your participation is so valuable. We have over 50 people rafting this year and that will enjoy Lou's-"Q" BBQ dinner Sat. night on the Deschutes river trip.

Mt. High is making donations to the **US Ski Team** and the **Mt. Hood Cultural Museum** event in September.

See you at the picnic or Raft trip and enjoy your summer. Snow will fly early enough...

Your Prez. Gordy Lusk



Golf

We are going to cancel golf for the month of August due to the activities with the club.

We will put something together in September. Thanks, Cal

Picnic & Bike ride



Aug. 16, 2009. Turn to August on our Mountain High wall

calendar, and you'll see it's time for our annual picnic at 11 am, preceded by a bike ride, at 9 am.

See details on page 3.

See you at Sellwood Park!

Rafting & Wining



Aug. 20 - 22, 2009. Maupin. **50** people have

signed up for our Rafting weekend on the Deschutes River.

The next event to keep in mind is our weekend **Wine Tour, September 25-27**, visiting the Yakima valley vineyards.

The Hot Summer Issue

Mt. High Picnic:p. 2.Rafting Weekend:pp. 3 - 4Wine Tour Yakima Valley:p. 5Flicks on Bricks, New memb.p. 6NWSCC + FWSA:pp. 7 - 8Ski Pole Rescue Hike:pp. 9 - 10

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Note the color code. Our club is blue.				
2009 CALENDAR				
Blue:Mountain High eventsRed:NWSCC / FWSA eventsBlack:General events				
Aug. 7 (Fri.): Flicks on the Bricks at dusk				
Aug 16 (Sun.): Mt. High Picnic.				
Aug 20-22: Mt. High Rafting. Deschutes River, Maupin, OR.				
Sept. 19 Sat.): NWSCC 30th Anniverary Party, 6 pm.				
Sep. 25-27: (Fri-Sun) Mt. High				
Yakima Valley Wine Tour				
Oct. 30-31: (Fri-Sun) Warren Miller				
Nov. 6-8: (Fri-Sun) Portland Ski Fever & Snowboard Show, the Expo Ctr.				
Nov. 9 (Mon.): Ski Fair				
Dec. 10-13: (Fri-Sun) NWSCC trip to Utah? (Still tentative)				
Jan. 15-18: (Fri-Mon) Mt. High Mystery bus trip				
Feb. 17-20: (Wed-Sun) Train trip to Whitefish, MT. (Big Mountain)				
Mar. 13-20: Fernie/Kimberley (Canada)				
Mar. 27-31: Heavenly/Tahoe trip.				
Apr. 2 - 7: Canada Ski Safari				

Lift Lines 104, Aug 2009

Mt.High

MOUNTAIN HIGH

Upcoming Events

SNOWSPORT CLUB

Picnic



August 16, (Sunday). Click here for <u>map</u> on our website. Place: **Sellwood Park,** Picnic area A

- 9 am -- Bike ride, from lower parking lot, near the river. See map.
- 11 am -- Picnic starts
- 12 (noon) 1 pm -- Softball (first 45 mins. for adults only)

Note: the first 45 minutes on the softball court will be reserved for adults only.

A variety of specialty gourmet sausages will be provided by the club, but it's mostly a **potluck**. So, bring some food, some drinks, and maybe some chairs.

Directions: Immediately after crossing the Sellwood bridge (if coming from the west), turn left onto **6th Ave.**, and immediately start looking for parking spot. Enter the park on foot by following **SE Grand Avenue** (from the south), and follow the path for abt. 100 yards. Our picnic area is on the left side of the path. See map. "Not being able to find us" is not a valid excuse!!!





Mt.High

MOUNTAIN HIGH

Deschutes River Raft Weekend

Rafting

CLUB



Aug 21-23, 2008. This has become an annual tradition for our club. A weekend of rafting and frolicking in the sun on the Deschutes River at Maupin, Oregon.

SNOWSPORT

Contact Gordy: 503-804-8363 or <u>GordyLusk@hotmail.</u> Reservation & payment must be received by July 15. (or don't show up). Cancelation Date is August 1st.

