

a) By mail. Just fill out the Dough Transmittal Form (on the Forms & Docs page on our web site). b) **Online** with a credit card. Start the process on our "Signup & Pay" web page.

poles with a pair of plastic ties.

They will be distributed to everyone who wants them.

MOUNTAIN HIGH

Upcoming Events

Lift Lines 288, Deceember 2024 SNOWSPORT CLUB

Sunday Brunch Cruise

December 8 (Sunday). 2 pm - 4 pm

Boarding begins at 1 pm.

Price: \$80 (tips included)

This is a Sunday Brunch Cruise, from 2 - 4 pm. It includes champagne, and a rich brunch buffet, including fresh veggies and cheese, fresh fruit, pasta salad, Mediterranean salad, French toast, eggs Benedict, link sausages, bacon, country style potatoes, spinach manicotti with marinara sauce, salmon lox with bay shrimp, assorted desserts, unlimited coffee refills, hot tea, orange juice, sparkling cider and house champagne.

More info about the ship, the cruises and the menu at: <u>http://www.portlandspirit.com/spirtech.php</u>

Please let us know ASAP if you are interested. Contact Debbi Kor: <u>ijustwannarun1@comcast.net</u>.

To join the group reservation, send your \$80 per person check to: Mountain High Snowsport Club PO Box 2182, Portland, OR 97208.

Please use the **Dough Transmittal Form** with your check. Click here to get a PDF file. <u>http://</u> <u>www.mthigh.org/Documents/DOUGH-</u> <u>TRANSMITTAL-FORM.pdf</u>





Christmas Ships Parade Social

December 11, 2024 (Wednesday) - Gather at 5:30 - 6 pm for Happy Hour. Ships arrive at 7:30 pm.

Location: "Who Song & Larry's" 111 East Columbia River Way, Vancouver, WA 98661 See <u>Google Map</u>.

Let's socialize over drinks and hors d'oeuvres, while we wait for the Christmas Ships to sail by on the Columbia River, starting around 7:30 pm.

Looking forward to seeing everyone that evening at Who Song & Larry's.

I will go down early to save a few tables.

Debbi

RSVP to Debbi Kor: <u>ijustwannarun1@comcast.net</u>

Recent Survey about Lift Lines versus colorful emails

In an effort to improve our club communications, and keep our members well informed in the best way, we conducted a survey to find out how pro-ple keep in touch with the club. Do they prefer the monthly newsletter as a PDF file or the colorful email updates in between newsletters? Which is easier to read?

So far, over 40 people have responded. The club's Board will discuss the results at the next Board meeting, January 5, 2025, and we will then publish the survey results as well as any decisions that ight be made as a result. Stay tuned. And thanks to everyone who has already replied to the survey!!!

MOUSTAIN HIGH

Upcoming Events

SNOWSPORT CLUB

page 3

NWSCC Meeting - online, via Zoom

Decmber 18, 2024 (Wednesday) - an online Zoom meeting

EVERYONE IS WELCOME!

This NWSCC Council meeting will be held by Zoom. Social 6:45; Meeting starts 7:00 pm

Special Guest Speakers: Rachel Heim and Erin Bohon of Mt. Bachelor Join Zoom Meeting any time after 6:45 pm. https://zoom.us/j/99019265279?pwd=b0dgY

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Meeting ID: 990 1926 5279 Passcode: 346306



Mt. High Board Meeting - in person, with pizza!

January 6, 2025 (Monday) - 6:00 pm.

Meet for socializing at 6:00 pm. Meeting starts at 6:30 pm.

This is an organizational and planning meeting, attended mainly by Board members, trip leaders, activity organizers etc., but it is open to all. Anyone wanting to get more involved with the club is welcome.

Place: Round Table Pizza, 16444 Boones Ferry Rd., Lake Grove, Lake Oswego, OR. See <u>Google map</u>.



The club that really skis!

www.mthigh.org

Lloyd Musser Retires from Mt. Hood Museum

Lloyd Musser, Curator and Board Member, has retired from the Mt. Hood Cultural Center and Museum (MHCCM). As announced at the recent Heritage Night, Lloyd submitted his resignation in October, citing his deteriorating health. Lloyd has been diagnosed with Parkinson's Disease. Additionally, his wife of over 50 years, Maureen (Mo), recently passed away.

