



# Lift Lines

== No. 57, September 2005 ==

Mountain High snowsport club, PO Box 2182, Portland, OR 97208



Hi folks!

**If you don't have an email address, or you don't check it regularly, please read page 9 immediately.**

**Warren Miller's new movie** brings great perks this year. If you want to join us for dinner and a movie, you need to contact me for group tickets **immediately**, by Monday, Sept. 12. See details on page 9. (Emails were sent out 10 days ago.)

Plan your winter now! Get your season pass now. See page 10.

This issue highlights some of the many **benefits of membership** in our club, such as timely information, discounts at various merchants, great trips, recreational racing, & more.

The previous issue covered almost all upcoming **winter trips**. Keep it for future reference, or find it on our web site [www.mthigh.org/newsletter.htm](http://www.mthigh.org/newsletter.htm). Some trips are filling up fast!

Emilio

**We aim to inform.  
If it's of interest to  
Northwest snowriders,  
it's in "Lift Lines"**



*Terri Best enjoying a sunny day at Big Mountain, Montana, during our club trip there in February 2005.*

## IN THIS ISSUE

- \* Warren Miller movie (p. 9)
- \* Meadows 4Buy4 Pass (p. 10)
- \* PACRAT Racing photos (p. 8)

*Note the color code.  
Our club is blue.*

## 2005 CALENDAR

- Blue:** Mountain High events
- Red:** NWSCC / FWSA events
- Black:** General events

Sep. 10 (Sat) Mt. High Golf Tournament

Sep. 20 (Tue) Ski movies: "WAR"

Sep. 24 (Sat) Mt. Hood Heritage Day

Oct. 4 (Tue) Mt. High Board mtg.

Oct. 16 (Sun.) Hike to Harts Cove

Oct. 27 (Thur.) Warren Miller dinner + movie (Mt. High club outing)

Nov. 3 (Thur) Mt. High Membership Party

Nov. 4 - 6. Ski Show - Ptlid. Expo Ctr.

Nov. 9 (Wed) Ski Fair - Monarch Hotel

Nov. 12 (Sat) "Pray For Snow" day at Charlie's, Government Camp.

## 2005/2006 TRIPS

Nov. 24-27 Canadian Ski Safari (?)

Dec. 7-12 Breckenridge & Keystone

Jan. 12-15 Somewhere ? (TBA)

Feb. 4 -11 FWSA Ski Week (Telluride)

Feb 12-18 Whistler bunk-bed cabin

Feb. 17-20 Idaho bus trip -Tamarack

Feb. 22 -26 Family trip to Big White

Mar. 3-12 French Alps (Val d'Isère)

Mar. 15-25 Andorra & Spain

Mar. 17-19 Mt. Bachelor

Mar. 24-26 FWRA Championships

Apr. 7 - 9 Whistler/Blackcomb



## Mt. High President's Cup Golf Tournament

**Sept. 10** (Saturday). The Golf Tournament (blind draw scramble) is this Saturday, at the Glendoveer West Golf Course, 14015 NE Glisan St, Portland, OR 97230. Phone: (503)253-7507.



Golf will be followed by a pleasant BBQ at Gary and Suzanne's place, 2536 NE 146<sup>th</sup> Dr., Portland, OR.

This is mainly a reminder. You should have **RSVP**-ed by now!

Cost:

\$45 for Barbeque + Golf (cart not included)

\$10 for Barbeque only (at 5:00 pm)

Call **Gary Stevenson** at **503 257-6368**.

**Directions to BBQ:** I-84 east to Halsey exit; follow Halsey East to 148th; turn North; drive to 146th Dr, turn left. Or, ...

I-205 North or South to Glisan exit; follow Glisan East to 148th; turn North; drive to 146th Dr., turn left.

MOUNTAIN HIGH SNOWSPORT CLUB

Check the web site regularly.



The web site gets updated almost every week or two, and sometimes even daily!

Did you know you can find all of the following on our web site?

- Current weather on Mt. Hood (daily);
- Snow conditions at local ski areas (daily);
- A forum to post your ideas, questions, offers,...
- Interesting reading in the Articles section;
- Photos of past trips and events;
- Past issues of "Lift Lines";
- Contact phone numbers and email addresses of the club's Board members, trip captains, etc.

Sign up for a club trip.

Better yet, sign up for more than one trip. Different trips attract a different mix of people. Some prefer short, weekend or day trips. Others prefer longer trips. Take one of each.



Get on the club's email list.



If you have an email address, make sure we have it, so you can be informed about a variety of news, good deals, opportunities, ... many of which come and go before they ever get into the newsletter. Check your email frequently.

**How to make the most of your club membership**

**Participate.**

**The more activities you participate in, the more fun you'll have!**

Join us in an off-snow activity.

