



Lift Lines

== No. 94, October 2008 ==

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Hi folks,

Start planning your winter! Do you really need a season pass? See p. 4 for a long list of **free** ski days at a variety of Northwest ski areas.

To connect with others for the 4x4 pass, use our Forum.

Also, consider running some gates with us. Join a PACRAT team.

Also, a fairly complete list of winter trips is listed on pages 7 - 10. Please sign up early, and note that some trips have a strict schedule of payments. Make this the year to **really** ski with the club! Follow Laurie's example!

- Emilio



Laurie O'Harra working with the Adaptive ski program at Mt. Bachelor.

New enthusiasm



Laurie O'Harra joined the club in December 2007. This year, she has renewed enthusiasm for the club. She says: **"This is my year to have some fun with the club."**

Note the color code.
Our club is blue.

2008 CALENDAR

Blue: Mountain High events
Red: NWSCC / FWSA events
Black: General events

Oct. 9-10: Hillcrest Race Night
Oct. 11-12: MHSP Ski Swap
Oct. 12 (Sun): Hike - Salmon River
Oct. 18 (Sat.): Friends of Forest (Meadows)
Oct. 24 (Fri): Warren Miller movie
Nov. 13 (Thur.): Membership Party
Nov. 14-16: Portland Ski Show
Nov. 15: Pray for Snow Party at Charlie's, Government Camp.
Nov. 17: Ski Fair at Monarch Hotel
Nov. 29 (Sat.): Mt. High Wine Tour
Dec. 5-14: Canada Ski Safari
Dec. 12-14: Bachelor Blitz

2009

Jan. 18-24: Big Mountain (Ski Kats)
Jan. 24-31: FWSA Ski Week: Big Sky
Feb. 18-22: Schweitzer Mt. trip
Mar. 13-15: Crystal Mt. trip
Mar. 28- Apr. 2: Heavenly / Tahoe
Apr. 2 - 5: FWRA Championships at Northstar-at-Tahoe (CA).

Mt. High

Hike: Salmon River

Mt. High



Sunday October 12, 2008.

Central Salmon River
Moderate hike (to canyon viewpoint),
7 miles round-trip, 900 feet elevation gain.

This portion of the Salmon River Trail begins with a riverside stroll among huge old-growth trees. After 2 miles, the path leaves the river and climbs to a bluff with a view of the Salmon

River's rugged upper canyon.

How to get there: Highway 26 to Zigzag, Turn Right onto Salmon River Road. Follow the paved road for 4.9 miles, just before the bridge is Parking and the trailhead.

We need day use passes! Golden Eagle Passes are not accepted

Meet for Carpool or Caravan: Sunday, Oct. 12.

We leave the Barbur Transit Center 9:00 AM

or Halsey Transit Center 9:30 AM

or meet us @ the Trailhead around 10:30 am.

Bring water and lunch! **Please RSVP: Elisabeth** 503-524-5774,
Cell: 971-226-4545, or email: lise518@msn.com.

Happy Trails! - Elisabeth

Mt. High

Children of Winter Never Grow Old

Oct. 24 (Friday). Warren Miller Entertainment's new movie.
Dinner at **Oliver's** at 5:30 pm. RSVP to Emilio.
Come to Arlene Schnitzer Concert Hall at: 7:30 pm
Movie starts at 8:00 pm. Details on page 8.

Mt.High

Mt. High Annual Summer Picnic

by Terry White

The date: Sunday, August 10th.
The time: "High Noon".
The place: Sellwood Park, Area A.
The event: Mt. High Annual Picnic.
Fifty to Sixty snow-riders, friends and families joined for an entertaining day of softball, food and commodore.



Past president **Gary Stevenson**, lead all participants in our annual softball game. No one got hurt. Everyone had fun. A very successful game!

Down to the picnic area, where **Suzanne Stevenson** was busy grilling a large variety of hot dogs. **Gordy Lusk**, V.P., boiled some of the dogs. Then provided a fresh cooked Corn-On-The-Cob. Add in all the salads, chips and dips, along with the great deserts provided by all the participants and no one left hungry.

Emilio Trampuz, our communicator extraordinaire, provided fliers for many of the ski season's ski trips. A great deal of conversation took place and many were ready to sign-up for trips on the spot.

If you missed this family oriented event this year; do not make the same error next year.



Mt.High Seafood Spectacular

Sept. 27. Our end-of-summer seafood party was hosted by **Blaise** and **Alice Dagilaitis**.

About 60 people showed up, and everybody got their share of salmon, cod, clams and muscles, and more salads, side dishes and desserts than you could imagine. The new wall calendar was passed around, and there was much talk about the upcoming season, and abt. past experiences.



See more photos at www.mthigh.org/PhotosRecent.htm.



Hillcrest Ski & Sports Race Night(s)**Oct. 9 (Thurs.) 7 pm -- ???****Oct. 10 (Friday) 10 am - 8 pm**

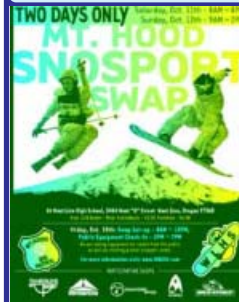
Great annual sale. On Thursday the 9th, factory reps will be on hand to answer questions and help with gear selection. The prices will be well below retail, so it is a great opportunity to get the latest gear. This is not just for race equipment but is open to all levels of equipment.

Location: Hillcrest Ski & Sports store.
2506 SE Burnside Rd, Gresham, OR 97080

See flyer and map on our web site at: <http://www.mthigh.org/Events/Map-Hillcrest-Ski-w.jpg>

For info, call the shop at 503-665-4455. Ask for **Greg**, Steve or Dex. Or call Gary Gunderson, our PACRAT racer extraordinaire, at 503-258-8051.

