



Lift Lines

= No. 162-163, June-July 2014 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



From the Prez



Hey everyone! As your new president, I'd like to express my sincere thanks to **Kurt Krueger** for the past 3 years of running this awesome organization, and keeping it to the high standards that we have always set for ourselves. It is my goal to maintain the integrity of our club and maintain those high standards.

I'd like to see what we can do to get our members more involved. As a Board member of our parent organization, Far West Ski Association, and having just come off a fantastic Far West convention in Bend (one in which our club made a good showing), I saw and heard how other clubs get involved more in their community with charitable events, community activities, and fund raisers. **I'd like to hear what you think we could do to "give back" more.** We do our highway clean up twice a year, and usually have a food drive for the Oregon Food Bank once a year, but there is much more that we could be doing. Please share your ideas with me or one of our other Board members.

I have an incredible team of officers to assist me this year. With my new position as President, I would like to turn the "**Activities**" over to someone, or a couple of "someones" who have the time and would be willing to follow up with all the club activities and events that happen throughout the year. Perhaps it can be a shared position...one person taking on the responsibility for one event, another taking on something else. If you're interested in this position, please let me, or one of our other Board members know. (See page 13 for list of club officers.)

We have some **fun events** planned for the summer (biking and hiking), and have already begun planning our ski trips for next season. We will be heading to Whitefish for 5 days with Emilio and Sandra Smith, as well as going to Crystal Mountain with Linda McGavin for a few days of fun, and who knows what else. Stay tuned to your Lift Lines and see what else is happening.

I'm looking forward to a great year!

Debbi



Note the color code.
Our club is blue.

2014 CALENDAR

Blue: Mountain High events
Red: NWSCC / FWSA / Multi-club
Black: General events

JUNE

June 1 (Sun.): Silver Falls hike
June 2 (Mon.): Mt. High Board mtg.
June 12-15 (Thur. - Sun.): FWSA Convention - Bend, Oregon. "Volcanic Paradise"
June 21 (Sat.): Highway Cleanup
June 28 (Sat.): Champoege Park bike

JULY

July 1 (Tue.): Mt. High Board mtg
July 13 (Sun.): Row River bike ride
July 19 (Sat.): Bike to the Dike ride
July 28 (Mon.): Mt. High Board mtg

AUGUST

Aug. 2 (Sat.): History bike ride
(Timberline to Rhododendron)
Aug. 16 (Sat.): Mt. High Picnic & bike
Aug. 21-24 (Thur.-Sun.): Rafting
Aug. 23-24 (Sat -Sun): Barlow Road Ride (Oregon City - Govt. Camp)



If you plan on visiting Fernie (Canada) during our Whitefish trip, make sure your passport will still be valid. Renew it now if necessary.

See: www.mthigh.org/Articles/Passports.htm

Mt. High Quarterly Social & Elections

May 21, 2014 (Wednesday) Approximately 50 - 60 people attended our quarterly social event at the Acapulco Restaurant, not far from Mall 205.



Debbi Kor was elected our club's President, replacing Kurt Krueger, who has served as President for the past 3 years. Debbi has been actively involved with our club for many, many years, mostly in the capacity of Social Activities Director,

and NWSCC representative or liaison. She has also led Mt. High ski trips. She started the Highway Cleanup project for our club adopting 2 miles of Highway 26 near Government Camp.

For many years, she has also been active in the NWSCC (as Director of Special Events), and in the FWSA (as VP of Marketing). At the FWSA Convention, she organized and led the Pub Crawl event.



Silver Falls Hike

June 1, 2014 (Sunday).

Chris Brooks led this hike and 21 people attended. We hiked to 9 of the 10 waterfalls at the Silver Falls State Park. It was very good. Perfect hiking weather, warm but not too hot. Great views of the waterfalls. We took lots of pictures. Chris treated us to some snacks both before we started on the hike as well as at the end.



Chris Brooks

Photo: Emilio Trampuz



We walked under the South Falls



A group picture

Photo: Bruce McGavin

Far West Ski Association Convention



June 12 - 15, 2014. The annual Far West Ski Association Convention was hosted this year by the Northwest Ski Club Council (NWSCC) at the Riverhouse in Bend, Oregon. The theme was "Volcanic Paradise". We have already emailed you a detailed press release about all that happened at the Convention, but here are a few highlights.

The [Northwest Ski Club Council](#), with **Mary Olhausen** as President, hosted this Convention, and several local ski club organized some of the fun events. Our **Mountain High Club** with **Debbi Kor** at the helm, organized the Pub Crawl on Thursday night, a social event that brought together 115 people from all over the West - a mix of ski club members and ski industry representatives.

The Ski industry booths on Friday night and the Travel Expo on Saturday morning helped us to connect with ski area reps and plan future ski trips.

