



Lift Lines

== No. 67, July 2006 ==

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Hi folks!

Make the most of summer! Join us for a hike, rafting, a bike ride, and a picnic! Also, let's start planing the next ski season. See a list of upcoming winter trips on pages 5 - 7. The PACRAT dates have been approved (see page 9). - *Emilio*



Rafting: July 14-16 (page 3)



Picnic: August 12 (page 4)

INTHISISSUE

- * Sk OR & WA Challenge pp. 2 and 5.
- * Golf, p.3, Picnic & Seafood Party , p.4
- * Winter Trips, pp. 5-7
- * Epic snow photos p.8, Q&A: p.9

*Note the color code.
Our club is blue.*

2006 CALENDAR

- Blue:** Mountain High events
- Red:** NWSCC / FWSA events
- Black:** Generalevents

July 6 (Thur.) **Mt. High** Board mtg.

July 14-15 (Fri./Sat) - **Rafting !!!**

July 29 (Sat) **Clubs 4-Play Golf**

Aug. 1 (Tue) **Mt. High** Board mtg.

Aug. 12 (Sat) **Mt. High** Picnic !!!

Sept. 10 (Sun) **MHSP** Golf Tournmnt

Sept. 16 (Sat) **Mt.High** Seafood Party

Sept. 19 (Tue) **Talk Like A Pirate Day,**

Sept. 23 (Sat) **Mt.Hood** Heritage Day,
Mt.Hood Museum, **Govt.Camp**

Oct. 26 (Thur) **Warren Miller** movie

Nov. 3-5: **Ski Fever Show** @ Expo Ctr.

Nov. 6 (Mon) **Ski Fair** , **Monarch Hotel**

Nov. 9 (Thur.) **Membership Party**

2007

Jan. 5-7: **Warner Canyon** weekend

Jan.27 - Feb.3 **FWSA** Ski Week,
Steamboat, Colorado.

Feb. 9-16 **Utah:** Powder Mt/Snowbasin

Mar. 3-4 **Cascade Lodge** weekend

Mar. 3-11 **FWSA** trip: **Bormio, Italy**

Mar. 7-11 **NWSCC** trip: **Sun Valley, ID**

Mar. 16-18: **Bus trip: Mission Ridge &
Stevens Pass** (Leavenworth, WA)

Mar. 29-31 **Mt. Bachelor** weekend:
Far West Championships + PACRAT

Mt.High

Mt. High Wants You

Mt.High



Your club wants you! We know you have something to contribute.

Just take your favorite activity (biking, swimming, playing cards, movies, theater... whatever), and invite other club members to join you.

Instead of having just one person in charge of all **social** activities in the club, lets split it up among many people!

One person could be in charge of just **TGIF** gatherings. Another could do **bicycle rides**, or **picnics**, or **parties**, **bowling** , **hiking** etc.

We could use a few people willing to **host a club party** from time to time.

If you would like to organize some social activity, just let Emilio know, so we can put it in the newsletter. Better yet, come to our monthly planning meetings, on the 1st Tuesday of every month.

Our **ski trips** are an exception. **Trips need to be approved by the Board.** Our membership is small and the winter calendar is pretty full, so we can't have too many trips at once.

Ski Oregon Challenge + Ski Washington next season!

June 21, 2006 (Wednesday). **Steve Coxen**, past President of the NW Ski Club Council, handed out the awards to those who have successfully completed the Ski Oregon Challenge at the monthly NWSCC meeting. The 3 winners who had skied all **11** Oregon ski areas each received an award plaque and a \$50 gift certificate for local ski stores. **David Schor** won first place (for being the first to accomplish the feat). **Emilio** was second.

The grand prize, a 10-time pass to Mt. Hood Meadows was awarded by random drawing among all 4 challengers, and the winner was **Ed Palmer**, who had skied 9 of the 11 areas (enough for an award).

McCoy Smith was out of town, so could not attend the meeting. His award was mailed to him.

See photos at www.mthigh.org/PhotosRecent.htm.

Next season, there will be a **Ski Washington Challenge**. Washington has 12 ski areas plus 1 Heli-skiing and 1 Cat-skiing operator. A minimum of 10 ski areas should be visited in a single season, to qualify for an award. Extra credit will be given for any of the additional four.

Stay tuned for more info in the upcoming issues, including a map of all the Washington ski areas.



Emilio, Steve, & David



Emilio, Ed, and David

Mt. High

Hike to Hawk Mt. (OR)

Mt. High

June 25, 2006. (Sunday) Another great hike! Magnificent views of Mt. Jefferson and Mt. Hood. We played a game of horseshoes at the end of the trail.

