



Lift Lines

== No. 60, December 2005 ==

Mountain High snowsport club, PO Box 2182, Portland, OR 97208



Happy Anniversary Mt. High!

This is a multiple anniversary!

It's 2 years since we adopted the name "**Mountain High**".

It's 5 years since the "**Plaza**" and "**Edgeset**" clubs merged.

It's 5 years since the joint newsletter ("**Lift Lines**") was started. Notice this is the 60th issue (at 12 issues per year).

It's 30 years since the "**Plaza**" ski club was formed in 1975.

It's over 30 years since the "**Edgeset**" club was formed. Does anybody remember exactly when that happened?

Much has happened during this time, and much more is yet to come! Remember to check our web site regularly, for frequent updates. See: www.mthigh.org/Events.htm.

Mt. High

Come ski with us

Mt. High

Jan. 8 (Sun.) - Timberline

Jan. 29 (Sun.) - Mt. Hood Meadows

Both of these dates, there is a PACRAT race, in which about 80 of our members participate.

Additional non-race dates will be announced via email and on the Trips page of our web site

Even if you are not a racer, come ski with us. Join us at **McDonald's** in **Sandy** (turn left at the 3rd light in Sandy) at **7:00 - 7:15** am. We'll arrange some carpools on the spot, depending on how many people show up.

If you miss us there, find us in front of the lodge, at the exit facing the slopes, around 9:00 am, ready to ski. Or tune your 2-way radio to channel **6-19**.



INTHISISSUE

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- * Race Clinic; Chocolate Party, p. 3
- * Ski Area News, p. 4 * Trips pp.5 - 8
- * Cancer Ski-Out; Ski Oregon; p. 9

*Note the color code.
Our club is blue.*

2005 CALENDAR

Blue: Mountain High events

Red: NWSCC / FWSA events

Black: General events

Dec. 7-12 Breckenridge & Keystone

Dec. 12-18 Canadian Ski Safari

2006

Jan. 3 (Tue) Mt. High Board mtg.

Jan. 7 (Sat) Mt. High free race clinic!

Jan. 8 (Sun) PACRAT race - Timberline

Jan. 12-15 Schweitzer or Utah Ski Safari

Jan. 29 (Sun) PACRAT race - Meadows

Feb. 4 - 11 FWSA Ski Week (Telluride)

Feb 12-18 Whistler cabin trip

Feb. 17-20 Idaho bus trip - Tamarack

Feb. 22 - 26 Family trip to Big White

Feb. 25 (Sat) Chocolate Party!

Mar. 3-12 French Alps (Val d'Isère)

Mar. 5 (Sun) PACRAT race - Meadows

Mar. 5-6. Oregon Cancer Ski Out

Mar. 15-25 Andorra & Spain

Mar. 19 (Sun) PACRAT race - Ski Bowl

Mar. 17-19 Mt. Bachelor

Mar. 24-26 FWRA Championships

Mar. 26 (Sun) PACRAT make-up race

Apr. 2 (Sun) PACRAT race - Meadows

Apr. 6 - 9 Whistler/Blackcomb

Apr. 6 (Sat) Mt. High free race clinic!

Apr. 7 (Sun) PACRAT Rat Attack Party

Apr. 15-16 Spring Fling, Govt. Camp

MOUNTAIN HIGH SNOWSPORT CLUB

Thank You Contributors!

We often publish news without acknowledging the sources. Well, it's time to reveal all our sources! Thank you, contributors. This newsletter would not be what it is without your help. The following have contributed more than once during the past year:



Steve Coxen
FWSA, trips,
Ski Oregon Challenge, NW
Snowsports Advocates



Mary Olhausen
NWSCC news,
Ski Fair, etc.



Linda McGavin
NWSCC news, Skiers
Directory, Sunshine
Village trip, Idaho trip



Gary Stevenson
New Years' brunch,
Golf tournament, etc.



Debbi Kor
NWSCC news, FWSA
Ski Week, Big Mt. trip,
Whistler trip, wine tour,
door-prizes.



Larry Bennett
Bowling, Bicycling



Elisabeth Fontaine
Club hikes - 3 of them
this summer.



Gordy Lusk
Rafting, Racing,
Race Clinic, Pray for
Snow party.



Jaxine Harris
Social activities,
parties, TGIFs, etc.



Jan Siverts-Smith
Forest Service news,
Timberline anniversaries,
Tamarack impressions.



