



Lift Lines

= No. 158-159, Feb.-March 2014 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



From the editor



Apologies for this issue being so late. We have all been busy both in our personal and business lives, and we work for the club in our spare time, with no reward other than the pleasure of sharing some fun stuff with all of our club members.

*With all the new snow on the ground and more coming, we've also been busy skiing. The 6 day trip to **North Idaho** was fun. See page 2. As for the **Mt. Bachelor** trip, we'll report on it in the April issue. We need some pictures from that trip. If you have been on the Bachelor trip, please send me your photos.*

*Check out the **news** on page 7. The **Mountain Shop pajama party/sale** is this Friday, Feb. 28. You can get a 30% discount.*

*If you haven't yet taken the new **Mt. Hood Express bus** from Sandy to Skibowl, Government Camp, and Timberline, see the details on page 8.*

*The annual **Ski the Glade Trail day** is this Saturday, March 1. See page 10.*

*Finally, come join us for some fun **social activities**:*

- a) Our quarterly **Pizza Party** at Round Table Pizza, Thursday, March 6, and*
- b) Our annual **Chocolate Party** on Saturday, March 8. See page 3.*

See you there!

- Emilio

Note the color code.
Our club is blue.

2014 CALENDAR

Blue: Mountain High events
Red: NWSCC / FWSA / Multi-club
Black: General events

FEBRUARY

Feb. 3 (Mon.): Mt. High Board meeting

Feb. 8 (Sat.): King Winter Party

Feb. 9 (Sun.): PACRAT 3 - CANCELLED

Feb. 15 (Sat.): Chocolate Party - POSTPONED

Feb. 22-27: FWSA Mini week Snowbasin

Feb. 21 - 23: Mt. Bachelor bus trip

Feb. 23 - Mar. 1: Lake Tahoe CANCELLED

MARCH

Mar. 1 (Sat.): Ski the Glade Trail Day

Mar. 2 (Sun.): PACRAT Race 3- Skibowl

Mar. 6-15: FWSA Zermatt, Switzerland

Mar. 6 (Thur.): Pizza Party - Round Table.

Mar. 8 (Sat.): Chocolate Party

Mar. 8 - 9 (Sat.-Sun.): Masters Mania races

Mar. 8 - 9 (Sat.-Sun.): Hope on the Slopes

**Mar. 9 - 10 (Sun.-Mon): Oregon Cancer
Ski Out**

Mar. 16 (Sun.): PACRAT 4 - Meadows

**Mar. 21 - 23: Leavenworth bus trip
Mission Ridge, Stevens Pass**

Mar. 30 (Sun.): PACRAT 5 - Timberline

APRIL

Apr. 6 (Sun.): PACRAT Make up race

Apr. 12 (Sat.): Ski to Defeat ALS

JUNE

**June 12-15 (Thur. - Sun.): FWSA
Convention - Bend, Oregon.
"Volcanic Paradise"**



Far West Ski Association Convention



June 12 - 15, 2014. The theme is "Volcanic Paradise"

This year, the Northwest ski clubs (NWSCC) are hosting the annual Far West Convention at the Riverhouse and Convention Center in Bend, Oregon. Everyone is welcome to attend.

The first two days, Thursday and Friday, are mostly fun activities, such as hiking, golf, and a pub crawl. Friday evening is the Travel Expo and Silent Auction, where you can bid on a ski trip for a very reasonable amount. Saturday will be seminars, awards, meetings, guest speakers, etc. Sunday morning is a wrap up and FWSA elections.

Each club will contribute something. Our club will be in charge of the pub crawl, helping guide people around Bend. Volunteers are needed. Please contact **Debbi Kor**, 503-314-7078, ijustwannarun1@comcast.net

For more info and to register, go to the FWSA web site: <http://www.fwsa.org/Conventions/conventions.html>

North Idaho trip

January 27 - February 1, 2014. This 5 nights / 5 days ski trip was attended by 34 people. We had a large 56 passenger bus, so there was plenty of room to move around and socialize on the bus, but since some people had lots of luggage and more than one pair of skis, the luggage compartment was completely full.

We skied and stayed at **Schweitzer Mt.** for 3 days and nights, enjoying the ski-in/ski-out on-mountain village. Then we moved to Kellogg, Idaho, and stayed in the GuestHouse Inn near the base of the **Silver Mt.** gondola. The next day, we skied at **Lookout Pass** on the Idaho-Montana border, skiing all 3 sides of the mountain (Idaho, Montana, and the North side).

We had great luck with the snow. The first day at Schweitzer, we had packed powder. Then it started snowing, both day and night. We had 3 powder days in a row. Finally, on the last day, when we skied at Silver Mt., the skies had cleared and we had perfect sunshine.

On the second night at Schweitzer Mt., right after a pizza dinner, we had a music night. Three of our club members had brought their instruments: Richard Horner, Carl Schnoor, and John Davis.

