



Lift Lines

= No. 147-148, March-April 2013 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



From the Prez



The season is winding to a close. But Mother Nature still has some good snow left. The last couple of days have had some very nice stuff for us to enjoy. Ski Bowl had their last day on Sunday, but Meadows extended their season by two weeks. Timberline has yet to announce their plans for opening the Palmer lift, but it has to be soon.

Pond skimming has already happened at Ski Bowl and Bruce Kuper (or man of the year) won first prize for a Viking costume he designed and constructed. Stay tuned for the Meadows event on April 27 where we'll see Bruce again.

And finally, we have no candidate for the position of Secretary. Elections are May 15. If you want to run, or know someone who'd be a good candidate, let one of the board members know.

- Kurt Krueger, April 15, 2013

Got any photos of club events? Send a few of the best to Emilio, for inclusion in the newsletter and/or the web site, or post them in any online photo albums such as Photobucket or Snapfish and give us the web address.

Man & Woman of the Year

This year's Man and Woman of the Year are **Bruce Kuper** and **Chris Brooks**. See more on page 8.

Note the color code.
Our club is blue.

2013 CALENDAR

Blue: Mountain High events
Red: NWSCC / FWSA / Multi-club
Black: General events

Mar. 1-2 (Fri-Sat.): Hope on the Slopes

Mar. 2 (Sat.): NASTAR race - Skibowl

Mar. 2 (Sat): Ski the Glade Trail Day

Mar. 2-10: FWSA Ski Week Innsbruck

Mar. 7 (Thur.): Mt High Quarterly Party

Mar. 10-11 (Sun-Mon): Oregon

Cancer Ski Out - Meadows

Mar. 16 (Sat.): White Pass day trip

Mar. 17 (Sun.): PACRAT Race 4: Meadows

**Mar. 20 (Wed.) "Ready to Fly" NWSCC
Movie night**

Mar. 23-30 : Mt. High Canada trip

Red Mt., Whitewater, 49° North

Mar. 25-30: FWSA mini ski week Bachelor

Mar. 31 (Sun): PACRAT Race 5: Timberline

Apr. 5 - 7: FWRA Championships

Apr. 7 (Sun): PACRAT makeup race: Meadows

Apr. 13 (Sat.): Ski to Defeat ALS Meadows

Apr. 17 (Wed.): NWSCC meeting (page 8)

Apr. 19 (Fri.): PACRAT Rat Attack Awards

Apr. 20 (Sat.): "Something New" day trip

- Timberline

Apr. 27 (Sat.): Pond skimming -Meadows

Apr. 27 (Sat.): Thanks for Snow Party

Apr. 29 (Mon.): Mt. High Board meeting

May. 15 (Wed.): Mt. High Annual meeting

Elections & Spring Fling party

May 18 (Sat.): Mt. High Bowling - 7 pm.

June 6 - 9: Far West Convention, Reno, NV

Aug. 15-18 (Thur.-Sun.): Rafting

Aug. 17-18 (Sat/Sun): Barlow Road Bike Ride

Aug. 24 (Sat.): Picnic & Bike Ride

Mt. High

Let's Have Some Fun



Timberline day trip, Sat. Apr. 20



Bruce Kuper

Pond skimming, Sat., Apr. 27



Spring Fling Party, Wed., May 15



Bowling, May 18

MOUNTAIN HIGH

Recent Events

SNOWSPORT CLUB



Hope on the Slopes



Skibowl race



Pizza Party in March



Kurt Krueger, Bob Burns, and Kurt Wilke at Whittewater ski area, with Mt. Ymir in the background.

March was our busiest month of the ski season. So much has happened that we could barely keep up with everything. Photos will be published in upcoming issues.

1st week of March: Mt. Hood

HOPE ON THE SLOPES: March 1-2. Mt. Hood Skibowl. Ski & Ride For A Cure!! Cancer survivor recognition, Torchlight Parade, Live Music, BBQ, and More. Win Prizes. Vertical feet Challenge. More Info: www.hopeontheslopes.net. 253-207-5158.

