



# Lift Lines

= No. 170, February 2015 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



## What's With the Weather?

This is the second or third bad winter in a row. Last winter, 2013/14, **Mt. Ashland** never opened. This winter, at the end of January 2015, many local ski areas are not open for skiing, including: **Mt. Ashland, Willamette Pass, Hoodoo, and Mt. Hood Skibowl**. The temperatures everywhere in the West are above average.

Meanwhile, the east coast is experiencing one of the worst snowstorms in recorded history. There's a shift in the weather.

Is this just another El Niño effect? Doubtful, since this is supposed to be a rather weak El Niño. So, why the weather extremes?

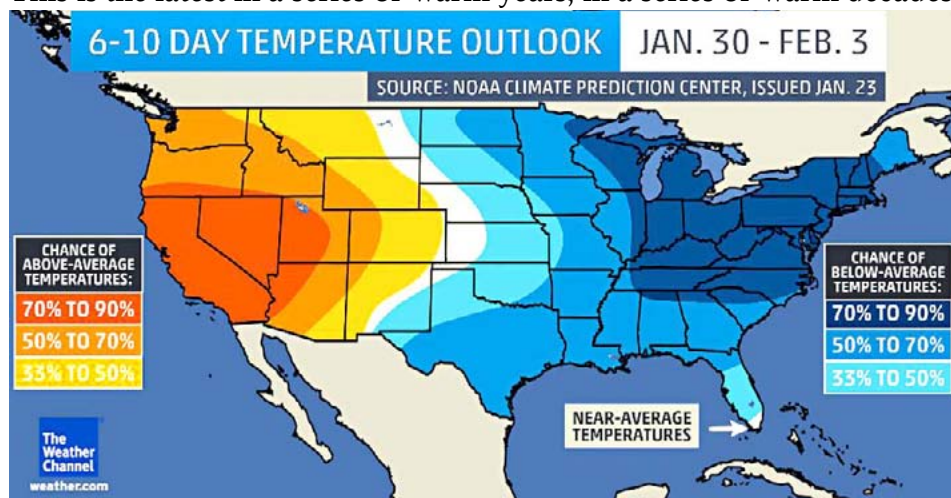
2014 was the warmest on record since 1880, according to two separate analyses by NASA and NOAA scientists.

In fact, the 10 warmest years in the instrumental record, with the exception of 1998, have now occurred since 2000. This trend continues a long-term warming of the planet, according to an analysis of surface temperature measurements by scientists at NASA's Goddard Institute of Space Studies (GISS) in New York.

Since 1880, Earth's average surface temperature has warmed by about **1.4 degrees Fahrenheit** (0.8 degrees Celsius), a trend that is largely driven by the increase in carbon dioxide and other human emissions into the planet's atmosphere. The majority of that warming has occurred in the past three decades. We are creating a planetary greenhouse effect.

## Above average temperatures throughout the West

This is the latest in a series of warm years, in a series of warm decades.



Note the color code.  
Our club is blue.

## 2015 CALENDAR

**Blue:** Mountain High events  
**Red:** NWSCC / FWSA / Multi-club  
**Black:** General events

### FEBRUARY

**Jan. 31 - Feb. 7: FWSA Ski Week:**  
**Whistler/Blackcomb**  
**Feb. 8 (Sun): PACRAT race 3** Skibowl  
**Feb. 14 (Sat): Mt. High Chocolate Party**  
**Feb. 21 (Sat): Photo Party -POSTPONED**  
**Feb. 21 (Sat.): King Winter -** Skiyente  
**Feb. 22 (Sun): PACRAT race 4** Meadows  
**Feb. 21-27: Lake Tahoe Sampler trip**  
**Feb. 23 (Mon.): Mt. High Board mtg.**  
**Feb. 26 (Thur.): Mt. High Pizza party**  
**Feb. 28- Mar. 6: Whitefish + Fernie trip**  
**Feb. 28 (Sat.): Masters Mania slalom**

### MARCH

**Mar. 1 (Sun.): Masters Mania GS race**  
**Mar. 7 (Sat.): Ski the Glade Trail Day**  
**Mar. 8-9: Oregon Cancer ski Out**  
**Mar. 14-21: FWSA Val d'Isere trip**  
**Mar. 15 (Sun): NASTAR race**  
**Mar. 20-22: Crystal Mt. bus trip**  
**Mar. 21-22: Hope on the Slopes**  
**Mar. 22 (Sun): PACRAT race 5** Timberline

### APRIL

**Apr. 4 (Sat): PACRAT Make-up race**  
**Apr. 17 (Fri.): Rat Attack Awards party**

### JUNE

**June 4-7: FWSA Convention -San Diego**

### White Pass day trip

**January 18, 2015.** We had the only real powder day of the season so far! This day trip was added very late to our trips schedule, so we didn't give our members a lot of notice. Also, a number of our people were on trips of their own, or dealing with an illness or death in the family. So, only 17 rode the bus to White Pass, and 4 more joined us there in cars of their own.

We started from the Gateway Transit Center in Portland, and picked up some people in Vancouver. We had coffee and breakfast food on the bus. We showed a video about our club, and also a video about Phil and Steve Mahre, the brothers who grew up at White Pass and became Olympic champions in 1984.

We lucked out with the snow. It snowed all day and it gradually got colder. The snow was light, and the wind spread it around evenly, covering up our previous tracks. In the afternoon, each run seemed like skiing on untouched snow. Ten inches of snow fell that day. It helped that there was a football game starting right after lunch, so those of us who wanted to ski had the powdered slopes all to ourselves.



Door handle at the new on-mountain lodge is made of a chairlift cable.

### Mt. High

### Ski Buddies / Mentors for Beginners – follow-up



Back in December, we first proposed the idea of helping beginners get into the sport. We set up a “[Learn to Ski](#)” web page and an email address devoted to beginners’ questions: [assistant@mthigh.org](mailto:assistant@mthigh.org).

We didn’t advertise this, but it was still discovered by at least one person so far. A young lady was looking for a ski club in our area. Her search revealed several clubs. Why did she choose us? Because we had an announcement on our home page about being willing to help beginners. She wasn’t a total beginner, but she felt she needed some help with her skiing. We managed to do 3 things for her:

- a) First, we gave her a lot of advice via email.
- b) Then, we met with her for a day on the slopes. Once we saw her on skis, we could offer more specific help.
- c) Since she seemed to have a problem with the inside edge of her inside ski catching and dragging in the snow with every turn, we suspected her difficulty in laying her ski flat on the snow might be due to pronation (an inward roll of the foot in the ankle), or perhaps knock knees. So, we recommended that she consult a professional boot fitter to correct any potential mis-alignment.

We referred her to **Greg Coulter**, who runs “**Boots and More Performance LLC**”. He is working at the “Next Adventure” store on Grand Avenue in Portland, and is building the fitting and alignment department there, as well as managing the service department. You can contact Greg at 503-917-9360 or [gculter40@gmail.com](mailto:gculter40@gmail.com).

