



Lift Lines

== No. 87, March 2008 ==

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Hi folks,

Some of the best skiing is yet to come! Sunny days, spring corn snow, and no crowds! And low prices! See page 12 for great deals on Spring passes.

Check out some photos from recent trips. More photos can be seen on our web site, on the [Recent Photos](#) page.

Check out the new Group email/Forum. It allows you to connect directly with other members. See page 8 for details, and start exploring at: www.mthigh.org.



Sally Niedermeyer at the PACRAT race at Meadows, Sunday, March 9, 2008

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Come Ski With Us!



Any time you go skiing, we encourage you to stop at **McDonald's** in **Sandy** around **7:00 - 7:15 am**, and check to see if there's anyone else from our club waiting to connect with others and/or carpool to the mountain.

Here are some good days to go skiing, because many others will be going too:

March 9th - PACRAT race at Meadows

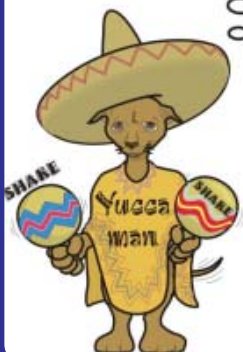
March 22nd - NWSCC Ski Day at Meadows + wine tasting

March 23rd - PACRAT race at Timberline

On the slopes tune your 2-way radio to **channel 6-19**.

Mt. High Mountain High Social (Quarterly Party) Mt. High

Eees gonna be a party!!!



March 20 (Thursday). 6:30 pm.

Instead of a regular Pizza Party, we'll try something different for our quarterly get-together. We'll gather at:

Cactus Jack's

4342 S.W. Beaverton-Hillsdale Hwy.
Portland, OR 97221

Phone: 503-977-2161.

This is a Tex-Mex restaurant/bar with a buffet of beef and chicken tacos, rice, beans, chips and dips.

Put it on your calendar. Be there!

*Note the color code.
Our club is blue.*

2007 CALENDAR

Blue: Mountain High events
Red: NWSCC / FWSA events
Black: General events

2008

Mar. 2-3: Oregon Cancer Ski Out

Mar. 9 (Sun): PACRAT race Meadows

Mar. 14-16: Mystery bus trip

Mar. 20 (Thur.): Mt. High Social

Mar. 22: NWSCC Mt. Hood Ski day

Mar. 23 (Sun) PACRAT race Timberline

Mar. 29 - Apr. 3: Lake Tahoe trip

Apr. 3 - 7: FWRA Championships
(Mammoth Mt.)

Apr. 11 (Fri): Rat Attack Awards party

June 5 - 8: FWSA Convention
(Bellevue, WA)

July 27: Golf: "Clubs 4 Play"

Aug. 15 - 17: Rafting on Deschutes

2009

Jan. 24-31: FWSA Ski Week: Big Sky

Far West Ski Week: Whistler

Jan. 19 - 26, 2008. The biggest ski party of the season, the FWSA Ski Week at Whistler, was attended by 742 people from 6 Western States. Thanks to Becki Robinson from the Altair Ski Club (Eugene) for these photos.

Next winter, Jan 24 - 31, 2009, the Far West Ski Week will be at Big Sky, Montana. For info, contact: Barbara Bousum, 503/224-3584, BBousum@gmail.com.



Rod & Becki (Eugene) + Walt & Russ



The bikini ladies



The Council race, 1 of the 3 races



The superheroes team



Dale, Walt, Russ & Barbara



Russ, Debbie, Alice and Blaise

Oregon Cancer Ski Out

March 2-3, 2008. Congratulations to Brian's Team, the 2008 Cancer Ski Out winners!

Captain Russ Stanton and team members Luis Martinez, Joe Craig, Ben Johnson and Bob Sonderen perfectly matched their Sunday team handicap on Monday, thus being the most consistent team. And Luis Martinez was able to ski each run with the exact same handicap (20); a feat never accomplished in the previous 19 years!

