



# Lift Lines

== No. 99, March 2009 ==

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



## Come ski with us

**March 8** (Sun.) - Meadows.

**March 22** (Sun.) - Skibowl.

Come ski with us. Join us at McDonald's in Sandy at **7:00 - 7:15 am**. We can arrange carpools on the spot. On the slopes, tune your 2-way radio to channel **6-19**.

These are all race days, but you don't have to be a racer. Just come ski with us. At least 135 of our members will be going skiing on these days.

**Mike Weber**



## Mt. High Free Training day



**March 21** (Saturday). Another free training day open to all our club members!

We'll have the same instructor as last time, Shawn Darris. Just show up at Timberline by **10 am**. We will most likely be on the main **Pucci** trail. Just look for the training gates.

This training is **free** for all our club members, but it will be especially useful to our PACRAT racers, since this is the day before our last race.

## Ski the Glade Trail Day



**Mar. 7** (Sat.)

8 am - 4 pm. Ski the historic Glade trail to Government Camp. Skiers are shuttled to Timberline Lodge by bus, escorted down the 3 mile trail to Government Camp by local guides and the Mt. Hood Ski Patrol.

Lunch, apres ski party and prizes are included in this unique fundraiser for the **Mt. Hood Museum and Cultural Center**. Participation is limited. Event tickets are \$100 per person. Call 503-272-3301 to reserve yours.



Bus to Crystal is leaving March 13.

*Note the color code.  
Our club is blue.*

## 2009 CALENDAR

**Blue:** Mountain High events

**Red:** NWSSC / FWSA events

**Black:** General events

**Mar. 7** (Sat.): Ski the Glade Trail Day  
**Mar. 8** (Sun.): PACRAT race Meadows  
**Mar. 11** (Wed.) Ski tuning (Ski Chalet)  
**Mar. 13-15:** Crystal Mt. trip  
**Mar. 20** (Fri.): Ski for Sunshine at Timberline & Ski Bowl (4 cans)  
**Mar. 20-21:** Hope on the Slopes Skibowl  
**Mar. 21** (Sat.) Training at Timberline  
**Mar. 22** (Sun.): PACRAT race -Skibowl  
**Mar. 28- Apr. 2:** Heavenly / Tahoe

**Apr. 2 - 5:** FWRA Championships  
**Apr. 12-14:** Bachelor Blitz  
**Apr. 17** (Fri.): Rat Attack PACRAT awards party (tentative)  
**May 12** (Tue.): Mt. High Pizza Party and Elections (Round Table).

## Mt. High Free Ski Tuning Clinic



**March 11** (Wed). 6:30 - 8:00 pm at the Ski Chalet, 4800 SW 76th Avenue. Portland. This is on Beaverton-Hillsdale Highway, near Oleson in Raleigh Hills next to Fred Meyer.

The staff at Ski Chalet will show you how to tune your skis, how to wax, sharpen edges, and how to fit your boots. The aim: to help you glide faster, smoother, safer, and more enjoyably.

There will also be free pizza, to keep away starvation.

## Hope on the Slopes



**Mar. 20-21** (Fri.-Sat.). A 24-hour ski challenge at Mt. Hood Skibowl. It is fundraising for the American Cancer Society (and OHSU is one of the beneficiaries).

Friday, March 20, is a food drive (Ski for Sunshine). Bring 4 cans of food and ski for free!

In the afternoon and evening, there will be live music and a BBQ (free, for a donation). Torchlight parade at 8:00 pm.

See more on page 8.



Mt. High

Schweitzer Mt and 49° North trip

Feb. 18-22, 2009. About 30 of our members spent 3 days/nights at Schweitzer Mt. (Idaho), followed by a day at 49 Degrees North (in Washington). The bus ride was fun, as usual, with short, funny videos, with people telling jokes, and sharing food. Richard Horner brought his guitar, and formed a band on the spot "Rich and the Bitches", and the band collectively wrote a song about us "Born to Ski Schweitzer".