There was entertainment on the bus as well. Several short videos both serious and funny, including a video on each of the three ski areas, a safety message, a cartoon about a frozen logger, a video demonstrating that skis were never "straight", etc. We also showed a longer, full featured film, one of the first ski films ever produced. It was in German with English sub-titles. It is called "**White Ecsasy**" ("Der Weisse Rausch"). It was filmed in 1931, starring Hannes Schneider (the famous ski instructor) and Leni Reinfenstahl. Interestingly, in later years, Hannes and Leni went in opposite directions. Hannes was imprisoned by the Hitler regime, while Leni went on to produce propaganda films for the Nazis.

Several meals were included on the trip, including a Chinese lunch, a Pizza night, a steak house family restaurant, and finally an American style buffet dinner in Kennewick, WA, on the drive back home.

Foxie and Ken said: "A heart felt THANKS for such a wonderful trip a few weeks ago. Awesome! Ken and I really had a great time."

John Davis shouted from the chairlift: "Thank you, thank you, thank you!"



Linda McGavin at Schweitzer

Photo: Bruce McGavin



Two old men found their run
Bruce and Kay at Lookout Pass

Photo: Bruce McGavin



Sally, Nancy, Karen, & Stevie at Silver Mt.

Photo: Emilio Trampuz



About half of our group at Schweitzer Mt.

Photo: Lana Rulien

See more photos at www.mthigh.org/Photos.htm.

MOUNTAIN HIGH**Upcoming events****SNOWSPORT CLUB****Mt.High****Quarterly Social****Mt.High**

DATE: Thursday, March 6.
TIME: 6:00 pm
PLACE: Round Table Pizza
 10070 SW Barbur Blvd.
 (near Capitol Hwy.)



WHAT: Our quarterly social gathering. We'll gather for some pizza. If you haven't tried it yet, try some Maui Zau. We'll have a selection of pizzas. The food is on the club! Good food and pleasant company. How much better can life get! As usual, we'll probably have some door prizes, some announcements, some questions (How about those Bachelor photos?)

The Round Table Pizza is not very visible from the street. It is between a McDonald's, a hotel, and a Japanese restaurant.

CONTACT: Debbi Kor, 503-314-7078, ijustwannarun1@comcast.net

**Mt. High Forum**

As the new season kicks into gear, it's time to revive our club's forum. You can use it in various ways:

- To make announcements;
- To ask questions;
- To find buddies to ski with;
- To discuss gear & other issues.
- You can now post a photo too!

Join in the fun. Check it out by going to www.mthigh.org, and clicking on the [Forum](#) button. Or, just click on the word [Forum](#) here.

If you are new to the Forum, you can view all the messages, but if you want to post your own, please click on "Join this Group" in the upper right of the Forum page.

Note that we have a separate forum for mid-week skiers.

Mt.High**Chocolate Party****Mt.High**

DATE: Saturday, March 8.
TIME: 7:00 pm
PLACE: Lisa and Harry Scribner
 1915 NW 90th St.
 Vancouver WA 98665
 Phone: 360-576-8178



WHAT: Our annual sweet party. Come to sample the goodies, or enter the contest yourself by bringing your own chocolate dessert. Four prizes will be awarded for:

- a) The **most chocolaty (or decadent)** dessert.
- b) The **most creative (best looking)** dessert.
- c) The **lightest (healthiest)** dessert.

After the three un-corruptible and un-briable judges pronounce the winner, everyone will be able to taste ALL the desserts, or as many as you can handle!

CONTACT: Please **RSVP** to:
Lisa Scribner: 360-576-8178 or LScribner98@yahoo.com

**Mid-week skiers**

Q How can I join the mid-week skiers?

A These are regular club members, just like you and me, who like to ski during the less crowded weekdays, especially when there is fresh powder on the slopes.

The group was started by **Harry & Lisa Scribner**. Then **George Yun** took it over, and right now the man in charge is **Ken Brundige**, KenBrundidge@comcast.net



Ken Brundige
Mid-week skiing
coordinator

Email him to get on his email list, or simply join the **mid-week Forum** and you will then receive email updates every time someone posts something there.

PACRAT News

Pacific NW Area Clubs Recreational Alpine Teams



Bruce Kuper
Mt. High Racing Director

This season we had to cancel or postpone a couple of races, first because of lack of snow, and then because of hazardous driving conditions. But, we are making up ground. On March 2, we will make up for one of the skipped races, and on April 6 we will make up for the other one.

For more info about PACRAT racing and joining a team,

contact Bruce Kuper at: bruku@comcast.net or phone: 503-975-8039.

For more info on racing this winter please check out www.mthigh.org/Racing.htm.

Check out PACRAT racing with Mt. High Snowsport Club here: <http://www.mthigh.org/Racing.htm>

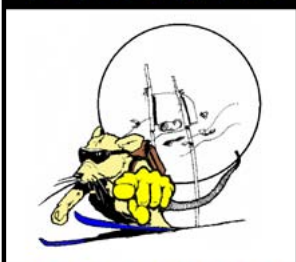
Hand out a poster: <http://mthigh.org/Racing/PACRATPoster2014.bmp>

Master Mania Race Weekend

Mar. 8 - 9. A Slalom on Saturday, GS on Sunday. Organized by the Skiyente and Schnee Vogeli clubs. Open to all PACRAT racers. See more info on our Racing Events page: <http://www.mthigh.org/RacingEvents.htm#MastersManiaMarch8-9>

You Are Invited! - Colleen Hankins

PACRAT



Wants YOU!

