



Lift Lines

= No. 168, December 2014 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



From the Prez



Seasons Greetings Mt. High-ers.

We're now full swing into the holiday season, having just gotten past Thanksgiving, and headed into the home stretch to Christmas and a new year. Wow! Where did 2014 go? We've all been so busy doing what ski clubs do, the year has just passed us by.

*Thank you to all who lent a hand and a few hours at the **Portland Ski Fever & Snowboard Show** at the Expo Center. It's always a great way to help get into the mood for the coming season, and to meet with prospective members and fellow skiers. Also, a big thank you to those who worked on setting up and decorating the **Mountain High** booth at the **Northwest Ski Club Council's Ski Fair**. All of that hard work and enthusiasm paid off by Mt. High being named the winner of the Best Decorated Booth for 2014. We even had a window view of Mt. Hood! See page 2.*

*Our annual **Membership Kick Off Party** was another smashing success! Held at the Gray Gables, we were able to renew memberships, visit with old friends, have a bite to eat, and see what the club has in store for us this coming season. We heard about the **Whitefish Trip** and the trip to **Crystal Mountain** that our trip leaders have planned for us. We learned what to do to join a PACRAT team, and how to sign up as a "**Ski Buddy**". We had a mini ski swap and heard about a number of activities being set up for the coming year. Stay tuned to your **Lift Lines** for the specific event dates and to see what else is happening with our club.*

Debbi

Let's Have Some Fun!



Christmas Ships parade
Thursday, December 11



Day trip to White Pass
Sunday, January 18

Note the color code.
Our club is blue.

2014 - 2015 CALENDAR

Blue: Mountain High events
Red: NWSCC / FWSA / Multi-club
Black: General events

DECEMBER

Dec. 5 - 6 (Fri.-Sat.): Sandy High ski swap + Warren Miller movie

Dec. 7 (Sun.) Winterhawks game

Dec. 11 (Thur.): Christmas Ships, drinks, dinner ...

Dec. 12 (Fri.) Winterhawks game

Dec. 17 (Wed.): NWSCC Meeting, PIE Auction + PACRAT bib pickup

Dec. 29 (Mon.): Mt. High Board mtg

JANUARY

Jan. 4 (Sun): NASTAR race

Jan. 10-16: Revelstoke+Sun Peaks trip

Jan. 11 (Sun): PACRAT race 1 Skibowl

Jan. 18 (Sun.): White Pass bus trip

Jan. 25 (Sun): PACRAT race 2 Meadows

Jan. 31 - Feb. 7: FWSA Ski Week:
Whistler/Blackcomb

FEBRUARY

Feb. 8 (Sun): PACRAT race 3 Skibowl

Feb. 14 (Sat): Mt. High Chocolate Party

Feb. 21 (Sat): Mt. High Photo Party

Feb. 22 (Sun): PACRAT race 4 Meadows

Feb. 21-27: Lake Tahoe Sampler trip

Feb. 28- Mar. 6: Whitefish + Fernie trip

MARCH

Mar. 8-9: Oregon Cancer ski Out

Mar. 14-21: FWSA Val d'Isere trip

Mar. 15 (Sun): NASTAR race

Mar. 20-22: Crystal Mt. bus trip

Mar. 21-22: Hope on the Slopes

Mar. 22 (Sun): PACRAT race 5 Timberline

APRIL

Apr. 4 (Sat): PACRAT Make-up race (?)

NWSCC Ski Fair



Nov. 17, 2014 (Monday) The annual Ski Fair is organized by the NW Ski Club Council. It was held from 6:00 - 9:30 pm at the Conference Center next to the Airport Holiday inn on Columbia Blvd. This is a non-commercial event, organized by skiers for skiers.

Each local ski club had a free booth. The theme was "Winter Wonderland", and our club was proclaimed the winner, as the most well decorated booth. Thanks to all the volunteers who helped set it up and staff it throughout the evening. Several new people joined the club this evening, and a lot of existing club members came to renew their membership and sign up for ski trips and/or for PACRAT racing.

We also held a drawing for a year of free club membership and the winner's name was drawn from the box at the end of the evening. The winner is **Elaine Hilliker**, a new member! Congratulations, Elaine. Make the most of it!

Mt. High Kickoff Party



Karen Michels, Terry Swan, Patty Ignatowski



Randy Lew

November 20, 2014 (Thursday).

We filled up the Gray Gables Estate hall, as usual, with just enough participants so that everyone could get a seat at one of the many round tables. There was enough food for everyone. Everyone got a ticket for a nonalcoholic drink, but there was also a no-host bar available. People renewed their membership, or joined the club for the first time. Lots of people signed up for ski trips, and for PACRAT racing. We also had a mini ski swap, door prizes, and more.

Several people made various club announcements. **Bruce Kuper** and **Andy Hobart** talked about PACRAT racing. **Barb Parshall** introduced the Mt. Hood Passport, a brand new idea. **Randy Lew** talked about FWSA programs. **Emilio Trampuz**, **Linda McGavin**, and **Bob Burns** talked about upcoming ski trips. **Karen Michels** and **Terry Swan** handled all the signups.

Also, this year for the first time, several members responded to **Debbi Kor's** call for donations of ski jackets to be donated to the **Sleep Country Foster Kid Program**. Thanks to all who donated!



Terry White & Debbi Kor



Bruce Kuper & Andy Hobart

See more photos at www.mthigh.org/Photos.htm.