Lloyd has been a fixture at the MHCCM since its inception in 1998. He was recruited by founders Maryanne Hill and Betsy Valian because of his love for the mountain and of history.

Lloyd has been the guiding light of the Museum – helping to develop the strategy and purpose of the Museum. He has overseen the acceptance, cataloging and storing of the over 6000 artifacts in our collection. Items are continuously being donated because of Lloyd's presence and his respectful way of accepting and caring for peoples' treasures. Through his connections at his former employer, the U.S. Forest



Service, the Museum has a replica of a Northwest Fire Lookout Tower in our basement!

Lloyd has organized the monthly **History Happy Hour** events for years. He also organized the **Ski the Glade Trail Day** event from the first one in March 2003 until 2022. During the past 2 years, Sally Niedermeyer has continued the effort to oerganize this event. See a video about the Glade Trail Day at: <u>https://youtu.</u> <u>be/3A1jucFz4Yo</u>.

MOUNTAIN HIGH

Trips

SNOWSPORT CLUB

Trips

As promised in the previous issue of Lift Lines, 2 more trips have been added to the list. For details on each trip, please swee the **TRIPS page** on our website, **www.mthigh.org**.

Mountain High Club Trips

- 1. Feb. 9 14, 2025. Brundage / Tamarack / McCall trip. Drive to trip. Lodging at the Best Western McCall: \$154 + tax = \$177.10 per room. INDY Pass. Contact Linda McGavin.
- 2. Feb. 23-25, 2025. White Pass ski trip. Drive to trip. Lodging in Packwood. Indy Pass. Contact: Shelly Seger, slseger@comcast.net .
- 3. March 23 28, 2025. Whitefish Mountain Trip. Drive to trip. Last week of March. Lodging at the Kandahar Lodge, with ski in and almost ski-out access (requiring just a short walk across a parking lot. Contact Bill King.

NW Ski Club Council Trips

The NWSCC trips are always open to all ski clubs in the Northwest, but our Mountain High club members are often in the the majority at the Bachelor Blast. More info at www.nwskiers.org.

- 1. Feb 7 15, 2025. Ski trip to Zermatt, Switzerland. This trip is organized by the S'no Jokes club in Seattle. There is room for more. Open to all clubs.
- 2. Feb. 21 March 1, 2025. Ski trip to the Dolomites and optional Venice add on. This trip is organized by the Bogus Basin Ski Club from Boise, ID. They are a member of the NWSCC.
- 3. March 12 16, 2025. Bachelor Blast. Organized by our very own Linda McGavin.

Far West Ski Association Trips

The FWSA trips are open to hundreds of clubs throughout the western States. These are usually trips to the largest and most well known destination resorts. A few of our club members gare regular participants, but for the most part, our club members will be in the minority. However, you will get to meet skiers from all over the West. More info at: www.fwsa.org

- 1. Sept. 27 Oct. 7, 2024. FWSA Africa Adventure to Tanzania and Zanzibar.
- 2. Oct. 19 Nov. 2, 2024. FWSA Dive trip the Best of the Phillipinnes.
- 3. Jan. 25 Feb. 1, 2025: FWSA Ski Week at Banff / Lake Louise / Sunshine Village, Canada.
- 4. February 2025: FWSA International Ski Week in Val d'Isere, France.
- 5. March 23 28, 2025. FWSA Mini Ski Week to Big White, BC, Canada.
- 6. Summer 2025. FWSA Summer SKi Week in Valle Nevado, Chile. Optional visit Atacama Desert.
- 7. Sept. 9 19, 2025. Canadian Fall Foliage Cruise. Adventure trip.







MOUSTAIN HIGH

Mt. High Indy Pass ski trip McCall, Idaho **Brundage Mountain & Tamarack**

3 - 5 nights. 2 - 4 ski days. Travel by car, train, or plane.

February 9 –14, 2025. -- Join us for a wonderful adventure. Up to 4 day s skiing February 9-14 (Monday-Friday) Your choice, depending upon your free lift tickets and how many days you want to ski

START DATE: Sunday, Feb. 9 – Drive to McCall & check in. You can book as many as 5 nights at our group rate. Any other nights will be at the hotel's full rate – no discount. Book as many as you want.

This is a driving trip like the past few years.

