

Safety Person of the Year

At the Far West Ski Association Convention, **Gordon Lusk** was awarded the Safety Person of the year award. See more info about him and other winners on the Awards page at: <http://www.mthigh.org/Awards.htm>

The award is a week-long vacation in Aspen/Snowmass, including airfare. You too can win this award by doing something positive for safety on the slopes.

Contact Debbi Kor, or Linda McGavin, or Emilio Trampuz to find out where to send your application, or search for it on the FWSA web site, www.fwsa.org.

In the photo: Gordon Lusk, Mary Manning (Aspen Sales) and Richard Lubin (FWSA VP Safety).



Photo: Mary Olhausen

Our Prez helps at the Mt. Hood Ski Patrol Ski Swap

Kurt Krueger, Mountain High club president, used his computer skills to help set up the computers used at the Mt. Hood Ski Patrol's Ski Swap held at the Washington County Fairgrounds in Hillsboro, October 4 and 5.

The picture shows just some of the 20 or so computers that had to be set up for the event, as point of sale terminals, consignment sale and snowpark sale terminals, door prize entry kiosk, a central server, a backup server, and more. All computers were linked into a network.

Season Overview

To get a good overview of our club's varied activities, check out our web site [Photos](http://www.mthigh.org/Photos.htm) page. It contains photos from 22 past events. All the photos will be moved a layer deeper, to our photo archives, and the current photos page will be cleared within the next few weeks to make room for new upcoming events.



See more photos at www.mthigh.org/Photos.htm.

MOUNTAIN HIGH

Upcoming events

SNOWSPORT CLUB

Hillcrest Sports Race Night

11th Annual Race Night

Thursday Oct. 3rd

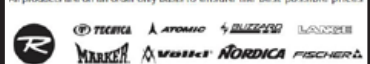
Junior Racers 5pm-9pm Masters Racers 6:30pm-9pm
Factory Reps will be here to answer your questions



Hillcrest is now the exclusive Fischer Vacuum boot dealer in the Portland area. Our expertise matched with Fischer's custom boot system makes for unparalleled comfort and performance.

2506 SE Burnside St. Gresham, OR 97030

Best prices of the year from all the top companies
All products are on an order only basis to ensure the best possible prices



See you there, and PRAY FOR SNOW!

Now questions? 503-665-4455 ask for Dexter or call Gary Gunderson 503-658-7848
www.hillcrestsports.com

Oct. 3 (Thur) 6:30 pm.

The annual Hillcrest Race Night will be on Thursday evening, starting around 6:30pm. Best prices of the year from all the top companies! Factory reps will be present to answer your questions.

Location: Hillcrest Sports, 2506 SE Burnside Rd., Gresham, OR 97080.

Junior Racers: 5:00 pm - 9:00 pm.

Masters Racers: 6:30 pm - 9:00 pm.

Questions: Contact Gary Gunderson, (503) 658-7848 or email: ktgpx@verizon.net.

Call the store. Ask for Dexter. at: 503-665-4455 or hillcrest@hillcrestsports.com.

Directions: I-84 East to exit 16. Turn right @ top of exit. Follow 3 miles to SE Burnside. Turn left on Burnside. Follow 1 mile to Gresham Village Shopping Center. Hillcrest Sports is on the right hand side.

Teton Gravity Research Ski Film: Way of Life



Oct. 4 (Friday). Two shows: 6:30 pm and 9:00 pm. **Location:** Wonder Ballroom, 128 Northeast Russell Street, Portland, OR.

Tickets: \$12 Advance or \$15 Door

Tickets available locally at the Mountain Shop at 1510 NE 37th

Avenue, and online through Ticketfly. Click here for [Early show](#), or here for [Late show](#).

An unforgettable evening jam packed with prizes, athlete appearances, and the brand new ski film.

Crazy amounts of swag will be on hand for you to win, including outerwear from The North Face, skis from Atomic, Sony Action Cams, and much, much more. Plus, enter to win our tour Grand Prize – a cat skiing trip for two with Selkirk Wilderness Skiing.

Everyone in attendance at the Portland premiere will get a 2-For-1 lift ticket to Stevens Pass AND your choice of 2-For-1 (core season) or Comp (M-F early/late season) ticket to Mt. Bachelor!

Mt. Hood Ski Patrol Ski Swap

Oct. 4 - 5 (Fri.-Sat.)

Friday: 4pm - 9pm.

Saturday: 9am - 6pm.

Support the Mt. Hood Ski Patrol and the West Linn High Snowboard Team at the Mt. Hood Snosport Swap at the



Washington County Fairgrounds

873 NE 34th Avenue

Hillsboro, Oregon 97124.

Consignment items will be accepted, and you could make money on your old ski gear. A portion of the swap proceeds benefit the Ski Patrol and the Snowboard Team.

Look for discount admission coupons and a chance to win a season pass at the Mt. Hood Snosport Swap website, <http://mhsss.com/h>

The Ski Patrol is looking for **volunteers** to work on the shift. Here's a chance to show you appreciation of this great organization and meet some good people. Your Prez has been there 3 years now. Contact Kurt at: 503-625-1492, President@mthigh.org

Lake Oswego Ski & Snowboard Swap

Oct. 12 (Sat.) 2013

Ski Swap held at Lake Oswego High School in the east gym. Doors

open at 8 a.m. and close at 1 p.m. Admission is \$2 for individuals and \$5 for families

Location: Lake Oswego High School's East Gym, 2501 Country Club Road, Lake Oswego.



Sell your used gear on consignment (30% of sale prices goes to benefit the ski teams at both Lakeridge and Lake Oswego High School). Drop off for used gear is Friday, October 11, 4-7 pm. at the East Gym of Lake Oswego High School. Pick up unsold gear between 2 and 3pm Saturday. Remaining gear will be donated to charity. Checks will be mailed to the donors for items sold.