Violet Anderson
Memories of early
skiing days, Member-
ship Party, Rafting
photos, news items.



Russ Stanton
Oregon Cancer Ski Out,
Spain trip.



Gary Gunderson
Hillcrest Equipment
night, Timberline
Golden Rose, his twins.



Henry Benidnelli
Memories of early
skiing days, Helmets.



Alice Dagilaitis
Articles & photos
from the hikes.

Also, thanks to many other one article contributors such as: **Salah Khan** (Val d'Isere trip), **Lisa & Harry Scribner** (Mid-week skiing), **Bob Gales & Gail O'Neill** (Article on California ski trip), **Richard Rizk** (Open House at Cascade Lodge), **Elaine Bock** (News about \$20 tickets at Meadows), **Bill Leeper** (Whistler trip).

... and this is just during the past 12 month! There have been many others over the years.

MOUNTAIN HIGH SNOWSPORT CLUB

Mt.High Racing / Ski Improvement Clinic

Jan. 7 (Saturday). and Apr. 6 (Saturday).

FREE

Last year's free race clinic was so popular that we'll do two of them this season. The dates are still tentative, but we are planning to do one clinic before our first PACRAT race, and one more just before our last race. Improve your performance!



You don't have to be a racer to participate. This is open to all our club members. And, best of all: it's free. All you have to do is show up. Both clinics will be held at Mt. Hood Meadows (regardless of where the actual race may be held the following day).

Gordy, 503-804-8363, or gordyski@comcast.net.

Mt.High Chocolate Party

Feb. 25 (Sat.) 6:30 pm. Debbi Kor and Randy Lew will host this year's chocolate party. As usual, there will be a contest for the most decadent chocolate dessert, the most chocolatey, and the most creative!



Debbi Kor and Randy Lew 7007 SW Iron Horse St., Wilsonville, OR 97070. Ph.: 503-682-1563.

Bring a dessert if you wish to participate in the contest. Oh, bring a dessert anyway! Or just show up to taste and sample. For info and RSVP, contact: Debbi Kor. Call: 503-682-1563, or email ijustwannarun@aol.com.



Ski Fair

Nov. 9 (Wed.) The annual Ski Fair at the Monarch Hotel in Clackamas was a pleasant and successful event. Ten of our members took the opportunity to renew their membership, and we also got 8 new members that day.

It was also an opportunity to buy a Mt. Hood Meadows 10-time pass at a discount price, and check out a variety of western ski areas. There was also a silent auction and a raffle.

Thanks to Deirdre and Christi, who volunteered to staff our booth most of the evening. See photo. Also a big thanks to Larry and Sue, who helped to set up the booth and staff it during the opening hour.



Deirdre & Christi representing our club at the Ski Fair.

MOUNTAIN HIGH SNOWSPORT CLUB

Mission Ridge speeds up!

Mission Ridge new quad



Mission Ridge ski area, near Wenatchee, WA, has upgraded its main chairlift (#2) to an express quad. They've been working hard since June 2005 to perform the replacement.

Final load testing is being performed, and the lift will open later in December.

Our club is currently contemplating a bus trip to Mission Ridge next season.

Schweitzer Mountain expands!

Schweitzer Mountain opened 400 new acres named Little Blue, a whole new ridge on the far right of the back side (when viewed from the bottom of Stella). This makes Schweitzer the largest ski resort in Idaho and Washington with **2900** skiable acres.

The 1.7 mile Little Blue Ridge Run is the longest of five new trails on the terrain. Little Blue provides a variety of advanced intermediate to expert terrain.

Let's visit Schweitzer this January! See page 5.

What it Takes to Open a Ski Area

Dave's Blog, Dave Riley, Mt. Hood Meadows, November 6, 2005.

See more at: www.skihood.com

I've had a few people ask why we didn't open this weekend. Here's the inside story. Admittedly, we may be overly cautious this year about snow but there's nothing wrong with being cautious.



We're doing several things to maximize the snow base this week. This is the reason for waiting to open until 11/11/05. The way we manage that is to first 'track pack' the snow with snowcats leaving ridges in between the passes. These ridges act as a snow fence, catching more of the wind-transported snow and new accumulation. Then, after it snows again we come back and track pack it once more, leaving grouser marks to catch more wind transport and new accumulation. This is done without a tiller attachment leaving a very rough surface.

Then, after it snows again we groom it with a tiller attachment which creates the smooth packed corduroy surface we all love.

