



Lift Lines

== No. 95, November 2008 ==

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Hi folks,

Did you notice we are visiting the best and biggest ski areas this year? The largest in Idaho (Schweitzer), the largest in Washington (Crystal) and the largest in California (the whole Lake Tahoe area). Don't miss it! Sign up now!

Use our online **Forum** to communicate with other club members, ask questions, organize carpooling, buy a 4x4 pass, etc.

Also, consider running some gates with us. Join a PACRAT team.

- Emilio



"Ski Patrol"

A new documentary TV series on truTV, channel 51. Filmed at Crystal Mt. (WA) and Blue Mountain (PA).

Wednesdays at 10:00 pm.

www.trutv.com/shows/ski_patrol/index.html

Ski Patrol Tryouts

The Mt. Hood Ski Patrol is having tryouts on December 6th and 7th. Come on either of those days. To participate, you must pre-register. Go to www.mthoodskipatrol.org and click on the "Join the patrol" tab for more information. Fill the form there, or call 866-828-9205 or email mhsp@onebox.com.

Note the color code.
Our club is blue.

2008 CALENDAR

Blue: Mountain High events

Red: NWSCC / FWSA events

Black: General events

Nov. 13 (Thur.): Membership Party

Nov. 14-16: Portland Ski Show

Nov. 15: Pray for Snow Party at Charlie's, Government Camp.

Nov. 17: Ski Fair at Monarch Hotel

Nov. 29 (Sat.): Mt. High Wine Tour

Dec. 12-21: Canada Ski Safari

Dec. 12-14: Bachelor Blitz

Dec. 14 (Sun.): Mt. Shop Demo day at Mt. Hood Meadows

2009

Jan. 11 (Sun.): PACRAT race Timberline

Jan. 18-24: Big Mountain (Ski Kats)

Jan. 25 (Sun.): PACRAT race Meadows

Jan. 24-31: FWSA Ski Week: Big Sky

Feb. 6 (Fri.): Mt. Bachelor ski for food

Feb. 15 (Sun.): PACRAT race Timberline

Feb. 18-22: Schweitzer Mt. trip

Mar. 8 (Sun.): PACRAT race Meadows

Mar. 13-15: Crystal Mt. trip

Mar. 22 (Sun.): PACRAT race -Ski Bowl

Mar. 28- Apr. 2: Heavenly / Tahoe

Mt. High

Membership Party



Click on photo or see our web site for more info & a flyer.

Nov. 13, (Thurs.) 6:30 - 9:30 pm.

Our biggest party of the year.

There will be free food and drinks.

Renew your membership, sign up for racing, or for ski

trips, win door prizes, ... meet other club members. Have fun! See what's new! Pick up a free NW Skiers' Directory! Bring a friend!

Location: Masonic Lodge (Friendship Center)
5626 N.E. Alameda St (off of Sandy Blvd.)

From I-84, take the 39th St. exit (from the west), of the 43rd Street exit (from the east), and get on Sandy Blvd. (north of the freeway). Follow Sandy up a small hill to 57th Ave. At the light, turn sharp left onto Alameda. Park on street, or in parking lot on the right.

See [flyer with map & directions](#) on our web site! Also on page 3.

Mt. High

Wine Tour



Nov. 29 (Saturday). Our 7th annual wine tour! We'll have a van or mini-bus with a designated driver. We'll meet at Fred Meyer in Tigard, and have a good time! Contact Debbi Kor: ijustwannarun1@comcast.net, or 206/283-0269.

Friends of the Forest: Mt. Hood Meadows Cleanup & Re-seeding



by Violet Anderson

Oct. 18, 2008. With 30 participating volunteers who spent the morning hunkered down, harvesting seeds off the snow-less slopes, about 90 total hours of service work was accomplished. The result will be hundreds of thousands of seeds planted.

The participants were taught how to identify wildflowers that have gone to seed. Then they collected seeds from Indian Paintbrush, Mt. daisy, goldenrod, and Mt. Heliotrope, among others. These seeds will be planted around the new First Aid building and anywhere that the ground was disturbed, to protect from erosion, and to bloom in native wildflowers without introducing foreign plants.

The work will help restore and protect ecosystems on Mt. Hood, and will enable Forest Service workers to plant hundreds of new native plant and flower species that Meadows' visitors and staff will enjoy for years to come.

The **National Forest Foundation**, **Mt. Hood Meadows** and the **Hood River Inn** have formally thanked all the participants. On the photo are: Mt. High members **Violet**, **Haley**, **Quinn** and **Steve** along with **Heidi** (Mt. Hood Meadows Sustainable Environment Manager, and Assistant to the Gen Mgr) and **Doug** (from the Forest Service).

See more photos at www.mthigh.org/PhotosRecent.htm.

Mt. High

Salmon River Hike

Oct. 12, 2008.(Sunday) Everyone had a good time on a moderate hike to the canyon viewpoint, a 7 miles round-trip with 900 feet elevation gain. This portion of the Salmon River Trail begins with a riverside stroll among huge old-growth trees. After 2 miles, the path leaves the river and climbs to a bluff with a view of the Salmon River's rugged upper canyon. Thanks to **Linda & Bruce McGavin**, **John Jessen** and **Elisabeth Fontaine** (our hike master) for the photos.