Also, they raised \$2,300 for a good cause!

Last year's photo:



Innsbruck

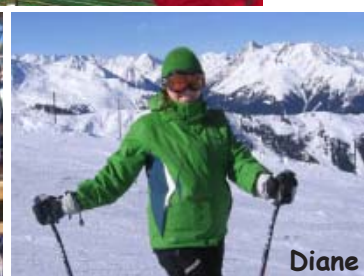
We didn't have an official club trip to Europe this season (as compared to the Val d'Iserre trip a couple of years ago) but some of our members went to Europe anyway, and evidently had a good time. More photos will soon be posted on our web site.



Mike, Diane, Janice & Marv.



Mike



Diane

Sunny South bus trip

February 15 - 18, 2008. It was a 3-day weekend, around Presidents' day. We visited 3 ski areas in 3 days, all of them gorgeously sunny and unusually warm. We must have jinxed the trip by calling it the "Sunny South".

We were welcomed warmly in the town of Lakeview, and skied the Warner Canyon ski area the next day. They even gave us permission to test our orange cones for a fun little obstacle course (or maze). Warner Canyon also set up some gates for a fun training course.

Later, we stayed at the Stratford Inn in Ashland for 2 nights. It's a wonderful hotel within walking distance of downtown, a Safeway supermarket next door, a warm indoor swimming pool, and a wonderful breakfast room that doubles as a social room and a library during the rest of the day.

Both Mt. Shasta and Mt. Ashland were a pleasure to ski, and for the powder skiers among us, the ungroomed terrain became quite skiable when the sun thawed the slopes a bit after lunch. We have 86 photos on our web site, from Bruce McGavin, Kurt Wilke, and Emilio Trampuz. See: www.mthigh.org/PhotosRecent.htm.



Gary at Warner Canyon



Just some of us at Warner Canyon: Bruce, Jan, Mindy, Sheridan, Sue, Lana, Kurt, Terry, Barbara, Bill, and Emilio.



Bruce & Linda



Cal at Shasta



Jackie, Dick, Mindy, at Shasta

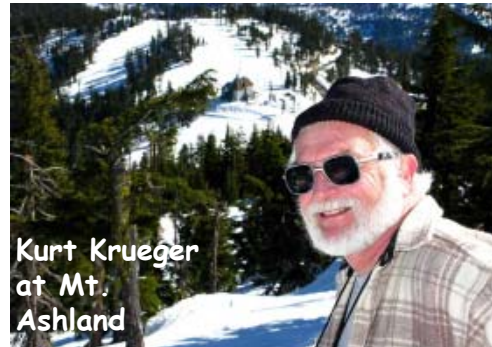


Bruce Kuper at Mt. Ashland



Lana

Terry



Kurt Krueger at Mt. Ashland

Safety

Turning Skills -- Vision of Skiing in the 21st Century

Safety

Building up on the idea of a new vision for skiing in the 21st century, started in the July/August 2005 issue of "Lift Lines", resorts could make the slopes **safer** by providing more opportunities for us to practice **controlled turning**, by simply setting up a variety of **fun obstacles** on the slopes. This would not only make the slopes more **fun**, but would also **slow traffic down**, make the slopes **safer**, and lift lines **shorter**.

Urge ski areas to implement this idea. Here's just one of the ways:



Use orange cones!

A Terrain Park for Turning

Instead of jumps, give us something to turn around. Traffic cones, scattered all over the slope is just one inexpensive way to do that.

Just 30 cones were enough to create this fun little maze! Different people choose different paths, thus delaying the formation of ruts.



For more ideas, and the whole vision, see our web site at: www.mthigh.org/Vision.htm.

Safety

Playing with Cones - by Emilio Trampuz



After talking and writing about this for a couple of years, I finally summoned the courage to ask a ski area to allow me to set up some orange cones on the slopes, just to see how people would react to it.