Try bowling, hiking, biking or golfing with your ski club!



Try racing!

You don't have to be a "racer". Try it just for fun! There's a lot of socializing. You become part of a 10-person team, and you ski and party with them. You also get to know racers from other clubs. The racing is mainly recreational, and good beginners are just as valuable to the team as good experts. Beginners race only against other beginners.



Everyone is welcome. But, sign up soon, by mid-November. Read all about racing on our web site. Then approach one of the team captains and ask to join a team. We'll find a spot for you! We will probably have 8 teams this year!

Attend social events & activities.

You are welcome to come to any club event, whether in a public place or at someone's home. We have social events throughout the year, like:

- \* Quarterly meetings/ Pizza parties;
- \* Membership Party (in November);
- \* Chocolate party;
- \* Wine tasting excursions;
- \* Barbeques, picnics, TGIFs,
- \* Movies, dinner outings, and more!





## MOUNTAIN HIGH SNOWSPORT CLUB

## Poor Boyz Productions Ski Movie

**Sept. 20,** (Tuesday). You are invited to the screening of two new ski movies produced by Poor Boyz Productions, and sponsored by Salomon.

7:30 pm - A new freeride ski movie called "WAR". This is an all ages show.

9:00 pm - Raffle to win skis, packs, goggles, etc.

9:30 pm - Another ski movie called "Pop Yer Bottlez", which is a 21 and up show.

Location: The Kennedy School theater  
5736 N.E. 33rd Ave.  
Portland, OR 97211. (503) 249-3983

Note: The movie "WAR" will also be shown:  
\* Sunday, Sept. 18, at St. Francis Theater in Bend.  
\* Monday, Sept. 19, at Full Sail Brewing Co, in Hood River.

**Tickets:** \$4.00, available at U.S. Outdoor Store,  
219 SW Broadway, Portland, OR 97205

**Info:** Jenny Naftulin (971) 234-7057 or email:  
[jenny\\_naftulin@salomon-sports.com](mailto:jenny_naftulin@salomon-sports.com)

Click here to see the [flyer](#) for all Oregon screenings.  
It's a PDF file.



## Mt. High Hike to Harts Cove Mt. High

**Oct. 16 (Sunday)**

Moderate 5.4 mile hike to Harts Cove, 900' elevation gain.

**Time:** Meet us at: 8:30 am at the Barbur Blvd. Transit Center, or 10:00 am at the Trailhead.

**To get there:**

From the junction with Highway 18 (just north of Lincoln City), drive north 4 miles on Highway 101.

Just before a crest, turn left on the gravel road, Cascade Head Road (Road 1861).

After about 4 miles is the parking lot for Harts Cove.

The well-graded trail switchbacks down through a young hemlock forest. The path contours amid 6-foot-thick Sitka spruce and Hemlock giants. A bench @ the 1.4 mile mark offers a glimpse ahead to Harts Cove's headland.

We cross the Chitwood Creek (bridge is out), and in another 0,6 mile we enter the headland's fabulously scenic meadow, once part of the Taggard homestead.

For meeting place, time and any other question call Elisabeth, 503-524-5774, or email: [lise518@msn.com](mailto:lise518@msn.com)



On the way to Harts Cove



Chitwood Creek

## Photos from the Blue Lake Hike

**Aug. 7. (Sun.)** An 8,5 mile hike led by Elisabeth Fontaine to where the deer and the antelope play, at Blue Lake, was a pleasant outing, as you can tell! Our next hike is coming up in October. See above!





## MOUNTAIN HIGH SNOWSPORT CLUB

## Photos from Mt. High Picnic

**August 13, 2005.** (Saturday). The day started at 9:00 am, when a group of about 10 of us went on a leisurely bike ride up and down the Willamette River.

By 11 am, people started gathering at the picnic site. **Sellwood Park** was a great choice, as there was plenty of shade under the tall trees. Approximately 40 people showed up. The wieners didn't take long to cook, and Gordy's corn on the cob didn't take long either. So, we decided to eat first and play later.

After savoring all the salads and pies, and sharing some great conversation, we played a lively game of softball. We should do this more often! See tmore photos on our web site:

[www.mthigh.org/PhotosRecent.htm](http://www.mthigh.org/PhotosRecent.htm)



Christina, Diana, Mike, and Deirdre



Sandy, Gordy and Gary cooking corn.



Steve, Linda, Kurt, Chris & Denny.



Gordy and Suzanne.

## Turning Skills

*Safety*

### Vision of Skiing in the 21st Century

*Safety*

Building up on the idea of a new vision for skiing in the 21st century, started in the July/August 2005 issue of "Lift Lines", resorts could make the slopes **safer** by providing more opportunities for us to practice **controlled turning**, by simply setting up a variety of **fun obstacles** on the slopes. This would not only make the slopes more **fun**, but would also **slow traffic down**, make the slopes **safer**, and lift lines **shorter**.