You too can get involved in helping beginners in a similar way. To get on the list of volunteer “assistants”, please contact **Emilio** at [Emilio2000@earthlink.net](mailto:Emilio2000@earthlink.net)

**NOTE:** The original article announcing our intent to help beginners appeared in the December Lift Lines, and has been reprinted in the Jan.- Feb. 2015 issue of the [National Ski Club Magazine](#), on page 25.



## MOUNTAIN HIGH

## Upcoming Events

## SNOWSPORT CLUB

## Mt. High

## Chocolate Party

**DATE:** Saturday, Feb. 14.**TIME:** 7:00 pm**PLACE:** Janice Jessen & Marv Wakefield3504 Red Cedar Way  
Lake Oswego, OR 97035**Phone:** 503-515-6230. See [Google Map](#)

**WHAT:** Our annual sweet party. Come sample the goodies, or enter the contest yourself by bringing your own chocolate dessert. Four prizes will be awarded for:

- The **most chocolaty (or decadent)** dessert.
- The **most creative** dessert.
- The **lightest (healthiest)** dessert.

After the three un-corruptible and un-briable judges pronounce the winner, everyone will be able to taste ALL the desserts!

**CONTACT:** Please **RSVP** to: **Janice Jessen** 503-515-6230 or [jessen9011@comcast.net](mailto:jessen9011@comcast.net)

## Mt. High

## Quarterly Social / Pizza

**Thursday, Feb. 26.****6:00 pm****Round Table Pizza**10070 SW Barbur Blvd.  
(near Capitol Hwy.)

**WHAT:** Our quarterly social gathering. We'll gather for some pizza. We'll have a selection of pizzas. The food is on the club! Just buy your own drink.

Good food and pleasant company. How much better can life get! As usual, we'll probably have some door prizes, some announcements, some questions.

The Round Table Pizza is not very visible from the street. It is between a McDonald's, a hotel, and a Japanese restaurant.

See our web site for directions and a map.

**CONTACT:** Debbi Kor, 503-314-7078, [ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net)

## Mt. High

## Photo Party – POSTPONED

**Feb. 21, 2015.** Saturday, 6:30 pm.

Our Photo party has been postponed due to timing issues. We'll do it later.

## Sun Peaks = 2nd largest



**Sun Peaks** ski area is now the 2nd largest in British Columbia (after Whistler/Blackcomb, with the addition of 500 new acres, for a total of 4,270 acres.

## Park City + The Canyons = Largest in USA

After **Vail Resorts** just took over **Park City**, and they already own **The Canyons**, Vail's **Epic pass** is already valid this year at both ski areas. Next winter, one or two new lifts will unite the two areas and it will become the largest ski resort in the United States, with at least 1 gondola, 5 six-packs, 9 high-speed quads, 5 fixed quads, 9 triples, 4 doubles, and a few surface lifts. It will have over 7,300 acres, and about 3,200' vertical.

In the near future, connecting with Deer Valley, Brighton, Solitude, Alta and Snowbird is also a real possibility. That would create one of the largest resorts in the world.

## Spring Skiing !



When the snow cover is poor in the first part of the winter, the snow usually does arrive in the Spring. Let's hope this will be true this winter too. So, get ready for some great Spring skiing!

A special **Spring Pass** is normally offered by both **Timberline** (for about \$100) and by **Mt. Hood Meadows** (for about \$130), and they are valid through all of March, April and May. They haven't been announced yet, but these passes are valid from about March 9 onward. (The first weekend in March is usually not included.)

Emilio will be offering **guided side-country tours** of the canyons west of Timberline and the trails to Government Camp.

## Let's try the Mt. Hood Express bus from Sandy



We've been encouraging people to meet up in Sandy and carpool from there. This year, let's try to use the new Mountain Express bus service from Sandy to Skibowl, Government Camp and/or Timberline for just One way fare is just **\$2** (or \$1.50 if you prepay for 20 tickets). That's less than you'd spend on gas!

**Catch the bus** at the Forest Service Park & Ride, right on Hwy. 26, at a bus stop half way between Champion Way and 362nd (which is the Fred Meyer traffic light in Sandy). Turn into Champion Way to park at the Mt. Hood National Forest Information Center.

The most convenient time for us is:

1. Leave Forestry Service Park & Ride at **7:45 am**, arrive at Skibowl West at 8:32 am, arrive at Timberline at 9:00 am.
2. Depart from Timberline at **2:45 pm** or **4:45 pm**. arrive in Sandy at 3:58 or 5:58 pm.

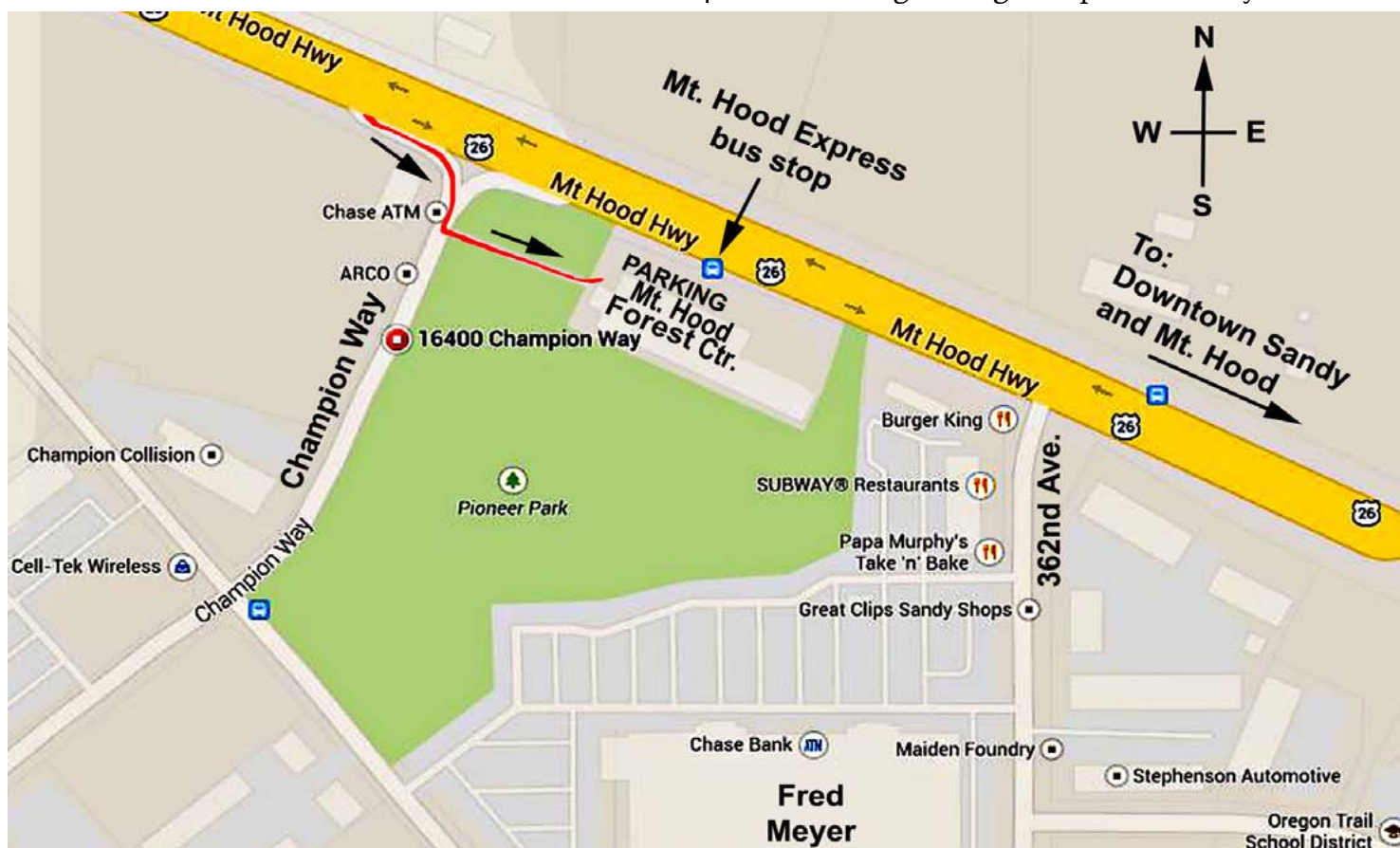
See the schedule on the Clackamas County Mountain Express website, <http://www.mthoodexpress.com/#!/schedule-map/clh6a>