It happened at Warner Canyon, during our club

trip there. Thanks to the folks at Warner Canyon for letting us try this. Here's what we learned as a result:

1. **It's easy to set up and dismantle.** It only took me 5 minutes or less to scatter the cones around. The hardest thing was to create a "random" pattern that doesn't look like a race course, but is still easily negotiable. Picking up the cones at the end of the day took only another 5 minutes.

2. **An inviting sign is needed.** People are so used to all gates set up at ski areas being reserved for a group, that they initially avoided the cones. I stood at the top of the maze for a while, telling people that they can try going through; that it's open to everyone. A sign at the top,

inviting people in, would have been helpful.

3. **This is not a race course, but a fun maze.** Some people were confused by the number of cones. Are these gates? Are these two parallel courses? Which way should one go? The answer is to find a different way to go through each time. Just have fun turning.

4. **Even some good skiers ran over the cones.** Surprisingly, even accomplished skiers bumped into the cones, or even fell while skiing through, even though the slope was wide open and easy, and the cones set far apart. This shows that we can all use some practice doing controlled turns. That's the whole point of using cones for greater safety.

5. **People had fun.**

Now we just need more similar fun stuff on more slopes at more ski areas.



Man of the Year



Jack Foliard has been nominated for Man of the Year. (within our club).

Jack has been a club member for as long as we can remember, has served as PACRAT Chairman for a lot of years, and is still an active racer. The life of a party, and just a swell guy!

Woman of the Year



Elaine Bock was nominated and unanimously approved by our Board as Woman of the Year. A PACRAT team captain, and an energetic promoter of our club. She has been spreading her enthusiasm for Mt. High, recruiting new members, volunteering at our booth at the Ski Fair & other club events.

Man & Woman of the Year

Every year, we honor 2 people who have contributed to the club and to our sport. Some of the past honorees:

2007:	Gary Stevenson	Linda McGavin
2006:	Gordon Lusk	Linda McGavin
2005:	Terry White	Debbi Kor
2004:	Emilio Trampuz	Debbi Kor
2003:	Emilio Trampuz	Debbi Kor
2002:	Emilio Trampuz	Debbi Kor

Our 2 nominees then go on to the NWSCC, where 2 people are selected among all the local ski clubs, and those 2 then go on to "compete" for the Far West Man & Woman of the Year, at the FWSA Convention .

Welcome New Members



A warm welcome to new members who have joined us recently.

Anna Kuang
Lisa Ratzlaff
Scott Croucher

WELCOME TO THE CLUB!

If your name is not on the list, or is mis-spelled, please notify Emilio: info@mthigh.org, 503-378-0171.

Club logo



You can order any of these items imprinted with our club's logo, or the Ski Oregon logo:

- * **T-shirt** (\$10),
- * **Short sleeve polo** (\$16),
- * **Long-sleeve polo** (\$18),
- * **80% cotton 1/4 zip sweatshirt** (\$25), soft & suaded, in Red, Yellow, Mediterranean Blue, Navy, or Athletic Heather (light gray). Sizes: S - 3XL.
- * **R-Tek polyestes 1/4 zip fleece** (\$30).

Most are available in yellow, royal blue, red, navy, and black. Ask about other colors. Choice of pocket-sized logo, or full-chest size (printed on front or back).

Order from Emilio 1-503-378-0171, info@mthigh.org.

Please print the Garment Order Form at:

www.mthigh.org/Documents/Order-Form-Ski.pdf



The Club Needs You

Get involved with the club. Come to our monthly planning meetings. Here are some needs:

1. **Membership Benefits director.** Someone to update our benefits list,
2. **Entertainment coordinator.** Someone to plan for guest speakers, audio/video presentations and other suitable content for meetings / parties.
3. **Social Activities director.** To plan and organize social functions, parties, TGIFs, bowling, movies, dinners. This could be divided among several people, each taking care of only one or two events.

PACRAT News

Louis Kovacs



How is your handicap calculated?

In your race results, next to your time, you will see a number from 1 to 100. This is your handicap. Watch your handicap change from race to race. The smaller the number, the better you are getting.