Urge ski areas to implement this idea, in any of a number of ways. Here's just one of them:



#### Use whisker gates

Whisker gates can be used in place of traffic cones, in an **obstacle maze**.

They can also be used in place of gates for a **simple race-training course**.

These whisker gates can be skied over with no damage to the skis or the gates.



For more info on whisker gates, see: <http://store.worldcupsupply.com/spm-whisker-gates.html>.  
For more ideas, and the whole vision, see our web site at: [www.mthigh.org/Vision.htm](http://www.mthigh.org/Vision.htm).

## MOUNTAIN HIGH SNOWSPORT CLUB



## 2005/2006 Winter Trips

*NOTE: Most trips were described in detail in issue 55-56, the July/August double issue. Also, all the trip information is available in 3 places on our web site:*

- a) on the *Trips* page,
- b) most trips also have a *flyer*, to be found in a link on the *Trips* page, within the trip article;
- c) in the July/Aug. issue of "Lift Lines", on the *Newsletter* page.

So, here, we'll just briefly summarize the trips, and add a couple of new ones. For more info, go to: [www.mthigh.org/Trips.htm](http://www.mthigh.org/Trips.htm).

### FWSA Ski Week: Telluride



**February 4 - 11, 2006.**

**Price:** \$1320, includes 7 nights lodging, 5 days lift tickets, Welcome party, Mountain Picnic, Racing, Farewell Party, and more. This is the biggest trip of the year, with participants from California, Nevada, Arizona, Oregon & Washington. Oregon is limited to **44** spots, of which about **26** have been filled.

Deposit \$700 is due. Final payment due November 1st, 2005.

Checks payable to **NWSCC**. Mail to: NWSCC, PO Box 1915, Portland, OR 97207.

**Contact:** Debbi Kor, 503-682-1563, or [ijustwannarun@aol.com](mailto:ijustwannarun@aol.com).

### Mt.High

### Warren Miller - Canadian Ski Safari



**Nov. 24-27, 2005.** All those who attend the new **Warren Miller** movie, "Higher Ground", in October, will get 7 free lift tickets, four of them in Canada. The four are: Sun Peaks, Silver Star, Big White, and Apex, all in super-natural British Columbia, and all within about 2 hours drive from each other.

We will carpool there in early December, or at Thanksgiving, depending on how much early snow we get, and depending on people's preferences.

One of our least expensive trips! 4 days for about **\$200 - \$275** (for lodging and gas). The skiing is free. This time, we might stay in one place for more than a day. Contact Emilio Trampuz: 1-503-378-0171, or email: [newsletter@mthigh.org](mailto:newsletter@mthigh.org).

### NWSCC

### Breckenridge in December



**Dec. 7-12, 2005.** Trip is 80% full!

**Price: \$750**, includes airfare, 5 nights, 3 days lift tickets at Breckenridge and Keystone. Additional tickets \$31 per day. Optional racing available.



By now, a total deposit of **\$500** is needed. Final \$250 payment by September 30. Check payable to **NWSCC**. Mail to **Steve Coxen**, 19510 Suncrest Ave., West Linn, OR 97068.

Contact **Steve Coxen**, phone 503-679-9022 or email: [sacoxen@aol.com](mailto:sacoxen@aol.com).

### Mt.High Whistler cabin



**Feb. 12-18, 2006.** Whistler on the cheap, sleeping in bunk beds in large house, 18-21 people max, 2 miles north of the village.

6 nights & 5 days for only **\$225** (including lodging and 3 meals a day) Lift tickets are additional, but only Canadian **\$57**. Carpool or drive on your own. No shoes allowed in the house; only slippers.

Contact **Bill Leeper**, 503-639-2603. Bill has personally invited us all to join him in this informal trip.



### French Alps ! - "Killy Space"!



**March 3-12.**

**Price: \$2,125** includes air, lodging, and 6-

day lift pass, plus a free pass to one more ski area. 7 days of skiing. Our very own, Mt. High trip to Europe!

**Val d'Isère** and **Tignes** offer 25,000 acres, 100 ski lifts, 187 miles of downhill trails. Price includes almost everything (air, ground, lodging, and 6 day lift tickets).

Deposit **\$1,250** due now. Make check payable to "**Salah Khan**" & mail it to: **Salah Khan**, 4311 SE 29th, Portland, OR 97202.

Contact **Salah Khan**, 503-231-6431, or email [salah@techforpeople.net](mailto:salah@techforpeople.net).

Airline tickets have been purchased. This trip is now full. Get your passports ready!