Sandy Ski Swap + Warren Miller movie**Dec. 5 and 6.** (Friday and Saturday)

Ski and Snowsports Swap & Sale. New and used ski and snowsports equipment with great prices! Then, see the latest **WARREN MILLER movie** Show times: 6pm December 6th & 7th. Tickets \$20 (a limited number available at the door). **Location:** New Sandy High School Auditorium

Winterhawks Hockey game and Mt. Hood Meadows lift ticket**Dec. 7** (Sunday) 5 pm and/or**Dec. 12** (Friday) 7 pm

Come see a Winterhawks game on one of these dates and get a free Mt. Hood Meadows lift ticket good for Sunday, **March 1st** and Sunday, **March 8th**.

A group of us are definitely going on December 12.

Contact: **Sandra Smith** at sandra@pacifier.com



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**Mt. High Christmas Ships Parade****December 11, 2014** (Thursday) - 6:00 pm

We'll gather at **Joe's Crab Shack**, on the Columbia River (just across the Interstate Bridge, on the Vancouver side) to watch the Christmas Ships.

Location:

Joe's Crab Shack,
101 Columbia Way
Vancouver WA
Ph.: 360-693-9211.



We'll have some tables staked out, beginning around 6:00 p.m. The ships are due to arrive around 7:45, so come for drinks, stay for dinner and enjoy the evening with your fellow Mt. Highers.

Contact: **Debbi Kor**,
503-314-7078,
ijustwannarun1@comcast.net

**NWSCC****NWSCC Meeting + PACRAT Bib Pickup****PACRAT**

By being a Mt. High member, you are also automatically a member of the NWSCC.

The NW Ski Club Council holds meetings on the 3rd Wednesday approximately every other month. These meetings are open to everyone. The next meeting will be a combined NWSCC and PACRAT meeting.

December 17 (Wed.) 6 pm.

At Buffalo Gap Saloon, 6835 SW Macadam Ave.,
Portland, OR 97219

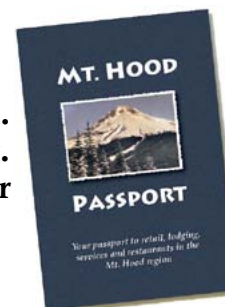
**Topics include:**

1. PACRAT racing bib pickup - Team captains be there!
2. PIE Auction -- Yes, real pies and cookies, and other desserts,
3. Safety issues,
4. January - Learn to Ski month,
5. Ski Challenge winners, ... and more!

For more information, see the NWSCC web site at: <http://www.nwwskiers.org/>

See the monthly NWSCC Newsletter at: www.nwwskiers.org/Newsletter/Newsletter.htm

Get your Mt. Hood Passport.
See page 12 for details.



PACRAT News

Pacific NW Area Clubs Recreational Alpine Teams

There is still time to join a PACRAT team for the upcoming 2014-2015 season. As long as there are still any spots open on any of the teams, we will fit you in.

Recreational racing is fun, and it is also quite social. By joining a 10-person team you automatically get 9 other ski buddies for the season. There are 5 official PACRAT races, but you can also participate in the two optional NASTAR races. After each PACRAT race, there is usually a party with free food and drinks.

A \$99 racing fee covers all 5 races and parties.

If you want to join us, just contact our Racing Director, **Bruce Kuper**, at bruku@comcast.net.

Here are the race dates for 2014/15.

Jan. 4 (Sun): NASTAR race

Jan. 11 (Sun): PACRAT race 1 - Skibowl

Jan. 25 (Sun): PACRAT race 2 - Meadows

Feb. 8 (Sun): PACRAT race 3 - Skibowl

Feb. 22 (Sun): PACRAT race 4 - Meadows

Mar. 15 (Sun): NASTAR race

Mar. 22 (Sun): PACRAT race 5 - Timberline

Apr. 4 (Sat): PACRAT Make-up race (only if needed)

Apr. 17 (Fri.): Rat Attack awards dinner party

Check out PACRAT racing with Mt. High Snowsport Club here:

<http://www.mthigh.org/Racing.htm>

Hand out a poster: http://mthigh.org/Racing/PACRATPoster_2014.bmp

PACRAT Bib Pickup



Dec. 17 (Wednesday) 6 pm

All team captains should come and pick up the racing bibs for their teams on Wednesday, December 17, at the **Buffalo Gap Saloon**, 6835 SW Macadam Ave.

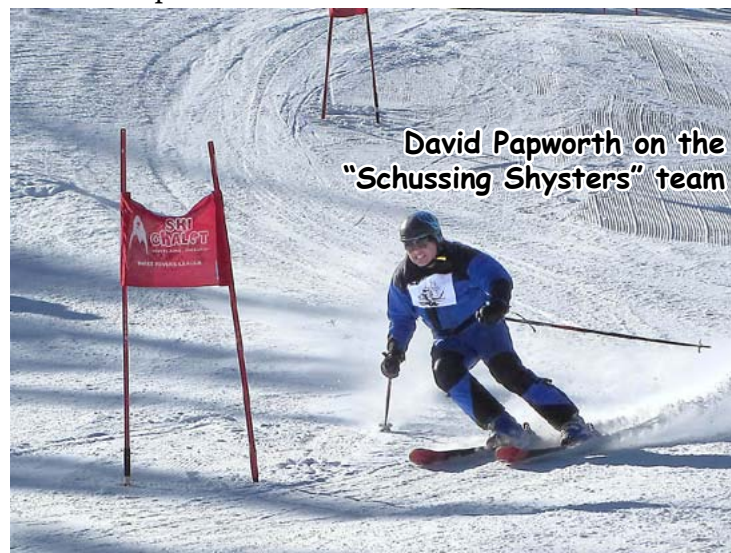
If the team captain can't come, please send one of the other members of your team to pick up the bibs.

Note that this will be a mixed PACRAT/NWSCC meeting and there will be other things on the agenda. See the previous page.