Trip includes:

<u>Camping</u>: Thursday, Friday and Saturday night in Maupin City Park. Camp sites at new location (see next page). RV space available for an additional \$20.00 a night.

<u>Rafting:</u> (Row, Paddle or just ride) Friday and Saturday. We'll provide the rafts.

Saturday night dinner: Lou's- Q will cook chicken pork ribs and BBQ beans on Saturday only, but bring a salad, dessert or HDO for Sat. dinner. For other times, bring your own food and drinks. Also, bring quarters for the showers!

<u>Camp, raft, dinner = \$90.00 pp,</u> (Non-members \$105.00) To sign up, please use the Dough Transmittal form, page 11 or print the form from our web site. See the **Forms** page.









TRIPINCLUDES:

We will leave Portland on a luxury motor limo provided by *LMI Limousines Inc*. on Friday afternoon around 4:30 to arrive in Yakima at 8;00. For the trip up, you will need to bring a bottle of Washington Red wine in a paper bag for the BLIND JUDGING and prizes for the winners and an hors d'oeuvre or snack to share with others. Mt. High will furnish soft drinks water and some snacks. We will be staying 2 nights at the Quality Inn in Zillah, WA (heart of the wine area). Price is based on double occupancy (call for other arrangements or for a smoking room).

Saturday we will start our tasting at Bonair Winery and go from there to 4 or 5 other exciting wineries throughout the day. Saturday night there are restaurants nearby or we could arrange a potluck. Sunday we will visit more wineries for tasting and be back in Portland around 4:00.

This is a great area for those who enjoy quality wines at a great price, camaraderie with old and new friends. The wineries we visited had exceptional quality for the dollar. Join us for a fun weekend...



Club news

SNOWSPORT CLUB

Flicks on the Bricks



Hey Everybody, it's summertime, and time to enjoy the great Northwest evenings outdoors.

Anyone who would like to join fellow Mt Highers, come and let's enjoy the evening together.

Friday, August 7th, Pioneer Square at dusk is Flicks on the Bricks. There's free popcorn and the classic movie "Jurassic Park". The movie starts at dusk.

Hope to see you there

Debbi Activities@mthigh.org

PASSPORT

Passport Required

If you travel outside the US, including winter trips to Canada, you will need a passport. See: www.mthigh.org/Articles/ Passports.htm

You may have several incentives to cross the border this Winter, including:

a) The Whistler Cabin trip in January.

b) The Winter Olympics in February

c) Our Fernie/Kimberley trip in March

d) Our **Canada Ski Safari** in April.

So, be prepared. Make sure your passport hasn't expired. Or get one if you don't have it.

Welcome New Members (who joined us in 2008/2009) - Sorted by first name

A warm welcome to new members who have joined us in the last vear or so.We apologize for

not having listed any of our new members in a little over a year.

Aaron Anderson Alan Stratton Amy Pate Andrea Cansler Ann Gormley Ann K. Armstrong Colin Brandt **Annette Dincelli Anthony Pate Bari Swartz Betsy Marchand Bill Clare Bob Hess Brad Greenwald Brad Nase Brett Touchette Bruce McCracken Bruce Parshall Bruce Pearson**

Carol Kersley Cheryl Lynn "Charlie" Ritchie **Chris Fisher Cid Pennicooke Constance Turton Jody Savara Dan Burnett Darrel Richardson John Snodgrass Dave Norbury David Papworth Dennis Scog Diana Cantwell Diana Pearce Diane Girard Donna Touchette Doug Freiley Dustin Miller**

Edit Szekersova Eric Todd Baumann Kris Weldon **Farzin Ghezel** Gary M. Van Arsdall Larry L. Marsh **Grant Fitzpatrick Grant Westenberg** GregMaxwell-Muir Lois Kenan **James Anderson** Jan Thingvold **Jeanne Nyquist Jeffrey J. Buckley** Jenny Anderson **Jerry Fitzpatrick** John Barton **Joseph Zander** Joshua Ray Morris **Joy Schmieg Joyce Boss Julie Barton Julie Yang** Karen Ashley **Kathy Blachly Ken Antone**

