

Hi folks!

What a great season! And plans are already shaping up for the next one! Sign up early. The Aspen trip, for example, is filling up fast. See page 4. Also, don't forget to sign up for our summer events. The **golf** tournament (June 19) and the **rafting** trip (July 30-31) are definitely happening. So, send in your **Dough Transmittal Form** now! *Emilio*

Winning design for our club's logo

As part of our club's elections held during the Pizza Party on May 6, attended by over 60 members, the design that got the most votes for our club logo was the one developed by **Gary Lapado**, using an imaginative combination of text and mountain shape. Here it is: See more on page 2



Heli-skiing in the Cariboos!

February 14, 2004 at the Cariboos, 16" of new snow, 20 degrees, broken clouds and the only lift line was at the door of the CMH helicopter. The run was Black Mother but it felt more like skiing down from Heaven. Truly a Happy Valentine's Day (and Nick's birthday)!

The sequence was taken with Nick's Nikon 2100 on the sport mode that takes a photo ever half second or so.



Nick Veroske in the Cariboos

IN THIS ISSUE:

- * YOUR VOTES COUNTED
- * SUMMER ACTIVITIES
- * ORIGIN OF "OREGON" NAME
- * PACRAT, GOLDEN ROSE, ...



Maroon:Plaza/Edgeset eventsRed:NWSCC/FWSA eventsBlue:PACRAT events

May 6 (Thur.) Mountain High Pizza Party and elections, at Gourmet Stuft Pizza, Lake Oswego.

May 14 (Fri). Monte Carlo Bowling! at Milwaukie Elks. 7:00 pm.

June 1 Club Board meeting (see p. 7)

June 5 (Sat.). Golden Rose race at Timberline, and toga party.

June 10-12. FWSA Convention, Reno.

June 19 (Sat.) Golf tournament! at Glendoveer Golf course. 9 am.

July 25. Clubs 4-Play golf trounament.

July 30/31 (Fri,Sat) Raftng at Maupin. Our club's summer event/trip!

Aug. 21. NWSCC Sternwheeler Dinner Cruise.

Aug. 21. Night Golf! At Sah-hah-Lee

SEE SOME OF NEXT SEASON'S TRIPS ON PAGE 8

More trip info, race results etc. at: <u>WWW.NWSKIERS.ORG</u>

ΜΟUΝΤΑΙΝ HIGH SNOWSPORT CLU

Club Election Results



VP: Terry White

from: Terry White

Here are the election results from May 6, 2004.

Mountain High Snowsports Club Board Members (Present & Pass):

First of all thanks to **Blaise** for the many years of great leadership! Then welcome aboard to our new Board Members:

Gary Stevenson is our new President.

We have a number of new Board Members. The extra support will be of much help to all. The more help the stronger the club.

Kurt Kruger our new Treasurer (and am I happy!).

Jaxine Harris new Activities Director.

Gordy Lusk new Race Director.

Returning Members!

Sue Bennett is our Secretary.

Emilio Trampuz the News Letter Editor and all around communicator.

Debbi Kor our NWSCC Rep.

Marsha Cosgrove, Larry Bennett and Linda McGavin the trip Directors.

Other Election Results

The vote for longer trip. This is hard to believe, but all four locations (Whistler, Sun Peaks, Sun Valley & Big Mountain) all had exactly the same count of 19 votes. Interesting.

Short Trip: Crystal Mountain had the largest count (30) with Bachelor a close second (19).

Logo Choice. Design "A" (shown on the cover page) won out easily (32). There were a number of comments concerning the snow boarder. We will discuss it at the next Board meeting and possibly refine the design some more.











Larry



Social Activities: Jaxine Harris



Emilio

Debbi

Marsha



President: Gary Stevenson



Treasurer: Kurt Krueger



MOUNTAIN HIGH SNOWSPORT CLUB

Mid-week golf anyone?

Anyone interested in getting together for mid week golfing call Gary Stevenson at 503 257-6368. He will schedule a tee time on Tuesday evenings somewhere. Call to reserve a spot.

But, wait, ... there's more! Gary is also organizing a golf tournament, or maybe a series of tournaments. Read on, below.

Ready Set Golf!!



