



Lift Lines

= No. 194, February 2017 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Make the Most of it

Make the most of your club membership. Come to the **Chocolate Party** (page 4), sign up for the **Leavenworth trip** (p. 9), or join us in our **Timberline adventures** (p. 1). So much fun to be had. So little time!

Timberline Adventures

Emilio, Linda, Lisa, Kay, and George in Little Zig Zag canyon.

Photo by
Kurt Wilke



Emilio will continue to offer guided tours of Zig Zag canyon, Little Zig Zag canyon, Sand canyon, and everything in between. Which parts we'll ski depends on the snow and on which lifts will be open.

We discovered a new route deeper into Little Zig Zag canyon than before, then traversing to Sand canyon and out to the Glade Trail. This route is possible only if there is enough snow to ski to Government Camp.

Any intermediate skier can do it. Join us for some fun! If you don't already have a Fusion pass, get a **Spring Pass** for just \$109.

We'll do this almost every weekend, either Saturday or Sunday. Meet at McDonald's in Sandy at 7:30 - 7:45 am, or at Timberline's day lodge at 9:00 am. We'll announce each of these outings in our [All-Club Forum](#), and the [Weekend skiing](#) section on the TRIPS page.



Ski For a Cause

Ski for a good cause. Take your pick.

March 11-12: Hope on the Slopes at Mt. Hood Skibowl. Details at: www.hopeontheslopes.org

March 12-13: Oregon Cancer Ski Out at Mt. Hood Meadows. Details at: www.cancerskiout.org

April 8: Ski to Defeat ALS. Details at: www.skitodefeatal.org

Note the color code.
Our club is blue.

2017 CALENDAR

Blue: Mountain High events
Red: NWSCC / FWSA / Multi-club
Black: General events

FEBRUARY

Feb. 12 - 18: Salt Lake City, Utah trip
Feb. 18 (Sat.): Chocolate Party
Feb. 19 - 25: Whistler/Blackcomb trip
Feb. 19 (Sun.): PACRAT race #3 - Skibowl
Feb. 22 (Wed.): NWSCC/PACRAT Columbia Night
Feb. 25 - Mar. 4: Powder Alliance trip
(Whitewater & Schweitzer Mt.)
Feb. 26 (Sun.): NASTAR Open race #2

MARCH

March 4 (Sat): Ski the Glade Trail Day
March 5 (Sun): Ski the Glade Trail Day 2.0
March 4 - 5: Master Mania Races - Skibowl
March 6 (Mon.): Mt. High Board meeting
March 11-12: Hope on the Slopes
March 12-13: Oregon Cancer Ski Out
Mar. 12-19: FWSA European ski week
Mar. 17-19: Leavenworth trip
Mar. 19(Sun.): PACRAT Race #4 - Meadows
Mar. 21 - 26: FWSA Mini Ski Week - Sun Peaks
Mar. 26(Sun.): PACRAT Race #5 - Timberline

APRIL

April 8 (Sat.): Ski to Defeat ALS
Apr. 14 (Fri.): PACRAT Rat Attack Party

Mystery Trip

January 19 - 22, 2017.

A total of 47 people participated in this trip. They trusted us to take them some place fun, without knowing exactly where. On the bus, we played a few tricks on everyone. When the bus first turned south, we told everyone we were going to the LaBrea Tar Pits (near Los Angeles) and we showed a video about that place.

When the bus turned eastward, we announced we'll visit Ferguson Ridge (a very nice ski area in eastern Oregon) and Dixie Summit (just a rope tow a few miles east of Prairie City, Oregon) and we showed a video about Kurt Wilke and Emilio Trampuz visiting those places earlier this winter. (See photos on our web site.)

Because I-84 was closed due to icy conditions, we had to drive to Hood River around Mt. Hood on highways 26 and 35. So, when the bus turned north toward Hood River, we announced we will ski at the Leavenworth Ski Hill, a place with just two rope towns (a beginner and an advanced one) and we showed a video about it.

Finally, it was revealed that we were going to **Spokane**, Washington and that we'll ski two days at **49 Degrees North** and one day at **Mt. Spokane**. Some people had never even heard of these ski areas, and even those that had heard about them mostly didn't know that 49° North is the **2nd largest** ski area in Washington, right after Crystal Mountain.