Mt. High Membership Party

**November 13 (Thursday)
6:30 - 9:30 pm**

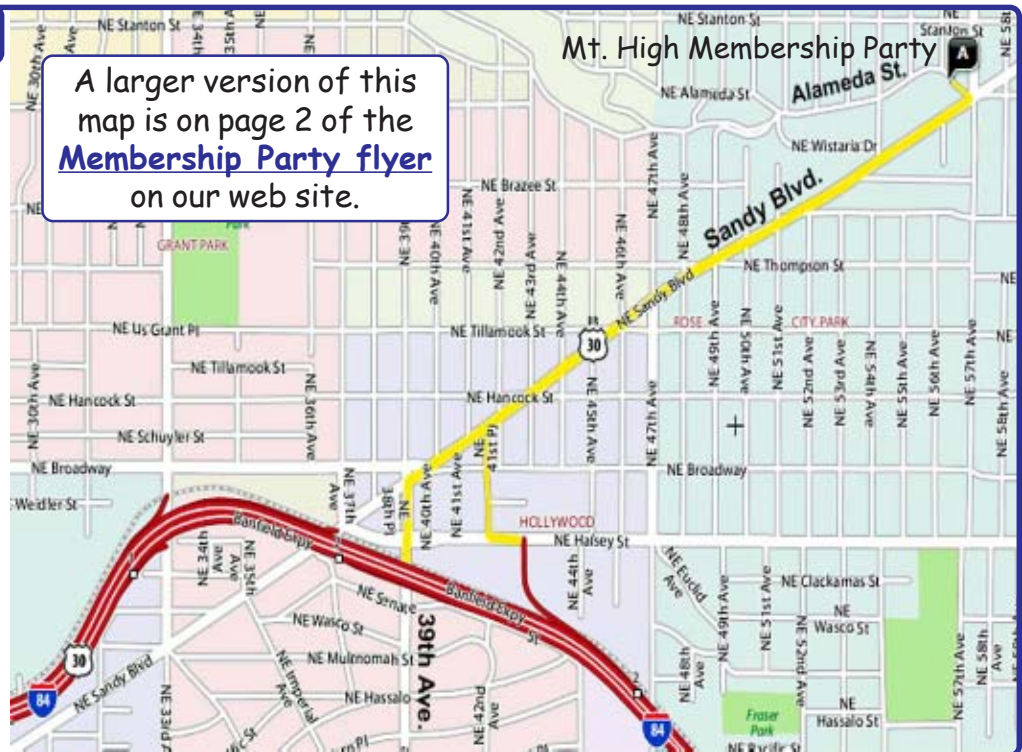
Our biggest party of the year! Make the most of your membership. Join something. Sign up for something.

Try racing. It's fun, purely recreational, and non-threatening. We'll find you a team.

Or sign up for a ski trip. Go see & ski places!

Bring your friends! Everyone interested in our club is welcome.

Location: Masonic Lodge, 5626 N.E. Alameda St (off of Sandy Blvd.)



A larger version of this map is on page 2 of the **Membership Party flyer** on our web site.

Ski Fever & Snowboard Show

Nov. 14-16, 2008 (Fri - Sun.) Admission: \$11.

Big annual ski show at the Expo Center. Great deals on ski clothing and equipment. Live demonstrations. Many freebies. More info at: www.portlandskifever.com.

To avoid paying for parking, consider riding a MAX train, which now stops right at the Expo Center.

If you want to volunteer to staff the NWSCC booth (representing ALL local ski clubs) contact Mary Olhausen, omary52@comcast.net.

NWSCC Ski Fair (Monarch Hotel)

Nov. 17 (Monday) 6-10 pm Admission: **FREE**.

One day only, at the Monarch Hotel, Clackamas. Meet local ski clubs and ski areas. **Silent Auction, Raffle**, and more!

All our members can purchase a **Meadows 10-time pass** for only **\$295** (instead of the regular \$330) at the Ski Fair.

You can even renew your club membership here.

To volunteer to staff the Mt. High booth, contact Emilio at: info@mthigh.org. Print flyer and post it somewhere!

Info abt. the Fair: Mary Olhausen, omary52@comcast.net.

NWSCC**Pray for Snow**

Nov. 15, 2008 (Saturday)

Annual event to help usher in the Winter season, with a live band, dancing, revelry, and the company of friendly

skiers. It's organized by the **Schnee Vogeli** ski club, but members of ALL local ski clubs are invited.

Location: **Charlie's Pub & Restaurant**, Government Camp.

Tickets: **\$10**, must be purchased in advance (Limited quantities). Contact your dearest member of the Schnees.

Dale Parshall: dale.parshall@usbank.com

Gordon Lusk: GordyLusk@hotmail.com

Richard Rizk: rich@rizklaw.com

There will be no tickets at the door. This event fills up!

Mt. High**Wine Tour**

Nov. 29 (Saturday). Our 7th annual wine tour! We'll have a van or mini-bus with a designated driver. We'll meet at Fred Meyer in Tigard, and have a good time!

To sign up, contact Debbi Kor at: 1-206-283-0269 or ijustwannarun1@comcast.net.



Oregon Cancer Ski Out



March 1-2: Register your 5 - person team now for this fun fundraiser for Cancer Research and hospice care.

Two races are held, and

only consistency counts; not speed. Team registration for 5 people is \$850. Contact **Russ Stanton**, russki2day@yahoo.com or **Dick Woolley** at rgwoolley@verizon.net. Lots more information on our web site: [www.mthigh.org/Events.htm#Oregon Cancer Ski Out](http://www.mthigh.org/Events.htm#Oregon%20Cancer%20Ski%20Out)

Hope on the Slopes



March 21: (Saturday) at **Ski Bowl**.

A fundraiser for the American Cancer Society.

This is a vertical challenge, where competitors earn points for both dollars raised and the total vertical feet skied. Teams can consist of between 5 and 15 people. You can also compete individually. There are no age restrictions.

Each participant will receive a personal web page that they can customize with their own messages and photos. Features of the web site include the ability to fundraise online and via email, track fundraising progress, and honor loved ones touched by cancer.

Registration is \$35 per person, or \$200 per team (for up to 15 members. Each participant is encouraged to raise a minimum of \$200.

Prizes include lift tickets, skis, boards, clothing...etc.

Funds raised will be used by the American Cancer Society for cancer research, education, advocacy, and service.

More info at www.cancer.org or [Click Here](#).



FREE \$KIING CORNER

1. Use your **Ski Fever Show 2 for 1** coupons for **Ski Bowl, Mt. Hood Meadows, Timberline, Hoodoo, Mt. Ashland, Mission Ridge, and Whistler/Blackcomb**. It's not free, but 2-for-1 is good.