NASTAR OPEN RACE: March 2. Mt. Hood Skibowl. Race is open to everyone – skiers & riders, friends & family. Even beginners!! Nastar dual course event. Brought to you by PACRAT racing league in conjunction with Mt. Hood Skibowl. \$10.00 for two Nastar Race Runs. \$20 for unlimited number of runs. Discounted lift tickets are \$44 with signed release waiver. Meet Outback Lodge for race registration between 8:00-9:00am. Racing starts 10:00am. More Info: www.nastar.com. **Gary Gunderson** 503-706-1644. ggunderson@sapiazza.com.

SKI THE GLADE: March 2. Benefits Mt. Hood Cultural Center & Museum. \$100 per person (\$90 members). Limited to 75 skiers. Includes continental breakfast, ski shuttle, lunch, après ski party & prizes. Start at Timberline and end in Government Camp—3 miles. Shuttles and local guides are provided. Info: www.mthoodmuseum.org. 503-367-3946.

2nd week of March: Portland & Mt. Hood

PIZZA PARTY: March 7. Round Table Pizza, 10070 SW Barbur Blvd., near Capitol Hwy.. This is our club's quarterly social. See page 6.

OREGON CANCER SKI OUT: March 10-11. Mt. Hood Meadows. 2 days of fun and racing. Your speed doesn't matter. What matters is consistency between your results on Sunday and on Monday.

3rd week of March: White Pass & Mt. Hood

WHITE PASS: March 16. This is Club Ski Day for all NWSCC club members. If you drive up on your own, just show your club membership card for a discount on lift tickets. If you come on our bus trip, that discount is already figured into the trip price.

PACRAT RACE #4: March 17. Mt. Hood Meadows.

MOVIE NIGHT: March 20. 7 pm at Gray Gables Estate, 009 SE Chestnut, Milwaukie. A moving film about the struggles of women ski jumpers to be allowed to participate in the Olympics.

4th week of March: Canada & Mt. Bachelor

CANADA POWDER HWY TRIP: March 23-30. A week long trip to Whittewater, Red Mt., and 49° North.

MT. BACHELOR: March 25-30. FWSA mini ski week.

PACRAT RACE \$5: March 31. Timberline.



See more photos at www.mthigh.org/Photos.htm.

MOUNTAIN HIGH**Recreational Racing****SNOWSPORT CLUB****PACRAT "Rat Attack" Party**

Pacific NW Area Clubs Recreational Alpine Teams



April 19 (Friday). Our annual awards party, the "Rat Attack" has a German theme this year. We call it the PACRATZNGRUVEN. The theme is DAS APRIL-FEST (think Spring Oktoberfest). There will be authentic Tyrolean dancers and Bruce Kuper's annual slide show, and music to follow the awards presentation!

It will be a festive evening of authentic German cuisine, beverage, music, dancing toasts and awards.

Guests are invited: please bring \$25 cash or check made payable to PACRAT. (For racers, it's free.)

Mt. High Team captains

<u>Team name</u>	<u>Team captain</u>	<u>Email address / Phone #</u>
Avalanche Express	Gary Gunderson	ktgpdx@frontier.com
Blizzardos	Linda Eidemiller	2lindaloo@gmail.com
Chilled Brewskis	Brenda Becerra	LetsPlayOnTheMt@hotmail.com
Frosted Flakes	Stevie Viaene	stevie.viaene@gmail.com
Infra-Rats	Bruce Ellison	yuffiet@comcast.net
Lab Rats	Lonny Schiller	jandjkarsten@msn.com
Mixed Nuts	Samy Fouts	samyfouts@comcast.net
Mt. Hoodlums	Chuck Westergren	Chashisk@yahoo.com
Psychothermia	Chris Coleman	christopherdcoleman@hotmail.com
Rat Racers	Eric Ort	eort@mail.com
Rattitudes	Chris Wiley	Chris2007@Yhuji.com
Schussing Shysters	McCoy Smith	McCoySmith@comcast.net
Slack Rats	Beth Paraskeva	alnbeth@gmail.com
Vertical Junkies	Bob Lawrence	BobL_Vjunkies@nwretractablescreens.com
Vertigo Madness	Tom Cansler	tomcansler@qualitytank.com

There will be beer and wine and full bar beverage stations- CASH BAR!!!!

The fun starts at **6:30 pm**. No need to come early to "save a table" - there will be plenty.