Come to the first golf tournament of the 2004 **Mountain High** golf season. 5 tee times have been reserved so the first 20 golfers to sign up get to play.

When: Saturday June 19th 9:00 AM

Where: Glendoveer Golf Course 14015 NE Glisan Portland, OR

Cost: \$40. for golf and BBQ; (BBQ only \$10.) \$25. additional if you want a cart. Make reservation when you register. (Pay for the cart the day of the tournament)

Details: 4 person teams, Gary the golf guy will do the parings. He will need your average golf score. There will of course be prizes, prizes, prizes.

BBQ: Following the tournament there will be an awards BBQ at the home of Gary and Suzanne Stevenson. 2537 NE 146th DR. For \$10. non golfers can sign up for the awards BBQ . Soft drinks will be provided, bring your own beer, wine or other beverage.

Questions: Call Gary the golf guy at 503 257 6368.

Summer Activities

Some of our main summer activities are right here. The **Golf** torunament is only the beginning of more summer golfing. The **rafting/camping** trip is a one of a kind experience, not to be missed. Also, don't forget the **Golden Rose** at Timberline (see page 5). Sign up for at least one or two of these activities. It helps pass the time till the next ski season!

Mountain High Deschutes River Raft Weekend !!!

Trip leaders: Gordon Lusk, Louis Kovacs

July 30 - **31**, **2004**. Come join us for a rafting/camping adventure! The trip includes:

* Rafting (row, paddle, or just ride) both Saturday and Sunday.



*Campsite Friday and Saturday night in Maupin City Park.

* Saturday night dinner by **"Lous Q" Chicken, Fish and all the trimmings**.

Payment by July 10th to: Gordon Lusk @ 503-804-8363 or Louis Kovacs @ 540 -632-2203

Camp, raft, dinner = \$90 (Non-members \$100) Raft and dinner = \$75 (Non-members \$85) RV Spaces at \$20.- a night extra.

NOTE: This is not a professionally guided trip. It is a club funciton for fun, and we are all personally responsible for our own actions. Rafting can be dangerous. By registering for this event, you and your guests will relinquish any and all claim of responsibility and claims of liability on all parties participating in this event, including Mountain High Snowsport Club.

1. **A summer party** will happen in August, either at Debbi Kor's or at Doug Pilcher's place. Stay tuned.

2. **"Night Golf**" with glow-inthe-dark balls, at Sah-Hah-Lee golf course, August 21. 25th year \$45 per player. your caler

3. **Sternwheeler Dinner Cruise** to mark the NWSCC 25th year! August 21st. Mark your calendar. \$50 per person.

MOUNTAIN HIGH SNOWSPORT CLUB

Safety Tips on the Slopes

from Jodie Dierickx Director, Safety & Member Benefits, NWSCC



Part 2 of the tips published by the National Ski Patrol and the National Ski Areas Association:

Take a lesson. You'll improve the most when you receive some guidance. The best way to become a good skier or snowboarder is to take a lesson from a quali-

fied instructor. (Remember, there are new techniques to go with the newer equipment so anyone can learn something new and improve.)

The key to successful skiing/snowboarding is control. To have it, you must be aware of your technique, the terrain and the skiers/ snowboarders around you.

Be aware of the snow conditions and how they can change. As conditions turn firm, the skiing gets hard and fast. Begin a run slowly.

Skiing and snowboarding require a **mental** and **physical presence**.

If you find yourself on a slope that exceeds your ability level, always leave your skis/snowboard on and side step down the slope.

The all-important **warm-up run** prepares you mentally & physically for the day ahead. **Drink** plenty of water. Do not to become dehydrated.

Curb alcohol consumption. Skiing and snowboarding do not mix well with alcohol or drugs. (also remember, alcohol is a dehydrator)

Know your limits. Learn to ski and snowboard smoothly-and in control. Stop before you become fatigued and, most of all have fun.

If you're tired, stop skiing. In this day and age of multi-passenger gondolas and high-speed chairlifts, you can get a lot more time on the slopes compared to the days of the past when guests were limited to fixed grip chairlifts. (Doctors are always hearing, "I got hurt on my last run of the day." Save yourself the pain and quit after the run before your "last run").