For more information, and to download an advance gear registration form, go to the event website: <http://lakeoskiswap.com/>

Don't miss out on this great opportunity to get new and used equipment for the entire family!

Mt. High

Seafood Party



Oct. 12 (Sat.) 6:30 pm.
(If you want to help with the setup, please come at 5:30 pm.)

Our annual end-of-summer seafood party has become so popular that it would be hard

to find a big enough home to host it. So, for the third time, just like last year, we rented a space. This time at the **Multnomah Arts Center**, Portland.

To cover the cost of rental, please bring **\$10** per person. Guests: \$15. But, hey, you get a whole dinner in return!

We will have Pete and Ann's incredible homemade sushi platters, Bruce McGavin's fantastic smoked salmon spread; steamed mussels, clams, and salmon. OMG....the most incredible salmon that Gordy always fixes for us, plus lots more.

BYOB and bring a side dish or dessert.

If your last name begins with:

A - Q : bring a salad or side dish;

R - Z: bring dessert.

EVERYONE MUST RSVP by October 4th.

Location:

Multnomah Arts Center
7688 SW Capitol Hwy.
Portland, OR 97219.



Click here for [Google map](#).

See driving directions on our web site.

Please RSVP to **Debbi Kor** for a headcount: ijustwan-narun1@comcast.net or (503) 314-7078.



Mt. High Warren Miller's "Ticket To Ride"



Oct. 25, 2013. (Friday)
Dinner and a movie!

Dinner/drinks at 5:30 pm
at the Silver Spoon Bistro,
1211 SW 5th Ave Portland

Movie at 7:30 pm at the
Arlene Schnitzer Concert
Hall, 1037 SW Broadway.

Santa Claus (Warren Miller
Entertainment) is coming to

town, with a great way to start a new winter season.
Everyone coming to see the movie will receive:

1. **Lift ticket to Mt. Bachelor**, valid Monday - Friday, either before Dec. 13 or after March 31st. Or use it as a 2-for-1 coupon valid Monday - Friday from Jan. 6 - March 30.
2. **2-for-1 lift tickets** to 3 Canadian ski areas (**Big White, Silver Star, and Sun Peaks**) valid either before December 21, 2012, or after March 25, 2013.
3. **30% off lift tickets to Red Mountain, B.C.** Good for two lift tickets per guest voucher. Valid all season except for the holiday season: December 23, through January 2, 2014.
4. **Discount at REI. 20% OFF** one full price snow helmet or snow goggle. Offer valid 10.11.2013 through 2.15.2014.
5. **A free subscription to Ski Magazine**, if you fill out the contest entry form at the theater.

See more details at www.mthigh.org.

To participate in our group tickets purchase, you must send payment by September 27.

For the Friday 7:30 pm show, please make your **\$18.50** check (per person) payable to **Sandra Smith**, and send it to:

Sandra Smith,
1500 SW 134th Ave.,
Beaverton, OR 97005.

Email: Sandra@pacifier.com Phone: 503-646-4591

You can also buy tickets on your own, through Tickets West, but it will cost you an additional \$6 or \$7. We will purchase group tickets only for those who send their checks ahead of time.

Let Sandra know if you are coming to dinner.

MOUNTAIN HIGH**Upcoming events****SNOWSPORT CLUB****Mt. High****Highway Cleanup Day****Oct. 26** (Sat.) 10 am.

Join us for some good karma, cleaning our 2 miles of Highway 26 just west of Government Camp (milepost 51 to 53).

We'll meet at 10 am at the Mt. Hood Skibowl west parking lot. Bring some gloves, either latex or garden gloves.

At noon, all the participants will be treated to lunch at the Ice Axe brew pub in Government Camp.

**Bergfreunde****Wine Tour & Dinner****CANCELED****Oct. 12** (Sat.)

Start: 11:15 am.

End: 7:00 pm

Price: \$72.

Organized by **William Leeper**, 503-639-2603, or email: wcleeper@hotmail.com

NOTE: This event has been canceled due to insufficient signups.

**Mt. High****13th annual Thanksgiving "Back to the Valley" Wine Tour****Nov. 30, 2013.** (Saturday)

10:30 am to approximately 5:00 pm.

This is the 13th anniversary of our popular Thanksgiving wine tour. Come and make it a tour that we'll be talking about for years to come.

Meet at Tigard Fred Meyer. Bring some munchies to share, and we'll tailgate somewhere along the line. We'll visit 4 or 5 wineries, so remember to pace yourself.

This trip does fill up, so sign up now. We will have room for 12 people in a van. Beyond that, we'll carpool.



The wineries charge \$5 to \$10 to get in. This includes a signature glass, unlimited (or nearly unlimited) wine tasting, and food. Some wineries have music as well.

Join us for a day of adventure. This group can guarantee you a good time! Please RSVP.

Contact **Debbi Kor** to sign up at 503-314-7078, ijustwannarun1@comcast.net

MOUNTAIN HIGH

Upcoming events

SNOWSPORT CLUB

Ski Fever & Snowboard Show - Expo Center



Nov. 15-17 (Fri - Sun.)
Admission: \$13.

Big annual ski show at the Expo Center. Great deals on ski clothing and equipment. Many freebies.

Live demonstrations. More info at: www.portland-skifever.com.

If you want to volunteer to staff the NWSCC booth for a 3-hour shift (representing ALL local ski clubs) in exchange for a free admission to the show, contact **Christine Ciardi**, membership@nwskiers.org.

