



Lift Lines

= No. 160-161, April - May 2014 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



From the editor



What a strange winter this has been! A long drought in January and beginning of February. Now, in May, we keep getting more snow but no Spring corn snow yet, and the Palmer chairlift hasn't opened yet, even though it's almost mid-May.

This issue of Lift Lines is the largest ever, at 16 pages. It summarizes much of the past season, and it also lists almost all of the upcoming summer activities, though a few more will be added later.

*In this issue, we also made an effort to introduce you to some of our club members. It's not their complete biography; just a few snippets of information, something you may not have known about them. Read about **Dave Myers**, **Stevie Viaene**, and **Nancy Pratt**. You might find it interesting and entertaining.*

The skiing isn't over yet. See our Timberline adventures on page 16. And read about it on ShredHood.org. There's an article there about Mt. Hood's side-country.

*Read about **Fred Noble** and his legacy on page 14. Also, exciting news from various **ski areas** on page 13.*

*Come join us for some fun **social activities**:*

- a) Our quarterly **Social and Elections** at the Acapulco restaurant, May 21.*
- b) **Hikes, bike rides, picnic, rafting** and more. See pages 5 - 8.*
- c) Come to the **Far West Convention** in Bend. See page 7.*
- d) Even the **Highway Cleanup**, June 21, is a social occasion! Join us!*

Far West Ski Association Convention



June 12 - 15, 2014. The theme is "Volcanic Paradise"

This year, the Northwest ski clubs (NWSCC) are hosting the annual Far West Convention at the Riverhouse and Convention Center in Bend, Oregon. Everyone is welcome to attend.

The first two days, Thursday and Friday, are mostly fun activities, such as hiking, golf, and a pub crawl. Friday evening is the Travel Expo and Silent Auction, where you can bid on a ski trip for a very reasonable amount. Saturday will be seminars, awards, meetings, guest speakers, etc. Sunday morning is a wrap up and FWSA elections.

Each club will contribute something. Our club will be in charge of the pub crawl, helping guide people around Bend. Volunteers are needed. Please contact **Debbi Kor**, 503-314-7078, ijustwannarun1@comcast.net

For more info and to register, go to the FWSA web site: <http://www.fwsa.org/Conventions/conventions.html>

Note the color code.
Our club is blue.

2014 CALENDAR

Blue: Mountain High events
Red: NWSCC / FWSA / Multi-club
Black: General events

APRIL

Apr. 6 (Sun.): PACRAT Make up race
Apr. 12 (Sat.): Ski to Defeat ALS
Apr. 26 (Sat.): Sno-Kona Pond skim

MAY

May 3 (Sat.): Timberline adventure
May 10 (Sat.): Win A Beer Garden
May 11 (Sun.): Timberline adventure
May 15 (Thur.): Champoege Park bike
May 17 (Sat.): Timberline adventure
May 18 (Sun.): Bike to the Dike ride
May 21 (Wed.): Mt. High Quarterly Social and Club elections
May 24 (Sat.): Timberline adventure
May 31 (Sat.): Timberline adventure

JUNE

June 1 (Sun.): Silver Falls hike
June 2 (Mon.): Mt. High Board mtg.
June 12-15 (Thur. - Sun.): FWSA Convention - Bend, Oregon. "Volcanic Paradise"
June 21 (Sat.): Highway Cleanup
June 28 (Sat.): Champoege Park bike
June 30 (Mon.): Mt. High Board mtg

JULY

July 13 (Sun.): Row River bike ride
July 19 (Sat.): Bike to the Dike ride
July 28 (Mon.): Mt. High Board mtg

AUGUST

Aug. 2 (Sat.): History bike ride
(Govt. Camp to Rhododendron)
Aug. 16 (Sat.): Mt. High Picnic & bike
Aug. 21-24 (Thur.-Sun.): Rafting
Aug. 23-24 (Sat -Sun): Barlow Road Ride (Oregon City - Govt. Camp)

Mt. Bachelor trip

February 21-23, 2014. This weekend ski trip led by **Debbi Kor** was attended by 34 people. The bus was lively. The slopes were sunny, .. and the summit chair was open! The weather was absolutely beautiful as far as having a lot of sunshine, and we had some excellent skiers along.

On Sunday, Bruce McGavn and Bruce McCracken hiked up from the Summit chair and skied the Cirque. Linda tried to do it too, but the wind was blowing so hard on the hike that it kept blowing her backwards, so she gave up. However, the snow was awesome, just like sugar going down. We had found that type of snow on the groomed runs along the Summit chair, and skied it all afternoon.

The bus was smaller, but had a perfect place for the large cooler right in the middle of the bus. People would sit on it (see the 3 women); or Gerry or Kay were often sitting on it, just getting up when people needed something from inside.

It was a good trip.



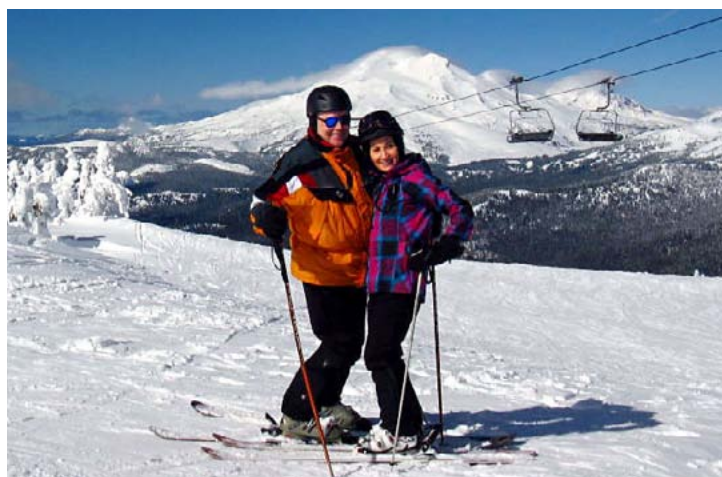
Fun on the bus

Photo: Bruce McGavin



Our ladies, sitting on the cooler

Photo: Bruce McGavin



Gerry and Patty Ignatowski



John Davis on the slopes of Mt. Bachelor

Photo: Bruce McGavin

Ski the Glade Trail Day

March 1, 2014 Approximately 60 or 70 people participated in this once-a-year opportunity to ski the historic Glade Trail from Timberline to Government Camp (3 miles). Among the participants were **Lisa Miller**, **Richard Rizk**, **Yon Sheldon**, and **Emilio Trampuz**. Also present were **Dale Crockatt** (see his story in the Backcountry issue of [Lift Lines, issue #102, June 2009](#)) and **Buzz Bowman** (the famous ski patroller who has the Buzz Cut trail named after him at Timberline).