At the end of the hike, back at the trailhead, Elisabeth and Chuck treated everyone to some "happy hour" treats. Yummm!

See more photos in Philip Blair's online photo album at: <http://homepage.mac.com/glamorousgoose/PhotoAlbum133.html>

Also, more photos on our web site: www.mthigh.org/PhotosRecent.htm.



Philip



Playing horseshoes in front of Mt. Jefferson



Happy Hour at the trailhead

Mt. High

Deschutes River Raft Weekend - Maupin OR



July 14 - 15

The water is running high and the weather is great. Come early Friday to set up. We'll meet in Maupin City park (Camp spaces 1-5) around 11am Friday, then head up to Harpin Flat and "Get-Er-Done". Saturday we'll raft from the park around 10:00 am.

There are still a few spaces available. Call Gordy at 503-804-8363 or gordylusk@hotmail.com.

TRIP INCLUDES:

Camping: Thursday, Friday and Saturday night in Maupin City Park. Camp sites 1-5, near bathroom and office. RV space available for \$20.00 a night.

Rafting: (Row, Paddle or just ride) Friday, starting at 11:00 am and Saturday, starting at 10 am.

Saturday night BBQ Dinner in the park by "Lous Q". All other food and drinks are your own responsibility.

PRICE:

Camp, raft, dinner = \$85.00 pp, (Non Members \$100.00)

Raft and dinner = \$65.00 pp, (Non Members \$80.00)

RV Spaces at \$20.00 a night extra.

Use the Dough Transmittal Form on page 11.

* This is not a professionally guided trip. It is a club function for our members and their friends to have fun. We are all personally responsible for our own actions. Rafting can be dangerous. By registering for this event you and your guests will relinquish any and all claim of responsibility and claims of liability on all parties participating in this event, board members and Mountain High Snowsports Club... **We WILL have a great time... Cptn. Gordy**



NWSCC NWSCC "Clubs 4-Play" Golf Tournament



July 30 (Sunday). This will be the 8th annual golf tournament. Several local ski clubs participate, 4-person teams, 18 holes scramble.

Location: Oregon City Golf Course at Lone Oak (Bevercreek Rd.).

Tee time: 8:00 am

Price: Tournament, food, party and prizes: **\$49** per person.

Carts are available. Call the golf course at 503-518-2846.

Clubs will compete for the Perpetual Club Trophy. All players must be from the same club for this trophy.

Specify **names** and **email addresses** of your team members. Make out a check to **NWSCC**, and mail it to **NWSCC**, PO Box 1915, Portland, OR 97207.

Info: Marilyn Sigler: 360-883-6937, Marski@teleport.com.

For Mt. High members, Gary Stevenson, our club President and "golf guy", will help coordinate and set up teams within our own club. Phone: 503-257-6368.

MHSP Golf Charity 

Sept. 10 (Sunday)

The **Mt. Hood Ski Patrol** is the beneficiary of this charity Golf Tournament, sponsored by **Jelly Bean**.

It will be held at The Reserve Vineyards & Golf Club, 4747 S.W. 229th, Aloha, Oregon 97007.

Check in at 6:45 am. Shot-gun start at 7:30 am.

Prizes, hosted lunch, raffle, and silent auction.

See more info at:

www.mthoodskipatrol.org/golf/2006/

Mt. High

Mt. High Picnic

Mt. High

Aug. 12 (Sat.): Our annual Summer picnic.

Place: Sellwood Park, picnic area A (same as last year).

Time: 9:00 am for bike ride, meet at bike trail by the water, near park entrance.

11:00 am for picnic, north-west of the church, on the left side of the path (if you enter the park from the south, heading north).

Details: Lots of fun activities, like:

* Bike ride at 9:00 am (abt. 1 hour) 

* Softball game: 12(noon) - 1pm;

* Potluck - Everyone bring a favorite dish (BBQ grills available at the park)

* BYOB Club provides only soft drinks.

* BBQ -Mt.High will provide hot dogs and hamburgers. Eat abt. 1:30 pm.

What to bring: Food & drink, lawn chair, blanket, softball, catcher gloves, badminton game, horseshoes, tennis racket, swim suit, ...

Contact: Gary Stevenson, 503-257-6368.

Directions: Note: there are 2 parks, one on each side of the railroad tracks! For the bike ride, we'll meet at the Sellwood Riverfront park, on the bike path. Ask for Larry Bennett.