Location: The new

German American Society building
5626 NE Alameda, Portland OR 97213.

This is near the intersection of Sandy Blvd. and NE 57th.

Race Training every friday

Every Friday, coach Greg Dilger offers race training, usually at Mt. Hood Skibowl on the Dog Leg trail. Normally, the training costs just \$35.

If you want to come, email coach Greg at:

coachgreg@mthoodadultraceclub.com

After Skibowl closes on April 14, coach Greg says: "I am still going to train Friday Saturday and Sunday through the second weekend in May. If anybody wants to come up, you are welcome any day. Spring training is just \$25 per day and will be at Timberline. This week is GS Friday and Slalom Saturday and Sunday.

**Meadows Town Challenge Series**

Andy Hobart, our new PACRAT Director of Communications, tells us that **Ben Webster** of Mt. Hood Meadows has informed him of an interesting Friday night racing opportunity at Meadows. They're calling it the **Town Challenge Series**.

What's most interesting is that they're alternating racing and training each week.

This is a pretty interesting series that many PACRAT racers may enjoy. And when else can you get a Meadows ticket for under \$20?

See details on the Mt. Hood Meadows web site, www.skihood.com. Look for "Town Challenge" on the Events Calendar. Or click on this link:

<http://www.skihood.com/Events-and-Teams/Calendar/2013/02/01/Town-Challenge?duration=Non&year=2013&month=2&day=1&category=>

MOUNTAIN HIGH

Mt. High Day Trips

SNOWSPORT CLUB

"Show Me Something New" Day Trips



So far season, we have organized 4 simple day trips to the following 4 destinations: **Mt. Hood Meadows, Mt. Hood Skibowl, Hoodoo, and White Pass.** The Mt. Hood

days were simple carpooling trips, while the **Hoodoo** and **White Pass** were bus trips.

The focus on these trips was fun skiing, exploring, enjoying the sights, and showing each other new nooks and crannies we may not have noticed before. We can find new stuff just by reading the trail map more carefully. We have managed to do that on all the 4 trips so far.

Some people misunderstood our intentions, thinking that new terrain can be found only in steep woods or out of bounds. But, we found new terrain on groomed slopes, and most of it very easy to ski.

It's not over yet. We still have one more area to visit: Timberline, and we will probably do this one **more than once** during April and May.

Timberline day trip



Apr. 20, 2013 (Saturday)

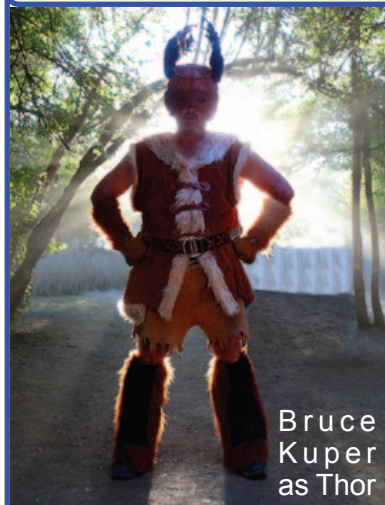
Timberline is full of surprises, if you know where to go. In this case, we do intend to take you on an easy out-of-bounds tour. If you have never been out of bounds, you have to try

this! In the Spring, when the snow is just right, it is as easy as any groomed run. And the scenery has to be seen to be believed. Be prepared to be flexible. Depending on the snow conditions, we might do different things, including:

- Skiing only groomed inbounds terrain; or
- Skiing the Alpine, Glade, or Blossom trails to Government Camp; or
- Skiing out of bounds, dipping into Zig Zag canyon, Little Zig Zag, Sand Canyon, and White River canyon.

Some of this requires leaving one or two cars in Government Camp. So, meet us in Sandy at 7:30 am or in Govy, near the Cascade Lodge and the Grocery store at 8:00 - 8:15 am. Contact **Emilio**, Emilio2000@earthlink.net, 503-510-1477.

Mt. Hood Meadows Pond Skim



Bruce Kuper as Thor

Apr. 27, 2013 (Sat.)

This will be the 7th annual pond skimming contest, sponsored by Kona Brewing.