This is an annual event, benefiting the Mt. Hood Museum in Government Camp.



Emilio, Dale Crockatt, Buzz Bowman



Tom Carter and Lisa Miller



The trees were tight in places!!!
But only if you get off the trail!
Photographer: Lisa Miller.

Leavenworth trip (Mission Ridge, Stevens Pass)

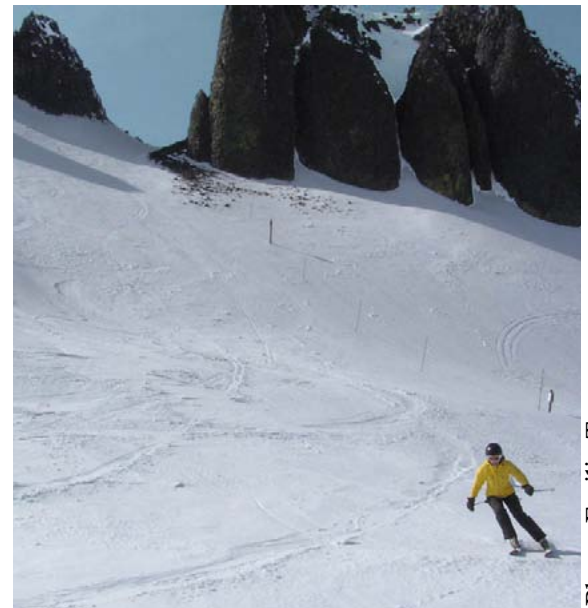
March 21-23, 2014. Leavenworth is always a good trip destination. The Bavarian-style town itself is interesting, and it provides easy access to two nearby ski areas: Mission Ridge and Stevens Pass. We had a full bus, with 50 people, plus a few others drove up in their own cars. **Bill Maltby** drove up from Spokane, **Nancy Cottle** drove from Yakima, and **John and Jewel Andrew** drove from Renton (WA).

We had sunny weather on both days. We skied at **Mission Ridge** on Saturday. We started the day with a group photo at the wing of the World War 2 bomber that crashed there on a training mission in 1949. The groomed snow was perfect, but the ungroomed seemed a bit too icy, so we didn't plan on skiing it, but then the snow softened up a bit and several people decided to traverse above the Bomber cliffs and ski through one of the openings among the cliffs.

Saturday night, back in Leavenworth, we had dinner at King Ludwig's, with a live band and dancing, and traditional Bavarian food.

After dinner, several of us visited with **John and Jewel Andrew**, who showed us a map of North America with pins indicating all the 525+ ski areas they had skied so far. They also showed us a complete set of quilts, made by Jewel, on which they have affixed pins and patches from all the ski areas they had visited.

At **Stevens Pass**, the lift tickets were free for anyone who had a Fusion Pass (a season pass for Timberline and Skibowl), which about 20 of us had. At the end of the day, on the drive back home, we stopped for dinner at the Old Country Inn buffet in Bellevue, WA. Everyone liked it. Great trip!



Sandra Volk skis the Bomber Cliffs

Photo: Emilio Trampuz



Nancy Erz at Stevens Pass

Photo: Bruce McGavin



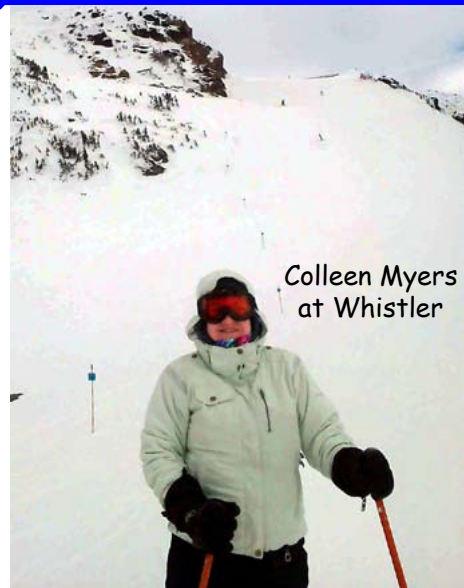
Group photo at the top of Stevens Pass. See more photos at www.mthigh.org/Photos.htm.

Kid Rescued from Tree Well at Whistler



Two Mt. High club members, **Dave and Colleen Myers** were skiing at Whistler-Blackcomb on Dave's birthday, April 8th, when Dave got one of the best presents ever; he got to help a child from a very dangerous situation. The two were skiing down one of the main groomed runs at medium speed and as they passed a small group of about three trees in a triangular formation, close together, in an odd place toward

the right-middle of a groomed run. They heard this quiet, high pitched, frightened voice calling out "please help, please help me." They stopped and didn't see anyone at first. They wondered where the voice coming from. Then, upon looking up the hill, they spotted a young child in the middle of the three large trees with his skis caught across the two uphill trees. The skis were just long enough to cover the span between two trees, and his mid-section was well below the level of the snow on the run; he was falling into the tree well and his head and arms were struggling to keep him out of the well on the downhill side as his body was long enough to span the well. They'd seen others coming down near him but he was so hard to see that most passed by him and about the fourth person they were able to flag down to help from above asking him to meet Dave at these trees. Dave walked up the hill about 50 yards and reached the boy, who was fine but frightened. The other person positioned himself above the tree well and as Dave held the child's upper body the other person released one of his two still attached ski bindings. The boy started to settle deeper into the well becoming more frightened. Dave asked the other person to wait before undoing the final ski, and instructed the young boy to turn the free leg so that the trees will not be in the way when the second ski was released as his foot was between branches that could hold him there, he did so with a little struggle but freed his leg and foot from the V of the branch. Then the child held onto Dave with all his strength as the second ski was unhooked. When the ski was released his lower body went into the well and the child's face showed signs of panic, but he did keep his composure as Dave assured him he's got him and will not let go. Dave pulled back and downhill and the youngster came out of the hole like a cork from a wine bottle, and Dave and the boy both slid down the hill 10-20 yards to a safe spot on the groomed run; that part was fun. They helped the youngster, who turned out to be a 10-year old boy from England get back into his skies. He thanked the two rescuers very graciously and skied a short distance down to his mom who'd been watching and waiting. He then said to her, "Did you see that!? I almost got stuck in a tree well!" His mother politely thanked the rescuers and then told the boy she had seen what happened and advised him, in a kind motherly tone, please avoid skiing near any more trees the rest of the trip, OK? The boy humbly agreed. Then everyone went on their separate paths down the mountain at the beautiful but always dangerous Whistler Blackcomb resort in beautiful British Columbia, Canada. Dave and Colleen had good things happen to them the rest of the trip...Karma!