If you miss us there, try to connect with us on the Mountain using 2-way radios on channel **6-19**. But, this might not be easy. We often carry 2-way radios on ski trips to new places, but few of us seem to use them on our local mountain.

So, it's best to connect in Sandy and start the day together.

Only, which days will this happen? Well, there is no fixed schedule. If we find out there is a group of us going, we'll try to let everyone know via an email blast.

Also, remember to **communicate directly** with other club members using our online **Forum** and our **Facebook** page. There are menu buttons to both on our home page at [www.mthigh.org](http://www.mthigh.org). Feel free to announce your intentions to go skiing on a particular day.





## PACRAT News

## Pacific NW Area Clubs Recreational Alpine Teams



**Bruce Kuper**  
Mt. High Racing Director

Our initially assigned "second" race turned out to be our first race of the season, since our first NASTAR Open race and our first PACRAT race were cancelled for lack of a solid enough snow base.

Our make-up race date on April 4 will now be a real race.

It is also possible that we might hold two races on the same day, or maybe even combine the NASTAR and PACRAT races into a single event. Stay tuned.

It's still not too late to sign up. A \$99 racing fee covers all 5 races and parties.

Run some gates. Each racer gets two runs. Watch how the other racers are doing. Then, after each race there is food and refreshments served, results are posted in the lodge, and several door prizes are handed out!

If you want to join us, just contact our Racing Director, **Bruce Kuper**, at [bruku@comcast.net](mailto:bruku@comcast.net).



## Race dates for 2014/15.

**Jan. 4 (Sun): NASTAR race - CANCELED**  
**Jan. 11 (Sun): PACRAT race 1 -Skibowl- CANCELED**  
**Jan. 25 (Sun): PACRAT race 2 - Meadows**  
**Feb. 8 (Sun): PACRAT race 3 - TBD**  
**Feb. 22 (Sun): PACRAT race 4 - Meadows**  
**Mar. 15 (Sun): NASTAR race**  
**Mar. 22 (Sun): PACRAT race 5 - Timberline**  
**Apr. 4 (Sat): PACRAT Make-up race**  
**Apr. 17 (Fri.): Rat Attack awards dinner party**

More info on our web site: [www.mthigh.org/Racing.htm](http://www.mthigh.org/Racing.htm)

## Mt. High Team captains

Team name	Team captain	Email address
Avalanche Express	Gary Gunderson	<a href="mailto:ktgpdx@frontier.com">ktgpdx@frontier.com</a>
Awsome tAles	Alan Bean	<a href="mailto:abean@nwgeotech.com">abean@nwgeotech.com</a>
Blizzardos	Linda Eidemiller	<a href="mailto:2lindaloo@gmail.com">2lindaloo@gmail.com</a>
Chilled Brewskis	Brenda Becerra	<a href="mailto:LetsPlayOnTheMt@hotmail.com">LetsPlayOnTheMt@hotmail.com</a>
Frosted Flakes	Stevie Viaene	<a href="mailto:stevie.viaene@gmail.com">stevie.viaene@gmail.com</a>
Lab Rats	Lonny Schiller	<a href="mailto:landkschiller@gmail.com">landkschiller@gmail.com</a>
Mixed Nuts	Samy Fouts	<a href="mailto:samyfouts@comcast.net">samyfouts@comcast.net</a>
Moose on the Loose	Jack Folliard	<a href="mailto:jfolliard@comcast.net">jfolliard@comcast.net</a>
M.O.T.L. Co-captain	Lisa Warzyn	<a href="mailto:lethal_lisa069@hotmail.com">lethal_lisa069@hotmail.com</a>
On the Edge	Kathryn LePore	<a href="mailto:klepore3@gmail.com">klepore3@gmail.com</a>
Mt. Hoodlums	Phil Mant	<a href="mailto:phil6666@aol.com">phil6666@aol.com</a>
Rattitudes	Chris Wiley	<a href="mailto:Chris2007@Yhuji.com">Chris2007@Yhuji.com</a>
Schussing Shysters	McCoy Smith	<a href="mailto:McCoySmith@comcast.net">McCoySmith@comcast.net</a>
Vertigo Madness	Melinda Kai	<a href="mailto:kaio13@frontier.com">kaio13@frontier.com</a>

## What Every Racer Should Know

- 1. The races are all dual slalom.** Two racers start at the same time, each in his/her own parallel course. The two courses are usually referred to as the BLUE and RED courses. Split up your team into two. Half the people will run the RED course while the others run the BLUE course. In the second run, you will switch courses.
- 2. You don't HAVE to start when the announcer says: GO!** Some people like that, if the two side-by-side racers actually want to go head-to-head. But, if you feel nervous about having another racer just a few feet away, feel free to start at any time. Your timer doesn't start counting until your legs push the starting gate open. So, feel free to jump ahead or to wait for the other racer to go first and start a few seconds later. It's up to you.
- 3. Only your best run of the day counts.** It doesn't matter if you fall in one run and don't even complete it. It's OK to even skip the second run altogether if the conditions are bad. Each racer wins a point just by successfully running the whole course, but once is enough. One good run is all you really need.
- 4. Course inspection and side-slipping.** They don't let us ski through the course. But, you are allowed to slowly side-slip the course. The side-slipping helps in 2 ways:
  - a) It makes the course a bit smoother. It's like we are grooming the slope with our skis.
  - b) It gives you a chance to take a good look at the course and familiarize your self with it. Usually, there are no big surprises. The course is usually a relatively rhythmic series of left and right turns.