Mt. High Team captains

Team name	Team captain	Email address
Avalanche Express	Gary Gunderson	ktgpdx@frontier.com
Awsome tAles	Alan Bean	abean@nwgeotech.com
Blizzardos	Linda Eidemiller	2lindaloo@gmail.com
Chilled Brewskis	Brenda Becerra	LetsPlayOnTheMt@hotmail.com
Frosted Flakes	Stevie Viaene	stevie.viaene@gmail.com
Infra-Rats	Garth Eliason	gweliason@gmail.com
Lab Rats	Lonny Schiller	landkschiller@gmail.com
Mixed Nuts	Samy Fouts	samyfouts@comcast.net
Moose on the Loose	Scott Stepan	s_stepan@hotmail.com
Mt. Hoodlums	Phil Mant	phil6666@aol.com
Rattitudes	Chris Wiley	Chris2007@Yhuji.com
Schussing Shysters	McCoy Smith	McCoySmith@comcast.net
Vertigo Madness	Tom Cansler	tomcansler@qualitytank.com

Anyone who isn't already on a team but would like to try running some gates, please contact our Race Director, Bruce Kuper, at bruku@comcast.net, or contact any of our team captains listed above.



NASTAR Open Race



Jan. 4 (Sunday) - Mt. Hood Skibowl

This race is open to all, not just PACRAT racers. It's an opportunity to run some gates and see how it feels.

Details haven't been announced yet, but it usually costs about \$10 for 2 runs. Keep checking the Mt. High Race Events page and the PACRAT web site.

Mt. High

Mountain High Athletic Scholarship Recipient for 2015



Ashley Lodmell is this year's recipient of our club's Athletic Scholarship. This is a program organized by the Far West Ski Association, and our club contributes to it. It's an effort to help young athletes in their efforts to compete on a State level, in the Northwest, and ultimately on a National level.

Ashley Lodmell, age 16, attends Evergreen High school in Vancouver, WA, where she is a member of the National Honor Society and is a member of the varsity softball and cross country

teams. As a member of the Mt. Bachelor Ski Team, her objectives for this season are to make the U18 Nationals and be in the top 2 in the Northwest Cup overall.

Last season, Ashley had 5 podium finishes and placed in the top ten 17 times. She was one of 19 girls who represented the Pacific Northwest Ski Association at the Western Region competition in the 14-15 age group. She currently ranks sixth among girls in PNSA points.

In February 2014, Lodmell finished the PNSA season by winning the women's combined championship for her results in the super-G and the downhill events at the 51st annual Sun Cup on Mount Bachelor. She placed second and fifth in the downhill races.

On Feb. 20, Lodmell was featured in a KATU television news story about how aspiring Olympic skiers get their start.



Mt. High

Looking for Ski Buddies / Mentors for Beginners



Here is an interesting idea that might perhaps help rejuvenate our club and attract new members of all ages. Let's help non-skiers (i.e. total beginners) to get into the sport. It's a win-win. The sport gets new skiers. The club gets new members. The newcomer gets new "wings" (i.e. skis). Everybody is happy!

There are people who might like to try skiing but don't know where to start. Nobody in their family skis. They are overwhelmed with questions about equipment, lessons, where to go, what to do. Henry Bendinelli president of the Mt. Hood Ski Kats Club heard one such beginner say: "It's all so intimidating, and I don't know where to start." So, why not offer them a helping hand? Henry proposed **"mentoring"** them. Jon Tullis, Timberline's Public Relations Manager, proposed calling these "mentors" simply **"ski buddies"**. In our club, this would mean:

1. **A few volunteers** prepared to be ski buddies or mentors to beginners, to help guide them through the first steps. If the beginners have a good time the first time, they'll be back for more!
2. **Ways to work with beginners.** The volunteers would introduce people to the sport in a number of ways:
 - a) Answer people's questions about clothing (how many socks to wear), equipment, how to get started, etc.
 - b) Encourage them to take a lesson with a qualified ski instructor.
 - c) Meet them on the mountain for a day on the slopes.
 - d) Invite them to our club, to our trips, parties, races, etc.
3. **Advertising.** Word of mouth would help, but we should also use other means to let total beginners know they can find some help here. We could set up an email address devoted to beginners' questions; something like: questions@mthigh.org. Also, set up a page for beginners on our web site, as well as a Facebook page devoted to beginner skiers. Put up flyers all over town. A display at the Ski Fair. Maybe even put an ad in the papers.

If you would like to volunteer, at least from time to time, please contact **Emilio** at Emilio2000@earthlink.net

Back by popular demand! People love our short bus trips. They are fun and affordable. This year, we initially had only two trips, a long one and a short one, both in March. So, at the last minute, the Board decided we need to add one more trip, a short one, in January. And here it is! Join us on a day trip to **White Pass**, where **Phil** and **Steve Mahre**, Olympic champions in 1984, go their start.

Mt. High

White Pass day trip, WA**Sunday, January 18, 2015**

Just a day trip, a “Show Me Something New” trip. We’ll try to show each other some new way of skiing the mountain. If you’ve been there before, show us your favorite spot or your favorite trail. Or let us show you some hidden nook. Or, go explore on your own

White Pass has recently doubled its terrain by opening a whole new hill, the Paradise Basin area, adding 2 new lifts and 767 new acres. So, there will be no problem finding something new!!!!

Price: \$115 for adults ages 16 - 72
 \$75 for seniors ages 73+
 \$99 for juniors, ages 7 -15

Price includes bus transportation and lift ticket.

Print our **Dough Transmittal Form** and mail it in with your check payable to Mountain High, PO Box 2182, Portland, OR 97208.