For the picnic, at 11 am, enter the Oaks Pioneer park from around SE Grand Ave. To get there, cross the Sellwood bridge and turn left on 6th Ave, then one more left on Spokane, and right on Grande Ave.



Sue & Kurt in Sellwood Park, last summer

Mt. High

Seafood Social

Sept. 16 (Sat.): Annual End-of-Summer Party.

WHAT: Time for our traditional end-of-summer Seafood Social party. This time, for a change, we'll have it across the river, in Washington, and you'd be surprised how close it is to downtown Portland. Our host will be Diane and Bob. Did you know that Diane is Linda McGavin's sister?

HOSTED BY: Diane Adkin & Bob Raemer

DATE: SATURDAY SEPT 16

TIME: 2:00 pm - UNTIL ?

LOCATION: 2620 NW Cascade Street
Camas, WA 98607

CLUB PROVIDES: the main course: seafood / fish and soft drinks



Diane, Debbie & Kurt

YOU BRING: a side dish, appetizer, or dessert, & libations of choice.

Please RSVP to:
Diane Adkin:

dadkin@attglobal.net

Newsletter options



If you receive the newsletter via email, you now have the option to either:

A) Recive the complete PDF file, as usual; or

B) Receive just a short email containing a link to the PDF file on our web site.

What's the difference? Not much. The download time is the same, since it is the same

PDF file. For those who have broadband (hi-speed) access, it doesn't make much difference. But, if you have a slow connection, the main question is: when do you want to wait for the file to download?

With option A, the wait is up front, when your email is downloaded to your computer. When you get the email, you automatically get the attached newsletter.

With option B, you first get a short email, asking you to click on the link. The wait time will happen only if and when you click on that link. So far, only 9 people have requested this option (just the link).

If you wish to change, let Emilio know your preference.



2005/2006 Winter Trips

NOTE: Some of these trips are filling up rapidly. Don't wait. Sign up now!

Warren Miller safari

Nov. 24-27, 2005. All those who go see the new **Warren Miller movie** (in October) usually get some free lift tickets. Last year, we got 4 tickets to Canadian ski areas. We carpooled there in early December, but Thanksgiving may be a good time too. Destination? Wherever Warren Miller takes us this year! Probably Canada.

This is one of our least expensive trips! 4 days for about **\$200 - \$275** (for lodging and gas). The skiing is free. This year, we might stay in one place for more than one day.

NWSCC

Ski Washington Challenge

Winter 2006/2007.

The Northwest Ski Club Council, in cooperation with the local ski industry is expanding its ski challenge to the State of Washington.

Washington has 12 ski areas, plus 1 heli-ski and 1 cat-skiing operation. That's a total of 14 places.

If you can ski a minimum of 10 of these in a single winter season, you qualify to enter the Ski Washington Challenge. Extra credit will be given if you visit the other 4 ski areas.

It helps that the Mountain High club is organizing a trip to 2 of these ski areas: Mission Ridge and Stevens Pass.

More info will be posted on our web site, and the NWskiers.com web site. Contact **Steve Coxen**, 503-679-9022, email: sacoxen@aol.com.



Mt.High

Warner Canyon Weekend

Jan. 5 - 7, 2007.

We discovered Warner Canyon as an excellent place for powder skiing, mainly as a result of the Ski Oregon Challenge last season. Let's visit again this winter.

This will be totally informal. It's not an official "trip", but a simple road trip, either carpooling or caravanning down there. If there is enough interest, we might consider hiring a bus. Otherwise, we'll just drive.

Since Warner Canyon is closed Mon. - Thursday, the best time to visit (for fresh tracks) would be on a Friday, if you can take the day off. We could drive there on Thursday evening, after work. If not, we could leave Friday evening.

Just follow Hwy 97, past Bend, and at La Pine, turn on Hwy 31 to Lakeview.

After skiing at Warner Canyon on Friday/Saturday, we could drive only half-way home, and ski at Hoodoo on Sunday. We'll be home Sunday evening.

If you are interested, please contact Emilio, 503-378-0171.



FWSA FWSA 2007 Ski Week

Steamboat Colorado

Jan. 27-Feb. 3

The biggest trip of the year, with clubs from all far West-

ern States participating. The Northwest now has only 36 spots allocated. About 20 are already taken. Son only about 16 remain!!! Steamboat is home to former Olympian - Billy Kidd.

Price: \$850 without air.

Price includes 7 nights lodging (dbl occ.), 5 days' lift tickets, Welcome party, Mountain Picnic, 3 races, Farewell Party, and much, much more. Initial deposit of \$250 being accepted now.