Each year in June, at the **Far West Ski Association's** annual convention, held in a different city each year, several individuals and ski clubs and Councils are awarded prizes of recognition. Here are just some of them. **You too can win.** Make an effort to do something positive and valuable for your club and/or for snow sports, and then either apply directly or let someone nominate you.

The FWSA deadline for nominations is March 20, but it is better to apply earlier than that. For more info on the FWSA awards, check out the FWSA web site, [www.fwsa.org](http://www.fwsa.org), or contact Debbi Kor at: 503-314-7078, [ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net)

### Man & Woman of the Year

This is a series of recognitions on different levels.

First, each club recognizes their own man and woman of the year. Our two winner from the past year are posted on page 13.

The two people from each club then proceed to the next level (the Northwest region). The NW Ski Club Council selects just one pair (not necessarily from the same club) among all the local club nominees. Those two people then represent the NWSCC at the Far West Convention.

At the Far West Convention, one final pair is selected among all the Ski Club Councils in the west.

The grand prize is a trip for two to **Big White**, Canada.

To see who within our club has won in past years, see our AWARDS page on the web site: [www.mthigh.org/Awards.htm](http://www.mthigh.org/Awards.htm).

It is now again time to nominate a man and a woman of the year.

**Please send in your nominations by February 23, 2015, to any member of our club's Board of Directors.** See the list on page 13 and/or on our "Contact Us" web page: [www.mthigh.org/Contacts.htm](http://www.mthigh.org/Contacts.htm)

Simply let us know who you would like to nominate and why. If you put it in writing (an email), so much the better, because then all our Board members can read it.

### Safety Person of the Year

This annual award honors the person who has done the most to promote safety consciousness within the association. This can be done through a variety of methods including safety articles, on mountain activities, presentations, public speaking, working ski patrol, creating posters or banners, and many other activities.

The winner receives a 5-day ski/board package to **Telluride** for two that includes: 5 nights lodging at Mountain Lodge Telluride, 4 day lift ticket, and 4 days of rentals. Our latest winner was **Gordon Lusk**.

Resume & Entry Form must be sent to chairman by the March 20 deadline. See: <http://www.fwsa.org/Awards/awards-recognition/recognition-awards-safety.html>

### Western Ski Heritage Award

The aim of the award is to raise the awareness of the contributions made by individuals or groups to all aspects of snowsports – competitive as well as recreational. Also to convey the positive role snowsports has had in its contributions to the communities in the West. It recognizes outstanding effort in the area of snowsports history to find, preserve, document and share the history of snowsports in the West.

The winner receives a 5-day ski/board package to **Steamboat** for two: 5 nights lodging, 5 days skiing, 5 day rentals, a lesson, a tour, and lunch. Our latest winner was **Emilio Trampuz**.

Submit entry by March 20th. See: <http://www.fwsa.org/Awards/awards-recognition/recognition-awards-wsh.html>

### Environmental Award

This award is designed to encourage good stewardship of our environment, to inspire and reward creative efforts to conserve and protect our environment. This award should recognize actions that made a difference. For example: Volunteering at the community level, particularly in some leadership role; Organizing environmentally oriented events for the club or council; Writing a series of columns regarding environmental conservation, education or protection in your club newsletter.

The winner receives a 5-day ski/board package to **Aspen/Snowmass** for two: 5 nights lodging split between Aspen & Snowmass, 5 day lift ticket, and 5 days of rentals, a day group lesson. This is a new award.

Submit entry by March 20th. See: <http://www.fwsa.org/Awards/awards-recognition/recognition-awards-environment.html>



**Northwest Ski Club Council  
Ski Challenge**  
2014 - 2015

Qualify for a prize: ski or snowboard in a single season at least 7 ski areas shown here: in Alaska, British Columbia, California, Colorado, Hawaii, Idaho, Oregon, Montana, Washington, and Wyoming. Just save your lift tickets and/or receipts.

**Alaska**  
Aurora Skiland  
Moose Mt.  
Arctic Valley  
Hill Top  
Mt. Alyeska  
Mt. Eyak  
Eaglescrest

**Hawaii**  
Mauna Kea

**Washington**  
Mt. Baker  
North Cascade Heli-Skiing  
Mt. Spokane  
Hurricane Ridge  
Stevens Pass  
Cascade Powder Cats  
Leavenworth Ski Hill  
Mission Ridge  
Summit at Snoqualmie  
Crystal Mountain  
White Pass  
Ski Bluewood

**Oregon**  
Mt. Ashland  
Warner Canyon  
Timberline  
Mt. Hood Meadows  
Mt. Hood Ski Bowl  
Hoodoo  
Mt. Bachelor  
Willamette Pass  
Anthony Lakes  
Cooper Spur  
Spout Springs

**Also included:**

**CALIFORNIA**  
Mammoth Mt.

**COLORADO**  
Aspen/Snowmass

**IDAHO**  
Brundage Mt.  
Schweitzer Mt.  
Sun Valley

**MONTANA**  
Whitefish Mt.

**WYOMING**  
Grand Targhee  
Jackson Hole

**BRITISH COLUMBIA**  
Big White  
Fernie  
Sun Peaks  
Kimberley  
Whitewater  
Nakiska  
Kicking Horse

Entry Form and Rules are posted on the NWSCC website at [www.nwskiers.org](http://www.nwskiers.org)

## Ski Challenge

The NW Ski Club Council wants to encourage you to see and ski more places, ... and don't forget the small ones!

Ski or ride any 7 or more resorts during the 2014-2015 ski season to be eligible to win a prize. Just save your lift tickets or receipts, and mail them in at the end of the season.

Ski areas that count are all those in **Oregon, Washington, Alaska, Hawaii**, as well as several in **British Columbia** (Big White, Sun Peaks, Whitewater, Kicking Horse, Fernie, Kimberley and Nakiska), one in **California** (Mammoth Mt.), **Colorado** (Aspen/Snowmass), 3 in **Idaho** (Brundage Mt., Schweitzer Mt., and Sun Valley), and 2 in **Wyoming** (Grand Targhee, Jackson Hole).

**Save your lift tickets** or receipts! Then, at the end of the season, mail them to the Northwest Ski Club Council, Ski Challenge, 5331 SW Macadam Avenue, Suite 258, Box 438, Portland, OR 97239.

Winners will be announced at the start of the following winter season, most likely in December.

## Mt. Hood Meadows Lift Tickets



Mt. Hood Meadows lift tickets are available at a group discount price for just \$64. This price is good for all NWSCC club members (and that includes all Mt. High members).

To purchase these tickets, contact either:

1. The Bergfreunde club office: 503-245-8543 ... or
2. Call **Shawn Storey** at 360-910-8709.

## The Taco Shoppe 20% discount



**Kevin Bastin**, the owner of the Taco Shoppe in Government Camp and also a Mountain High member, has offered us an even better deal than in the past. Instead of just an offer on the burritos, our members can now get a **20% discount off of any item on the menu!** Thanks Kevin!

So, stop at **The Taco Shoppe** in Govy, right next to the Mt. Hood Museum, and get ready to experience something delicious. And say thanks to Kevin!