Each participant who successfully skims over the 90-foot pool of water, gets a chance to enter the second and final round to win a trip to Hawaii. If more than one person skims

the whole pond successfully the second time, the winner will be determined by judging his/her style and costume.

Registration is open to all for \$30 per person.

Our club member (and Man of the Year), **Bruce Kuper** has already won first place for his **Thor** costume at the Skibowl pond skimming in March, and will compete in the Meadows pond skimming as well.

Thanks for Snow Party



Apr. 27, 2013 (Sat.)

The Schnee Vogeli ski club is sponsoring a new spring party (very much like "Pray for Snow" but in the spring). And we are all invited!

The inaugural "Thanks For Snow" party will be held on April 27th at the Multorpor Lodge (at Skibowl East).

The Lloyd Jones Blues Band will be playing.

Doors open at **6:30pm**. Door prizes galore. Tickets are \$15 and are being presold by Schnee club members. If the tickets are sold prior to the event there won't be any available at the door so see your favorite Schnee club member for tickets now, or email thanksforsnow@schneevogeli.com

Click here for the [flyer](#)! Tickets are limited. Get yours now.

Mt. High

Mt. High Spring Fling Party Annual Meeting & Elections

DATE: Wednesday, May 15

TIME: 6:30 pm

PLACE: Gray Gables Estate

3009 SE Chestnut Street

Portland, Oregon 97267

Phone: 503.654.0470

Click here for a [MAP](#).



WHAT: Everybody is invited! Come meet other club members, check out what's new. Bring a friend who might be interested in joining our club.

Included:

- * Slide show / video of some recent ski trips.
- * Socialize, mingle with other club members.
- * The club will provide food for free, but buy your own drink. Bar will be available.
- * **Vote for the changes in our Bylaws.** You can find the Bylaws on our Forms & Docs page and on our home page: www.mthigh.org. There are 4 related documents there.

1. [Summary of Bylaws changes](#) - a quick overview.
2. [Mt. High Bylaws](#) (PDF file) - the current old Bylaws.
3. [New, improved Bylaws Draft](#) - clean copy (PDF)
4. [New, improved Bylaws Draft](#) - changes in brown color (PDF)

- * **Participate in electing our club officers.** So far, we only have the current club officers ready for re-election. Note that we don't have a candidate for secretary. The main duty of the club secretary is to keep the Minutes at our Board meetings. At the same time, the Secretary fully participates in all decision making when planning future club activities.

President:	Kurt Krueger
Vice-President:	Terry White
Secretary:
Treasurer:	Nancy Pratt

Send in your nominations to any of the club's Board members by **April 29**. See Contacts page.

DIRECTIONS

- * **From the north:** Take McLoughlin Blvd. south, 1 mile past downtown Milwaukie. Go past the traffic lights at SE Courtney Ave. Just one more block. Turn left (east) onto Chestnut St. Gray Gables Estate will be on your left.
- * **From the south:** Take McLoughlin Blvd. from Oregon City, for abt. 4 miles north of I-205. After a slight curve to the right, go past Maple St. Just one more block. Turn right (east) onto Chestnut St. Gray Gables Estate will be on your left.
- * **From east (Clackamas):** From the Milwaukie Expressway (Hwy 224), turn onto Lake Rd. Turn left on Oatfield Rd. (just past the tennis courts on your left). Go past SE Courtney Ave. Just one more block.

Turn right (west) onto Chestnut St. Gray Gables Estate will be on your right.

CONTACT: Debbi Kor, 503-314-7078, ijustwannarun1@comcast.net

Voting procedure

The Mountain High Board has been working for a couple of years on preparing and polishing up some needed Bylaws changes. Once the whole Board had reviewed the changes, the text of the new Bylaws has been posted on our Web site, available for your review, since about October 2012. Several of you have already voted for approval by email just before our annual Kickoff Party in November, but the voting was not held at that time, due to some technical issues. So, we will hold the vote at the annual elections meeting on May 15.

We will hold the voting at the meeting itself. Ballots will be handed to you as you enter the building.

Proxy voting. If you cannot attend the meeting, please fill out the proxy form on the next page and put it inside an envelope. Place that inside another envelope with your name and signature on it. Mail it in. Or, if you don't care about secrecy, sign the proxy ballot and skip the extra envelope. Either way, return your vote by May 10.