We stayed all 3 nights at a La Quinta Hotel in North Spokane, near many restaurants.

At 49 Degrees North, we got about half a foot of fresh powder the night before. This was great for our powder skiers, but not so good for those who prefer staying on groomed runs. The groomed trails were groomed the evening before we arrived and they got more snow on top of them during the night. Everyone on this trip became a powder skier! Fortunately, the powder was light and dry.

See a short [video](#) of this trip on YouTube.



Silver Star

February 5 - 7, 2017.

So, what do you do if you have a Fusion Pass this year? Well, you sign up for our Powder Alliance trip to Whitewater and Schweitzer, so you can enjoy 6 days of free skiing.

But there are other Powder Alliance resorts. So, why not visit Silver Star, B.C. and enjoy another 3 days of free skiing? That's exactly what several of our members did. It was an informal, private trip, but here is a picture anyway. More on the web site.

In the group were Karen Michels, Marie McLean, Kurt Krueger, Terry Swan, Lana Rulien, and Kurt Wilke.



Chicago Ski Club Visiting Mt. Hood

February 8 - 10, 2017.

Debbie Geiger (our club member who recently moved back to Portland from Chicago) organized a ski trip for her Chicago ski club to Mt. Hood.

Emilio Trampuz helped host them at Timberline on Wednesday, where the snow was excellent in the morning, but it turned to rain in the afternoon.

Kay Kinyon helped to host them at Meadows on Thursday. Kay deserves special kudos for taking the time and energy to give people a tour of Mt. Hood Meadows in very bad weather (wind & rain).

Finally, on Friday, at Skibowl, they got better weather, good enough to be able to see Mt. Hood, though still enveloped in clouds.



Walt Stanton Passed Away

February 10, 2017.

Walter Stanton passed away last Friday night after a brief illness. A Memorial will be planned at a later date.

Walt Stanton was among the longest standing members of our club. He was originally with the EdgeSet Club, where he was also the club President for a while, before they merged with Plaza to form Mountain High.

Walt was an avid PACRAT racer for decades. Walter's company, Beck Electric, was the bib sponsor for PACRATs for many years.

He was an active skier till the end. He raced for Oregon Cancer Ski Out in 2016. Just this past winter, he skied with us on the Montana trip in February 2016. It's hard to believe he left us so suddenly.



MOUNTAIN HIGH

Upcoming Events

SNOWSPORT CLUB

Mt. High

Chocolate Party



February 18, (Saturday)
Starting at 7 pm at:

Terry & Bradley Swan
7225 SE Barbara Welch Rd
Portland, OR 97236
See [Google map](#).

Please RSVP to Terry Swan if you are coming.
swans761@juno.com

Join your fellow club members at the annual Chocolate party. BYOB. You can come to sample the desserts or enter your own chocolate dessert in the contest. There will be prizes for the Most Creative, the Most Chocolatey and/or Decadent, and the Most Light and/or Healthy.

We also need plenty of tasters and judges!



NWSCC/PACRAT

Columbia Night



February 22, 2017
(Wednesday) 6 - 8 pm.

5:00 - 6:30 = Social hour and 20% off all shopping. Appetizers. No host bar.

6:30 - 8:00 = Presentations from our Industry partners: Columbia Sportswear and Mountain Hardwear, and the Mt. Hood Ski Patrol. Plus: **Dr. Petit**, Orthopedic and Sports Medicine. **Tips on how to prevent injuries.**

Location: Columbia Sportswear flagship store
911 SW Broadway, Portland OR

* Check in with NWSCC at the door to receive your door prize tickets(s) and shopping discount info.

* Bring a Guest and introduce them to the ski club world and receive an extra door prize ticket.

* RSVP on the one stop shop for ski club news: the new website www.NWSkiers.org for extra door prize tickets.

All club members are welcome!

Ski the Historic Glade Trail Day

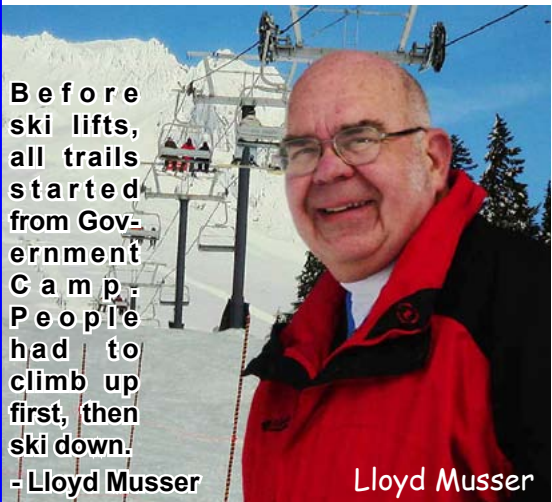
Be a part of history!