Time allows the snow crystals to consolidate and bond. This

multi-step process will maximize the base depth, durability, and surface quality that you will experience this Friday when we open. Last Friday night we looked at the weather forecasts and saw the opportunity to follow this procedure. Obviously, it is not appropriate to open without a smooth tilled surface. Rob Gayman, Grooming Manager, and his crew of experienced cat operators are carefully implementing this plan.



2005/2006 Winter Trips

NOTE: Most trips were described in detail in issue 55-56, the July/August double issue, with updates in the November issue. Also, all the trip information is available in 3 places on our web site:

- on the **Trips** page,*
 - most trips also have a **flyer**, to be found in a link on the **Trips** page, within the trip article;*
 - on the **Newsletter** page, in the July/Aug. issue of "Lift Lines".*
- So, the info on these pages is just a briefly summary and update on the trips, with the exception of Schweitzer and Bogus Basin, which have just been added.*

For more info, go to:
www.mthigh.org/Trips.htm

FWSA Ski Week: Telluride

February 4 - 11, 2006. ✈️
Price: \$1320, includes 7 nights lodging, 5 days lift tickets, Welcome party, Mountain Picnic, Racing, Farewell Party, and more. This is the biggest trip of the year. Oregon has filled its quota, but ask Debbi if she could still squeeze you in.

Final payment due now.

Checks payable to **NWSCC**. Mail to: **NWSCC**, PO Box 1915, Portland, OR 97207.

Contact: Debbi Kor, 503-682-1563, or ijustwannarun@aol.com.

Mt.High

Warren Miller - Canadian Ski Safari



Dec. 12-18, 2005. Ski 6 areas in 6 days: Sun Peaks, Silver Star, Big White, and Apex, in Canada, plus Stevens Pass and Mt. Baker in Washington. Contact Emilio.

This was originally planned around Thanksgiving, but had to be postponed due to low snow conditions. This is an informal road trip. Nine of us are going. Cost is less than

\$300 pp. See details at: www.mthigh.org/Articles/CanadaSkiSafari.pdf.

Mt.High

Schweitzer Ski Safari



Jan 12-15. Another informal trip. Some of us will carpool up; others might fly.

Details will depend on the number of people interested and their own preferences.

We could leave after work, either on Wednesday or Thursday evening, and return either Sunday night or Monday. We could stay at Schweitzer the whole time, or combine it with something else along the way. Total of 2, 3, or 4 days of skiing. You decide. Let Emilio know your preference.

Those who drive could leave a day early and stop for a day of skiing at White Pass (WA), or at Spout Springs (OR) - to bag another Oregon ski area for your Ski Oregon Challenge.

Contact Emilio: 1-503-378-0171 or Emilio2000@earthlink.net

View from top of Little Blue
(the newly added acreage)



Largest ski area in
Idaho & Washington!

Mt.High Whistler cabin



Feb. 12-18, 2006. Sleeping in bunk beds in large house, 18-21 people maximum.

6 nights & 5 days for only **\$225** (including lodging and 3 meals a day) Lift tickets are additional, but only Canadian **\$57**. Carpool or drive on your own.

Info: **Bill Leeper**, 503-639-2603.



French Alps ! - "Killy Space"!



Mt.High

Val d'Isère

March 3-12.

Price: **\$2,125** includes air, lodging, and 6-day lift pass, plus a free pass to one more ski area. 7 days of skiing.

Val d'Isère and **Tignes** offer 25,000 acres, 100 ski lifts, 187 miles of downhill trails.

Airline tickets have been purchased. This trip is now full. There may be a waiting list. Ask Salah.

Contact **Salah Khan**, 503-231-6431, or email salah@techforpeople.net.

MOUNTAIN HIGH SNOWSPORT CLUB

Mt. High

Idaho Adventure bus trip

Bus trip: 

Fresh tracks at Tamarack

Feb. 17- 20, 2006. A 4-day trip, with 3 days of skiing. Monday, Feb. 20, is a holiday: Presidents' Day. We'll stay 2 nights in McCall, ID, and ski at:

1. **Tamarack**, new resort, opened in 04/05, doubled its terrain for 2005/06.)
2. **Brundage Mt.**, well established, sunnier than Sun Valley!
3. **Anthony Lakes**, a convenient stop on the way home.