There were also several educational seminars. **Greg Coulter** (of [Boots and More Performance LLC](#)) talked about new gear. **Curtis Norsen**, Mt. Bachelor's Patrol Director, talked about avalanches. Among other special guests were: **Billy Kidd** (1964 Olympic silver medalist), **Jess McMillan** (Freeskiing World Tour Champion),



Ben Jacklett (ShredHood.org) &
Linda Scott (FWSA President)

John Gifford (President, Pacific Northwest Ski Areas Association), **Jordan Schweitzer** (Mt. Bachelor Ski Team and FWSA Scholarship recipient), **John Allen** (Forest Supervisor, Deschutes National Forest), **Matthew Drake** (Mt. Hood Meadows CEO and National Ski & Snowboard Association Director for the Pacific Northwest), **Dave Ludwig** (Hope on the Slopes Founder), and **Ben Jacklett** (Journalist, founder of ShredHood.org web site).

Ben Jacklett won the Bill Berry Award for journalistic coverage of skiing and snowboarding, in the Hard News category. Go [ShredHood.org](#) !!!

Many individuals, clubs, and councils were honored with numerous awards. Our club has been among the top

3 in our category for years, but this year, we won **1st place** in **all 3 club competitions**: for the newsletter, the web site, and for the overall outstanding club. The Outstanding Club award was based on essays that each club wrote about themselves, answering some specific questions. Our essay was written by **Kurt Kruger**, with the help of several club leaders who contributed their own segments to the essay.

Emilio Trampuz won the Western Ski Heritage Award for his work on preserving and promoting the history of Mt. Hood. This award is sponsored by Steamboat resort in Colorado, and it includes 5 days of skiing and lodging in Steamboat. This award was not totally unexpected, as Emilio entered the competition and submitted 75 pages of documentation about his work.



Mt. High members with their 3 awards: Stevie Viaene, Nancy Pratt, Emilio Trampuz, Debbi Kor, and Linda McGavin

But, the next day, Emilio was totally surprised to also win the J. Stanley Mullin award "for outstanding contribution to the sport of skiing". This award was not a competition, but a recognition, based on being nominated for the award by Mary Olhausen and Linda McGavin. See it on the FWSA web site: <http://www.fwsa.org/Awards/Winners-2014/2014-Winners-citations/JSM-FWSA%20Citations-2014-EmilioTrampuz.pdf>

See more Convention photos at www.mthigh.org/Photos.htm.

Mt. High

Highway Cleanup

Review by Debbi Kor

On Saturday, June 21st, eleven Mountain High members participated in our annual Summer Highway Cleanup on Mt. Hood. We had a nice day weather-wise and were able to get the cleanup done in just a couple hours. **The Taco Shoppe**, in Government Camp, owned by fellow Mt. Higher, **Kevin Bastin**, served up a mucho grande lunch for everyone who helped out.



I'd like to thank those who called, offering their help, but were turned away because I already had a full crew. I'd like to briefly explain the "rules of the road" we must follow with the Oregon State Highway Department.

When we began this project four years ago, everyone involved was required to watch a film, provided by the Highway Department, and sign a Waiver of Responsibility. Watching the film is no longer required. However, everyone who is on that highway, **MUST** sign a waiver,

which is kept on file with ODOT. As the leader of this group, I do not feel comfortable putting more people on the highway than necessary, and I have found that twelve (12) is really our maximum number of people needed. When Mt. High is doing the cleanup, we are responsible for all those helping out. We need to ensure the safety of everyone up there.

I've had members ask if they may bring their children along, for a family day, and the answer to that is "no". While it sounds like a good way to teach kids responsibility and the beauty of "giving back", all participants must be at least 16 years old.

When we get ready for our Fall Cleanup, which will be in October, I will gladly welcome new faces (of age), but please let me know ahead of time, so that I can forward you a waiver to sign, or have one for you when you show up at Ski Bowl.



Mt. High

Champoeg Park bike ride



Review by Emilio Trampuz



June 28 (Saturday). 10:00 am. Led by Karen Michels
What a fun bike ride this was! Too bad so few showed up. Why? There could be two possible explanations:
a) **The weather.** Sure, it rained or drizzled in Portland from time to time. But, that was not a problem at all. The microscopic drizzle did not affect us. We barely noticed it. Much of the ride was under the tree canopy, so we were protected from any moisture from above. On top of that, the drizzle stopped and then we had some sunshine! It was perfect. Not too hot. Just right!

b) **Could it be that people thought this would be a boring straight line like in the old days?** If you rode your bike between Champoeg Park and Butteville some 20 years ago, the path was indeed straight and somewhat boring. But that old path has been retired and returned to nature a long time ago. It was replaced by this wonderful new paved trail that meanders through the forest in very interesting ways, passes very close to the Willamette River, and is a delight to ride. If you missed it this time, don't miss it next time!