Mt. High Mt. High Kickoff Party + Mini Ski Swap



November 20 (Wednesday), 6:30 - 9:00 pm.

Our biggest party of the year, marking the start of a new ski season. Come enjoy the following:

- * Free food and drinks, and door prizes.
- * Meet your fellow club members.
- * Renew your membership (\$25 singles; \$40 couples)
- * Sign up for trips.
- * Join a PACRAT racing team.
- * Bring a friend.
- * Bring something to sell or swap. We'll have a mini ski swap, just like we've done for several years now. Bring your skis, jackets, or anything you'd like to sell.

Location: Gray Gables Estate. See [MAP](#).
3009 SE Chestnut Street, Milwaukie.

More info on our web site:

www.mthigh.org/#Kickoff_Party

NWSCC

Ski Fair at the Airport Holiday Inn



Nov. 18 (Monday) 6-10 pm Admission: FREE.

One day only, at the **Conference Center** next to the **Airport Holiday Inn**, 8439 NE Columbia Blvd.

Meet local ski clubs and ski areas. participate in the **Silent Auction, Raffle**, and more! See what's new.

As part of the auction, you can get great deals on lift tickets, lodging, ski trips, ski gear, and more.

All our members can purchase a **Meadows 10-time pass** for a discount, probably under \$400.

You can also **renew your club membership** at our club's booth.

To volunteer to staff the Mt. High booth, contact **Terry Swan**, swans761@juno.com

NWSCC, Schnee Pray for Snow

Sat. Night • Nov. 16 Charles Mtn. View • Govt. Camp



Nov. 16, 2013 (Saturday) - Starting at 6 pm.

Annual event to help usher in the Winter season, with a live band, dancing, revelry, and the company of friendly skiers. It's organized by the **Schnee Vogeli** ski club, but members of ALL local ski clubs are invited.

Location: **Charlie's Pub & Restaurant**, Government Camp.

Tickets: \$15, must be purchased in advance (Limited quantities). Gordy will have tickets at our Seafood party, Oct. 12.

Gordon Lusk: GordyLusk@hotmail.com, 503-804-8363

Dale Parshall: dale.parshall@usbank.com

There will be no tickets at the door. This event fills up!