Kit Wiley Kristine Canham Linda Shanley Lisa Diercksen Lynn Norbury **Mariya Pustovit Mark Milnes Martin Hecht** Mary E. Taylor **Maureen Musser** Melinda Alexandre Melissa Wilson Michael Mockovak Michelle McCracken Stan Gass **Nancy Pratt Peter Troy Phil Sylla Rachel Carillo Reed Clarke Richard Poludniak Richard D. Horner Rick Crawford**

Rita MacDonald Rob Taylor Robert Burns Rod Barker Ron Jones Ron Piazza Russell Perkins Sally Niedermeyer Sandra Kaufman **Sandra Pointer Scott Firstenburg Scott Stepan Sean Tyler** Shaun Boehle **Sheri Cansler Sheryl Feuz Stephen Kingsbury Susan Anderson** Susan Ottersen **Suzanne Tyler** Sylvia de Lacy **Tammy Coxen Thomas Hiller Tom Cansler Troy Scott Bowman**

WELCOME TO THE CLUB!

If your name is mis-spelled, or if you can't find it here, please notify Emilio: info@mthigh.org, 503-378-0171.

MOUNTAIN HIGH

NW Ski Club Council

SNOWSPORT

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CLUB

NWSCC Board 2009

If you read the July issue of the NWSCC Newsletter (which we email to everyone who has an email address), you already know that the current Board, elected in June 2009, consists of:



Educational Outreach & Webmaster: John Jessen



Membership Colleen Walter







Historian:

Norvin Peer

Commercial Memb. Jessica Lee



Communications Linda McGavin

NWSCC 30th Anniversary Party

"Mountains of Memories"

Sept. 19, 2009 (Saturday): 6:00 pm.

Celebrating "MOUNTAINS OF MEMORIES" with the Northwest Ski Club Council.

Location: Montgomery Park.

Included: * Yummy eats, 2 drink tickets/person,

- * Special guest: PHIL MAHRE !!!
- * Dancing to music of Randy Free,
- * Oral and Silent auction benefitting the Mt. Hood Museum, including trips to Vail, Sun Valley and Maui.
- * Special "ballet on skis" production by the Jefferson Dancers

Seeing **Phil Mahre** will be a special treat all by itself. The twin brothers, Phil and Steve Mahre grew up at the White Pass ski area, where their father Dave Mahre was the mountain manager. Phil won 27 World Cup races in his career.

In 1980, Phil won the Silver medal in Slalom at the Winter Olympics in Lake Placid, just behind the legendary Ingemar Stenmark.

In 1984. Phil won the Gold medal in Slalom at the Winter Olympics in Sarajevo, Bosnia (formerly part of Yugoslavia). The Silver medal was won by his twin brother Steve Mahre.

So, come enjoy some good food, good company, an entertaining perfomance entitled "Skia", and rub elbows with Phil Mahre. Tell him our club recently had a ski trip to his home ski area: White Pass, WA.

Price: \$65 per person. Limited quantity of tickets are available due to space. Buy your tickets NOW!! Tickets are available from NWSCC Board members and will also be available at the Mt. Hood Museum (Govt. Camp). If they are purchased through the museum, credit cards are accepted. Just call the Museum at 503-272-3301.

To get tickets from NWSCC Board Members, you will need cash or a check made payable to the NW Ski Club Council.

For tickets, contact: Sheri Parshall, <u>cougskier@aol.com</u> or Debbi Kor, <u>ijustwannarun1@comcast.net</u> or Gordon Lusk, <u>GordyLusl@hotmail.com</u> MOUNTAIN HIGH

Northwest, Far West

SNOWSPORT CLUB

Mt. Hood Museum Heritage Day



Heritage Day is an annual celebration of the history of Mt. Hood, and is usually marked by a series of events around the

Mt. Hood Museum, tours of Government Camp, a vintage car competition, and more.

This year, the Museum & Cultural Center has decided to support the NWSCC's 30th Anniversary Celebration in place of the Heritage Day.