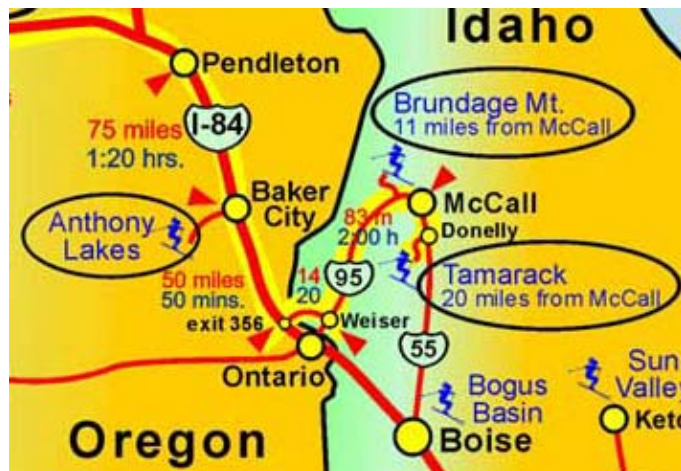
All three have a variety of terrain, from **easy cruisers** to **great tree skiing!**

On the way back, we'll stay a night in Baker City, and ski Anthony Lakes, but on the way there, we'll need a whole day of travel. It's a 4 day trip (Fri.- Mon.).

The annual bus trip is traditionally one of our most popular club trips, with lots of fun on the bus, including games, jokes, videos, food, ... and on the way back, Linda might treat us all to her famous "enriched" ice-cream!

Price: Approx. **\$250** for lodging and transportation, plus a total of **\$109** for lift tickets if you ski all 3 days. This is based on about 30 people. The price will go down by about \$3 for each additional 2 people above 30! Contact: Linda McGavin LindaM@mcewengisvold.com or Emilio Trampuz Emilio2000@earthlink.net.

Limited by the size of the bus to abt. 52 people. A **\$100** deposit due now, made out to "Mountain High". Use the "**Dough Transmittal Form**", on the last page of each newsletter, or on our web site under "Forms" -- www.mthigh.org/Forms.htm. Traditionally, our bus trips have been the most fun ones.

Skiyente Family Trip to Big White 

Feb. 22 - 26. Ideal for anyone with kids. Price includes: 4 nights ski-in/ski-out lodging, 3 days lift tickets, round-trip bus, welcome party Thurs., Feb. 23, Pizza party Saturday, a Fun race, goodie bag.



Adults: **\$496** pp (double occupancy, 6-8 people per condo). Kids 13-18: **\$239**. Kids 6-12: **\$179**. Kids 2-6: **\$119**. Under 2, sitting on parent's lap: Free!

Big White, has a pedestrian village, with a child-care center in the middle. Organized by the **Skiyente** ski club, and open to all clubs.

A non-refundable deposit of **\$150** per family or **\$50** per person, due now. 2nd payment will be due in October. Balance in December.

Make checks payable to **Skiyente Ski Club**, and mail to: Skiyente Ski Club (Attn.: Kids & Canada), PO Box 56342, Portland, OR 97238.

Contact **Sheri Parshall**, 503-245-3782 or cougskier@aol.com.

Andorra & Spain  

March 15-25, 2006. Russ and Walt Stanton are inviting us to join them on a trip to Spain, March 15-25. Round trip air, 5 nights in Andorra and 4 nights in

Barcelona, continental breakfast in Spain, and all meals in Andorra, all included for only \$1,399. (Lift tickets are not included.)

Optional post trip to Valencia, March 25-28: \$399.

This includes transportation to Valencia, guides, and hotel and breakfast. This is a very good deal.

Air from Los Angeles (LAX) to Barcelona on Lufthansa.

Click here for a trip flyer on our web site:

<http://www.mthigh.org/Trips/Andorra-trip-2006-w.jpg>

For more info, contact **Russ Stanton** at: 503-760-8457, or email russski2day@yahoo.com. Russ can send you a whole packet of info about the trip.

MOUNTAIN HIGH SNOWSPORT CLUB

NWSCC

Bogus Basin



Feb. 8 - 12, 2006. 4 days and 4 nights. Lodging at the Pioneer Condos on the mountain. Happy hour and a party included. Airfare from Portland and bus transfers included.

Bogus Basin has 2,600 acres (900 groomed) served by 2 high speed quads, 4 doubles and a triple chairlift.

The Bogus Basin Ski Club has recently joined the NWSCC, and is inviting all our clubs to join them on this trip. See detailed flyer at:

<http://www.bogusbasinskiclub.com/BBSC-CurrentEvents/BbscCurrentEvents.html#>

Total price: \$575. Deposit \$250 due now. Balance due by 1/1/2006.

