



# Lift Lines



== No. 40, April 2004 ==

Plaza/Edgeset Ski Club, PO Box 2182, Portland, OR 97208

## Spring Fling was Great!

**April 3 - 4.** Thanks to our hosts **Marsha and Dave Cosgrove** for hosting the Spring fling at their Government Camp condo.

We had two exquisitely sunny days on the slopes of Mt. Hood. The camaraderie was great! the condo was full! 20 for dinner, 15 for overnight!

Mexican style dinner was delicious. We also enjoyed some margaritas, and a spirited game of "Eskimo Whist" (or "Oh Sh\*t" as some prefer to call it). This was followed by jokes and pleasant conversations long into the night.

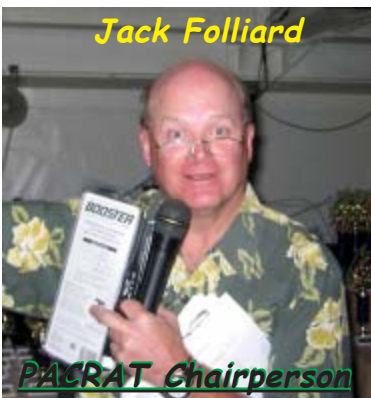
On the slopes, we engaged in one of our club's traditions: a human slalom. Can you guess what's wrong with the photo above? See answer, and more photos on page 4.



*The club that really skis!*

**Human slalom at Mt. Hood Meadows**  
Heidi, Lisa & Harry, Rita & Les, Kurt, Suzanne, Fred

## The Greek "Rat Attack" - PACRAT Awards Party



**Jack Folliard**

**PACRAT Chairperson**

**April 23 (Fri.)** PACRAT racers and assorted guests, mascots, family and friends! Come to the annual Awards dinner party at the Greek Cuisina, downtown Portland, on the corner of 4th and Washington. Good food, dancing, plate smashing, ouzo contest, and more. Awards to top racers and teams.

Racers, please remember to bring **your bib** as ID. Those with a bib (and their guests) can enter at 6:30 pm. Without a bib, at 7:00 pm. Guests pay \$25 at the door and enter any time. See you there!

Click on a Calendar entry for more info

## 2004 CALENDAR

Maroon: Plaza/Edgeset events  
Red: NWSCC/FWSA events  
Blue: PACRAT events

**Apr. 1-4** FWRA Championship races at **Heavenly, Lake Tahoe, CA**

**Apr. 3-4.** Plaza/Edgeset **Spring Fling** at Meadows & Govt. Camp.

**Apr. 13-18.** **Whistler Extravaganza**, NWSCC bus trip.

**Apr. 23 Fri.** PACRAT Awards Party (Yes, the famous Greek Party!)

**May 1 (Sat)** "Race and Ace" ski + golf at Mt. Bachelor.

**May. 4** Club Board meeting (see p. 7)

**May 6 (Thur.)** Mountain High **Pizza Party** and elections, at Gourmet Stuft Pizza, Lake Oswego.

**May 14 (Fri).** Monte Carlo **Bowling!** at Milwaukie Elks. 7:00 pm.

**June 5 (Sat.).** Golden Rose race at Timberline, and toga party.

**June 10-12.** **FWSA Convention, Reno.**

**June 19 (Sat.)** **Golf tournament!** at Glendoveer Golf course. 9 am.

**July 25.** **Clubs 4-Play** golf tournament.

**July 30/31 (Fri, Sat)** **Rafting** at Maupin. Our club's summer event/trip!

**Aug. 21.** **NWSCC Sternwheeler Dinner Cruise.**

**Aug. 21.** **Night Golf!** At Sah-hah-Lee

## MOUNTAIN HIGH SNOWSPORT CLUB

### FREE \$KIING CORNER

1. Use the **Ski Fever Show 2** for 1 coupons for Timberline and Ski Bowl. They are only valid **mid-week**:

**Ski Bowl:** Jan.5 - April 11

**Timberline:** Mar. 30 -May 30.

2. **March 28 - April 11, 2004.**

Ski for **FREE** at **Big White** and **Silver Star**! Only requirement is that you stay at one of the ski areas' lodgings.