**The Whitefish trip is now full, unless we can get exactly 3 more people! There is a waiting list.**

**NOTE:** On the Whitefish trip, a 3 of 5 days pass is included in the price, and for an additional \$44.10 per day, you can order a 4 or 5 day pass. You can use the pass on ANY of the 5 days we'll be there. We suggest that everyone ski at Whitefish on days 1, 2, and 5. Day 3 we will visit Fernie. Day 4 is optional (ski, shop, sightsee, cat ski).

Near the top of Whitefish Mt.



**Whitefish trip price** includes round trip train seat, 4 nights ski-in/ski-out lodging, 3 day pass at Whitefish, and at least one dinner. Due to error, we need to add \$37.

Adults = \$638 + \$37 = \$675

Seniors (65+) = \$606 + \$37 = \$643

Super Seniors (70+) = \$497 + \$37 = \$534

#### Additional train option:

1. Sleeper bunk bed on train: **\$235** (round trip, pp/do)

#### Other trip options: (all based on group discounts)

1. Additional Whitefish tickets = **\$44.10** per day
2. Fernie day trip = Approximately **\$105**.
3. Snowcat skiing = Approximately **\$395 - \$250**.

In order to get the group discount price, all these options must be reserved in advance. So, let us know your intentions right away. Mark it on the sign-up form.

#### Payment schedule:

1. **\$100 deposit** due now to reserve your spot.
2. **Half of the total amount** is due by November 27.
3. **Full payment** due by January 14. No refunds after January 14 unless you can fill your spot. See our Mt. High [Trip Cancellation Policy](#).

Please use the [Dough Transmittal Form](#) (on the page before last) or find the form on the FORMS & DOCS web page. Make check payable to **Mountain High Snowsport Club**, and mail it to:

Mountain High, PO Box 2182, Portland, OR 97208.

More ski trips info at: [www.mthigh.org/Trips.htm](http://www.mthigh.org/Trips.htm).

### Mt. High Whitefish Mt. train trip



**February 28 - March 6 (Sat. - Fri.) 2015**

We'll leave Portland on Saturday afternoon, by train. Arrive in Whitefish at 7:30 am, leave our luggage in the on-mountain condo, and hit the slopes!

We'll spend a total of 5 days there, returning on the evening train on Thursday, March 6, and arriving back in Portland around 11:15 am Friday morning.

**Whitefish Mountain** (formerly Big Mountain) offers 2,353 vertical feet, over 3,000 acres, served by 14 lifts, of which 3 are high speed quads.

This coming season, Whitefish is installing a new triple chairlift that will open 6 new trails and some glade skiing.

We will stay in ski-in/ski-out condos within the on-mountain village.

The basic trip includes a **3-day pass** to Whitefish, thus leaving 2 days (in the middle of the week) for other optional activities. Our options are:

1. **Ski** at Whitefish for an additional **\$44.10** per day.
2. **Take a rest** day for shopping or sightseeing.
3. **Day trip to Fernie** (Canada), just 2 hours and 15 minutes north. 3,550' vertical. If 20+ of us go, we can rent a bus. Cost is about **\$105** for bus and lift ticket.
4. **Snowcat skiing** with the Great Northern Powder Guides, just 25 minutes north of Whitefish. The cost is \$375 per person per day, plus about \$15 for transportation from our condos to the site. This has to be booked well in advance. The price can go down to just \$250 per person if we manage to get 14 people.

In order to get group discounts for the above, we need to buy in advance. So, answer the following questions:

- a) How many days will you ski at Whitefish, 3, 4, or 5?
- b) Which side trips do you want (Fernie, Snowcat)?

Most likely, most of us will ski Whitefish on days 1 and 2 (Sunday and Monday), and also on the last day (Thursday). The two optional days are Tuesday and Wednesday, March 3 and 4.

Two nights will be spent on the train, one in each direction. **All the 14 sleeper spots are now taken. Half of us will spend the night in comfortable, reclining coach seats (with leg rests), the only ones now available.**

Your trip leaders are:

**Emilio Trampuz**, [Emilio2000@earthlink.net](mailto:Emilio2000@earthlink.net) and **Sandra Smith**, [sandra@pacifier.com](mailto:sandra@pacifier.com)



## Mt. High

## Crystal Mountain, WA



**March 20-22, 2015** A weekend bus trip, 2 nights/2 days. We leave Friday around 5:00 pm. Lots of fun on the bus – this is the best way to get to know other club members! We'll return Sunday by 8:30 pm.

**Crystal Mountain** is the largest ski area in Washington with 3,100 vertical feet of skiing, with over 50 named runs. There's everything from gentle groomed cruising runs for beginners to challenging steeps - backcountry, glades, chutes and unbelievable black runs for the more adventurous. This is why SKIING Magazine voted Crystal Mountain the #7 top mountain in North America. **NOTE: There are only about 5 spots left on this trip!**



Linda McGavin  
at Crystal Mt.



There is one 8-passenger gondola, 2 six-pack hi-speed lifts, 2 hi-speed quads, 2 triples, and 3 doubles., serving 2,300 acres of lift served terrain, plus 500 acres of backcountry.

NEWS: Two lifts are being replaced by new ones in time for this winter:

1. **The High Campbell Chairlift**, for experts only, which was destroyed in an avalanche this past season, is being replaced by a new fixed grip double chairlift made by SkyTrac, the only American ski lift manufacturer.
2. **The Quicksilver fixed-grip double chairlift**, serving intermediate terrain, is being replaced by a fixed-grip quad lift.

**Lodging:** We'll stay at the Park Center Hotel in downtown Enumclaw, 45 minutes from the mountain, with easy access to a variety of restaurants and bars. Breakfast is provided for hotel guests, and there is an indoor hot tub.

The price is only **\$240** for the bus trip, 2 nights' lodging, 2 breakfasts, and one lift ticket.

**Seniors (70 and over)** pay only: **\$215**.

The reason for only one lift ticket is that on Sunday, March 22, Crystal Mountain is allowing all NWSCC club members to buy tickets at half price, but you have to go to the ticket window yourself and show your NWSCC card (i.e. your club membership card; you'll get it when you renew your club membership for this season).

Use the [Dough Transmittal form](#) on the page before last (or on our FORMS web page) to send **\$100 deposit**, due by November 30. Full payment due by February 15, 2015. No refunds after February 15 unless you can fill your spot. Contact trip leader **Linda McGavin** at (503)652-2840 or e-mail [Trips@mthigh.org](mailto:Trips@mthigh.org).



## MOUNTAIN HIGH

## Multi-club Trips &amp; Events

## SNOWSPORT CLUB

FWSA

## Far West Trips



Click on underlined blue links or go to [www.FWSA.org](http://www.FWSA.org).



**FWSA SKI Week: Whistler / Blackcomb, January 31 - February 7, 2015.** A week of skiing and racing in Canada. Price: \$1,299 - \$1,339 per person depending on the type of lodging. This includes 7 nights lodging, 5 lift tickets, banquet, council party, apres ski, races, & more. Air not included.