Your **handicap** shows how much you lag behind the best possible time on any given course. If your handicap is 25, you are 25% slower than the best time.

$$\text{Handicap} = \frac{\text{Your time} - \text{Best time}}{\text{Best time}} * 100$$

The **best time** is a hypothetical racer with a handicap of zero. It is calculated from the average of the tightest cluster of pacesetters with known handicaps.

$$\text{Best time} = \frac{\text{Pacesetter's time}}{(1 + \text{Pacesetter handicap}/100)}$$

This handicap system provides a measure of your results regardless of snow conditions or length of



2008 PACRAT Race Dates

Date	Location
January 13	Race 1: Timberline
January 27	Race 2: Mt. Hood Meadows
February 17	Race 3: Ski Bowl
March 9	Race 4: Mt. Hood Meadows
March 23	Race 5: Timberline
April 6	Make up race (Not needed this year.)
April 4-6	FWRA Championships, Mammoth Mt. (This great opportunity is optional.)
April 11 (Fri.)	Rat Attack.Awards Party
	Summer Fun RAT Party date and location TBA



course, because varying conditions affect everyone equally. Sticky snow will slow down even the pacesetter, against whom your results are measured. As you improve, your handicap will gradually go down.

Remember to bring your **race bib** to the après ski party, and the Rat Attack. It's your ID, proving you are a racer.

Read more about PACRAT racing on our web site: www.mthigh.org/Racing.htm.

For any questions, contact our Racing Director at: Yuffiet@comcast.net or phone: 503-697-7892.

Rat Attack Awards Party

April 11 (Fri.) The final results will be announced at the awards dinner and party at

The Refrectory

1618 NE 122nd Ave.

Portland. Phone: (503) 255-8545.

This is near Halsey St. Dinner is free for PACRAT racers, and \$20 for guests. The top teams will receive trophies. A Rat King & Rat Queen will be announced.

We need a head-count. Let your team captain know if you will attend, and if you are bringing any guests.

Far West Convention - June 5 - 8, 2008

Volunteers and participants are needed for the **FWSA Convention**, coming up in Bellevue, WA, **June 5 - 8, 2008**. The Convention is being hosted by our very own NW Ski Club Council. Let's all help!

Remember we are all part of larger organization. Yes, we are part of the **NW Ski Club Council**, ... but also of the **Far West Ski Association**, which encompasses eleven Councils in Arizona, California, Colorado, Idaho, Montana, Nevada, New Mexico, Oregon, Washington and Utah.

FWSA represents all our local ski clubs, and organizes at least 3 trips every year:

- 1) the FWSA Ski Week (held at Whistler this winter; Big Sky next year);
- 2) the FWSA International Ski Week (held at Les Trois Vallees, France, this year);
- 3) an International Summer trip (like a trip to China last year, or the Alaska Cruise this year).

FWSA also organizes a number of **club competitions** — for best Newsletter, best Web site, Outstanding club, Safety person of the year, Man and Woman of the year, etc. Awards for these are given at the annual Convention in June.



A big part of the Convention is a **Travel Symposium**, where club members can meet with dozens of Ski Industry representatives and plan future ski trips.

There is also a **fun** component, in the form of a Pub crawl, Golf and Tennis tournaments, kayaking, etc.

A number of **ski celebrities** are usually present. In the past, we had several of Olympic ski champions, some extreme skiers, some founders of famous ski areas, the initiator/founder of the Oregon Cancer Ski Out (Larry Chadwick), and more. There are some rumors that we might see Warren Miller this year, or the Mahre brothers, or the people who make K2 skis.

So, be part of history, and come attend the Convention in Bellevue, WA. Each year, a different Ski Club Council undertakes the responsibility for organizing the Convention, and this year it is the NW Ski Club Council's turn. That's all of us, here in the

Pacific Northwest!