March 4, 2017 (Saturday) Annually, on the first Saturday of March, by special permit from the Mt. Hood National Forest, the **Glade Trail** is opened and groomed for this living history event. This full-day event is a chance to experience a historical way of skiing on Mt. Hood. Skiers are shuttled to Timberline Lodge by bus, escorted down the 3.0 mile trail to Government Camp by local guides and the Mt. Hood Ski Patrol. Lunch, Après ski party and prizes are included in this unique fund-raiser for the Mt. Hood Museum.

According to **Lloyd Musser**, Museum Curator and this event director, "this event helps fulfill our mission of preserving and interpreting the history of Mt. Hood. This is a chance for Grandparents to ski with their grandchildren and share the memories of skiing the

Glade Trail, when it was the biggest ski adventure on Mt. Hood."



Before ski lifts, all trails started from Government Camp. People had to climb up first, then ski down.
- Lloyd Musser

Lloyd Musser

This is also a perfect opportunity to ski Sand Canyon and the Blossom trail multiple times!

Shuttles will run from 9:00 AM to 4:00 PM allowing ticket holders to make several trail runs. The events of the day are recounted at the Après ski wine party, where prizes are awarded. Wearing vintage ski clothing is encouraged.

The event is possible through the support of Timberline Lodge, Luxury Accommodations, Valians Ski Shop and Mt. Hood Ski Patrol.

Participation is limited to 75 skiers. Tickets are \$125.00 per person, or \$100 for members of Mt. Hood Cultural Center & Museum. For more info, contact Lloyd at 503-367-3946.

Tickets may be purchased at the museum in Government Camp, or by calling 503-272-3301. Visa is accepted.

See more useful info and maps in our [February 2011 issue of Lift Lines #122](#), pages 6 - 10.

Ski the Glade Trail 2.0



March 5, 2017 (Sunday)

This is a new development. The day after the official Glade Trail Day, a similar event will include the Alpine Trail as well. 9am - 6 pm

The Glade Trail will still be groomed. The Alpine Trail will not. But you can ski both. Both will have ski patrol and shuttle buses.

The Alpine Trail starts at Timberline and ends at the Summit ski area in Govy.

The cost will be \$75/\$85. Contact the Mt. Hood Museum for details and to sign up. 503-272-3301.

Spring Passes



Would you like to get unlimited skiing for almost 3 months for just around \$100?

That option is just around the corner, when both Mt. Hood Meadows and Timberline start selling their Spring Passes, valid almost all of March, April and May. Spring Passes usually go on sale after the first weekend in March, usually after the Ski the Glade Trail Day (March 4 - 5).

Spring Pass prices have not been announced yet, but in recent years have been in the following range:

1. Timberline: \$99 – \$110.
2. Mt. Hood Meadows: \$129 – \$149.

2-way Radios

A few years ago, we spent a whole day skiing through fog at Schweitzer Mt. The next day started foggy too. One of our club members stayed in the lodge, looking through the window, waiting to see if the fog would disperse.

The rest of us got on the chairlift and by the time we reached the first tower the fog was gone, replaced by pure sunshine. Pity we couldn't communicate with our friend in the lodge, because he didn't have a radio and we didn't know his cell phone number.

It happened again during the recent Mystery trip. Mt. Spokane was in thick fog. We were



told that the back side is usually less foggy, so we went there. Sure enough, no fog. We tried to communicate with people who had stayed in the day lodge, but there was no cell phone reception, and nobody in the lodge had a radio. Everyone with a radio was skiing on the back side.

For group communications on the slopes, there is nothing better than 2-way radios. Cell phones don't always have a good signal, and even when they do, you can only communicate with one person at a time.

Our club uses radio channel 6 code 19. Don't miss out. Get yourself a radio. It's just \$30 – \$65 for a set of 2 radios at REI.

FWSA

FWSA Mini Ski Week 2017 - Sun Peaks



March 21 - 26, 2017.