NWSCC

Mt. Bachelor



March 17-19, 2006. An informal gathering of Portland area clubs at Mt. Bachelor. All clubs are encouraged to participate. Arrange your own transportation and lodging. We can arrange to meet on the slopes, and there is an après-ski gathering on Saturday, at Longboard Louie's in Bend. Our club usually tries to coordinate and bring our members together, both on the slopes and maybe also on Friday evening.

NWSCC

Whistler / Blackcomb



April 6 - 9, 2006. The S'no Joke ski club in Seattle is inviting us all to join them on their trip to Whistler. **Price: \$342** if you drive. Add \$155 for bus from Portland. Lodging at the Delta Village Suites, 1 dinner, daily continental breakfast, and 1 First Tracks breakfast with early skiing privileges is included.

Most likely, people from Portland will be carpooling, or driving on their own. Our local contact is: Debbi Kor, 503-682-1563, or ijustwannarun@aol.com.

See trip details at:

<http://www.nwskiers.org/event/Whistler%202006/index.htm>

Far West Championships (Kirkwood, CA)

March 24-26. Two days of racing, organized by the Far West Racing Association. This year at **Kirkwood**, CA. This is a chance to experience a true slalom and a true GS. Everyone (including non-racers) is welcome to come ski at Kirkwood. But, if you wish to race, you must pre-qualify. All PACRAT racers qualify automatically, since their handicap is known. In addition to PACRAT races, there are a few other qualifying opportunities. For more info, ask Dale, dale.parshall@usbank.com or Jack Folliard, JFolliard@comcast.net.

Mt. High DVDs

The following videos and/or slide shows are available on DVD.

1. "Our Club in a Nutshell" - slide presentation, a great overview and introduction to our club. Requires MS Office (PowerPoint).
2. Mt. High 2005 trips video, including: Crystal Mt. bus trip and the Big Mountain train trip.
3. PACRAT racing video and slides from the 2004/05 season.

To order: send \$5 per DVD to Emilio Trampuz, 4742 Liberty Rd. S., Salem OR 97302.

Club logo on fleece, polos, T-shirts



You can now order a sueded finish 1/4 zip sweatshirt with the club's logo on it, for only \$26. It is made of 80/20 cotton/poly 9 oz. fabric, with an open bottom

hem, an inner rib knit collar and cuffs, set-in sleeves and an antique finish metal zipper. Available in Red, Yellow, Mediterranean Blue, Navy, or Athletic Heather (light gray). Sizes: S - 3XL.

Also available:

T-shirt (\$7.50), **Short sleeve polo** (\$13), **long-sleeve polo** (\$16), 100% cotton 1/4 zip sweatshirt (\$20), **R-Tek polyestes 1/4 zip fleece** (\$25).

Most are available in yellow, royal blue, red, navy, and black. Ask about other colors. Choice of pocket-sized logo, or full-chest size.

To order, call Emilio at 1-503-378-0171 or email: info@mthigh.org.

MOUNTAIN HIGH SNOWSPORT CLUB

Welcome New Members

A warm welcome to our new members (by first name)



Alan Robins

Alan & Beth Paraskeva

Ana Gannon

Armin A. Dahms

Barbara Ann LaFrienier

Barrett & Kree Strand

Bob & Tonya Voss Drayden

Brenda & Terry Becerra

Dale Schubbe

Danielle Allen

David Larson

Don McPherson

Gareth Price

George Yun

Greg Brown

James Beriault

James Park

Jay F Roberts

John Jessen

Julie Blenn

Juliene Khan

Karen Croston

Kay Kinyon

Lisa Emerson Polvi

Lisa Sparks

Loren Sabo

Marilyn Arentz

Marilyn Sigler

Matt Thompson

Meg Gadler

Noel Jolivet

Pamela Fielder

Penny & Mike DeTello

Pete Nicholson

Philip Blair

R.J. Schiller

Ray Lawrence

Rob Bozzuto

Ronald A. Neve

Samy Fouts

Sandi Dykstra

Scott Coats

Stevie & Kevin Viaene

Todd Farm

Tom Schuberg

Tracy Petersen

Woody Griffey

Yes, folks, that's 53 new members!

But there are 62 members who have not renewed yet. You know who you are! If we do not receive your dues by January 2006, you will be removed from the mailing list.