Contact: Karen Michels, michels7904@comcast.net or 503 984 9210.



See more photos at www.mthigh.org/Photos.htm.

Mt. High

Row River bike ride



July 13 (Sunday). Meet 10 - 10:15 am. Start riding at 10:30 am. **Cost:** Free.



Location: Row River and Dorena Lake, near Cottage Grove, Oregon. We will meet at the Mosby Creek trailhead, about 5 miles east of Cottage Grove along Mosby Creek Road, 10-10:15. We'll start ride at 10:30 am.

How to get there: Take I- 5 south to Cottage Grove, exit 174. Go up to the light and take left. You will be on Row River road. Go up to Thornton and take a right at that light. There will be a Walmart on the corner there if anyone wants to stock up on supplies. Go to Mosby Creek road and take a left. Follow that till you see Layng road and then take a left. Trailhead will be on your left. **FYI:** The Mosby covered bridge is closed for construction so you cannot drive

through it. Most directions you Google will tell you to go from Row River road to Layng Rd. but the bridge is closed and you cannot get through.

The plan: We will leave Mosby Creek trailhead and head to Culp Creek and back to Mosby, which will be about 20 miles. Then we will have a picnic lunch in the park at Mosby trailhead. After lunch those that want some more miles can join me for the last 10 miles from Mosby Creek into Cottage Grove and back. This route can easily be shortened for those that want less miles or doubled for those that want more.

Description: This is a paved "rails to trails" path that goes along Dorena lake and past some covered bridges. It's a wonderful scenic trip along the Row River, Dorena Lake past historic covered bridges and old saw mills.

Lunch: We'll have lunch at the trailhead where we park our cars. There are a few picnic tables and a grass area. No need to pack lunches on the bikes We can just leave coolers and such in our cars. I recommend everyone bring sandwiches or the like. I will bring drinks and light snacks for the group.

What to bring: Snack or lunch, water, sunscreen, camera. A helmet for safety!

Carpooling: If interested in carpooling or have any questions please let me know. See my contact info below.

Plase RSVP: Karen Michels, michels7904@comcast.net or 503 984 9210.

Mt. High

Bike to the Dike



July 19 (Saturday). 10 am start. Cost: Free.

Meet at: Linnemann Station, Gresham, OR.

3804 W Powell Loop (1 block south of Powell)



Description: 2 lakes, 1 park, 1 dike, 21 miles, A level, No one will be permitted to ride on this ride who is not wearing a helmet. For anyone who wants to do more miles and hills they can ride that same day from the same start with Dick. About 25-30 miles. We will have maps for both rides Everyone will sign a liability release.

We'll ride on Fairview Trail and a wide street bike lane with only a short distance without a bike lane; then on the dike that few people know about.

Lunch afterwards will be at the Cedarville Tavern. Cell 503-706-9668.

This ride is essentially the same as the one held earlier on May 18th, but this time it will be a purely Mountain High club ride.

Helmet is required.

Contact: Jackie Bonillo, jbbon1960@comcast.net or 503-706-9668.

Mt. High

Golf

July 31 (Thursday) 5:30 pm.

We will play 9 holes at **Claremont Golf Club**, 15800 NW Country Club Drive, Portland, Oregon 97229. Golf Shop -- (503) 690-4589. Click here for [Google directions](#).

Tee times start at 5:30 pm.

Cost: \$19 (for 9 holes) Seniors: \$15

Power cart: \$12.

Directions: From Sunset Highway(Hwy 26), take exit

65 to Bethany Blvd. Turn north on Bethany Blvd., then west (left) on West Union, then north (right) on NW Country Club Drive. Club house.

Golf shop and parking for golfers are located at intersection of NW Country Club Drive and Clubhouse Drive.

We need to have conformation before **Monday, July 21**, either by email or by phone. Please contact Terry or Cal:

Terry at 503-729-3435 or e-mail at swans761@juno.com

Cal at 503-805-8606 or e-mail baebaw@ccgmail.net



Mt. High

History Bike Ride

Aug. 2 (Sat.) 9 am in Rhododendron

A unique bike ride into history! This will be part 2 of last year's bike ride, visiting several places we did not visit last time.

Don't confuse this one with the Barlow Road Ride later in August (Aug. 23-24). Our ride is shorter, easier, and chock full of information, old tales, trivia, and the history of Mt. Hood and of Oregon. This is not a typical bike ride. It's a history tour.

We'll start with some fun from Timberline to Government Camp. Those with mountain bikes can experience the new mountain bike trail, while those with road bikes or simply preferring a more gentle ride will bike down West Leg Road, a paved road with no traffic on it.

