

**Hi all! Here it is,- on this Bat Channel- RACE TRAINING this Friday March 18, 2011 at SKI BOWL!**

**PLEASE FORWARD THIS TO YOUR TEAMMATES!**

**Please RSVP Coach Greg Dilger** all that are interested in joining us for some **GS RACE TRAINING** with of the Mount Hood Adult Ski Racing Association.

His email is: [gdilger2@yahoo.com](mailto:gdilger2@yahoo.com) \*\*\*also cc me- Gary Gunderson at: [ktgpx@frontier.com](mailto:ktgpx@frontier.com)

**We need to know how many will be planning to attend.**

This will ensure the adequate # of coaches per racers for all who want to participate.

We will meet in the SKI BOWL's Main Lodge at 9:30 am to sign up and do some gate training.

**The price is excellent- \$25 PER PERSON PLUS LIFT TICKET!!!**

**Thanks to SKI BOWL as they are offering us a \$38 Racer Discounted lift ticket for the day!**

See you there!

**\*\*\*ALSO\*\*\*** we are planning **ADDITIONAL TRAINING DAYS** – will update you on dates.

Gary Gunderson

(503) 706-1644