Follow "**Your Responsibility Code**," the 7 safety rules of the slopes and teach it to your kids.

FAR WEST SKI ASSOCIATION 2005 SKI WEEK

January 29 - February 5, 2005

ASPEN/SNOWMASS

Prices from approx. \$1150 to \$1,250* (Lodging in Aspen is \$100 more than in Snowmass).

Price includes RT Air, 7 nights lodging (dbl occ) and the FWSA amenities

package.....

- Registration
- > Welcome Party
- > 3 Races
- Mountain Picnic
- Apres Ski Party with Fireworks
- Farewell Awards Banquet
- 5 of 7 day lift ticket for: Aspen Mountain, Aspen Highlands, Buttermilk and Snowmass

*Air prices have not been secured yet.

Contact Debbi Kor @ (503)682-1563 or email: <u>ijustwannarun@aol.com</u>

> First payment of **\$50** is due **NOW**. 2nd payment of **\$250** due July 1 3rd payment of **\$500** due September 1 Final payment **\$\$\$** due November 1

*Seniors - 65 or older may reduce their price by \$40

Must be a member of Far West Ski Association CST#2036983-40

"Clubs 4-Play" Golf Tournament

July 25 (Sunday). Annual inter-club event. 4-person, 18 holes scramble. Oregon City Golf Course at Lone Oak (Bevercreek Rd.). Tournament, cart, food, and prizes: \$49 per person.

Specify names and phone numbers. Check to **NWSCC**, mailed to **Marilyn Sigler**, 2100 NE 77th Ave., Vancouver WA 98664. Info at: 360-883-6937 or **Marski@teleport.com**.



Lift Lines, May 2004

MOUNTAIN HIGH SNOWSPORT CLUB

PACRAT Racing season wraps up

Another enjoyable racing season came to an end with a great dinner/awards party at the Greek Cuisina on Friday, April 23. Among 15 teams, our very own **Avalanche Express** (with Gary Gunderson as the team captain) won first place. Congratulations guys and gals!



Brat Chics from the Skiyente ski club were second. Our next best team, the **Dragon Bottom** (captained by Richard Valasek) placed eighth, closely followed by the **Rocket Dawgs** (captain: Mike Weber) and the **Drooling Moose Rats** (captain: Emilio Trampuz). Teams from 4th to 13th place were separated by an average of only 1 or 2 points, all clustered around 180 points. So the difference between these teams was less than 1%.

King Rat, i.e. the man most improved during the season, was **Greg Rogers**, from the Avalanche Express team. What a team!

Queen Rat, the most improved woman, was **Sandy Donelly**, from the **Drunken Loser's** team (which placed 3rd overall). By the way, a lot of our members are on that team, including Walt and Russ Stanton and Louis Kovacs, even though the team formally represents the Free Riders ski club.

FWSA Convention in Reno, NV

June 10 - 13, 2004. The Far West Convention will be held in Reno this year. This is an opportunity to mingle with ski industry reps, and with ski club leaders from all over the western U.S., attend seminars on ski club imporvement, plan future trips, etc.

The location is John Ascuaga's Nugget in Sparks. For more info and registration, go to: http://www.fwsa.wbees.com/page/page/689572.htm

Golden Rose race at Timberline

June 5, 2004 (Sat.). This longest running ski race in North America and annual fund-raiser for the Mt. Hood Academy consists of teams of 7 racers competing in a dual Giant Slalom, plus an eighth racer: a student from the Mt. Hood Academy (assigned to each team). Breakfast, lunch and a team photo are included.

The theme is "Toga party". Live music by "Too Loose".

Total cost per team is \$675, divided among 7 racers, which is about \$96 per person. Registration deadline is May 15. Limit 20 teams.

Our very own **Jan Tolman** is organizing this event. Contact her at: 503-253-1879.

Gary Gunderson is in the process of putting together several teams. If you want to join one of these teams, call Gary at: 503-258-8051.

To register your team, call Camille: (503) 622-0750 or email her at: cfrederick@timberlinelodge.com

Our club's delegates to the Convention

We'll have at least 4 delegates going to Reno:

1. **Linda McGavin**, "Plaza" ski club founder, and now NWSCC Director, Communications.