## MOUNTAIN HIGH SNOWSPORT CLUB

Mt. High

## Idaho Adventure bus trip



Tamarack

**Feb. 17- 20, 2006.** We'll use Monday, Feb. 20, Presidents' Day, to extend our usual 2-day bus trip to 3 days, to ski:

1. **Tamarack**, the newest resort in the U.S. (Will double its terrain by 2006.)
2. **Brundage Mt.**, well established, sunnier than Sun Valley!
3. **Anthony Lakes**, a convenient stop on the way home.

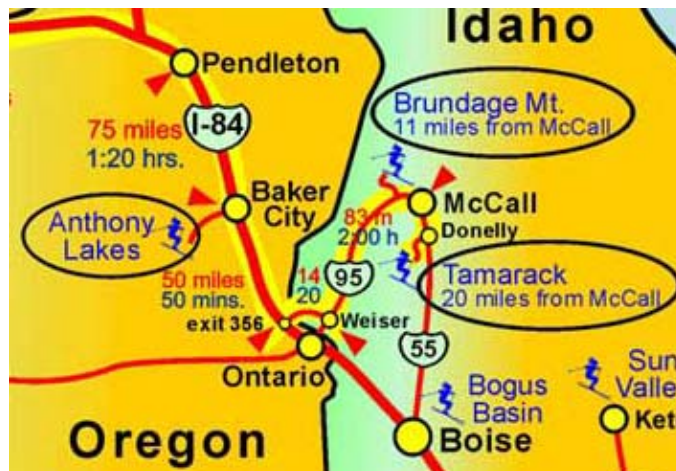
All three have a variety of terrain, from **easy cruisers** to **great tree skiing!**

On the way back, we'll break the journey at Anthony Lakes, but on the way there, we'll need a whole day of travel. So, it's really a 4 day trip (Fri. - Mon.).

The annual bus trip is traditionally one of our most popular club trips, with lots of fun on the bus, including games, jokes, videos, food, ... and on the way back, Linda might treat us all to her famous "enriched" ice-cream!

**Price:** Approx. **\$250** for lodging and transportation, plus a total of **\$109** for lift tickets if you ski all 3 days. This is based on about 30 people. The price will go down by about \$3 for each additional 2 people above 30! Contact: Linda McGavin [LindaM@mcewengisvold.com](mailto:LindaM@mcewengisvold.com) or Emilio Trampuz [Emilio2000@earthlink.net](mailto:Emilio2000@earthlink.net).

Limited by the size of the bus to abt. 52 people. A **\$100** deposit due now, made out to "Mountain High". Use the "Dough Transmittal Form", on the last page of each newsletter, or on our web site under "Forms" -- [www.mthigh.org/Forms.htm](http://www.mthigh.org/Forms.htm).

Skiyente Family Trip to Big White 

**Feb. 22 - 26.** Ideal for anyone with kids. Price includes: 4 nights ski-in/ski-out lodging, 3 days lift tickets, round-trip bus, welcome party Thurs., Feb. 23, Pizza party Saturday, a Fun race, goodie bag.



Adults: **\$496** pp (double occupancy, 6-8 people per condo). Kids 13-18: **\$239**. Kids 6-12: **\$179**. Kids 2-6: **\$119**. Under 2, sitting on parent's lap: Free!

**Big White**, has a pedestrian village, with a child-care center in the middle. Organized by the **Skiyente** ski club, and open to all clubs.

A non-refundable deposit of **\$150** per family or **\$50** per person, due now. 2nd payment will be due in October. Balance in December.

Make checks payable to **Skiyente Ski Club**, and mail to: Skiyente Ski Club (Attn.: Kids & Canada), PO Box 56342, Portland, OR 97238.

Contact **Sheri Parshall**, 503-245-3782 or [cougskier@aol.com](mailto:cougskier@aol.com).

Andorra & Spain  

**March 15-25, 2006.** Russ and Walt Stanton are inviting us to join them on a trip to Spain, March 15-25. Round trip air, 5 nights in Andorra and 4 nights in

Barcelona, continental breakfast in Spain, and all meals in Andorra, all included for only \$1,399. (Lift tickets are not included.)

Optional post trip to Valencia, March 25-28 for \$399.

This includes transportation to Valencia, guides, and hotel and breakfast. This is a very good deal.

Air from Los Angeles (LAX) to Barcelona on Lufthansa.

Click here for a trip flyer on our web site:

<http://www.mthigh.org/Trips/Andorra-trip-2006-w.jpg>

For more info, contact **Russ Stanton** at: 503-760-8457, or email [russki2day@yahoo.com](mailto:russki2day@yahoo.com).

## MOUNTAIN HIGH SNOWSPORT CLUB

NWSCC

## Mt. Bachelor



**March 17-19, 2006.** This is an informal gathering of Portland area clubs at Mt. Bachelor. All clubs are encouraged to participate. Everyone arranges their own transportation and lodging. We can arrange to meet on the slopes, and there is an après-ski gathering, usually on Saturday, at Longboard Louie's in Bend. Our club usually tries to coordinate and bring our members together, both on the slopes and maybe for a gathering Friday evening.