- 1. Everyone will be driving their own car. We will NOT have a bus.
- 2. For lodging, you can select your own roommate (optional), or simply have a room to yourself. Your choice. We will not assign roommates.
- 3. This trip is designed to use the **Indy Pass** (2 free days at each ski area). If you do not have a pass we suggest you buy lift tickets online in advance to get the best price. We will not have enough people to get group lift tickets.

HOTEL - Book your own room under our group rate at the Best Western Plus in McCall, 211 S. 3rd Street, McCall, ID; 208-634-2230.

Our group rate is \$154 + tax = \$177.10 per room per night, per double queen room or king room (quantities limited). If you have a roommate, the cost will be only half of that per person. This is less than last year.

To get this rate, just tell the hotel you are with the Mountain High club. Deadline is January 15.

The hotel offers free parking, wireless internet, non-smoking spacious rooms, a 24-hour indoor swimming pool, oversize jacuzzi tub, spa, sauna and gym. Enjoy a daily, complimentary full hot buffet breakfast which includes freshly made breakfast burritos, breakfast sandwiches, cereal, fruit, vogurt, juice, pastries (and they will deliver to your room from 6:30 to 9:30 a.m.). They have an omlette chef also on some days.

The rooms have premium bedding, High Speed Wireless Internet, Refrigerator, Microwave, DirectTV, Hairdryer, Iron/Ironing board, Desk, and Alarm Clock. Note that there is an elevator!

Please book your hotel room early – we only have a certain number of rooms. After January 15 our room block will expire, but you can still make reservations at our rate if there is space. There is no penalty for canceling up to one week before your arrival.

The hotel is located 11 miles from Brundage and 20 miles from Tamarack.

SKIING AT BRUNDAGE: Indy Passholders do not need to pre-schedule visits. Simply bring your valid photo ID to the on-mountain Guest Services office to redeem your ticket for the day. In addition to the two days included in the pass purchase, you may purchase a third day at 25% off. You can make that purchase the day of your visit. Like many ski areas these days, Brundage will sell tickets online in advance, at some kind of discount which is not known at this time. They've opened the online ticket buying page, so check ahead.

SKIING AT TAMARACK: 2 free days with the Indy Pass (you may purchase a third day at 25% off), or buy tickets



online the night before. **TO SIGN UP:** Just reserve your hotel room and then contact Linda, our trip leader, to let her know you will participate in this trip,

KEEP OUR TRIP LEADER INFORMED

Everyone who signs up for this trip, please contact Linda McGavin and let her know the following:

Did you make your hotel reservations, and for how many nights?

Where do you expect to ski, and do you have an Indy Pass? Trip leader: Linda McGavin, trips@mthigh.org, 503-652-2840.



Ski Trips

Ski Trips

Mt. High Indy Pass ski trip White Pass (WA)

2 nights. 2 - 4 ski days. Travel by car.

February 23 - 25, 2025. -- Sunday - Tuesday.

2 nights lodging, 2 - 4 dasy of skiing.

The official nights are Sunday the 23rd and Monday the 24th, but discounted hotel pricing is good from 2/19/2025 – 2/28/2025 if you want to extend your trip

Lodging: Cowlitz River Lodge Info: https://www.elodging.net/cowlitz

Reservations: Use this link to get discounted pricing: https://hotels.cloudbeds.com/reservation/8oP2t5#promo=Mountain%20High%20Snowsport%20Club.

NO ROWDS GREAT SNOV

Details:

Welcome Party Potluck and no-host drinks in Lodge dining/ lobby area. Time: 6:pm

Located downtown Packwood. Shelly will arrange for Monday night meal at brewery. Likely Longmire Springs Brewery which is 1/4th mile walk from Lodge.

- All rooms include microwave
- The lodge does not have any pool/spa facility

Pricing: Does not include 2% hotel tax. The price below is for 2024 and includes a 10% discount applied when placing on-line reservations with priority code. Pricing will likely increase closer to year-end so reserve early for best price.

- King Room: \$134 per night
- 2 Queen Beds: \$134 per night
- 4 Queen Suite with kitchen and fireplace: \$242 per night

White Pass Group Pricing

We need to know if you have an Indy Pass, or any other qualifying pass for White Pass ski area. If we have 15+ members not having or not using their pass, then we can get a mid-week group discount.

Breakfast Restaurant – Santo Milagro

Located on the way to White Pass. Shelly will continue to work with this Restaurant while contacting other locations in Packwood and perhaps the Ski Lodge.