For Fun & Camaraderie!

For nearly 30 years PACRAT Racing (Pacific Northwest Area Clubs Recreational Alpine Teams) has offered adult ski club members an exciting and fun opportunity to participate in recreational alpine racing on Mt. Hood.

While some PACRATers have raced for years, many of our members have joined PACRAT as beginner and intermediate skiers and snowboarders.

If you are looking for team camaraderie and friendly fun competition - we are the league for you! Many racers join primarily for the social aspect and throw in some racing! Each PACRAT team consists of 10 racers and each racer is

2014 PACRAT Race Dates

Date	Location
January 12	Race 1: Mt. Hood Skibowl - CANCELLED
January 26	Race 2: Mt. Hood Meadows
February 9	Race 3: Mt. Hood Meadows - CANCELLED
March 2	Race 3: Mt. Hood Skibowl This race is in place of the February 9 race. The NASTAR Open that was scheduled for this day will not be held.
March 8 - 9	Masters Mania races Mt. Hood Skibowl These are optional, not PACRAT races. Slalom on Saturday, GS on Sunday..
March 16	Race 4: Mt. Hood Meadows
March 30	Race 5: Timberline
April 6	Make up Race: Timberline This race will be held to make up for the cancelled January 12 race.

Mt. High Team captains

Team name	Team captain	Email address
Avalanche Express	Gary Gunderson	ktgpx@frontier.com
Blizzardos	Linda Eidemiller	2lindaloo@gmail.com
Chilled Brewskis	Brenda Becerra	LetsPlayOnTheMt@hotmail.com
Frosted Flakes	Stevie Viaene	stevie.viaene@gmail.com
Infra-Rats	Garth Eliason	gweliason@gmail.com
Lab Rats	Lonny Schiller	landkschiller@gmail.com
Mixed Nuts	Samy Fouts	samyfouts@comcast.net
Mt. Hoodlums	Phil Mant	phil6666@aol.com
Rat Racers	Alan Bean	abean@nwgeotech.com
Rattitudes	Chris Wiley	Chris2007@Yhuji.com
Schussing Shysters	McCoy Smith	McCoySmith@comcast.net
Vertigo Madness	Tom Cansler	tomcansler@qualitytank.com

handicapped after the first race and placed into one of 7 skill levels ranging from novice to elite based on individual time. All racers are also dual-scored under the NASTAR scoring system, so you can see how you compare on the NATIONAL level too! All racers who qualify may attend the NASTAR National Championships.

To join a team, the only requirements are to be 18, a member of a NWSCC club, (Mt. High Snowsport club is a member), and to pay race fees of \$95 for the season. Dues include your bib, 5 races, discounted race day lift tickets, après ski parties with door prizes and refreshments, pins for placement in your categories, NASTAR standings and pins, and an end-of-season "Rat Attack" Awards Party. This is the best "bang for your buck" entertainment value on the mountain!

Ski ya on the mountain!!!

Colleen Hankins
Director of PACRAT Membership, 2013/2014

Skiing North America with John & Jewel Andrew



Part 5: Skiing Alabama by Emilio Trampuz



In their quest to ski all the downhill ski areas in North America, John and Jewel Andrew have done many long road trips. Here is part 2 of just one of these, skiing their way from the State of Washington to Alabama and back.

To Alabama and Back - part 2 31 ski areas in 30 days

Paul and Carol Morford accompanied us on this trip. The pictures included here were all taken with point-and-shoot cameras using roll film developed at places along the way. We scanned the negatives to produce these digital copies.

Day 7. Ski World, Nashville, Indiana. We stayed in Bloomington, Ind. Jewel and Carol, having exhausted themselves shopping in Galena, decided to sleep in while Paul and I drove 20 miles east to Ski World (350 ft. vertical) Within a few minutes we'd skied every run. We joined the girls for breakfast and got on the road to Paoli Peaks.



Ski World, Indiana

Paul Morford on 350 feet of vertical.

Day 7. Paoli Peaks Ski Resort, Paoli, Indiana. We spent the early afternoon skiing Paoli Peaks' 350 ft. of vertical. I was relieved to log two ski areas in a day. We found Paoli Peaks to be as well run as big resorts out west.

Jewel had fun skiing the tunnel at Paoli Peaks. We had to cut short Jewel's fun and get on the road. After driving south through Louisville, Nashville, and almost to Chattanooga, we rented rooms late at night in a cheap motel. Jewel and Carol were not happy. I was happy because we were within striking distance of Alabama skiing.



Paoli Peaks, Indiana

Carol & Paul Morford, Jewel Andrew



Paoli Peaks, Indiana

Jewel Andrew skiing through the tunnel

Day 8. Cloudmont Ski Resort, Mentone, Alabama. After 2,800 miles across North America, Paul's suburban is covered with a continent of winter grime. Our race with the weather is won. Alabama's ski slopes are open. Jewel is still not happy about the cheap Tennessee motel.