2. **Shell offers a free lift ticket coupon** (Jan. - Apr.) for ski areas in Oregon, Washington, Idaho, and British Columbia when you buy 10 gallons of gas. [www.skifreedeals.com/shell skiforfree.php](http://www.skifreedeals.com/shell%20skiforfree.php)

3. **Warren Miller vouchers:** Free ticket to **Mt. Bachelor**, any Tuesday - Friday (except holidays). Also, a 2-for-1 at **Crystal Mt.**, Monday-Thursday in early December or in March. Also, free lift tickets to: **Big White, Silver Star**, and **Sun Peaks**, any time before Dec. 19, 2008 or any time after March 25, 2009.

4. **Big White & Silver Star:** Free skiing Nov. 26 - Dec. 18, if you stay a minimum of 2 nights at the resort.

Special, single day deals

Nov. 27: Sun Peaks, B.C. Free skiing for all US citizens on Thanksgiving. The next day, Nov. 28, free for Canadians.

Dec. 19 (Fri.): Red Mt., B.C. Free skiing for everyone!

Jan. 26 (Mon.): Rotary Night at Meadows, 1 - 9 pm for \$10. Contact Kris for tix, Kinman223@aol.com, 503-223-5023.

Feb. 6 (Fri.): Mt. Bachelor "Neighbor Impact" day. Bring 3 cans of food as a donation, and get a free lift ticket.

Feb. 27 (Fri.): 49 Degrees North. Drive your Toyota & ski free!

Mar. 6 (Fri.): Ski Bowl and Timberline, "Ski For Sunshine", 4 cans of food for local families in need, for a free lift ticket.

Mar. 15 (Sun.): Crystal Mt., WA: Half priced tickets for NWSCC members (i.e. all NW ski clubs, including Mt. High.)

Mar. 29 (sun.): Mt. Ashland. Ski/ride against hunger. Donate 5 cans of food for free ticket.

Apr. 19 (sun.): Anthony Lakes. Customer Appreciation Day. Donate food for free tix. Also half price tix every Thursday.

Reasons to Visit Schweitzer This Season

- by Emilio Trampuz -

Our club is organizing a trip to Schweitzer Mt., including a day at 49 Degrees North. But why choose this trip over the others? Here's why:

1. **Romantic setting.** Mid-mountain village, with gorgeous views of mountains and lakes, and a snowy carpet in front of your hotel door.
2. **Ski-in/Ski-out.** Schweitzer is one of the few places in the United States where you can ski right to your hotel door.
3. **Trees, trees, trees!** Great tree skiing. Yes, there are plenty of blue cruisers too, but Schweitzer provides some interesting glades. There are intermediate trees, advanced trees, and double-black trees. Take your pick, but do try skiing around some of them. Don't miss J.R. Trees, Glade-iator, Phineas Forest, and Shenanigan's (a.k.a: the Tree Farm).
4. **Ghosts, ghost, ghosts!** Capture some snow ghosts on your camera, and listen for the ghost of Phineas Schweitzer when you board the 6-passenger express lift named after his wife, Stella.
5. **Lots of terrain.** 5 ridges, 2 enormous bowls, 92 named runs (from Australia to Siberia). With 2,400 vertical feet, and 2,900 acres, Schweitzer Mt. is bigger than Alta or Snowbird (UT), Jackson Hole (WY), Copper Mt. (CO), Northstar-at-Tahoe (CA), Deer Valley (UT), or Aspen (CO).
6. **See the video, then ski it!** You have to see the beautiful video they have on the Schweitzer home page at: www.schweitzer.com. Then go ski it!
7. **Other activities.** Try Snowcat skiing, just 10 minutes from the village. Or, after a day of skiing, try some inner-tubing, jump into the hot-tub, have a great dinner at the Selkirk Lodge, or a pizza at Thor's, and then go out again for some night skiing. Or gather around the fireplace at the Selkirk Lodge for a pleasant fireplace chat.
8. **Powder!** Excellent, dry snow, and plenty of it. This is what Schweitzer is most famous for. --- But, wait, there's more! ---

--- There's a whole other mountain! ---

49° North

1. **Bigger than you think.** 49 Degrees North has 1,850 vertical feet and 2,325 acres. Only a little smaller than Schweitzer, and with slower lifts, but that only means the fresh powder lasts longer.
2. **Ski the 7 deadly sins.** There's a whole forest of them. The entrance to each is guarded by a monk. Pick your sin and ski it! No complaining!
3. **Visit the old tree**, or the **Nordic god**, or the **Wizard of the mountain**, whatever you want to call it. He is holding a bell. Ring it for good luck!
4. **Trees, trees, trees.** Didn't get enough at Schweitzer? Plenty more here!
5. **Loooong groomers.** Want some easy gliding on long cruisers? There's miles of them here.
6. **Bragging rights** for being one of the few people to ski 49 Degrees North. That's more than half way to the North Pole!



Next month: What's so special about **Crystal Mt.!!!**

PACRAT News

Pacific NW Area Clubs Recreational Alpine Teams



Bruce Ellison
Mt. High Racing Director

Mountain High, the club that skis (and rides) now provides more than half of all the teams that participate in PACRAT Racing. Last year we had 13 teams of 10 people each. That's 130 racers.

PACRAT Racing is a recreational racing program on modified GS courses of 20 to 40 seconds long. We race on 5 Sundays each winter at Mt.

Hood ski areas. The afternoon after each race we have a dinner and drawing for prizes donated by our sponsors. It's so much fun that there are folks who've been doing it for 20 years or more. If you're interested in trying this out this winter please check out www.mthigh.org/Racing.htm.

Each year some of our skiers also go to the Far West Ski Racing Association **Championship races**.

If you haven't been assigned to a team yet, contact us. There's still room on the 11th team and a couple of spots on other teams! If you want to race, contact Bruce: Yuffiet@comcast.net or phone: 503-697-7892.