The two groups will meet on the west end of Government Camp and from there we will re-live some of the Oregon Pioneers' travails. Come discover some of Oregon's early history.

See what the Oregon pioneers saw when they came to the steepest part of the Oregon trail. See how outraged some people were at having to pay a toll for the worst "road" they ever saw!

Also, see where president Roosevelt drove up to inaugurate Timberline lodge, and see how that highway is now being destroyed.

If we have time, we might also pay a visit to the remains of the old Timberline cabin, where skiing on Mt. Hood started.

Meet at **9 am** in Rhododendron, at the **Still Creek Inn**, where we will also have lunch at the end of the tour.

Contact **Emilio**, 503-378-0171, or Emilio2000@earthlink.net.



MOUNTAIN HIGH**More club events****SNOWSPORT CLUB****Mt. High Picnic****August 16, 2014.** (Sat.)

Join us for our club's annual picnic in **Sellwood Park**. The picnic will be preceded by an easy bike ride.

9:30 am Bike ride (meet at the lower parking lot);
 11:30 am Picnic starts.
 12:00 am Food served.

See more at: www.mthigh.org/index.htm#Picnic

Contact **Debbi Kor**, ijustwannarun1@comcast.net

**Barlow Road Bike Ride****Aug. 23 - 24, 2014** (Sat. - Sun.)

Experience a large part of Mt. Hood and Oregon History, the beauty, the majesty, the pioneering feeling of conquering the Barlow Trail Road from Oregon City Oregon to Mt. Hood...this is something you WON'T want to miss. A 2-day century tour following the historic Barlow Road from the end of the Oregon Trail to Government Camp and back.

Historic and very scenic routes for riders of all abilities:

1. **Trail Scout:** 120 miles and 7,000 feet up and down in one day.
2. **Trail Boss:** 50 miles each day, one uphill and one downhill.
3. **Pioneer:** 25 miles up from Sandy, 50 miles downhill on day 2.
4. **Junior and Senior:** 50 miles downhill - the no training option.

Most of the ride will be on quiet rural roads. This year, the route goes along Still Creek Road via Trillium Lake.

Rest stops every 10 miles, food, energy drinks, toilets, sag wagons, massage, mechanics and medical help. A great dinner at the Cascade Ski Lodge, and live music, The maximum riders is 2,000. Registration fee is \$75.00 per rider.

Details and registration: www.barlowroadride.com or call 503-272-3301.

Mt. High**Deschutes River Raft Weekend**

Aug 21-24, 2014. This has become an annual tradition for our club. A long weekend of rafting and frolicking in the sun on the Deschutes River at Maupin, Oregon.

Contact Gordy: 503-804-8363, rivergordy@gmail.com

Reservation & payment deadline: August 1st. Cancellation deadline is also August 1st. Call for pricing if you have your own raft/kayak.

Trip includes:

Camping: Thursday, Friday and Saturday night in Maupin City Park. Camp sites at new location (see next page). RV space available for an

additional \$25 a night. Kids (8-20) are welcome and are the responsibility of the parent at a cost of \$50.

Rafting: (Row, Paddle or just ride) Friday and Saturday. We'll provide the rafts. On Friday, we'll assemble at Maupin City Park and then raft 18 miles from Harpham Flat to Sandy Beach. On Saturday, we'll start from the mid-point and raft downstream in the morning, and then do the upper half in the afternoon (to avoid the crowd).

Saturday night dinner: Lou's- Q will cook chicken, pork ribs and BBQ beans on Saturday only, but bring a salad, dessert or HDO for Sat. dinner. For other times, bring your own food and drinks. Also, bring quarters for the showers!

Camp, raft, dinner = \$100.00 pp, (Non-members \$115.00)

Camp, permit, dinner (no raft): \$50. Dinner only = \$20.

To sign up, use the Dough Transmittal form, page 15, or print the form from our web site. See the [Forms](#) page at: <http://www.mthigh.org/Forms.htm>. See flyer at: www.mthigh.org/Events/2014-Rafting-trip-flyer.pdf

PACRAT News

Pacific NW Area Clubs Recreational Alpine Teams



Bruce Kuper
Mt. High Racing Director

Our Racing Director, **Bruce Kuper**, has been elected to the position of Membership Director on the PACRAT Board, at the recent PACRAT elections on June 18, 2014.

Congratulations, Bruce!

Greg Dilger remains the PACRAT President, and **Sylvia Kearns** is the Party Director.

The complete PACRAT Board is as follows:

President:	Greg Dilger
Vice President:	Andy Hobart
Secretary:	Sheri Parshall
Treasurer:	Colleen Stroeder
Party Director:	Sylvia Kearns
Sponsorship Director:	Barbara Pressentin
Membership:	Bruce Kuper
Director of Results:	Dale Parshall
Director of Racing:	Bruce Parshall

Other directors will be appointed by the newly-elected Board.