Diane



Steve



Rita



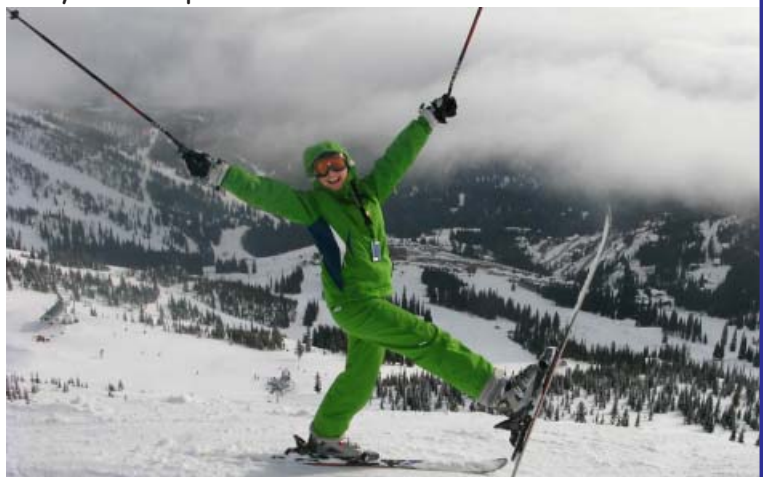
Richard



Only a small part of the front side of Schweitzer Mt.



Jokes and songs on the bus.



Get down, so we can see the view!!!





### Schweitzer Mt. continued:



Wally and Bill on the back side (North bowl)



Selkirk Lodge



Moniquea skied with her arm in a sling!!!



49 Degrees North



Cy's Glades, aka. the 7 Deadly Sins

### 49° North



Bill Matarazzi

Everybody loved 49 Degrees North. The trees were even better than at SchweitzerMt., especially in Cy's Glades, also known as the 7 Deadly Sins. Kay loved it. He said:

"I had my epiphany at 49° North. I chose to ski 'Pride'. I made 3 good turns. Then, on the 4th one, I crossed my tips, and down I went. I guess Pride taught me a lesson in humility."

We also rang the Nordic god's bell, which probably means we'll have the good luck to return to 49 Degrees North some day -- soon!



“White” Chocolate Party - Photos by John Jessen and Emilio

February 28 (Saturday) - at Terry White’s place.

The club provided hors d'oeuvres, champagne, and soft drinks. Several people brought chocolate desserts. Everybody had fun. Debbi Kor led us into a quiz-type game, which was won by Lisa and Harry, who answered all the questions. There were prizes for the most chocolaty dessert, the most decadent, and the most creative.



Marsha, Dave, Stevie, Diana, and Bruce.



Patti, Debbi, Gerry, Edie, and Steve



Harry, Debbi and Lisa.



Judges: Emilio and Alice, fought over it.



Judges finally agree!



Most Decadent prize: Edie & Steve (with Elisabeth in the middle).



Most creative: Stevie.



Most Chocolatey: Diana.

Ski for Sunshine - Food drive.

Mar. 20 (Friday). Get a free all-day Fusion Pass on this Friday at Skibowl and Timberline, in exchange for 4 cans of food. Simply bring your non-perishable cans of food to the Sunshine Division trucks in the parking lot. Foods especially needed: breakfast cereal, foods high in protein (like tuna and peanut butter). whole-grain pasta, canned veggies and fruit.



## PACRAT News

Pacific NW Area Clubs Recreational Alpine Teams



**Bruce Ellison**  
Mt. High Racing Director

### SKI TUNING

**March 11 (Wed.)** Our Racing Director, Bruce Ellison has arranged a ski turning clinic for us!

Learn how to wax your skis, and how to sharpen your edges, so they will hold better on ice. Also, how to prepare your skis for a race.

Come to the **Ski Chalet**, 4800 SW 76th Avenue. Portland, on Wednesday, March 11, 6:30 pm - 8:00 pm. There will be some free pizza!

Contact Bruce at 503-697-7892, [Yuffiet@comcast.net](mailto:Yuffiet@comcast.net).