Trip details are posted at:

<http://www.fwsa.org/Travel/NAski/2017-FWSA-SunPeaks/2017-FWSA-SunPeaks.html>

Price: from \$355 to \$585

Included: 5 nights lodging at Nancy Greene's Cahilty Lodge, welcome and farewell parties, plus 3 or 4 lift tickets.

Not included: Air or transportation from airport.

Contact: Gloria Raminha, garski2011@gmail.com

Trip Leader, 12707 Windy Ridge Dr., Bakersfield, CA 93312. 661-800-8229 [C], 661-829-5996 [H/F] or Nancy Ellis, VP North American Travel, P.O. Box 9681, Truckee, CA 96162, 530-414-8261 [C],



Speed Racers Corner

Edited by Alan Bean
Mountain High Racing Director
503-849-8009 or Racing@mthigh.org



PACRAT News

Well it has been a fast start to the year, and speaking of fast, did you hear Mt. High racer **Paul Soper** beat **A.J. Kitt** on Sunday as did **Steve Sarich** and **Peter Dodd** of Cascade and Schnee Vogeli respectively. A.J. had a 10 year U.S. Ski Team career finishing third overall in World Cup downhill and eighth overall in the combined in 1992. Honorable mention goes to **Geoff Mihalko** of **Avalanche Express** who beat A.J. head to head only to find A.J. besting Geoff's blue course handicap when Kitt switched courses for the second run.

See the Mt. High Cup standings in the side column to add another dimension to the league and promote Club camaraderie as we progress through the year. So Edgy - one of Mt. High's new teams sits atop the Cup standings after 2 races. A big thanks to those that jumped in at the last minute to help fill up the Mt. High team rosters.

Check out the dates for the **Mt. Hood Meadows Town Challenge** series. The three race courses (March 10, 17, and 25) are set as either a banked slalom or PACRAT similar GS course where teams of 6 co-ed racers compete for the overall cup. The first two races are on Friday nights and the last on a Saturday. Contact the racing director if this sounds like fun and we will try to get a team together and help keep this series running. Individuals can also enter individual races if you happen to be up those days. Other events on the horizon include the **Cancer Ski Out** team race events where team costumes play a large role.

This page would not be complete without a shout out of thanks to **David Lederfine**, owner of **Awesome Ales** who sponsors the program in liquid assets. Dave's new beers this season include: Rambler Lager and Gorge influenced Spooky's Blood Orange (after the iconic pizza joint in the Dalles), and the Dirty Fingers IPA named and sold by the bike shop in Hood River of the same name. We enjoyed his Southern Sky IPA this past after race party.



Upcoming race dates

Feb. 19: PACRAT Race 3 - Skibowl
Feb. 26: **NASTAR Open race #2 - Skibowl**
Mar. 4-5: **Masters Mania races - Skibowl**
Mar. 19: PACRAT Race 4 - Meadows
Mar. 26: PACRAT Race 5 - Timberline
Apr. 2: PACRAT Makeup race - Timberline
Apr. 9: PACRAT Makeup/Fun race - Timberline
Apr. 14: PACRAT Rat Attack awards dinner

More info on the PACRATS web site: www.pacrats.org, or our RACING EVENTS page: www.mthigh.org/Racing_Events.htm

Mt. High Cup standings after 2 races

Team name, bib numbers

1. **So Edgy (140-149)**
2. **Mixed Nuts (50-59)**
3. **Let-R-Rip (170-179)**
4. **Will Ski For Beer (110-119)**
5. **Vertigo Madness (70-79)**
6. **Avalanche Express (230-239)**
7. **Schussing Shysters (40-49)**
8. **Chilled Brewskis (150-159)**
9. **Mt. Hoodlums (190-199)**
10. **Moose On The Loose (80-89)**
11. **Awesome tAles (100-109)**
12. **Rattitudes (10-19)**
13. **Powder Hounds (200-209)**

If you have any questions, please call our Racing director, Alan Bean, at: 503-849-8009, or e-mail Racing@mthigh.org.

Photo on the left:
Moose getting loose for their second run

NASTAR

NASTAR Race at Mt. Hood Skibowl



February 26 (Sunday) 2017

This race is open to everyone! Skiers and snowboarders. Friends and family! It's open to anyone who races or wants to try racing for the first time. Our PACRAT racing league will be running the event, but you don't have to be a PACRAT racer to participate. Just come and give it a try!