By comparison a weekend day lift ticket at Mt. Hood Meadows costs \$74, plus you have to spend an additional \$20 to \$30 on gas, plus the wear and tear on your car, all adding up to well over \$100 for a day at Mt. Hood Meadows. For about the same price, you can experience something new here.

So, join us on this fun trip, where you can catch up on your sleep on the bus, or enjoy the jokes, stories, games and videos we’ll share during part of the bus ride. It’s also a great way to meet other club members. .

Meet the bus at the **Gateway Transit Center**, on NE 99th Avenue, near the junction of I-205 and I-84.

Load the bus starting at 5:30 am. Depart at 6:00 am.

At White Pass, the bus leaves at 4:30 pm. Arrive in Portland by about 7:30 pm.

Please use the [Dough Transmittal Form](#) (on the page before last) or find the form on the FORMS & DOCS web page. Make check payable to **Mountain High Snowsport Club**, and mail it to:

Mountain High, PO Box 2182, Portland, OR 97208.

Contact trip leader:

Emilio Trampuz, Emilio2000@earthlink.net



During the **Whitefish** (Montana) trip, and the optional day trip at **Fernie** (British Columbia), we will play a little challenge game. Can you find the following places? Can you name or describe the location? Or, better yet, take a picture of yourself at that same location! If you are not coming with us, take a look anyway, and go treasure hunting some other time.



BIG MOUND ON A GROOMED TRAIL

That's a view of the town of Whitefish below. But, where is this big mound? It's on a groomed trail, but not easy to find. We skied there before, but it was still hard to find a few years later.

1. Name the trail. Or take a photo there!

JESUS ON A GROOMED TRAIL

1. Where is Jesus standing? Name the trail.
2. What is he looking at? (Ask a local about that mountain in the distance.)



TRAIL SIGN IN UNGROOMED TERRAIN

1. Where is this trail sign located?
How do you get there?
2. What is the name of the lake in the background?

SCARY STEEP SADDLE AT FERNIE

1. Where is this steep drop located?
2. Where was the photographer standing?

Both places are in ungroomed terrain. But they are also visible from nearby groomed trails. Just keep looking around!



2014-2015 Winter Trips

NOTE: On the Whitefish trip, a 3 of 5 days pass is included in the price, and for an additional \$44.10 per day, you can order a 4 or 5 day pass. You can use the pass on ANY of the 5 days we'll be there. We suggest that everyone ski at Whitefish on days 1, 2, and 5. Day 3 would be perfect for a visit to Fernie. Day 4 is optional (ski, shop, sightsee, cat ski).

Near the top of
Whitefish Mt.



Whitefish trip price includes round trip train seat, 4 nights ski-in/ski-out lodging, 3 day pass at Whitefish, and at least one dinner:

Adults = \$638,
Seniors (65+) = \$606
Super Seniors (70+) = \$497

Additional train option:

1. Sleeper bunk bed on train: **\$235** (round trip, pp/do)

Other trip options: (all based on group discounts)

1. Additional Whitefish tickets = **\$44.10** per day
2. Fernie day trip = Approximately **\$105**.
3. Snowcat skiing = Approximately **\$395 - \$250**.

In order to get the group discount price, all these options must be reserved in advance. So, let us know your intentions right away. Mark it on the sign-up form.

Payment schedule:

1. **\$100 deposit** due now to reserve your spot.
2. **Half of the total amount** is due by November 27.
3. **Full payment** due by January 14. No refunds after January 14 unless you can fill your spot. See our Mt. High [Trip Cancellation Policy](#).

Please use the [Dough Transmittal Form](#) (on the page before last) or find the form on the FORMS & DOCS web page. Make check payable to **Mountain High Snowsport Club**, and mail it to:

Mountain High, PO Box 2182, Portland, OR 97208.

More ski trips info at: www.mthigh.org/Trips.htm.

Mt. High Whitefish Mt. train trip



February 28 - March 6 (Sat. - Fri.) 2015

We'll leave Portland on Saturday afternoon, by train. Arrive in Whitefish at 7:30 am, leave our luggage in the on-mountain condo, and hit the slopes!

We'll spend a total of 5 days there, returning on the evening train on Thursday, March 6, and arriving back in Portland around 11:15 am Friday morning.

Whitefish Mountain (formerly Big Mountain) offers 2,353 vertical feet, over 3,000 acres, served by 14 lifts, of which 3 are high speed quads.

This coming season, Whitefish is installing a new triple chairlift that will open 6 new trails and some glade skiing.

We will stay in ski-in/ski-out condos within the on-mountain village.

The basic trip includes a **3-day pass** to Whitefish, thus leaving 2 days (in the middle of the week) for other optional activities. Our options are:

1. **Ski** at Whitefish for an additional **\$44.10** per day.
2. **Take a rest** day for shopping or sightseeing.
3. **Day trip to Fernie** (Canada), just 2 hours and 15 minutes north. 3,550' vertical. If 20+ of us go, we can rent a bus. Cost is about **\$105** for bus and lift ticket.
4. **Snowcat skiing** with the Great Northern Powder Guides, just 25 minutes north of Whitefish. The cost is \$375 per person per day, plus about \$15 for transportation from our condos to the site. This has to be booked well in advance. The price can go down to just \$250 per person if we manage to get 14 people.

In order to get group discounts for the above, we need to buy in advance. So, answer the following questions:

- a) How many days will you ski at Whitefish, 3, 4, or 5?
- b) Which side trips do you want (Fernie, Snowcat)?

Most likely, most of us will ski Whitefish on days 1 and 2 (Sunday and Monday), and also on the last day (Thursday). The two optional days are Tuesday and Wednesday, March 3 and 4.