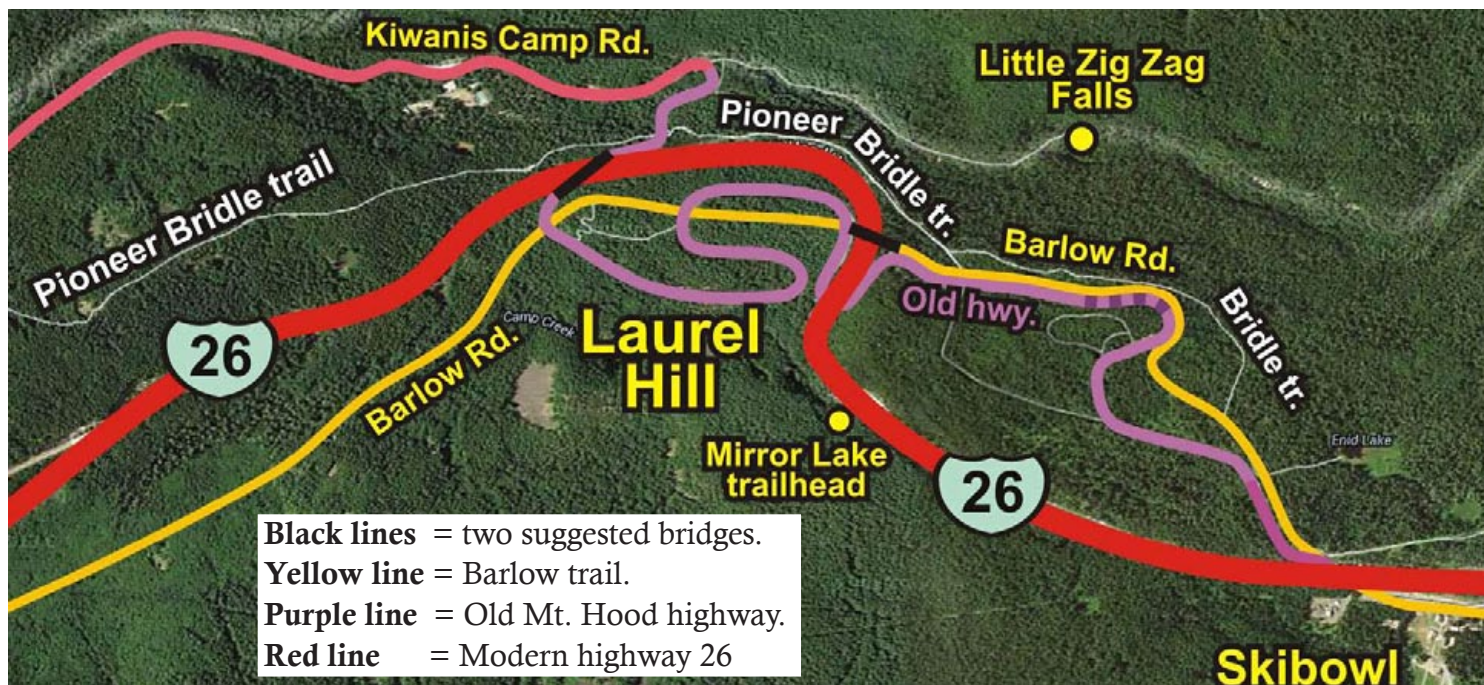
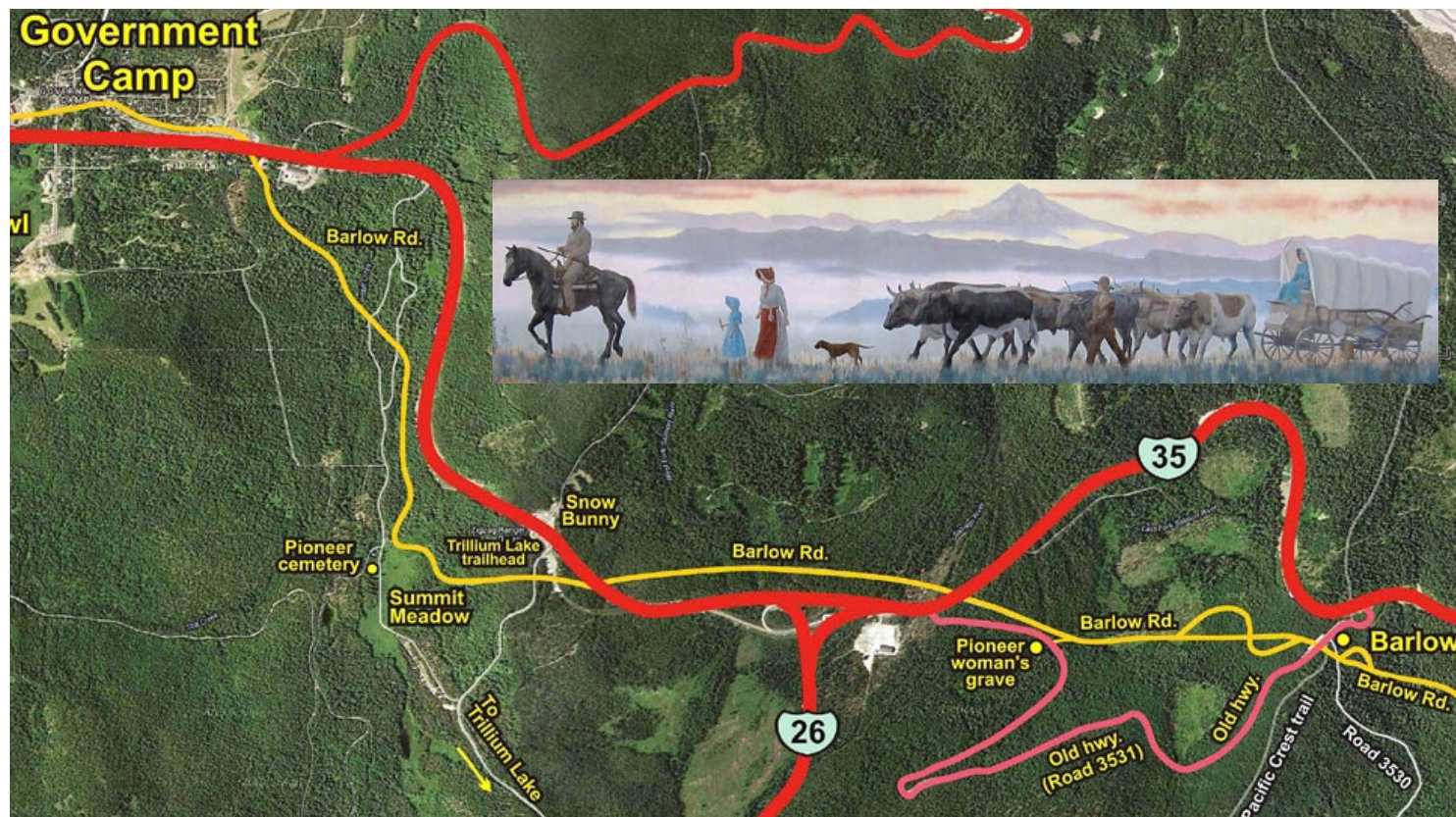
Barlow Road (Oregon Trail) History Videos

Based on our History bike ride in July, plus additional material, including the help of the Mt. Hood Museum archives, and the help of many of our club members' photos and videos, Emilio has put together 9 short videos.

Re-live the history tour, and see more info in the last two videos. Click on the following links (if you read this online), or go to [YouTube](#) and search for "[Mt. Hood History](#)".

- R1. [Mt. Hood Roads & Trails - Introduction.](#)
- R2. [Kiwanis Camp Rd. and Laurel Hill](#)
- R3. [Silent Rock and Map Turn](#)
- R4. [Barlow Pass](#)
- R5. [Pioneer Woman's Grave](#)
- R6. [Death, Trillium, Summit Meadow, Cemetery.](#)
- R8. [Old Mt. Hood Loop Highway - west of Govy.](#)
- R9. [Laurel Hill - the steep chute!](#)
- R11. [Tollgate and summary.](#)

NOTE: R7 and R10 will be added soon.



Skiing North America with John & Jewel Andrew

by Emilio Trampuz

Over the next several months, in short installments, let us tell you the story of an interesting couple with a great idea. **John and Jewel Andrew** decided to spend their retirement years skiing all of North America. After all, what better way to spend your retirement than finally visiting all those places you've been hearing about, and many more you've never even heard about!

After making the decision to embark on this adventure, they first had to compile a list of all the ski areas in both the United States and Canada. They were very thorough in their search, finding relatively sizeable but almost completely unknown ski areas that don't even appear on their States (or Canadian Provinces) ski maps!

For example, look up the official Idaho ski areas web site, <http://www.skiidaho.us/resorts> and you will not find the **Blizzard** ski area listed there. And yet, the ski area exists, offers 700' vertical, there are YouTube videos filmed there, and John and Jewel have found it, skied it, and checked it on their list. Hint: Blizzard ski area is located about 18 miles west of Arco, Idaho, within sight of the Craters of the Moon National Monument.