Cloudmont, Alabama

Jewel Andrew, Paul Morford, Carol Morford.

Day 8. Cloudmont Ski Resort, Mentone, Alabama. Jewel takes pictures of the three of us skiing Alabama. Not many other people around. 150' vertical just for us!

Stay tuned for the next part of the journey, including Georgia, Tennessee, North Carolina, Virginia, West Virginia, Colorado, Wyoming, and Idaho.



John Andrew at the day lodge, Cloudmont, Alabama

After several runs we ate lunch in the upper lodge (not shown), which was quite nice. We met the owners, who run a year around dude ranch. We listened to their tragic ski story. Their son was killed on the slopes while tending the snow guns just before their grand opening in 1970. They opened on schedule in his honor. We left Cloudmont with great respect for a family that has put Alabama on the map as a skiing state.



John Andrew
First Aid Station, Cloudmont, AL

A challenge for all

You too can embark on a similar adventure. Try a modest goal of any 7 ski areas in the [Northwest Ski Challenge](http://www.powderalliance.com).

Or, how about visiting all 12 ski areas that are part of the Powder Alliance? See: www.powderalliance.com

For a more ambitious lifetime goal, try to ski the 161 western ski areas listed at: www.mthigh.org/SkiAreas.htm.

Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Start entering a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas-2014-2-25.xlsx>



John Andrew: Alabama slopes beckon!



Three Seattleites grab the handle-tow and head for the top of Alabama's 150 feet of vertical.



Carol & Paul Morford skiing Cloudmont, AL

Emilio's comment: I spent the winter of 1985/86 working in Chattanooga, Tennessee, and I took the opportunity to ski Cloudmont, Alabama. I never thought I would meet anyone else who had been there.

I had less snow than shown in these pictures. There were two islands of snow, one above the other, connected with a narrow strip. I took my skis off and used them as a shovel to push some snow and widen the strip. The ski area manager saw me and gave me a free lift ticket for a future visit. Unfortunately, I never used it.

MOUNTAIN HIGH**News****SNOWSPORT CLUB****NW Skiers' Directory**

The NW Skiers' Directory is now available online. You can flip pages by clicking in the lower right corner, or swiping if you have a touch sensitive screen. You can also zoom in and out by clicking anywhere else on the page. See it at: <http://www.nwskiers.org/SkiersDirectory/SkiersDirectory/>

You can also find free printed copies of this 74 page booklet at local ski shops. Our very own **Linda McGavin** is the editor of this annual publication.

Oregon Wintercation

Ski Oregon is offering a 7-night, 8-day adventure on the snow, exploring Oregon! Grand Prize includes:

- * 2 Alaska Airlines tickets.
- * Winter rentals for two for eight days from The Mountain Shop.
- * Four nights lodging for two at the historic Timberline Lodge.
- * Four days breakfast for two at the Timberline Lodge
- * Four days of lift tickets for two at the Mt. Hood resort of choice; Timberline, Skibowl, Meadows, or Cooper Spur.
- * Three nights lodging for two at the DoubleTree Hilton in downtown Bend.
- * Three days of lift tickets for two at either Mt. Bachelor or Hoodoo.

Enter to win at: <http://www.skioregon.org/wintercation/>

Meadows tickets

You can buy discounted lift tickets for Mt. Hood Meadows thanks to a cooperation between Bergfreunde and Mountain High clubs.

The Bergfreunde Ski Club is selling discount Mt. Hood Meadows lift tickets for \$64.each. Buy as many or as few as you want.

If interested, contact:

Shawn Storey

DH Ski Director BSC

Phone: 360-910-8709

Email: irishcatty@gmail.com

Ski Trip Parking!

The **Monarch Hotel** in Clackamas has given us permission to leave our cars in their parking lot when we go on ski trips. Thank the Monarch Hotel by having a meal or a drink there.

The location is next to I-205, between the Sunnyside and Sunnybrook exits. From the south, take the Sunnybrook exit. From the north, use the Sunnyside exit.

If you don't want to leave your car there, consider carpooling, ask for a ride, or take a taxi.

Mountain Shop Pajama Party

Feb. 28, 2014. (Friday) 6:30 - 10:00 pm. Stop by the Mountain Shop wearing your pajamas and get 30% off of the lowest marked price on all merchandise!

MOUNTAIN SHOP 39TH ANNUAL PAJAMA PARTY!

FEBRUARY 28, 2014: 6:30 - 10 PM

WWW.MOUNTAINSHOP.NET FOR DETAILS



30%

→ OFF ←

LOWEST MARKED PRICE
(SOME EXCLUSIONS APPLY)

| ALPINE, NORDIC + BACKCOUNTRY SHIS | SPLITBOARDS | SKI BOOTS | POLES | SNOWSHOES | APPAREL + MORE! |

Skiyente**King Winter party**

Feb. 8 (Saturday) 7:00 pm.

The Skiyente Ski Club held its annual King Winter party at Charlie's Mountain View Pub in Government Camp (Mt. Hood) to celebrate the crowning of King Winter 2014!

