

SNOWSPORT CLUB



Lift Lines

= No. 169, January 2015 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



From the Prez: 14th Anniversary



It has now been 14 full years since **Plaza** and **Edgeset** have merged into one club, which was eventually renamed "Mountain High". Our club's newsletter got a new editor at the same time. Alice Dagilaitis was the last editor of the "Bull Sheet", and Emilio Trampuz started the joint club's "Lift Lines" exactly 14 years ago. The first issue was January 2001. It had 4 pages. This issue has 14.

A lot has happened in the past 14 years. Some examples:

- 1. **Membership increase.** The two clubs combined had only 100 members in the year 2000/2001. We now have around **300**.
- 2. **Membership flow.** Each year, we both gain and lose a lot of new members. People move out of the area, or they quit racing. Over the past 14 years, several hundred people have experienced the excitement of being our members and participating in our activities. Our current number of approximately 300 members seems to be holding steady. (But we are still waiting on some of them to renew for this year!)
- 3. **Trips.** During the past 14 years, we have organized **48** winter trips. Four of them were Mystery trips (where participants didn't know where we would take them for the weekend). And these are just Mountain High trips. We also participated in numerous NWSCC and FWSA trips.
- 4. **Parties & Social Events.** We have had at least **140** social events, too many to count precisely. Chocolate parties, Seafood parties, Christmas Ships parades, Warren Miller dinner-and-a-movie events, Wine tours, and more.
- 5. **Racing.** Our number of racers has increased from 40 to 150 (which was the highest point a couple of years ago). We currently have over 130 racers. Over the past 14 years, we have participated in 70 PACRAT races, as well as several NASTAR races. We also organized about 5 Training Days that were free to the participants and the club paid for a coach.
- 6. **Summer events.** We have had numerous hikes, bicycle rides, rafting trips, bowling nights, picnics, and other summer delights.

We will continue to bring excitement and fun to our members. In order to truly get to know our club, you should participate in at least a couple of trips, at least one race (like the NASTAR open) and preferably join a PACRAT team for at least one season, and participate in at least a couple of our parties and social events, and a couple of summer events.

Go Mountain High!



Note the color code.
Our club is blue.

2015 CALENDAR

Blue: Mountain High events
Red: NWSCC / FWSA / Multi-club

Black: General events

JANUARY

Jan. 4 (Sun): NASTAR race - CANCELED
Jan. 10-16: Revelstoke+Sun Peaks trip
Jan. 11 (Sun): PACRAT race 1 - CANCELED
Jan. 18 (Sun.): White Pass bus trip
Jan. 19 (Mon.): Rotary Night Meadows
Jan. 25 (Sun): PACRAT race 2 Meadows
Jan. 26 (Mon.): Mt. High Board mtg.
Jan. 31 - Feb. 7: FWSA Ski Week:
Whistler/Blackcomb

FEBRUARY

Feb. 8 (Sun): PACRAT race 3 Skibowl Feb. 14 (Sat): Mt. High Chocolate Party Feb. 21 (Sat): Mt. High Photo Party Feb. 22 (Sun): PACRAT race 4 Meadows Feb. 21-27: Lake Tahoe Sampler trip Feb. 28- Mar. 6: Whitefish + Fernie trip

MARCH

Mar. 7 (Sat.): Ski the Glade Trail Day Mar. 8-9: Oregon Cancer ski Out Mar. 14-21: FWSA Val d'Isere trip Mar. 15 (Sun): NASTAR race Mar. 20-22: Crystal Mt. bus trip Mar. 21-22: Hope on the Slopes

APRIL

Debbi

Apr. 4 (Sat): PACRAT Make-up race Apr. 17 (Fri.): Rat Attack Awards party

Mar. 22 (Sun): PACRAT race 5 Timberline

Winterhawks Hockey game and Mt. Hood Meadows lift ticket

Dec. 12 (Friday) 7 pm

A total of 22 club members went to see the Winterhawks game on December 12, and they all received a voucher for a free Mt. Hood Meadows lift ticket good for Sunday, March 1st and Sunday, March 8th.

Sandra said: "We all cheered when 'Mt High Snowsport club' was flashed on the Jumbotron screen!

Winterhawks lost the game but we still had a good time."

Thanks to **Sandra Smith** for organizing this.

Contact Sandra at sandra@pacifier.com





Mt. High Christmas Ships Parade



December 11, 2014 (Thursday) - 6:00 pm

We gathered at **Joe's Crab Shack**, on the Columbia River (just across the Interstate Bridge, on the Van-

couver side) to watch the Christmas Ships parade.

Location:

Joe's Crab Shack, 101 Columbia Way Vancouver WA Ph.: 360-693-9211.



14 people showed up and had a good time. The only no-show were the Christmas ships, which did not sail that day because of the strong gusty winds.

Oh, well, there's always next year!

Contact: **Debbi Kor**, 503-314-7078,

ijustwannarun1@comcast.net



NWSCC

NWSCC Meeting + PACRAT Bib Pickup + Ski Challenge Winners





December 17 (Wed.) 6 pm.

A lot happened at this combined NWSCC and PACRAT meeting at Buffalo Gap Saloon, 6835 SW Macadam Ave., Portland, OR 97219

PACRAT team captains picked up the race bibs for their teams. Sue Rimkeit of the Cascade Prime Timers talked about safety issues. There was also an auction of pies and cookies.



The winners of the **NWSCCs Ski Challenge** were announced. Their names and their prizes were as follows. See page 11 for info on how you can win too.

1st place: Bob Burns won a 4-time pass to Mt. Bachelor.

2nd place: Bruce and Linda McGavin won a lift ticket to Stevens Pass.