See more info on page 10.

Contact: Rod Robinson, 1- 541-344-7170, rdrobinson@aol.com



Mt. High

Utah: Powder Mt. & Snowbasin



Powder Mt.

4-DAY TRIP: Feb. 9-13 (Fri. - Tue.)

7-DAY TRIP: Feb. 9-16 (Fri. - Fri.)

Here's something totally new! To satisfy all tastes, we'll have two simultaneous trips, for 4 or 7 days. Both groups will ski together the first 4 days. We'll all leave Portland together, on a Delta flight at 5:15 pm, Friday.

We'll ski for a full 4 days (or all 7 days) and return home on Tuesday night (after skiing), or Friday night.

We'll stay in Eden, less than 15 mins. from **Powder Mt.**, and abt. 20 mins. from **Snowbasin**. Also, within 1 hour driving are Park City, Deer Valley and the Canyons. Less than 10 mins from Eden is **Wolf Mountain** with night skiing!

The **4-day trip costs \$769, and includes:**

- * 4 nights in Red Moose Lodge (hotel rooms);
- * Continental breakfast buffet
- * 1 lift ticket to Powder Mt. + 1 to Snowbasin
- * Airfare + Renting an SUV for each 4 people.

The **7-day trip costs: \$999, and includes:**

- * 7 nights in Moose Hollow Condos (2 bd/2ba; 4 people per condo);
- * No breakfast, but there is a breakfast restaurant + a supermarket.
- * 2 lift tickets to Powder Mt. + 2 to Snowbasin
- * Airfare + Renting an SUV for each 4 people (for the whole week).

We will have all 4 (or all 7) days of skiing available, since our return flight leaves in the evening, so we can ski the whole of the last day. But, only 2 (or only 4) lift tickets are included in the price of the trip, to give everyone more flexibility in deciding where to ski the remaining days.

Depending on snow and weather conditions, we can decide to either continue skiing at Snowbasin and Powder Mountain, or drive to any of the other ski areas. With several SUVs at our disposal, we can even separate into smaller groups going to different places. Park City might be an excellent option for the last day of the trip.

For a **land-only option** (without airfare) please subtract **\$250**.

Emilio & Linda are working on this together. Emilio for the shorter trip, Linda for the longer one. Contacts:

Emilio: 1-503-378-0171 or info@mthigh.org.

Linda: 503-412-3531, or email: Trips@mthigh.org.

To reserve your spot, send a **\$200** deposit, made out to **Mountain High Snowsport Club**, and mail it to Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

Remember to indicate which trip you are signing up for: 4 days or 7 days.

Skiyente Big Mt. (MT)



Jan. 30 - Feb. 4. A train trip. We've been to Big Mountain two seasons ago, but some of you missed that trip. So, here's your chance to see Big Mt.

The **Skiyente** (all female) ski club is organizing a trip to **Big Mountain**, Jan 30 - Feb. 4, 2007, and we are all invited to join in. Details are yet to be announced. For more info, contact: Colleen Walter, at colleenski2002@yahoo.com.

FWSA Bormio, Italy



March 3-11 2007.

7 nights in Italy, with breakfast and dinner included!

Round trip air-fare on Delta airlines. Join a group of skiers from a variety of Far West ski clubs.

Price: \$1,335 - \$1,440 for food, lodging and transportation. It doesn't include lift tickets. Also, add approx. \$80 pp in taxes, plus a \$150 fuel surcharge.

Possible post trip side trip to Rome and Florence.

Deposit: \$200 to Far West Ski Association, c/o Norm Azevedo, 901 Sousa Dr., Walnut Creek, CA 94597-2922.

Contact Norm at 1-925-944-9816 or fwsatravel@sbcglobal.net.

Powder Mt.: 2,000' vertical, and 5,500 acres (the largest in the U.S.) 1 Express Quad, 1 Fixed Quad, 1 Triple, 1 Double. Snowcat ride: \$8.

Snowbasin: 2,950' vertical, and 2,800 acres. 1 Tram, 2 Gondolas, 1 Quad, 4 Triples, 1 Double.

Mt. High Cascade Lodge **March 3-4
2007.**

2 days/ 1 night
at the friendly
Cascade Lodge in Government
Camp.

We'll ski both days, Saturday and
Sunday, most likely at Ski Bowl,
just across the street!

In the evening, we can party at
Charlie's (also just across the
street)!

Price: Only \$17 for lodging per
night (in bunk beds). This is a
special introductory guest rate for
local ski club members.