Two nights will be spent on the train, one in each direction. **All the 14 sleeper spots are now taken. Half of us will spend the night in comfortable, reclining coach seats (with leg rests), the only ones now available.**

Your trip leaders are:

Emilio Trampuz, Emilio2000@earthlink.net and
Sandra Smith, sandra@pacifier.com

Mt. High

Crystal Mountain, WA



March 20-22, 2015 A weekend bus trip, 2 nights/2 days. We leave Friday around 5:00 pm. Lots of fun on the bus – this is the best way to get to know other club members! We'll return Sunday by 8:30 pm.

Crystal Mountain is the largest ski area in Washington with 3,100 vertical feet of skiing, with over 50 named runs. There's everything from gentle groomed cruising runs for beginners to challenging steeps - backcountry, glades, chutes and unbelievable black runs for the more adventurous. This is why SKIING Magazine voted Crystal Mountain the #7 top mountain in North America.



There is one 8-passenger gondola, 2 six-pack hi-speed lifts, 2 hi-speed quads, 2 triples, and 3 doubles., serving 2,300 acres of lift served terrain, plus 500 acres of backcountry.

NEWS: Two lifts are being replaced by new ones in time for this winter:

1. **The High Campbell Chairlift**, for experts only, which was destroyed in an avalanche this past season, is being replaced by a new fixed grip double chairlift made by SkyTrac, the only American ski lift manufacturer.
2. **The Quicksilver fixed-grip double chairlift**, serving intermediate terrain, is being replaced by a fixed-grip quad lift.

Lodging: We'll stay at the Park Center Hotel in downtown Enumclaw, 45 minutes from the mountain, with easy access to a variety of restaurants and bars. Breakfast is provided for hotel guests, and there is an indoor hot tub.

The price is only **\$240** for the bus trip, 2 nights' lodging, 2 breakfasts, and one lift ticket.

Seniors (70 and over) pay only: **\$215**.

The reason for only one lift ticket is that on Sunday, March 22, Crystal Mountain is allowing all NWSCC club members to buy tickets at half price, but you have to go to the ticket window yourself and show your NWSCC card (i.e. your club membership card; you'll get it when you renew your club membership for this season).

Use the [Dough Transmittal form](#) on the page before last (or on our FORMS web page) to send **\$100 deposit**, due by November 30. Full payment due by February 15, 2015. No refunds after February 15 unless you can fill your spot. Contact trip leader **Linda McGavin** at (503)652-2840 or e-mail Trips@mthigh.org.

Mt. Hood Express bus

Ride the bus from Sandy to Skibowl or Timberline for just \$2, or ski from Timberline to Government Camp and take the bus back to Timberline. Schedule at:

www.mthoodexpress.com/#!/schedule-map/clh6a



More ski trips info at: www.mthigh.org/Trips.htm.

MOUNTAIN HIGH

Multi-club Trips & Deals

SNOWSPORT CLUB

FWSA

Far West Trips



Click on underlined blue links or go to www.FWSA.org.



FWSA SKI Week: Whistler / Blackcomb, January 31 - February 7, 2015. A week of skiing and racing in Canada. Price: \$1,299 - \$1,339 per person depending on the type of lodging. This includes 7 nights lodging, 5 lift tickets, banquet, council party, apres ski, races, & more. Air not included.

Last call! This trip is almost full.

Mail check to: NWSCC Whistler Trip, 5331 SW Macadam Ave. Suite 258, Box 438, Portland, OR 97239. Contact: **Chris Ciardi**, c2blondie@hotmail.com, 503-297-5351
Barbara Bousum: BBousum@gmail.com 503-224-3584



FWSA European Ski Week: Val d'Isere, France. March 14-21, 2015. Price for land package: \$1995 - \$2616 pp. Includes: 7 nights lodging, daily breakfast, welcome and farewell parties, 5

nights dinner (2 nights free to explore local restaurants). Air and lift tickets not included.

Optional pre-trip to Paris and post-trip to Provence.

Make checks out to: Far West Ski Association (FWSA) for "FWSA 2015 Int'l Trip". Send to: Debbie Stewart, FWSA VP of Int'l Travel, 430 S. Church St., Visalia, CA 93277. FwsaIntlTrvl@prodigy.net



FWSA Heli Skiing at Revelstoke, BC with CMH Heli-Skiing. March 15 - 21, 2015. (5 nights / 4 days of heli-skiing). Fly to Kelowna, then go by CMH bus

or car to Revelstoke. Price = \$5,830 pp double occupancy (plus taxes) or \$6,480 pp single supplement (plus taxes). Contact: Nancy Ellis, FWSA VP North American Travel, 530-414-8261 email: vpnorthamericantravel@fwsa.org



FWSA Mini Ski week: Whitefish, MT. March 30 - Apr 4, 2015 (5 nights / 3 or 4 days of skiing). Price = \$550 (3 days skiing), or \$600 (4 days skiing).

Included: 5 nights lodging at Grouse Mountain Lodge on the outskirts of the town of Whitefish with free shuttles to the mountain. Trip Leader: Gloria Raminha, 661-829-5996 [H], 661-800-8229 [C], garski2011@gmail.com

Mt. Hood Meadows Lift Tickets

Mt. Hood Meadows lift tickets are available at a group discount price for just \$64. This price is good for all NWSCC club members (and that includes all Mountain High members).

To purchase these tickets, contact either:

1. The Bergfreunde club office: 503-245-8543 ... or
2. Call **Shawn Storey** at 360-910-8709.

The Taco Shoppe 20% discount



Kevin Bastin, the owner of the Taco Shoppe in Government Camp and also a Mountain High member, has offered us an even better deal than in the past. Instead of just an offer on the burritos, our members can now

get a **20% discount off of any item on the menu!** Thanks Kevin!