Volunteers are needed to help with a variety of events during the 3-day Convention. Please see the attached Excel spreadsheet for specific needs. To volunteer, contact **Diane Hicks** at: diane.hicks@horizonair.com.

See more info about the Convention at: <http://www.fwsa.org/page/page/689570.htm>

Mountain High entry in Outstanding Club Competition



Our Mountain High club has entered the "Outstanding Club" competition.

This year, the entries have to be presented in the form of **3-ring binders** containing short presentations of our various activities (On the snow activities, Promoting the sport of skiing, Charity events - such as the Oregon Cancer Ski Out, Social activities, etc.)

It would be great if **every member of our club submitted a page**, illustrating some fun aspect of our club, some activity in which you participated, etc. Preferably, include at least one photo. Or a collage of photos. Personalize it

with your own photo. Let's show them this club has a lot of active members! Think about it. Send all entries to Emilio Trampuz, Emilio2000@earthlink.net. Or mail your contribution to Emilio Trampuz, 4742 Liberty Rd. S., #296, Salem OR 97402.

Let's win that Outstanding Club title!

Our Forums / Email Groups



For example, ask if anyone wants to go skiing next weekend. Or carpool? Or tell people about that pair of skis you want to sell. Or ask people how best to wax your skis.

And you don't have to keep visiting the Forum to see if anyone has replied. The reply will arrive in your email Inbox. Magic!

But, for this to work, you must first join the Group.

HOW TO JOIN THE GROUP:

1. Click on one of the two new "Forum" buttons on our web site.
2. Click on "Join this group" (in the right-most column).
3. Enter your name, email address, and a password. Set your preferences. Done! Start using the group.

The new forums have many neat features, such as being able to post photos. Also, we can set our own preferences on how to receive emails from the group.

- a) Each email individually, or
- b) As a daily digest, one per day, or
- c) No email at all. Just read the messages on the web site. But, then you will not be notified when new messages arrive.

USING THE GROUP

You can send messages in 2 ways:

1. Post messages **online**, in the Forum on the "discussions" page. Click on the "New post" button. Or "reply" to an existing message.
2. Send an **email** to the whole group MtHigh@googlegroups.com or MtHigh-midweek@googlegroups.com

Check out our Forums /Google Groups on our web site. We have two Google Groups, or two forums (one for all members, and one for mid-week skiers). Feel free to join one or both. To make the most of it, don't just brows, but join the group.

It's a whole new way to communicate. No longer do you need to ask Emilio to forward some message to all club members. Now you can send a message to the Group, and everyone will receive it.

NW Ski Club Council "Ski Day" at Meadows

March 22, 2008. (Saturday) Let's all ski Mt. Hood on this day! An all-clubs get together on the slopes, followed by a wine tasting and hors d'oeuvres receptions at the Huckleberry Inn in Government Camp, from 3:30 to 6:00 pm.

The NWSCC also plans to offer a bus to Mt. Hood Meadows that day, which will stop at the Huckleberry Inn on the way back, for the festivities. Meet us on the mountain or take the bus.



Pick up at Tualatin Joe's at 7 a.m.; and Gresham Joe's at 8:15? Leave Mt. Hood meadows at 2:30, arriving at Huckelberry at 3. party til 5, back on the bus and home around 7.

Cost: **\$15** per person for Bus and Après Ski Event (till the bus fills up).

\$10 per person for Après Ski Event only (3:30 -5:30 pm)

Payment to be sent to NWSCC, PO Box 1915, Portland 97208 prior to 3/22. If you are going, contact: **Debbi Kor**, 503-682-1563 or email: ijustwannarun@aol.com

Mt. High

Mystery trip



March 14-16, 2008.

A fun 2-day/2night bus trip to a mystery location. Bring some mystery food to share on the bus! Bring a story, or a joke. We'll leave Friday at 5 pm, and return Sunday, around 7-9 pm.

Skiing: Lots of variety, long meandering cruisers, scary steeps, and easy tree skiing.