Web site: www.hillcrestsports.com

Mt. Hood Snowsport Swap**Oct. 11 & 12, 2008.**

Benefiting the Mt. Hood Ski Patrol and West Linn Snowboard Team - West Linn High School.

Saturday 9 am -5:00pm

Sunday: 9 am -2:00pm

West Linn High School

5464 West "A" Street, West Linn, Oregon 97068.
Click here for Google map.

Skis, boards, boots, clothing, boxes, packs, etc.

Items will be accepted from the public on Friday, Oct. 10 for re-sale !!!! Bring your stuff on Friday between 3 pm - 7 pm. (Kids under 12: Free.)

Admission: Individuals: \$3, Families: \$6,

Mt. High Membership Party

Click on photo or see our web site for more info & a flyer.

Bring a friend!

Nov. 13, 2008 (Thurs.) 6:30 - 9:30 pm. Our biggest party of the year. There will be free food and drinks.

Location: Masonic Lodge (Friendship Center)
5626 N.E. Alameda St (off of Sandy Blvd.)

Renew your membership, sign up for racing, or for ski trips, win door prizes, ... meet other club members. Have fun! See what's new!

NWSCC Pray for Snow**Nov. 15, 2008 (Saturday)**

Annual event to help usher in the Winter season, with a live band, dancing, revelry, and the company of friendly skiers. It's organized by the **Schnee Vogeli** ski club, but members of ALL local ski clubs are invited.

Location: **Charlie's Pub & Restaurant**, Government Camp.

Tickets: **\$10**, must be purchased in advance (Limited quantities). Contact your dearest member of the Schnees.

Dale Parshall: dale.parshall@usbank.com

Gordon Lusk: GordyLusk@hotmail.com

Richard Rizk: rich@rizklaw.com

There will be no tickets at the door. This event fills up!

Ski Fever & Snowboard Show**Nov. 14-16, 2008 (Fri - Sun.)** Admission: \$11.

Big annual ski show at the Expo Center. Great deals on ski clothing and equipment. Live demonstrations. Many freebies. More info at: www.portlandskifever.com.

To avoid paying for parking, consider riding a MAX train, which now stops right at the Expo Center.

If you want to volunteer to staff the NWSCC booth (representing ALL local ski clubs) contact Mary Olhausen, omary52@comcast.net.

NWSCC Ski Fair (Monarch Hotel)**Nov. 17 (Monday)** 6-10 pm Admission: FREE.

One day only, at the Monarch Hotel, Clackamas. Meet local ski clubs and ski areas. **Silent Auction, Raffle**, and more!

All our members can purchase a **Meadows 10-time pass** for only **\$295** (instead of the regular \$330) at the Ski Fair.

You can even renew your club membership here.

To volunteer to staff the Mt. High booth, contact Emilio at: info@mthigh.org. Print flyer and post it somewhere!

Info abt. the Fair: Mary Olhausen, omary52@comcast.net.

Season Passes

Mt. Hood SKi Bowl and Timberline offer a joint pass, the **Fusion Pass**. Get two season passes for the price of one! Prices valid till Nov. 16. Then they go up by \$50.

For adults (ages 23-64), it costs: \$449. ← One heck of a deal - fully

For ages 15-22, it costs: \$349.

For ages 7-14, it costs: \$249.

10-time pass: \$299 at Timberline. Also, a \$99 Spring Pass may be offered later.

seven months of riding 2 ski areas for under \$450!



Mt. Hood Meadows requires that you pair up with 3 other people for a **4Buy4 pass**. The prices are:

4Buy4 pass (for ages 23-64) costs: \$444.

3x3 pass (for ages 15-22) costs: \$333.

2x2 pass (for ages 7-14) costs: \$222.

10-time pass: \$330. (but might be \$300 at the Ski Fair)

Day ticket: \$69 on weekends; or \$54 on weekdays.

4BUY4

NOTE: Do you really need a season pass? For example, at Meadows, the 4x4 pass pays off only if you'll ski at least 12 times there. Otherwise, get a 10-times pass. To find partners for the passes, see our web site [Forum](#).

FREE \$KIING CORNER

1. Use your **Ski Fever Show 2 for 1** coupons for **Ski Bowl, Mt. Hood Meadows, Timberline, Hoodoo, Mt. Ashland, Mission Ridge, and Whistler/Blackcomb**. It's not free, but 2-for-1 is good.
2. **Shell offers a free lift ticket coupon** (Jan. - Apr.) for ski areas in Oregon, Washington, Idaho, and British Columbia when you buy 10 gallons of gas. www.skifreedeals.com/shell_skiforfree.php
3. **Warren Miller vouchers**: Free ticket to **Mt. Bachelor**, any Tuesday - Friday (except holidays). Also, a 2-for-1 at **Crystal Mt.**, Monday-Thursday in early December or in March. Also, free lift tickets to: **Big White, Silver Star, and Sun Peaks**, any time before Dec. 19, 2008 or any time after March 25, 2009.
4. **Big White & Silver Star**: Free skiing Nov. 26 - Dec. 18, if you stay a minimum of 2 nights at the resort.