So, stop at **The Taco Shoppe** in Govy, right next to the Mt. Hood Museum, and get ready to experience something delicious. And say thanks to Kevin!

Bergfreunde Revelstoke + Sun Peaks



January 10 - 16, 2015. Carpooling trip.

Cost: \$540 (ppdo, land only) includes: 2 nights at the ski-in/ski-out 5 star Sutton Place Hotel at the base of the mountain. 4 nights at the ski-in/ski-out Sun Peaks Lodge, 3 breakfast buffets. Lift tickets (2 Revelstoke, 3 Sun Peaks): add \$315.

Make checks payable to **Bergfreunde Ski Club**.

Payments to: Bob Burns, 9980 SW Citation Place Beaverton, OR 97008. 503-524-5261 (phone/fax), bob@inkjetman.com. Details on Mt.High web site.

Bergfreunde Lake Tahoe Sampler

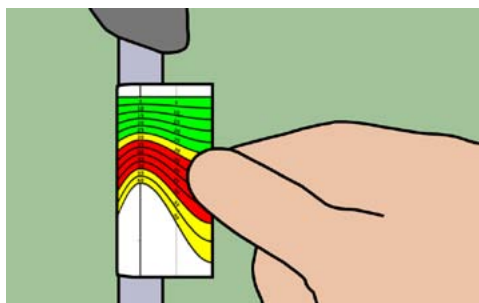


Feb. 21 - 27, 2015. Carpooling trip.

Cost: \$332 (ppdo, land only) includes: 6 nights lodging, 2 group dinners, Hospitality room Sun, Mon, Fri., a dinner dance cruise on the M.S. Dixie II paddle wheeler. Lodging in South Lake Tahoe. **Skiing:** We'll be playing it by ear and taking advantage of any lift ticket deals that are offered.

Make checks payable to **Bergfreunde Ski Club**.

Payments to: Bob Burns, 9980 SW Citation Place Beaverton, OR 97008. 503-524-5261 (phone/fax), bob@inkjetman.com. Details on Mt.High web site.



Pole Clinometer - NEW & IMPROVED

Last year, we introduced you to an inclinometer for measuring slope steepness and alerting to avalanche danger. See it on our ARTICLES web page, under the EQUIPMENT heading. www.mthigh.org/Articles/Inclinometers.htm.

Now, here comes a new, more accurate version of it, thanks to the efforts of **Grayson King**, grayson@snowander.com, who gave Emilio credit for the inspiration, but then greatly improved the accuracy. Grayson says:

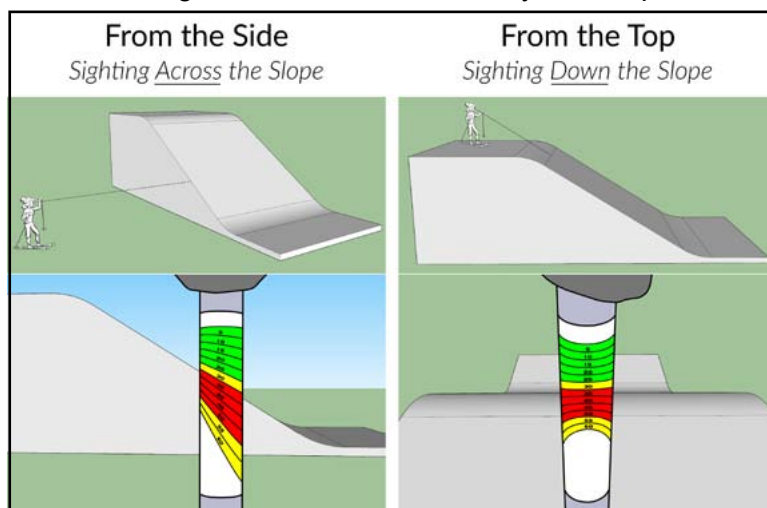
"When you use straight lines on your sticker, it'll only work if you apply your sticker to a flat surface. As soon as you wrap the sticker around the shaft of a ski pole, the 2-D projection of the lines (i.e. what your eye sees) are no longer straight, so they don't represent the same angle as they did on the flat sticker.

"HOWEVER, I thought the design was quite clever when I stumbled across it last spring, and when I realized it wouldn't work with straight lines, I got to thinking how it could be re-engineered so it'd work on a cylindrical pole shaft. And sure enough, there's a pretty slick solution to the problem. I've developed a product from the resulting new design. Lots of info on the product website: <http://poleclinometer.com/>."

So, the design is improved, and you now get more in the new installation kit is: 3 Pole Clinometer stickers to fit all standard pole shaft diameters, a clear Protective Skin for rugged durability, Alcohol Wipes for surface prep, and Easy-to-Follow installation and use Instructions.

Attach it to your ski pole, and you can measure the slope steepness either from the side or from the top.

See the video and get one on the **Kickstarter** page: <https://www.kickstarter.com/projects/1368073986/poleclinometer-the-ski-pole-inclinometer-sticker?ref=PoClweb>



Alaska
Aurora SkiLand
Moose Mt.
Arctic Valley
Hill Top
Mt. Alyeska
Mt. Eisek
Eaglescrest

Hawaii
Mauna Kea

Also included:
CALIFORNIA
Mammoth Mt.
COLORADO
Aspen/Snowmass
IDAHO
Brundage Mt.
Schweitzer Mt.
Sun Valley
MONTANA
Whitefish Mt.
WYOMING
Grand Targhee
Jackson Hole
BRITISH COLUMBIA
Big White
Sun Peaks
Whitewater
Kimberley
Nakiska
Kicking Horse

Northwest Ski Club Council
Ski Challenge
2014 - 2015

Qualify for a prize: ski or snowboard in a single season at least 7 ski areas shown here: in Alaska, British Columbia, California, Colorado, Hawaii, Idaho, Oregon, Montana, Washington, and Wyoming. Just save your lift tickets and/or receipts.