Check out PACRAT racing with Mt. High Snowsport Club here:

<http://www.mthigh.org/Racing.htm>

Hand out a poster: http://mthigh.org/Racing/PACRAT_Poster_2014.bmp

Mt. High Team captains

Team name	Team captain	Email address
Avalanche Express	Gary Gunderson	ktgpdx@frontier.com
Blizzardos	Linda Eidemiller	2lindaloo@gmail.com
Chilled Brewskis	Brenda Becerra	LetsPlayOnTheMt@hotmail.com
Frosted Flakes	Stevie Viaene	stevie.viaene@gmail.com
Infra-Rats	Garth Eliason	gweliason@gmail.com
Lab Rats	Lonny Schiller	landkschiller@gmail.com
Mixed Nuts	Samy Fouts	samyfouts@comcast.net
Moose on the Loose	Scott Stepan	s_stepan@hotmail.com
Mt. Hoodlums	Phil Mant	phil6666@aol.com
Rat Racers	Alan Bean	abean@nwgeotech.com
Rattitudes	Chris Wiley	Chris2007@Yhuji.com
Schussing Shysters	McCoy Smith	McCoySmith@comcast.net
Vertigo Madness	Tom Cansler	tomcansler@qualitytank.com

Anyone who isn't already on a team but would like to try running some gates, please contact our Race Director, Bruce Kuper, at bruku@comcast.net, or contact any of our team captains listed above.



NWSCC



The Northwest Ski Club Council also held elections on the same day and at the same joint meeting as the PACRAT racers, on Wednesday, June 18, 2014.

Steve Coxen was elected President, replacing **Mary Olhausen**, who is taking a well deserved break after doing a great job hosting

the Far West Convention in Bend, Oregon.

See the other NWSCC Board members on the right.

The **NWSCC Board members** are as follows. In brackets are shown the clubs that each person is a member of.

President:	Steve Coxen (Schnee Vogeli; Cabernet, Mountain High, Bergfreunde, Silver Star Outdoor Adventure)
Vice President:	Sylvia Kearns (Skiyente; Vancouver, Mountain High)
Secretary:	Julie Rasmussen (Skiyente)
Treasurer:	Marcia Brighton (Skiyente)
At-Large Directors (two positions):	Christine Ciardi (Mountain High) Norvin Peer (Longview, Schnee)

Other directors will be appointed by the newly-elected Board.

MOUNTAIN HIGH**Our club / Our web site****SNOWSPORT CLUB****Email options**

Did you know that our club offers 4 different options for email messages:

0. **No email..** Chosen by **7** members. Mainly because their spouses get all the email, and they don't need a separate copy.

1. **Newsletter only.** Chosen by **9** members who want just a single communication per month. But, a lot happens in between newsletters, and some of it never gets into the newsletter.

2. **Club only emails.** Chosen by **32** members. This option is for people who want to limit the number of emails from the club. The easiest way to draw a line is between club and non-club activities. Among non-club items would be the Powder Alliance, the NWSCC, FWSA, ski area news, ski movies, and more. It's all interesting stuff, but it's not directly related to our club.

3. **All emails** related to snow sports. Chosen by **228** members. Or more, because many of them are couples sharing the same email address. These people receive the newsletter as well as all other communications in between newsletters.

You can change your preference at any time. Just notify Emilio of your preference: Emilio2000@earthlink.net or 503-378-0171.

Newsletter options

The newsletter is distributed as a PDF file. We always post it on the web site, on the NEWSLETTER page. But, you have a choice in how you want to receive it in your email:

a) **The complete PDF file** emailed as an attachment. Chosen by **168** members.

b) **Just a link to the online copy** of the newsletter. Chosen by **95** members.

Contact Emilio to change this.

To Share or Not

On the Membership signup form, we ask you if it's OK to share your email address. Let's clarify that.

Some people have asked us if we will ever publish a Members' Directory. We probably will never do that, in part because many members opted NOT to share their email addresses. We only give your email address to a few Board members (our President, Treasurer) and to trip leaders for trips you have signed up for.

Occasionally, a club member will ask for another club member's email address, in order to contact him/her about something. Before we give out the address, we consult your expressed preference. If you said NO, we will not give out your address. This is pretty much the only circumstance where your choice to share or not to share your address comes up. And that's the only reason we ask you that question.

***Bikini Ski Race – A bit of nostalgia!***

This vintage Warren Miller video clip from the 1980s shows young ladies in a bikini ski race. See how to adjust your bikini top between two race gates. See: <http://www.skinet.com/warrenmiller/videos/bikini-ski-race-in-new-england-in-the-80s-by-warren-miller>

Web Site Tips**HOW TO GET BACK**

When you get deep into our web site, there are 2 keyboard keys that will help you get back to the starting point.