Special, single day deals

- Nov. 27: Sun Peaks, B.C.** Free skiing for all US citizens on Thanksgiving. The next day, Nov. 28, free for Canadians.
- Dec. 19 (Fri.): Red Mt., B.C.** Free skiing for everyone!
- Jan. 26 (Mon.): Rotary Night at Meadows**, 1 - 9 pm for \$10. Contact Kris for tix, Kinman223@aol.com, 503-223-5023.
- Feb. 6 (Fri.): Mt. Bachelor** "Neighbor Impact" day. Bring 3 cans of food as a donation, and get a free lift ticket.
- Feb. 27 (Fri.): 49 Degrees North**. Drive your Toyota & ski free!
- Mar. 6 (Fri.): Ski Bowl and Timberline**, "Ski For Sunshine", 4 cans of food for local families in need, for a free lift ticket.
- Mar. 15 (Sun.): Crystal Mt., WA**: Half priced tickets for NWSCC members (i.e. all NW ski clubs, including Mt. High.)
- Mar. 29 (sun.): Mt. Ashland**. Ski/ride against hunger. Donate 5 cans of food for free ticket.
- Apr. 19 (sun.): Anthony Lakes**. Customer Appreciation Day. Donate food for free tix. Also half price tix every Thursday.

Skiing on the cheap



How many days do you ski in a season -- 10, 15, 20, 25?

What if someone offered you 11 **free** ski days, plus 10 **half-priced** tickets, plus an assortment of a dozen other **free** mid-week lift tickets? Would that be enough to satisfy you for the season?

Well, you are in luck, because that is exactly what the FREE \$KIING CORNER is offering you. See column next to this one.

If you still have any spare time left after taking advantage of all these freebies, visit a few smaller local ski areas (where lift tickets are more affordable), and qualify for the NW Ski Challenge, and win some prizes.

Do we live in skiers' paradise or what?

With 100 ski areas within a day's drive, and all these free and half-priced offerings, what more could we ask for?

With the money you save here, you can afford to join us on a trip!

8 Good Reasons to Visit Canada Now

- by Emilio Trampuz -

If you can take some time off in December, I would urge you to visit some of the Canadian ski areas, at least the 3 that are completely free (with the Warren Miller coupons). There are several good reasons for that:

1. **The free tickets offer might not always be there.** They've already paired it down from 4 to only 3 Canadian resorts. It's a promotional effort for them, but they've been offering this promotion for at least 6 or 7 years now. It might not go on for much longer.

2. **The Canadian ski areas are awesome.** They all have ski-in/ski-out on-mountain villages. Some of them are literally ski-through villages. And there is lots of wonderful terrain, very varied, something for all tastes, and most of it served by high-speed lifts. Ski these places before they get "discovered" and overcrowded like Whistler. Some of these resorts are better than Whistler, and some of them, like Kicking Horse (with 4,000 vertical feet on a single lift) and Revelstoke Mountain (with 6,000 vertical feet) even beat Whistler in the amount of vertical. Whistler has 5,000 vertical feet, but most people never ski it top to bottom. Most people play on the top 2,000 feet. Also, the snow is drier, and the weather sunnier, the farther east you go (like at Big White, Silver Star, Kicking Horse, Panorama) . Whistler, close to the ocean, gets more rain and fog.

3. **When carpooling** with other people, this Canadian road trip can be very **inexpensive**. There is a wide choice of lodgings. On the high end are hotels in the on-mountain village (where you step outside, put your skis on, and go). Then there are cheap but nice motels in nearby towns (usually 30 - 45 minutes from the ski area). Also, most mid-mountain villages have a youth hostel where you can get a bunk bed for \$20 a night, which often includes a hot-tub, showers, a TV room, a communal kitchen, etc.

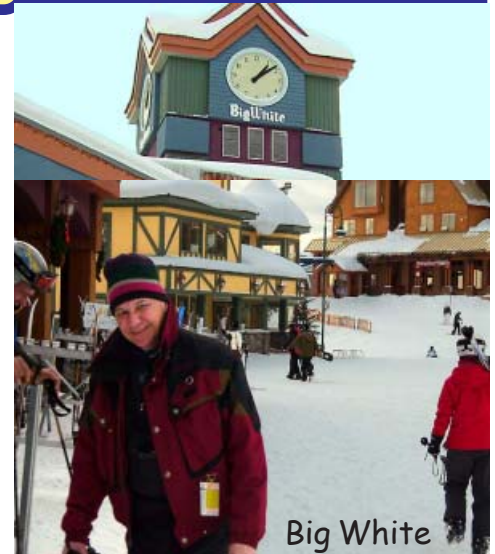
4. With the **US dollar sinking**, our **economy in trouble**, **gas prices rising**, **oil supplies shrinking**, ... it's quite possible that things might get **worse** in the future. So, if you have the opportunity to do it this year, grab it!

5. **It helps to go with someone who knows the ropes**, who's been there, knows the roads, knows where the best lodgings are, and where the best terrain is. I have been to these Canadian resorts every year for the past 7 years, and sometimes even more than once in the same year. I almost feel like a local by now. But, I might not be doing this every single year forever.

6. **There is plenty of snow in December.** Last year was an exception. For the first time in 7 years, we couldn't ski at Big White, but we simply went elsewhere, and still got a full week of skiing a different ski area each day.

7. **See the videos** of our 2006 & 2007 Canada adventures on our web site.

8. See recent articles on **Kicking Horse** (Powder Magazine, Feb. 2008, p. 68) and **Revelstoke Mt.** (Ski Magazine, Oct. 2008, pp. 166-177.). The Revelstoke article summarizes it as follows: "If you want uncrowded slopes and untouched powder, go now. If you want more luxuries such as restaurants and shops, wait a few years." Revelstoke is now taller than Whistler/Blackcomb. In the next 10 years, it will expand to 10,000 acres, so it will be larger as well. And more shops, hotels and condos will be built.