Washington
Mt. Baker
North Cascade Heli-Skiing
Mt. Spokane
Cascade Powder Cats
Leavenworth Ski Hill
Mission Ridge
Summit at Snoqualmie
Crystal Mountain
White Pass
Ski Bluewood
Cooper Spur
Spout Springs
Timberline
Mt. Hood Meadows
Mt. Hood Ski Bowl
Hoodoo
Mt. Bachelor
Willamette Pass
Mt. Ashland
Warner Canyon

Oregon

Entry Form and Rules are posted on the NWSCC website at www.nwskiers.org

Ski Challenge

The NW Ski Club Council wants to encourage you to see and ski more places, ... and don't forget the small ones!

Ski or ride any 7 or more resorts during the 2014-2015 ski season to be eligible to win a prize. Just save your lift tickets or receipts, and mail them in at the end of the season.

Ski areas that count are all those in **Oregon**, **Washington**, **Alaska**, **Hawaii**, as well as several in **British Columbia** (Big White, Sun Peaks, Whitewater, Kicking Horse, Fernie, Kimberley and Nakiska), one in **California** (Mammoth Mt.), **Colorado** (Aspen/Snowmass), 3 in **Idaho** (Brundage Mt., Schweitzer Mt., and Sun Valley), and 2 in **Wyoming** (Grand Targhee, Jackson Hole).

Save your lift tickets or receipts! Then, at the end of the season, mail them to the Northwest Ski Club Council, Ski Challenge, 5331 SW Macadam Avenue, Suite 258, Box 438, Portland, OR 97239.

Winners will be announced at the start of the following winter season, most likely in December.



Mountain High club resources

Make the most of your club membership. Use at least some of the many resources available.

Ski Areas info. Over 160 western ski areas are just a click away on our "Ski Areas" web page: www.mthigh.org/SkiAreas.htm

Forums: Connect with other club members. Ask questions. Arrange to meet for a day on the slopes. Share your thoughts. On our web site,

in the main menu, we have 2 Forums, one for all club members, and one for mid-week skiers.

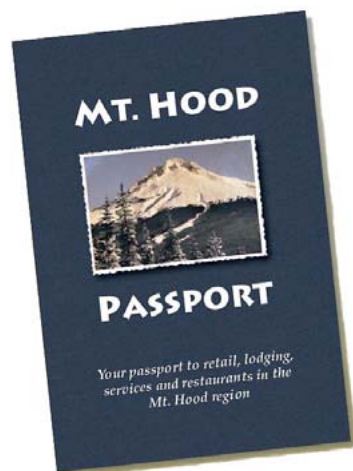
Facebook: Post something on our Facebook page, at <https://www.facebook.com/groups/1528330064067232/>

Bulletin Board: Post an announcement. Have something to sell or to offer to our club members? Go to our Bulletin Board and read the instructions at the top about how to post stuff there. www.mthigh.org/BulletinBoard.htm .

Articles: Our ARTICLES web page is a repository of useful information on a variety of topics, sorted into categories such as: Safety, Racing, Travel, Ski Areas, Local Lore & Local Issues, Equipment, Technology, and Humor.

All of the above is just a small sample. There is much more. Check out our Racing pages, our Awards, Blogs, Photos, Videos, and our Vision of the future of skiing. It's all at www.mthigh.org .

Mt. Hood Passports



Get the passport for \$10, and get over \$300 in discounts/promotions. Visit local businesses on Mt. Hood, make use of their special offers and get you passport stamped.

Prior to PACRAT's Rat Attack in April 2015, return your stamped passport back to **Barb Pressentin** or any board member of PACRAT/ NWSCC for the big drawing with many prizes.

Purchase your passport at the NWSCC meeting, December 17, or contact **Barb** at: 503-267-9522 or email: BP2Ski@Gmail.com

Oregon Cancer Ski Out

March 8 - 9, 2015. (Sunday and Monday)

A fun two-day ski/snowboard event at Mt. Hood Meadows, raising money for hospice, cancer research, education and prevention programs.

Beneficiaries are: the OHSU Cancer Institute, the Willamette Falls Hospice, and the Candlelighters (a grass-roots organization supporting children with cancer).

Two races are held, and only consistency counts; not speed. Teams of 5 compete in an effort to match their overall time in Monday's race as closely as possible to their results from Sunday's race.

Wonderful video at: www.youtube.com/watch?v=3yo8cgULE8o

Early Registration = \$179 per person (before December 31, 2014)

Normal registration = \$199 per person (after December 31, 2014) .

See: http://www.mthigh.org/index.htm#Oregon_Cancer_Ski_Out

Hope on the Slopes

March 21 - 22, 2015: (Saturday - Sunday) - at Mt. Hood Skibowl.

24 hours of skiing, 10 am - 10 am. A vertical challenge, where competitors earn points for both dollars raised and the total vertical feet skied. Teams can consist of between 4 and 10 people. You can also compete individually. There are no age restrictions. Benefit for the American Cancer Society.

Registration is \$40 per person, or \$150 per team (for up to 10 members. Each participant is encouraged to raise a minimum of \$200. Prizes include lift tickets, skis, snowboards, and clothing.

Register: <http://hots.kintera.org/faf/home/default.asp?ievent=1124453>

Contact: **Devin Jenkins**, devinhots@gmail.com

MOUNTAIN HIGH

Contacts / Club info

SNOWSPORT CLUB

Man & Woman of the Year

Our club's Man and Woman of the Year for 2014, were: **Kurt Krueger** and **Nancy Pratt**.