How it Works: Details & Deadlines

1. Each racer should send to their team captain the [PACRAT entry form](#) and the [Liability Release form](#). Both forms are available on our web site.

2. Each racer should join the club (\$25) and pay the racing fee (\$85). The payments can be sent directly to the club's PO Box 2182, Portland, OR 97208. Or, you can send it to your team captain. But, in either case, please make check payable to **Mountain High**, and please enclose and sign the [Membership signup form](#).

3. By Dec. 2 (Tuesday, our December Board meeting). All team captains should send their PACRAT forms to our Racing Director, Bruce Ellison, as we need some time to cross-check all racing dues with our Treasurer. Our club will then make out one big check to PACRATs for all our racers.

4. Dec. 17 (Wednesday) -- Mandatory team captains' meeting, to pick up the racing bibs for their teams. Location: the **Buffalo Gap**, 6835 SW Macadam Ave, Portland, OR 97219. , starting around 6:00 pm.

2009 PACRAT Race Dates

| Date | Location |
|--------------------|------------------------------------------------------|
| Dec. 2 (Tue.) | Mt. High teams signup deadline. |
| Dec. 10 | Deadline to send all forms to Pacrats |
| Dec. 17 (Wed) | Team captains bib pickup, at Buffalo Gap |
| January 11 | Race 1: Timberline |
| January 25 | Race 2: Mt. Hood Meadows |
| February 15 | Race 3: Timberline |
| March 8 | Race 4: Mt. Hood Meadows |
| March 22 | Race 5: Ski Bowl |
| March 29 | Make up race, Timberline; only if a race is canceled |
| April 4-6 | FWRA Championships, Northstar-at-Tahoe |
| April 17 (tent.) | Rat Attack Awards Party |



5. Some teams gather socially for a "bib decorating party". Feel free to color your bibs if you like (optional). Otherwise, your team captain will distribute the bibs on the morning of our first race at Timberline.

New racers

Please know that it is usually not enough to just send in your racing fee and the two PACRAT forms. You also need to find a team to join. You can find a list of team captains and contact info on our web site [Racing](#) page.

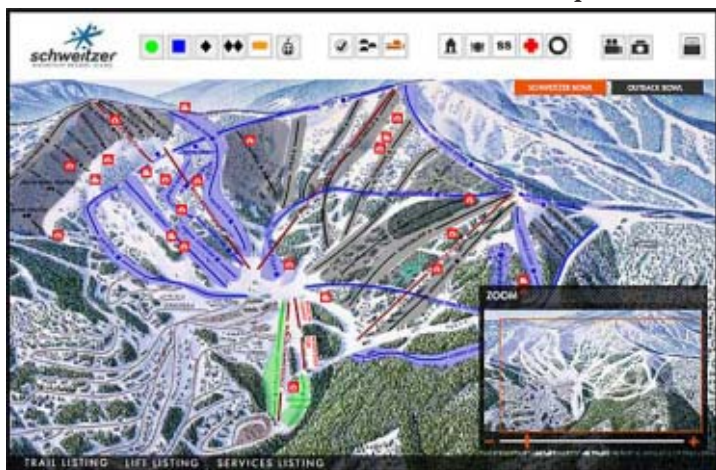


If you have not yet been assigned to a team, or if you don't know who your team captain is, or you haven't signed up yet, but would still like to join a team, please contact [Bruce](#) as soon as possible. We will find you a team. Anybody who wants to race will get a spot.

What's New at Ski Areas

Schweitzer Mt. offers interactive trail map

Schweitzer Mountain has a new interactive trail map on their web site. It allows users to view photos and



videos depicting their runs just by clicking on them. Kinda cool! Click on the green, blue and black symbols at the top, to see the corresponding trails, or click on the photos or video symbols. See the map at:

www.schweitzer.com/mountain/trail_maps/interactive/

Lift Ticket Prices Out of Control

Both Meadows and Mt. Bachelor are raising their prices, especially on weekends, a.k.a. "Peak days". Every weekend is like a holiday, at least in terms of "holiday" pricing.

Mt. Bachelor's Saturday ticket is **\$69** (\$11 over their weekday price). At Mt. Hood Meadows, every weekend day is also **\$69** (\$15 over the weekday price).

We recently overheard the following comment:

"The bunch that bought Mt. Bachelor from the Oregon owners raised their rates last year and suffered a 7% drop in patronage. As a result, much of the upper management has just been fired and a new group of out-of-staters has taken over; and --- raised the rates!"

"Shall we wish them luck in their endeavor; or maybe just stand aside, ski elsewhere, and enjoy the show?"

Some ski areas have more than tripled their lift ticket prices since the late 80s. For example in 1987-88, a day ticket at Timberline cost \$15, at Ski Bowl \$14. Has anyone's salary tripled in the same period?

The higher prices are definitely one more incentive to visit a bunch of less well known (and less expensive) ski areas around the Northwest. Check out the **NW Ski Challenge**. Also, consider **back-country trekking**.

Northwest Ski Challenge

For the past three years, the **NW Ski Club Council** has rewarded skiers and snowboarders who have met the Challenge with gift certificates for equipment or services at ski shops, and one lucky winner each year goes home with a ten-time pass to Mt. Hood Meadows.

In an effort to make the Challenge more accessible to everyone, the bar has been lowered a bit for the upcoming season. No need to ski a whole State any more.

Ski or ride any 5 or more resorts in Oregon, Washington and/or Idaho during the 2008-2009 ski season to be eligible to win a prize. The more ski areas you visit, the more valuable the prizes.

Help out the smaller areas, by visiting them, and help yourself to some fresh slopes and lower prices. Plus, win a prize! Just save your lift tickets. See details on our web site, on the TRIPS page.