Big White



Kicking Horse



Revelstoke

What's New at Ski Areas

No more toll on Coquihalla Hwy. (I-5)

This is good news for anyone driving up to **Sun Peaks**, on our standard 5-day Canada Ski Safari. The part of I-5 known as Coquihalla Hwy, between **Hope** and **Merritt**, will not be charging road tolls any more. After charging \$10 per car for about 22 years, the tolls have been permanently removed as of September 26, 2008. It's nice to see that Canadians do honor their promises to remove tolls once the highway is paid for.

Whistler to Open Peak-2-Peak Gondola



As of December 12, 2008, a new gondola will link Whistler and Blackcomb, making it easier to ski both mountains on the same day. The gondola will be 3.5 times longer than the span of the Golden Gate bridge, and at 1,361 feet off the ground - 4 times the height of the Statue of Liberty.

Revelstoke Stretches Up to 5,620'

Revelstoke Mt. Resort opened in December 2007, offering "only" 4,700 vertical feet. For this coming season, thanks to an 885' extension of the gondola from the upper to the lower village, and the addition of a new high-speed quad chairlift in the North Bowl, this has been increased to 5,620 feet, the most vertical in North America. Also, it's a pretty consistent pitch, with no flat spots or long traverses. There are now 3,031 acres of skiing in 5 alpine bowls. Also, an additional 3,000 acres of snowcat skiing.

Schweitzer Mt. offers Snowcat Skiing



This is not exactly new, since Selkirk Powder Company has been offering snowcat skiing for the past 3 years, but it may be worth pointing out, since we have a club trip

to Schweitzer this year. Only 10 minutes from the Schweitzer Village, there are 3,000 acres of snowcat skiing, and a vertical of about 2,200 feet. A full day of snowcat skiing costs \$350. Contact Selkirk Powder Co. at: 866-464-3246 or www.selkirkpowderco.com



Heavenly Adds More Glades

These new trails are in addition to the ones we reported on last year, when Heavenly added 3 new trails with trees on them, in the Olympic Express area. One of them, The Pines, was an intermediate trail with a few trees left



Lisa on "The Pines" trail

on it, that the snowcat could groom around. This year, the trend continues, with 3 more gladed trails: 2 black diamond runs in Ski Ways glades, and another blue trail in Powderbowl Woods. Ski areas are finally giving us some interesting terrain; not just boring clearcuts.

Mt. Bachelor & Schweitzer Adopt RF Tickets

Both Mt. Bachelor and Schweitzer Mt. will start using Radio Frequency (RF) tags for lift tickets this season. This means no more scanner guns at Schweitzer, or those clumsy card readers at Bachelor (that can slap you in the face when they release the lift ticket). But, unfortunately, those revolving metal gates are not going away! You will still have to push your way through the gate every time you get on a lift.

PACRAT News

Pacific NW Area Clubs Recreational Alpine Teams



Bruce Ellison
Mt. High Racing Director

Mountain High, the club that skis (and rides) now provides more than half of all the teams that participate in PACRAT Racing. Last year we had 13 teams of 10 people each. That's 130 racers.

PACRAT Racing is a recreational racing program on modified GS courses of 20 to 40 seconds long. We race on 5 Sundays each winter at Mt.

Hood ski areas. The afternoon after each race we have a dinner and drawing for prizes donated by our sponsors. It's so much fun that there are folks who've been doing it for 20 years or more. If you're interested in trying this out this winter please check out www.mthigh.org/Racing.htm.

Each year some of our skiers also go to the Far West Ski Racing Association **Championship races**.

If you haven't been assigned to a team yet, contact us. There's still room on the 11th team and a couple of spots on other teams! If you want to race, contact Bruce: Yuffiet@comcast.net or phone: 503-697-7892.

How it Works: Details & Deadlines

1. Each racer should send to their team captain the [PACRAT entry form](#) and the [Liability Release form](#). Both forms are available on our web site.
2. Each racer should join the club (\$25) and pay the racing fee (\$85). The payments can be sent directly to the club's PO Box 2182, Portland, OR 97208. Or, you can send it to your team captain. But, in either case, please make check payable to **Mountain High**, and please enclose and sign the [Membership signup form](#).
3. **By Dec. 4** (Tuesday, our December Board meeting). All team captains should send their PACRAT forms to our Racing Director, Bruce Ellison, as we need some time to cross-check all racing dues with our Treasurer. Our club will then make out one big check to PACRATs for all our racers.
4. **Dec. 17** (Wednesday) -- Mandatory team captains' meeting, to pick up the racing bibs for their teams. Location: the **Buffalo Gap**, 6835 SW Macadam Ave, Portland, OR 97219. , starting around 6:00 pm.

2009 PACRAT Race Dates

Date	Location
Dec. 2 (Tue.)	Mt. High teams signup deadline.
Dec. 10	Deadline to send all forms to Pacrats
Dec. 17 (Wed)	Team captains bib pickup, at Buffalo Gap
January 11	Race 1: Timberline
January 25	Race 2: Mt. Hood Meadows
February 15	Race 3: Timberline
March 8	Race 4: Mt. Hood Meadows
March 22	Race 5: Ski Bowl
March 29	Make up race; only if a race is canceled
April 4-6	FWRA Championships, Northstar-at-Tahoe
April 17 (tent.)	Rat Attack Awards Party



5. Some teams gather socially for a "bib decorating party". Feel free to color your bibs if you like (optional). Otherwise, your team captain will distribute the bibs on the morning of our first race at Timberline.

New racers

Please know that it is usually not enough to just send in your racing fee and the two PACRAT forms. You also need to find a team to join. You can find a list of team captains and contact info on our web site [Racing](#) page.