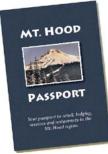
3rd place: Sally Niedermeyer and Emilio Trampuz won a lift ticket

to Mt. Hood Meadows.

Barb Pressentin introduced us to the Mt. Hood Passport. See page 12.

See the monthly NWSCC Newsletter at: www.nwskiers.org/Newsletter/Newsletter.htm

Get your Mt. Hood Passport. See page 12 for details.



Upcoming Events

SNOWSPORT CLUB

Mt. High Chocolate Party

DATE: Saturday, Feb. 14.

TIME: 7:00 pm

PLACE: Janice Jessen &

Mary Wakefield

3504 Red Cedar Way

Lake Oswego, OR 97035

Phone: 503-515-6230. See **Google Map**

WHAT: Our annual sweet party. Come sample the goodies, or enter the contest yourself by bringing your own chocolate dessert. Four prizes will be awarded for:

- a) The most chocolaty (or decadent) dessert.
- b) The most creative dessert.
- c) The lightest (healthiest) dessert.

After the three un-corruptible and un-bribable judges pronounce the winner, everyone will be able to taste ALL the desserts!

CONTACT: Please **RSVP** to: **Janice Jessen** 503-515-6230 or **jessen9011@comcast.net**

Mt. High Photo Party



February 21, 2015. Saturday, 6:30 pm.

Come get to know your fellow club members and their exploits better.

Several of our members have had interesting experiences and amazing travels lately, from Africa to China. Several of them will share their adventures with us. Each has a unique story. And each will illustrate their story with photos.

Location: Randy Lew See Google Map

7007 SW Iron Horse St. Wilsonville, OR 97070

Please RSVP to Randy if you are coming. fwsa13randy@telis.org or phone: 503-682-1563.

Directions: From I-5 take North Wilsonville exit, Head east on Elligsen Rd. (1/4 mile). Turn right onto Canyon Creek Rd., follow it for a mile. Turn left on Boeckman Rd. Turn right onto Laurel Glen. Turn left onto Fallen Leaf St., Turn Right onto Flynn St. which turns to the right and becomes Iron Horse Rd.

Mt.High

Looking for Ski Buddies / Mentors for Beginners

Here is an idea that might help rejuvenate our club and attract new members of all ages. Let's help non-skiers (beginners) to get into the sport. It's a win-win. The sport gets new skiers. The club gets new members. The newcomer gets new "wings" (i.e. skis). Everybody is happy!

There are people who might like to try skiing but don't know where to start. Nobody in their family skis. They are overwhelmed with questions about equipment, lessons, where to go, what to do. Henry Bendinelli president of the Mt. Hood Ski Kats Club heard one such beginner say: "It's all so intimidating, and I don't know where to start." So, why not offer them a helping hand? Henry proposed "mentoring" them. Jon Tullis, Timberline's Public Relations Manager, proposed calling these "mentors" simply "ski buddies". In our club, this would mean:

- 1. **A few volunteers** prepared to be ski buddies or mentors to beginners, to help guide them through the first steps. If the beginners have a good time the first time, they'll be back for more!
- 2. Ways to work with beginners. The volunteers would introduce people to the sport in a number of ways:
 - a) Answer people's questions about clothing (how many socks to wear), equipment, how to get started, etc.
 - b) Encourage them to take a lesson with a qualified ski instructor.
 - c) Meet them on the mountain for a day on the slopes.
 - d) Invite them to our club, to our trips, parties, races, etc.
- 3. **Advertising.** Word of mouth would help, but we should also use other means to let total beginners know they can find some help here. We just set up a "<u>Learn to Ski</u>" web page and an email address devoted to beginners' questions: <u>assistant@mthigh.org</u>. Now, let's spread the word about this!

Also, if you would like to volunteer to help beginners, at least from time to time, please contact **Emilio** at **Emilio2000@earthlink.net**

NOTE: This article first appeared in the December Lift Lines, and has already been reprinted in the Jan.-Feb. 2015 issue of the <u>National Ski Club Magazine</u>, on page 25.

MOUNTAIN HIGH

SNOWSPORT CLUB

Let's try the Mt. Hood Express bus from Sandy



We've been encouraging people to meet up in Sandy and carpool from there. This year, let's try to use the new Mountain Express bus service from Sandy to Skibowl, Government Camp and/or Timberline for just One way fare is just \$2 (or \$1.50 if you prepay for 20 tickets). That's less than you'd spend on gas!

Catch the bus at the Forest Service Park & Ride, right on Hwy. 26, at a bus stop half way between Champion Way and 362nd (which is the Fred Meyer traffic light in Sandy). Turn into Champion Way to park at the Mt. Hood National Forest Information Center.

The most convenient time for us is:

- 1. Leave Forestry Service Park & Ride at **7:45 am**, arrive at Skibowl West at 8:32 am, arrive at Timberline at 9:00 am.
- 2. Depart from Timberline at **2:45** pm or **4:45** pm. arrive in Sandy at 3:58 or 5:58 pm.