The owner is considering a breakfast special for our club or a free cup of coffee with breakfast purchase. This may be limited to one day.

How to sign up for this trip:

- 1. Make lodging reservation on-line using provided link
- 2. Email Shelly to confirm you're going.

3. In the email -- specify if you intend to use a ski pass or if you want to be included in a group ski discount. Group ski discount requires 15 or more people.

Trip Leader: Shelly Seger, slseger@comcast.net







Mt.High

MOU8TAIN HIGH

Whitefish Mtn. Resort Trip

March 23 - 28, 2025. 5 nights by car, or plane, or +2 nights on train.

Whitefish Mountain Resort offers 3000 acres of skiing on all sides of Big Mountain. It has 11 chair lifts (3 express quads). It has 2,353 vertical feet and 105 named runs plus vast amounts of bowl and tree skiing.

This will be a flexible, arrange your own transportation trip. Amtrak runs overnight from Portland or Vancouver to Whitefish and return. Current prices



start as low as \$79 per person each way reserved coach. There are a limited number of sleeper berths available. If you prefer to drive, it is a ten-hour drive, and you can stop to ski at other places along the way.

We will be staying at the **Kandahar Lodge**, a very nice onmountain hotel with a Swiss or

Austrian feel. The lobby/great room has a huge fireplace, an award-winning restaurant open only for dinner, and a small separate bar. There is no elevator. All the rooms are on the 2nd and 3rd floors.

It has a free van that will take you where you want to go on the mountain (not into town, there's a free public snow bus for that). The van only runs during the day. At night it's less than a five-minute walk to the bars and restaurants in the upper village, or to catch the snow bus into town.

You can ski-in but would have to walk 50 yards across a parking lot to ski out to a lift. Or take the free van.

For those traveling by train:

- * You will spend 2 nights on the train. The first and the last. You can sleep in the reclining seats, but it is highly recommended to ask for a sleeper car.
- * The train leaves Portland at 4:45 pm the day before and travels through the night. You need to reserve a ticket for March 22, not March 23..
- * Train arrives in Whitefish early in the morning (at 7:41 am), and you can go skiing right away, after leaving your luggage in Kandahar lodge.
- * The train leaves Whitefish late in the evening, at 8:56 pm. You can ski all day and still have time for dinner in town before boarding the train home.

Price includes:

Free European-style continental breakfast, après ski cookies, freshly made popcorn, hot chocolate, coffee, and tea. Heated boot rooms and ski rooms. Free Wi-Fi, laundry, 24-hour front desk, large outdoor jacuzzi, steam room, and fitness center. Massages are available by appointment. All rooms have at least a small refrigerator and microwave. Some rooms have small kitchens; those will be assigned on a first-come first-served basis.

Everyone arrives on Sunday, March 23, 2025 and checks out on Friday, March 28 (5 nights). We will do our best to connect people needing a roommate but the final choice of roommate is your responsibility. If you end up without a roommate, you would have to pay a single supplement (double room price less \$15).

The Club will be providing one pizza party with beverages.

Lodging and lift tickets will be purchased through the Club.

Trip leader: Bill King, <u>willie2k@ymail.com</u> or 360-977-7482.

Pricina

SNOWSPORT CLUB

Lodging (2 people per room) for all 5 nights:

\$415/person for 5 nights - 2Q room \$440 for 5 nights - 1Q studio, kitchen \$440 for 5 nights - Exec suite, sold out.

All lodging starts **Sunday, March 23 and ends on March 27**. We all check out in the morning of March 28.

Lift Tickets

Adult 1-day	\$83
Adult 2+ days	\$76.60/day
65-69 1-day	\$71
65-69 2+ days	\$65.50/day
70+ 1 day or (2+)	\$30 (\$28.20)

2+ days tickets have a 2-day grace period (2 of 4; 3 of 5; 4 of 6, etc.)

Holders of a full Mt. Hood Meadows season pass get 3 free days.

Let our trip captain know how many lift tickets you need.

Payment and cancellation details

\$200 deposit due at signup.

Remaining balance is due by January 10.

Final date to cancel with full refund is January 10.

We hope you join us for this exciting trip.

See our <u>Mt. High Trip Cancella-</u> tion Policy.