Similarly, you have probably never heard of **Manning Provincial Park, B.C.** (1,417' vertical), or **Hemlock Resort, B.C.**, (1,200' vertical), even though they are both within an easy drive from Vancouver, B.C. And yet they are on John and Jewel's list.

All totaled, the list they assembled contains 747 ski areas, but 63 of them (mainly small ones) have closed, which leaves 684 ski areas in North America.

So far, John and Jewel have skied 517 of them.

We found out about this couple quite by accident, when our club President, Kurt Krueger met John Andrew at the Red Tail Lodge in Beaver Creek, Colorado, in 2006. He immediately sensed that this would make a great story we could publish in our newsletter. So, he con-

nected John and Jewel with Emilio. We corresponded for a while, and then finally met at the White Pass ski area last winter (March 2013).

John and Jewel Andrew live in Renton, Washington. John is now 82 and Jewel a bit younger, and they are both slim, active, and in good shape.

Their adventures on skis for the past 17 years (since retirement) are inspiring, entertaining, instructive, and a good example for all of us. Stay tuned for more stories about them in upcoming months.

And remember that you too can embark on a similar adventure. If all of North America sounds like too much, set yourself a more modest goal. How about taking on the **Northwest Ski Challenge**, which is simply to ski at least 7 Northwest ski areas in a single winter season. You can even win a prize for accomplishing that!

For a more ambitious goal, notice that there are 153 ski areas listed in the Western part of North America (including British Columbia and Alberta). You can see them all listed at: www.mthigh.org/SkiAreas.htm. How about skiing all of those in your lifetime?

It's a wonderful world. Go ski it!



Emilio Trampuz with Jewel and John Andrew

PACRAT News

Pacific NW Area Clubs Recreational Alpine Teams



Bruce Kuper
Mt. High Racing Director

It's time to start organizing your 10-person teams, or joining one. For more info on racing this winter please checkout www.mthigh.org/Racing.htm.

If you need assistance with getting placed on a specific team, contact Bruce Kuper: bruku@comcast.net or phone: 503-975-8039.

Team captains, please let Bruce know the status of your team. Do you need more racers? How many?

2013/2014 PACRAT Race Dates

| Date | Location |
|----------------|---|
| January 5 | NASTAR Open race Mt. Hood Ski Bowl |
| January 12 | Mt. Hood Skibowl |
| January 26 | Mt. Hood Meadows |
| February 9 | Mt. Hood Skibowl |
| March 2 | NASTAR Open race Mt. Hood Ski Bowl |
| March 16 | Mt. Hood Meadows |
| March 30 | Timberline |
| April 6 | Make up Timberline only if a race is canceled |
| April 4-6 | FWRA Championships, Mammoth Mt. |
| Apr. 18 (Fri.) | Rat Attack Awards Party (tentative) |

How to Recruit New Racers - Emilio Trampuz

Each year, our teams lose some members and need to find new ones to replace them. It always happens. Some 20 years ago, at a season Kickoff Party held at Chuck Westergren's place, I found out that the team I had been on up till then had been dissolved. Suddenly, I was left without a team. I asked Violet Anderson (who was then the club's Racing Director) what to do, and she suggested that I form a team of my own. So, I spent most of that evening walking around the room, talking to everyone, asking people to join my PACRAT team.

Many people replied with the classic answer: "Oh, I am not really a racer." But, still, I managed to talk a number of them into giving it a try. That's how I became a team captain and the Mt. Hoodlums team was born. The team went through several name changes over the years, but the current Mt. Hoodlums was the end result.

So, use every opportunity you have to talk to other people: at the Seafood party, at the Warren Miller din-

Mt. High Team captains

| Team name | Team captain | Email address / Phone # |
|--------------------|------------------|--|
| Avalanche Express | Gary Gunderson | ktgpdx@frontier.com |
| Blizzardos | Linda Eidemiller | 2lindaloo@gmail.com |
| Chilled Brewskis | Brenda Becerra | LetsPlayOnTheMt@hotmail.com |
| Frosted Flakes | Stevie Viaene | stevie.viaene@gmail.com |
| Infra-Rats | Bruce Ellison | yuffiet@comcast.net |
| Lab Rats | Lonny Schiller | jandjkarsten@msn.com |
| Mixed Nuts | Samy Fouts | samyfouts@comcast.net |
| Mt. Hoodlums | Chuck Westergren | Chashisk@Yahoo.com |
| Psychothermia | Chris Coleman | christopherdcoleman@hotmail.com |
| Rat Racers | Eric Ort | eort@mail.com |
| Rattitudes | Chris Wiley | Chris2007@Yhuji.com |
| Schussing Shysters | McCoy Smith | McCoySmith@comcast.net |
| Slack Rats | Beth Paraskeva | alnbeth@gmail.com |
| Vertical Junkies | Bob Lawrence | BobL_Vjunkies@nwretractablescreens.com |
| Vertigo Madness | Tom Cansler | tomcansler@qualitytank.com |

NASTAR Races open to all

Jan. 5 and Mar. 2 Both of these NASTAR races at Mt. Hood Skibowl are open to all. Just show up. Bring \$10 for 2 runs, or \$20 for unlimited number of runs. Registration in the Outback Lodge 8 - 9 am.

Anyone over 18 can be a PACRAT racer!

As of November 2012, the PACRAT Board has lowered the age requirement for racers from 21 to 18.

ner, at the Ski Fair (where a lot of people – both old and new – congregate around our club's booth), and at the Kickoff party. Don't hesitate to approach brand new members and tell them that PACRAT racing is one of the funnest things we do, and invite them to join your team.

The **Ski Fair** (Monday, Nov. 18) is a great opportunity to talk to a lot of people. People come to our booth to check out what we do and what we have to offer. Simply be there to help answer questions, and you just might snag a new person for the team.