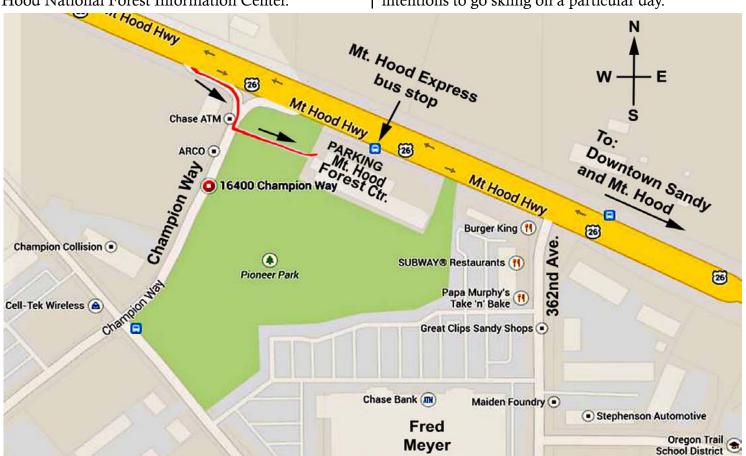
See the schedule on the Clackamas County Mountain Express website, http://www.mthoodexpress.com/#!schedule-map/c1h6a

If you miss us there, try to connect with us on the Mountain using 2-way radios on channel **6-19**. But, this might not be easy. We often carry 2-way radios on ski trips to new places, but few of us seem to use them on our local mountain.

So, it's best to connect in Sandy and start the day together.

Only, which days will this happen? Well, there is no fixed schedule. If we find out there is a group of us going, we'll try to let everyone know via an email blast.

Also, remember to **communicate directly** with other club members using our online **Forum** and our **Facebook** page. There are menu buttons to both on our home page at www.mthigh.org. Feel free to announce your intentions to go skiing on a particular day.



PACRAT News

Pacific NW Area Clubs Recreational Alpine Teams



Bruce Kuper Mt. High Racing Director

Our NASTAR Open race and our first PACRAT race have been cancelled for lack of a solid enough snow base. But, more snow is coming, and our first race will now be on January 25 at Meadows.

You can still sign up!

Everyone, talk to your friends and fellow skiers and snowboarders who might enjoy

racing with you this year.

Invite them to check out the league. Anyone can race the NASTAR event for a small fee. It's a great way to find out if you like racing.

The wonderful part of PACRAT racing is that you don't need to be a hot shot! In fact, the team will score big points for teaching intermediate skiers the basics of racing! This is a fun and exciting way to get your skiing skills tuned up for the whole mountain!

And after each race there is food and refreshments served while we celebrate our victories, commiserate our mistakes, and plan for the next race!

Wide open giant slalom turns on wide open slopes that you can ski at your own pace.

A \$99 racing fee covers all 5 races and parties.

If you want to join us, just contact our Racing Director, Bruce Kuper, at bruku@comcast.net.

Race dates for 2014/15.

Jan. 4 (Sun): NASTAR race - CANCELED

Jan. 11 (Sun): PACRAT race 1 -Skibowl- CANCELED

Jan. 25 (Sun): PACRAT race 2 - Meadows Feb. 8 (Sun): PACRAT race 3 - Skibowl Feb. 22 (Sun): PACRAT race 4 - Meadows

Mar. 15 (Sun): NASTAR race

Mar. 22 (Sun): PACRAT race 5 - Timberline Apr. 4 (Sat): PACRAT Make-up race

Apr. 17 (Fri.): Rat Attack awards dinner party

Check out PACRAT racing with Mt. High Snowsport Club here: http://www.mthigh.org/Racing.htm

Hand out a poster: http://mthigh.org/Racing/PACRAT

Poster_2014.bmp

Mt. High Team captains

Team name

Avalanche Express Awsome tAles Blizzardos Chilled Brewskis **Frosted Flakes** Infra-Rats Lab Rats Mixed Nuts Moose on the Loose Scott Stepan Mt. Hoodlums Rattitudes Schussing Shysters McCoy Smith

Vertigo Madness

Team captain Email address Alan Bean Linda Eidemiller Brenda Becerra Stevie Viaene Garth Eliason **Lonny Schiller** Samy Fouts **Phil Mant Chris Wiley** Tom Cansler

Gary Gunderson ktgpdx@frontier.com abean@nwgeotech.com 2lindaloo@gmail.com LetsPlayOnTheMt@hotmail.com stevie.viaene@gmail.com gweliason@gmail.com landkschiller@gmail.com samyfouts@comcast.net s stepan@hotmail.com phil6666@aol.com Chris2007@Yhuji.com McCoySmith@comcast.net tomcansler@qualitytank.com



What Every Racer Should Know

- 1. The races are all dual slalom. Two racers start at the same time, each in his/her own parallel course. The two courses are usually referred to as the BLUE and RED courses. Split up your team into two. Half the people will run the RED course while the others run the BLUE course. In the second run, you will switch courses.
- 2. You don't HAVE to start when the announcer says: **GO!** Some people like that, if the two side-by-side racers actually want to go head-to-head. But, if you feel nervous about having another racer just a few feet away. feel free to start at any time. Your timer doesn't start counting until your legs push the starting gate open. So, feel free to jump ahead or to wait for the other racer to go first and start a few seconds later. It's up to you.
- 3. Only your best run of the day counts. It doesn't matter if you fall in one run and don't even complete it. It's OK to even skip the second run altogether if the conditions are bad. Each racer wins a point just by successfully running the whole course, but once is enough. One good run is all you really need.

MOUNTAIN HIGH

FWSA Recognition Awards

SNOWSPORT CLUB

Each year in June, at the **Far West Ski Association's** annual convention, held in a different city each year, several individuals and ski clubs and Councils are awarded prizes of recognition. Here are just some of them. You too can win. Make an effort to do something positive and valuable for your club and/or for snow sports, and then either apply directly or let someone nominate you.

The FWSA deadline for nominations is March 20, but it is better to apply earlier than that. For more info on the FWSA awards, check out the FWSA web site, www.fwsa.org, or contact Debbi Kor at: 503-314-7078, justwannarun1@comcast.net

Man & Woman of the Year

This is a series of recognitions on different levels.