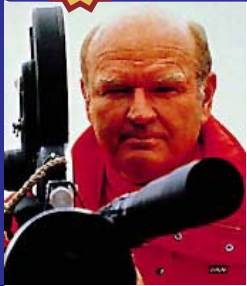


If you have not yet been assigned to a team, or if you don't know who your team captain is, or you haven't signed up yet, but would still like to join a team, please contact [Bruce](#) as soon as possible. We will find you a team. Anybody who wants to race will get a spot.

Warren Miller gifts

Santa Claus (Warren Miller) is coming to town again, October 24-25. Everyone attending his movie usually receives 5 free lift tickets. Not sure yet which ones this year. This is a great way to start the season! We'll see the movie on Friday, Oct. 24 at 8:00 pm. There are 4 steps:

1 Purchase theater tickets



The deadline for buying group tickets (Sept. 17) has passed. We have purchased **90** movie tickets, and **70** of us are coming to dinner. The tickets will be distributed at the dinner.

You can still buy tickets through TicketMaster, for about \$25 per ticket.

You can also join us for dinner. Just let Emilio know you are coming, so we can tell the restaurant how many of us are coming. Email Emilio2000@earthlink.net.

Freebies for all attendees

- 3 Canadian ski areas (**Sun Peaks, Silver Star, Big White.**)
- 1 Washington ski area (**Crystal Mt.**)
- 1 Oregon ski area (**Mt. Bachelor.**)
- \$25 off at **US Outdoor Store.**
- \$50 off at **Joe's Sports** stores.

4

Canadian Ski Safari

Dec. 12 -21, 2008. Min.: 5 days. Max: 9 days.
(Or, it could be done later, in April 2009)

This is one of our least expensive trips! 5 days for about **\$200 - \$275** (for lodging and gas). The skiing is mostly free. The 9-day trip will cost a bit more. See details on page 9.

Totally informal. No reservations. No deposits. But if we are carpooling, let's coordinate. Let Emilio know.



Mt. High

Whistler Cabin

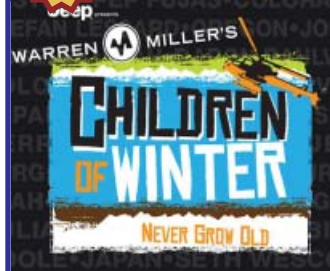


Jan. 25-31, 2009. 6 nights lodging/ 5 days skiing. Carpooling. Cost - \$250 pp. includes lodging, daily breakfast, lunch & dinner. Everyone is encouraged to cook a dinner. For lift tickets, use those Shell coupons for a discount.

Lodging in a cabin 5 min. north of Whistler Village. Shuttle to lifts every 20 mins. Contact **Bill Leeper:** 503-639-2603.

2

Dinner and Movie



Oct. 24 (Fri.) - Movie night!

Dinner: 5:30 pm (optional)

Movie: 8:00 pm.

We'll do dinner, as usual, at "**Oliver Twisted**", 1000 SW Broadway Ave., Portland, and

then see the movie. Warren Miller's latest movie is "**Children of Winter - never grow old**".

The movie is at the Arlene Schnitzer Concert Hall, right across the street from the restaurant, on Broadway.

3

Printing / donating vouchers

Among the package of goodies, you will receive a large card with a special **10-digit code**. Use this code on Warren Miller's web site to unlock & print your own free vouchers.

NOTE: You will have to register the tickets in your name. So, if you intend to give them to someone else, give them the 10-digit code and don't register it in your name. Once they are in your name, they are not transferrable.

If you wish to **donate** your vouchers to the club, please mail the card with the 10-digit code to **Emilio Trampuz, 4742 Liberty Rd. S., Salem, OR 97302**, and we'll pass it on to those who didn't see the movie or saw it in Salem or Hood River, where there will be no Canadian lift tickets..

Skiyente

Big White



Jan. or Feb. Each year, the all female Skiyente Sli Club organizes a Family trip, open to all families with kids, as well as all members of local ski clubs who want to join in the fun.

This year, the trip will be to Big White or Silver Star. Details will soon be on our web site. Contact: Colleen Walter, colleenski2002@yahoo.com.

Winter Trips

It's time to sign up for something. Some trips will fill up fast. So, don't wait!

Plan your winter now!



The following pages are trip summaries. More info will soon be posted on our web site: www.mthigh.org/Trips.htm.

If you travel to Canada or Europe, you will need a passport. See: www.mthigh.org/Articles/Passports.htm

NWSCC

Bachelor Blitz



Mt. Bachelor

Dec. 12-14, 2008.

Join all local ski clubs in a celebration of Mt. Bachelor's 50th anniversary.

Only \$249 includes:

- > 2 nights lodging
- > Bus from Portland
- > Saturday night dinner

Lift tickets are extra, but will be very affordable, at only \$79 for a 2-day pass (Saturday and Sunday).

During the 80s and 90s, local ski clubs used to run several busloads of people to Mt. Bachelor, to usher in the new season with a big party. The last Blitz was held in December 2001.

Now, seven years later, it's time to dust off our skis, re-visit Mt. Bachelor, and ski and party hard. It's time for another Blitz! Party, party, party!

Mail a \$249 check to: NWSCC P.O. Box 1915 Portland, OR 97207-1915

Contact **Debbi Kor** at: ijustwannarun@aol.com, 206/283-0269.



NW Ski Areas Map



Use this map for basic orientation for any of our upcoming trips, especially the Canada Ski Safari.

Ski Kats Big Mt. (MT)



Jan. 18 - 24, 2009. A train trip to Whitefish Mountain Resort (the new name for Big Mt.)

The **Ski Kats** club invites us to join them. Party en route. Sleeping compartment included in both directions. 4 days skiing out of 5, ground shuttles included.