New at Mt. Hood Meadows

1. A **howitzer gun** installed near "Pluto" on the Shooting Star ridge. It will be used for avalanche control on the Basalt Ridge and Super Bowl, above Heather Canyon, so the canyon can be opened sooner.
2. New terrain called "**Search & Rescue**", below the Shooting Star base will be open through gates. There are dangerous cliffs and steps, so bring shovel, beacon and probe. Watch the video on Meadows web site.
3. "**Fright Trees**", mentioned last Spring, is located at skier's Far Right (thus F-RIGHT) off of the Tamarack trail. It starts off gently, but it gets steeper at the end. You end up at the bottom of the HRM lift.
4. **Buses** to Meadows will run Fridays from the Mountain Shop, and weekends and holidays from Tualatin and Gateway Park & Rides. Cost: \$79 includes both bus and lift ticket.
5. The **10-time pass** is now a picture pass. No more need to go to the ticket office. Go straight to the lifts. But it can't be shared at the end of the season.

New at Timberline

1. The **Flex Pass** (10-day for \$299, or 5-day for \$149) is now a much better deal. Last year, you had to use 2 points on weekends. Now, weekends & weekdays cost the same. Each point equals a day of skiing.
2. The **Fusion Pass** is still the best deal: a season pass to both Ski Bowl and Timberline, for **\$449**. But price goes up by **\$50 on November 16, 2008**.

**Mailbox: Forum questions**

Q How can I contact other club members about selling my gear, or purchasing a 4x4 pass?

A Visit our Forum, which is actually a Google Group. Read the messages there, or post your own. Every time you post a message, it is sent via email to everyone who has joined this group list. It's optional. You don't automatically get added just by joining the club. On our web site, click on the **Forum** button.

Q Why does it take so long for my message to appear in the Forum?

A Your messages are delayed only if you haven't joined the Group first. It's to prevent spammers from flooding us with spam. Messages from non-members are put on hold until our group moderator approves them. To avoid the delay, simply click on "Join this Group" in the upper right of the Forum window. Provide an email address and a nickname of your choice. Feel free to use your real name.

Q How can I send a personal email to someone in the Forum? All email addresses are truncated? I can't even show my own email address!

A Google Groups automatically truncates all email addresses, for your privacy. But, you can still contact someone privately, even if you don't know their full email address. Click on "**Other options**" in the upper right of the person's message. Then select "**Reply to author**". Your message will be sent as a private email to the person. Nobody else will get a copy of it, and it will not appear in the Forum.

If you want to show your full email address to others, you can work around Google by replacing the @ symbol with the letters "at", as in: "[info at mthigh.org](mailto:info@mthigh.org)".

Q How can I unsubscribe from the Group?

A There are two ways: 1) In the Forum, click on "Edit my Membership", then check the Unsubscribe option at the bottom. OR:
2) Click on the Unsubscribe link at the bottom of each group email, to send an Unsubscribe email.

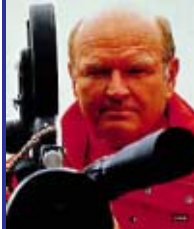
Mt. High Trips Preview

Want to see a preview of our trip destinations for this year? Check out a 3.5 minue [slideshow](#) we just set up on our [Photos](#) page. Normally, that is a static page with just 5 or 6 sample photos from our

former trips. But, we have now added a special insert, which displays a slide show highlighting 4 upcoming club trips (Canada Safari, Schweitzer, Crystal, and Lake Tahoe), all based on previous similar trips.

Suggestion: Click on the button in the upper right corner of the insert, to enlarge the window. Then hit the middle button to start the show.

Want even more? Go to our [Videos](#) page, and watch the videos of our **Heavenly/Tahoe** trip, the **Canada 2006** trip, the **Crystal Mountain 2005**. Sorry, no Schweitzer video yet, but for Schweitzer, check out the video on Schweitzer's home page, at www.schweitzer.com.

Printing / donating vouchers

90 of us went to see the new Warren Miller movie: "Children of Winter Newver Grow Old". Now, remember to use the **10-digit code** on Warren Miller's web site to unlock & print your own free lift ticket vouchers.

Once they are in your name, they are not transferrable.

If you wish to **donate** your vouchers to the club, please mail the card with the 10-digit code to **Emilio Trampuz, 4742 Liberty Rd. S., Salem, OR 97302**, and we'll pass it on to someone who wants to come to Canada.

Mt. High**Whistler Cabin**

Jan. 25-31, 2009. 6 nights lodging/ 5 days skiing. Carpooling. Cost - \$250 pp. includes lodging, daily breakfast, lunch & dinner. Everyone is encouraged to cook a dinner. For lift tickets, use those Shell coupons. Lodging in a cabin 5 min. north of Whistler Village. Shuttle to lifts every 20 mins. Contact **Bill Leeper**: 503-639-2603.

Skiyente Mt. Bachelor Family Trip

April 10-12, 2009. Each year, the all female Skiyente Sli Club organizes a Family trip, open to all members of local ski clubs who want to join in the fun.

This year, the trip will be to Mt. Bachelor, on Easter weekend. Send \$100 deposit to Skiyente Ski Club, P.O. Box 56342, Portland OR 97238. Contact: Colleen Walter, colleenski2002@yahoo.com.

See more info on our web site, on the TRIPS page.

Winter Trips

It's time to sign up for something. Some trips will fill up fast. So, don't wait!

Plan your winter now!



The following pages are trip summaries. More info will soon be posted on our web site: www.mthigh.org/Trips.htm.

If you travel to Canada or Europe, you will need a passport. See: www.mthigh.org/Articles/Passports.htm

NWSCC

Bachelor Blitz



Mt. Bachelor

Dec. 12-14, 2008.

Join all local ski clubs in a celebration of Mt. Bachelor's 50th anniversary.

Only **\$249** includes:

- > 2 nights lodging
- > Bus from Portland
- > Saturday night dinner

Lift tickets are extra, but will be very affordable, at only **\$79** for a 2-day pass (Saturday and Sunday).

During the 80s and 90s, local ski clubs used to run several busloads of people to Mt. Bachelor, to usher in the new season with a big party. The last Blitz was held in December 2001.

Now, seven years later, it's time to dust off our skis, re-visit Mt. Bachelor, and ski and party hard. It's time for another Blitz! Party, party, party!