First, each club recognizes their own man and woman of the year. Our two winner from the past year are posted on page 13.

The two people from each club then proceed to the next level (the Northwest region). The NW Ski Club Council selects just one pair (not necessarily from the same club) among all the local club nominees. Those two people then represent the NWSCC at the Far West Convention.

At the Far West Convention, one final pair is selected among all the Ski Club Councils in the west.

The grand prize is a trip for two to **Big White**, Canada.

To see who within our club has won in past years, see our AWARDS page on the web site: www.mthigh.org/Awards.htm.

It is now again time to nominate a man and a woman of the year.

Please send in your nominations by February 23, 2015, to any member of our club's Board of Directors. See the list on page 13 and/or on our "Contact Us" web page: www.mthigh.org/Contacts.htm

Simply let us know who you would like to nominate and why. If you put it in writing (an email), so much the better, because then all our Board members can read it.

Safety Person of the Year

This annual award honors the person who has done the most to promote safety consciousness within the association. This can be done through a variety of methods including safety articles, on mountain activities, presentations, public speaking, working ski patrol, creating posters or banners, and many other activities.

The winner receives a 5-day ski/board package to **Telluride** for two that includes: 5 nights lodging at Mountain Lodge Telluride, 4 day lift ticket, and 4 days of rentals. Our latest winner was **Gordon Lusk**.

Resume & Entry Form must be sent to chairman by the March 20 deadline. See: http://www.fwsa.org/Awards/awards-recognition/recognition-awards-safety.html

Western Ski Heritage Award

The aim of the award is to raise the awareness of the contributions made by individuals or groups to all aspects of snowsports – competitive as well as recreational. Also to convey the positive role snowsports has had in its contributions to the communities in the West. It recognizes outstanding effort in the area of snowsports history to find, preserve, document and share the history of snowsports in the West.

The winner receives a 5-day ski/board package to **Steamboat** for two: 5 nights lodging, 5 days skiing, 5 day rentals, a lesson, a tour, and lunch. Our latest winner was **Emilio Trampuz**.

Submit entry by March 20th. See: http://www.fwsa.org/Awards/awards-recognition/recognition-awards-wsh.html

Environmental Award

This award is designed to encourage good stewardship of our environment, to inspire and reward creative efforts to conserve and protect our environment. This award should recognize actions that made a difference. For example: Volunteering at the community level, particularly in some leadership role; Organizing environmentally oriented events for the club or council; Writing a series of columns regarding environmental conservation, education or protection in your club newsletter.

The winner receives a 5-day ski/board package to **Aspen/Snowmass** for two: 5 nights lodging split between Aspen & Snowmass, 5 day lift ticket, and 5 days of rentals, a day group lesson. This is a new award.

Submit entry by March 20th. See: http://www.fwsa.org/Awards/awards-environment.html

Mt. High Trips

SNOWSPORT CLUB

Our club trips are almost full now. Only the White Pass trip still has lots of space, because it was added very recently to our schedule. The Whitefish (Montana) train trip is now full. And there are just a very few (about 5) spots left on the Crystal Mt. trip.

We really need a few more people on the White Pass trip!

Mt.High

White Pass day trip, WA



Sunday, January 18, 2015.

Lots of space on this trip!

Joins us on a day trip to **White Pass**, where **Phil** and **Steve Mahre**, Olympic champions in 1984, got their start. We'll try to show each other some new way of skiing the mountain. If you've been there before, show us your favorite spot or your favorite trail. Or let us show you some hidden nook.

White Pass has recently doubled its terrain by opening a whole new hill, the Paradise Basin area, adding 2 new lifts and 767 new acres.

Price: \$115 for adults ages 16 - 72

\$75 for seniors ages 73+

\$99 for juniors, ages 7 -15

Price includes bus transportation and lift ticket.

Print our **Dough Transmittal Form** and mail it in with your check payable to Mountain High, PO Box 2182, Portland, OR 97208.

By comparison a weekend day lift ticket at Mt. Hood Meadows costs \$74, plus you have to spend an additional \$20 to \$30 on gas, plus the wear and tear on your car, all adding up to well over \$100 for a day at Mt. Hood Meadows. For about the same price, you can experience something new here.

So, join us on this fun trip, where you can catch up on your sleep on the bus, or enjoy the jokes, stories, games and videos we'll share during part of the bus ride. It's also a great way to meet other club members. .

Meet the bus at the **Gateway Transit Center**, on NE 99th Avenue, near the junction of I-205 and I-84.

Load the bus starting at 5:30 am. Depart at 6:00 am.

At White Pass, the bus leaves at 4:30 pm. Arrive in Portland by about 7:30 pm.

Please use the **Dough Transmittal Form** (on the page before last) or find the form on the FORMS & DOCS web page. Make check payable to **Mountain High Snowsport Club**, and mail it to: Mountain High, PO Box 2182, Portland, OR 97208.

Trip leader: Emilio Trampuz, Emilio 2000@earthlink.net







SNOWSPORT CLUB

The Whitefish trip is now full.

MOUNTAIN HIGH

NOTE: On the Whitefish trip, a 3 of 5 days pass is included in the price, and for an additional \$44.10 per day, you can order a 4 or 5 day pass. You can use the pass on ANY of the 5 days we'll be there. We suggest that everyone ski at Whitefish on days 1, 2, and 5. Day 3 would be perfect for a visit to Fernie. Day 4 is optional (ski, shop, sightsee, cat ski).



Whitefish trip price includes round trip train seat, 4 nights ski-in/ski-out lodging, 3 day pass at Whitefish, and at least one dinner. Due to error, we need to add \$37.