2. **Debbi Kor**, our club's NWSCC rep., and Far West VP of Marketing.

3. **Jodie Dierickx**, our club's "Safety Person of the Year" nominee.

4. **Emilio Trampuz**, our club's and NWSCC's "Man of the Year" nominee.

MOUNTAIN HIGH SNOWSPORT CLUB

The origin of the name"Oregon"

Many theories have been suggested to explain the origin of the word "Oregon", such as: the Spanish word for marjoram, "oregano"; the French word for storm: "ouragan", a fish called "ooligan", prized for its oil. All wrong!

Finally, two scientist seem to have solved the mystery. **Thomas Love**, professor of anthropology at Linfield college in McMinnville, and **Ives Goddard**, a linguist at the Smithsonian Institute, collaborated for more than 6 years, and their findings were published in the Sunday Oregonian, April 18, 2004. Here is a brief summary of their findings.

Initially, they thought that the word probably comes from some Native American language and that it has to do with the fur trade. Maybe a word meaning something like "the land of the beavers". But they soon discovered that the key to solving the mystery lies in finding out who first used the word. Previous researchers had given credit to **Johnathan Carver** from Massachusetts, who used the word in a 1778 book. But, Love and Goddard agreed with an earlier historian, T.S. Elliot, who wrote in the 1920s that Carver had appropriated the term from Maj. Robert Rogers.

Major Robert Rogers was a very colorful character. He led his fabled Roger's Rangers against the Abenaki tribe during the French and Indian war.In 1776, when Nathan Hale told him about his plans to spy on British troops occupying New York, Rogers handed Hale to British officers, who promptly hanged him. Rogers was a womanizer, fled from his debts, engaged in land speculation, and dodged charges of counterfeiting. And he was the first to use the name "ouregon".

Our two scientists discovered that Rogers had travelled extensively by canoe with Mohegan tribes, exploring the Ohio River valley from 1758 to 1760, and spoke their language.

The story of the word "Oregon" begins with a French map from 1751 by French historian Le Page du Pratz, which shows a **westward flowing river** named simply "**belle riviére**" or "**beautiful river**". In the corner of the map, there is an inscription in French that says: "This beautiful river is shown without a name on this map which was given to Mr. de la Hontan by a savage ."

Maj. Robert Rogers had apparently decided to replace the term "beautiful river" with an equivalent Algonquin or Mohegan word: "**wauregan**" (meaning "good, beautiful"). But, he spelled it "**ouragon**". He even petitioned the British crown in 1765 to use this name for a "great river in the West". So, Rogers was the first one to use the term "**ouragon**" for a beautiful river in the west, ... and it seems the word was then adopted by Johnathan Carver, and then by others, eventually being applied to this whole Oregon territory.

So, now you know, the name of our state is derived from an Algonquin term for "beautiful river".



A short sentence from the diary of an early pioneer seems to echo that sentiment. In it, the pioneer woman writes: "Oh, Oregon, you must be a beautiful country!"

Skiers' Directory Cover Contest

Send in your photos for the cover of the next Skiers' Directory. The prize is a 10time pass to Mt. Hood Meadows, worth \$325. Photos should be vertical, sized to 4" wide x 9" tall. Submit digital photos to the graphic designer, Leslie Baird, at <u>leslie@egr.up.edu</u>, or call her at: 503-245-4368. **Cariboo powder photo:** The photo on page 1 is a composite. Nick sent a series of 7 photos to Emilio, who blended them into one dynamic composite.

Lift Lines, May 2004

MOUNTAIN HIGH SNOWSPORT <u>Club</u>

Skis for Sale!

Last year's **ELAN G.S.**, 174 with plate and Solomon binding, \$350.00

This year's **Atomic R-11**, (all Mt.) 180, with binding (great shape) \$475.00

Please call **Gordon Lusk** @ 503-804-8363.

Skis for Sale !

K2 Merlin IV all-mountain shaped skis, 193 cm, with

Marker M41 Twin Cambindings.

Very good condition. Only \$150 !!!

Please call Cristian @ 503-531-9215

Plaza/Edgset Meeting

First Tuesday of the month.