### RACE TRAINING



**Gordon Lusk**  
Mt. High Vice-President

**March 21 (Sat.)** Our Mt. High club Vicepresident, **Gordy**, has set up another training day, by popular demand.

This will be held at Timberline, Saturday, March 21, starting at 10 am. This is just a day before our last race (the next day at Skibowl).

Contact **Gordy**: 503-804-8363, [GordyLusk@hotmail.com](mailto:GordyLusk@hotmail.com).

See more info about recreational PACRAT Racing at [www.mthigh.org/Racing.htm](http://www.mthigh.org/Racing.htm).

### 2009 PACRAT Race Dates

Date	Location
January 11	Race 1: Timberline
January 25	Race 2: Mt. Hood Meadows
February 15	Race 3: Timberline
March 8	Race 4: Mt. Hood Meadows
March 22	Race 5: Ski Bowl
March 29	Make up race, Timberline; only if a race is canceled
April 4-6	FWRA Championships, Northstar-at-Tahoe
April 17 (tent.)	Rat Attack Awards Party

### FWRA CHAMPIONSHIPS

**April 3 - 5, 2009.** Every year, our PACRAT racers have the opportunity to spend a fun weekend racing in a longer, more challenging course, in a true FIS **Slalom** and **Giant Slalom** at the Far West Championships.

This year, the event is held at **Northstar-at Tahoe**, in California. The registration fee is **\$45** for the whole weekend (both races).

You can do this weekend trip on its own, or you can do it as an extension of our Heavenly/Tahoe trip. See page 10 for more info about that.

Contact **Gordy** for more info at: 503-804-8363, [GordyLusk@hotmail.com](mailto:GordyLusk@hotmail.com).

Also, see more info on our web site at: [www.mthigh.org/Trips.htm#Far West Championships](http://www.mthigh.org/Trips.htm#Far%20West%20Championships)



Don't sleep in this Sunday, March 8. Daylight Savings Time begins. Set your watch an hour ahead!

### Sunday Morning Christian Devotional

**Doug Pilcher**, a veteran PACRAT racer and one of our Mountain High members, has offered to lead a devotional Bible study on Sunday mornings, before each race.

If you would like to participate, please arrive early at the ski area. We'll gather at **7:30 am**, in the day lodge. For the **Meadows** race, on March 8, let's gather on the top floor, in the glass-covered span bridging the North and South Lodge,

Don't be shy. This is open to everyone. You don't need to be a racer to participate. Even if you are a bit late, just come. Contact Doug at: [PilchD@molalla.net](mailto:PilchD@molalla.net), or 503-759-4899, or 503-799-6201 (cell).



**Doug**





## Membership Cards



Most people have already picked up their membership card in person at the **Membership party** or **Ski Fair**. If you did not get one, we'll mail it to you. Please send your mailing address to Elaine Bock, [SeawitchPdx@aol.com](mailto:SeawitchPdx@aol.com), or to: **Mountain High Snowsport Club**, PO Box 2182, Portland, OR 97208.

## Free Skiing corner: Cheap tickets



To combat high lift ticket prices, you can try hoofing it up the hill, using skins and alpine touring gear.

Or check out the long list of **free** or **half-price** offerings we published on our web site at: [www.mthigh.org/Lift-tickets.htm](http://www.mthigh.org/Lift-tickets.htm).

## Buses to Mt. Hood Meadows

1. **Buses** to Meadows will run on Fridays from the Mountain Shop, and on weekends and holidays from Tualatin and Gateway Park & Rides. Cost: \$79 includes both bus and lift ticket. See Meadows web site.

2. The **Ski/Board club** at a Portland high school is looking to fill up it's bus. They pick up from SW 12th and Main, downtown Portland, at 10:15 am on Sunday mornings (to leave by 10:30), drive up to Mt. Hood Meadows, and return to Portland by 8:30 pm. At \$20, it's the cheapest bus rate in town! Contact Austen at: [skiboardclub@gmail.com](mailto:skiboardclub@gmail.com) More info at: <http://portlandskiboardclub.blogspot.com/>

## Membership Benefits

What a wonderful club this is! Have you noticed how many times we used the word FREE, just on the first page of this newsletter? Where else can you pay just \$25 for a year's membership and receive all this in return?