Adults = \$638 + \$37 = \$675 Seniors (65+) = \$606 + \$37 = \$643 Super Seniors (70+) = \$497 + \$37 = \$534

Additional train option:

1. Sleeper bunk bed on train: \$235 (round trip, pp/do)

Other trip options: (all based on group discounts)

- 1. Additional Whitefish tickets = **\$44.10** per day
- 2. Fernie day trip = Approximately \$105.
- 3. Snowcat skiing = Approximately \$395 \$250.

In order to get the group discount price, all these options must be reserved in advance. So, let us know your intentions right away. Mark it on the signup form.

Payment schedule:

- 1. **\$100 deposit** due now to reserve your spot.
- 2. **Half of the total amount** is due by November 27.
- 3. **Full payment** due by January 14. No refunds after January 14 unless you can fill your spot. See our Mt. High **Trip Cancellation Policy**.

Please use the **Dough Transmittal Form** (on the page before last) or find the form on the FORMS & DOCS web page. Make check payable to **Mountain High Snowsport Club**, and mail it to:

Mountain High, PO Box 2182, Portland, OR 97208.

Mt. High Whitefish Mt. train trip



February 28 - March 6 (Sat. - Fri.) 2015

We'll leave Portland on Saturday afternoon, by train. Arrive in Whitefish at 7:30 am, leave our luggage in the on-mountain condo, and hit the slopes!

We'll spend a total of 5 days there, returning on the evening train on Thursday, March 6, and arriving back in Portland around 11:15 am Friday morning.

Whitefish Mountain (formerly Big Mountain) offers 2,353 vertical feet, over 3,000 acres, served by 14 lifts, of which 3 are high speed quads.

This coming season, Whitefish is installing a new triple chairlift that will open 6 new trails and some glade skiing.

We will stay in ski-in/ski-out condos within the on-mountain village.

The basic trip includes a **3-day pass** to Whitefish, thus leaving 2 days (in the middle of the week) for other optional activities. Our options are:

- 1. **Ski** at Whitefish for an additional **\$44.10** per day.
- 2. Take a rest day for shopping or sightseeing.
- 3. **Day trip to Fernie** (Canada), just 2 hours and 15 minutes north. 3,550' vertical. If 20+ of us go, we can rent a bus. Cost is about \$105 for bus and lift ticket.
- 4. **Snowcat skiing** with the Great Northern Powder Guides, just 25 minutes north of Whitefish. The cost is \$375 per person per day, plus about \$15 for transportation from our condos to the site. This has to be booked well in advance. The price can go down to just \$250 per person if we manage to get 14 people.

In order to get group discounts for the above, we need to buy in advance. So, answer the following questions:

- a) How many days will you ski at Whitefish, 3, 4, or 5?
- b) Which side trips do you want (Fernie, Snowcat)?

Most likely, most of us will ski Whitefish on days 1 and 2 (Sunday and Monday), and also on the last day (Thursday). The two optional days are Tuesday and Wednesday., March 3 and 4.

Two nights will be spent on the train, one in each direction. All the 14 sleeper spots are now taken. Half of us will spend the night in comfortable, reclining coach seats (with leg rests), the only ones now available.

Your trip leaders are:

Emilio Trampuz, Emilio 2000 @earthlink.net and Sandra Smith, sandra@pacifier.com

Mt. High Trips

Mt. High Crystal Mountain, WA

March 20-22, 2015 A weekend bus trip, 2 nights/2 days. We leave Friday around 5:00 pm. Lots of fun on the bus – this is the best way to get to know other club members! We'll return Sunday by 8:30 pm.

Crystal Mountain is the largest ski area in Washington with 3,100 vertical feet of skiing, with over 50 named runs. There's everything from gentle



groomed cruising runs for beginners to challenging steeps - backcountry, glades, chutes and unbelievable black runs for the more adventurous. This is why SKIING Magazine voted Crystal Mountain the #7 top mountain in North America. **NOTE: There are only about 5 spots left on this trip!**



There is one 8-passenger gondola, 2 six-pack hi-speed lifts, 2 hi-speed quads, 2 triples, and 3 doubles., serving 2,300 acres of lift served terrain, plus 500 acres of backcountry.

NEWS: Two lifts are being replaced by new ones in time for this winter:

- 1. **The High Campbell Chairlift**, for experts only, which was destroyed in an avalanche this past season, is being replaced by a new fixed grip double chairlift made by SkyTrac, the only American ski lift manufacturer.
- 2. **The Quicksilver fixed-grip double chairlift**, serving intermediate terrain, is being replaced by a fixed-grip quad lift.

Lodging: We'll stay at the Park Center Hotel in downtown Enumclaw, 45 minutes from the mountain, with easy access to a variety of restaurants and bars. Breakfast is provided for hotel guests, and there is an indoor hot tub.

The price is only \$240 for the bus trip, 2 nights' lodging, 2 breakfasts, and one lift ticket. Seniors (70 and over) pay only: \$215.

The reason for only one lift ticket is that on Sunday, March 22, Crystal Mountain is allowing all NWSCC club members to buy tickets at half price, but you have to go to the ticket window yourself and show your NWSCC card (i.e. your club membership card; you'll get it when you renew your club membership for this season).

Use the <u>Dough Transmittal form</u> on the page before last (or on our FORMS web page) to send \$100 deposit, due by November 30. Full payment due by February 15, 2015. No refunds after February 15 unless you can fill your spot. Contact trip leader **Linda McGavin** at (503)652-2840 or e-mail <u>Trips@mthigh.org</u>.





