

**MOUNTAIN HIGH**  
S N C in cooperation with L U B

and



present a

## Washington trip

**49° North, Mt. Spokane  
and Bluewood**

**January 17 - 20, 2020**

3 days skiing / 3 nights,  
We'll stay in one central  
location for the first 2 days.  
Then we'll move to a nice  
hotel closer to home for the  
last day of skiing.

Both hotels have a nice  
swimming pool, hot tub, hot  
breakfast and more.

**Prices:**

Adults	= \$546
Seniors (65+)	= \$541
Super-seniors (70+)	= \$503
Without lift tickets	= \$413

**Included:**

- \* Bus transportation
- \* 3 nights lodging
- \* 3 days of lift tickets
- \* 1 lunch
- \* 2 dinners

**Trip leader:**

Emilio Trampuz

[Emilio2000@earthlink.net](mailto:Emilio2000@earthlink.net)

503-378-0171

**Reserve your spot**

Send a \$100 deposit to  
Mt. High Snowsport  
Club, PO Box 2182,  
Portland, OR 97208.

**!!! JOIN US ON A FUN TRIP !!!**



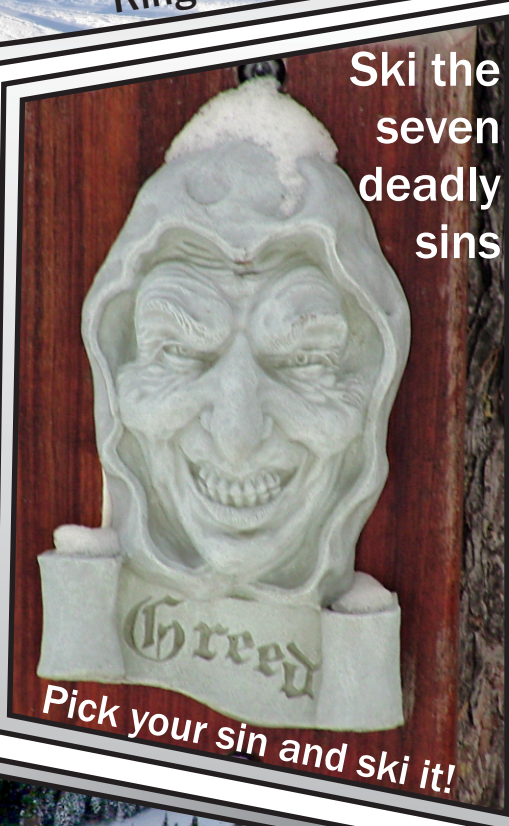
**49 Degrees North**

**Most interesting terrain!  
Ring Ullr's bell!**



**Bluewood**

**Best trees and powder!**



**Ski the  
seven  
deadly  
sins**

**Pick your sin and ski it!**



**Mt. Spokane**

**New back side,  
new lift, new trails**

**I wanna  
see this!**

**Yeah!  
Let's go!!!**





and



NOTE: This is a multi-club trip, a cooperation between the listed clubs, but open to members of all clubs associated with the NWSCC (Northwest Ski Club Council)

## Washington ski trip

49 Degrees North, Mt. Spokane, Bluewood ski area

**January 17 - 20, 2020.** MLK Weekend (Friday. - Monday).

Saturday at: 49 Degrees North - Great terrain!

Sunday at: Mt. Spokane - New lift and 7 new trails on back side.

Monday at: Bluewood - which has the best powder.

All 3 of these ski areas count toward the NWSCC Ski & Ride Challenge. You can win a prize just by saving your lift tickets.

**Bus ride:** We'll start the trip on Friday at 9:30 am and ride the bus to Spokane. We'll return Monday night (MLK day), by 9 pm. The bus ride will be fun. We'll share food, play games, tell jokes, watch videos.

**Lodging:** Lodging at La Quinta in North Spokane for the first two nights.

Last night we'll spend in Dayton, WA, abt. 35 minutes from Bluewood.

Both hotels have a hot tub and indoor swimming pool. Also free Wi-Fi and free breakfast. All rooms have a hair-dryer, coffee-maker, and microwave and refrigerator.

**49 Degrees North** ski area, offers 5 lifts serving interesting terrain. Everyone likes the variety, which includes skiing the "7 deadly sins", Mahre's Gold, Angel Peak, 2 bells to ring for good luck (one at the top and one at the bottom of the ski area), plus lots of long cruisers and a variety of powder runs and glades.

**Mt. Spokane** has 5 lifts (not counting the beginner ones) serving 3 separate faces of the mountain: the front side, the old back side, and now an entirely new back side with its own new lift (chair 6) and 7 new trails. Visit the historic Vista House at the top of the mountain.

**Bluewood** has so far proven to have the best powder most of the time, even when other ski areas don't have much. It has 2 lifts serving 2 separate hills. Lots of groomers, but also epic tree skiing. Bluewood is already almost half way home, so our ride home will be shorter than if we stayed in Spokane all 3 nights.

We'll ski till about 2:30 or 3 pm, and then ride the bus back home. We'll stop for dinner on the way home and will return to Portland around 9 pm on Monday.