1. Two free training days (worth a minimum of \$35 a piece, the normal rate for group lessons.)
2. Free pizza and other food and drinks (including free beer and wine), at our various parties. Worth mucho bucks!
3. A free ski tuning clinic.
4. A \$19 discount at Mt. Bachelor on weekends.
5. Half-priced lift ticket at Crystal Mt. (on March 15).
6. Free information on everything related to our sport.
7. Free hors d'oeuvres, chocolate, carpooling, and more!
8. The companionship of a lot of good people. Priceless!!!



## FWSA Outstanding Club Competition

Every year, we enter the Far West "Outstanding Club" competition by preparing a multi-page document showing off our various activities (On the snow activities, Promoting the sport of skiing, Charity events, Social activities, etc.) Send your contributions to Emilio Trampuz, [Emilio2000@earthlink.net](mailto:Emilio2000@earthlink.net). Or mail your contribution to Emilio Trampuz, 4742 Liberty Rd. S., #296, Salem OR 97402. Let's be an Outstanding Club again this year!

Our club also needs to provide some judges (to judge other clubs). This year, the following people have volunteered as judges: **Kurt Krueger**, **Diane Zhitlovsky**, and **John Jessen**. A big thanks to all three!!!

## Mt. High Man of the Year



**Gordon Lusk**  
Mt. High Vice-President

**Gordon Lusk** (aka. "Gordy") is our man of the year. He has been active in our club for many years as Racing Director, then Vice-President, and also a Rafting trip organizer. And he continues to organize our free training days. Also, he is involved with almost every aspect of running our club, participating without fail at every one of our monthly meetings.

## Mt. High Woman of the Year



**Marsha Cosgrove**  
Social Activities Director

**Marsha Cosgrove** is our woman of the year. She has been active in our club since the earliest days, serving as Secretary and Trip organizer for the then "Edgeset" club. Currently, she is our Social Activities Director. For example, she successfully fed the larger than expected crowd at our Membership Party. Also a volunteer organizer for Hope on the Slopes, and much more.





## Mailbox

**Q** I'm going to Mt Bachelor next week and would like to take advantage of my Far West Ski Association membership for discounted lift tickets. Mt. Bachelor says they require a membership card and photo ID. I have the membership card that I received from Mtn. High, but it has no Member ID number and no photo ID.

By the way, I am thoroughly enjoying my first year as a Mt. High member and PACRAT racer. "Thank you" to all of you who devote so much time to organizing club activities. - Phil

**A** Just bring your **club membership card** (which doubles as a NW Ski Club Council card as well). In fact, you need to show them the back of the card, the side that says "Northwest Ski Club Council", because Mt. Bachelor's offer was made directly to the NWSCC.

Mt. Bachelor might not know the names of every single club in Oregon. But they do know about the NWSCC.

Most local ski clubs, including ours, are a member of the NWSCC. So, just remember that you are also a member of the NWSCC, by virtue of membership in our club. In fact, you are also a member of the Far West Ski Association (FWSA).

Our club doesn't keep any membership numbers. We track you by name, not by number. Just make sure your NAME is written on the card.

As for the photo ID, what they mean is some other piece of ID, such as your driver's license or your passport.

NOTE: Don't go to the regular ticket window at Mt. Bachelor. They probably don't know about this deal there. Instead, go inside the ticket building (the one in the main parking lot), and go to the Sports Desk (or Guest Services?) counter. Good luck, and have fun!

**March 20 (Friday):** This is a food drive at both Skibowl and Timberline. For 4 cans of food, you get a "Fusion Pass" for the day, allowing you to ski both ski areas.

So, come on over to Skibowl, at least in the evening, for the party, the live music, the BBQ, and the torchlight parade.