This year's crowned King Winter is **John Wilberding**, who has been a member the Mt. Hood Ski Patrol for 38 years. The Mt. Hood Ski Partol is the longest running volunteer patrol organization in the American West.

More info on the [Skiyente web site](#)

Race Training

Fridays and weekends.



Coach Greg Dilger holds Slalom and GS training every Friday, usually at Mt. Hood Skibowl or Timberline. These **training days** are open to all who want to improve their skiing and/or racing skills.

Meet at the day lodge or Outback lodge at 8:30. Training starts at 9 am. The training session costs **\$35** on Fridays, or **\$65** on weekends.

Contact coach Greg at: gdilger2@yahoo.com

Let's try the Mt. Hood Express bus from Sandy



We've been encouraging people to meet up in Sandy and carpool from there. This year, let's try to use the new Mountain Express bus service from Sandy to Skibowl, Government Camp and/or Timberline for just One way fare is just **\$2** (or \$1.50 if you prepay for 20 tickets). That's less than you'd spend on gas!

Catch the bus at the Forest Service Park & Ride, right on Hwy. 26, at a bus stop half way between Champion Way and 362nd (which is the Fred Meyer traffic light in Sandy). Turn into Champion Way to park at the Mt. Hood National Forest Information Center.

The most convenient time for us is:

1. Leave Forestry Service Park & Ride at **7:45 am**, arrive at Skibowl West at 8:32 am, arrive at Timberline at 9:00 am.
2. Depart from Timberline at **2:45 pm** or **4:45 pm**, arrive in Sandy at 3:58 or 5:58 pm.

See the schedule on the Clackamas County Mountain Express website, www.clackamas.us/socialservices/documents/MTX%20schedule%2010-2013.pdf

If you miss us there, try to connect with us on the Mountain using 2-way radios on channel **6-19**. But, this might not be easy. We often carry 2-way radios on ski trips to new places, but few of us seem to use them on our local mountain.

So, it's best to try to connect in Sandy and start the day together.

Only, which days will this happen? Well, there is no fixed schedule. If we find out there is a group of us going, we'll try to let everyone know via an email blast.

Also, remember that you can communicate directly with other club members using our online Forum. Feel free to announce your intentions to go skiing on a particular day.



MOUNTAIN HIGH**Ski Challenge****SNOWSPORT CLUB**

The **NW Ski Club Council** has been rewarding skiers and snowboarders who visit lots of Northwest ski areas. One or more lucky winners each year have a chance to win a prize. The list of qualifying ski areas has expanded to Alaska, Hawaii, British Columbia (Big White, Red Mountain, and Whitewater) and Mammoth Mt., California. Only the ski areas shown on the map qualify, and that includes all of Oregon, Washington and Idaho.

Ski or ride any 7 or more resorts shown on the map during the 2013-2014 ski season to be eligible to win a prize. The more ski areas you visit, the greater your chance of winning. Just save your lift tickets or receipts, and qualify for a prize! The winners of the drawing will be announced in the Fall of 2014.

To qualify for a prize, submit your lift tickets (or receipts) to: **NWSCC**, 5331 SW Macadam Avenue, Suite 258, Box 438, Portland, OR 97239. More info on our Council's web site: www.nwskiers.org. Also, see the [Articles](#) page on the Mt. High web site for several articles documenting some of the previous Ski Challenges.

Last year's challenge winners

Last winter, 10 people participated in the challenge and sent in their entry forms with proof of having visited the ski areas.

The winners were the three individuals who visited the largest number of ski areas. They were:

1. Emilio Trampuz
2. Kurt Wilke
2. Bob Burns

Kurt and Bob tied for 2nd place with the same number of ski areas visited.

The prizes consisted of lift tickets and/or Mountain Shop gift certificates.

You too can be a winner. Just save your lift ticket or your credit card receipt and submit it to the NWSCC at the end of the season.



Ski the Glade Trail Day



March 1, 2014 (Saturday) On the first Saturday of March, by special permit from the Mt. Hood National Forest, the Glade Trail is opened and groomed for this living history event. This full-day event is a chance to experience a historical way of skiing on Mt. Hood.

Skiers are shuttled to Timberline Lodge by bus, escorted down the 3.0 mile trail to Government Camp by local guides and the Mt. Hood Ski Patrol. Lunch, Apres ski party and prizes are included in this unique fund-raiser benefitting the Mt. Hood Museum.