Please review the new Bylaws as soon as possible, and let our President, Kurt Krueger, know if you have any comments or questions. Below is a summary of the changes.

Bylaws changes summary

Major changes.

Note that there is a version with all the changes recorded. They are a bit difficult to read since some of the sections have been rearranged. The actual changes are less than indicated.

1. Fiscal year change. We got out of phase with our tax filing and fiscal year when we got our tax exempt number. It is imperative that this change be made to avoid tax filing issues. Changing the fiscal year in the ByLaws will have no affect on how the club operates.
2. Simplification was the driving force in a lot of the changes. Minute details have been removed from the Bylaws and will be moved to Standard Operating Procedures documents. Example: Detailed duties of the officers.
3. Requirement to maintain liability insurance and for an Alcohol Policy added. Alcohol Policy required because liability insurance restricts club's role with alcohol.

Not so major changes

One of the goals was to simplify the Bylaws and to to remove day to day detailed items. The Bylaws continue to be the framework by which the club operates, but items such as detailed duties of each officer as been moved outside the Bylaws and put into a Standard Operating Procedure (SOP) document. The Bylaws still contain the major duties of the officers.

These SOP's are available on our FORMS & DOCS web page at: <http://www.mthigh.org/Forms.htm>. Just scroll down to the Administrative section of the page.

You can find the Bylaws on our Forms & Docs page and also on our home page: www.mthigh.org. There are 4 related documents there:

1. [Summary of Bylaws changes](#) - a quick overview.
2. [Mt. High Bylaws](#) (PDF file) - the current old Bylaws.
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Mt. High Snowsport Club 2013 – ELECTIONS PROXY BALLOT

Return Proxy by mail to: Emilio Trampuz. 4742 Liberty Rd. S., #296, Salem, OR 97302

Deadline for submission: Friday, May 10th, 2013.**Accept revised Bylaws**

- ☐ Yes
- ☐ No

PRESIDENT: The President shall be the CEO of the Club, shall chair the Board of Directors, shall preside over BOD and business meetings, may appoint additional Directors, shall delegate duties to officers, directors and committees as necessary, attend monthly meetings. – Estimated average time per month: 5 hours plus monthly meeting.

- ☐ **KURT KRUEGER**
- ☐ _____ (write in)

VICE PRESIDENT: The Vice President shall perform the duties of the President in the absence or inability of the President to act, shall be the liaison between the President and committees, attend monthly meetings – Estimated average time per month 2 hours plus meeting.

- ☐ **TERRY WHITE**
- ☐ _____ (write in)

TREASURER: The Treasurer shall have custody of all funds and all items of value that may come into Club's possession, keep complete records of funds, give financial reports at or before all regular Board meetings and at the annual meeting, be responsible for the management of all financial programs, make Club's billings, provide basic budget information, pick up club's mail at the P.O. Box., attend monthly meetings. – Estimated average time per month: 5 hours plus meeting.

- ☐ **NANCY PRATT**
- ☐ _____ (write in)

SECRETARY: The Secretary shall take minutes, type and distribute these minutes at or before all Board Meetings except committee meetings. – Estimated average time per month: 3 hours plus meeting.

- ☐ (Open)
- ☐ _____ (write in)

I, _____ (print name) _____ instruct Emilio Trampuz to vote as indicated and

- ☐ to take action on other business that may come properly before the Annual Meeting and any adjournment or postponement thereof.

Signature: _____

Special instructions:

Signature and printed name are required. If you wish to vote by secret ballot, enclose this form in an inner envelope. The outer envelope must contain your name and signature.

Mt. High

Man & Woman of the Year

After receiving nominations from our club members, the Board has chosen to honor the following two people as our Man and Woman of the year:

**Bruce Kuper**

Long time skier and videographer. Always there to help with technical gear on bus trips and at Mountain High and NWSCC events. Bruce is an excellent skier, has been a regular on our ski

trips since he joined. Just a few of his contributions to the club:

- PACRAT end of season slide show past 3 years.
- PACRAT racer. Member of Frosted Flakes team.
- Slide shows/video on the evening of the event for both the raft trip and ski trips
- Fixed the bus' shocks during a ski trip.
- Prepared pre-show for "Ready to Fly" movie and acted as "projectionist" for the movie.
- Volunteer for a Goose Hallow Family Shelter for 13 years

**Chris Brooks**

Chris stepped up to the Secretary position when we really needed her - during her first year of membership! A great asset to our club. An excellent skier, participant in many club events. She has led several summer hikes for the club.