Our total number of active members is now 157, i.e. overall 9 less than last year.

Membership Benefits (More on the web site)

1. Next Adventure ski store

Receive a 10% discount off any purchase at Deek & Bryan's Next Adventure, on the corner of Grand Ave. and SE Stark. Just show your membership card, or identify yourself as a Mountain High club member. This store has low prices to begin with! Also, you can get a snow-park permit here. They will also wax and tune your skis. See: www.nextadventure.net.

2. Copeland's Sports discounts

Receive a 15% discount at all Copeland's sports stores. Just show your membership card. More info at: www.copelandsports.com.

3. Mt. Bachelor lift tickets

Receive a 20% discount off a "2-of-3 days" adult lift ticket pass. Just show your membership card and photo ID. Limit one purchase per cardholder per day. This offer is not valid 12/16/05 - 1/1/06, 1/13 - 1/16/06, and 2/17 - 2/20/06. Offer expires on 4/16/06. See: www.mtbachelor.com.

4. Cascade Ski Club Lodge

Just \$17 per night lodging in Government Camp, Mt. Hood. All NWSCC clubs can stay as a guest at Cascade's lodge at Government Camp. Show your NWSCC card to the manager of the lodge. There is a "light" dinner on Friday night; breakfasts Satur-

day and Sunday from \$3 to \$6, and a full dinner on Saturday nights for \$7 to \$9, depending upon the menu. check out www.cascadeskiclub.org for other club benefits.

5. Canyons Ski resort, Utah.

Receive 30% off any lift ticket, up to a limit of 4 tickets per member per day. That means you can treat 3 of your friends or family members too! Just show your FWSA membership card and photo ID. Not valid: 12/23/05-1/6/06 1/14/06-1/16/06, 2/18/06-2/25/06. The Canyons is located within a 30 minute drive from Salt Lake City, just 3 miles before Park City. See: www.thecanyons.com/home.aspx.

6. Sun Peaks resort, British Columbia.

25% Discount off lift tickets. Present your Horizon Air Boarding Pass and photo ID to receive 25% off the purchase price of an adult lift ticket. Sun Peaks is located near Kamloops, B.C.

See: www.sunpeaksresort.com/winter/index.aspx

7. Telluride Ski resort, Colorado.

\$275 5-Pack no black out dates. Purchase a 5-day transferable lift ticket for ultimate flexibility. A 25% reduction in window price. Click on: www.tellurideskiresort.com. (Must be purchased online 7 days in advance).

8. Fleet pricing at Carr Subaru!

See our web site, or June 2005 Lift Lines #54, page 6.

Oregon Cancer Ski-Out

March 5 - 6, 2006. (Sunday + Monday).

Deadline for registration is Dec. 16.

8:30 am - 10:00 am - Team check-in, the "Finish Line" bar.

10:30am - 1:30 pm - Racing

6:30 pm - Dinner at the Best Western Hood River Inn



Five-member teams will have 2 races at **Mt. Hood Meadows**. Our club has participated in this event for years. It is fun, and for a good cause, to help the fight cancer and raise funds for hospice care for cancer victims.

In addition to teams of racers, **volunteers are also needed** to help with the event.



Wearing of costumes is encouraged, to stimulate public curiosity. When people ask you why you are wearing a costume, you can tell them about the Cancer fund raiser.

Included are: lift tickets, breakfast, lunch and dinner, a silent auction, prizes, smiles, as well as dancing, gambling and drinking, for those who choose.

Lets put together as many **teams** as we can. It is a race, but not based on speed. You could snow-plow and win, because it is based on trying to match the team's handicap from day 1 to day 2. Speed doesn't matter; only consistency does. Post a message in our Forum if you need buddies for a 5-person team.

Registration by December 16, 2005 is \$850 per team. Split between 5 people, it's \$170 per person.

Registration after December 16 is \$1000 per team (\$200 per person).

For more info, and to register, go to: www.cancerskiout.org/index.htm. Or ask **Russ Stanton** 503-760-8457.



NWSCC Ski Oregon Challenge



All season 2005/2006.