Send in your nominations for 2015 to any member of our Board by the end of February.



Mountain High Meeting

Usually last Monday

Dec. 29 (Mon.): Open to all who want to get more involved with the club.

Gather at **6:00 pm**. Start at **6:30 pm**.

Location: Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy.)

Mountain High snowsport club contacts:

President:	Debbi Kor	H: 503-314-7078,	President@mthigh.org
Vice-President:	Terry White	H: 503-781-4558	TWhite223@msn.com
Secretary:	Lisa Scribner	H: 360-904-1302,	LScribner98@yahoo.com
Treasurer:	Nancy Pratt	H: 503-593-9427,	Treasurer@mthigh.org
Past President:	Kurt Krueger	H: 503-625-1492,	President@mthigh.org
Membership Director:	Karen Michels	H: 503-984-9210,	skiklynn@gmail.com
Race Director:	Bruce Kuper	H: 503-975-8039,	bruku@comcast.net
Newsletter Editor:	Emilio Trampuz	H: 1-503-378-0171,	newsletter@mthigh.org
Social Activities:	Debbi Kor	H: 503-314-7078,	ijustwannarun1@comcast.net
Golf:	Cal Eddy	H: 503-805-8606,	baebaw@ccgmail.net
Hiking:	Chris Brooks	H: 503-764-5323,	jruffman@aol.com
Bike rides:	Jackie Bonillo	H: 503-663-3359,	jbon1960@comcast.net
Bike rides:	Karen Michels	H: 503-984-9210,	skiklynn@gmail.com
Mid-week skiing:	Ken Brundidge	H: 503-720-0620,	KenBrundidge@comcast.net
Trip Director:	Linda McGavin	H: 503-652-2840,	Trips@mthigh.org
Trip Leader:	Gordon Lusk	H: 503-804-8363,	GordyLusk@hotmail.com
Trip Leader:	Sandra Smith	H: 503-646-4591,	sandra@pacifier.com

General info:
info@mthigh.org

Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership or ☐ Renewal

Name(s): _____ Birthday (MM/DD) _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

Email Preferences: - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
 (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

By joining the Mountain High Snowsport Club, I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations, including the Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, and any of their agents (officers, directors, trip captains, and any other Club representatives) from liability for personal injury, property damage, or any other liability of any kind connected with my participation in any club-related activity. Furthermore, I agree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.

Please take my money, and apply it toward the following Ski Club fun stuff:

	Deposit?	Paid in full?
<input type="checkbox"/> Annual Membership (Oct. 1, 2014 - Sept. 2015): Single (\$25); couple (\$40)	\$ _____	_____
<input type="checkbox"/> PACRAT Racing (2015) \$99 for the whole season . Team: _____	\$ _____	_____
<input type="checkbox"/> White Pass trip (Jan. 18). Adult (16-72): \$115; Snr. 73+=\$75; Junior(7-15)=\$99	\$ _____	_____
<input type="checkbox"/> Whitefish trip (Feb. 28- Mar. 6). Dep.: \$100. Adult: \$638; 65+=\$606; 70+=\$497	\$ _____	_____
<input type="checkbox"/> Whitefish train bed in sleeper car \$235 round trip, per pers., double occy.	\$ _____	_____
<input type="checkbox"/> Whitefish lift tickets (on top of the included 3): \$44.10 per day (max. 2 days)	\$ _____	_____
<input type="checkbox"/> Whitefish: Fernie day trip (bus + lift ticket): \$105 per person	\$ _____	_____
<input type="checkbox"/> Whitefish: Snowcat skiing Per person = \$375; Full cat: 14 people = \$250 p.p.	\$ _____	_____
<input type="checkbox"/> Crystal Mt. bus trip (March 20-22): \$240; Seniors 70 and over = \$210; Dep.=\$100	\$ _____	_____
<input type="checkbox"/> Other: _____	\$ _____	_____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

Checkmark all desired options.

Club membership = 308 Newsletter Distribution

The Dec 2014 issue is posted on our web site. Also:
369 copies sent via email (as PDF files)
21 paper printed copies sent via US Mail.
 Copies are also sent to potential members, other clubs, etc.

Count Your Ski Areas

Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas-2014-5-25.xls>

Mt. High

Membership



Please try to renew your club membership in person at the **Ski Fair** or the **Kickoff party**. Both are in November. These are the only two events where we will be

prepared to take your membership forms and dues and can also give your your new membership card – which we don't normally mail out unless specifically requested.

But, of course, you can always renew by mail too. Simply print the **Membership Signup form** at the [FORMS & DOCS](#) page or on the **Membership** page, and mail it in.

If you did not receive a membership card, you can request that one be mailed to you. Please contact our Membership Director, **Karen Michels** at: 503-984-9210 or skiklynn@gmail.com

Sno-Park Permits



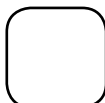
On Mt. Hood you can get a \$30 ticket for not having a sno-park permit.

The best place to buy a sno-park permit is at your local DMV

office. The annual permit costs **\$25**. A 3 day (consecutive) pass costs **\$9**, a day permit is **\$4**.

You can also buy it at various sporting good stores, and even at the Rhododendron food market, but all these outlets usually tack on **a \$5 fee** for a season permit, or **\$1** for a day pass. **Do some good and help the Ski Patrol by buying it from them at the Ski Fair.**

The sno-park permit fees help pay for snow removal from ski area parking lots during the winter.



Emilio Trampuz
 Mountain High Newsletter editor
 4742 Liberty Rd. S., #296
 Salem, OR 97302
 Please check our web site,
www.mthigh.org
 for updates.