Price: \$749 (adults, 16 - 64)
 \$679 (seniors 65 - 69).
 \$482 (seniors 70 or over)

Mail \$100 deposit to Mt. Hood Ski Kats, PO Box 90141, Portland, OR 97290. "Attn: Dincelli"

Contact: **Annette D'Incelli**, 503-788-0956, or dincelli@aol.com.



More info on the TRIPS page on our web site www.mthigh.org

Canadian Ski Safari: Columbia River valley

Dec. 12- 21, 2008. A road trip, skiing a different ski area each day! This can be done as a standard 5-day trip, as in past years, or as the expanded 9-day trip (a whole week, with both weekends on either end).

NOTE: Sorry, but we had to move the dates to later than planned because ski areas on the longer trip (Kicking Horse, Panorama, Kimberley, Fernie) don't open until about Dec. 12. Most other places will open by Thanksgiving. The shorter trip can be done earlier.

We can all start together, skiing Mission Ridge, Big White, and Silver Star together. Then, the **5-day** people can head west to Sun Peaks and Mt. Baker, while the **9-day** group heads a bit further east - to Revelstoke, Kicking Horse, Panorama, Kimberley, and Fernie.

We did the **classic 5-day trip** around Canada for 4 years in a row. See detailed instructions, phone numbers, addresses, maps, etc. on our web site. See the ARTICLES page (and then look for Canadian Ski Safari) at: <http://www.mthigh.org/Articles.htm>.

But, let's do an even better, extended ski safari this time. After visiting Silver Star, we'll follow the Columbia River upstream, to its source. So, let's call this the **Columbia River Ski Safari**. See [map](#) on our web site.

DAY 0 (Friday): Not counting this as a real day, because people can still work this day, and drive out of Portland after work. Usually, we just drive for about 4 or 5 hours, to Ellensburg or Wenatchee (on Hwy 97). Or to Bellingham (on I-5), and spend the next day skiing at either [Mission Ridge](#) or [Mt. Baker](#).

DAY 1: (Sat.): Ski [Mission Ridge](#) or [Mt. Baker](#).. Then 5 - 6 hr. drive to Big White.

DAY 2 (Sun.): Ski [Big White](#), then 2 hrs. to Silver Star

DAY 3 (Mon): Ski [Silver Star](#). After this, we separate. The shorter, 5-day group drives west, while the longer, 9-day group goes east. Either way is about 2.5 hours of driving to the next destination.

DAY 4 (Tue.): 5-day group skis [Sun Peaks](#)
9-day group skis [Revelstoke Mt.](#), a brand new ski

resort, which opens a total of 6,000 vertical feet this year, by far the largest vertical in North America.

DAY 5 (Wed.): 5-day group skis or [Mt. Baker](#), then drives home to Portland.

9-day group skis [Kicking Horse](#). Over 4,000 vertical feet in a single 10-minute gondola ride. 4 bowls. Great views of the Columbia River valley below.

DAY 6 (Thur.): Ski [Panorama](#). Just 1.5 hours south of Golden, 11 miles from Invermere. 1 hr. to Kimberley.

DAY 7 (Fri.): Ski [Kimberley](#), B.C.'s sunniest ski resort. 1.5 hrs to Fernie.

DAY 8 (Sat.): Ski [Fernie](#), 5 enormous bowls.

ALTERNATIVE DAYS 7-8

Red Mountain (B.C.) offers a free ski day on Friday, December 19. This is great, but it lies a bit out of our planned route. It can be done, but it will take us a few extra hours of driving. On top of that, we would have to skip 2 of the areas listed above (either Panorama, Kimberley, or Fernie). I say 2, because it seems too much driving to return to them after Red My. (which is very near the US border).

So, instead, if we ski Red Mountain on Day 7 (Friday), then we could spend Day 8 (Saturday) at [49° North](#) or at [Mt. Spokane](#). Both are excellent places!

DAY 9 (Sun.): Just drive home, or if we still have any energy, ski [Silver Mt.](#) (ID) or [Mt. Spokane](#) (WA), or even [Bluewood](#) (WA), depending on how we feel. Lots of choices. That's the beauty of this trip!

DRIVING HOME. Even if we ski till 4 pm on the last day, we could still be back in Portland by midnight. But, if we are tired, we could ski only half a day, and arrive home earlier.

This is a very informal trip. Just drive up, preferably carpool, and let's ski! If we share lodging and gas expenses, the trip can be quite affordable. Last year, on a similar 9-day trip, Kurt, Kay and Emilio spent **\$312** per person, for lodging and transportation for the whole 9 days/9 nights.

For details about this road trip, and for help coordinating the carpooling, contact **Emilio Trampuz** at: 1-503-378-0171, or Emilio2000@earthlink.net.



Kay & Kurt at Kicking Horse, with Columbia River in the valley below.

FWSA

Far West Ski Week: Big Sky (MT)



Jan. 24-31, 2009. The biggest ski party in the West is the annual Far West trip, involving dozens of ski clubs throughout the Western States.

Big Sky and adjacent **Moonlight Basin** offer lots of terrain.

Price ranges are from \$900 to \$1485 depending on lodging selection. *Price does NOT include air or ground transportation.

Price includes 7 nights lodging (double occupancy) and the FWSA amenity package. (FWSA amenities packages will NOT be sold separately)

The FWSA amenity package includes:

- * Registration
- * Welcome Party,
- * Pub Crawl,
- * 5-day lift ticket,
- * Mountain Picnic,
- * 3 Races (optional);
- * Après Ski Party,
- * Council Night Event,
- * Farewell Awards Banquet



Send in a \$100 deposit. Make check payable to **Northwest Ski Club Council**, P.O. Box 1915, Portland OR 97207. Contact: **Barbara Bousum**, 503/224-3584, BBousum@gmail.com.