The NWSCC is challenging Northwest skiers to ski or board **nine** of Oregon's **eleven** ski resorts during the 2005-06 ski season and qualify for the Council's year end drawing for prizes – equipment, services, 2006-07 lift tickets and a ten-time punch pass at Mt. Hood Meadows. Turn in proof that you have skied nine of the Oregon ski resorts listed below and your name will be entered in the drawing. **Ski all eleven areas and you qualify for a special award.** Proof can be lift tickets from each ski resort or a credit card receipt showing proof of purchase. Entries and proof of qualification must be received by the council no later than **June 15, 2006**. The drawing will take place at the June council meeting. You must be 18 years old or older to enter.

You may ski or board at the designated ski resort at any time during the 2005-06 ski season. If you are a PACRAT racer you can use your lift tickets for each day that you ski and race at the ski resorts as proof. Many clubs have trips scheduled to these areas during the season.



- Anthony Lakes
- Cooper Spur
- Hoodoo
- Mt. Ashland
- Mt. Bachelor
- Mt. Hood Meadows
- Mt. Hood Ski Bowl
- Spout Springs
- Timberline
- Warner Canyon
- Willamette Pass

The Entry Form and Rules are posted to the NWSCC website at www.nwskiers.org.

First Year "Ski Oregon Challenge 2006" long-sleeve mock turtlenecks and sweatshirts are available for the same price as our club's shirts. See page 7.

For more information contact:

Steve Coxen

Phone: 503-679-9022

Email: sacoxen@aol.com

To enter, complete the entry form and include it with your proof documents. Documents must be received no later than June 15, 2006. We recommend that you keep copies of the documents. Submit documents to the address below:

NWSCC Ski Oregon Challenge
PO Box 1915
Portland, OR 97207

MOUNTAIN HIGH SNOWSPORT CLUB

Email preferences

On our **Membership Signup Form**, you can select your email preference:

- ☺ Newsletter (monthly): Yes/No
- ☺ Club news email only: Yes/No
- ☺ All ski news (NWSCC, FWSA, Ski areas, ski shops): Yes/No

Email preferences to info@mthigh.org
 PACRAT racers will receive race email from their team captain regardless.

2006 PACRAT Race Dates

Race dates and ski areas are both just tentative for now.

- Jan. 8 Timberline
- Jan. 29 Meadows
- Mar. 5 Meadows
- Mar. 19 Ski Bowl
- Mar. 26 (make-up race)
- Apr. 2 Meadows
- Apr. 7 Rat Attack party



Mountain High Meeting

First Tuesday of the month.

Jan.3 (Tue.): Open to all who want to get more involved with the club. This is an organizational meeting to plan future events. Gather at 6:30pm. Start at 7pm.

Location: **Round Table Pizza**, 1007 SW Barbur Blvd., Portland, near corner of Capitol Hwy. (behind McDonald's).

Mountain High snowsport club contacts:

General information: info@MtHigh.org

- President:** Gary Stevenson, H: 503-257-6368,
- Vice-President:** Terry White, H: 503-297-1427, W: 503-296-6075, TWhite223@msn.com
- Secretary:** Sue Bennett, H: 503-774-8747, OptomistSue@aol.com
- Treasurer:** Kurt Krueger, H: 503-625-1492, telek2@att.net
- Race Director:** Gordy Lusk, H: 503-804-8363, GordySki@comcast.net
- Newsletter Editor:** Emilio Trampuz, H/W: 1-503-378-0171, info@mthigh.org
- Activities Director:** Jaxine Harris, JaxineAH@msn.com
- NWSCC Rep:** Debbi Kor, H: 503-682-1563, W: 988-5321 x 225, ijustwannarun@aol.com
- Trip Directors:** Marsha Cosgrove, H: 503-646-5292, W: 503-799-2833, HappyHairdresser@msn.com
 Linda McGavin, H: 503-652-2840, W: 503-412-353 Trips3x@mthigh.org
 Larry Bennett, H: 503-760-2360, BENNETT896@aol.com

DOUGH TRANSMITTAL FORM

For all Mt. High trips, make check payable to: "**Mountain High Snowsport Club**"
 (For most trips, please mail the form to the trip captain.)

For **Membership/Racing**, mail to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

For **Idaho trip**, mail to: Linda McGavin, 1100 SW Sixth Ave., Suite 1600, Portland, OR 97204.

For **French Alps trip**, mail to: Salah Khan, 4311 SE 29th, Portland, OR 97202.

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wrk): _____

Email (Hm): _____ Email (Wrk): _____

Please take my money, and apply it toward the following Ski Club fun stuff:

Details
 Deposit? Paid in full?