AJ Kitt pacesetting for NASTAR

The race will be a NASTAR dual course event. Head to head racing. Everyone gets their own individual time.

The cost is \$10 for 2 NASTAR race runs, or \$20 for an unlimited number of runs.

Register for the event between 8 and 9 am at the Outback Lodge at Skibowl West. It's the A-frame building on your left as you head down toward the first chairlift.

The race starts at 10 am and continues till 1 pm. You can also register at the top of the course.

Win NASTAR medals! Race your friends! Check out your race results and compare them nationally online at www.nastar.com.

See more info on our web site: http://www.mthigh.org/#NASTAR_Open_March

Skiyente & Schnee Vogeli

Mt. Hood Master Mania Races



March 4 - 5 (Sat. - Sun.) 2017

Two days of Masters' ski races at Mt. Hood Skibowl. Note that the word "Master" in this case simply means an adult, not a kid. You don't have to be a master racer! A mediocre racer will do just fine!

Saturday: Turkey Slalom – organized by the Schnee Vogeli club and open to all. Race on Bill's Gold run (formerly Dog Leg trail).

Sunday: Memorial Cup Giant Slalom race – organized by the Skiylene club and open to all. Race on Reynolds Run, Skibowl West.

SCHEDULE OF EVENTS:

Friday Night: Race Pre-Registration 7-9 pm at Huckleberry Inn

Saturday: Race Registration 7-9 am at Ski Bowl West~ Outback Lodge. Race at 10 am.

Saturday Night: Gumbo Feed and Awards 6pm at Huckleberry Inn

Sunday: Race Registration 7-9 am at Ski Bowl West ~ Outback Lodge. Race at 10 am.

Sunday PM: Awards Ceremony ~ Outback Lodge. one hour after race.

REGISTRATION INFO:

\$35 per day of racing for pre-registered racers.

\$40 per day of racing if registered after March 3.

(One time fee of \$15, if not a PNSA/USSA Member - No refunds if DNS.)

For more info please contact: racedirector@skiyente.com

Lodging: \$30 per night Masters' Pricing at Cascade Ski Club, reservations required! Call 503-272-9204.



Northwest Ski Club Council Ski & Ride Challenge

Qualify for a prize: ski or snowboard in a single season at least 7 ski areas shown here: in British Columbia, Colorado, Hawaii, Idaho, Oregon, Montana, Washington, and Wyoming. Just save your lift tickets and/or receipts.



Also included:

COLORADO
Breckenridge

IDAHO
Bogus Basin
Brundage Mt.
Sun Valley

MONTANA
Whitefish Mt.

WYOMING
Grand Targhee
Jackson Hole

BRITISH COLUMBIA
Big White
Silver Star
Sun Peaks
Whitewater
Kicking Horse
Fernie
Kimberley
Nakiska



Entry Form and Rules are posted on the NWSCC website at www.nwski.org



2016/2017 Ski & Ride Challenge

The NW Ski Club Council wants to encourage you to see and ski more places, ... and don't forget the small ones!

Ski or ride any 7 or more resorts during the 2016-2017 ski season to be eligible to win a prize. Just save your lift tickets or receipts, and mail them in at the end of the season.

Ski areas that count are all those in **Oregon, Washington, Hawaii**, as well as our commercial member resorts in **British Columbia, Colorado, Idaho and Wyoming** - as shown on the flyer here.

Save your lift tickets or receipts! Then, at the end of the season, mail them to the Northwest Ski Club Council, Ski Challenge, 5331 SW Macadam Avenue, Suite 258, Box 438, Portland, OR 97239.

Winners will be announced at the start of the following winter season, most likely in December.

Hillcrest Sports 10% discount



Hillcrest Ski & Sports (our PACRAT bib sponsor) in Gresham, Oregon, will give NWSCC members a 10% discount by showing your card.

It's your Mt. High membership card, which also doubles as an NWSCC and FWSA membership card.

Hillcrest Sports is located on your way to and from Mt. Hood at: 2506 SE Burnside, Gresham, Oregon. 503-665-4455.