Contact Rich Rizk, 503-641-6048,
Rich@RizkLaw.com, or Emilio
Trampuz, 1-503-378-0171 or
info@mthigh.org.

NWSCC Sun Valley, ID **March 7-11
2007.**

4 days/ 4 nights
at Sun Valley,
with 3,400' ver-
tical on Bald
Mountain, and a total of 2,054
acres, served by 7 Quads, 4 Triples,
5 Doubles.


Price: TBA. We are working on a
very reasonably priced package
that will include air, lodging and
lift tickets.

Deposit: \$100 to NWSCC, c/o
Northwest Ski Club Council, PO
Box 1915, Portland, OR 97207.

Contact Debbi Kor-Lew, 503-682-
1563, or ijustwannarun@aol.com.

*Check our web site
for trip updates*

www.mthigh.org/Trips.htm.

Mt. High**"Say WA" bus trip** **Mission Ridge & Stevens Pass****March 16-18.**

2 days/ 2 nights. The bus trips are usually our
club's best and most fun events. You don't have
to miss any work days, as this is just a weekend.

We will leave Friday around 5 pm, and return
Sunday night. We'll visit:

1. **Mission Ridge**, with a new express lift in-
stalled last season. You can ski by a World
War II bomber that crashed on the moun-
tain! 2,200' vertical. 1 Express Quad, 3 Doubles.
2. **Stevens Pass**, lots of tree skiing, front and back + lots of cruisers!
1,800' vertical, served by 3 Quads, 4 Triples, 3 Doubles.



Harry @ Mission Ridge

Lodging: Both nights, we'll stay in the charming town of Leavenworth.
We have booked almost the entire Obertal Inn, just for us! Most rooms
have 2 queen bed, some have 1 king bed. There are also 2 Fireplace
Suites and 2 Jacuzzi Suites. If a couple wants to book one of those
suites, each **person** would pay an extra \$42 for a Fireplace Suite or \$64
each for a Jacuzzi Suite. First come, first served. Reserve your's soon!

An "expanded continental breakfast" is included.

Price: Only \$200 for lodging and transportation, plus approx. \$38 per
lift ticket (exact price tba later). We will be getting deeply discounted lift
tickets at the hotel.


The trip price is based on 26 people. For each 2 people that sign up over
that number, the price for everyone will go down by \$4. (For example,
at 32 people it would cost \$188 each, and at 42 people it would cost only
\$168 each!) So, let's make sure everyone goes on this trip!

Contact: [Linda McGavin](mailto:LindaMcGavin) (trip leader) or Emilio Trampuz (co-cap-
tain).

Reservations: Send a \$100 deposit made out to **Mountain High
Snowsport Club**, and mail it to Mountain High Snowsport Club, PO
Box 2182, Portland, OR 97208.

Remember to specify if you want one of the special rooms.

P.S. In case you didn't know, "Say WA" is Washington's new slogan.

Mt. Bachelor Weekend / FWSA Championships 

Many will come to
Bend just for fun!

Mar. 30 - Apr. 1. Multiple events. Our last
PACRAT race of the season will be on Sun-
day. The Far West Championships will have
a Slalom on Saturday and a GS on Sunday.
All PACRAT racers can enter both races.
We'll all drive to Bend. More info later.

Emilio, 1-503-378-0171, info@mthigh.org

What a Season!

2005/2006 started off with a bang. Bruce and Linda McGavin enjoyed a fantastic powder day at Meadows on December 2nd.

George Yun took a picture of himself in front of a wall of snow in the Maeadows parking lot at the tail end of the season, in April.

And it's not over yet, Cristian Constantinescu reported the conditions were great on the Palmer snowfield at the end of June, and Timberline remains open till Labor Day (September 4th, 2006)!