The Mt. Hood Museum & Cultural Center will be the beneficiary of the proceeds from the Auction held at the 30th Anniversary Party. These funds will be used for numerous improvements at the Museum, such as:

- a) Adding an elevator for ADA accessibility to all 9,000 square feet of floor space.
- b) Creating more space for exhibits.
- c) The addition of a new "Clubhouse" gallery, which will showcase all the outdoor clubs that have called Mt. Hood home. Each club will have exhibit space to showcase their club's history.
- d) Expansion of the Museum's office and store.

So, remember, you can help the Mt. Hood Museum by attending the NWSCC 30th Anniversary event, and participating in the Auction (which will include trips to Vail, Sun Valley and Maui) . See page 7 for details.

Also, remember to visit the Museum when in Government Camp. It is located just a few houses up the road from Huckleberry Inn (on the opposite side of the road). See: <u>www.mthoodmuseum.org</u>.

NWSCC Appreciation Night

The **Northwest Ski Club Council** (NWSCC) normally meets on the 3rd Wednesday of every month, at 6:00 pm, at the Buffalo Gap, 6835 SW Macadam Ave. Portland. But August is an exception.

On **Wednesday**, **August 19th**, a special meeting, called the "Appreciation Night", will be held at the home of Sheri and Dale Parshall, in Fairview, Oregon. All clubs should send their representatives to this meeting. See: <u>www.nwskiers.org/newsletter/indexMeeting.htm</u>

Far West (FWSA) Travel

• **2009 Baltic Cruise, Scandinavia and Russia** September 13-23 on board the Princess Cruise line's Emerald Princess 17—24. For more information contact The Cruise Company at 1-800-274-FUNN for possible specials.

• <u>Keystone Nationals</u>—FWRA—January 27-29, 2010. The Keystone Nationals is a dynamic recreational race competition, open to all ski club and ski council racers of all ability levels, as eleven different competition classes are offered for both men and women. Contact **Bob Ellis** at 530.582-0566.

• **FWSA 2009 Ski Week** will be in Keystone, Colorado January 30 to February 6, 2010. Council Trip Leaders are taking sign-ups. Check the Keystone flyer on our web site or at **www.fwsa.org** and click on travel.

• <u>Cortina Ski Trip</u>, February 27—March 7, 2010— \$1844 per person; Cortina, one of the most beautiful settings in the Alps; daily breakfast and dinner included; 7 nights at a 3+ star Splendid Venezia and round trip flight from SFO/LAX. Venice—Pre-Trip Extension \$575 February 24-28; Vienna/Budapest— Post Trip Extension \$878. Contact **Norm Azevedo** at **fwsaitravel@sbcglobal.net**.

> Find more info about these and other ski trips planned for 2009-2010 on page 12 (a quick overview) or more detail on our web site at: <u>www.mthigh.org/Trips.htm</u>.

Our club -- NWSCC -- FWSA

Our Mountain High club is just one of about 30 clubs in the Pacific Northwest. Most of these clubs cooperate under the umbrella of the **Northwest Ski Club Council (NWSCC).**

There are about a dozen similar Ski Councils throughout the West, all under the umbrella of the **Far West Ski Association (FWSA).**

As members of Mountain High, we are also automatically members of the NWSCC and of FWSA.

MOUNTAIN HIGH

Backcountry

SNOWSPORT

soon disappeared. It turns out there isn't really any

trail up Heather Canyon in the summer, and we

Our trek led us through areas of waist high brush, up

steep banks along the creek which sometimes forced

us up into the woods, and scrambling over rocks

along the creek when we could get down to it. Clark

found ourselves bushwacking the entire way.

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CLUB

The Great Ski Pole Rescue Hike

- by Linda McGavin-



Many of you know Bruce and me as intrepid skiers who like to search out the steep and the deep, and this tale results from one of our adventures down the S&R Cliffs at Mt. Hood Meadows off the Heather chair. We had found some perfect powder turns

which ended up on one of the cliffs, and a very narrow steep draw led to the Heather Canyon runout, with impassible cliffs on both sides. A slight mishap led to

Bruce's pole sliding down about 20 feet into Clark Creek, followed by a bunch of sloughed snow from a snowboarder who came down the same way. We came back later and marked the spot with our GPS so we could look for the pole when the snow melted.