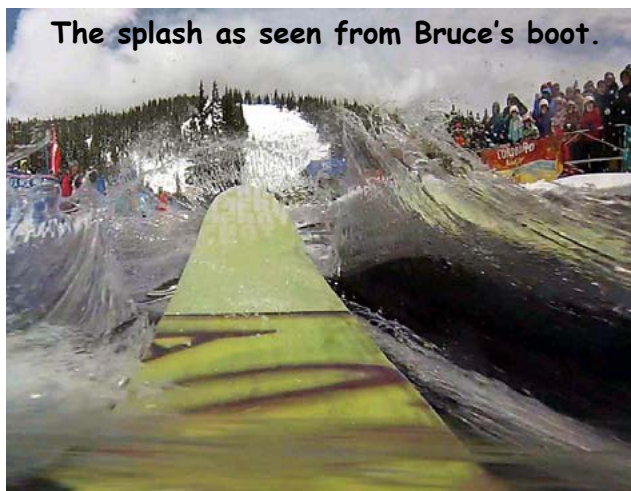
Colleen Myers
at Whistler

Sno Kona Pond Skimming

April 26, 2014. Everyone had a fun time at the 8th annual pond skimming competition at Mt. Hood Meadows. **Bruce Kuper** participated, dressed as Thor. He had two GREAT runs across the water and stayed DRY!

It was cold and snowed off and on. Bruce had selected the right wax.

Here is a You-Tube video from a camera mounted on his ski: <http://youtu.be/5Dij7LfFUXs>



The splash as seen from Bruce's boot.



Thor (aka: Bruce)

MOUNTAIN HIGH

Upcoming events

SNOWSPORT CLUB

Mt. High Champoeg Park bike ride

May 15 (Thursday). 10:30 am. (Also: Sat., June 28.)

Location: Champoeg State Park,
8239 Champoeg Park Rd NE, St Paul, OR 97137

We'll meet at the riverside day parking lot. Enter the park and go down the small hill. Take a left after the little ticket hut. Follow that road all the way to the end and that is the riverside parking lot.

A short pre-season ride in the park itself. We will do the paved park trail from the riverside parking lot to the the historic Butteville store and back. It is only 4 miles each way so we'll do 2 out and backs for a total of 16 miles. Helmet is required!

There is a \$5 daily parking fee which you can get at the visitor center (first right as you come into the park). If you have a state parks pass that will cover your parking here. Passes are \$25 a year or \$50 for a 2 year pass.

This ride will go rain or shine but if it is raining we will probably only do one out and back.

Contact: Karen Michels, michels7904@comcast.net or 503 984 9210.

Bergfreunde Bike to the Dike

May 18 (Sunday). 10 am start. Cost: Free.

Meet at: Linnemann Station, Gresham, OR.
3804 W Powell Loop (1 block south of Powell)

Description: 21 miles, A level, No one will be permitted to ride on this ride who is not wearing a helmet. For anyone who wants to do more miles and hills they can ride that same day from the same start with Dick. About 25-30 miles. We will have maps for both rides. Everyone will sign the Bergfreunde liability release.

We'll ride on Fairview Trail and a wide street bike lane with only a short distance without a bike lane; then on the dike that few people know about. Lunch afterwards will be at the Cedarville Tavern. Cell 503-706-9668.

The ride leader, Jackie Bonillo is a member of both the Bergfreunde ski club and the Mountain High club. This ride is a Bergfreunde bike ride, but we are all welcome. The ride will be repeated **June 28** as a **Mt. High** ride. Helmet is required.

Contact: Jackie Bonillo, jbon1960@comcast.net or (503) 663-3359.

Mt. High Quarterly Social & Club elections

DATE: Wednesday, May 21.

TIME: 6:00 pm - 9:00 pm

PLACE: Acapulco Restaurant

10566 SE Washington St.
(near Mall 205)



The club will provide food (heavy hors d'oeuvres) and members will be responsible for their own beverages. Everybody is invited!

This is an opportunity to socialize, get to know other club members, review the past winter season, and plan the next season.

ELECTIONS: We will also hold our annual club elections for President, Vice-president, Secretary and Treasurer. You can nominate someone and/or vote either by mail or email by sending your vote to info@mthigh.org, or vote in person.

See our elections ballot at: <http://www.mthigh.org/Documents/Mt-High-2014-elections-ballot.pdf>

CONTACT: Debbi Kor, 503-314-7078, ijustwannarun1@comcast.net

**Mt. High** Silver Falls hike

June 1 (Sunday)

Easy 8.7 mile loop

Elevation gain: 1,300 feet total.



Silver Falls State Park is the crown jewel of the Oregon State Parks system, being both Oregon's largest State Park (9,000 acres) and boasting one of America's most impressive waterfall day-hikes. There are ten falls on this 8.7-mile loop (which can be reduced via two cutoff trails).

Meet at: 7:00 am at the Tualatin Park & Ride for carpooling. Durham exit 290 off of I-5. Or meet at Silver Falls 8:15 - 8:30 am.

Bring snacks, water, and after hike beverage if you like.

QUESTIONS: call Chris Brooks 503 764-5323 or jruffman@aol.com

MOUNTAIN HIGH

Upcoming events

SNOWSPORT CLUB

Mt. High

Highway Cleanup



June 21 (Sat.).

About 4 years ago, our club adopted 2 miles of Highway 26, just west of Government Camp, and now we have the obligation to keep it clean. We do this

at least twice a year, in the Spring and Fall. Our Spring cleaning is coming up on Saturday, June 21.

We'll meet at **10 am** in Skibowl's parking lot, and spend about 2 hours removing unsightly stuff people throw out along the highway. Let's see who will find the most interesting object! Bring some gloves. We will provide garbage bags and garbage pickers.

At **noon**, lunch will be provided for all who participate in the cleanup. We'll gather at the Ice Axe brew pub in Government Camp.

Please RSVP by contacting **Debbi Kor**, 503-314-7078 or ijustwannarun1@comcast.net

Mt. High

Champoeg Park bike ride



June 28 (Saturday). 10:00 am.

Location: Champoeg State Park,

8239 Champoeg Park Rd NE, St Paul, OR 97137

We'll meet at the riverside day parking lot. Enter the park and go down the small hill. Take a left after the little ticket hut. Follow that road all the way to the end and that is the riverside parking lot.



A short ride in the park. We'll do the paved park trail from the riverside parking lot to the historic Butteville store

and back. It is only 4 miles each way so we'll do 2 out and backs for a total of 16 miles. Helmet is required!

There is a \$5 daily parking fee which you can get at the visitor center (first right as you come into the park). If you have a state parks pass that will cover your parking here. Passes are \$25 a year or \$50 for a 2 year pass.