## Far West Championships (Kirkwood, CA)



**March 24-26.** Two days of racing, organized by the Far West Racing Association. This year at **Kirkwood**, CA. This is a chance to experience a true slalom and a true GS. Everyone (including non-racers) is welcome to come ski at Kirkwood. But, if you wish to race, you must pre-qualify. All PACRAT racers qualify automatically, since their handicap is known. In addition to PACRAT races, there are a few other qualifying opportunities. For more info, ask Dale, [dale.parshall@usbank.com](mailto:dale.parshall@usbank.com) or Jack Folliard, [JFolliard@comcast.net](mailto:JFolliard@comcast.net).

NWSCC

## Whistler / Blackcomb



**April 6 - 9, 2006.** The S'no Joke ski club in Seattle is inviting us all to join them on their trip to Whistler. **Price: \$342** if you drive. Add \$155 for bus from Portland. Lodging at the Delta Village Suites, 1 dinner, daily continental breakfast, and 1 First Tracks breakfast with early skiing privileges is included.

Most likely, people from Portland will be carpooling, or driving on their own. Our local contact is: Debbi Kor, 503-682-1563, or [ijustwannarun@aol.com](mailto:ijustwannarun@aol.com).

See trip details at:

<http://www.nwskiers.org/event/Whistler%202006/index.htm>

## Other Potential Trips

There are no major trips in January. So, we could do:

1. **Schweitzer Ski Safari.** A long weekend would be perfect for a visit to Schweitzer, Silver Mt., and White Pass. See the [Ski Safaris](#) article on our web site for ideas. Contact [Emilio](mailto:Emilio), 1-503-378-0171 for possible carpooling.

2. **The Canyons Resort**, Utah, is offering all FWSA members (That's all of us), a **30%** discount on any lift ticket purchase. You can even bring 3 guests. Each membership card entitles you to purchase up to 4 tickets per day. Not valid during holidays (Dec. 23 - Jan 06, Jan. 14-16, Feb. 18-25). **Must show your 2005-06 membership card.**

[Emilio](#) is contemplating an exploratory trip to Utah this winter, visiting at least the Canyons and Powder Mountain, planning of a possible club trip there the following season.

## Mt. High DVDs

The following videos and/or slide shows are available on DVD.

1. **"Our Club in a Nutshell"** - slide presentation, a great overview and introduction to our club. Requires MS Office (PowerPoint).
2. **Mt. High 2005 trips video**, including: **Crystal Mt.** bus trip and the **Big Mountain** train trip.
3. **PACRAT racing** video and slides from the 2004/05 season.

To order: send \$5 per DVD to Emilio Trampuz, 4742 Liberty Rd. S., Salem OR 97302.

## Club logo on fleece, polos, T-shirts



You can now order a sueded finish **1/4 zip sweatshirt** with the club's logo on it, for only **\$26**. It is made of 80/20 cotton/poly 9 oz. fabric, with an open bottom hem, an inner rib knit collar and cuffs, set-in sleeves and an antique finish metal zipper. Available in Red, Yellow, Mediterranean Blue, Navy, or Athletic Heather (light gray). Sizes: S - 3XL.

Also available:

**T-shirt** (\$7.50), **Short sleeve polo** (\$13), **long-sleeve polo** (\$16), **regular sweatshirt** (\$20).

Most of these are available in royal blue, red, navy, and black. Ask about other colors. Choice of pocket-sized logo, or full-chest size.

To order, call Emilio at 1-503-378-0171 or email: [info@mthigh.org](mailto:info@mthigh.org).



# MOUNTAIN HIGH SNOWSPORT CLUB



After the race,  
ski with your  
team mates!

## Recreational PACRAT Racing

The best deal on the mountain! Join a team, run some gates, see yourself improve, meet new people, enjoy the parties, win some points for the team, win a medal, and win a door prize. Everybody's happy!



Teams will be formed by November. To join a team, go to the "Racing" page on our web site, [www.mthigh.org/Racing.htm](http://www.mthigh.org/Racing.htm), and then contact one of the team captains, or our Racing Director, Gordon Lusk, at 503-804-8363, [GordySki@comcast.net](mailto:GordySki@comcast.net)



Share a beer!  
(or two)



Win a door prize !



Challenge someone  
to a duel !



Girls love men in lycra!

Just ask  
the  
Skiyente  
ladies!