Started skiing age 11 at Blue Lake Springs, CA. Moved to the NW age 24. In her fifties, decided to broaden her horizons and join a ski club to explore new places.

She is an active volunteer in the community:

- Parent Teacher Organization secretary 2 yrs,
- Fund raiser for Leukemia, lymphoma Society, LLS
- Volunteered as Mt High Club secretary two seasons, lead hikes, help with events ie; pacrat parties, Mt High parties, highway cleanup, etc.

Most importantly she takes her two boys snowboarding as often as possible.

FWSA

FWSA Convention

Mary Olhausen at the FWSA Convention



June 6 - 9, 2013. A meeting of hundreds of ski clubs and councils with the ski industry. Meet ski celebrities, participate in a Travel Symposium, Silent Auction (with dozens of valuable ski trips going for very low prices), educational seminars, and more. Also elect the new Far West Ski Association Board members.

This year, it's happening at the Grand Sierra Resort &

Casino, 2500 East 2nd St., Reno, NV 89595.

Registration for this 3-day event is \$149, if you register by May 10.

Check out all the details and registration at: http://www.mthigh.org/#Far_West_Convention.

Contact **Debbi Kor**, ijustwannarun1@comcast.net

NWSCC

NWSCC News



The NW Ski Club Council holds meetings on the 3rd Wednesday every other month. These meetings are open to everyone. The next meetings will be:

April 17 (Wed.) 6 pm.

At the Round Table Pizza, 10070 SW Barbur Blvd.,

Portland, OR. On the agenda will be: Man and Woman of the Year, FWSA Convention & Awards Program, Charitable Events. Most likely, there will also be a guest speaker from some of the Council's commercial members from the Portland area.

June 19 (Wed.) 6 pm.

At this meeting, elections will be held for both the NWSCC and PACRAT Boards. Also on the agenda will be the NW Ski Challenge Entries, Travel, and more. Location: to be announced.

Mt. High

Deschutes River Raft Weekend



Aug 15-18, 2013. This has become an annual tradition for our club. A long weekend of rafting and frolicking in the sun on the Deschutes River at Maupin, Oregon.

Contact Gordy: 503-804-8363, rivergordy@gmail.com

Reservation & payment deadline: August 1st. Cancellation deadline is also August 1st. Call for pricing if you have your own raft/kayak.

Trip includes:

Camping: Thursday, Friday and Saturday night in Maupin City Park. Camp sites at new location (see next page). RV space available for an

additional \$20.00 a night. Kids (8-20) are welcome and are the responsibility of the parent at a cost of \$50.

Rafting: (Row, Paddle or just ride) Friday and Saturday. We'll provide the rafts. On Friday, we'll assemble at Maupin City Park and then raft 18 miles from Harpham Flat to Sandy Beach. On Saturday, we'll start from the mid-point and raft downstream in the morning, and then do the upper half in the afternoon (to avoid the crowd).

Saturday night dinner: Lou's- Q will cook chicken, pork ribs and BBQ beans on Saturday only, but bring a salad, dessert or HDO for Sat. dinner. For other times, bring your own food and drinks. Also, bring quarters for the showers!

Camp, raft, dinner = \$95.00 pp, (Non-members \$110.00)

Camp, permit, dinner (no raft): \$50. Dinner only = \$20.

To sign up, please use the Dough Transmittal form, page 11 or print the form from our web site. See the [Forms](#) page at: <http://www.mthigh.org/Forms.htm>. See flyer at: www.mthigh.org/Events/2013-Raft-flyer.pdf

Barlow Road Bike Ride



Aug. 17 - 18, 2013 (Sat. - Sun.)

Experience a large part of Mt. Hood and Oregon History, the beauty, the majesty, the pioneering feeling of conquering the Barlow Trail Road from Oregon City Oregon to Mt. Hood...this is something you WON'T want to miss. A 2-day century tour following the historic Barlow Road from the end of the Oregon Trail to Government Camp and back.