**Last call! This trip is almost full.**

Mail check to: NWSCC Whistler Trip, 5331 SW Macadam Ave. Suite 258, Box 438, Portland, OR 97239. Contact: **Chris Ciardi**, [c2blondie@hotmail.com](mailto:c2blondie@hotmail.com), 503-297-5351  
**Barbara Bousum**: [BBousum@gmail.com](mailto:BBousum@gmail.com) 503-224-3584



**FWSA European Ski Week: Val d'Isere, France.** March 14-21, 2015. Price for land package: \$1995 - \$2616 pp. Includes: 7 nights lodging, daily breakfast, welcome and farewell parties, 5

nights dinner (2 nights free to explore local restaurants). Air and lift tickets not included.

Optional pre-trip to Paris and post-trip to Provence.

Make checks out to: Far West Ski Association (FWSA) for "FWSA 2015 Int'l Trip". Send to: Debbie Stewart, FWSA VP of Int'l Travel, 430 S. Church St., Visalia, CA 93277. [FwsaIntlTrvl@prodigy.net](mailto:FwsaIntlTrvl@prodigy.net)



**FWSA Heli Skiing at Revelstoke, BC with CMH Heli-Skiing.**

March 15 - 21, 2015. (5 nights / 4 days of heli-skiing). Fly to Kelowna, then go by CMH bus

or car to Revelstoke. Price = \$5,830 pp double occupancy (plus taxes) or \$6,480 pp single supplement (plus taxes). Contact: Nancy Ellis, FWSA VP North American Travel, 530-414-8261 email: [vpnorthamericantravel@fwsa.org](mailto:vpnorthamericantravel@fwsa.org)



**FWSA Mini Ski week: Whitefish, MT.**

March 30 - Apr 4, 2015 (5 nights / 3 or 4 days of skiing). Price = \$550 (3 days skiing), or \$600 (4 days skiing).

Included: 5 nights lodging at Grouse Mountain Lodge on the outskirts of the town of Whitefish with free shuttles to the mountain. Trip Leader: Gloria Raminha, 661-829-5996 [H], 661-800-8229 [C], [garski2011@gmail.com](mailto:garski2011@gmail.com)

Bergfreunde Lake Tahoe Sampler

**Feb. 21 - 27, 2015.** Carpooling trip.

**Cost:** \$332 (ppdo, land only) includes: 6 nights lodging, 2 group dinners, Hospitality room Sun, Mon, Fri., a dinner dance cruise on the M.S. Dixie II paddle wheeler. Lodging in South Lake Tahoe.

**Skiing:** We'll be playing it by ear and taking advantage of any lift ticket deals that are offered.

Make checks payable to **Bergfreunde Ski Club**.

**Payments to:** Bob Burns, 9980 SW Citation Place Beaverton, OR 97008. 503-524-5261 (phone/fax), [bob@inkjetman.com](mailto:bob@inkjetman.com). Details on Mt.High web site.

## Skiyente

## King Winter party



**Feb. 21 (Saturday) 7:00 pm.**

The Skiyente Ski Club held its annual King Winter party at Charlie's Mountain View Pub in Government Camp (Mt. Hood) to celebrate the crowning of King Winter 2015!

More info on the [Skiyente web site](#)

## Masters Mania Race Weekend



**Feb. 28 - March 1.** A Slalom on Saturday, GS on Sunday. Organized by the Skiyente and Schnee Vogeli clubs. Open to all PACRAT racers.

See more info on our Racing Events page: [http://www.mthigh.org/#Masters\\_Races](http://www.mthigh.org/#Masters_Races)

## Race Training



**Fridays, Saturdays, Sundays.**

Coach **Greg Dilger** holds Slalom and GS training every Friday, Saturday and Sunday, usually at Mt. Hood Skibowl or Timberline.

These **training days** are open to all who want to improve their skiing and/or racing skills. Meet at the day lodge by the fireplace before 8:30. Training starts at 9 am. The training session costs **\$40** on Fridays, or **\$60** on weekends.

Contact coach Greg at: [gdilger2@yahoo.com](mailto:gdilger2@yahoo.com) if you are interested in the training or if you would like to be on his mailing list.

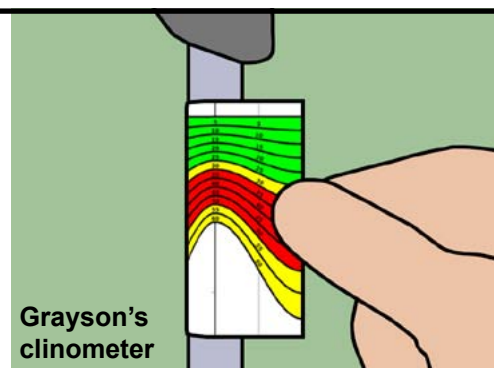




Emilio's  
clinometer

## Pole Clinometers COMPARED

Last year, we introduced you to an inclinometer for measuring slope steepness and alerting to avalanche danger. See it on our ARTICLES web page, under EQUIPMENT. [www.mthigh.org/Articles/Inclinometers.htm](http://www.mthigh.org/Articles/Inclinometers.htm). Attach it to your ski pole, and you can measure the slope steepness



Grayson's  
clinometer

A year later, a new, more accurate version was developed by **Grayson King**, [grayson@snowander.com](mailto:grayson@snowander.com), who gave Emilio credit for the inspiration, but then improved the accuracy by compensating for the distortion introduced by the curvature of the ski pole. See more info at: <http://poleclinometer.com/>. The new product is a kit containing 3 Pole Clinometer stickers to fit all standard pole shaft diameters, a clear Protective Skin for rugged durability, Alcohol Wipes for surface prep, and Easy-to-Follow installation and use Instructions. See video and get one on **Kickstarter**: <https://www.kickstarter.com/projects/1368073986/poleclinometertm-the-ski-pole-inclinometer-sticker?ref=PoClweb>

**FIRST IMPRESSIONS:** The improvement seems a good one. But what is gained in accuracy is also somewhat lost because while Emilio's clinometer has lines for each 2 degrees, Grayson's lines are set only every 5 degrees, and the in-between values have to be extrapolated in your head. Also, the amount of distortion created by the curvature of the ski pole depends on the diameter of the ski pole. Emilio's own ski pole is not round but aerodynamic, almost like a wing, providing more of a flat surface along the sides, and thus improving the accuracy. Of course, most people have round ski poles. A more detailed side-by-side comparison will be performed soon.