The Taco Shoppe 20% discount

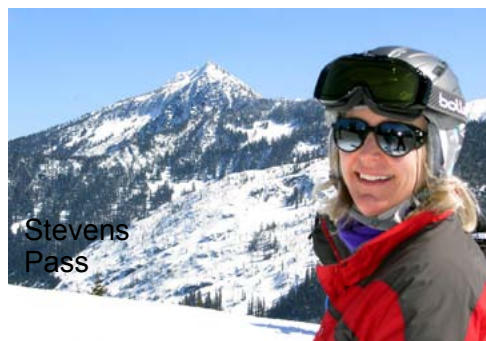


Kevin Bastin, the owner of the Taco Shoppe in Government Camp and also a Mountain High member, has offered us an even better deal than in the past. Instead of just an offer on the burritos, our members can now get a **20% discount off of any item on the menu!** Thanks Kevin!

So, stop at **The Taco Shoppe** in Govy, right next to the Mt. Hood Museum, and get ready to experience something delicious. And say thanks to Kevin!

Mt. High

Leavenworth trip

**Mission Ridge + Stevens Pass****March 17-19, 2017 - 2 days/ 2 nights. THIS TRIP IS STILL OPEN**

Maximum 48 people on the bus; but you can drive if bus is full, if you want to bring your family, or if you are coming from another city.

The bus trips are usually our club's best and most fun events. We'll leave Friday at 3 pm, and return Sunday night by 9:00 -9:30 pm. We'll visit:

1. **Mission Ridge**. 2,250' vertical. 1 Express Quad, 3 Doubles. You can ski by a World War II bomber that crashed on the mountain. Get a 15% dining discount by showing your group lift ticket.

2. **Stevens Pass**, lots of tree skiing, front and back + lots of cruisers! 1,800' vertical on 3 sides of 2 different mountains, served by 3 Quads, 4 Triples, 3 Doubles.

Lodging: The charming town of Leavenworth feels like it's always Christmas there! We have booked almost the entire Obertal Inn, right in the middle of Leavenworth. An "expanded continental breakfast" is included. The breakfast room and the menu have been expanded, now including an egg dish every day. Most rooms have 2 queen beds, though there are a few king rooms too. The Obertal has 3 stories with no elevator. In addition, we have booked three 2 bedroom/2-1/2 bath fully equipped townhomes directly across the street.



The townhomes have one king master suite, one queen bedroom with bath in the hall, and a sleeper sofa downstairs with a half bath (that person has to shower upstairs). We can put 5 people in a townhome with one person on a sleeper at no additional pp cost (\$20 price reduction for the person sleeping on the sofa bed); for more privacy, if you want 4 in a townhome add \$30 pp for 4 people.

All people staying in townhomes have to agree to stay together; we will not assign people who don't know each other into that setting. There is an additional 3 bedroom/2 bath townhome a block away. Breakfasts will not be included for the people staying there.

Two dinners included! The club will provide a Bavarian Banquet Dinner at the Andreas Keller Restaurant in Leavenworth on Saturday night (drinks, appetizers, and alcoholic beverages on your own).

You will also get a buffet dinner at Old Country Buffet in Bellevue on the bus trip back home on Sunday night.

Price: (per pers.) includes: bus, 2 nights lodging, 2 dinners, depends on your age and if you have a Fusion Pass.

Standard Adult, with 2 lift tickets \$360

Standard Adult, with Fusion Pass (Stevens Pass free) \$323

Super Senior, 70+, with 2 lift tickets \$310

Super Senior, 70+ with Fusion Pass (Stevens Pass free) \$295

Non-skier on the bus, including meals \$280

4 people in townhome instead of 5 (all 4 must agree) add \$30 pp.
Contact Linda McGavin for special pricing if you want to drive.

To reserve your spot: Please send in a deposit check of \$150 per person. Full payment due by February 20, 2017. No refunds after February 20, unless you can fill your spot. See our Mt. High Trip Cancellation Policy



Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site. Make check payable to Mountain High Snowsport Club, and mail it to: Mountain High, PO Box 2182, Portland, OR 97208

Contact: trip leader **Linda McGavin** (trip leader) at 503-652-2840, Trips@mthigh.org

More ski trips info at: www.mthigh.org/Trips.htm.