- Membership Dues (for 2005/2006):** Single (\$25) couple (\$40) \$ _____
- PACRAT Racing** Total: \$85 Team name: _____ \$ _____
- Idaho bus trip** (Feb. 17-20, 2006) Total: \$250 Deposit: \$100 _____ \$ _____
- Alps trip** - Val d'Isere, Mar. 3-12, 2006: Total: \$2125 Deposit: \$1,250 \$ _____
- Other:** _____ \$ _____

Comments (For whom you are paying. Roommate requests, etc.):

Mountain High Snowsport Club 2005/06 Membership Sign-Up / Dough Transmittal Form

Mail to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208

Name(s): _____

PLEASE PRINT CLEARLY

Mailing Address: _____

Home Phone: _____ Work Phone: _____

Home E-mail: _____ Plain text only []

Work E-mail: _____ Plain text only []

The best way to reach me: [] phone (home/work) [] e-mail (home/work)

Email Preferences:

Newsletter (once a month): [] yes [] no

Club news only (between newsletters): [] yes [] no

All ski news (NWSCC, FWSA, Ski areas, ski shops): [] yes [] no

Note: PACRAT racers will receive PACRAT email from their team captain regardless of the above options.

TOTAL

Membership Dues: [] single (\$25) [] couple (\$40) _____

PACRAT Racing : [] \$85 Team name: _____ _____

Idaho bus trip – Tamarack, Brundage, Feb 17-20, 2006: [] \$250, [] \$100 deposit _____

French Alps – Val d'Isère, March 3-12, 2006: [] \$2125. [] Deposit: \$1,250. _____

Other (specify): [] _____

[] cash [] check # _____ TOTAL AMOUNT RECEIVED: _____

THANKS FOR JOINING AND SUPPORTING THE FUNNEST SKI CLUB IN THE NORTHWEST!

THE FINE PRINT:

Whereas the Mountain High Snowsport Club (“Club”) is an organization of fun loving ADULTS whose events are organized by members who volunteer their efforts for the enjoyment of their fellow members and friends, please remember when you participate in Club events you do so at your own risk. Sporting activities, indeed, any activity, includes inherent risks, which you should consider. Please evaluate your own abilities and responsibilities and join in the Club fun as a responsible and considerate adult. We encourage you to call any Club officer to offer assistance and suggestions, but they are not liable for the consequences of your decisions and your behavior. The bottom line is, stuff just happens sometimes and we don't want the blame – we don't get paid for this, you know. Besides, we have no assets, unless you want a leftover banner, some balloons, or a couple of empty beer bottles with the Club's name on them.

Signature: _____ Date: _____

Signature: _____ Date: _____

Current club membership = 157 **NEWSLETTER DISTRIBUTION** Some members have not renewed yet.

The December 2005 issue of "Lift Lines" is posted on our web site, and also being distributed as follows:
202 copies via email (198 as HTML, 4 as plain text, but both with PDF file attached). This includes Potential members.
37 paper printed copies sent via US Mail.
Some of these are sent to non-members (the NWSCC, FWSA, other clubs, etc.).
Please help us minimize the cost and labor involved in mailing out paper copies. **Let us know if you have an email address**
Call Emilio at 1-503-378-0171 or email: info@mthigh.org.

Ski Oregon Challenge



Ski 9 Oregon ski areas this season and you qualify for a prize! Ski all 11 ski areas, and you qualify for an even bigger prize! Details on page 9. All you need is 3 weekends:
1. South (Ashland, Warner);
2. East (A-Lakes, Spout Sprg.)
3. Central (Bachelor, Hoodoo, Willamette Pass).
Better get started soon. Do it now, because February & March will be busy with trips and races.

Membership renewal

Dues are due now!
This could be your last newsletter.

You should have renewed your membership at our Membership Party or at the Ski Fair. But, you can always simply mail the **Membership Signup Form** on page 11 with your check.

You can also get the form on our web site, on the **Membership** page or the **Forms** page.

www.mthigh.org/Forms.htm
www.mthigh.org/Membership.htm



Mid-week Skiing



There is a group of people within our club that take off for the slopes in the middle of the week, usually on Thursdays, or whenever there is good powder. If you'd like to join them, it's best to be on their email list, so they can notify you when they are going.

Contact Harry Scribner at:
scribs3@comcast.net.

Emilio Trampuz
Mountain High Newsletter editor
4742 Liberty Rd. S., #296
Salem, OR 97302

NOTE: Check the club's web site for updates. See www.mthigh.org.