Please use the <u>Dough Transmittal</u> <u>form</u> on the Forms & Docs page on our web site, or on the next to last page in our newsletter. Make check payable to Mountain High Snowsport Club, and mail it to:

Mountain High PO Box 2182 Portland, OR 97208 or email it to <u>Forms@mthigh.org</u>

Trip leader: Bill King, <u>willie2k@ymail.com</u> or 360-977-7482.

Ski Trips

Ski Trips

Lift Lines 288, Deceember 2024 SNOWSPORT CLUB

NWSCC Bachelor Blast

4 nights, with 2 or 3 nights options

March 12 - 16, 2025.

MOUNTAIN HIGH

Start: Wednesday, March 12, 2025, at 5:00 PM End: Sunday, March 16, 2025, at 3:00 PM Everyone from all NWSCC clubs is invited to join us!

Lodging: We are staying at the **Element by Westin**, 1526 NW Wall St., Bend, Oregon, just 3 blocks from downtown Bend. Sign up early. Rooms are limited. **Prices go up February 11, 2025.** Price is per person, double occupancy. Find your own roommate or pay a single supplement.

DEADLINE: To get the group discount on lodging, please reserve your room by February 10, 2025.

Mt. Bachelor is on the IKON Pass. It offers 4,000 skiable acres and 3,365 vertical feet.

Questions? - Contact: Linda McGavin at editor@nwskiers.org / www.nwskiers.org

NOTE: This is a multi-club trip open to all Northwest ski clubs. It is organized by the NW Ski Club Council. Payments for this trip should be sent to the NWSCC; not to our club. Instead of the Dough Transmittal Form, please sign up directly with the NWSCC.

Details on the NWSCC website, www.nwskiers.org, on the TRAVEL & EVENTS / TRIPS page.

FWSA Athletic Scholarship



The Far West Ski Association operates a scholarship fund to help young racers of high school age, to cover their expenses for travel to major competitions, etc.

Our Mountain High club contributes to that scholarship program and usually selects a specific local

athlete to support.

Our scholarship recipient for the past season has been **Tyler Howell**, and we wqill continue supporting him for the next season as well.

Tyler is going to be 18 in December. He's from Hood River and skis for Mt. Hood Race Team. Hs ranking is number 4 in downhill and slalom, and number 2 in GS and Super G for his age group in Northwest Division of US Ski and Snowboard. He also had 3 top 10 finishes.

Powdr Corp to Sell Mt. Bachelor



Back in August 2024, Powder Corporation had annunced plans to sell Mt. Bachelor and 2 other ski areas as well.

A buyer has not been found yet.

Locals are trying to buy the ski area. Local donors have already donated over \$39,000 mainly to pay for accountants and lawyers hired to form a corporation that would oversee the purchase.

There wil be a community kickoff event on Saturday, October 12, at 3 pm, at Drake Park. Bend Mayor Melanie Kebler will participate.

MOUSTAIN HIGH

Contacts / Club info

SNOWSPORT CLUB

page 9



2023/2024 Volunteer of the Year

Mountain High snowsport club contacts:

Sandra Kaufman has been selected as our club's Volunteer of the Year. She has been a social spark-plug in our club for years. More recently, she has accepted the position of our club's Secretary as well as Membership director.

UPDATE: Sandra has recently accepted the position of the FWSA VP Marketing and Sponsorship, a position that Debbi Kor had held for many years.

Mountain High Board Meeting Usually last Monday of the month. Jan. 6 (Mon.): Open to all who want to get involved with the club. Gather at 6:00 pm. Start at 6:30 pm. Round Table Pizza, 16444 Boones

Ferry Rd., Lake Grove, Lake Oswego, OR. **See <u>Google map</u>.**

iniountain rights	silowsport club (LUIILALIS.		
President:	Bill King	M: 614-371-4762	President@mthigh.org	
Vice-President:	Debbi Kor	H: 503-314-7078	Vicepresident@mthigh.org	General info:
Secretary:	Sandra Kaufman	H: 503-810-7787	Secretary@mthigh.org	info@mthigh.org
Treasurer:	Nancy Pratt	H: 503-593-9427	Treasurer@mthigh.org	
Past Pesident:	Kurt Krueger	H: 503-625-1492	PastPresident@mthigh.org	Web site:
Membership Director	r: Bill King	M: 614-371-4762	Membership@mthigh.org	www.mthigh.org
Racing Director:	Alan Bean	H: 503-849-8009	Racing@mthigh.org	
Newsletter Editor:	Emilio Trampuz	H: 503-510-1477	newsletter@mthigh.org	
Social Activities:	Debbi Kor	H: 503-314-7078	ijustwannarun1@comcast.ne	<u>t</u>
Trips Director:	Linda McGavin	H: 503-652-2840	Trips@mthigh.org	
-				•