Sorry that this notice about Big White did not reach those of you without email in time. We found out about it after the March issue was out. All those who have an email address were notified immediately. Thus, anyone could do what 3 of us did back in November: drive up to Canada and ski for free!

### FWRA Championships: Heavenly, Tahoe

**April 1 - 4, 2004.** Several people from Northwest ski clubs placed well in the Far West Championships at Heavenly, despite the fact that the race course was set on an intimidatingly steep slope. Our very own, **Gordon Lusk** (aka. "**Gordy**") was fourth in both Slalom & GS.

Note that Gordy has also volunteered to help out with PACRAT racing for the upcoming season. You will see his name on the ballot for the position of Racing Director for our club.

Come meet Gordy at our May 6 Pizza Party.

### Willamette Pass & Hoodoo bus trip.

**March 5 - 7, 2004.** Thanks to **Linda McGavin** for putting this one together! Over 30 of us enjoyed 2 sunny days at these two of Oregon's jewels.



*Bruce & Linda at Willamette*

At Willamette Pass, we skied the RTS, which stands for Real Tough Stuff or Really Terrifying Slope - according to some local kids, or someone's initials. Take your pick!

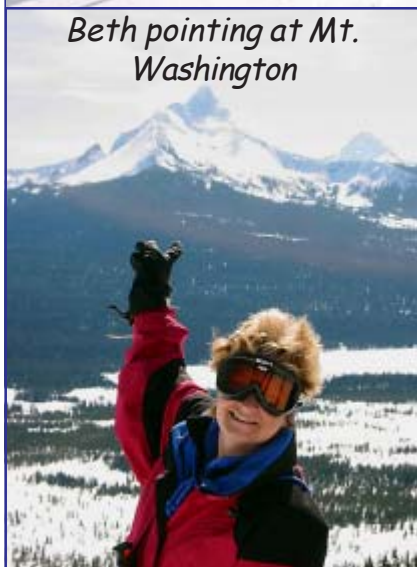
At Hoodoo, we enjoyed excellent views and almost 360

degrees of skiing until the sun turned the snow into sticky goo, which, amazingly, got very skiable again in the last hour, as the sun set and it got colder.

*View of Odell Lake at Willamette Pass*



*Beth pointing at Mt. Washington*



*Survivors of RTS*

*Ed, Bruce, Kurt & Phil at Hoodoo*



## MOUNTAIN HIGH SNOWSPORT CLUB

Upcoming  
Events

## Monte Carlo Bowling !

**May 14 (Fri.)** Starting at 6:30 pm. Only \$12 per person, and several chances to win money prizes.



Location: **Milwaukie Elks** lodge, 13121 SE McLaughlin Blvd., Milwaukie.

This about a mile south pf downtown Milwaukie, and about 2 blocks north of the bomber plane.

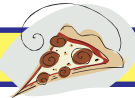
Please RSVP by May 7 to Larry Bennett, at: [BENNETT896@aol.com](mailto:BENNETT896@aol.com)

## Whistler Extravaganza - bus trip

**April 15 - 18, 2004.** Just a reminder to those of you who are going on this trip. You need to board the bus between **9:30** am and **10:00** am, on **Thursday**, April 15, in the parking lot near the Best Western hotel at Hayden Meadows.

Bring your **passport** and something Hawaiian to wear for the Friday night dinner. Enjoy 3 days at one of North America's largest ski areas.

## Pizza Party!!! - and Elections



**May 6 (Thurs.) at 6:30 pm**, Gourmet Stuff Pizza, Lake Oswego.

This is our second quarterly club meeting / pizza party. The first one was very well attended. Don't miss this one! Free pizza!

We'll have an interesting **guest speaker: Dennis Stilwell**, who will tell us about dozens of amazing hikes in the Northwest. Something to inspire us for summer outings! If you enjoy hiking, you must check out his web site: [www.nwhiker.com](http://www.nwhiker.com).