This ride will go rain or shine but if it is raining we will probably only do one out and back.

Contact: Karen Michels, michels7904@comcast.net or 503 984 9210.

Mt. High

Row River bike ride



July 13 (Sunday). Starting time to be announced.



Location: Row River. Dorena Lake, near Cottage Grove Oregon. We will meet at Cottage Grove and bike to Dorena Lake and back along a loop.

Description: This is a paved "rails to trails" path that goes along Dorena lake and past some covered bridges. It will be about 32-36 miles depending on the exact meeting point and whether we do an out and back or a loop.

The Row River Trail begins its fantastic 16 mile trek in Downtown Cottage Grove and takes cyclists, walkers, roller bladers, joggers and all non-mechanized travelers on a wonderful scenic trip along the Row River and Dorena Lake as well as past historic covered bridges and old saw mills.

Cost: Free.

What to bring: Water, sunscreen. A helmet for safety!

Contact: Karen Michels, michels7904@comcast.net or 503 984 9210.

Mt. High

Bike to the Dike



July 19 (Saturday). 10 am start. Cost: Free. If the Oregonian forecasts over 80°F, we'll start at 9 am.

Meet at: Linnemann Station, Gresham, OR.

3804 W Powell Loop (1 block south of Powell)

Description: 2 lakes, 1 park, 1 dike, 21 miles, A level,



No one will be permitted to ride on this ride who is not wearing a helmet. For anyone who wants to do more miles and hills they can ride that same day

from the same start with Dick. About 25-30 miles. We will have maps for both rides Everyone will sign the Bergfruede liability release.

We'll ride on Fairview Trail and a wide street bike lane with only a short distance without a bike lane; then on the dike that few people know about. Lunch afterwards will be at the Cedarville Tavern. Cell 503-706-9668.

This ride is essentially the same as the one held earlier on May 18th, but this time it will be a purely Mountain High club ride.

Helmet is required.

Contact: Jackie Bonillo, jbon1960@comcast.net or (503) 663-3359.

Far West Convention



June 12 - 15, 2014. The annual Far West Ski Association Convention is coming up June 12 – 15 (Thursday – Sunday), at the Riverhouse & Convention Center in Bend, Oregon. The NW Ski Club Council is hosting it. This means, we the members of Northwest ski clubs are the hosts. You are invited to come and participate.

What Happens at a Far West Convention?

Events include a silent auction on Friday Night, and the Travel Expo (where delegates meet one-on-one with resort personnel to plan future trips) on Saturday morning. Attend educational leadership panel sessions (this year's topics will be Avalanche Safety and Equipment), meet and greet with ski personalities like Billy Kidd and Jess McMillan, and attend the awards banquet and dance on Saturday night. There will be a business meeting on Sunday, at which time officers are elected, and

other Association business takes place, as well as a sponsored Brunch, and LOTS of door prizes to be given away. All of these events (and meals!) are included in your registration fee.

Also available (for an additional fee) are optional events such as the Thursday Night Pub Crawl, Michael German Memorial Golf Tournament, The Hike at Smith Rock State Park, or the fun-filled "Shop-Dine-Wine" trip to the Old Mill District.

How do I Register?

It's so easy! You can (1) sign up with your club president/delegate chairperson (Debbi Kor), (2) complete the forms, write a check, and send directly to the FWSA Convention Registrar (Karen James), or (3) sign up online on the FWSA website www.fwsa.org/Conventions/conventions.html and pay with PayPal. The registration form on the FWSA web site is at: <http://fwsa.org/Conventions/FW-2014Conv/FW-2014Conv.html> That's all there is to it! You're in!

Now make your hotel reservations, and you'll be golden! Be sure to tell your club delegate chairperson if you sign up directly so that you'll be included on the Credentials Form as a Voting Delegate! Mountain High club members should contact **Debbi Kor** at: 503-314-7078, ijustwannarun1@comcast.net. She will coordinate all our delegates.

How do WE and our CLUB benefit?

Mountain High Board of Directors has voted to reimburse club members who attend the convention as full voting delegates up to \$600 to be divided between registered attendees. In addition, there are other incentives that will come directly back to Mountain High. These include:

Northwest Council will pay Mountain High \$154 for 1 person who attends Convention, provided at least 1 other club member pays and attends the entire convention, including Caucuses on Saturday to meet the candidates, and through Sunday morning's business meeting and elections.

Far West is offering the 6-pack incentive again this year. This offer provides 1 free registration (\$154) with every 6 paid. The reimbursement comes AFTER the convention. So, if we send 6, we'd get back \$154. If we send 12, we'd get back \$308. And, even though some of us, who are on the Council Board, are being reimbursed by the Council, we would count in these numbers to help increase our total number of delegate attending.

More questions? Contact: **Debbi Kor**, Delegate Chairperson, 503-314-7078, ijustwannarun1@comcast.net or **Mary Olhausen**, Host Convention Chairman, 503-880-7383 or omary52@comcast.net

"The Voice of the Western Skier"



MOUNTAIN HIGH**More club events****SNOWSPORT CLUB****Mt. High Picnic****August 16, 2014. (Sat.)**

Join us for our club's annual picnic in **Sellwood Park**. The picnic will be preceded by an easy bike ride.

9:30 am Bike ride (meet at the lower parking lot);

11:30 am Picnic starts.

12:00 am Food served.

See more at: www.mthigh.org/index.htm#Picnic

Contact **Debbi Kor**, ijustwannarun1@comcast.net

**Barlow Road Bike Ride****Aug. 23 - 24, 2014 (Sat. - Sun.)**

Experience a large part of Mt. Hood and Oregon History, the beauty, the majesty, the pioneering feeling of conquering the Barlow Trail Road from Oregon City Oregon to Mt. Hood...this is something you WON'T want to miss. A 2-day century tour following the historic Barlow Road from the end of the Oregon Trail to Government Camp and back.

Historic and very scenic routes for riders of all abilities:

1. **Trail Scout:** 120 miles and 7,000 feet up and down in one day.
2. **Trail Boss:** 50 miles each day, one uphill and one downhill.
3. **Pioneer:** 25 miles up from Sandy, 50 miles downhill on day 2.
4. **Junior and Senior:** 50 miles downhill - the no training option.

Most of the ride will be on quiet rural roads. This year, the route goes along Still Creek Road via Trillium Lake.

Rest stops every 10 miles, food, energy drinks, toilets, sag wagons, massage, mechanics and medical help. A great dinner at the Cascade Ski Lodge, and live music, The maximum riders is 2,000. Registration fee is \$75.00 per rider.

Details and registration: www.barlowroadride.com or call 503-272-3301.