Mt. High

Schweitzer Mt. (ID) + 49° North (WA)



Snow ghost at Schweitzer Mt.



Feb. 18 - 22, 2009. 4 days/4 nights. Leave Wednesday around noon. Return on Sunday by 9 pm. 3 days and nights at Schweitzer, plus 1 day at 49° North.

Schweitzer Mt. Larger than many Colorado resorts, with 2,900 acres and 2,400 vertical feet. It has a 6-passenger hi speed lift, 2 hi speed quads, 1 triple, 3 double lifts. Open bowl and tree skiing. Long cruisers. Ski-in/ski-out lodging. See snow-ghosts & ghost of Mr. Schweitzer.

49° North has 2,325 acres, 1,850 vertical feet, served by 1 quad and 4 double chairlifts. You can ski the 7 Deadly Sins (aka Cy's glades), and ring the mountain god's bell for good luck. Long cruisers. Lots of tree skiing.

Lodging: 3 nights at Selkirk Lodge in on-mountain village at Schweitzer, hot tub, heated pool, restaurant, ski-in/ski-out. After leaving Schweitzer, we'll spend a night in a motel in Newport (WA), an hour from Schweitzer and less than an hour to 49° North. Motel has high-speed internet, cable TV, and restaurant.

Transportation. We'll have a chartered bus all the way from Portland. If you prefer, you can fly to Spokane, and connect with us either in Spokane or at Schweitzer Mt. Flight is not included.

Price: Sliding scale, depending on the number of participants. For **30** people, price = **\$677**. For each additional 2 people, price for everyone drops by \$7. For 40 people, price = \$641. Price for those 65 or older will be **\$20 less**. Sorry, that's all the lift ticket discount we can get.

Included: 4 nights lodging, 3 breakfasts (at Schweitzer), 4 lift tickets, and bus transportation.

Payment schedule: Initial deposit = \$100.

2nd deposit **by Nov. 10** = \$230 additional

Remaining sum **by Jan. 15** = (approx. \$330 or less, depending on # of participants).

Use [Dough Transmittal form](#), p.11. Note: No cancellations in the last 30 days.

Contact **Emilio Trampuz** at: 1-503-378-0171, or Emilio2000@earthlink.net.

Mt. High

Crystal Mountain (bus trip)

Mt. High

March 13-15, 2009. Our annual **Mountain High weekend bus trip.**

2 nights/2 days. We leave Friday around 5:00 pm. Lots of fun on the bus - this is the best way to get to know other club members! We'll return Sunday by 8 pm.

Crystal Mountain is the largest ski area in Washington with 3,100 vertical feet of skiing, with over 50 named runs. There's everything from gentle groomed cruising

runs for beginners to challenging steeps - backcountry, glades, chutes and unbelievable black runs for the more adventurous. This is why SKIING Magazine voted Crystal Mountain the #7 top mountain in North America. There are 2 six-pack hi-speed lifts, 2 hi-speed quads, 2 triples, and 4 doubles.

New since our last trip to Crystal Mountain in 2005 is the Northway lift, a double chair that moves at a faster than normal rate, providing access to 1,000 acres of skiing and increasing Crystal's lift-serviced terrain by 77%. There are now 2,300 acres of lift served terrain, plus 500 acres of backcountry.

We'll again stay at the Best Western Park Central hotel in the center of downtown Enumclaw, 45 minutes from the mountain, with easy access to a variety of restaurants and bars. Breakfast is provided for hotel guests.

We'll keep the cost down by using a sliding scale. **The more people, the lower the price** (\$3 less for every additional 2 people). Bring all your friends and save money! Price (with a minimum 28 people), is **\$220** for the bus trip, 2 nights' lodging, 2 breakfasts, and one lift ticket. The reason for only one lift ticket is that on Sunday, March 15, Crystal Mountain is allowing all NWSCC club members to buy tickets at half price - only \$30 - but you have to go to the ticket window yourself and show your NWSCC card (i.e. your club membership card; you'll get it when you re-join for 2008-09).

Use [Dough Transmittal form](#), p.11, to send **\$100 deposit**, due by **November 30**. Full payment due by February 15, 2009 (you will be told the balance due - the trip price could be as low as \$205 (if we get 40 people!). No refunds after February 15 unless you can fill your spot.

Contact **Linda McGavin** at (503)652-2840 or e-mail Trips@mthigh.org.



Bruce



Linda

Mt. High

Lake Tahoe / Heavenly



Mar. 28 - Apr.2, 2009 A 5-day trip (Saturday - Thursday).

Skiing: Heavenly is our main destination, with 4,800 acres and 3,500 vertical feet, and slopes in both California and Nevada. But, we'll visit other places too.

Lodging: Lakeland village condos, 1-4 bedrooms, full kitchen, hot tub, heated pool, sauna, free shuttles, 1 mile to the lifts.

Fly to Reno (on your own), or drive, or rent a car. Janice can help you carpool with others. You can also link this trip with the Far West Championships at Northstar, which start the day after this trip ends.

Price: Approx. **\$400** (yet to be finalized) includes:

- * 5 nights lodging, in shared condo.
- * Breakfast
- * 2 of 3 days lift ticket to Heavenly
- * Wine & cheese welcome party,
- * Shuttle around town and to Heavenly gondola or tram.



Harry & Lisa at Heavenly last year

Contact **Janice Jessen**: jessen@iinet.com

Send \$100 deposit. Use [Dough Transmittal form](#), p.11. Note: No cancellations in the last 30 days.