Lodging: We'll stay in one charming place both nights. Continental breakfast included. There are other eateries nearby too.

Bus ride: Fun and games, prizes, jokes, etc.

Price: \$240 (lodging & transportation, and 2 lift tickets. This is less than the originally estimated \$200 + \$70 for the lift tickets.

Contact: [Linda McGavin](#) or [Emilio Trampuz](#).

Reservations: Send \$240 payment in full, made out to Mt. High Snowsport Club, and mail it to PO Box 2182, Portland, OR 97208. Use [Dough Transmittal Form](#).

Mt. High

Lake Tahoe / Heavenly



14 people have signed up already.

Mar. 29 - Apr.3, 2008 A 5-day trip (Saturday - Thursday).

Skiing: Heavenly is our main destination, with 4,800 acres and 3,500 vertical feet, and slopes in both California and Nevada. But, we'll visit other places too.

Lodging: Lakeland village condos, 1-4 bedrooms, full kitchen, hot tub, heated pool, sauna, free shuttles, 1 mile to the lifts.

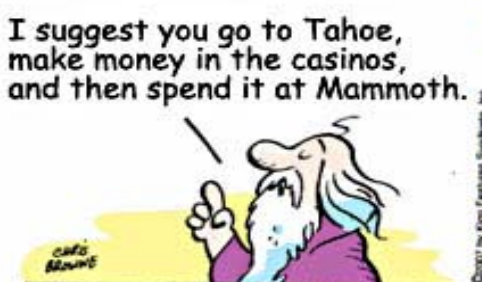
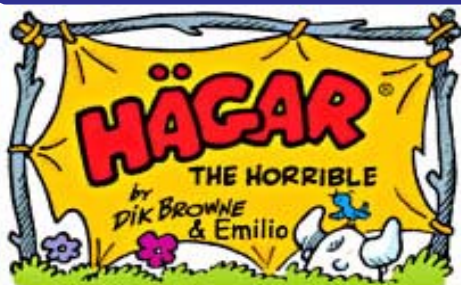
Fly to Reno (on your own), or drive, or rent a car.. Janice can help you carpool with others. (You can link this trip with the Far West Championships at Mammoth. **Gordy** will organize vans or rental cars from Reno to Mammoth.)

Price: \$400 includes: (See flyer on our web site.)

- * 5 nights lodging, in shared condo.
- * 2 of 3 days lift ticket to Heavenly
- * Wine & cheese welcome party, * Breakfast
- * Shuttle around town and to Heavenly gondola or tram.

Contact **Janice Jessen:** jessen@iinet.com

Send \$400 in full. Use [Dough Transmittal form](#), p.11.



Much more info on these and other trips on our web site: www.mthigh.org/Trips.htm.

FWSA Mammoth Mt.: Far West Championships   

April 3 - 6, 2008. Our PACRAT racers can participate in the usual Slalom and GS races, for an additional \$45 fee. But, this trip is open to non-racers too.

This trip will be coordinated with the Lake Tahoe trip (see page 9). Each trip is independent, but if you are already at Lake Tahoe, might as well visit Mammoth Mt. too.

Gordy will organize SUV or car rentals from Reno airport (for both people flying in just for this event, as well as for those extending their trip after the Heavenly/Tahoe trip. Contact **Gordon Lusk**: GordyLusk@hotmail.com.

Make your own room reservations before March 5, 2008 for special group rates at The Village at Mammoth, Juniper Springs Resort, and the Mammoth Mountain Inn. For reservations, call **1-800-626-6684**, and mention group rates for **Far West**.

You can also book online at: www.mammothmountain.com. Use group ID: 2725, Password: 370004430, Password: Far West.

**FWSA Les Trois Vallees** 

March 7 - 15, 2008.

This is a Far West trip to France, to the 3 Valleys: "**Les Trois Vallees**", offering 200 lifts, and 540 sq. miles of terrain.

Optional Aix-en-Provence (3 nights) and Paris (4 nights) post-trip, extends it to March 21.