1. Back to the top. Many of our pages are long. Our Home page (Events), Trips, and Photos pages are like that. This is good. You get the best of both worlds. You can click on the link near the top of the page to skip directly to the part you are interested in. Or, you can simply browse chronologically by scrolling down the page. But, how to get back up without all that scrolling?

Answer: Hit the "**Home**" key on your keyboard. It will take you to the top of the page.

2. Back to the previous page. Most browsers have a back-arrow (pointing to the left) to go back to the previous page. But, you can do the same by hitting the **Backspace** key on your keyboard.

Crystal Mt. Avalanche destroys chairlift

March 10, 2014. (Monday) An avalanche destroyed the High Campbell (aka chair 6) at Crystal Mountain, Washington. The avalanche was intentionally set off by the resort's ski patrol after the resort was closed to the public...no one was hurt. See video caught on a ski patroller's (Andy Harrington) phone just seconds after the avalanche, mixed with some footage of the following day via a helicopter and quadcopter. <http://vimeo.com/88929496>

New Lift at Whitefish Mt.

Whitefish Mountain Resort (aka "Big Mountain") will install a fixed-grip triple chairlift on the north side of the mountain for 2014/2015 -- opening new runs from the top of Flower Point and adding an additional 200 acres of lift-served terrain. The Base Lodge will undergo a half-million dollar renovation this summer, with an expansion of the food court area, window access from the outside patio area and a new indoor seating area.

2014-2015 Winter Trips

We are starting to put together a list of trips for next season. Things might yet change, or new trips might be added, but here is the basic plan that seems to be emerging:

DECEMBER & JANUARY: An El Niño winter is in the forecast, so snow might be unreliable early in the season, and it might be risky to plan any multi-day trips. Maybe we'll just have day trips to Mt. Hood. We might continue the "Show Me Something New" days at local ski areas.

FEBRUARY

1. **FWSA Ski Week** at **Whistler**. Jan. 31 - Feb. 7.
2. **Powder Mt.**, UT (Gordon Lusk): Feb. 21-28.
3. **Lake Tahoe Sampler** (Bob Burns), Feb. 21-27.

MARCH

1. **Whitefish Mt. train trip** with day trip to **Fernie** (Emilio & Sandra). February 28 - March 6.
2. **Crystal Mt. bus trip** (Linda McGavin), Mar. 20-22

We will soon update our web site with details on all of these trips. In the meantime, please take a good look at what is planned for the Whitefish Mountain (Montana) train trip. There are many options on that trip, and if you go, you'll need to let us know your choices ASAP.

Near the top of Whitefish Mt.



Approximate Whitefish trip cost, including round trip train seat, 4 nights lodging, 3 day pass at Whitefish, and at least one dinner is:

Adults = \$638, Seniors (65+) = \$606

Super Seniors (70+) = \$497

Additional options (Based on adults; less for seniors):

1. Sleeper bunk bed on train: \$152 (round trip, pp/do).
2. Additional Whitefish tickets = \$44.10
3. Fernie day trip = Approximately \$100.
4. Blacktail day trip = Approximately \$50 - \$60.

Whitefish Mt. train trip options

February 28 - March 6 (Sat. - Fri.) 2015

Most of the other trips planned for next season are already familiar to most of us. We have done FWSA Ski Weeks before, as well as Powder Mt. and Lake Tahoe. And we all know what a Mt. High bus trip looks like, this time to Crystal Mt.

The Whitefish train trip will be a bit different in several ways. First, it's by train. We'll leave Portland on Saturday afternoon. Arrive in Whitefish at 7:30 am, leave our luggage in the condo, and hit the slopes!

We'll spend a total of 5 days there, returning on the evening train on Thursday, March 6, and arriving back in Portland around 11:15 am Friday morning.

Whitefish Mountain (formerly Big Mountain) offers 2,353 vertical feet, over 3,000 acres, served by 14 lifts, of which 3 are high speed quads.

This coming season, Whitefish is installing a new triple chairlift that will open 6 new trails and some glade skiing.

We will stay in ski-in/ski-out condos within the on-mountain village. The basic trip will include a 3-day pass to Whitefish, thus leaving 2 days (in the middle of the week) for other optional activities. Our options are:

1. **Ski** at Whitefish for an additional \$44.10 per day.
2. **Take a rest** day for shopping or sightseeing.
3. **Day trip to Fernie** (Canada), just 2 hours and 15 minutes north. 3,550' vertical. If 20+ of us go, we can rent a bus. Probably abt. \$100 for bus and lift ticket.
4. **Day trip to Blacktail Mt. ski area**, 1.5 hours south and visible from Whitefish. 1,440' vertical. 3 lifts. If it's just a few of us, we can rent a car.