June 1 (Tue.): Gather at 6:30pm for socializing. Meeting starts at 7:00 pm. Location: Gourmet Stuft Pizza, 4200 SW Mercantile Dr., Lake Oswego, OR 97035. 503-635-1313. This is essentially the Board meeting, but it is open to everyone interested in the club's activities.

Plaza / Edgset Ski Club Contacts

President:	Gary Stevenson, H: 503-257-6368,		
Vice-President:	Terry White, H: 503-297-1427, W: 503-296-6075, TWhite223@msn.com		
Secretary:	Sue Bennett, H: 503-774-8747, OptomistSue@aol.com		
Treasurer:	Kurt Krueger, H: 503-625-1492, W: 503-627-4363, Kurt.D.Krueger@tek.com		
Race Director:	Gordy Lusk, H: 503-804-8363, GordySki@comcast.net		
Newsletter Editor:	Emilio Trampuz, H/W: 1-503-378-0171, Emilio2000@Earthlink.net		
Activities Director:	Jaxine Harris, H: 503-699-3341, W: 503-657-2411, <u>JaxineAH@msn.com</u>		
NWSCC Rep:	Debbi Kor, H: 503-682-1563, W: 503-988-3118, <u>Ijustwannarun@aol.com</u>		
Trip Directors:	Marsha Cosgrove, H: 503-646-5292, W: 503-799-2833, HappyHairdresser@msn.com		
	LindaMcGavin, H: 503-652-2840, W: 503-412-3531 LindaM@mcewengisvold.com		
	Larry Bennett, H: 503-760-2360, <u>BENNETT896@aol.com</u>		

DOUGH TRANSMITTAL FORM

Make check payable to "Plaza/Edgeset Ski Club" Mail to: Plaza/Edgeset Ski Club, PO Box 2182, Portland, OR 97208.

N a m e (s) :			
Address:			
Phone (Hm):	Phone (Wrk)	:	
Email (Hm):	Email (Wrk):		
Please take my money, and apply it toward the following Ski Club fun stuff:			Details
			Deposit? Paid in full?
□ Membership Dues: Single (\$25)	couple (\$40)	\$	
D Mt. High Golf Tournament (June	19): \$40 (Guest for BBQ onl	y:\$10)_\$	
□ Rafting (July 30-31): With campin	g:\$90 No camping:\$75	\$	
□ Rafting +RV (July 30-31): Additio	nal (optional) RV fee \$20 pe	r night \$	
Comments(For whom you are payir	ng. Roommate requests, et	c.):	

NEWSLETTER DISTRIBUTION

The May 2004 issue of "Lift Lines" is being distributed as follows:

144 copies electronically, via email (137 as HTML, 7 as plain text, but both have the PDF file attached)46 paper printed copies sent via US Mail.

Some of these are sent to non-members (the NWSCC, FWSA, other clubs, etc.).

Please help us minimize the cost and labor involved in mailing out paper copies. **Let me know if you have an email address** Call Emilio at 1-503-378-0171 or email: **Emilio2000@Earthlink.net**.



Get a CD containing a PowerPoint slide presentation with several hundred photos of our club (including trips, parties, PACRAT racing, and humor). Show it to all your friends. Only \$3. Contact Emilio.

Emilio Trampuz Plaza/Edgeset Newsletter editor 4742 Liberty Rd. S., #296 Salem, OR 97302

NOTE: Please let us know if you have an email address! Lots of info is sent out in between newsletters.

NWSCC Upcoming Trips (next season)

Plan ahead. Mark your calendar!

Dec. 9-12, 2004. BEAVERCREEK/VAIL, Colorado. 5nights lodging + 3 day lift tickets. Approx. \$730. Contact **Steve Coxen** at <u>sacoxen@aol.com</u>.

March 17-20, 2005. St. Patrick's Day weekend at MT.BACHELOR. Details to follow.

April 7-10, 2005. WHISTLER/BLACKCOMB, Canada. This will be the 3rd annual multi-club trip.

April 17-24, 2005. SUNSHINE VILLAGE and BANFF, Canada. A few days of ski in/ski out at Sunshine, plus a couple of days in Banff. This will be a joint trip beetween the NWSCC and the Los Angeles Council. Info: Linda McGavin: **LindaM@McEwenGisvold.com**