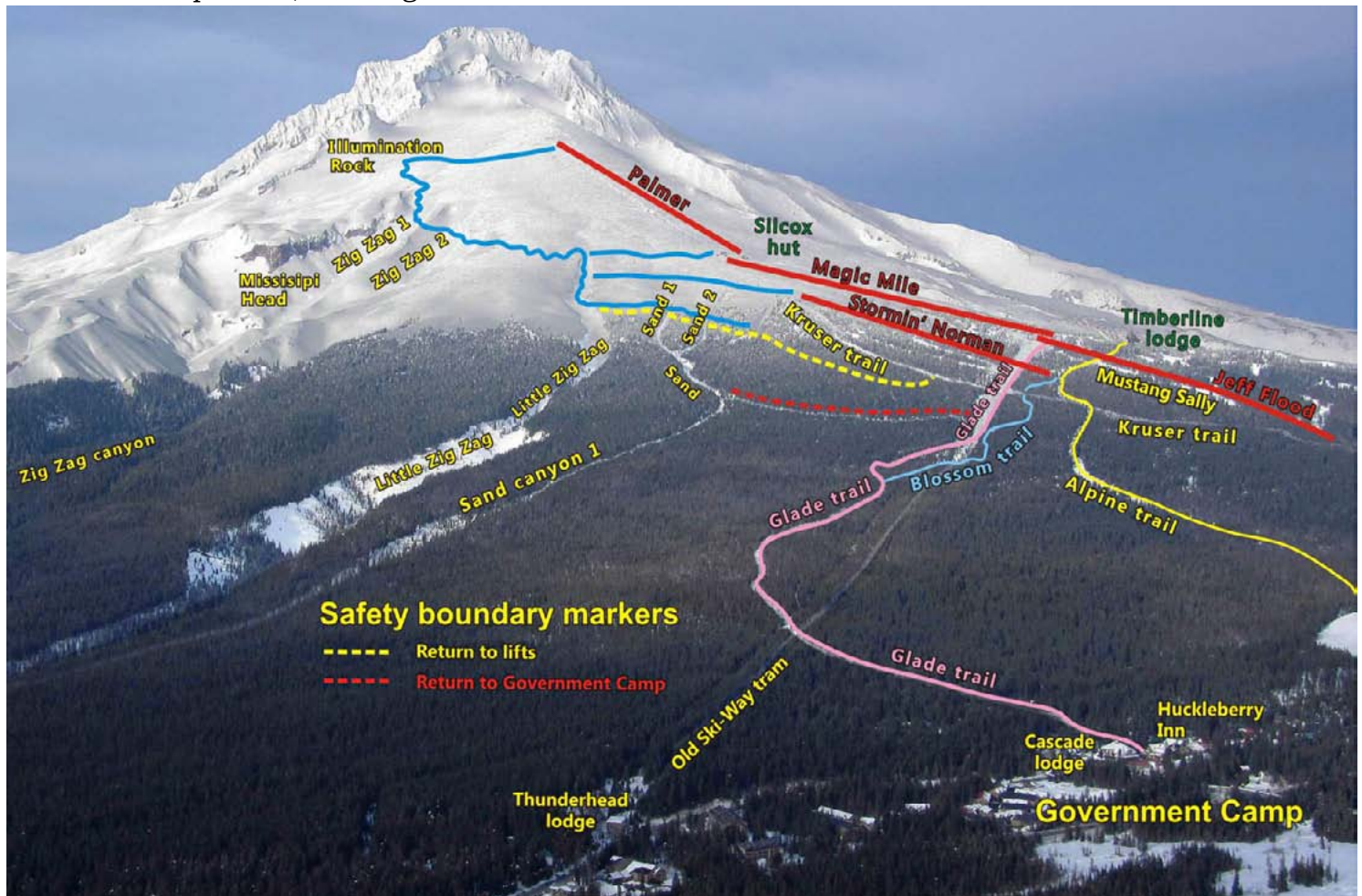
This is the only day in the year that the Glade Trail is groomed and patrolled, and the only time that uphill transportation is provided. If the snow is good and you like powder skiing, there are several sections where you can ski the ungroomed snow on the side of the trail. And if you are adventurous enough, you can try following the small blue rectangles marking the Blossom Trail, which meanders through the trees more or less paralleling the Glade Trail until they eventually merge and end up in the same place in Government Camp.

The shuttles will pick people up at two locations: At the bottom of the Glade trail, and also at the Mt. Hood Museum. Shuttles will run from 9:00 AM to 4:00 PM allowing ticket holders to make several trail runs. The events of the day are recounted at the Après ski wine party, where prizes are awarded. Wearing vintage ski clothing is encouraged. Purchased at the Museum in Government Camp, or call **503-272-3301**. Visa is accepted.

The event is possible through the support of Timberline Lodge, Luxury Accommodations, Valians Ski Shop and Mt. Hood Ski Patrol.

Participation is limited to **75 skiers**. Tickets are **\$100.00** per person. Members of Mt. Hood Cultural Center & Museum receive 10% discount. For more info, contact Lloyd Musser at **503-367-3946**.

See more useful info and maps in our [February 2011 issue of Lift Lines #122](#), pages 6 - 10. Or take a look at the map below, showing several skiable trails on Mt. Hood.



MOUNTAIN HIGH**Mt. High Trips****SNOWSPORT CLUB****Mt. High****Mt. Bachelor bus trip****Feb. 21 - 23, 2014.**

2 nights / 2 days skiing.

We'll be leaving Friday evening around 5:30 pm or so, and will return to Portland Sunday evening.

If the weather is good, you can ski all 360 degrees around the mountain. Lots of terrain to explore, including powder, glades, open meadows, and more.

Lodging at the Bend Riverside Inn & Suites.