**Club Elections** will also be held at this time, instead of later in the fall, so that any newly elected people can have time to prepare and plan for the next winter season.

Please volunteer or nominate someone for a position on the Board. Nominations are needed now! We especially need someone for a club **treasurer**. Terry White won't be mad if you replace him. In fact, he'll be thankful, since he is now pulling double-duty as Vice-president at the same time!



## Race and Ace at Bachelor/Sunriver



**May 1, 2004 (Sat.)**. One day event, includes 2 runs on a NASTAR-style **GS course** at Mt. Bachelor, a box lunch, a scramble **golf tournament** at the Meadows course in Sunriver (with cart!), an awards banquet at Sunriver Saturday night, and a wonderful gift bag. All for just \$99.

Anyone can sign up. There will be prizes for 3 categories: individuals, 2-person teams, and 4-person teams. Your combined race times are added to your golf score and the lowest score wins. the event will be filmed for a TV show.

Deadline for signups is April 23. To register, call: 541-382-2442 or sign up online at: [www.sunriver-resort.com](http://www.sunriver-resort.com).

Special lodging rates for competitors available at Sunriver. Call 1-800-547-3922.

## Golden Rose at Timberline



**June 5, 2004 (Sat.)**. This longest running ski race in North America and annual fund-raiser for the Mt. Hood Academy consists of teams of 7 racers competing in a dual Giant Slalom, plus an eighth racer: a student from the Mt. Hood Academy (assigned to each team). Breakfast, lunch and a team photo are included.

The theme this year is "Toga party". Live music by "Too Loose".

Total cost per team is \$675, divided among 7 racers, which is about \$96 per person. Registration deadline is May 15. Limit 20 teams.

Our very own **Jan Tolman** is organizing this. Contact her at: 503-253-1879.

Register your team today; call Camille at: (503) 622-0750 or email her at: [cfrederick@timberlinelodge.com](mailto:cfrederick@timberlinelodge.com)

MOUNTAIN HIGH SNOWSPORT CLUB

Mountain High "Spring Fling"

April 3-4 (Sat/Sun). What a weekend! 20 of us came to dinner. 15 of us brought our sleeping bags and stayed the night in Government Camp. A few more more joined us just for a day on the slopes! Fun was had by all!



The club that really skis!



Yummy dinner!  
Lisa, Greg, and Jaxine



Anyone for a game of cards?



Gerry

Marsha



Les Furnanz - all smiles!!!



Violet and Patty



Happy faces at the end of the day

**Answer:** The human slalom photo on page 1 is a composite of 3 photos! Les (in the gray jacket and black helmet) appears in the photo twice!

## MOUNTAIN HIGH SNOWSPORT CLUB

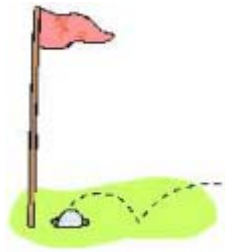


### Mid-week golf anyone?

Anyone interested in getting together for mid week golfing call Gary Stevenson at 503 257-6368. He will schedule a tee time on Tuesday evenings somewhere. Call to reserve a spot.

But, wait, ... there's more! Gary is also organizing a golf tournament, or maybe a series of tournaments. Read on, below.

### Ready Set Golf!!



Come to the first golf tournament of the 2004 **Mountain High** golf season. 5 tee times have been reserved so the first 20 golfers to sign up get to play.

**When:** Saturday **June 19<sup>th</sup>** 9:00 AM

**Where:** Glendoveer Golf Course  
14015 NE Glisan Portland, OR

**Cost:** \$40. for golf and BBQ; (BBQ only \$10.)  
\$25. additional if you want a cart.  
Make reservation when you register. (Pay for the cart the day of the tournament)

**Details:** 4 person teams, Gary the golf guy will do the parings. He will need your average golf score. There will of course be prizes, prizes, prizes.