July 26 was the chosen day. Bruce's daughter, Tracy Petersen, joined us at the Hood



Bruce McGavin enjoying deep powder at Meadows, just minutes before losing his pole.

River Meadows parking lot about 9 am, since Bruce wanted to try to walk up Heather Canyon to where the pole was last seen. The runout starts out with a field of blue lupine and a tiny path wending through it, which





Linda McGavin and Tracy Petersen

walking poles in the rushing water.



Dang it! This is dustier and steeper than expected!

Creek in July is glacial runoff, ice cold, and really rushing along. It was really hard to locate the actual Heather Canyon runout, as the creek apparently goes back and forth under it in places, and the winter snow smooths out what is really a very rough area. Near God's Wall the steep creek banks forced us uphill, and we had to cross that area holding onto twigs so that we didn't slip downhill. (It's SO much easier to ski down in the winter!) When we got close to where the MOUNTAIN HIGH

Backcountry

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We walked upstream, and suddenly Bruce saw water flipping up over an orange basket! There it was, wedged into the rocks in the middle of the mainstream of Clark Creek - only about 40 feet from where it fell into the creek all those months ago. Several attempts to snag it didn't do any good, so Bruce took off both shoes and held onto a trekking pole with Tracy holding onto the other end, and was finally able to pull it free! He couldn't get out fast enough - his feet were frozen!

That was 4 hours into this hike, and we were on the other side of the creek. The rest of the adventure led us through swampy areas below Heather, a scramble up underneath the Heather Chair, again clinging to brush, hiking down to the Shooting Star chair and then up to the top of HRM. You would think the rest should have been easy because it's downhill, but again there were no trails, just very uneven ground and massive amounts of beargrass in bloom. The entire hike took 6-1/2 hours. The wildflowers at Meadows are magnificent, and it was a real adventure, but even so, we can truthfully not recommend that anyone try to hike up Heather Canyon in the summer!









Lift Lines 104, Aug 2009 page 11 Contacts / Club info MOUNTAIN CLUB HIGH SNOWSPORT **Email Options** Mountain High Meeting In between newsletters, we keep you informed via email. You have a choice: Usually the last Monday of the month. A) Receive ALL the club's emails. All ski-related and/or club related. Aug. 31 (Mon.): Open to all who B) Receive only club-related messages. If it's not about our club, it won't be want to get more involved with the sent. That means no emails about other clubs, other ski areas, NWSCC, club, or just want to see what's go-FWSA, ski shop specials, etc. Strictly our club only. ing on. Gather at 6:00 pm. Start at C) No email at all. Just the monthly newsletter and nothing else. 6:30 pm. Indicate your preference on the Membership renewal form. If you wish to Location: Round Table Pizza, 10070 switch at any point, let **Emilio** know your preference. SW Barbur Blvd., (near Capitol Hwy). Mountain High snowsport club contacts: General info: Gordon Lusk, **President:** H: 503-804-8363, GordyLusk@hotmail.com info@mthigh.org telek2@att.net Vice-President: Kurt Krueger, H: 503-625-1492, Web site: Diane Zhitlovsky, H: 503-666-0389, Dianezhi@hotmail.com Secretary: www.mthigh.org Sandi Dykstra, sandid@aol.com Treasurer: H: 503-629-0177, Membership Director: Elaine Bock, SeawitchPdx@aol.com Race Director: Bruce Ellison. H: 503-697-7892, Yuffiet@comcast.net Newsletter Editor: Emilio Trampuz, H: 1-503-378-0171, info@mthigh.org Social Activities: Debbi Kor, H: 503-314-7078, ijustwannarun1@comcast.net W: 503-805-8606, baebaw@ccwebster.net Golf: Cal Eddy, H: 503-631-3115, boar2m@msn.com Mid-week skiing: George Yun H: 503-697-3055, NWSCC Rep: Debbi Kor, H: 503-314-7078, ijustwannarun1@comcast.net **Trip Directors:** Linda McGavin, H: 503-652-2840, Trips@mthigh.org Janice Jessen, H: 503-636-0687, jessen9011@comcast.net DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