Price: Adults: \$250, or \$135 without lift tickets.

Seniors 65-69 : \$230

Super-seniors 70+ : \$205

Deposit: \$100. Full payment due by January 20. Please use our [Dough Transmittal Form](#) for all payments.

Make check payable to Mountain High and mail it to the PO Box address at the top of the form.

More on our web site. Contact: **Debbi Kor**, 503-314-7078, ijustwannarun1@comcast.net



Leeway trail on Mt. Bachelor

Mt. High**Leavenworth bus trip**

Bomber wing at Mission Ridge

March 21 - 23, 2014. Bus trip. We'll leave Portland on Friday at 4 pm and return Sunday by about 9:30 pm.

2 nights / 2 days skiing at:

1. **Mission Ridge.** 2,250' vertical. 1 Express Quad, 3 Doubles. You can ski by a World War II bomber that crashed there.

2. **Stevens Pass,** lots of tree skiing, front and back + lots of cruisers! 1,800' vertical on 3 sides of 2 different mountains, served by 3 Quads, 4 Triples, 3 Doubles.

Lodging: Obertal Inn, right in the middle of Leavenworth. Rooms with fireplace or jacuzzi available.

Dinner: Saturday night, included in the trip price, we'll have dinner at King Ludwig's restaurant, with live polka music!

Price: Adult \$299 or \$250 (if you have Fusion Pass)

Super-seniors (70+): \$250

For room with fireplace: add \$23 pp.

For just 4 instead of 5 in townhome: add \$30pp

The price covers lodging, skiing, and bus transportation, as well as one dinner. But there are many variables on this trip, so please see more details on our web site.

Use our [Dough Transmittal Form](#) for all payments. Full payment due by February 20. No refunds after Feb. 20 unless you can fill your spot. Please specify if you want one of the special rooms.

NOTE: Only 38 spots available at the standard rate. After those 38 spots get filled, you'll only be able to sign up for the more expensive options

Contact: Trip leader [Linda McGavin](#), 503-652-2840, Trips@mthigh.org



Wally at Stevens Pass

MOUNTAIN HIGH

Multi-club Trips

SNOWSPORT CLUB

FWSA Ski Week: Beaver Creek, CO



Jan. 25 - Feb. 1, 2014. This is an annual week of skiing, bringing together ski clubs from all over the West. Only the location is different each year. See details at:

<http://www.fwsa.org/Travel/NAski/2014-FWSA-BeaverCreek/2014-FWSA-BeaverCreek.html>

Included: 7 nights lodging, Mountain Rally, Welcome Party, Races, Pub Crawl, Mountain Picnic, Banquet, Awards Après Party, Transportation to FWSA Events, 5 or 6 Day Lift Ticket good at 5 Colorado Resorts: Beaver Creek, Vail, Breckenridge, Keystone, Arapahoe Basin.

Not included: Air or airport ground transportation.

Contact: Christine Ciardi, c2blondie@hotmail.com 503-819-3128. **Base price** = \$1,229.

FWSA Mini Ski Week: Snowbasin, UT



Feb. 22 - 27, 2014.

5 nights / 3 or 4 days. Lodging is at La Quinta Inn in Layton, Utah, about 25 minutes from the Snowbasin ski area.

Price = \$425 - \$475. **Included:** 5 nights lodging, welcome and farewell parties, pub crawl, 3 or 4 days at Snowbasin, and shuttle bus from Layton to Snowbasin.

Not included: Air or transportation from airport.

Trip Leader: Gloria Raminha, 661-829-5996 [H], 661-800-8229 [C], garski2011@gmail.com.

Details: <http://www.fwsa.org/Travel/NAski/2014-FWSA-Snowbasin/2014-FWSA-Snowbasin.html>

International Ski Week: Zermatt, Switzerland



March 6 - 15, 2014.

Price = \$1,908 - \$2,908.

Included: 7 nights lodging in a choice of 3 hotels, welcome and farewell parties, breakfast & dinner daily,

airport ground transfers, tour escort, 2 apres ski parties.

Air-fare: Additional \$1,109 + \$526 fuel surcharge + \$126 in departure taxes. Both fees might change.

Not included: Lift tickets, optional day tours, optional post-trip extensions to Barcelona and Madrid, Spain.

Trip Leader: Debbie Stewart, VP International Travel, 430 S. Church St., Visalia, CA 93277, 559-734-9294 [B] 559-737-0882 [C], vpinternationaltravel@fwsa.org

Bergfreunde

Tahoe Sampler



Feb. 23 - Mar. 1, 2014. Mt. High members are invited to join this flexible carpooling trip.

Cost: \$332 (pp/do, land only). \$150 down, balance by Jan. 1. (Single room: add \$176.20.) No guests - you must be a member of ANY ski club.

NOTE: This trip was cancelled at the end of January, when a decision had to be made and there didn't seem to be enough snow on the ground, especially for cross country skers. The trip will happen next year.

Included: • 6 nights lodging, Hospitality room on Sun, Mon, Fri., • 2 Group dinners, Dinner dance cruise on Tahoe Queen paddle wheeler, • A trip souvenir.