Historic and very scenic routes for riders of all abilities:

1. **Trail Scout:** 120 miles and 7,000 feet up and down in one day.
2. **Trail Boss:** 50 miles each day, one uphill and one downhill.
3. **Pioneer:** 25 miles up from Sandy, 50 miles downhill on day 2.
4. **Junior and Senior:** 50 miles downhill - the no training option.

Most of the ride will be on quiet rural roads except Hwy. 26 from Zig Zag to Government Camp, which has a wide shoulder.

Rest stops every 10 miles, food, energy drinks, toilets, sag wagons, massage, mechanics and medical help. A great dinner at the Cascade Ski Lodge, and live music, The maximum riders is 2,000. Registration fee is \$75.00 per rider.

Details and registration: www.barlowroadride.com or call 503-272-3301.

Mt. High Picnic

August 24, 2013. (Sat.)

Join us for our club's annual picnic in **Sellwood Park**. The picnic will be preceded by an easy bike ride.

9 am for the bike ride (meet at the lower parking lot);

11 am for picnic.

11:30 am (or later) - food served.

See more at: www.mthigh.org/index.htm#Picnic

Contact **Debbi Kor, ijustwannarun1@comcast.net**





Northwest Ski Challenge

The NW Ski Club Council has been rewarding skiers and snowboarders who visit lots of Northwest ski areas. Just save your lift tickets and/or receipts and send them to the Council at the end of the season.

Ski or ride any 7 or more resorts in Oregon, Washington Idaho, Alaska, British Columbia or Alberta during the 2012-2013 ski season to be eligible to win a prize. The more ski areas you visit, the greater your chance of winning. If there are too many people qualifying, the winners will be determined by a drawing. The winners of the drawing will be announced at the NWSCC meeting either in June or August.

To qualify for a prize, submit your lift tickets (or receipts) to: NWSCC, 5331 SW Macadam Avenue, Suite 258, Box 438, Portland, OR 97239.

Please print and fill out the entry form found at:

<http://www.nwskiers.org/Challenge/Ski-NW-Challenge-Entry.pdf>

More info on our Council's web site: <http://www.nwskiers.org/Challenge/Challenge.html>. Also, see the [Articles](#) page on the Mt. High web site for several articles documenting some of the previous Ski Challenges.

Now is the time to submit your entry. All our Mountain High members who went on ski trips with us this season have a great chance to win. Our Idaho trip visited 3 ski areas. The Canada trip also visited 3 ski areas. And with a total of 5 day trips to nearby ski areas, you already have at least a minimum to enter the Challenge.

The more ski areas you visited, the greater your chance of winning a prize!

Did you save you lift tickets (or receipts)?

NOTE: Only tickets from this past season count. Some of you sharp-eyed detectives might notice that the tickets shown here are from past years. This is for eye-candy only.



MOUNTAIN HIGH**Contacts / Club info****SNOWSPORT CLUB****NOTE ABOUT "Something New" DAY TRIPS**

Some people didn't show up because they thought that searching for new terrain would be too challenging. Others didn't show up because they thought it wouldn't be challenging enough. But, we found plenty of new stuff for everyone, including both groomed

blue trails as well as steep ungroomed slopes. Intermediates need not worry. Nobody will be left behind. The steep slopes we found always had an easy way around them. The same will be true at Timberline.

Mountain High Meeting

Usually the last Monday.

Apr. 29 (Mon.): Open to all who want to get more involved with the club. Gather at **6:00 pm**. Start at **6:30 pm**.

Location: Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy.)