Better yet, do something for Cancer. Sign up for a team for this vertical challenge. See more info below, or on our web site at: [www.mthigh.org/Events.htm#Hope on the Slopes](http://www.mthigh.org/Events.htm#Hope_on_the_Slopes).



The American Cancer Society, 1-800-ACS-2345, [www.cancer.org](http://www.cancer.org)

## Hope on the Slopes



Sign up as an individual: \$35.

Sign up a team of 5 - 15 people: \$150

Start your own team, join an existing team, or just donate. Each team and each individual gets their own web page to promote the event.

Discounted Hope on the Slopes event lift tickets available on March 20-21.

Volunteer helpers also needed. Contact Bonnie Ell, 503-795-3963 or [bonnie.ell@cancer.org](mailto:bonnie.ell@cancer.org).

Details and registration at:

[www.OregonHopeOnTheSlopes.org](http://www.OregonHopeOnTheSlopes.org)

## Mt. Hood Skibowl

Friday - Saturday, March 20-21, 2009

Survivor recognition, torchlight parade, live music, BBQ and more!

**Fundraising Challenge:** Top fund-raisers will win prizes!

**Vertical Feet Challenge:** Medals and prizes for the most vertical (most runs) in 3 categories:

GOLD 24-hour (1 PM - 1PM),  
SILVER 18-hour (7 PM - 1 PM),  
BRONZE 6-hour (7 AM - 1PM).





## Winter Trips

Over half of our trips are now either past, or have filled up already. Our **Crystal Mt.** trip is starting in just a few days, Friday, March 13th.

Only a couple more trips are still available, and here are their signup deadlines:

### Signup deadlines:

1. Heavenly/Tahoe: by Feb. 28
2. Bachelor Blitz: by Mar. 25

Sign up now,  
or forever hold your peace!

See our [Trips Cancellation Policy](#) on page 12.. More info and trip updates will be posted on our web site: [www.mthigh.org/Trips.htm](http://www.mthigh.org/Trips.htm).



## Skiyente Family Trip

**April 10-12, 2009.** Each year, the all female Skiyente Ski Club organizes a Family trip, open to all members of local ski clubs.

This year, the trip will be to Mt. Bachelor, on Easter weekend. People will be driving and/or carpooling.

Send \$100 deposit to Skiyente Ski Club, P.O. Box 56342, Portland OR 97238.

Contact: Colleen Walter, [colleenski2002@yahoo.com](mailto:colleenski2002@yahoo.com).

See more info on our web site, on the [TRIPS](#) page.

NWSCC

## Spring Bachelor Blitz !!!



Mt. Bachelor

**Apr. 10-12, 2009.**

Join your fellow NWSCC members (other local ski clubs) as we celebrate the 50th anniversary of Mt. Bachelor and the 30th anniversary of the NWSCC this season.

Included in the Anniversary Celebration:

- **Lodging** at the convenient Bend Riverhouse, Friday & Saturday – all rooms have two queen beds
- **Full, Hot Breakfast** each morning
- **Celebration Dinner Party** Saturday night with the group (Mexican buffet).

All this fun is only **\$129** per person, double occupancy! Other per person prices:

- single occupancy \$219, or
- triple occupancy \$109, or
- quad occupancy \$99.

If you want triple or quad occupancy, you must sign up as a group using the registration form, and if someone in your group drops out, you will be expected to pay the higher price for fewer people in the room. Cancellations may be subject to penalty.

Bring your family!! Children 13 and older must pay the full price for this trip as detailed above, but children from ages 6-12 in a room with two paying adults or children 13 and older only pay \$20 for the weekend (including breakfasts and dinner), and children under 5 are FREE!

Lift tickets are not included; Bachelor has given us a VERY special prices:

- 2-day price of only \$79 (which is \$39.50 per day) or
- 3-day price of only \$99 (which is \$33.00 per day).

(You are welcome to purchase single day tickets at Mt. Bachelor's "NWSCC" ticket price of \$50.)

**Sign up now to hold your spot! Deadline to reserve rooms and for Dinner/Party is March 25, 2009.**

Please use the [registration form](#) attached to the [flyer](#), and make your check for Mail a \$129 check to: NWSCC P.O. Box 1915 Portland, OR 97207.