Lodging: at the Bluelake Inn, within a few blocks of the casinos and the Heavenly gondola. Each room has a refrigerator and microwave.

Skiing: We'll be taking advantage of any lift ticket deals that are offered by the 16 different ski areas. Last year, we skied 5 areas for about \$200. This year, Sierra-at-Tahoe is part of the Powder Alliance (see page 14).

Note that this is also a cross-country and snowshoe trip.

Contact: Bob Burns: 503-524-5261 (phone/fax), bob@inkjetman.com. Make checks payable to **Bergfreunde Ski Club**. **Send payments to:** Bob Burns, 9980 SW Citation Place, Beaverton, OR 97008. Include: Your name; club name; address; phone numbers; and email address.

Details: www.mthigh.org/Trips.htm#Tahoe_Sampler

FWRA Championships



April 4-6, 2014. Annual inter-club competition. This year, it will be held at Mammoth Mt., CA.

Slalom on one day and Giant Slalom on the other.

This is a great opportunity to experience what a real Slalom course feels like! All our PACRAT racers are automatically qualified to enter this competition.

Details have not been announced yet, but they should probably be published soon on the Far West Racing Association web site, <http://fwra.com/>

Contact: Bob Ellis, rellis9681@aol.com

MOUNTAIN HIGH**Contacts / Club info****SNOWSPORT CLUB****2014 Man & Woman of the Year**

Our club's Man and Woman of the Year for 2014, are:

Kurt Krueger, our current club President.

Nancy Pratt, our current club Treasurer.



Kurt Krueger



Nancy Pratt

Mountain High Meeting

Usually the last Monday.

March 31 (Mon.): Open to all who want to get more involved with the club.

Gather at **6:00 pm**. Start at **6:30 pm**.

Location: Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy.)

Mountain High snowsport club contacts:

President: Kurt Krueger H: 503-625-1492,
Vice-President: Terry White H: 503-781-4558
Secretary: Lisa Scribner H: 360-904-1302,
Treasurer: Nancy Pratt H: 503-593-9427,
Membership Director: Terry Swan H: 503-729-3435
Race Director: Bruce Kuper H: 503-975-8039,
Newsletter Editor: Emilio Trampuz H: 1-503-378-0171,
Social Activities: Debbi Kor H: 503-314-7078,
Golf: Cal Eddy H: 503-805-8606,
Hiking: Chris Brooks H: 503-764-5323,
Mid-week skiing: Ken Brundidge H: 503-720-0620,
Trip Director: Linda McGavin H: 503-652-2840,
Trip Leader: Gordon Lusk H: 503-804-8363,

President@mthigh.org
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Trips@mthigh.org
GordyLusk@hotmail.com

General info:
info@mthigh.org
 Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership ☐ Renewal

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

Email Preferences: - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
 (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff:

- ☐ **Annual Membership** (Oct. 1, 2012 - Sept. 2013): Single (\$25); couple (\$40)
☐ **PACRAT Racing (2014)** \$95 for the whole season. Team: _____
☐ **Idaho trip** (Jan. 27-Feb. 1). W/o / With Fusion Pass \$875 / \$695. Senior: \$835 / \$675
☐ **Mt. Bachelor** (Feb. 21-23). Adult: \$250, Senior (65-69): \$230, Over 70: \$205.
☐ **Leavenworth** (Mar. 21-23). \$299 (or \$250 w/Fusion pass). Over 70: \$250.
☐ **Other:** _____

Deposit? **Paid in full?**

\$ _____
 \$ _____
 \$ _____
 \$ _____
 \$ _____
 \$ _____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Club membership = 323 Newsletter Distribution

The Feb.-March 2014 issue is posted on our web site. Also:
 262 copies sent via email (as PDF files)
 22 paper printed copies sent via US Mail.
 Copies are sent to potential members, other clubs, etc..

Fundraisers, Good karma



Mar. 8- 9, 2014: [Hope on the Slopes](#),
 a 24 hour ski challenge and fundraiser for the
 American Cancer Society, held at Mt. Hood
 Skibowl Friday afternoon - Saturday morning.

Mar. 9 - 10, 2014: [Oregon Cancer Ski Out](#),
 a fun 2-day event (Sunday & Monday) at Mt.
 Hood Meadows. Teams of 5 compete for best
 consistency (not speed).

Apr. 12 (Sat.), 2014: [Ski to Defeat ALS](#), a fund
 raiser for ALS (Lou Gehrig's Disease). Inspired by
Fred Noble, held at Mt. Hood Meadows.

All these events are a lot of fun. Each provides some-
 thing special. See details on our Mt. High web site.

Powder Alliance

If you have a Fusion Pass to Timberline and Skibowl,
 you automatically get 30 free ski days at these 10
 other ski resorts (3 tickets per resort). Can you ski
 all 12 of them? After all, they are free! What a ski
 safari that would be!!! See www.powderalliance.com



Emilio Trampuz
 Mountain High Newsletter editor
 4742 Liberty Rd. S., #296
 Salem, OR 97302
 Please check our web site,
www.mthigh.org
 for updates.