At the **Kickoff Party** (Wednesday, Nov. 20), we will have an information table with flyers for upcoming trips, events, and PACRAT racing. Any of you are welcome to help staff that table, answer questions, and talk people into joining a PACRAT team. Contact me (Emilio) if you want to help at the information table.

It helps to have a copy of the PACRAT forms, so they can sign up right on the spot.

Whistler Cabin Trip

Jan. 19-25, 2014. This annual trip led by Bill Leeper to a cabin just 5 minutes from Whistler village attracts people from several local ski clubs and it usually fills up quickly, because it can only accommodate about a dozen people. This year, you didn't even see it advertised because it looked like the trip was already full.

But two couples who had originally signed up have family doings at the time of the trip. So, there are now two double beds open. Hope to fill with some couples. **\$290** a person. Includes lodging for a week. Lift tickets not included. Contact **Bill**, wcleeper@hotmail.com

New bus service to Mt. Hood



A new Mountain Express bus service will operate six to eight runs a day, year-round except for Thanksgiving and Christmas, between **Sandy** and **Mount Hood**, stopping at Skibowl, Government Camp, and Timberline. Fare is **\$2** one way, or a book of 20 rides brings the price down to **\$1.50**. That's less than you'd spend on gas if you drive up by yourself. Let's try it!

The service has already started, as of October 1, 2013. But there will be 3 additional bus added during the winter season, December 1 - March 31. The best time for skiers is:

1. Leave Sandy Transit Center at 7:55 am,
arrive at Skibowl West at 8:32 am,
arrive at Timberline at 9:00 am.
2. Depart from Timberline at 2:45 pm or 4:45 pm.
arrive in Sandy at 3:50 or 5:50 pm.

See the schedule and routes on the Clackamas County Mountain Express website, <http://www.clackamas.us/socialservices/documents/MTX%20schedule%2010-2013.pdf>

New web site: ShredHood.org



ShredHood.org is a new web site devoted to everything related to Snow and Mt. Hood. It contains the latest news, classifieds, racing, new school, old school, videos, slides, events, and other resources.

The web site was started by **Ben Jacklet**, a local journalist whose mother, Alice Jacklet, has been PACRAT racing with us for quite a while!

This site had a planned launch in November. But, it's been finished early. The official launch date is Oct. 10, the same day this newsletter is being published! Check it out: <http://shredhood.org/>

A link to this site has been added on our web site's Useful Links page, under "Local Resources". See <http://www.mthigh.org/Links.htm>

35% off on New Skis!



We have been offered a 35% discount on both skis and bindings from the **Bluehouse Ski Co.** They are a small independent ski company based in Salt Lake City, Utah. They have been hand making skis for 6 seasons. Made in the USA. Here's how to get the discount:

1. Go to bluehouseskis.com or factorydirectskis.com
2. Browse through their selection of gear: skis, bindings, and accessories.
3. Select from a menu of ski types (Rockered, Powder, Backcountry, Telemark, All Mountain, Big Mountain, or Park)
4. Make sure to specify your desired length. Some models come with or without rocker.
5. Use coupon code: **MHSC35off** (That's short for "Mountain High Snowsport Club 35% off").

Most of their skis are priced at around \$400 – \$500. The skis in the picture are the "McFly" model, priced at \$399. A 35% discount would mean approximately \$140 – \$175 off, bringing the price down to around \$300.

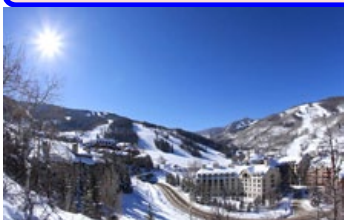
NOTE: This offer is valid for 10 days only: from October 7th to October 17th.

TRIPS

Here are the ski trips planned for this season. Space in the newsletter is limited. More details are posted on our web site, on the TRIPS page.

Note that all 3 Mt. High trips will be **bus** trips. Notice the bus on the right side of the trip headline. And remember the Fusion Pass/Powder Alliance deal. It can save you \$180 on the Idaho trip, and \$50 on the Leavenworth trip.

FWSA Ski Week: Beaver Creek, CO



Jan. 25 - Feb. 1, 2014.

This is an annual week of skiing, bringing together ski clubs from all over the West. Only the location is different each year. See details at:

<http://www.fwsa.org/Travel/NAski/2014-FWSA-BeaverCreek/2014-FWSA-BeaverCreek.html>

Included: 7 nights lodging, Mountain Rally, Welcome Party, Races, Pub Crawl, Mountain Picnic, Banquet, Awards Après Party, Transportation to FWSA Events, 5 or 6 Day Lift Ticket good at 5 Colorado Resorts: Beaver Creek, Vail, Breckenridge, Keystone, Arapahoe Basin.

Not included: Air or airport ground transportation.

Contact: Christine Ciardi, c2blondie@hotmail.com
503-819-3128. Base price = \$1,229.

FWSA Mini Ski Week: Snowbasin, UT



Feb. 22 - 27, 2014.

5 nights / 3 or 4 days. Lodging is at La Quinta Inn in Layton, Utah, about 25 minutes from the Snowbasin ski area.

Price = \$425 - \$475.

Included: 5 nights lodging, welcome and farewell parties, pub crawl, 3 or 4 days at Snowbasin, and shuttle bus from Layton to Snowbasin and back.

Not included: Air or transportation from airport.

Trip Leader: Gloria Raminha, 661-829-5996 [H], 661-800-8229 [C], garski2011@gmail.com.