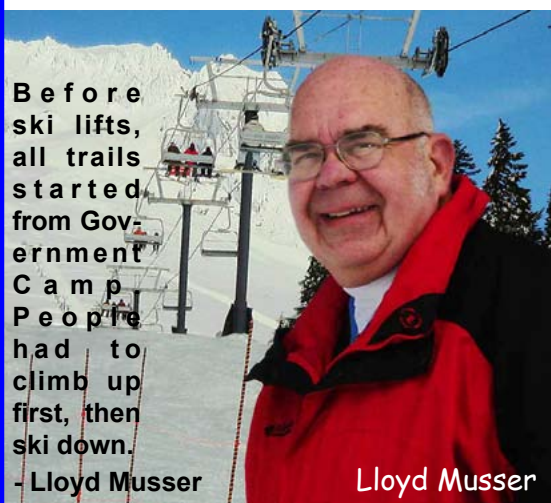
In the meantime, we will give away a few clinometer on upcoming ski trips, just like we did on the White Pass trip.

## Ski the Historic Glade Trail Day



**March 7, 2015 (Saturday)** Annually, on the first Saturday of March, by special permit from the Mt. Hood National Forest, the **Glade Trail** is opened and groomed for this living history event. This full-day event is a chance to experience a historical way of skiing on Mt. Hood. Skiers are shuttled to Timberline Lodge by bus, escorted down the 3.0 mile trail to Government Camp by local guides and the Mt. Hood Ski Patrol. Lunch, Après ski party and prizes are included in this unique fund-raiser for the Mt. Hood Museum.

According to **Lloyd Musser**, Museum Curator and this event director, "this event helps fulfill our mission of preserving and interpreting the history of Mt. Hood. This is a chance for Grandparents to ski with their grandchildren and share the memories of skiing the Glade Trail, when it was the biggest ski adventure on Mt. Hood."



Before  
ski lifts,  
all trails  
started  
from Gov-  
ernment  
Camp.  
People  
had to  
climb up  
first, then  
ski down.  
- Lloyd Musser

Lloyd Musser

This is also a perfect opportunity to ski Sand Canyon, the Blossom trail, and the Alpine trail multiple times!

Shuttles will run from 9:00 AM to 4:00 PM allowing ticket holders to make several trail runs. The events of the day are recounted at the Après ski wine party, where prizes are awarded. Wearing vintage ski clothing is encouraged.

The event is possible through the support of Timberline Lodge, Luxury Accommodations, Valians Ski Shop and Mt. Hood Ski Patrol.

Participation is limited to 75 skiers. Tickets are \$125.00 per person, or \$100 for members of Mt. Hood Cultural Center & Museum. For more info, contact Lloyd at 503-367-3946.

Tickets may be purchased at the museum in Government Camp, or by calling 503-272-3301. Visa is accepted.

See more useful info and maps in our [February 2011 issue of Lift Lines #122](#), pages 6 - 10.



## Mountain High club resources

Make the most of your club membership. Use at least some of the many resources available.

**Ski Areas info.** Over 160 western ski areas are just a click away on our "Ski Areas" web page: [www.mthigh.org/SkiAreas.htm](http://www.mthigh.org/SkiAreas.htm)

**Forums:** Connect with other club members. Ask questions. Arrange to meet for a day on the slopes. Share your thoughts. On our web site,

in the main menu, we have 2 Forums, one for all club members, and one for mid-week skiers.

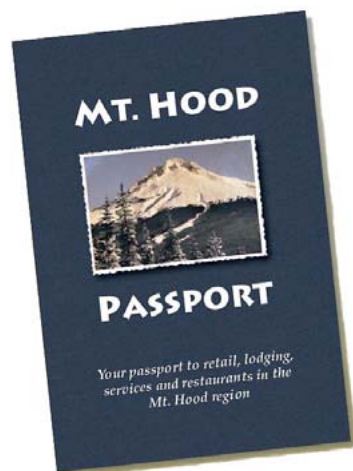
**Facebook:** Post something on our Facebook page, at <https://www.facebook.com/groups/1528330064067232/>

**Bulletin Board:** Post an announcement. Have something to sell or to offer to our club members? Go to our Bulletin Board and read the instructions at the top about how to post stuff there. [www.mthigh.org/BulletinBoard.htm](http://www.mthigh.org/BulletinBoard.htm) .

**Articles:** Our ARTICLES web page is a repository of useful information on a variety of topics, sorted into categories such as: Safety, Racing, Travel, Ski Areas, Local Lore & Local Issues, Equipment, Technology, and Humor.

All of the above is just a small sample. There is much more. Check out our Racing pages, our Awards, Blogs, Photos, Videos, and our Vision of the future of skiing. It's all at [www.mthigh.org](http://www.mthigh.org) .

## Mt. Hood Passports



Get the passport for \$10, and get over \$300 in discounts/promotions. Visit local businesses on Mt. Hood, make use of their special offers and get you passport stamped.

Prior to PACRAT's Rat Attack in April 2015, return your stamped passport back to **Barb Pressentin** or any board member of PACRAT/ NWSCC for the big drawing with many prizes.

Purchase your passport at any PACRAT race, or contact **Barb** at: 503-267-9522 or email: [BP2Ski@gmail.com](mailto:BP2Ski@gmail.com) . She can mail it to you.

## Oregon Cancer Ski Out

March 8 - 9, 2015. (Sunday and Monday)

A fun two-day ski/snowboard event at Mt. Hood Meadows, raising money for hospice, cancer research, education and prevention programs.

Beneficiaries are: the OHSU Cancer Institute, the Willamette Falls Hospice, and the Candlelighters (a grass-roots organization supporting children with cancer).

Two races are held, and only consistency counts; not speed. Teams of 5 compete in an effort to match their overall time in Monday's race as closely as possible to their results from Sunday's race.

Wonderful video at: [www.youtube.com/watch?v=3yo8cgULE8o](http://www.youtube.com/watch?v=3yo8cgULE8o)

Early Registration = \$179 per person (before December 31, 2014)

Normal registration = \$199 per person (after December 31, 2014) .

See: [http://www.mthigh.org/index.htm#Oregon\\_Cancer\\_Ski\\_Out](http://www.mthigh.org/index.htm#Oregon_Cancer_Ski_Out)

## Hope on the Slopes

**March 21 - 22, 2015:** (Saturday - Sunday) - at Mt. Hood Skibowl.

24 hours of skiing, 10 am - 10 am. A vertical challenge, where competitors earn points for both dollars raised and the total vertical feet skied. Teams can consist of between 4 and 10 people. You can also compete individually. There are no age restrictions. Benefit for the American Cancer Society.

Registration is \$40 per person, or \$150 per team (for up to 10 members. Each participant is encouraged to raise a minimum of \$200. Prizes include lift tickets, skis, snowboards, and clothing.

Register: <http://hots.kintera.org/faf/home/default.asp?ievent=1124453>

Contact: **Devin Jenkins**, [devinhots@gmail.com](mailto:devinhots@gmail.com)



## MOUNTAIN HIGH

## Contacts / Club info

## SNOWSPORT CLUB

## Man &amp; Woman of the Year

Our club's Man and Woman of the Year for 2014, were: **Kurt Krueger** and **Nancy Pratt**.

**Send in your nominations for 2015 to any member of our Board by the end of February.**



## Mountain High Meeting

Usually last Monday

**Feb. 23 (Mon.):** Open to all who want to get more involved with the club.

Gather at **6:00 pm**. Start at **6:30 pm**.