Mt. High**Deschutes River Raft Weekend**

Aug 21-24, 2014. This has become an annual tradition for our club. A long weekend of rafting and frolicking in the sun on the Deschutes River at Maupin, Oregon.

Contact **Gordy:** 503-804-8363, rivergordy@gmail.com

Reservation & payment deadline: August 1st. Cancellation deadline is also August 1st. Call for pricing if you have your own raft/kayak.

Trip includes:

Camping: Thursday, Friday and Saturday night in Maupin City Park. Camp sites at new location (see next page). RV space available for an

additional \$25 a night. Kids (8-20) are welcome and are the responsibility of the parent at a cost of \$50.

Rafting: (Row, Paddle or just ride) Friday and Saturday. We'll provide the rafts. On Friday, we'll assemble at Maupin City Park and then raft 18 miles from Harpham Flat to Sandy Beach. On Saturday, we'll start from the mid-point and raft downstream in the morning, and then do the upper half in the afternoon (to avoid the crowd).

Saturday night dinner: Lou's- Q will cook chicken, pork ribs and BBQ beans on Saturday only, but bring a salad, dessert or HDO for Sat. dinner. For other times, bring your own food and drinks. Also, bring quarters for the showers!

Camp, raft, dinner = \$100.00 pp, (Non-members \$115.00)

Camp, permit, dinner (no raft): \$50. Dinner only = \$20.

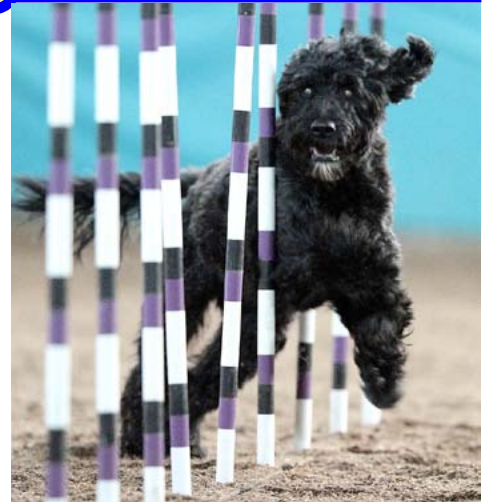
To sign up, use the Dough Transmittal form, page 15, or print the form from our web site. See the [Forms](#) page at: <http://www.mthigh.org/Forms.htm>. See flyer at: www.mthigh.org/Events/2014-Rafting-trip-flyer.pdf

Stevie Viaene & Bojangles



Stevie Viaene has been a Mountain High member since 2006, and all these years she has also been the “Frosted Flakes” PACRAT team captain. That’s the team that wears T-shirts with the inscription: “Flakes - Each one is unique.”

In addition to skiing, racing, and bicycling, Stevie is also passionate about dogs. Her dog **Bojangles**, a Portuguese Water Dog, recently won the Versatility Champion title in one of those competitions where dogs run an obstacle course. He also won 3rd place award for the Willamette Cup. Stevie says: “His poop doesn’t even stink right now!!!”



Nancy Pratt & Piccolo



Nancy Pratt joined the Mountain High club in 2008, and has been a “Frosted Flakes” PACRAT racer ever since. For the past 2 years, she has been our club’s Treasurer. So, how is this “Flake” unique?

She plays the piccolo and is a member of two marching bands: the OMTAAMB - One More Time Around Again Marching Band, and the TBGOMB - The Beat Goes On Marching Band.

Here are some of the upcoming opportunities to see Nancy in action, marching with OMTAAMB:

May 17 (Sat.) at Pioneer Courthouse Square, 3 - 4 pm.

May 31 (Sat.) in the Starlight Parade, 8:30 pm - 11:00 pm.

June 7 (Sat.) in the Grand Floral Parade, 10 am - 2 pm..

Nancy will also be performing with the other band, TBGOMB throughout the year — even in China come September!

Congratulations to 2014 Rose Parade Grand Marshal Nancy Pratt! YES! That’s right! Nancy is one of the 2014 Rose Parade Grand Marshals! See the story at RoseFestival.org: <http://www.rosefestival.org/news/2014/30-year-old-one-time-around-marching-band-named-grand-floral-parade-grand-marshal>



PACRAT News

Pacific NW Area Clubs Recreational Alpine Teams



Bruce Kuper
Mt. High Racing Director

All Mt High racers,
I enjoyed being your racing director this year.

We fielded 13 teams in the PACRAT racing league. I hope everyone enjoyed the races, the camaraderie and the after race events and parties.

The lack of snow was a big burden on the league's schedule, but with a lot of attention

given by the board and the willingness of everyone to change their schedules with the weather, we were able to get all five races in this year including one "double header" day that saw two races in one day.

Start talking to your non-PACRAT snow riding friends now to get them to join you in PACRATs next year. I will personally help you get them signed up and registered. Let them know how much fun you had and will have.

Also, get your teams together for hikes, picnics, and RAFTING! Mt. High's Gordy Lusk puts together a fantastic raft trip on the Deschutes river each August.

Check out Mt. High's main page for a lot of fun summer activities. <http://mthigh.org/>

See the season's final results, team placements, and stats. [http://mthigh.org/RaceResults.htm#Race 5 Results](http://mthigh.org/RaceResults.htm#Race_5_Results)

For more info, contact Bruce Kuper at: bruku@comcast.net or phone: 503-975-8039. For more info on racing, check out www.mthigh.org/Racing.htm.

2014 PACRAT Race Results

Pl	Team Name (bib #)	Club Name	Pts
1	Ruttin' Rats (60-69)	Schnee Vogeli	232
2	Rattitudes (10-19)	Mt. High	217
3	Blizzaardos (80-89)	Mt. High	215
3	Kiss My Wax (90-99)	Skiyente	215
5	Avalanche Express (130-139)	Mt. High	199
5	Chilled Brewskis (150-159)	Mt. High	199
7	Racy Brats (30-39)	Skiyente	198
8	Mixed Nuts (70-79)	Mt. High	187
9	Awesome tAles (100-109)	Mt. High	180
10	Tasmanian Ski Devils (20-29)	Bergfreunde	166
11	Frosted Flakes (50-59)	Mt. High	160
12	Schussing Shysters (40-49)	Mt. High	154
13	Moose On The Loose (170-179)	Mt. High	152
14	Mt. Hoodlums (120-129)	Mt. High	128
15	Infrarats (160-169)	Mt. High	126
16	Ragnar's Rangers (140-149)	Cascade	117
17	Lab Rats (110-119)	Mt. High	116
18	Schnee Ratten (190-199)	Schnee Vogeli	113
19	MACTacular (180-189)	MAC	84
20	Vertigo Madness (200-209)	Mt. High	64

There were a total of 191 racers (70 female and 121 male) on 20 teams from a total of 6 clubs.