More ski trips info at: www.mthigh.org/Trips.htm.

Multi-club Trips & Deals

SNOWSPORT CLUB

FWSA

Far West Trips

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Click on underlined blue links or go to www.FWSA.org.



FWSA SKI Week: Whistler / Blackcomb, January 31 - February 7, 2015. A week of skiing and racing in Canada. Price: \$1,299 - \$1,339 per person depending on the type of lodging. This includes 7 nights lodging, 5 lift tickets, banquet, council party, apres ski, races, & more. Air not included. Last call! This trip is almost full.

Mail check to: NWSCC Whistler Trip, 5331 SW Macadam Ave. Suite 258, Box 438, Portland, OR 97239. Contact: Chris Ciardi, c2blondie@hotmail.com, 503-297-5351 Barbara Bousum: BBousum@gmail.com 503-224-3584



FWSA European Ski Week: Val d'Isere, France. March 14-21, 2015. Price for land package: \$1995 - \$2616 pp. Includes: 7 nights lodging, daily breakfast, welcome and farewell parties, 5

nights dinner (2 nights free to explore local restaurants). Air and lift tickets not included.

Optional pre-trip to Paris and post-trip to Provence.

Make checks out to: Far West Ski Association (FWSA) for "FWSA 2015 Int'l Trip". Send to: Debbie Stewart, FWSA VP of Int'l Travel, 430 S. Church St., Visalia, CA 93277. FwsaIntlTrvl@prodigy.net



FWSA Heli Skiing at Revelstoke, BC with CMH Heli-Skiing. March 15 - 21, 2015. (5 nights / 4 days of heli-skiing). Fly to Kelowna, then go by CMH bus

or car to Revelstoke. Price = \$5,830 pp double occupancy (plus taxes) or \$6,480 pp single supplement (plus taxes). Contact: Nancy Ellis, FWSA VP North American Travel, 530-414-8261 email: vpnorthamericantravel@fwsa.org



FWSA Mini Ski week: Whitefish, MT. March 30 - Apr 4, 2015 (5 nights / 3 or 4 days of skiing). Price = \$550 (3 days skiing), or \$600 (4 days skiing).

Included: 5 nights lodging at Grouse Mountain Lodge on the outskirts of the town of Whitefish with free shuttles to the mountain. Trip Leader: Gloria Raminha, 661-829-5996 [H], 661-800-8229 [C], garski2011@gmail.com

Mt. Hood Meadows Lift Tickets

Mt. Hood Meadows lift tickets are available at a group discount price for just \$64. This price is good for all NWSCC club members (and that includes all Mountain High members).

To purchase these tickets, contact either:

- 1. The Bergfreunde club office: 503-245-8543 ... or
- 2. Call **Shawn Storey** at.360-910-8709.

The Taco Shoppe 20% discount



Kevin Bastin, the owner of the Taco Shoppe in Government Camp and also a Mountain High member, has offered us an even better deal than in the past. Instead of just an offer on the burritos, our members can now

get a 20% discount off of any item on the menu! Thanks Kevin!

So, stop at **The Taco Shoppe** in Govy, right next to the Mt. Hood Museum, and get ready to experience something delicious. And say thanks to Kevin!

Bergfreunde Revelstoke + Sun Peaks



January 10 - 16, 2015. Carpooling trip.

Cost: \$540 (ppdo, land only) includes: 2 nights at the ski-in/ski-out 5 star Sutton Place Hotel at the base of the mountain. 4 nights at the ski-in/ski-out Sun Peaks Lodge, 3 breakfast buffets. Lift tickets (2 Revelstoke, 3 Sun Peaks): add \$315.

Make checks payable to Bergfreunde Ski Club.

Payments to: Bob Burns, 9980 SW Citation Place Beaverton, OR 97008. 503-524-5261 (phone/fax), **bob@inkjetman.com**. Details on Mt. High web site.

Bergfreunde Lake Tahoe Sampler

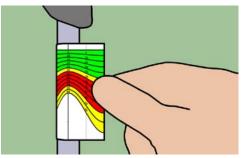


Feb. 21 - 27, 2015. Carpooling trip.

Cost: \$332 (ppdo, land only) includes: 6 nights lodging, 2 group dinners, Hospitality room Sun, Mon, Fri., a dinner dance cruise on the M.S. Dixie II paddle wheeler. Lodging in South Lake Tahoe. Skiing: We'll be playing it by ear and taking advantage of any lift ticket deals that are offered.

Make checks payable to Bergfreunde Ski Club.

Payments to: Bob Burns, 9980 SW Citation Place Beaverton, OR 97008. 503-524-5261 (phone/fax), **bob@inkjetman.com**. Details on Mt. High web site.



Pole Clinometer - NEW & IMPROVED

Last year, we introduced you to an inclinometer for measuring slope steepness and alerting to avalanche danger. See it on our ARTICLES web page, under the EQUIPMENT heading. www.mthigh.org/Articles/Inclinometers.htm.

Now, here comes a new, more accurate version of it, thanks to the efforts of **Grayson King**, **grayson@snowander.com**, who gave Emilio credit for the inspiration, but then greatly improved the accuracy. Grayson says:

"When you use straight lines on your sticker, It'll only work if you apply your sticker to a flat surface. As soon as you wrap the sticker around the shaft of a ski pole, the 2-D projection of the lines (i.e. what your eye sees) are no longer straight, so they don't represent the same angle as they did on the flat sticker.

"HOWEVER, I thought the design was quite clever when I stumbled across it last spring, and when I realized it wouldn't work with straight lines, I got to thinking how it could be re-engineered so it'd work on a cylindrical pole shaft.