**Location:** Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy.)

## Mountain High snowsport club contacts:

<b>President:</b>	Debbi Kor	H: 503-314-7078,	<a href="mailto:President@mthigh.org">President@mthigh.org</a>
<b>Vice-President:</b>	Terry White	H: 503-781-4558	<a href="mailto:TWhite223@msn.com">TWhite223@msn.com</a>
<b>Secretary:</b>	Lisa Scribner	H: 360-904-1302,	<a href="mailto:LScribner98@yahoo.com">LScribner98@yahoo.com</a>
<b>Treasurer:</b>	Nancy Pratt	H: 503-593-9427,	<a href="mailto:Treasurer@mthigh.org">Treasurer@mthigh.org</a>
<b>Past President:</b>	Kurt Krueger	H: 503-625-1492,	<a href="mailto:President@mthigh.org">President@mthigh.org</a>
<b>Membership Director:</b>	Karen Michels	H: 503-984-9210,	<a href="mailto:skiklynn@gmail.com">skiklynn@gmail.com</a>
<b>Race Director:</b>	Bruce Kuper	H: 503-975-8039,	<a href="mailto:bruku@comcast.net">bruku@comcast.net</a>
<b>Newsletter Editor:</b>	Emilio Trampuz	H: 1-503-378-0171,	<a href="mailto:newsletter@mthigh.org">newsletter@mthigh.org</a>
<b>Social Activities:</b>	Debbi Kor	H: 503-314-7078,	<a href="mailto:ijustwannarun1@comcast.net">ijustwannarun1@comcast.net</a>
<b>Golf:</b>	Cal Eddy	H: 503-805-8606,	<a href="mailto:baebaw@ccgmail.net">baebaw@ccgmail.net</a>
<b>Hiking:</b>	Chris Brooks	H: 503-764-5323,	<a href="mailto:jruuffman@aol.com">jruuffman@aol.com</a>
<b>Bike rides:</b>	Jackie Bonillo	H: 503-663-3359,	<a href="mailto:jbon1960@comcast.net">jbon1960@comcast.net</a>
<b>Bike rides:</b>	Karen Michels	H: 503-984-9210,	<a href="mailto:skiklynn@gmail.com">skiklynn@gmail.com</a>
<b>Mid-week skiing:</b>	Ken Brundidge	H: 503-720-0620,	<a href="mailto:KenBrundidge@comcast.net">KenBrundidge@comcast.net</a>
<b>Trip Director:</b>	Linda McGavin	H: 503-652-2840,	<a href="mailto:Trips@mthigh.org">Trips@mthigh.org</a>
<b>Trip Leader:</b>	Gordon Lusk	H: 503-804-8363,	<a href="mailto:GordyLusk@hotmail.com">GordyLusk@hotmail.com</a>
<b>Trip Leader:</b>	Sandra Smith	H: 503-646-4591,	<a href="mailto:sandra@pacifier.com">sandra@pacifier.com</a>

General info:  
[info@mthigh.org](mailto:info@mthigh.org)

Web site:  
[www.mthigh.org](http://www.mthigh.org)

## DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership or ☐ Renewal

Name(s): \_\_\_\_\_ Birthday (MM/DD) \_\_\_\_\_

Address: \_\_\_\_\_

Phone (Hm): \_\_\_\_\_ Phone (Wk): \_\_\_\_\_

Email (Hm): \_\_\_\_\_ Email (Wk): \_\_\_\_\_

**Email Preferences:**

- Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
- ☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
- (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
- Is it OK to share your email address with other club members? ☐ Yes ☐ No

By joining the Mountain High Snowsport Club, I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations, including the Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, and any of their agents (officers, directors, trip captains, and any other Club representatives) from liability for personal injury, property damage, or any other liability of any kind connected with my participation in any club-related activity. Furthermore, I agree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.

Please take my money, and apply it toward the following Ski Club fun stuff: **Deposit?** **Paid in full?**

☐ **Annual Membership** (Oct. 1, 2014 - Sept. 2015): Single (\$25); couple (\$40) \$ \_\_\_\_\_

☐ **PACRAT Racing (2015)** \$99 for the whole season . Team: \_\_\_\_\_ \$ \_\_\_\_\_

☐ **Whitefish trip** (Feb. 28- Mar. 6). Dep.: \$100. Adult: \$638; 65+=\$606; 70+=\$497 \$ \_\_\_\_\_

☐ **Whitefish train bed in sleeper car** \$235 round trip, per pers., double occy. \$ \_\_\_\_\_

☐ **Whitefish lift tickets** (on top of the included 3): \$44.10 per day (max. 2 days) \$ \_\_\_\_\_

☐ **Whitefish: Fernie day trip** (bus + lift ticket): \$105 per person \$ \_\_\_\_\_

☐ **Whitefish: Snowcat skiing** Per person = \$375; Full cat: 14 people = \$250 p.p. \$ \_\_\_\_\_

☐ **Crystal Mt. bus trip** (March 20-22): \$240; Seniors 70 and over = \$210; Dep.=\$100 \$ \_\_\_\_\_

☐ **Other:** \_\_\_\_\_ \$ \_\_\_\_\_

Comments (For whom you are paying. Roommate requests,...): \_\_\_\_\_

Signature(s): \_\_\_\_\_ Date: \_\_\_\_\_

Signature(s): \_\_\_\_\_ Date: \_\_\_\_\_

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Checkmark all desired options.

## Club membership = 295 Newsletter Distribution

The Feb. 2015 issue is posted on our web site. Also:  
**269** copies sent via email (as PDF files)  
**18** paper printed copies sent via US Mail.  
 Copies are also sent to potential members, other clubs,  
 the National Ski Club Newsletter, etc.

## Count Your Ski Areas

Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas-2014-5-25.xls>

## Mt. High

## Membership



There are still 77 members who have not renewed yet. Are they saying good-bye to the club? Or simply forgot? Please always try to renew at the **Ski Fair** or

the **Kickoff party** in November. These are the only two events where you can pick up your new membership card. We don't mail it out unless specifically requested.

Of course, you can always renew by mail too. Simply print the **Membership Signup form** at the [FORMS & DOCS](#) page or on the **Membership** page, and mail it in.

**If you did not receive a membership card, you can request that one be mailed to you.** Please contact our Membership Director, **Karen Michels** at: 503-984-9210 or [skiklynn@gmail.com](mailto:skiklynn@gmail.com)

## Mt. High Wins Booth Decorating Contest

**Nov. 17, 2014. (Monday)**

Our club won the award for the best decorated booth at the annual Ski Fair, held in November at the Conference Center next to the Airport Holiday Inn.

This was our 3rd win since 2002, plus in 2013 we shared first place with the Skiyente Ski Club. The Skiyente ladies won in all other years.



Emilio Trampuz  
 Mountain High Newsletter editor  
 4742 Liberty Rd. S., #296  
 Salem, OR 97302  
 Please check our web site,  
[www.mthigh.org](http://www.mthigh.org)  
 for updates.