**BBQ:** Following the tournament there will be an awards BBQ at the home of Gary and Suzanne Stevenson. 2537 NE 146<sup>th</sup> DR. For \$10. non golfers can sign up for the awards BBQ . Soft drinks will be provided, bring your own beer, wine or other beverage.

**Questions:** Call Gary the golf guy at 503 257 6368.

### FWSA Convention in Reno, NV

**June 10 - 13, 2004.** The Far West Convention will be held in Reno this year. This is an opportunity to mingle with ski industry reps, and with ski club leaders from all over the western U.S., attend seminars on ski club improvement, plan future trips, etc.

The location is John Ascuaga's Nugget in Sparks. For more info and registration, go to:

<http://www.fwsa.wbees.com/page/page/689572.htm>

### Mountain High Deschutes River Raft Weekend !!!

Trip leaders: **Gordon Lusk, Louis Kovacs**

**July 30 - 31, 2004.** Come join us for a rafting/camping adventure! The trip includes:

\* Rafting (row, paddle, or just ride) both Saturday and Sunday.

\* Campsite Friday and Saturday night in Maupin City Park.

\* Saturday night dinner by "**Lous Q**" **Chicken, Fish and all the trimmings.**

Payment by July 10th to:

Gordon Lusk @ 503-804-8363 or  
Louis Kovacs @ 540 -632-2203

Camp, raft, dinner = \$90 (Non-members \$100)  
Raft and dinner = \$75 (Non-members \$85)  
RV Spaces at \$20.- a night extra.

NOTE: This is not a professionally guided trip. It is a club function for fun, and we are all personally responsible for our own actions. Rafting can be dangerous. By registering for this event, you and your guests will relinquish any and all claim of responsibility and claims of liability on all parties participating in this event, including Mountain High Snowsport Club.



1. "**End of Season**" party will happen in June or July, either at Debbi Kor's or at Doug Pilcher's place. Stay tuned.

2. "**Night Golf**" with glow-in-the-dark balls, at Sah-Hah-Lee golf course, August 21. \$45 per player.

3. **Sternwheeler Dinner Cruise** to mark the NWSCC 25th year! August 21st. Mark your calendar. \$50 per person.

## MOUNTAIN HIGH SNOWSPORT CLUB

### Safety Tips Prior to Hitting the Slopes

*from Jodie Dierickx*

*Director, Safety & Member Benefits, NWSCC*



#### Part 1

This month's article is actually part one of a 2 part series. The National Ski Patrol and the National Ski Areas Association both publish the following tips. Next month we will provide the tips on the slopes:

#### Prior to Hitting the Slopes

**Get in shape.** Don't try to ski yourself into shape. You'll enjoy skiing more if you're physically fit.

**Obtain proper equipment.** Be sure to have your ski or snowboard bindings adjusted correctly at a local ski shop (use one of our sponsoring shops!!). You can rent good ski or snowboarding equipment at resorts.

When buying skiwear, look for fabric that is **water-** and **wind-resistant**. Look for wind flaps to shield zippers, snug cuffs at wrists and ankles, collars that can be snuggled up to the chin and drawstrings that can be adjusted for comfort and keep wind out. Be sure to buy quality clothing and products.

**Dress in layers.** Layering allows you to accommodate your body's constantly changing temperature. Dress in polypropylene underwear (top and bottoms), which feels good next to the skin, dries quickly, absorbs sweat and keeps you warm. Wear a turtleneck, sweater and jacket. Stay away from cotton; it stays wet and keeps it next to your body, making you colder.

**Be prepared.** Mother Nature has a mind of her own. Bring a headband or hat with you to the slopes, 60 percent of heat-loss is through the head. Wear gloves or mittens (mittens are usually better for those susceptible to cold hands).

**Wear sun protection.** The sun reflects off the snow and is stronger than you think, even on cloudy days!

**Always wear eye protection.** Have sunglasses and goggles with you. Skiing and snowboarding are a lot more fun when you can see.