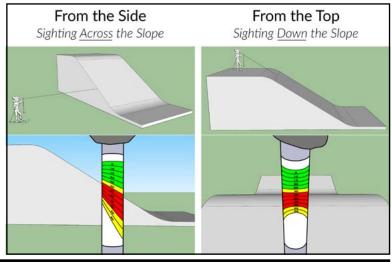
And sure enough, there's a pretty slick solution to the problem. I've developed a product from the resulting new design. Lots of info on the product website: http://poleclinometer.com/."

So, the design is improved, and you now get more in the new installation kit is: 3 Pole Clinometer stickers to fit all standard pole shaft diameters, a clear Protective Skin for rugged durability, Alcohol Wipes for surface prep, and Easy-to-Follow installation and use Instructions.

Attach it to your ski pole, and you can measure the slope steepness either from the side or from the top.

See the video and get one on the **Kickstarter** page: https://www.kickstarter.com/projects/1368073986/poleclinometertm-the-ski-pole-inclinometer-sticker?ref=PoClweb





Ski Challenge

The NW Ski Club Council wants to encourage you to see and ski more places, ... and don't forget the small ones!

Ski or ride any 7 or more resorts during the 2014-2015 ski season to be eligible to win a prize. Just save your lift tickets or receipts, and mail them in at the end of the season.

Ski areas that count are all those in **Oregon**, **Washington**, **Alaska**, **Hawaii**, as well as several in **British Columbia** (Big White, Sun Peaks, Whitewater, Kicking Horse, Fernie, Kimberley and Nakiska), one in **California** (Mammoth Mt.), **Colorado** (Aspen/Snowmass), 3 in **Idaho** (Brundage Mt., Schweitzer Mt., and Sun Valley), and 2 in **Wyoming** (Grand Targhee, Jackson Hole).

Save your lift tickets or receipts! Then, at the end of the season, mail them to the Northwest Ski Club Council, Ski Challenge, 5331 SW Macadam Avenue, Suite 258, Box 438, Portland, OR 97239.

Winners will be announced at the start of the following winter season, most likely in December.

MOUNTAIN HIGH

SNOWSPORT CLUB



Mountain High club resources

Make the most of your club membership. Use at least some of the many resources available.

Ski Areas info. Over 160 western ski areas are just a click away on our "Ski Areas" web page: www.mthigh.org/SkiAreas.htm

Forums: Connect with other club members. Ask questions. Arrange to meet for a day on the slopes. Share your thoughts. On our web site,

in the main menu, we have 2 Forums, one for all club members, and one for mid-week skiers.

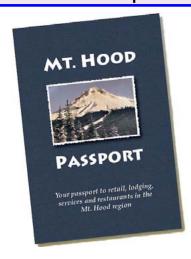
Facebook: Post something on our Facebook page, at https://www.facebook.com/groups/1528330064067232/

Bulletin Board: Post an announcement. Have something to sell or to offer to our club members? Go to our Bulletin Board and read the instructions at the top about how to post stuff there. www.mthigh.org/BulletinBoard.htm.

Articles: Our ARTICLES web page is a repository of useful information on a variety of topics, sorted into categories such as: Safety, Racing, Travel, Ski Areas, Local Lore & Local Issues, Equipment, Technology, and Humor.

All of the above is just a small sample. There is much more. Check out our Racing pages, our Awards, Blogs, Photos, Videos, and our Vision of the future of skiing. It's all at www.mthigh.org.

Mt. Hood Passports



Get the passport for \$10, and get over \$300 in discounts/promotions. Visit local businesses on Mt. Hood, make use of their special offers and get you passport stamped.

Prior to PACRAT's Rat Attack in April 2015, return your stamped passport back to **Barb Pressentin** or any board member of PACRAT/NWSCC for the big drawing with many prizes.

Purchase your passport at any PACRAT race, or contact **Barb** at: 503-267-9522 or email: **BP2Ski@ Gmail.com**. She can mail it to you.

Oregon Cancer Ski Out

March 8-9, 2015. (Sunday and Monday)

A fun two-day ski/snowboard event at Mt. Hood Meadows, raising money for hospice, cancer research, education and prevention programs.

Beneficiaries are: the OHSU Cancer Institute, the Willamette Falls Hospice, and the Candlelighters (a grass-roots organization supporting children with cancer).

Two races are held, and only consistency counts; not speed. Teams of 5 compete in an effort to match their overall time in Monday's race as closely as possible to their results from Sunday's race.

Wonderful video at: www.youtube.com/watch?v=3yo8cgULE80

Early Registration = \$179 per person (before December 31, 2014) Normal registration = \$199 per person (after December 31, 2014). See: http://www.mthigh.org/index.htm#Oregon Cancer Ski Out

Hope on the Slopes

March 21 - 22, 2015: (Saturday - Sunday) - at Mt. Hood Skibowl.

24 hours of skiing, 10 am - 10 am. A vertical challenge, where competitors earn points for both dollars raised and the total vertical feet skied. Teams can consist of between 4 and 10 people. You can also compete individually. There are no age restrictions. Benefit for the American Cancer Society.

Registration is \$40 per person, or \$150 per team (for up to 10 members. Each participant is encouraged to raise a minimum of \$200. Prizes include lift tickets, skis, snowboards, and clothing.

Register: http://hots.kintera.org/faf/home/default.asp?ievent=1124453

Contact: Devin Jenkins, devinhots@gmail.com

Contacts / Club info

SNOWSPORT CLUB

Man & Woman of the Year

Our club's Man and Woman of the Year for 2014, were: Kurt Krueger and Nancy Pratt.