In order to get group discounts for the above, we need to commit to a plan ahead of time. So, visualize yourself there, and try to decide how many days you want to ski at Whitefish, 3, 4, or 5. And how many side trips would you want to make (Fernie, and/or Blacktail Mt.)?

Most likely, most of us will ski Whitefish on days 1 and 2 (Sunday and Monday), and also on the last day (Thursday). The two optional days are Tuesday and Wednesday.

Two nights will be spent on the train, one in each direction. Everyone needs to decide whether to sleep in a comfortable reclining chair (included), or pay \$152 extra (round trip, pp/do) for a bunk bed in a sleeper car.

Your trip leaders are **Emilio Trampuz**, Emilio2000@earthlink.net, & **Sandra Smith**, sandra@pacifier.com

Skiing North America with John & Jewel Andrew

Part 7: Skiing the South by Emilio Trampuz



In their quest to ski all the downhill ski areas in North America, John and Jewel Andrew have done many long road trips. Here, in John's own words, is part 4 of a trip from the State of Washington to Alabama and back, accompanied by Paul and Carol Morford. After skiing Alabama, Georgia and North Carolina, they are now heading north.

Day 12. Winterplace Ski Resort, Flat Top, West Virginia. According to my statistics, Winterplace, with its 603 ft of vertical, is the median ski resort in North America. Some 350 resorts have more vertical and 350 resorts have less. Paul and I enjoyed late afternoon runs on the median ski slopes of North America.



John Andrew & Paul Morford at Winterplace, W.V.

Day 13, Wintergreen Resort, Wintergreen, Virginia. A foot of powder came down overnight. More is falling. Finally, our all-mountain powder skis show their stuff on Wintergreen's 1,000 feet of vertical.



Wintergreen, Virginia

Unidentified Virginia skier, John Andrew.

Day 14. Bryce Resort, Bryce, Virginia. Luck of the lift line paired me on a chair with a boy, six years old. He looked up at me and said, "Sir, are you into penguin jokes?" "I Haven't heard any lately," I replied. "Well, this guy was speeding down the highway with three penguins in the back seat". I learned something on Bryce's 500 feet of vertical: Virginia kids say Sir; they tell clean jokes, and they're pretty good skiers.



Bryce Resort,
Virginia

John Andrew, chuckling at the penguin joke.

Day 14. Massanutten Ski Resort, Harrisonburg, Virginia. Powder from the day before was skied out. Nevertheless, we enjoyed excellent skiing on Massanutten's 1,110 feet of vertical.



Jewel Andrew
Carol Morford

Massanutten
Virginia

Day 15. The Homestead Ski Area, Hot Springs, Virginia. We explore history. Apparently, George Washington and almost every president up to Lincoln partook of the healing waters at Homestead. We paid \$50 each for lift tickets on a ski run (700 ft. vertical), which was basically a single run down a beginners' slope. Upon leaving, I deemed Homestead to be the most overpriced, anti-public ski area of the 282 I had visited to that point.



Homestead, Virginia

Jewel and Carol

MOUNTAIN HIGH**Skiing North America****SNOWSPORT CLUB**

Day 16. Silver Creek ski area, Snowshoe, West Virginia. We rent nice rooms at the Silver Creek Lodge and take morning runs on the slopes of Silver Creek (700 ft. vertical).



Jewel Andrew
Silver Creek, W.V.

Day 16. Snowshoe Mountain, Snowshoe, West Virginia. We spend the afternoon skiing Snowshoe (1,500 ft. vertical). Snowshoe is a destination resort. We found the amenities and terrain comparable to many of the big resorts out west.



John Andrew
Carol Morford
Jewel Andrew.
Snowshoe Mt., W.W.

Day 17. Canaan Valley Resort, Davis, West Virginia. A warming trend begins. We shed our coats at Canaan Valley (850 ft. vertical).

Paul Morford, John Andrew.
Canaan Valley, W.V.



Day 17. Timberline Ski Resort, Davis, West Virginia. We ski at Timberline (1,000 ft. vertical). Snow was melting. The warming trend continued.



Paul Morford, John Andrew at Timberline, W.V.

Day 17. Wisp ski area, McHenry, Maryland. Snow was melting, rain was threatening. We had time for several quick runs on Wisp's 603 feet of vertical. That night we drove in drenching rain toward Gettysburg to begin our invasion of Pennsylvania. The next morning, General Mud closed the ski areas, stopping our invasion as effectively as Meade stopped Grant 149 years before.



John Andrew above
Deep Creek Lake,
Wisp, W.V.