Basic Ski Week package \$1390 pp double occupancy, which includes:

- * Round-trip Air-France non-stop flight from Seattle, SFO or LAX.

- * 7 nights lodging at the ski-in/ski-out 3-star Hotel Montana - Breakfast and dinner daily;

- * Hotel features sauna, fitness gym and indoor pool.

- * All European air and ground to & from hotels and airports. All local city taxes, resort fees and all other known fees in all hotels.

This is an incredible deal you don't want to miss!

Not Included: Int'l Departure taxes and fuel surcharge - around \$270.

Post extension trip \$895 (optional).

For more details go to: [http://www.fwsa.wbees.com/f/2008 European Ski Week.pdf](http://www.fwsa.wbees.com/f/2008%20European%20Ski%20Week.pdf)

Deposit: \$200 to Far West Ski Association, c/o Norm Azevedo, 901 Sousa Dr., Walnut Creek, CA 94597-2922.

Contact Norm at 1-925-944-9816 or fwsatravel@sbcglobal.net.

Mt. High 2008 Deschutes River Raft Weekend 

Aug 15-17, 2008.

This has become an annual tradition for our club. A weekend of rafting and frolicking in the sun on the Deschutes River at Maupin, OR.

Contact Gordy: 503-804-8363 or GordyLusk@hotmail.com.



Reservation and payment must be received by July 15st. (or don't show up)

Cancelation Date is August 1st.

Trip includes:

Camping: Thursday, Friday and Saturday night in Maupin City Park...

RV space available for an additional \$20.00 a night.

Camp sites, near bathroom in main park.

Rafting: (Row, Paddle or just ride) Friday and Saturday...

We'll provide the rafts.

Saturday night diner: Chicken and ribs provided by Mt. High.

Camp, raft, dinner = \$80.00 pp. (Non Members \$100.00)

Newsletter Options

If you receive the newsletter via email, you now have the option to either:

- A) Recive the complete PDF file**, as an email attachment or
- B) Receive a short email containing a link** to the PDF file on our web site.

The download time is the same, since it is the same PDF file. With **option A**, the wait is up front, when your email is dowloaded to your computer.

With **option B**, you first get a short email, asking you to click on the link. The wait time will happen only if and when you clik on that link.

If you wish to change, let **Emilio** know your preference.

Mountain High Meeting

Usually 1st Tuesday of the month.

Apr.1 (Tue.): Open to all who want to get more involved with the club. This is an organizational meeting to plan future events.

Gather at 6:30 pm. Start at 7 pm.

Location: **Round Table Pizza**, 10070 SW Barbur Blvd., near Capitol Hwy.

Mountain High snowsport club contacts:

- President:** Gary Stevenson, H: 503-257-6368,
- Vice-President:** Terry White, H: 503-781-4558,
- Secretary:** Sue Snelling, H: 503-774-8747,
- Treasurer:** Kurt Krueger, H: 503-625-1492,
- Race Director:** Bruce Ellison, H: 503-697-7892,
- Newsletter Editor:** Emilio Trampuz, H: 1-503-378-0171,
- Activities Director:** Jaxine Harris, H: 503-692-9719,
- Golf:** Cal Eddy, H: 503-631-3115,
- Mid-week skiing: George Yun H: 503-697-3055,
- NWSCC Rep:** Debbi Kor-Lew, H: 503-682-1563,
- Trip Directors:** Linda McGavin, H: 503-652-2840,
- Janice Jessen, H: 503-636-0687,

General information: info@mthigh.org

Web site: www.mthigh.org

TWhite223@msn.com

OptomistSue@comcast.net

telek2@att.net

Yuffiet@comcast.net

info@mthigh.org

JaxineAH@msn.com

W: 503-805-8606, baebaw@ccwebster.net

boar2m@msn.com

W: 503-988-5138, ijustwannarun@aol.com

Trips@mthigh.org

jessen@iinet.com

DOUGH TRANSMITTAL FORM

For all Mt. High activities, make check payable to: "Mountain High Snowsport Club"

Mail to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: New membership Renewal

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

- Email Preferences:**
- Newsletter (once a month): yes, link only yes, complete file no
 - No changes - Club news & events (between newsletters): yes no
 - (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): yes no

Please take my money, and apply it toward the following Ski Club fun stuff:

Deposit?Paidinfull?