Contact **Debbi Kor** at: [ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net), 206/283-0269. Info on TRIPS page: [www.mthigh.org/Trips.htm#Bachelor Blitz](http://www.mthigh.org/Trips.htm#Bachelor%20Blitz)



## Mt. High

## Crystal Mountain (bus trip)



**March 13-15, 2009.** Our annual **Mt. High weekend bus trip**. 2 nights/2 days. We leave Friday around 5:00 pm. Lots of fun on the bus - the best way to get to know other club members! We'll return Sunday by 8 pm.

**Crystal Mountain** is the largest ski area in Washington with 3,100 vertical feet and 57 named runs. There's everything from gentle groomed cruising runs for beginners to challenging steeps - backcountry, glades, chutes and unbelievable black runs for the more adventurous. Skiing Magazine voted Crystal Mountain the #7 top mountain in North America. There are 2 six-pack hi-speed lifts, 2 hi-speed quads, 2 triples, and 4 doubles.



Crystal Mt.

New since our last trip to Crystal Mountain in 2005 is the Northway lift, a double chair that moves faster than normal, providing access to 1,000 new acres and increasing Crystal's terrain by 77%. There are now 2,300 acres of lift served terrain, plus 500 acres of backcountry.

We'll again stay at the Park Center Hotel in the center of Enumclaw, 45 minutes from the mountain. Breakfast is provided for hotel guests.

We kept the cost down by using a sliding scale. **The more people, the lower the price** (\$3 less for every additional 2 people). Since we have

filled the bus, the total price is nows **\$190** for the bus trip, 2 nights' lodging, 2 breakfasts, and one lift ticket. The reason for only one lift ticket is that on Sunday, March 15, Crystal Mountain is allowing all NWSCC club members to buy tickets at half price - only \$30 - but you have to go to the ticket window yourself and show your NWSCC card (i.e. your club membership card; you'll get it when you re-join for 2008-09). **50 people have already filled the bus. Some people cancelled, so everyone who was on the waiting list is now in!**

Use [Dough Transmittal form](#), p.11, **to send the remainder of your full payment right now. Also, let Linda know if you are over 70, or if you don't need a lift ticket for Saturday.** No refunds after Feb. 15 unless you fill your spot. See our [Cancellation policy](#) on our web site.

Contact **Linda McGavin**: (503)652-2840, [Trips@mthigh.org](mailto:Trips@mthigh.org).

## Mt. High

## Lake Tahoe / Heavenly



Harry and Lisa at Heavenly,  
Lake Tahoe

**Mar. 28 - Apr. 2, 2009** A 5-day trip (Saturday - Thursday).

**Skiing:** Heavenly is our main destination, with 4,800 acres and 3,500 vertical feet, and slopes in both California and Nevada. But, we'll ski other places too. **Approximately 17 people have signed up so far.**

**Lodging:** Lakeland village condos, 1-4 bedrooms, full kitchen, hot tub, heated pool, sauna, free shuttles, 1 mile to the lifts.

**Fly to Reno (on your own)**, or drive, or rent a car. Janice can help you carpool with others. You can also link this trip with the Far West Championships at Northstar, which start the day after this trip ends.

**Price:** Approx. \$400 (yet to be finalized) includes:

- \* 5 nights lodging, in shared condo. \* Breakfast
- \* 2 of 3 days lift ticket to Heavenly \* Wine & cheese welcome party,
- \* Shuttle around town and to Heavenly gondola or tram.

Contact **Janice Jessen**: [jessen9011@comcast.net](mailto:jessen9011@comcast.net)

Send \$100 deposit. Use [Dough Transmittal form](#), p.11.

**Remaining payment in full due by Feb. 28.**

Note: No cancellations in the last 30 days.

See our [Cancellation policy](#) on the web site.