Mail a \$249 check to: NWSCC P.O. Box 1915 Portland, OR 97207-1915

Contact **Debbi Kor** at: ijustwannarun1@comcast.net, 206/283-0269.



NW Ski Areas Map



Use this map for basic orientation for any of our upcoming trips, especially the Canada Ski Safari.

Ski Kats Big Mt. (MT)



Jan. 18 - 24, 2009. A train trip to Whitefish Mountain Resort (the new name for Big Mt.)

The **Ski Kats** club invites us to join them. Party en route. Sleeping compartment included in both directions. 4 days skiing out of 5, ground shuttles included.

Price: \$749 (adults, 16 - 64)
 \$679 (seniors 65 - 69).
 \$482 (seniors 70 or over)

Mail \$100 deposit to Mt. Hood Ski Kats, PO Box 90141, Portland, OR 97290. "Attn: Dincelli"

Contact: **Annette D'Incelli**, 503-788-0956, or dincelli@aol.com.



More info on the TRIPS page on our web site www.mthigh.org

Canadian Ski Safari: Columbia River valley

Dec. 12- 21, 2008. A road trip, skiing a different ski area each day! This can be done as a standard 5-day trip, as in past years, or as the expanded 9-day trip (a whole week, with both weekends on either end).

NOTE: Sorry, but we had to move the dates to later than planned because ski areas on the longer trip (Kicking Horse, Panorama, Kimberley, Fernie) don't open until about Dec. 12. Most other places will open by Thanksgiving. The shorter trip can be done earlier.

We can all start together, skiing Mission Ridge, Big White, and Silver Star together. Then, the **5-day** people can head west to Sun Peaks and Mt. Baker, while the **9-day** group heads a bit further east - to Revelstoke, Kicking Horse, Panorama, Kimberley, and Fernie.

We did the **classic 5-day trip** around Canada for 4 years in a row. See detailed instructions, phone numbers, addresses, maps, etc. on our web site. See the ARTICLES page (and then look for Canadian Ski Safari) at: <http://www.mthigh.org/Articles.htm>.

But, let's do an even better, extended ski safari this time. After visiting Silver Star, we'll follow the Columbia River upstream, to its source. So, let's call this the **Columbia River Ski Safari**. See [map](#) on our web site.

DAY 0 (Friday): Not counting this as a real day, because people can still work this day, and drive out of Portland after work. Usually, we just drive for about 4 or 5 hours, to Ellensburg or Wenatchee (on Hwy 97). Or to Bellingham (on I-5), and spend the next day skiing at either [Mission Ridge](#) or [Mt. Baker](#).

DAY 1: (Sat.): Ski [Mission Ridge](#) or [Mt. Baker](#).. Then 5 - 6 hr. drive to Big White.

DAY 2 (Sun.): Ski [Big White](#), then 2 hrs. to Silver Star

DAY 3 (Mon): Ski [Silver Star](#). After this, we separate. The shorter, 5-day group drives west, while the longer, 9-day group goes east. Either way is about 2.5 hours of driving to the next destination.

DAY 4 (Tue.): 5-day group skis [Sun Peaks](#)
9-day group skis [Revelstoke Mt.](#), a brand new ski



resort, which opens a total of 6,000 vertical feet this year, by far the largest vertical in North America.

DAY 5 (Wed.): 5-day group skis or [Mt. Baker](#), then drives home to Portland.

9-day group skis [Kicking Horse](#). Over 4,000 vertical feet in a single 10-minute gondola ride. 4 bowls. Great views of the Columbia River valley below.

DAY 6 (Thur.): Ski [Panorama](#). Just 1.5 hours south of Golden, 11 miles from Invermere. 1 hr. to Kimberley.

DAY 7 (Fri.): Ski [Kimberley](#), B.C.'s sunniest ski resort. 1.5 hrs to Fernie.

DAY 8 (Sat.): Ski [Fernie](#), 5 enormous bowls.

ALTERNATIVE DAYS 7-8

Red Mountain (B.C.) offers a free ski day on Friday, December 19. This is great, but it lies a bit out of our planned route. It can be done, but it will take us a few extra hours of driving. On top of that, we would have to skip 2 of the areas listed above (either Panorama, Kimberley, or Fernie). I say 2, because it seems too much driving to return to them after Red My. (which is very near the US border).

So, instead, if we ski Red Mountain on Day 7 (Friday), then we could spend Day 8 (Saturday) at [49° North](#) or at [Mt. Spokane](#). Both are excellent places!

DAY 9 (Sun.): Just drive home, or if we still have any energy, ski [Silver Mt.](#) (ID) or [Mt. Spokane](#) (WA), or even [Bluewood](#) (WA), depending on how we feel. Lots of choices. That's the beauty of this trip!

DRIVING HOME. Even if we ski till 4 pm on the last day, we could still be back in Portland by midnight. But, if we are tired, we could ski only half a day, and arrive home earlier.

This is a very informal trip. Just drive up, preferably carpool, and let's ski! If we share lodging and gas expenses, the trip can be quite affordable. Last year, on a similar 9-day trip, Kurt, Kay and Emilio spent **\$312** per person, for lodging and transportation for the whole 9 days/9 nights.

For details about this road trip, and for help coordinating the carpooling, contact **Emilio Trampuz** at: 1-503-378-0171, or Emilio2000@earthlink.net.

FWSA

Far West Ski Week: Big Sky (MT)



Jan. 24-31, 2009. The biggest ski party in the West is the annual Far West trip, involving dozens of ski clubs throughout the Western States.

Big Sky and adjacent **Moonlight Basin** offer lots of terrain.

Price ranges are from \$900 to \$1485 depending on lodging selection. *Price does NOT include air or ground transportation.