Membership Dues (Oct. 2007 - Sep. 2008): Single (\$25); couple (\$40) \$ _____

PACRAT Racing 2007/08 Total: \$85 Team name: _____ \$ _____

Mystery bus trip (Mar. 14-16, 2008) Total \$200. Deposit \$100 \$ _____

Lake Tahoe trip (Mar. 29- Apr. 3, 2008) Total \$400. Deposit \$100 \$ _____

Rafting trip (Aug. 15-17, 2008) Membersl \$80. Non-members: \$100 \$ _____

Other: _____ \$ _____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

Whereas the Mountain High Snowsport Club ("Club") is an organization of fun loving ADULTS whose events are organized by members who volunteer their efforts for the enjoyment of their fellow members and friends, please remember when I participate in Club events I do so at my own risk. Sporting activities, indeed, any activity, includes inherent risks. I will evaluate my own abilities and responsibilities and join in the Club fun as a responsible and considerate adult. I will not hold the Club or any Club officer liable for the consequences of my decisions and my behavior. The bottom line is, stuff just happens sometimes and the club volunteers are not to be blamed for helping us have fun. Besides, the Club has no assets, except for a leftover banner, some balloons, or a couple of empty beer bottles with the Club's name on them.

Club membership = 221 Newsletter Distribution

The March, 2008 issue is posted on our web site, and also:
266 copies sent via email (as PDF files)
28 paper printed copies sent via US Mail.
Copies are sent to potential members, other clubs, etc..
Please help us minimize the cost of mailing paper copies.
Send your email address to: info@mthigh.org.

Mt. Hood Meadows Spring Pass, \$119

For only \$119, you can have unlimited skiing at Mt. Hoos Meadows, which plans to stay open every day of the week till April 27. After that, it will remain open on weekends as long as people keep coming. See: www.skihood.com/pricing/seasonpasses/

Timberline / Ski Bowl Fusion Spring Pass, \$99

Timberline and **Ski Bowl** offer a joint Fusion pass for only \$99, for unlimited sking/riding from March 3 to May 26, 2008. This pays for itself after only 2 visits. www.timberlinelodge.com/ski Ride/ticket_seasonpass.php

To Do list

- 1. **Sign up for a ski trip!**
- 2. **Join others in Sandy** p.1
- 3. **Party at Cactus Jacks** p. 1
- 4. **Get involved with club,** p.5
- 5. **Submit a page,** p. 7
- 6. **Join Forum/email group** p.8

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Please check our web site,
www.mthigh.org
for updates.

Mt. High Forums

Our two new Forums on the web site are actually Google Groups. You need to join each one of them individually, to be notified when messages appear in that group. See page 8. If you haven't done that yet, you are missing out on all kinds of messages. Here are some examples:

Meadows tickets for \$50

Only 2 tickets. Call 503-666-0389, ask for Diane or Mike.

Photoshoot Casting

Make some money posing for ski photos. Just an hour and a half needed.

Ski Chalet in Government Camp

Only \$25 a night (in March, April, and May. Call Jeff or Brenda Ackerson, 503.272.0ALL or 503.929.1496.

Joke about Mid-Life Crisis

What did the wife say to her husband of 42 years, when he started hankering for a hot19-year old gal? Read it in the Forum.

On top of that, people are using the Forum to post their skiing plans, to ask for capooling, to ask if anyone else is going to Meadows, or Bachelor the next weekend, etc.

So, check out both the All-Club and the Mid-week skiers Forums, and click on "Join this Group" to become a part of it and be notified when there is a new message. See p.8.