Prices:	Adults	= \$546 per person
	Seniors (65+)	= \$541
	Super-Seniors (70+)	= \$503
	No lift tickets	= \$413

Price includes all bus transportation, 3 nights lodging, and 3 lift tickets, a lunch and 2 dinners.

**To reserve your spot:** Send in a deposit of \$100 per person. Full payment due by December 6, 2019.

No refunds after December 6, unless you can fill your spot. See the Mt. High Trip Cancellation Policy, which applies to all who sign up: [www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf](http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf).

Make check payable to **Mountain High Snowsport Club**, and mail it to:

Mountain High club, PO Box 2182, Portland, OR 97208

**Trip Leader:** Emilio Trampuz, [Emilio2000@earthlink.net](mailto:Emilio2000@earthlink.net), 503-378-0171.



and



## 2019/2020 Multi-Club Trips Dough Transmittal Form

For all these trips and activities, make check payable to: "Mountain High Snowsport Club"

Mail it to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

Name(s): \_\_\_\_\_ Club name: \_\_\_\_\_  
PLEASE PRINT CLEARLY

Mailing Address: \_\_\_\_\_  
\_\_\_\_\_ Birthday: (MM/DD) \_\_\_\_\_

Phone (H): \_\_\_\_\_ Phone (W): \_\_\_\_\_

E-mail (H): \_\_\_\_\_ E-mail (W): \_\_\_\_\_

(Note: Mt. High membership is not required if you are a member of one of the other clubs.)

**Please apply my payment toward the following fun stuff** (Check what applies):

☐ **Mt. High annual Membership** (Oct. 1, - Sept. 30): Single (\$30); Couple (\$50) \$\_\_\_\_\_

(Note: If you are already a member of another local NW ski club, you don't need to join the Mt. High club in order to participate in PACRAT racing or in our multi-club winter trips.)

☐ **PACRAT Racing** (2019/20) \$110 for whole season. Team name: \_\_\_\_\_ \$\_\_\_\_\_

☐ **Northeast WA trip** (49° North, Mt. Spokane, Bluewood) (Jan. 17-20, 2020) \$\_\_\_\_\_

Adult=\$546, Senior (65+)= \$541, Super-senior (70+)= \$503, No lift tix= \$413. Deposit= \$100.

☐ **Whitefish Mt. lodging** (Feb. 8 - 15, 2020) 4, 5, or 7-day trip. Deposit= \$200. \$\_\_\_\_\_

I intend to stay: ☐ 6 or 7 nights = \$420, ☐ 5 nights = \$350, ☐ 4 nights = \$280.

☐ **Whitefish Mt. Lift tickets** (Feb. 8 - 15, 2020). I intend to ski \_\_\_\_\_ days. \$\_\_\_\_\_

Adult 1-day= \$65, Adult 2+ days= \$59/day, Senior (65+)= \$56. Seniors 2+ days= \$51/day. 70+= Free

☐ **Other:** \_\_\_\_\_ \$\_\_\_\_\_

[ ] cash [ ] check # \_\_\_\_\_ TOTAL AMOUNT RECEIVED: \$\_\_\_\_\_

Comments (For whom you are paying. Roommate requests, Options, Preferences, etc.):

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

See our Trips cancellation policy at: [www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf](http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf)

**PLEASE SIGN LIABILITY RELEASE FORM ON NEXT PAGE**

## Multi-Club Liability Release

I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by my own ski club's rules, bylaws and regulations, as well as the Mountain High Snowsport Club's Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, Mt. Hood Ski Kats Club, and any of their agents (officers, directors, trip captains, and any other Club representatives) from any and all liability for personal injury, for damage to or loss of personal property, sickness or injury from whatever source, legal entanglements, imprisonment, loss of money, or death, which might occur while participating in any club related activity.

Furthermore, I agree to indemnify and hold the Clubs and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Clubs or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.

Specifically, I release said persons from any liability or responsibility for my physical condition, for the condition or selection of itinerary or course route and for the presence or actions of any other participants. I am aware of the risks of participation, which include, but are not limited to, getting separated from the group and getting lost, colliding with other participants, getting injured in any way relevant to the activity, or suffering from any conditions resulting from exposure to nature, animals, and/or human beings.

I hereby state that I am in sufficient physical condition to accept a rigorous level of physical activity. I understand that participation in club events is strictly voluntary and I freely chose to participate. I confirm that I will be responsible for any medical costs I may incur as a result of my participation.

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT. I FULLY UNDERSTAND ITS TERMS. I UNDERSTAND THAT I HAVE GIVEN UP ALL LEGAL RIGHTS BY SIGNING IT. I SIGN IT VOLUNTARILY WITHOUT ANY SIGNS OF DURESS.**

_____ NAME(PRINTED)	_____ SIGNATURE (Participant or guardian)	_____ DATE	_____ CELL PHONE
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EMERGENCY CONTACT NAME: _____	_____ PHONE
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_____ NAME(PRINTED)	_____ SIGNATURE (Participant or guardian)	_____ DATE	_____ CELL PHONE
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EMERGENCY CONTACT NAME: _____	_____ PHONE
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