Send in your nominations for 2015 to any member of our Board by the end of February.





Mountain High Meeting

Usually last Monday Jan. 26 (Mon.): Open to all who want to get more involved with the club.

Gather at **6:00 pm**. Start at **6:30 pm**.

Location: Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy.)

General info:

Web site:

Mountain High snowsport club contacts:

President: Debbi Kor H: 503-314-7078, President@mthigh.org Vice-President: Terry White TWhite223@msn.com H: 503-781-4558 info@mthigh.org Lisa Scribner H: 360-904-1302, LScribner98@yahoo.com Secretary: Treasurer@mthigh.org Treasurer: Nancy Pratt H: 503-593-9427, President@mthigh.org Past President: Kurt Krueger H: 503-625-1492. www.mthigh.org *Membership Director:* Karen Michels H: 503-984-9210, skiklynn@gmail.com Race Director: Bruce Kuper H: 503-975-8039, bruku@comcast.net Newsletter Editor: Emilio Trampuz H: 1-503-378-0171, newsletter@mthigh.org Social Activities: Debbi Kor H: 503-314-7078, ijustwannarun1@comcast.net baebaw@ccgmail.net Golf: Cal Eddy H: 503-805-8606, Hiking: jruffman@aol.com Chris Brooks H: 503-764-5323, Bike rides: Jackie Bonillo H: 503-663-3359, jbon1960@comcast.net Bike rides: Karen Michels H: 503-984-9210, skiklynn@gmail.com KenBrundidge@comcast.net Mid-week skiing: Ken Brundidge H: 503-720-0620, Trip Director: Linda McGavin Trips@mthigh.org H: 503-652-2840, Trip Leader: Gordon Lusk GordyLusk@hotmail.com H: 503-804-8363, Trip Leader: Sandra Smith H: 503-646-4591, sandra@pacifier.com

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: [] New membership or [] Renewal		By joining the Mountain High Snowsport Club, I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be		
Name(s):	Pirthdox (MANA (DD)	ound by all Mo	untain High Snows	port Club bylaws and regulations, cy. I hereby release Mountain High
Address:	ta	ains, and any ot	her Club represen	gents (officers, directors, trip cap- tatives) from liability for personal
Phone (Hm):	Phone (Wk).	vith my particip	ation in any club-re	ner liability of any kind connected lated activity. Furthermore, I agree any of their agents harmless from
Email (Hm):	Email (Wk): a	ny and all Íiabil gainst the Clul	ities of any kind w o or any of their a	hich may be incurred or asserted gents in any way relating to my
Email Preferences: [] No changes (same as last year)	ir	n the club's acti complete f [] no [] no	vities. ile []nc	connected with my participation
☐ Annual Membel ☐ PACRAT Racing ☐ White Pass trip	oney, and apply it toward the following Ski Club funership (Oct. 1, 2014 - Sept. 2015): Single (\$25); couple (\$4 (2015) \$99 for the whole season . Team: (Jan. 18). Adult (16-72): \$115; Snr. 73+=\$75; Junior(7-15); Feb. 28- Mar. 6). Dep.: \$100. Adult: \$638; 65+=\$606; 70+	\$ 5)=\$99 \$		
☐ Whitefish tra ☐ Whitefish lif ☐ Whitefish: Fe	tickets (on top of the included 3): \$44.10 per day (maxernie day trip (bus + lift tickets): \$105 per person nowcat skiing Per person = \$375; Full cat: 14 people = \$250	e occy. \$ c. 2 days)\$ \$		
Crystal Mt. bus	trip (March 20-22): \$240; Seniors 70 and over = \$210; De	p.=\$100 \$ \$		
	m you are paying. Roommate requests,):			
Signature(s):			Date:	
Signature(s).			Date:	

Club membership = 308 Newsletter Distribution

The Jan. 2015 issue is posted on our web site. Also: 369 copies sent via email (as PDF files)
21 paper printed copies sent via US Mail.

Copies are also sent to potential members, other clubs, etc.

Count Your Ski Areas

Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: http://www.mthigh.org/Documents/North-American-Ski-Areas-2014-5-25.xls

Mt. High

Membership



There are still 99 members who have not renewed yet. Are they saying good-bye to the club? Or simply forgot? Please always try to renew at the **Ski Fair** or

the **Kickoff party** in November. These are the only two events where you can pick up your new membership card. We don't mail it out unless specifically requested.

Of course, you can always renew by mail too. Simply print the **Membership Signup form** at the **FORMS & DOCS** page or on the **Membership** page, and mail it in.

If you did not receive a membership card, you can request that one be mailed to you. Please contact our Membership Director, Karen Michels at: 503-984-9210 or skiklynn@gmail.com

Rotary Night at Mt. Hood Meadows



January 19, 2015. (Monday) 2 pm - 9 pm. Just \$15 or \$20. The Rotary Club of Hood River presents this event at Mt. Hood

The Rotary Club of Hood River presents this event at Mt. Hood Meadows to generate funds for their scholarship program.

This is a fundraiser that requires a special Rotary night pass in

order to ride lifts after the normal 4 PM operating schedule. Season Passholders, 10-time Passholders and other pre-purchased Meadows passes are valid Monday, January 19th from 9 am until 4 pm. To use the lifts after 4 pm, you will need to purchase the special Rotary Pass for \$15 in advance or \$20 the day of the event. For advance purchase go to:

https://www.skihood.com/store/products/day-tickets/pass%20specials/rotary-night-ticket

Please check our web site, www.mthigh.org for updates.

Emilio Trampuz Mountain High Newsletter editor 4742 Liberty Rd. S., #296 Salem, OR 97302