MOUNTAIN HIGH**FWSA Recognition Awards****SNOWSPORT CLUB**

Each year in June, at the **Far West Ski Association's** annual convention, held in a different city each year, several individuals and ski clubs and Councils are awarded prizes of recognition. Here are just some of them. **You too can win.** Make an effort to do something positive and valuable for your club and/or for snow sports, and then either apply directly or let someone nominate you.

The FWSA deadline for nominations is March 26, but it is better to apply earlier than that. For more info on the FWSA awards, check out the FWSA web site, www.fwsa.org, or contact Debbi Kor at: 503-314-7078, ijustwannarun1@comcast.net

Man & Woman of the Year

This is a series of recognitions on different levels.

First, each club recognizes their own man and woman of the year. See the [Awards](#) page on our web site for a list of past winners.

The two people from each club then proceed to the next level (the Northwest region). The NW Ski Club Council selects just one pair (not necessarily from the same club) among all the local club nominees. Those two people then represent the NWSA at the Far West Convention.

At the Far West Convention, one final pair is selected among all the Ski Club Councils in the west.

The grand prize is a trip for two to **Big White**, Canada.

To see who within our club has won in past years, see our AWARDS page on the web site: www.mthigh.org/Awards.htm.

It is now again time to nominate a man and a woman of the year.

Please send in your nominations by March 5, 2017, to any member of our club's Board of Directors. See the list on page 13 and/or on our "Contact Us" web page: www.mthigh.org/Contacts.htm

Simply let us know who you would like to nominate and why. If you put it in writing (an email), so much the better, because then all our Board members can read it.

Safety Person of the Year

This annual award honors the person who has done the most to promote safety consciousness within the association. This can be done through a variety of methods including safety articles, on mountain activities, presentations, public speaking, working ski patrol, creating posters or banners, and many other activities.

The winner receives a 5-day ski/board package to **Telluride** for two that includes: 5 nights lodging at Mountain Lodge Telluride, 4 day lift ticket, and 4 days of rentals. Our latest winner was **Sue Rimkeit**.

Resume & Entry Form must be sent to chairman by the March 26 deadline. See: <http://www.fwsa.org/Awards/awards-recognition/recognition-awards-safety.html>

Western Ski Heritage Award

The aim of the award is to raise the awareness of the contributions made by individuals or groups to all aspects of snowsports – competitive as well as recreational. Also to convey the positive role snowsports has had in its contributions to the communities in the West. It recognizes outstanding effort in the area of snowsports history to find, preserve, document and share the history of snowsports in the West.

The winner receives a 5-day ski/board package to **Steamboat** for two: 5 nights lodging, 5 days skiing, 5 day rentals, a lesson, a tour, and lunch. Past winners were **Emilio Trampuz**, and the **Mt. Hood Museum**.

Submit entry by March 26. See: <http://www.fwsa.org/Awards/awards-recognition/recognition-awards-wsh.html>

Environmental Award

This award is designed to encourage good stewardship of our environment, to inspire and reward creative efforts to conserve and protect our environment. This award should recognize actions that made a difference. For example: Volunteering at the community level, particularly in some leadership role; Organizing environmentally oriented events for the club or council; Writing a series of columns regarding environmental conservation, education or protection in your club newsletter.

The winner receives a 5-day ski/board package to **Aspen/Snowmass** for two: 5 nights lodging split between Aspen & Snowmass, 5 day lift ticket, and 5 days of rentals, a day group lesson. This is a new award.

Submit entry by March 26. See: <http://www.fwsa.org/Awards/awards-recognition/recognition-awards-environment.html>

MOUNTAIN HIGH**Contacts / Club info****SNOWSPORT CLUB****Man & Woman of the Year nominations**

Each year, usually in March, our club honors a Man and Woman of the Year for their contribution to our club and to the sport in general. For a list of previous winners, see the Awards page on our web site.

Please send in your nominations for 2017 to any member of our Board by the end of February.

Mountain High Meeting

Usually last Monday. This is an exception.

March 6 (Mon.): Open to all who want to get involved with the club. Gather at 6 pm. Start at 6:30 pm.

Location: Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy.)