Price includes 7 nights lodging (double occupancy) and the FWSA amenity package. (FWSA amenities packages will NOT be sold separately)

The FWSA amenity package includes:

- * Registration
- * Welcome Party,
- * Pub Crawl,
- * 5-day lift ticket,
- * Mountain Picnic,
- * 3 Races (optional);
- * Après Ski Party,
- * Council Night Event,
- * Farewell Awards Banquet



Send in a \$100 deposit. Make check payable to **Northwest Ski Club Council**, P.O. Box 1915, Portland OR 97207.

Contact: **Barbara Bousum**, 503/224-3584, BBousum@gmail.com.

Mt. High

Schweitzer Mt. (ID) + 49° North (WA)



Snow ghost at Schweitzer Mt.



Feb. 18 - 22, 2009. 4 days/4 nights. Leave Wednesday around noon. Return on Sunday by 9 pm. 3 days and nights at Schweitzer, plus 1 day at 49° North.

Schweitzer Mt. Larger than many Colorado resorts, with 2,900 acres and 2,400 vertical feet. It has a 6-passenger hi speed lift, 2 hi speed quads, 1 triple, 3 double lifts. Open bowl and tree skiing. Long cruisers. Ski-in/ski-out lodging. See snow-ghosts & ghost of Mr. Schweitzer.

49° North has 2,325 acres, 1,850 vertical feet, served by 1 quad and 4 double chairlifts. You can ski the 7 Deadly Sins (aka Cy's glades), and ring the mountain god's bell for good luck. Long cruisers. Lots of tree skiing.

Lodging: 3 nights at Selkirk Lodge in on-mountain village at Schweitzer, hot tub, heated pool, restaurant, ski-in/ski-out. After leaving Schweitzer, we'll spend a night in a motel in Newport (WA), an hour from Schweitzer and less than an hour to 49° North. Motel has high-speed internet, cable TV, and restaurant.

Transportation. We'll have a chartered bus all the way from Portland. If you prefer, you can fly to Spokane, and connect with us either in Spokane or at Schweitzer Mt. Flight is not included.

Price: Sliding scale, depending on the number of participants. For **30** people, price = **\$677**. For each additional 2 people, price for everyone drops by \$7. For 40 people, price = \$641. Price for those 65 or older will be **\$20 less**. Sorry, that's all the lift ticket discount we can get.

Included: 4 nights lodging, 3 breakfasts (at Schweitzer), 4 lift tickets, and bus transportation.

Payment schedule: Initial deposit = \$100.

2nd deposit **by Nov. 10** = \$230 additional

Remaining sum **by Jan. 15** = (approx. \$330 or less, depending on # of participants).

Use **Dough Transmittal form**, p.11. Note: No cancellations in the last 30 days.

Contact **Emilio Trampuz** at: 1-503-378-0171, or Emilio2000@earthlink.net.

Mt. High

Crystal Mountain (bus trip)



March 13-15, 2009. Our annual **Mt. High weekend bus trip**. 2 nights/2 days. We leave Friday around 5:00 pm. Lots of fun on the bus - this is the best way to get to know other club members! We'll return Sunday by 8 pm.

Crystal Mountain is the largest ski area in Washington with 3,100 vertical feet and 57 named runs. There's everything from gentle groomed cruising runs for beginners to challenging steeps - backcountry, glades, chutes and unbelievable black runs for the more adventurous. Skiing Magazine voted Crystal Mountain the #7 top mountain in North America. There are 2 six-pack hi-speed lifts, 2 hi-speed quads, 2 triples, and 4 doubles.

Crystal Mt.



Crystal Mt.

New since our last trip to Crystal Mountain in 2005 is the Northway lift, a double chair that moves at a faster than normal rate, providing access to 1,000 acres of skiing and increasing Crystal's lift-serviced terrain by 77%. There are now 2,300 acres of lift served terrain, plus 500 acres of backcountry.

We'll again stay at the Best Western Park Central hotel in the center of downtown Enumclaw, 45 minutes from the mountain, with easy access to a variety of restaurants and bars. Breakfast is provided for hotel guests.

We'll keep the cost down by using a sliding scale. **The more people, the lower the price** (\$3 less for every additional 2 people). Bring all your friends and save money! Price (with a minimum 28 people), is **\$220** for the bus trip, 2 nights' lodging, 2 breakfasts, and one lift ticket. The reason for only one lift ticket is that on Sunday, March 15, Crystal Mountain is allowing all NWSCC club members to buy tickets at half price - only \$30 - but you have to go to the ticket window yourself and show your NWSCC card (i.e. your club membership card; you'll get it when you re-join for 2008-09).

Use [Dough Transmittal form](#), p.11, to send **\$100 deposit**, due by **November 30**. Full payment due by February 15, 2009 (you will be told the balance due - the trip price could be as low as \$205 (if we get 40 people!). No refunds after Febr. 15 unless you fill your spot. Contact **Linda McGavin**: (503)652-2840, Trips@mthigh.org.

Mt. High

Lake Tahoe / Heavenly

Kurt at Diamond Peak
Lake Tahoe

Mar. 28 - Apr. 2, 2009 A 5-day trip (Saturday - Thursday).

Skiing: Heavenly is our main destination, with 4,800 acres and 3,500 vertical feet, and slopes in both California and Nevada. But, we'll visit other places too.

Lodging: Lakeland village condos, 1-4 bedrooms, full kitchen, hot tub, heated pool, sauna, free shuttles, 1 mile to the lifts.

Fly to Reno (on your own), or drive, or rent a car. Janice can help you carpool with others. You can also link this trip with the Far West Championships at Northstar, which start the day after this trip ends.

Price: Approx. **\$400** (yet to be finalized) includes:

- * 5 nights lodging, in shared condo. * Breakfast
- * 2 of 3 days lift ticket to Heavenly * Wine & cheese welcome party,
- * Shuttle around town and to Heavenly gondola or tram.

Contact **Janice Jessen**: jessen@iinet.com

Send \$100 deposit. Use [Dough Transmittal form](#), p.11. Note: No cancellations in the last 30 days.