## MOUNTAIN HIGH SNOWSPORT CLUB

### Warren Miller's new movie & the Canadian Ski Safari

**This is important! Read carefully! You must act immediately, by Sept. 12, or forever hold your peace.**

**Santa Claus** (i.e. Warren Miller) is coming to town!!! You can get **7 lift tickets** to 7 major ski areas for a total price of only **\$18**. (Not \$18 each; it's \$18 total for all 7 tickets!) And we'll throw in a **free movie** too! Plus a **\$25** voucher for the US Outdoor Store! Only Warren Miller Entertainment can bring you such an offer. Every year, it gets better. With the addition of Tamarack ski area, the total number of free tickets has gone up from 6 to 7. And we'll show you how you can effectively use most of these tickets. It's a 3-step process. Here's the plan:

#### 1. Have **dinner** with you ski club buddies.

We'll get together for dinner at **6:00 pm**, Thursday, **Oct. 27**, at a restaurant named: "**Madison's on 5th**", which just happens to be on the corner of Madison St. and 5th Avenue, in the PacWest building. Last year, over 40 of us gathered for dinner. The movie starts at 8:00 pm.

2. After dinner, we'll go see the latest Warren Miller ski movie, "**Higher Ground**", on **Thursday, October 27, at 8:00 pm, at the Arlene Schnitzer Concert Hall**, 1037 SW Broadway, Portland, OR. Everyone attending the movie will get all the 7 tickets mentioned above (and see more details below). The movie will be shown in Portland, only 3 days (Thursday, Friday and Saturday). We will go to the premiere.

NOTE: The movie will also be shown in **Salem** on Sunday, but the Salem show doesn't include vouchers to the Canadian ski areas.

3. Enjoy a **4 or 5-day ski safari to Canada**, probably around **Thanksgiving** (if there is enough snow), or **in the first half of December**, ... or maybe in **early part of April**. It depends on the snow and on people's preferences. Let me know which dates would be most suitable for you. You can go to Canada any time, on your own, ... but it's fun to do it together. We'll just get in our cars (some of us carpooling, perhaps), and drive up into Canada. We can get there either in one long day of driving, or divide the driving between two days and break the journey in the middle for a day of skiing at either **Mt. Baker** or **Mission Ridge** (both in Washington, and depending on the route we take). Once in Canada, the 4 ski areas are within about 2 hours of each other, so it's easy to hop from one to the other. We might also consider staying at one or two of

these places for more than one night. For example, we'll show you how you can ski for free 2 days in a row at Sun Peaks! (A separate email will describe all the various options). In the meantime, you can read all the details of how we did it last year, in 2 articles posted on our web site, at:

a) **Ski Safaris** (Canada and Idaho):

<http://www.mthigh.org/Articles/SkiSafaris.htm>

b) **Canada ski safari in detail:**

<http://www.mthigh.org/Articles/CanadaSkiSafari.pdf>

4. Later in the year, ... perhaps in January, we might organize another ski safari to **Schweitzer Mountain**, Idaho.

NOTE: Movie tickets at Ticket Master cost \$23.50.

**Everyone attending the movie, will receive vouchers for:**

- \* **Mt. Hood Meadows:** 1 free lift ticket valid any day during April 2006.
- \* **British Columbia (Canada):** 1 free lift ticket at each of the following resorts: **Apex** Mountain Resort, **Big White** Ski Resort, **Silver Star** Mountain Resort, and **Sun Peaks** Resort. Valid from opening day of the 2005/2006 season through 12.17.05 and 3.29.06 through closing 2006.
- \* **Schweitzer Mt. (Idaho):** 1 free lift ticket valid during the 2005/2006 season.
- \* **Tamarack Resort (Idaho):** 1 free lift ticket valid Monday through Friday OR a 2 for 1 lift ticket valid Saturday and Sunday for the 2005/2006 season. Not valid 12.24.05 through 1.1.06, 1.14.06 through 1.16.06, 2.18.06 through 2.20.06, and 3.25.06 through 4.2.06.
- \* **U.S. OUTDOOR STORE** (219 SW Broadway, Portland, OR): a certificate valid for **\$25** off any single item purchase of \$100 or more. Limit one coupon per person. Must present coupon. Cannot be combined with any other offer. OFFER EXPIRES: 11.7.05.

**To order group tickets, you must contact Emilio by Monday, Sept. 12.** Sorry, those with an email address were notified about 10 days earlier. Phone: 1-503-378-0171.

1. **RSVP to Emilio** if you are planning to join us for dinner.
2. **For movie tickets:** Send check for \$18 (per person) made out to **Emilio Trampuz**, and mail to: Emilio at: 4742 Liberty Rd. S., #296, Salem, OR 97302.

These group tickets will be distributed at dinner before the movie, or 15-20 minutes before the movie at the theater's Broadway Street entrance.