### FAR WEST SKI ASSOCIATION

#### 2005 SKI WEEK

January 29 - February 5, 2005

## ASPEN/SNOWMASS

Prices from approx. **\$1150** to **\$1,250\***

(Lodging in Aspen is \$100 more than in Snowmass).

Price includes RT Air, 7 nights lodging (dbl occ) and the FWSA amenities package.....

- Registration
- Welcome Party
- 3 Races
- Mountain Picnic
- Apres Ski Party with Fireworks
- Farewell Awards Banquet
- 5 of 7 day lift ticket for: Aspen Mountain, Aspen Highlands, Buttermilk and Snowmass

\*Air prices have not been secured yet.

Contact Debbi Kor @ (503)682-1563 or email: [ijustwannarun@aol.com](mailto:ijustwannarun@aol.com)

First payment of **\$50** is due **NOW**.

2<sup>nd</sup> payment of **\$250** due July 1

3<sup>rd</sup> payment of **\$500** due September 1

Final payment **\$\$\$** due November 1

\*Seniors - 65 or older may reduce their price by \$40

**Must be a member of Far West Ski Association**

CST#2036983-40



### "Clubs 4-Play" Golf Tournament

**July 25 (Sunday).** Annual inter-club event. 4-person, 18 holes scramble. Oregon City Golf Course at Lone Oak (Bevercreek Rd.). Tournament, cart, food, and prizes: \$49 per person.

Specify names and phone numbers. Check to **NWSCC**, mailed to **Marilyn Sigler**, 2100 NE 77th Ave., Vancouver WA 98664. Info at: 360-883-6937 or [Marski@teleport.com](mailto:Marski@teleport.com).

**MOUNTAIN HIGH SNOWSPORT CLUB**

**Skis for Sale!**

Last year's **ELAN G.S.**, 174 with plate and Solomon binding, \$350.00

This year's **Atomic R-11**, (all Mt.) 180, with binding (great shape) \$475.00

Please call **Gordon Lusk @** 503-804-8363

**Skis for Sale !**

**K2 Merlin IV** all-mountain shaped skis, 193 cm, with

Marker M41 Twin Cam bindings.

Very good condition. Only **\$150!!!**

Please call Cristian @ 503-531-9215

**Plaza/Edgset Meeting**

*First Tuesday of the month.*

**May 4 (Tue.):** Gather at 6:30pm for socializing. Meeting starts at 7:00 pm. Location: **Gourmet Stuff Pizza**, 4200 SW Mercantile Dr., Lake Oswego, OR 97035. 503-635-1313. This is essentially the Board meeting, but it is open to everyone interested in the club's activities.

**Plaza / Edgset Ski Club Contacts**

- President:** Blaise Dagilaitis, H: 503-697-4885, W: 503-372-6359, [Blaise.Dagilaitis@flir.com](mailto:Blaise.Dagilaitis@flir.com)
- Vice-President:** Terry White, H: 503-297-1427, W: 503-296-6075, [TWhite223@msn.com](mailto:TWhite223@msn.com)
- Secretary:** Sue Bennett, H: 503-774-8747, [OptomistSue@aol.com](mailto:OptomistSue@aol.com)
- Treasurer:** Terry White, H: 503-297-1427, W: 503-296-6075, [TWhite223@msn.com](mailto:TWhite223@msn.com)
- Race Directors:** Candace Kramer, H: 503-777-8120, W: 503-804-9628, [candacek@windermere.com](mailto:candacek@windermere.com)  
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- Trip Directors:** Marsha Cosgrove, H: 503-646-5292, W: 503-799-2833, [HappyHairdresser@msn.com](mailto:HappyHairdresser@msn.com)  
Linda McGavin, H: 503-652-2840, W: 503-412-3531 [LindaM@mcewengisvold.com](mailto:LindaM@mcewengisvold.com)  
Larry Bennett, H: 503-760-2360, [BENNETT896@aol.com](mailto:BENNETT896@aol.com)

**DOUGH TRANSMITTAL FORM**

*Make check payable to "Plaza/Edgeset Ski Club"*  
Mail to: Plaza/Edgeset Ski Club, PO Box 2182, Portland, OR 97208.