**Spring Passes**

Spring, the best time for skiing, is just starting. Good snow cover, sunshine and no crowds. On top of that, less expensive lift tickets. Spring passes are valid from March 1st till the end of May, or till the end of season. The prices are:

1. Mt. Hood Skibowl: \$80 (to celebrate Skibowl's 80th year).
2. Timberline: \$99.
3. Mt. Hood Meadows: \$99.
4. Fusion Spring Pass: \$179 (includes both Skibowl and Timberline).

**Mountain High Meeting**

Usually the last Tuesday of the month.

**March 24 (Tue.):** Open to all who want to get more involved with the club. This is a planning meeting

Gather at **6:00 pm**. Start at **6:30 pm**.

Location: **Round Table Pizza**, 10070 SW Baerbur Blvd., (near Capitol).

**Mountain High snowsport club contacts:**

- |                             |                   |                    |   |
|-----------------------------|-------------------|--------------------|---|
| <b>President:</b>           | Terry White,      | H: 503-781-4558,   | <a href="mailto:TWhite223@msn.com">TWhite223@msn.com</a>                        |
| <b>Vice-President:</b>      | Gordon Lusk,      | H: 503-804-8363,   | <a href="mailto:GordyLusk@hotmail.com">GordyLusk@hotmail.com</a>                |
| <b>Secretary:</b>           | Diane Zhitlovsky, | H: 503-244-3392,   | <a href="mailto:Dianezhi@hotmail.com">Dianezhi@hotmail.com</a>                  |
| <b>Treasurer:</b>           | Sandi Dykstra,    | H: 503-629-0177,   | <a href="mailto:sandid@aol.com">sandid@aol.com</a>                              |
| <b>Membership Director:</b> | Elaine Bock,      |                    | <a href="mailto:SeawitchPdx@aol.com">SeawitchPdx@aol.com</a>                    |
| <b>Race Director:</b>       | Bruce Ellison,    | H: 503-697-7892,   | <a href="mailto:Yuffiet@comcast.net">Yuffiet@comcast.net</a>                    |
| <b>Newsletter Editor:</b>   | Emilio Trampuz,   | H: 1-503-378-0171, | <a href="mailto:info@mthigh.org">info@mthigh.org</a>                            |
| <b>Social Activities:</b>   | Marsha Cosgrove,  | H: 503-799-2833,   |   |
| <b>Golf:</b>                | Cal Eddy,         | H: 503-631-3115,   | W: 503-805-8606, <a href="mailto:baebaw@ccwebster.net">baebaw@ccwebster.net</a> |
| <b>Mid-week skiing:</b>     | George Yun        | H: 503-697-3055,   | <a href="mailto:boar2m@msn.com">boar2m@msn.com</a>                              |
| <b>NWSCC Rep:</b>           | Debbi Kor,        | H: 503-314-7078,   | <a href="mailto:ijustwannarun1@comcast.net">ijustwannarun1@comcast.net</a>      |
| <b>Trip Directors:</b>      | Linda McGavin,    | H: 503-652-2840,   | <a href="mailto:Trips@mthigh.org">Trips@mthigh.org</a>                          |
|                             | Janice Jessen,    | H: 503-636-0687,   | <a href="mailto:jessen9011@comcast.net">jessen9011@comcast.net</a>              |

General info:  
[info@mthigh.org](mailto:info@mthigh.org)  
 Web site:  
[www.mthigh.org](http://www.mthigh.org)

**DOUGH TRANSMITTAL FORM**

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY:       New membership       Renewal

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone (Hm): \_\_\_\_\_ Phone (Wk): \_\_\_\_\_

Email (Hm): \_\_\_\_\_ Email (Wk): \_\_\_\_\_

- Email Preferences:**
- Newsletter (once a month):       yes, link only       yes, complete file       no
  - No changes      - Club news & events (between newsletters):       yes       no
  - (same as last year)      - Other ski news (NWSCC, FWSA, ski areas, trips...):       yes       no
  - Is it OK to share your email address with other club members?       Yes       No

Whereas the Mountain High Snowsport Club ("Club") is an organization of fun loving ADULTS whose events are organized by members who volunteer their efforts for the enjoyment of their fellow members and friends, please remember when I participate in Club events I do so at my own risk. Sporting activities, indeed, any activity, includes inherent risks. I will evaluate my own abilities and responsibilities and join in the Club fun as a responsible and considerate adult. I will not hold the Club or any Club officer liable for the consequences of my decisions and my behavior. The bottom line is, stuff just happens sometimes and the club volunteers are not to be blamed for helping us have fun. Besides, the Club has no assets, except for a leftover banner, some balloons, or a couple of empty beer bottles with the Club's name on them.