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY:				r more. I acknowledge that I am d conduct. I hereby agree to be
Name(s):	Birthday (MM/DD) in	bound by all Mountain High Snowsport Club bylaws and regulations including the Trip Cancellation Policy. I hereby release Mountain Higl Snowsport Club, and any of their agents (officers, directors, trip cap		
Address:	ta	ins, and any oth	ner Club represent	tatives) from liability for personal er liability of any kind connected
	Phone (Wk): to	with my participation in any club-related activity. Furthermore, lagree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.		
Email (Hm):	Email (Wk): ag			
Email Preferences: [] No changes (same as last year)	 Newsletter (once a month): [] yes, link only [] yes, c Club news & events (between newsletters): [] yes Other ski news (NWSCC, FWSA, ski areas, trips): [] yes Is it OK to share your email address with other club membres 	[] no [] no		
Please take my mor	ney, and apply it toward the following Ski Club fun		Deposit?	Paid in full?
Annual Membership (Oct. 1 - Sept. 30): Single (\$30); couple (\$50) \$				
Mountain High Cookbook: 34 pages of recipes from our members \$10 \$				
Brunch Cruise on the Portland Spirit (Dec. 8 , 2024, (2 – 4 pm). Price = \$80. \$				
	tain trip (March 23 - 28, 2025). Deposit: \$200. y trip to Blacktail Mt.)		\$	
Other:			\$	
		Total:	\$	
Comments (For whom	n you are paying. Roommate requests,):			
Signature(s):			Date:	
Signature(s):			Date:	

NOTE: Ever since COVID hit us, we are not doing any bus trips and are not collecting any money for trips. Instead, everyone now arranges for their own lodging and transportation to our destination. We are getting a goup discount on lodging.

See our Trips cancellation policy on our web site: http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf

Emilio Trampuz Mountain High Newsletter editor 4742 Liberty Rd. S., #296 Salem, OR 97302

Please check our web site, <u>www.mthigh.org</u> for updates.



Club membership	e = 154 Newsletter Distribution	Count Your Ski Areas	
The December 2024 issue is on our web site. Also: 245 copies sent via email (as PDF file) 0 paper printed copies sent via US Mail. Copies are also sent to potential members, other clubs, the Mount Hood Museum, etc.		Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <u>http://www.mthigh.org/</u> <u>Documents/North-American-Ski-Areas.xls</u>	
Mt.High Crec	dit Card Payments	Videos from Mt. High Archives	
You can pay your membership fee and your trip payments by credit	Over the years, we have accumulated a lot of inter- esting videos. Check out some of these:		
	card. We are processing it through PayPal.	* <u>Ski the Glade Trail Day on Mt. Hood</u>	
No need to have a PayPal account to make a payment by credit card. Just go to our new web page: "Signup &		* <u>Sitzmark Ski Area in Washington</u>	
	w.mthigh.org/Signup-Pay.htm	* <u>Brundage Mt. Snowcat Skiing</u>	
N	lt. High Cookbook	Stories from Seniors Skiing	
This 34 page cookbool for \$10. It has soups, sal	This 34 page cookbook is available for \$10. It has soups, salads, entrees,	A good resource for skiers and riders of all ages. Check out: <u>SeniorsSkiing.com</u> . Subscribe to weekly	
223	desserts, from our club members.	or monthly emails from them. Click on the Com- munity tab and select "Subscribe". Examples:	
Augustica de language de la magemente de la ma	The cookbook includes recipes from the late Swiss chef Kurt Mezger.	* Decline of Senior Lift Discounts	
"Good Eats"	Contact Debbi Kor: <u>ijustwanna-</u> <u>run1@comcast.net</u> , or call 503-	* Getting Ready for the Next Olympics	
A emplaisin of chl-tasted, chl-tasted recipes from Maurain High Suowyoot Chlu members.	314-7078.	* Indy Pass Adds 30 Resorts Worldwide	

Lift Lines 288, Deceember 2024