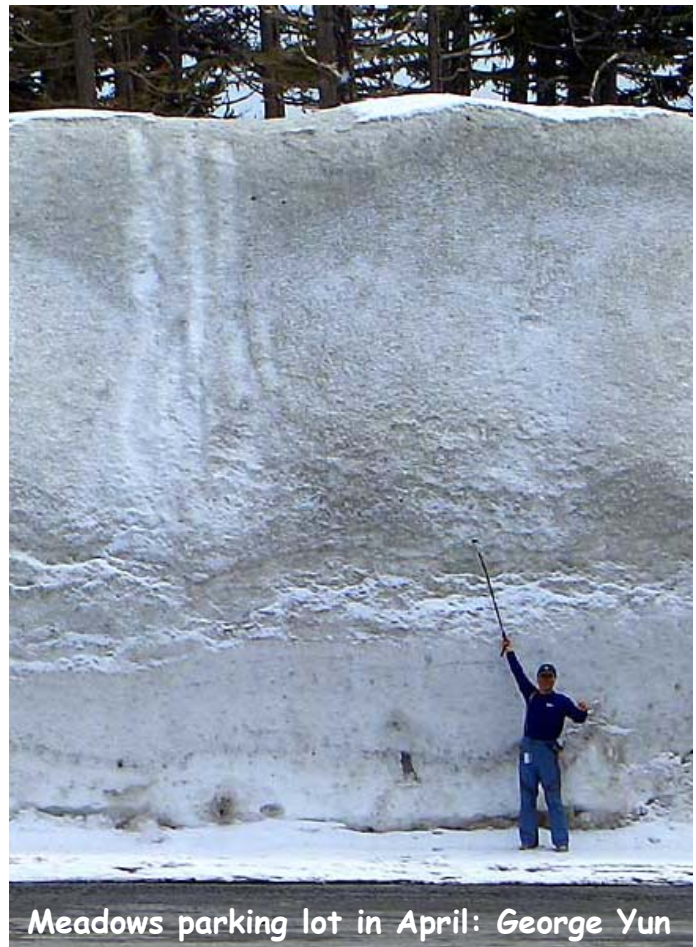


Linda McGavin

MHM 12-2-05



Bruce McGavin at Mt. Hood Meadows



Meadows parking lot in April: George Yun



Fresh tracks at Timberline in June!

Snowbasin (UT) and Steamboat (CO)

To prepare for next season's trips, check out these articles. Our member **Les Furnanz** wrote one of them.

Article on Snowbasin, UT:

<http://highonadventure.com/Hoa06feb/Lee/lee06.htm>

Article on Steamboat, CO:

<http://www.highonadventure.com/Hoa06feb/Les2/steamboat.htm>

PACRAT Racing Dates



Alan, Phil and Doug at Ski Bowl

The PACRAT race dates for next season have been confirmed. Also, for all future years, we'll try to keep the exact same weekends, so we will always know in advance when the races will be held, and thus plan our ski trips around it.

These dates still need to be approved by the ski areas, but here are the proposed standard dates:

Race	Weekend	Date	Place
1.	2nd Sunday in January	1-14-07	Timberline
2.	4th Sunday in January	1-28-07	Meadows
3.	3rd Sunday in February	2-18-07	Ski Bowl
4.	2nd Sunday in March	3-11-07	Meadows
M.	4th Sunday in March	2-25-07	Meadows
5.	1st Sunday in April	3-31-07*	Bachelor*
R.	2nd Friday in April	4-13-07	

M = Makeup race (only if another one is cancelled).

R = Rat Attack (the Awards party)

* **Exception:** This year, the 5th race will exceptionally be held on **Saturday, March 31, 2007**, at Mt. Bachelor, because it will be combined with the Far West Championships. Most other years, the 5th race will be held on the 1st Sunday in April, at **Mt. Hood Meadows**.

The final and most accurate dates will always be posted on the PACRAT web site at:

www.pacrats.org.



NW Ski Club Council

Remember, our club is affiliated with the NWSCC, so we are all members. Go to the **NW Ski Club Council**



[Join NWskiers](#)
[Email Newsletter](#)

web site: www.nwskiers.org to check out member benefits, trips info, and more. You can also sign up for an **email group** for regular updates.

The NWSCC meets every 3rd Wednesday of the month at 7 pm, at the **Round Table Pizza**, 10070 SW Barbur Blvd., Portland. 503-245-2211.

These meetings are open to everyone. There is often a guest speaker, and you get to hear what's happening in other local ski clubs. The next meeting is **July 19**.



Mt. High Letters

Q Why is the Utah trip from Friday to Friday instead of from Saturday to Saturday? -Diane

A This is a cost-cutting measure. Lodging prices are higher on Presidents' Day weekend, which begins Saturday, February 17. By doing the whole trip a day early, we avoid the weekend. Also, it is easier to synchronize the 7-day trip with the 4-day trip, since people opting for a short trip will want to miss as few work-days as possible.

Q A lot of the same faces keep showing up in newsletter photos. Can we get more variety?

A Yes, of course, you too can be featured in the newsletter, but you either need to send Emilio photos of yourself, or - more importantly - you need to show up at our various trips, parties and other events. It seems many of the same people keep going on all the trips. If you don't sign up, not only are you missing out on a great trip, but you are also missing a great photo op!