Only the Ruttin' Rats had 100% participation, followed closely by Frosted Flakes, Kiss My Wax and Racy Brats with 98% participation.

The most improved racers, Queen and King Rat, were **Pat Barry** (Lab Rats) and **Frank Hadella** (Rattitudes). Congratulations to both of them!

Check out PACRAT racing with Mt. High Snowsport Club here: <http://www.mthigh.org/Racing.htm>

Hand out a poster: [http://mthigh.org/Racing/PACRAT Poster 2014.bmp](http://mthigh.org/Racing/PACRAT_Poster_2014.bmp)

A Survey for all Racers



We have a survey for you! All racers are invited to participate in it. Kindly respond no later than Friday, **May 16th** so that we can discuss the results at our next PACRAT board meeting.

Here's the link:

https://www.surveymonkey.com/s/PACRAT_WXCC5ZM

The PACRAT board will be using this information to guide plans and ideas for the upcoming season.

You might have heard that the original deadline was May 9, but the deadline was postponed by a week. till May 16.

Mt. High Team captains

Team name	Team captain	Email address
Avalanche Express	Gary Gunderson	ktgpdx@frontier.com
Blizzardos	Linda Eidemiller	2lindaloo@gmail.com
Chilled Brewskis	Brenda Becerra	LetsPlayOnTheMt@hotmail.com
Frosted Flakes	Stevie Viaene	stevie.viaene@gmail.com
Infra-Rats	Garth Eliason	gweliason@gmail.com
Lab Rats	Lonny Schiller	landkschiller@gmail.com
Mixed Nuts	Samy Fouts	samyfouts@comcast.net
Moose on the Loose	Scott Stepan	s_stepan@hotmail.com
Mt. Hoodlums	Phil Mant	phil6666@aol.com
Rat Racers	Alan Bean	abean@nwgeotech.com
Rattitudes	Chris Wiley	Chris2007@Yhuji.com
Schussing Shysters	McCoy Smith	McCoySmith@comcast.net
Vertigo Madness	Tom Cansler	tomcansler@qualitytank.com

Skiing North America with John & Jewel Andrew



Part 6: Skiing the South by Emilio Trampuz



In their quest to ski all the downhill ski areas in North America, John and Jewel Andrew have done many long road trips. Here, in John's own words, is part 3 of a trip from the State of Washington to Alabama and back, accompanied by Paul and Carol Morford.

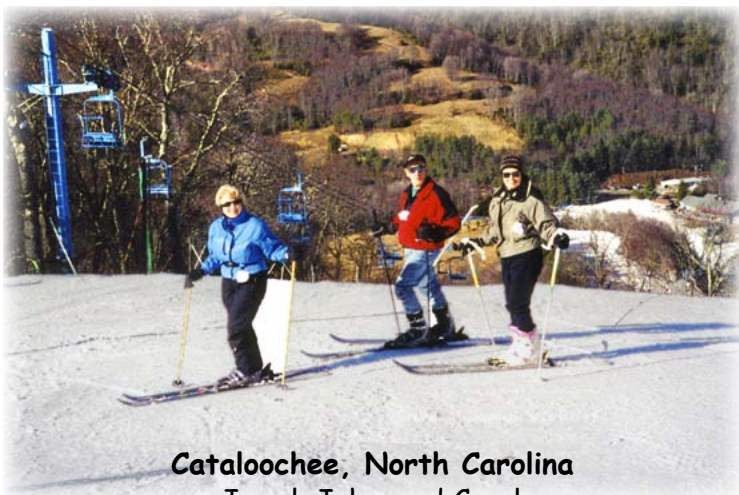
Day 9. Sky Valley Resort, Sky Valley, Georgia. The slopes were closed on Monday. We asked if we could walk to the top and ski the 250 feet of vertical, which is on the golf course. When the club manager saw the girls, he insisted on operating the chair lift for women who had come 2,900 miles to ski at Georgia's only ski resort.



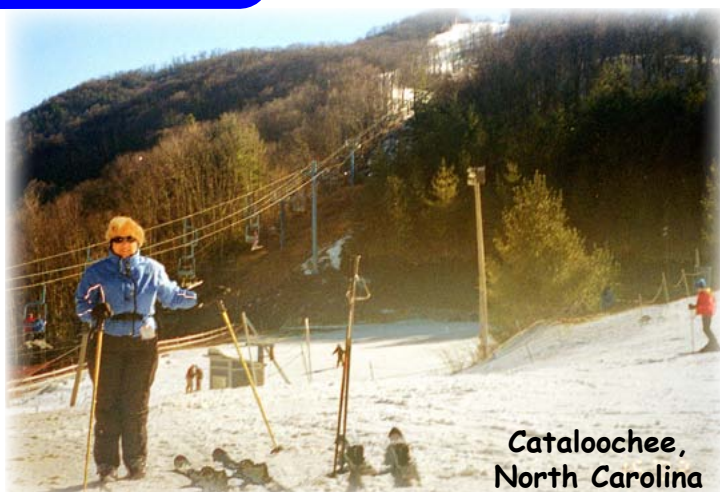
Sky Valley, Georgia

John & Jewel Andrew at the only ski area in Georgia.

Day 9. Cataloochee Ski Area, Maggie Valley, North Carolina. After 3,000 miles of driving, everyone was happy to be on a real mountain again. Cataloochee's 740 feet of vertical seemed like twice that.



Cataloochee, North Carolina
Jewel, John, and Carol



**Cataloochee,
North Carolina**

Jewel was happy to find snow and some real vertical

Day 9. Ski Ober Gatlinburg, Gatlinburg, Tennessee. By evening, we ended up in Gatlinburg, a tourist city that we found amazing. Hundreds of hotels and businesses line the streets. A tram took us to an entertainment center high above the city.



**Carol Morford &
Jewel Andrew
Gatlinburg, Tennessee**

We prepare to ride a chair lift that takes us to the top of the mountain. Night skiing (600 ft. vertical) allowed us to log a third ski area that day, each one in a different state: Georgia, North Carolina and Tennessee.



Gatlinburg, Tennessee
John and Paul get ready for night skiing.

Day 10. Wolf Laurel Ski Area, Mars Hill, North Carolina. We spent the day visiting sights in Asheville, NC, including The Broadmoor. Night skiing at Wolf Laurel (700 ft. vertical) allowed us to log another ski area.



Night skiing at Wolf Laurel, North Carolina

Day 11. Ski Beech, Beech Mountain, North Carolina. We found excellent skiing on Beech Mountain (830 ft. vertical).