**Name (s):** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone (Hm):** \_\_\_\_\_ **Phone (Wrk):** \_\_\_\_\_

**Email (Hm):** \_\_\_\_\_ **Email (Wrk):** \_\_\_\_\_

Please take my money, and apply it toward the following Ski Club fun stuff: Details  
Deposit? Paid in full?

- Membership Dues:** Single (\$25) couple (\$40) \$ \_\_\_\_\_
- Mt. High Golf Tournament** (June 19): \$40 (Guest for BBQ only: \$10) \_ \$ \_\_\_\_\_
- Rafting** (July 30-31): With camping: \$90 No camping: \$75 \_\_\_\_\_ \$ \_\_\_\_\_
- Rafting +RV** (July 30-31): Additional (optional) RV fee \$20 per night \$ \_\_\_\_\_

**Comments(For whom you are paying. Roommate requests, etc.):** \_\_\_\_\_

## NEWSLETTER DISTRIBUTION

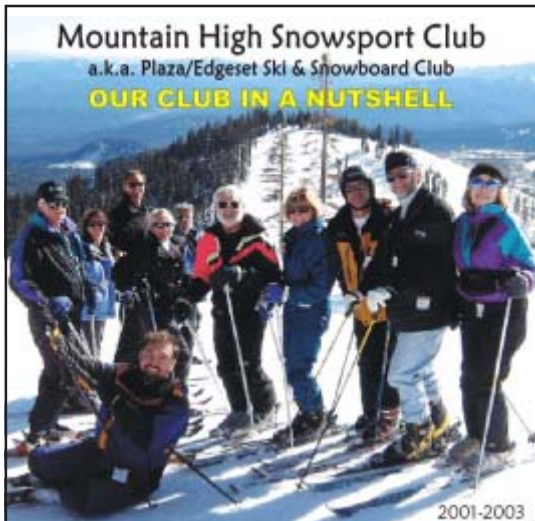
The April 2004 issue of "Lift Lines" is being distributed as follows:

**144** copies electronically, via email (137 as HTML, 7 as plain text, but both have the PDF file attached)

**46** paper printed copies sent via US Mail.

Some of these are sent to non-members (the NWSCC, FWSA, other clubs, etc.).

**Please help us minimize the cost and labor** involved in mailing out paper copies. **Let me know if you have an email address** Call Emilio at 1-503-378-0171 or email: [Emilio2000@Earthlink.net](mailto:Emilio2000@Earthlink.net).



Get a CD containing a PowerPoint slide presentation with several hundred photos of our club (including trips, parties, PACRAT racing, and humor). Show it to all your friends. Only \$3. Contact Emilio.

Emilio Trampuz  
Plaza/Edgeset Newsletter editor  
4742 Liberty Rd. S., #296  
Salem, OR 97302

NOTE: Please let us know if you have an email address! Lots of info is sent out in between newsletters.

## NWSCC Upcoming Trips (next season)

*Plan ahead. Mark your calendar!*

**Dec. 9-12, 2004.** BEAVERCREEK/VAIL, Colorado. 5 nights lodging + 3 day lift tickets. Approx. \$730. Contact **Steve Coxen** at [sacoxen@aol.com](mailto:sacoxen@aol.com).

**March 17-20, 2005.** St. Patrick's Day weekend at MT.BACHELOR. Details to follow.

**April 7-10, 2005.** WHISTLER/BLACKCOMB, Canada. This will be the 3rd annual multi-club trip.

**April 17-24, 2005.** SUNSHINE VILLAGE and BANFF, Canada. A few days of ski in/ski out at Sunshine, plus a couple of days in Banff. This will be a joint trip between the NWSCC and the Los Angeles Council. Info: Linda McGavin: [LindaM@McEwenGisvold.com](mailto:LindaM@McEwenGisvold.com)