## MOUNTAIN HIGH SNOWSPORT CLUB

## Mt. Hood Meadows 4Buy4 Pass

4BUY4

**Available:** Sept .1 - Nov. 6, 2005. These are real season passes, valid all season. If you ski less than 13 days a year, better get a 10-time pass instead.

**Cost:** \$425 per person.

**Who qualifies:** Any group of 4 people, ages 23-64 at time of purchase. Our club will help you pair up with someone. For other ages, there are even better deals.

**Question:** *Do last year's pass-holders qualify for a discount?*

**Answer:** Yes. You will be able to purchase the 4Buy4 Pass this year for only \$400. A "Pass Verification Code" will be sent via mail to 2004/2005 passholders in September. This PVC code will assure that the passholder receives the best price possible. It is also used if a passholder wants to select last year's picture to use on this year's pass.

**Question:** *I only had a 10 time pass. Any discounts for me?*

**Answer:** Yes. You also have a "Pass Verification Code" assigned to you, and you also qualify for a discount.

**Question:** *I did not receive my PVC code in the email. Where can I get it?*

**Answer:** Go to the Meadows web site, and look it up there. You will be asked for your full name and birth date. Look it up in the right column at: [www.skihood.com/Pricing/SeasonPasses/4Buy4/default.aspx](http://www.skihood.com/Pricing/SeasonPasses/4Buy4/default.aspx).

**Question:** *There are only 2 or 3 of us. Can we still buy the 4Buy4?*

**Answer:** No. You need a complete group of 4. One person has to start the process by being the group organizer and entering everyone's name and email address on the Meadows' web site. Others will then make their individual payments via credit card.

**Question:** *Do I need to give my credit card number to the Group Organizer?*

**Answer:** No. Everyone will make an individual payment directly to Mt. Hood Meadows, using the secure web site process.



## How to Find Partners for a Group

Go to our [Forum](#) and see if anyone needs a partner. Don't just post a new message. First, check existing messages and how many replies they may have. Click on **Post Reply** in the lower right corner of a message. Each group needs exactly 4. Each person just needs to provide a full name & email address. Don't give out your credit card number on our club web site.

If you can't find a group, post your own message. Click on the "**New Entry**" link in the upper right corner. Say you need partners to form a group.

If clicking on the **Forum** button doesn't work, it may be because of your Popup blocker. Try clicking it while holding down the **Ctrl** key.

Once the group is complete, let the Group Organizer (the first one who posted the message) enter all 4 names on the Meadows' web site. The others will then be notified via email to make their payments directly to Meadows.

## 10% off at Next Adventure

**All year.** The Next Adventure store in Portland, has offered all out club members a 10% discount for the whole upcoming winter season. Show your membership card, or just identify yourself as a Mountain High member. They have our club on their list.

The store is located on the corner of SE Stark and Grand Ave.

Contact: Jeff Hughes, 503-233-0706, [www.Nextadventure.net](http://www.Nextadventure.net).

## Check your Passport



You need a passport for trips to Europe, and will soon need a passport to go to Canada too! Don't procrastinate; get one now.

Get all needed forms online at: [www.usps.com/passport](http://www.usps.com/passport).

If you already have a passport, check the expiration date! You might need to renew it.

## ICE on your Cell-phone

This is a new proposal that makes a lot of sense. Add an phone entry on your cell phone with the name **ICE** (acronym for "**In Case of Emergency**"). Then enter an emergency contact number.

If they find you injured or unconscious, emergency personnel (doctors, fire-fighters, etc.) will be able to know who to call! If needed, enter an ICE1, ICE2,...

Simple and effective. Do it now!



**MOUNTAIN HIGH SNOWSPORT CLUB**

**Cell-phone Do Not Call List**

As of October 1, cell phone numbers are being released to telemarketing companies and you may start to receive sale calls. You will be charged for these calls. To prevent this, call this number from your cell phone: 888-382-1222. It is the National DO NOT CALL list. It will only take a minute of your time. It blocks your number for five years.

**2006 PACRAT Race Dates**

Race dates and ski areas are both just tentative for now.

- Jan. 8 Timberline
- Jan. 29 Meadows
- Mar. 5 Ski Bowl
- Mar. 19 Meadows
- Mar. 26 (make-up race)
- Apr. 2 Meadows
- Apr. 7 Rat Attack party



**Mountain High Meeting**

First Tuesday of the month.

**Oct. 4 (Tue.):** Our club's Board meeting, open to all who want to get more involved with the club. Gather at 6:30 pm. Start at 7 pm.

Location: **Round Table Pizza**, 1007 SW Barbur Blvd., Portland, near corner of Capitol Hwy. (behind McDonald's).