Mountain High snowsport club contacts:

President: Debbi Kor H: 503-314-7078,
Vice-President: Bill King H: 614-371-4762
Secretary: Steve Royce H: 503-413-0493,
Treasurer: Nancy Pratt H: 503-593-9427,
Past President: Kurt Krueger H: 503-625-1492,
Membership Director: Karen Michels H: 503-984-9210,
Racing Director: Alan Bean H: 503-849-8009,
Newsletter Editor: Emilio Trampuz H: 1-503-378-0171,
Social Activities: Debbi Kor H: 503-314-7078,
Trips Director: Linda McGavin H: 503-652-2840,
Golf: Cal Eddy H: 503-805-8606,
Hiking: Chris Brooks H: 503-764-5323,
Bike rides: Jackie Bonillo H: 503-663-3359,
Mid-week skiing: Ken Brundidge H: 503-720-0620,

President@mthigh.org
willie2k@ymail.com
wsroyce49@frontier.com
Treasurer@mthigh.org
PastPresident@mthigh.org
skiklynn@gmail.com
Racing@mthigh.org
newsletter@mthigh.org
ijustwannarun1@comcast.net
Trips@mthigh.org
baebaw@ccgmail.net
jruffman@aol.com
jbon1960@comcast.net
KenBrundidge@comcast.net

General info:
info@mthigh.org

Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership or ☐ Renewal

Name(s): _____ Birthday (MM/DD) _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

I certify that I am 21 years of age or more. I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations, including the Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, and any of their agents (officers, directors, trip captains, and any other Club representatives) from liability for personal injury, property damage, or any other liability of any kind connected with my participation in any club-related activity. Furthermore, I agree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.

Email Preferences: - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
 (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff:

	Deposit?	Paid in full?
<input type="checkbox"/> Annual Membership (Oct. 1, 2016 - Sept. 2017): Single (\$25); couple (\$40)	\$ _____	_____
<input type="checkbox"/> PACRAT Racing (2017) \$110 for the whole season. Team: _____	\$ _____	_____
<input type="checkbox"/> Mystery trip (Jan. 19-22, 2017). Deposit = \$175. Total cost = \$475.	\$ _____	_____
<input type="checkbox"/> Powder Alliance trip (Feb. 25 - March 4, 2017) Deposit = \$250.	\$ _____	_____
Trip options: Age bracket (_____). Will you have a Fusion Pass? [Y / N]		
<input type="checkbox"/> Leavenworth trip (March 17-19, 2017). Deposit = \$150. Total = \$360 or \$323.	\$ _____	_____
<input type="checkbox"/> Other: _____	\$ _____	_____
Total:	\$ _____	_____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Checkmark all desired options.

Club membership = 245 Newsletter Distribution

The February 2017 issue is posted on our web site. Also:
258 copies sent via email (as PDF files)
16 paper printed copies sent via US Mail.
 Copies are also sent to potential members, other clubs,
 the National Ski Club Newsletter, etc.

Seniors Skiing

Here's another good resource for skiers and riders.
 Check out: SeniorsSkiing.com .

The title is "Seniors Skiing", but there is tons of information here of interest to people of all ages.

Here are some examples:

- * [Teach Yourself 3: "Building Blocks" Review](#)
- * [Sundance Rocks \(Sundance Ski Area\)](#)
- * [Demo Day: How To Participate And Enjoy](#)
- * [Road Trip to Small Gems in Eastern Oregon](#)

This last one is the video that Emilio and Kurt Wilke recorded on their recent trip to Eastern Oregon.

You can subscribe to weekly or monthly emails from Seniors Skiing by clicking on the Community tab and then selecting "Subscribe".

Count Your Ski Areas

Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas-2017-02-12.xls>

Read More at Shred Hood

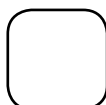


Shred Hood, a very informative online magazine, published by **Ben Jacklet**, covers everything related to Mt. Hood, including:

- * [School Bus Full of Athletes Crashes on Hwy 35](#)
- * [Local Jackie Wiles Earns Her First World Cup Podium in Austria](#)
- * [How To Find Lost Ski with Metal Detector](#)
- * [Double the Days to Ski the Glade in 2017](#)
- * [Petr Kakes the Crazy Czech and his 100-Mile-an-Hour Arctic Man Ski Adventures](#)

This is just a very small sample of the wealth of information available on the Shred Hood site. Check it out.

Subscribe to it for free. Just enter your email address in the blue box at ShredHood.org



Emilio Trampus
 Mountain High Newsletter editor
 4742 Liberty Rd. S., #296
 Salem, OR 97302

Please check our web site,
www.mthigh.org
 for updates.