Jewel at Beech Mt., North Carolina

A challenge for all

You too can embark on a similar adventure. Try a modest goal of any 7 ski areas in the [Northwest Ski Challenge](#).

Or, how about visiting all 12 ski areas that are part of the Powder Alliance? See: www.powderalliance.com

For a more ambitious lifetime goal, try to ski the 161 western ski areas listed at: www.mthigh.org/SkiAreas.htm.

Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Start entering a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas-2014-2-25.xlsx>

Day 12. Appalachian Ski Mountain, Blowing Rock, North Carolina. We skied quick morning runs in the rain at Appalachian Ski Mountain (365 ft. vertical) and begin driving to West Virginia.



John Andrew at Appalachian Ski Mt., North Carolina

Day 11. Sugar Mountain Resort, Banner Elk, North Carolina. We skied all afternoon at Sugar Mountain (1,200 ft. vertical).



Carol, Jewel, and John at Sugar Mt., NC

North America's median vertical is 603 feet, and that is at New Winterplace in West Virginia, where we enjoyed skiing on a pleasant January afternoon. Median vertical means that half the resorts have more than 603 feet and half have less. Nevertheless, huge ski operations work well on 600 feet. The **Boyne** ski areas in Michigan are loaded with luxury condos, hotels and beautiful lodges. Their lifts absolutely line the 600-foot ridges for what seems like miles, making up in horizontal for the typical stacked lifts on taller mountains.

Stay tuned for the next part of the journey, including Virginia, West Virginia, Colorado, Wyoming, and Idaho.

MOUNTAIN HIGH**Ski Area News****SNOWSPORT CLUB****Sun Peaks Canada's 2nd largest**

Sun Peaks Resort in British Columbia will build new trails in the resort's West Morrisey and Gil's area, increasing the area to 4,200 acres for the 2014-2015 ski season and making it one of the largest in and joint second biggest in Canada, equal to **Lake Louise**, but after **Whistler Blackcomb**.

Sun Peaks is located near the town of Kamloops, on Canada's highway 5, which can be seen as an extension of Interstate 5. It's approximately an 11 hour drive from Portland, OR.

Sun Peaks consists of three connected hills: Mt. Tod, Sundance Mt., and Mt. Morrisey, with a European style pedestrian village in the middle.

Utah 2nd Largest in the World

Ski Utah, a marketing and trade organization and representatives from **Alta, Brighton, Canyons, Deer Valley, Park City Mountain Resort, Snowbird**, and **Solitude** held a joint news conference on March 19, 2014, to announce their support for a connection between all seven of the resorts via chairlift and ski runs, forming a European-style mega resort to be called ONE Wasatch.

This would create North America's largest ski resort, with 18,000 skiable acres, and it would be the world's second largest, after France's **Les Trois Vallées** with 24,711 acres, but larger than Italy's **Sella Ronda**, currently the world's second-largest with 16,800 acres.

For now, this is just an idea. But once a consensus is reached, the resorts say that the connecting lifts could be installed in a single summer's construction cycle.

For more info see:
<http://onewasatch.com/>

Mt. Ashland did not open

Mt. Ashland in southern Oregon did not open its slopes to skiing at all this past winter season (2013/2014) for lack of snow.

Whitefish Mt. New Lift

Whitefish Mountain Resort (aka "Big Mountain") will install a fixed-grip triple chairlift on the north side of the mountain for 2014/2015 -- opening new runs from the top of Flower Point and adding an additional 200 acres of lift-served terrain. The Base Lodge will undergo a half-million dollar renovation this summer, with an expansion of the food court area, window access from the outside patio area and a new indoor seating area.

New Speed Record

An Italian speed skier has broken his own eight-year old speed record by a little under one mile per hour to set a new speed skiing record -- the fastest speed man has travelled on land without mechanized propulsion.

Racing on the intimidating Chabrières speed run at the French resort of Vars as part of the Speed Masters event, Simone Origone reached 156.87 miles per hour.

Wolf Mt. Renamed

Wolf Mountain ski area in Utah's Ogden Valley has been purchased by an investor group called Skyline Mountain Base, after Wolf Mt. went into bankruptcy. Next ski season, it will reopen as **Skyline Mountain**.

Crystal Mt. Avalanche destroys chairlift

March 10, 2014. (Monday) An avalanche destroyed the High Campbell (aka chair 6) at Crystal Mountain, Washington. The avalanche was intentionally set off by the resort's ski patrol after the resort was closed to the public...no one was hurt. See video caught on a ski patroller's (Andy Harrington) phone just seconds after the avalanche, mixed with some footage of the following day via a helicopter and quadcopter. <http://vimeo.com/88929496>



Avalanche debris at Crystal Mountain, WA

Image Source: Crystal Mountain Facebook Page

Fred Noble Has Passed Away

by Ben Jacklet

First published on ShredHood.org, and used with permission

The mountain community suffered a great loss on Thursday when skier, philanthropist and Mount Hood legend **Fred Noble** died on May 1, 2014 after a long battle with amyotrophic lateral sclerosis (ALS).

“Fred made it to May 1st for various reasons,” wrote his daughter **Julie Bakkala** in a letter to friends. “It was his ex-wife’s birthday and his grand daughter’s birthday, as well as the day he had to reach in order for the VA to pay a portion of his enormous caregiver cost. We have no idea how he knew all of this, as he was in a sleeping state in those last few days, but we can only guess that he wanted to be in control until the end in typical Noble style.”

Born and raised in Portland, Noble traveled the world as a skier and an adventurer, starred in Warren Miller films, and pioneered helicopter skiing in British Columbia, paragliding in the Cascades and windsurfing in the Columbia River Gorge. He dedicated himself to battling ALS since being diagnosed with the incurable disease in 2010, and raised over \$480,000 for the cause through Ski to Defeat ALS.

He served as Honorary Chair of the 2014 Ski to Defeat ALS event at Mt. Hood Meadows on April 12, and was honored with the Noble Spirit Award. To see a touching photo essay by **Randy Boverman** about this year’s ALS event and Fred, go to: <http://shredhood.org/news/culture-style/487-photo-essay-shred-als>.

Also very much worth reading is [Fred’s Facebook page](#), which is brimming with memories, wishes and hilarious stories from the Fredinator’s many friends and fellow adventurers. These tales of practical jokes, epic powder days, sit-skiing mishaps and adventurous road trips capture the man’s big-hearted zest for life.

“Fred is crushing some pow and hanging it off some cliff in the sky,” wrote Fred’s friend **Tracy Livingston**. “Big turns my friend. We will make one last run when ever I see you next.”