**Mountain High snowsport club contacts:**

General information: [info@MtHigh.org](mailto:info@MtHigh.org)

- President:** Gary Stevenson, H: 503-257-6368,
- Vice-President:** Terry White, H: 503-297-1427, W: 503-296-6075, [TWhite223@msn.com](mailto:TWhite223@msn.com)
- Secretary:** Sue Bennett, H: 503-774-8747, [OptomistSue@aol.com](mailto:OptomistSue@aol.com)
- Treasurer:** Kurt Krueger, H: 503-625-1492, W: 503-627-4363, [telek2@att.net](mailto:telek2@att.net)
- Race Director:** Gordy Lusk, H: 503-804-8363, [GordySki@comcast.net](mailto:GordySki@comcast.net)
- Newsletter Editor:** Emilio Trampuz, H/W: 1-503-378-0171, [info@mthigh.org](mailto:info@mthigh.org)
- Activities Director:** Jaxine Harris, H: 503-692-9719, [JaxineAH@msn.com](mailto:JaxineAH@msn.com)
- NWSCC Rep:** Debbi Kor, H: 503-682-1563, W: 988-5321 x 225, [ijustwannarun@aol.com](mailto:ijustwannarun@aol.com)
- Trip Directors:** Marsha Cosgrove, H: 503-646-5292, W: 503-799-2833, [HappyHairdresser@msn.com](mailto:HappyHairdresser@msn.com)  
Linda McGavin, H: 503-652-2840, W: 503-412-353 [Trips3x@mthigh.org](mailto:Trips3x@mthigh.org)  
Larry Bennett, H: 503-760-2360, [BENNETT896@aol.com](mailto:BENNETT896@aol.com)

**DOUGH TRANSMITTAL FORM**

*For all Mt. High trips, make check payable to: "Mountain High Snowsport Club"  
(For most trips, please mail the form to the trip captain.)*

For **Membership/Racing**, mail to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

For **Idaho trip**, mail to: Linda McGavin, 1100 SW Sixth Ave., Suite 1600, Portland, OR 97204.

For **French Alps trip**, mail to: Salah Khan, 4311 SE 29th, Portland, OR 97202.

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone (Hm): \_\_\_\_\_ Phone (Wrk): \_\_\_\_\_

Email (Hm): \_\_\_\_\_ Email (Wrk): \_\_\_\_\_

Please take my money, and apply it toward the following Ski Club fun stuff:

Details  
Deposit? Paid in full?

- Membership Dues (for 2005/2006):** Single (\$25) couple (\$40) \$ \_\_\_\_\_
- PACRAT Racing** Total: \$85 Team name: \_\_\_\_\_ \$ \_\_\_\_\_
- Idaho bus trip** (Feb. 17-20, 2006) Total: \$250 Deposit: \$100 \_\_\_\_\_ \$ \_\_\_\_\_
- French Alps trip** (Val d'Isere, Mar. 3-12, 2006): Total: \$2125 Deposit: \$250 \$ \_\_\_\_\_
- Other:** \_\_\_\_\_ \$ \_\_\_\_\_

Comments (For whom you are paying. Roommate requests, etc.):

\_\_\_\_\_

Current club membership = 160

### NEWSLETTER DISTRIBUTION

The September 2005 issue of "Lift Lines" is posted on our web site, and also being distributed as follows:

158 copies electronically, via email (152 as HTML, 6 as plain text, but both have the PDF file attached)

31 paper printed copies sent via US Mail.

Some of these are sent to non-members (the NWSCC, FWSA, other clubs, etc.).

**Please help us minimize the cost and labor** involved in mailing out paper copies. **Let us know if you have an email address**

Call Emilio at 1-503-378-0171 or email: [info@mthigh.org](mailto:info@mthigh.org).

#### Affordable Helmets



Those of you who have ordered helmets, if you haven't received them yet, you can pick them up at our upcoming annual Membership Party, Thursday, November 3, 2005, 6:30 - 9:30 pm, at the Mountain Park Recreation Center, #2 Jefferson Terrace, Lake Oswego.

Remember, "One crash, and it's trash!"

#### Karen & Gary's twins

Karen and Gary are proud parents of twins, a boy and a girl, born Thursday, Aug. 18, 2005. The twins, ... long awaited replacements for Phil & Steve Mahre, are:

**Alexandra Ann,**  
born 5:19 am. 6 lbs.

**Daniel Robert,**  
born 5:21 am, 6 lbs 14 oz.



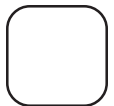
#### Join the club



Most people renew their membership at the Membership Party in November. But, you can either join or renew at any time. Simply print out the **Membership Signup Form** and mail it in with your check.

Get the form from our web site, on the **Membership** page or the **Forms** page. Or, in a pinch, use the Dough Transmittal Form in this newsletter.

Emilio Trampuz  
Mountain High Newsletter editor  
4742 Liberty Rd. S., #296  
Salem, OR 97302



**NOTE: If you don't have an email address, see page 9 immediately!**