Whereas the Mountain High Snowsport Club ("Club") is an orga

PLEASE PRINT CLEARLY:	[] New membership	[]Renewal nizati	on of fun loving ADULTS	whose events are organized by efforts for the enjoyment of their	
Name(s):		fellow	/ members and friends,	blease remember when I partici- my own risk. Sporting activities,	
Address:		indee own a	d, any activity, includes abilities and responsibili	inherent risks. I will evaluate my ties and join in the Club fun as a	
Phone (Hm):	Phone (Wk):	Club	responsible and considerate adult. I will not hold the Club or any Club officer liable for the consequences of my decisions and my behavior. The bottom line is, stuff just happens sometimes and the club volunteers are not to be blamed for helping us have fun. Besides, the Club has no assets anyway.		
	Email (Wk):	the cl			
Email Preferences: [] No changes (same as last year)	 Newsletter (once a month): [] Club news & events (between news Other ski news (NWSCC, FWSA, ski a Is it OK to share your email address 	sletters): []yes [] areas, trips): []yes []	no no	0	
Please take my mone	ey, and apply it toward the follow	ving Ski Club fun stuff:		Deposit?Paidinfull?	
Summer Membership (May. 1 — Sept. 30, 2009): Total: \$10 per per			\$	<u> </u>	
Annual Membership (Oct. 1, 2008 - Sept. 2009): Single (\$25); coupl			0) \$		
D PACRAT Racing (2009/10) Total: \$85 Team name:			\$		
Rafting (August 20-22, 2009) Members: \$90. Non-members: \$105.					
□ Wine Tour (Sept 25-27) Members=\$225, Non-memb=\$240 by Sept.1					
Other:			\$		
Comments (For whom	you are paying. Roommate requests,):				
Signature(s):			Date:		
Signature(s):					
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See our Trips cancellation policy on our web site: http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf

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Club membership = 314	Newsletter Distribution

The August 2009 issue is posted on our web site, and also: **369** copies sent via email (as PDF files) **34** paper printed copies sent via US Mail. Copies are sent to potential members, other clubs, etc.. **Please help us minimize the cost of** mailing paper copies.

Send your email address to: info@mthigh.org.

Mt. High Photos

To find some relief from these hot, summer days, see our whole past year on our RECENT PHOTOS page at: www.mthigh.org/PhotosRecent.htm



Ed Palmer, George Yun, Diane Zhitlovsky. Bill Maltby and Wally Taylor at Schweitzer Mountain.

Emilio Trampuz Mountain High Newsletter editor 4742 Liberty Rd. S., #296 Salem, OR 97302

Please check our web site, <u>www.mthigh.org</u> for updates.

Preview of Trips for next winter (2010)

Based in part on the **trips survey** and other factors, here's how the next winter season is beginning to shape up. The dates are still a work in progress, but this is approximately what we are shooting for:

JANUARY

- 1. **Mystery bus trip.** Encouraged by the Survey, we'll shoot for a 3-day weekend, Jan. 14-17.
- 2. Whistler cabin trip, Jan. 24-30. 5 days/6 nights \$270
- 3. FWSA Ski Week in Keystone, CO. Jan 30-Feb.6.

FEBRUARY

- 1. **Train trip** to **Whitefish**, **MT** ,Feb. 17-20, 3 days/ 2 nights, with possible additional 2 night extension.
- 2. **FWSA International Week in Cortina, Italy**, Feb. 27 - March 7

MARCH

- 1. **Fernie/Kimberley trip**. 4 days/5 nights if you fly, or 7 days/7 nights by bus. Around March 13-20.
- 2. **Heavenly/Tahoe trip**, 5 days, probably around March 27 31.

APRIL

- 1. Canada Ski Safari, visiting 4 6 resorts, April 2 7.
- 2. Far West Championships, Mammoth, Apr.8-11.
- 3. NWSCC Spring Fling, Mt. Bachelor, Apr.16-18.