Q Will there be any shorter trips this year? I really can't take too many days off of work. - Several people

A Yes, we will definitely have some short, weekend trips. The two main ones are the **Washington bus** trip (March 16-18), and the **Mt. Bachelor** trip (March 30 - April 1). On top of that, there will be a variety of informal day and weekend trips to **Mt. Hood**, and other places in Oregon and Washington. See pages 5 - 7 for a list of most planned trips, and stay tuned for more announcements of day trips and mid-week outings. Check our web site for updates. See www.mthigh.org/Events.htm.

FWSA Far West Convention FWSA


Randy Lew

June 9-11, 2006. At the recent Far West Ski Association Convention, held in Chandler, Arizona (near Phoenix), our member **Randy Lew** was elected the new FWSA President. Congratulations, Randy!

Steve Coxen was elected chairman of the Board of Trustees.

Debbi Kor-Lew continues as VP of Marketing. Debbi also won the prestigious Elizabeth "Shatzi" Wood Award, the top award given to a female by the FWSA. Congratulations Debbi!

See the FWSA web site for more info: www.fwsa.org.



Debbi Kor-Lew

CLUB & COUNCIL AWARDS

Clubs sorted into categories by size. Only NW clubs shown here.

Outstanding Website:

- Class A: 3rd Place, Skiyente
- Class AA: 1st Place, Mountain High
- Class AAA: 3rd Place, S'No Joke
- Class AAAA: 1st Place, Bergfreunde
- Councils: 1st Place, NWSCC

Wentworth Outstanding Publication:

- Class A: 2nd Place, Skiyente
- Class AA: 2nd Place, Mountain High
- Class AAA: 2nd Place, S'No Joke
- Class AAAA: 2nd Place, Bergfreunde
- Councils: 3rd Place, NWSCC

Tollakson Outstanding Club of the Year:

- Class A: 1st Place, Skiyente (tie with LA club)
- Class AA: 1st Place, Mountain High
- Class AAAA: 2nd Place, Bergfreunde

The 2007 FWSA Convention will be held at Santa Clara, California, from May 31 to June 3, 2007.

NWSCC will be the host of the 2008 convention, and we are considering several venues.

You can see our entry essay for the Tollakson Outstanding Club Award, posted on our web site at:

<http://www.mthigh.org/Documents/Mt-High-Outstanding-Club-2006.pdf>.

FWSA FWSA Ski Week FWSA

Steamboat, CO

Jan 27 - Feb 3, 2007.

The biggest ski party in the West is the annual Far West trip, involving dozens (if not

hundreds) of ski clubs throughout the Western States (OR, WA, ID, NV, CA, AZ, NM). See the FWSA web site: www.fwsa.org.

36 spots are reserved for Northwest skiers. About 20 are already taken. So, hurry up and sign up!

The phrase "champagne powder snow" was coined at Steamboat. With 20 lifts serving 143 trails, 3,600 vertical feet, and nearly 3,000 skiable acres, Steamboat provides a variety of terrain for every level of skier. Steamboat's six peaks are filled with groomed cruisers, bumps, steep, open meadows and legendary tree skiing.

The price (yet to be finalized) of abt. \$850 includes:

- * FWSA lodging (double occupancy);
- * FWSA amenity package (all kinds of goodies);
- * Lodging at The Lodge at Steamboat, located just 200 yards from the gondola;
- * Welcome Party, Après Ski Party, Mountain Picnic, Farewell Awards Party;
- * 3 Races; and
- * 5 of 7 day Lift Tickets.

NOTE: Air & ground transportation is not included.

Plan now and reserve your spot by making a \$100 deposit! Deposits are fully refundable till June 30th.

Payment Schedule:

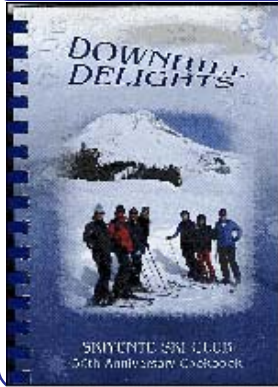
July 1st - \$250 due,
September 1st - \$350 due and
November 1st - remaining balance due.

Trip cancellation policy: Cancellation from July 1st until September 1st will result in a \$25 cancellation fee, cancellation between September 2nd and November 15th will result in a \$100 cancellation fee. NO REFUNDS after November 15th.

Please make your checks payable to: **Northwest Ski Club Council**, P.O. Box 1915, Portland OR 97207.

Contact **Rod Robinson** 541-344-7170, rdrobinson@aol.com

Cookbook for Skiers!