Details: <http://www.fwsa.org/Travel/NAski/2014-FWSA-Snowbasin/2014-FWSA-Snowbasin.html>

Mt. High

Idaho Panhandle



Jan. 27 - Feb. 1, 2014.

5 nights / 5 days skiing.

We'll ski and stay at **Schweitzer Mt.** for 3 days and nights to make use of the 3 free lift tickets with the Fusion Pass/ Powder

Alliance deal. Schweitzer Mt. is one of the few places in the US offering true ski-in/ski-out, and great powder.

Then we'll move to Kellogg, Idaho, where we will stay for 2 nights near the bottom of the gondola to **Silver Mt.** In addition to Silver Mt., we will also spend a day at **Lookout Pass**, Idaho's number 1 powder place on the Idaho/Montana border, about 25 minutes east along I-90.



The price covers lodging, skiing, and bus transportation, as well as at least one dinner.

Regular = **\$875**. Senior (65+) = **\$835**.

If you have a Fusion Pass, you can save a lot on this trip thanks to the Powder Alliance deal.

Regular with Fusion pass = **\$695**.

Senior with Fusion pass = **\$675**.

Use our [Dough Transmittal Form](#) for all payments. Pay in full by December 27. No refunds after that.

Details on our web site. Contact: **Emilio**, 503-378-0171, Emilio2000@earthlink.net

International Ski Week: Zermatt, Switzerland



March 6 - 15, 2014. A week in Europe.

Price = \$1,908 - \$2,908.

Included: 7 nights lodging in a choice of 3 hotels, welcome and farewell parties,

breakfast & dinner daily, airport ground transfers, tour escort, 2 apres ski parties with drinks & light snacks.

Air-fare: Additional \$1,109 + \$526 fuel surcharge + \$126 in departure taxes. Both fees might change.

Not included: Lift tickets, optional day tours, optional post-trip extensions to Barcelona and Madrid, Spain.

Trip Leader: Debbie Stewart, VP International Travel, 430 S. Church St., Visalia, CA 93277, 559-734-9294 [B] 559-737-0882 [C], vpinternationaltravel@fwsa.org

MOUNTAIN HIGH

Trips

SNOWSPORT CLUB

Mt. High

Mt. Bachelor

**Feb. 21 - 23, 2014.**

2 nights / 2 days skiing.

We'll be leaving Friday evening around 5:30 pm or so, and will return to Portland Sunday evening.

Lodging at the Bend Riverside Inn & Suites.**Price:** Adults: \$250, or \$135 without lift tickets.

Seniors 65-69 : \$230

Super-seniors 70+ : \$205

Deposit: \$100. Details on our web site. Contact: **Debbi Kor**, 503-314-7078, ijustwannarun1@comcast.net

Mt. High

Leavenworth

**March 21 - 23, 2014.** Bus trip.

2 nights / 2 days at:

1. **Mission Ridge**. 2,250' vertical. 1 Express Quad, 3 Doubles. You can ski by a World

War II bomber that crashed there.

2. **Stevens Pass**, lots of tree skiing, front and back + lots of cruisers! 1,800' vertical on 3 sides of 2 different mountains, served by 3 Quads, 4 Triples, 3 Doubles.

Lodging: Obertal Inn, right in the middle of Leavenworth. Rooms with fireplace or jacuzzi available.**Price:** Adult \$299 or \$250 (if you have Fusion Pass)

Super-seniors (70+): \$250

For room with fireplace: add \$23 pp.

For just 4 instead of 5 in townhome: add \$30pp

The price covers lodging, skiing, and bus transportation, as well as one dinner. But there are many variables on this trip, so please see more details on our web site.

Use our [Dough Transmittal Form](#) for all payments. Full payment due by February 20. No refunds after Feb. 20 unless you can fill your spot. Please specify if you want one of the special rooms.

NOTE: Only 38 spots available at the standard rate. After those 38 spots get filled, you'll only be able to sign up for the more expensive options

Contact: Trip leader [Linda McGavin](#), 503-652-2840, Trips@mthigh.org

Bergfreunde

Tahoe Sampler

**Feb. 23 - Mar. 1, 2014.**

Mt. High members are invited to join this flexible carpooling trip.

Cost: TBA but approx. \$320 (pp.do, land only)

based on last year's prices. Included:

- 6 nights lodging,
- A trip souvenir.
- Group dinner Tues. & Thurs.
- Hospitality room Sun, Mon, Fri.,
- Legendary Wed. night dinner dance cruise on the M.S. Dixie II paddle wheeler; and

Lodging: at the Bluelake Inn, within a few blocks of the casinos and the Heavenly gondola. Each room has a refrigerator and microwave.

Skiing: We'll be taking advantage of any lift ticket deals that are offered by the 16 different ski areas. Last year, we skied 5 areas for about \$200. This year, Sierra-at-Tahoe is part of the Powder Alliance (see page 8).

Note that this is also a cross-country and snowshoe trip.

Contact: Bob Burns: 503-524-5261 (phone/fax), bob@inkjetman.com.

Make checks payable to **Bergfreunde Ski Club**.

Send payments to: Bob Burns, 9980 SW Citation Place, Beaverton, OR 97008. Include: Your name; club name; address; phone numbers; and email address.

FWRA Championships

**April 4-6, 2014.** Annual inter-club competition.

This year, it will be held at Mammoth Mt., CA.

Slalom on one day and Giant Slalom on the other.

This is a great opportunity to experience what a real Slalom course feels like! All our PACRAT racers are automatically qualified to enter this competition.