Email Options

In between newsletters, we keep you informed via email. You have a choice:
A) Recive ALL the club's emails. All ski-related and/or club related.
B) Receive only club-related messages. If it's not about our club, it won't be sent. That means, no emails about other clubs, other ski areas, NWSCC, FWSA, ski shop specials, etc. Strictly our club only.
C) No email at all. Just the monthly newsletter, and nothing else.
 Indicate your preference on the Membership renewal form. If you wish to switch at any point, let **Emilio** know your preference.

Mountain High Meeting

Usually 1st Tuesday of the month.
Nov. 4 (Tue.): Open to all who want to get more involved with the club. This is an organizational meeting to plan future events.
 Gather at **6:00 pm.** Start at **6:30 pm.**
 Location: **Round Table Pizza, 10070 SW Barbur Blvd., near Capitol Hwy.**

Mountain High snowsport club contacts:

- President:** Terry White, H: 503-781-4558, TWhite223@msn.com
- Vice-President:** Gordon Lusk, H: 503-804-8363, GordyLusk@hotmail.com
- Secretary:** Diane Zhitlovsky, H: 503-244-3392, Dianezhi@hotmail.com
- Treasurer:** Sandi Dykstra, H: 503-629-0177, sandid@aol.com
- Membership Director:** Elaine Bock, SeawitchPdx@aol.com
- Race Director:** Bruce Ellison, H: 503-697-7892, Yuffiet@comcast.net
- Newsletter Editor:** Emilio Trampuz, H: 1-503-378-0171, info@mthigh.org
- Social Activities:** Jaxine Harris, H: 503-692-9719, JaxineAH@msn.com
- Golf:** Cal Eddy, H: 503-631-3115, W: 503-805-8606, baebaw@ccwebster.net
- Mid-week skiing:** George Yun, H: 503-697-3055, boar2m@msn.com
- NWSCC Rep:** Debbi Kor, H: 503-314-7078, ijustwannarun1@comcast.net
- Trip Directors:** Linda McGavin, H: 503-652-2840, Trips@mthigh.org
- Janice Jessen, H: 503-636-0687, jessen@inet.com

General info:
info@mthigh.org
 Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: New membership Renewal

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

- Email Preferences:**
- Newsletter (once a month): yes, link only yes, complete file no
 - No changes - Club news & events (between newsletters): yes no
 - (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): yes no
 - Is it OK to share your email address with other club members? Yes No

Whereas the Mountain High Snowsport Club ("Club") is an organization of fun loving ADULTS whose events are organized by members who volunteer their efforts for the enjoyment of their fellow members and friends, please remember when I participate in Club events I do so at my own risk. Sporting activities, indeed, any activity, includes inherent risks. I will evaluate my own abilities and responsibilities and join in the Club fun as a responsible and considerate adult. I will not hold the Club or any Club officer liable for the consequences of my decisions and my behavior. The bottom line is, stuff just happens sometimes and the club volunteers are not to be blamed for helping us have fun. Besides, the Club has no assets, except for a leftover banner, some balloons, or a couple of empty beer bottles with the Club's name on them.

Please take my money, and apply it toward the following Ski Club fun stuff: Deposit? Paid in full?

Annual Membership (Oct. 1, 2008 - Sept. 2009): Single (\$25); couple (\$40) \$ _____

PACRAT Racing (2008/09) Total: \$85 Team name: _____ \$ _____

Schweitzer (Feb. 18-22, 2009) 1st dep. \$100, 2nd dep. \$230 by Nov. 10., Total = \$677 \$ _____

Crystal (March 13-15, 2009) Deposit: \$100 by Nov. 30., Total = \$220 by Feb. 15. \$ _____

Heavenly (Mar. 28-Apr. 2, 2009) Deposit: \$100 by Nov. 30., Total = \$400 by Feb. 28 \$ _____

Other: _____ \$ _____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

Club membership = 228 Newsletter Distribution

The Oct.2008 issue is posted on our web site, and also:
289 copies sent via email (as PDF files)
23 paper printed copies sent via US Mail.
 Copies are sent to potential members, other clubs, etc..
Please help us minimize the cost of mailing paper copies.
Send your email address to: info@mthigh.org.

Mt. High Wall Calendar

A 15-month wall calendar (Oct. 2008 - Dec. 2009) customized with our club photos and with most of our winter trips and PACRAT races already marked. You can print it straight from our web site, in 2 sizes:

1. **Tabloid** (11x17") - Free download or \$8 printed.
2. **Letter** (8.5 x 11") - Free download or \$4 printed.

Click on the link to download, or send a check to Emilio Trampuz, 4742 Liberty Rd. S., #296, Salem, OR 97302. Payable to Emilio Trampuz.

Mt. High Wine Tour

Nov. 29 (Saturday). Our 7th annual wine tour is coming up! We'll have a van or minibus with a designated driver. We'll meet at Fred Meyer in Tigard, and have a good time! To sign up, contact Debbi Kor at: ijustwannarun@aol.com, or 206/283-0269.

Weddings & Engagements

1. **Sylvia Kearns and John Orefice** got married in Reno, back in August (or was it September?). Who knows. What happens in Reno, stays in Reno!!!

2. **Steve and Quinn** got engaged.

Well, the day has finally happened that the club's own Capt. Powder (Steve Shaw) is getting hitched. The young lady (Quinn) said YES. It's been four years, and they are looking at next June for a wedding.

**Alternate Schweitzer Trip**

Jan. 14-24, 2009. Want to go to Schweitzer, but February doesn't work for you? Then join the Fresno ski club on their 7 nights/ 5 days trip in January. Fresno ski club president, Carola Gaylord, has invited us. You don't need to join their club. See details at: www.fresnoskiclub.com/schweitzer2009/index.html

Emilio Trampuz
 Mountain High Newsletter editor
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Please check our web site,
www.mthigh.org
 for updates.