Please take my money, and apply it toward the following Ski Club fun stuff:      Deposit? Paid in full?

**Annual Membership** (Oct. 1, 2008 - Sept. 2009): Single (\$25); couple (\$40)      \$ \_\_\_\_\_

**PACRAT Racing (2008/09)** Total: \$85 Team name: \_\_\_\_\_      \$ \_\_\_\_\_

**Schweitzer** (Feb. 18-22, 2009) 1st dep.: \$100, 2nd dep.: \$230 by Nov. 10., Total = \$684      \$ \_\_\_\_\_

**Crystal** (March 13-15, 2009) Deposit: \$100 by Nov. 30., Total = \$190 by Feb. 15.      \$ \_\_\_\_\_

**Heavenly** (Mar. 28-Apr. 2, 2009) Deposit: \$100 by Nov. 30., Total = \$400 by Feb. 28      \$ \_\_\_\_\_

**Other:** \_\_\_\_\_      \$ \_\_\_\_\_

Comments (For whom you are paying. Roommate requests,...): \_\_\_\_\_

Signature(s): \_\_\_\_\_ Date: \_\_\_\_\_

Signature(s): \_\_\_\_\_ Date: \_\_\_\_\_



### Club membership = 293      Newsletter Distribution

The March 2009 issue is posted on our web site, and also:  
**369** copies sent via email (as PDF files)  
**30** paper printed copies sent via US Mail.  
 Copies are sent to potential members, other clubs, etc..  
**Please help us minimize the cost of mailing paper copies.**  
**Send your email address to: [info@mthigh.org](mailto:info@mthigh.org).**



### Golf

Monthly golf will start in April. There will be:  
 a) two nine-hole weekday dates in the evenings, and  
 b) one 18-hole round on a weekend each month.  
 Stay tuned for specific dates and times.



### Club Inquiries

Feel free to ask anything. There are no stupid questions. Drop us a note at: [info@mthigh.org](mailto:info@mthigh.org).

However, there have been too many questions lately asking for info that has already been posted in the newsletter, and on our web site, and in various email updates. Please read what is already there.

**NEW RULE: If you ask for info that has already been published, we will refer you to the published material, rather than re-writing it all over again. Please don't take this personally. We do want to help.**

### NWSCC 30th Anniversary & Club Histories

The NWSCC is in the process of planning a **30th Anniversary party** this year. Sheri Parshall stated that the party will be a joint event with the Mt. Hood Museum, being a fundraiser for the Museum, and involving the mountain community.

The date has been set for **Saturday, September 19**, and the Atrium at Montgomery Park is being considered as the venue. There will likely be a silent and oral auction for the museum and a gala dinner/dance event. It will be open to the public, and the entry fee is expected to be in the \$50 per person range. There will be tables for council clubs to share their histories and to use for membership drives.

The NWSCC encourages all its member clubs to organize and prepare their club histories to help celebrate! We will provide display space at the anniversary party, and the Mt. Hood Cultural Center and Museum has a club history room where your club could maintain a permanent record of its history. Our Council Historian **Norvin Peer** will work with you on your submissions - contact Norvin at 1-360-430-4546, or send information to Norvin at 1510 Ocean Beach Highway, Longview, WA 98632.

Emilio Trampuz  
 Mountain High Newsletter editor  
 4742 Liberty Rd. S., #296  
 Salem, OR 97302

Please check our web site,  
[www.mthigh.org](http://www.mthigh.org)  
 for updates.