Details have not been announced yet, but they should probably be published soon on the Far West Racing Association web site, <http://fwra.com/>

Contact: Bob Ellis, rellis9681@aol.com

MOUNTAIN HIGH**Contacts / Club info****SNOWSPORT CLUB****Man & Woman of the Year**

Our club's Man and Woman of the Year, are:

Bruce Kuper, who is also our new Racing Director, and

Chris Brooks, our former club Secretary, and also our ongoing hikes leader.

**Bruce Kuper****Chris Brooks****Mountain High Meeting**

Usually the last Monday.

Oct. 28 (Mon.): Open to all who want to get more involved with the club. Gather at **6:00 pm**. Start at **6:30 pm**.

Location: Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy.)

Mountain High snowsport club contacts:

| | | |
|-----------------------------|----------------|--------------------|
| President: | Kurt Krueger | H: 503-625-1492, |
| Vice-President: | Terry White | H: 503-781-4558 |
| Secretary: | Chris Brooks | H: 503-764-5323, |
| Treasurer: | Nancy Pratt | H: 503-593-9427, |
| Membership Director: | Terry Swan | H: 503-729-3435 |
| Race Director: | Bruce Kuper | H: 503-975-8039, |
| Newsletter Editor: | Emilio Trampuz | H: 1-503-378-0171, |
| Social Activities: | Debbi Kor | H: 503-314-7078, |
| Golf: | Cal Eddy | H: 503-805-8606, |
| Hiking: | Chris Brooks | H: 503-764-5323, |
| Mid-week skiing: | Ken Brundidge | H: 503-720-0620, |
| Trip Director: | Linda McGavin | H: 503-652-2840, |
| Trip Leader: | Gordon Lusk | H: 503-804-8363, |

President@mthigh.org
TWhite223@msn.com
jruffman@aol.com
Treasurer@mthigh.org
swans761@juno.com
bruku@comcast.net
newsletter@mthigh.org
ijustwannarun1@comcast.net
baebaw@ccgmail.net
jruffman@aol.com
KenBrundidge@comcast.net
Trips@mthigh.org
GordyLusk@hotmail.com

General info:
info@mthigh.org
 Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership ☐ Renewal

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

By joining the Mountain High Snowsport Club, I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations, including the Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, and any of their agents (officers, directors, trip captains, and any other Club representatives) from liability for personal injury, property damage, or any other liability of any kind connected with my participation in any club-related activity. Furthermore, I agree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.

Email Preferences:

| | | | |
|-------------------------------------|---|---|-----------------------------|
| - Newsletter (once a month): | <input type="checkbox"/> yes, link only | <input type="checkbox"/> yes, complete file | <input type="checkbox"/> no |
| <input type="checkbox"/> No changes | - Club news & events (between newsletters): | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| (same as last year) | - Other ski news (NWSCC, FWSA, ski areas, trips...): | <input type="checkbox"/> yes | <input type="checkbox"/> no |
| | - Is it OK to share your email address with other club members? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

Please take my money, and apply it toward the following Ski Club fun stuff:

| | Deposit? | Paid in full? |
|--|----------|---------------|
| <input type="checkbox"/> Annual Membership (Oct. 1, 2012 - Sept. 2013): Single (\$25); couple (\$40) | \$ _____ | _____ |
| <input type="checkbox"/> PACRAT Racing (2014) \$95 for the whole season. Team: _____ | \$ _____ | _____ |
| <input type="checkbox"/> Idaho trip (Jan. 27-Feb. 1). W/o / With Fusion Pass \$875 / \$695. Senior: \$835 / \$675 | \$ _____ | _____ |
| <input type="checkbox"/> Mt. Bachelor (Feb. 21-23). Adult: \$250, Senior (65-69): \$230, Over 70: \$205. | \$ _____ | _____ |
| <input type="checkbox"/> Leavenworth (Mar. 21-23). \$299 (or \$250 w/Fusion pass). Over 70: \$250. | \$ _____ | _____ |
| <input type="checkbox"/> Other: _____ | \$ _____ | _____ |

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Club membership = 323 Newsletter Distribution

The October 2013 issue is posted on our web site. Also:
385 copies sent via email (as PDF files)
22 paper printed copies sent via US Mail.
 Copies are sent to potential members, other clubs, etc..
Please help us minimize the cost of mailing paper copies.
Send your email address to: newsletter@mthigh.org.

Mt. High Membership

Our club membership runs from October 1st to the end of September of the following year. So, it's about time to start renewing by mail.

Most people renew their

membership in person at one of our two main events:

1. **The Ski Fair**, Nov. 18, at the Airport Holiday Inn.
2. **The Mt. High Kickoff Party**, Nov. 20, at the Gray Gables Estates in Milwaukie, OR. Stay tuned!

When you renew in person, you will receive your membership card right away. Even if you renew by mail, please pick up your card at one of these events. We don't normally mail them out, except by special request to our Membership director, Terry Swan, 503-729-3435 swans761@juno.com

NWSCC**NWSCC News**

By being a Mt. High member, you are also automatically a member of the NWSCC.

The NW Ski Club Council holds meetings on the 3rd Wednesday approximately every other month. These meetings are open to every-

one. The next meetings will be:

October 16 (Wed.) 6 pm.

at a location to be announced. A featured speaker will be Brundage Mountain Resort, and the meeting topics will include Get Ready to Ski, Ski Fair, Ski Shows, and Club Membership.

December 18 (Wed.) 6 pm.

PACRAT racing bib pickup; PIE Auction, Safety, Learn to Ski.

Locations vary. See the NWSCC web site each time at: <http://www.nwskiers.org/>

See the monthly NWSCC Newsletter at:

www.nwskiers.org/Newsletter/Newsletter.htm



for updates.

www.mthigh.org

Please check our web site,

Salem, OR 97302

4742 Liberty Rd. S., #296

Mountain High Newsletter editor

Emilio Trampuz