The Skiyente Ski Club has prepared a wonderful cookbook, based on their experiences in the kitchen and on the slopes. When you are skiing you need to eat properly!

The book is called Downhill Delights. It costs \$10, plus \$2 for shipping. Send your name, address, phone number and a check for \$12 payable to **Skiyente Ski Club**. Mail it to: Skiyente Ski Club, PO Box 56342, Portland, OR 97238. Contact **Louise DuFresne**, skiarad@aol.com.

You can also find the book at **Valian's ski shop** in Govy.

Mountain High Meeting

First Tuesday of the month.

Aug 1 (Tues.): Open to all who want to get more involved with the club. An organizational meeting to plan future events.

Gather at 6:30 pm. Start at 7 pm.

Location: **Round Table Pizza**, 10070 SW Barbur Blvd., Portland, near Capitol Hwy.

Mountain High snowsport club contacts:

General information: info@MtHigh.org

- President:** Gary Stevenson, H: 503-257-6368,
- Vice-President:** Terry White, H: 503-297-1427, W: 503-296-6075, TWhite223@msn.com
- Secretary:** Sue Bennett, H: 503-774-8747, OptomistSue@comcast.net
- Treasurer:** Kurt Krueger, H: 503-625-1492, telek2@att.net
- Race Director:** Gordy Lusk, H: 503-804-8363, GordyLusk@hotmail.com
- Newsletter Editor:** Emilio Trampuz, H/W: 1-503-378-0171, info@mthigh.org
- Activities Director:** Jaxine Harris, H: 503-692-9719, JaxineAH@msn.com
- NWSCC Rep:** Debbi Kor-Lew, H: 503-682-1563, W: 988-5138, ijustwannarun@aol.com
- Trip Directors:** Marsha Cosgrove, H: 503-646-5292, W: 503-799-2833, HappyHairdresser@msn.com
Linda McGavin, H: 503-652-2840, W: 503-412-3531, Trips@mthigh.org
Larry Bennett, H: 503-760-2360, BENNETT896@aol.com

DOUGH TRANSMITTAL FORM

For all Mt. High trips, make check payable to: "Mountain High Snowsport Club"

Mail to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wrk): _____

Email (Hm): _____ Email (Wrk): _____

Please take my money, and apply it toward the following Ski Club fun stuff:

Details
Deposit?Paidinfull?

- Membership Dues (for 2006/2007):** Single (\$25) couple (\$40) \$ _____
- PACRAT Racing** Total: \$85 Team name: _____ \$ _____
- Utah 4-day** (Feb. 9 - 13, 2007) Total \$769 Deposit: \$200 \$ _____
- Utah 7-day** (Feb. 9 - 16, 2007) Total \$999 Deposit: \$200 \$ _____
- Washington bus trip** (Mar. 16 - 18, 2007) Total \$200 Deposit: \$100 \$ _____
- Other:** _____ \$ _____

Comments (For whom you are paying. Roommate requests, etc.):

Club membership = 198 Newsletter Distribution

The July issue is posted on our web site, and also:
238 copies via email
33 paper printed copies sent via US Mail.
Copies are sent to potential members, other clubs, etc.).
Please help us minimize the cost of mailing paper copies.
Send your email address to: info@mthigh.org.

Bad Biker! Bad!

A Mothers Day gift from Skamania County's best. It's just a warning this time lady. 61 in a 55 is pushin' it. We'll be watching out for you the next time you go through these here parts.



Emilio Trampuz
Mountain High Newsletter editor
4742 Liberty Rd. S., #296
Salem, OR 97302

NOTE: Check the club's web site for updates. See www.mthigh.org.

Bike Rides



- by *Janet Siverts-Smith* -

Come join me. Here are some organized rides that I have done in the past and I'm considering doing a few this year:

July 15-16 (Sat/Sun) Seattle-to-Portland
<http://cascade.org/EandR/stp/index.cfm>

July 22-23 (Sat/Sun.) - CYOR the Weekend Ride
www.cycleoregon.com/default_weekend.htm

July 30 (Sun.) - LiveStrong Ride
<http://www.livestrongchallenge.org/>

August 13 (Sun.) - Providence Bridge Pedal
www.providence.org/oregon/events/bridge_pedal

September 9-17 (Sat/Sun.) - CYOR the Week Ride
http://www.cycleoregon.com/default_week.htm

September 24 (Sun.) - Peach of a Century
www.salembicycleclub.org/majrides/majrides.html

I don't like fundraiser rides and I'm only volunteering for the *LiveStrong Ride*. Contact me at: jsivertssmith@fs.fed.us