A documentary about Fred’s life and battle with ALS, [The Noble Spirit](#), has drawn high praise in its Hood

River and Portland screenings and should be available for viewing at other locations soon. In lieu of flowers or gifts to the family, please donate to the Noble Spirit documentary fund by sending a check to Fred’s daughter Julie Bakkala at 3776 Pleasant View Drive Keizer, OR 97303 or using [Paypal](#) on the web site itself by clicking [here](#).

In the meantime, the memories and thanks continue to pour in for Fred Noble.

Here’s what **Lance Christian**, executive director of the ALS Association’s Oregon & SW Washington Chapter wrote on the day of Fred’s death:

“Working with Fred to create resources for ALS services and ALS research has been an honor. But, we also learned you had to watch Fred closely. He had that unique skill to forge ahead and do his own thing and then ask permission later. Some might call that trait a “pain in the rear.” We preferred to call it “The Fred Noble experience!” Jump first, ask questions later and know you are doing well for others. You could not help but love Fred for his enthusiasm and his determination.

“Every time we lose a person to ALS, a unique light in the firmament is extinguished. With Fred gone, the sky will have one less brilliant star shining forth. But, we take comfort for having witnessed the beauty of his life. While Fred’s light may be extinguished, our cause is now surrounded by the light of his family and friends who continue his good works. Where Fred’s light shone there are now dozens, hundreds, thousands of light that will continue to light the way until there is a cure for ALS.

“That is a legacy to be proud of. Thank you Fred.”



MOUNTAIN HIGH**Contacts / Club info****SNOWSPORT CLUB****2014 Man & Woman of the Year**

Our club's Man and Woman of the Year for 2014, are:

Kurt Krueger, our current club President.

Nancy Pratt, our current club Treasurer.



Kurt Krueger



Nancy Pratt

Mountain High Meeting

Usually the last Monday.
This month is an exception.

June 2 (Mon.): Open to all who want to get more involved with the club.

Gather at **6:00 pm**. Start at **6:30 pm**.

Location: Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy.)

Mountain High snowsport club contacts:

President: Kurt Krueger H: 503-625-1492,
Vice-President: Terry White H: 503-781-4558
Secretary: Lisa Scribner H: 360-904-1302,
Treasurer: Nancy Pratt H: 503-593-9427,
Membership Director: Terry Swan H: 503-729-3435
Race Director: Bruce Kuper H: 503-975-8039,
Newsletter Editor: Emilio Trampuz H: 1-503-378-0171,
Social Activities: Debbi Kor H: 503-314-7078,
Golf: Cal Eddy H: 503-805-8606,
Hiking: Chris Brooks H: 503-764-5323,
Mid-week skiing: Ken Brundidge H: 503-720-0620,
Trip Director: Linda McGavin H: 503-652-2840,
Trip Leader: Gordon Lusk H: 503-804-8363,

President@mthigh.org
TWhite223@msn.com
LScribner98@yahoo.com
Treasurer@mthigh.org
swans761@juno.com
bruku@comcast.net
newsletter@mthigh.org
ijustwannarun1@comcast.net
baebaw@ccgmail.net
jruffman@aol.com
KenBrundidge@comcast.net
Trips@mthigh.org
GordyLusk@hotmail.com

General info:
info@mthigh.org
Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership ☐ Renewal

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

By joining the Mountain High Snowsport Club, I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations, including the Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, and any of their agents (officers, directors, trip captains, and any other Club representatives) from liability for personal injury, property damage, or any other liability of any kind connected with my participation in any club-related activity. Furthermore, I agree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.

Email Preferences: - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
 (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff:

	Deposit?	Paid in full?
<input type="checkbox"/> Annual Membership (Oct. 1, 2014 - Sept. 2015): Single (\$25); couple (\$40)	\$ _____	_____
<input type="checkbox"/> PACRAT Racing (2015) \$95 for the whole season . Team: _____	\$ _____	_____
<input type="checkbox"/> Rafting trip (Aug. 21-24). Members: \$100. Non-members: \$115	\$ _____	_____
<input type="checkbox"/> Rafting trip extras (Aug. 21-24). RV space: \$25 per day. (or \$75 total)	\$ _____	_____
<input type="checkbox"/> Other: _____	\$ _____	_____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Club membership = 294 Newsletter Distribution

The April-May 2014 issue is posted on our web site. Also:

262 copies sent via email (as PDF files)

22 paper printed copies sent via US Mail.

Copies are sent to potential members, other clubs, etc..

Timberline side-country

Every Saturday in April and May, Emilio has been and will be offering guided tours of the trails and canyons around Timberline. Earlier in the season, we skied down to Government Camp along the Glade and Alpine trails.

Lately, we've been visiting Little Zig Zag canyon and the site of the old Timberline Cabin.

When the Palmer lift finally opens, we'll be able to pay a visit to Zig Zag canyon as well. It's well worth just seeing the sights.

NOTE: Timberline now opens its lifts at **8 am**. So, we are meeting at 7:45 - 8:00 at the day lodge, starting with registration in the climbers' room. Everyone is welcome. It's free.

History bike ride

Aug. 2 (Sat.) A unique bike ride into history! This will be part 2 of last year's bike ride, visiting several places we did not visit last time.

Don't confuse this one with the Barlow Road Ride later in August (Aug. 23-24). Our ride is shorter, easier, and chock full of information, old tales, trivia, and the history of Mt. Hood and of Oregon. This is not a typical bike ride. It's a history tour.

Meet at 10 am in Rhododendron, at the Still Creek Inn, where we will also have lunch at the end of the tour.

We will re-live some of the Oregon Pioneers' travails.

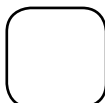
Contact **Emilio**, 503-378-0171, or Emilio2000@earthlink.net.

Ski Challenge

Now is the time to submit your entry. One or more lucky winners each year have a chance to win a prize. if you have skied Alaska, Hawaii, British Columbia (Big White, Red Mountain, and Whitewater), Mammoth Mt., California. and any ski areas in Oregon, Washington and Idaho.

Ski or ride any 7 or more resorts during the 2013-2014 ski season to be eligible to win a prize. Just save your lift tickets or receipts, and mail them in! The winners of the drawing will be announced in the Fall of 2014.

To qualify for a prize, submit your lift tickets (or receipts) to: **NWSCC**, 5331 SW Macadam Avenue, Suite 258, Box 438, Portland, OR 97239. More info on our Council's web site: www.nwskiers.org. Also, see the [Articles](#) page on the Mt. High web site for several articles documenting some of the previous Ski Challenges.



Emilio Trampuz
Mountain High Newsletter editor
4742 Liberty Rd. S., #296
Salem, OR 97302
Please check our web site,
www.mthigh.org
for updates.