Days 18 & 19. This is us, on our retreat, somewhere in the flat land of Kansas. Rain poured all night at a log-cabin-style motel near Gettysburg. Paul And Carol got a new unit where scalding water had been accidentally piped to the toilet. Carol could handle it, but Paul couldn't. About 5 AM he asked to use ours. We held a council of war and planned our retreat from Gettysburg. Instead of Richmond, it would be Winter Park, Steamboat, Jackson Hole, and Sun Valley.



MOUNTAIN HIGH**Contacts / Club info****SNOWSPORT CLUB****2014 Man & Woman of the Year**

Our club's Man and Woman of the Year for 2014, are:

Kurt Krueger, our club President for the past 3 years.

Nancy Pratt, our current club Treasurer.

**Mountain High Meeting**

Usually the last Monday.

July 28 (Mon.): Open to all who want to get more involved with the club.

Gather at **6:00 pm**. Start at **6:30 pm**.

Location: Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy.)

Mountain High snowsport club contacts:

President: Debbi Kor H: 503-314-7078,
Vice-President: Terry White H: 503-781-4558
Secretary: Lisa Scribner H: 360-904-1302,
Treasurer: Nancy Pratt H: 503-593-9427,
Past President: Kurt Krueger H: 503-625-1492,
Membership Director: Terry Swan H: 503-729-3435
Race Director: Bruce Kuper H: 503-975-8039,
Newsletter Editor: Emilio Trampuz H: 1-503-378-0171,
Social Activities: Debbi Kor H: 503-314-7078,
Golf: Cal Eddy H: 503-805-8606,
Hiking: Chris Brooks H: 503-764-5323,
Bike rides: Jackie Bonillo H: 503-663-3359,
Bike rides: Karen Michels H: 503-984 9210,
Mid-week skiing: Ken Brundidge H: 503-720-0620,
Trip Director: Linda McGavin H: 503-652-2840,
Trip Leader: Gordon Lusk H: 503-804-8363,
Trip Leader: Sandra Smith H: 503-646-4591,

President@mthigh.org
TWhite223@msn.com
LScribner98@yahoo.com
Treasurer@mthigh.org
President@mthigh.org
swans761@juno.com
bruku@comcast.net
newsletter@mthigh.org
ijustwannarun1@comcast.net
baebaw@ccgmail.net
jruffman@aol.com
jbon1960@comcast.net
michels7904@comcast.net
KenBrundidge@comcast.net
Trips@mthigh.org
GordyLusk@hotmail.com
sandra@pacifier.com

General info:
info@mthigh.org

Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership ☐ Renewal

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

Email Preferences: - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
(same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
- Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff:

	Deposit?	Paid in full?
<input type="checkbox"/> Annual Membership (Oct. 1, 2014 - Sept. 2015): Single (\$25); couple (\$40)	\$ _____	_____
<input type="checkbox"/> PACRAT Racing (2015) \$95 for the whole season . Team: _____	\$ _____	_____
<input type="checkbox"/> Rafting trip (Aug. 21-24). Members: \$100. Non-members: \$115	\$ _____	_____
<input type="checkbox"/> Rafting trip extras (Aug. 21-24). RV space: \$25 per day. (or \$75 total)	\$ _____	_____
<input type="checkbox"/> Other: _____	\$ _____	_____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

By joining the Mountain High Snowsport Club, I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations, including the Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, and any of their agents (officers, directors, trip captains, and any other Club representatives) from liability for personal injury, property damage, or any other liability of any kind connected with my participation in any club-related activity. Furthermore, I agree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.

Club membership = 298 Newsletter Distribution

The June-July 2014 issue is posted on our web site. Also:
269 copies sent via email (as PDF files)
22 paper printed copies sent via US Mail.
 Copies are also sent to potential members, other clubs, etc.

Count Your Ski Areas

Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas-2014-5-25.xls>



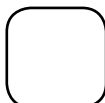
Ski Challenge

Now is the time to submit your entry.

One or more lucky winners each year have a chance to win a prize. if you have skied Alaska, Hawaii, British Columbia (Big White, Red Mountain, and Whitewater), Mammoth Mt., California. and any ski areas in Oregon, Washington and Idaho.

Ski or ride any 7 or more resorts during the 2013-2014 ski season to be eligible to win a prize. Just save your lift tickets or receipts, and mail them in! The winners of the drawing will be announced in the Fall of 2014.

To qualify for a prize, submit your lift tickets (or receipts) to: **NWSCC**, 5331 SW Macadam Avenue, Suite 258, Box 438, Portland, OR 97239. More info on our Council's web site: www.nwskiers.org. Also, see the [Articles](#) page on the Mt. High web site for several articles documenting some of the previous Ski Challenges.



Emilio Trampuz
 Mountain High Newsletter editor
 4742 Liberty Rd. S., #296
 Salem, OR 97302

Please check our web site,
www.mthigh.org
 for updates.