Email Options

In between newsletters, we keep you informed via email. You have a choice:

- A) Recive ALL the club's emails.** All ski-related and/or club related.
 - B) Receive only club-related messages.** If it's not about our club, it won't be sent. That means, no emails about other clubs, other ski areas, NWSCC, FWSA, ski shop specials, etc. Strictly our club only.
 - C) No email at all.** Just the monthly newsletter, and nothing else.
- Indicate your preference on the Membership renewal form. If you wish to switch at any point, let **Emilio** know your preference.

Mountain High Meeting

Usually 1st Tuesday of the month.
Dec. 2 (Tue.): Open to all who want to get more involved with the club. This is an organizational meeting to plan future events.
 Gather at **6:00 pm**. Start at **6:30 pm**.
 Location: **Round Table Pizza**, 10070 SW Barbur Blvd., near Capitol Hwy.

Mountain High snowsport club contacts:

- President:** Terry White, H: 503-781-4558, TWhite223@msn.com
- Vice-President:** Gordon Lusk, H: 503-804-8363, GordyLusk@hotmail.com
- Secretary:** Diane Zhitlovsky, H: 503-244-3392, Dianezhi@hotmail.com
- Treasurer:** Sandi Dykstra, H: 503-629-0177, sandid@aol.com
- Membership Director:** Elaine Bock, SeawitchPdx@aol.com
- Race Director:** Bruce Ellison, H: 503-697-7892, Yuffiet@comcast.net
- Newsletter Editor:** Emilio Trampuz, H: 1-503-378-0171, info@mthigh.org
- Social Activities:** Marsha Cosgrove, H: 503-799-2833, W: 503-805-8606, baebaw@ccwebster.net
- Golf:** Cal Eddy, H: 503-631-3115, boar2m@msn.com
- Mid-week skiing:** George Yun, H: 503-697-3055, ijustwannarun1@comcast.net
- NWSCC Rep:** Debbi Kor, H: 503-314-7078, Trips@mthigh.org
- Trip Directors:** Linda McGavin, H: 503-652-2840, jessen@inet.com
- Janice Jessen, H: 503-636-0687, jessen@inet.com

General info:
info@mthigh.org
 Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: New membership Renewal

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

- Email Preferences:**
- Newsletter (once a month): yes, link only yes, complete file no
 - No changes - Club news & events (between newsletters): yes no
 - (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): yes no
 - Is it OK to share your email address with other club members? Yes No

Whereas the Mountain High Snowsport Club ("Club") is an organization of fun loving ADULTS whose events are organized by members who volunteer their efforts for the enjoyment of their fellow members and friends, please remember when I participate in Club events I do so at my own risk. Sporting activities, indeed, any activity, includes inherent risks. I will evaluate my own abilities and responsibilities and join in the Club fun as a responsible and considerate adult. I will not hold the Club or any Club officer liable for the consequences of my decisions and my behavior. The bottom line is, stuff just happens sometimes and the club volunteers are not to be blamed for helping us have fun. Besides, the Club has no assets, except for a leftover banner, some balloons, or a couple of empty beer bottles with the Club's name on them.

Please take my money, and apply it toward the following Ski Club fun stuff: Deposit? Paid in full?

- Annual Membership** (Oct. 1, 2008 - Sept. 2009): Single (\$25); couple (\$40) \$ _____
- PACRAT Racing (2008/09)** Total: \$85 Team name: _____ \$ _____
- Schweitzer** (Feb. 18-22, 2009) 1st dep.: \$100, 2nd dep.: \$230 by Nov. 10., Total = \$677 \$ _____
- Crystal** (March 13-15, 2009) Deposit: \$100 by Nov. 30., Total = \$220 by Feb. 15. \$ _____
- Heavenly** (Mar. 28-Apr. 2, 2009) Deposit: \$100 by Nov. 30., Total = \$400 by Feb. 28 \$ _____
- Other:** _____ \$ _____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

Club membership = 252 Newsletter Distribution

The Nov.2008 issue is posted on our web site, and also:
325 copies sent via email (as PDF files)
27 paper printed copies sent via US Mail.
 Copies are sent to potential members, other clubs, etc..
Please help us minimize the cost of mailing paper copies.
Send your email address to: info@mthigh.org.

Mt. High Wall Calendar

A 15-month wall calendar (Oct. 2008 - Dec. 2009) customized with our club photos and with most of our winter trips and PACRAT races already marked. You can print it straight from our web site, in 2 sizes:

1. **Tabloid** (11x17") - Free download or **\$8** printed.
2. **Letter** (8.5 x 11") - Free download or **\$4** printed.

Click on the link to download, or send a check to Emilio Trampuz, 4742 Liberty Rd. S., #296, Salem, OR 97302. Payable to Emilio Trampuz.

Back-country Alpine Touring

There is a trend happening. More people are developing an interest in alpine touring, exploring the ungroomed and out-of-bounds. Violet climbed Mt. Hood, Emilio has been trying Mt. Shasta. Tom bought AT bindings. Getting away from the crowds is becoming more popular. More about it next time!

Emilio Trampuz
 Mountain High Newsletter editor
 4742 Liberty Rd. S., #296
 Salem, OR 97302

Please check our web site,
www.mthigh.org
 for updates.

Powder Cord Pouch



The easiest way to keep your powder cords on you.

Powder cords are 6-foot long brightly colored cords you attach to your skis, so you can find them more easily in deep snow. But, they are a pain to stuff under your pants every time, especially in repeated use, as when riding a gondola or a snowcat. These pouches eliminate that hassle.

Made in Eugene, Oregon, adjustable, one size fits all, \$24.95, or \$34.95 (with cords). Over 40% discount if you order 10 or more. More on our **Bulletin Board**.

Or go to: www.powdercordpouch.com.

Alternate Schweitzer Trip

Jan. 14-24, 2009. Want to go to Schweitzer, but February doesn't work for you? Then join the Fresno ski club on their 7 nights/ 5 days trip in January. Fresno ski club president, Carola Gaylord, has invited us. You don't need to join their club. See details at: www.fresnoskiclub.com/schweitzer_2009/index.html