Mountain High snowsport club contacts:

President: Kurt Krueger H: 503-625-1492,
Vice-President: Terry White H: 503-781-4558
Secretary: Chris Brooks H: 503-764-5323,
Treasurer: Nancy Pratt H: 503-593-9427,
Membership Director: Terry Swan H: 503-729-3435
Race Director: Bruce Ellison H: 503-697-7892,
Newsletter Editor: Emilio Trampuz H: 1-503-378-0171,
Social Activities: Debbi Kor H: 503-314-7078,
Golf: Cal Eddy H: 503-631-3115,
Hiking: Elisabeth Fontaine H: 503-524-5774,
Mid-week skiing: Ken Brundidge H: 503-720-0620,
Trip Director: Linda McGavin H: 503-652-2840,
Trip Leader: Gordon Lusk H: 503-804-8363,

President@mthigh.org
TWhite223@msn.com
jruffman@al.com
Treasurer@mthigh.org
swans761@juno.com
Yuffiet@comcast.net
newsletter@mthigh.org
ijustwannarun1@comcast.net
W: 503-805-8606, baebaw@ccgmail.net
Lise518@msn.com
KenBrundidge@comcast.net
Trips@mthigh.org
GordyLusk@hotmail.com

General info:
info@mthigh.org
 Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership ☐ Renewal

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

By joining the Mountain High Snowsport Club, I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations, including the Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, and any of their agents (officers, directors, trip captains, and any other Club representatives) from liability for personal injury, property damage, or any other liability of any kind connected with my participation in any club-related activity. Furthermore, I agree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.

Email Preferences: - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
 (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff:

☐ **Annual Membership** (Oct. 1, 2012 - Sept. 2013): Single (\$25); couple (\$40)

☐ **PACRAT Racing (2013)** \$95 for the whole season. Team: _____

☐ **Rafting weekend** (Aug. 15-18, 2013) Members: \$95 Non-members: \$110

☐ **Rafting - other:** RV space: \$25 per day, Kids: \$50, Dinner only: \$20.

☐ **Other:** _____

Deposit? Paid in full?

\$ _____

\$ _____

\$ _____

\$ _____

\$ _____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Club membership = 322
Newsletter Distribution

The March-April 2013 issue is posted on our web site. Also:

385 copies sent via email (as PDF files)

22 paper printed copies sent via US Mail.

Copies are sent to potential members, other clubs, etc..

Please help us minimize the cost of mailing paper copies.

Send your email address to: newsletter@mthigh.org.

Helmited man dies after hitting tree

Josef Desch, a 51-year old man from Happy Valley died at Mt. Hood Meadows on Friday, April 12, after reportedly hitting a tree.

He was wearing a helmet, but could not be revived and was pronounced dead at the scene, around 2 pm.

According to Dave Tragethon, "Our patrols arrived and he was non-responsive. Attempts to revive him by medical personnel were unsuccessful."

Witnesses said they saw Desch going down a run, then pop up over a rise. He was last seen in a grove of trees.

According to the Oregonian, this happened next to the Arena trail (off of the Cascade Express lift). There are not many trees in that area and hardly any rises. It is more likely that the accident happened on the nearby Marmot Ridge, where the terrain undulates.


Recent Items on Bulletin Board

Check out recent items posted on our Bulletin Board.

- Seeking home to rent between Wleches and Rhododendron.** Contact Laicina: 503 866 9966.
- The Taco Shoppe in Govy: \$3 off any burrito!** Thanks to owner Kevin Bastin, who is also a Mountain High club member.
- Skis, bindings, poles, ski boots and snow boots for sale.** Contact Jayne 503-274-9603.

For more details, see our [Bulletin Board](#) page.

Mt. High Club bowling



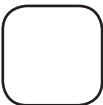
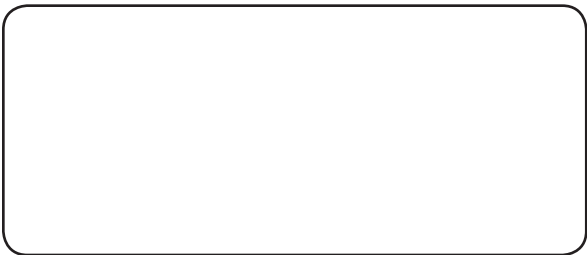
May 18 (Sat.) 7:00 pm: We haven't had a bowling night in a while! Let's go bowling!

Location: Milwaukie Elks.

Cost is \$15 per person.

NW Ski Club Council meetings

As of 2013, NWSCC meetings will be held bi-monthly (February, April, June, August, October, December); the location may vary, so check the NWSCC website. These meetings are open and participation by club members is encouraged. Next meeting is **Wednesday, April 17, 2013.** (See page 8)



Emilio Trampuz
Mountain High Newsletter editor
4742 Liberty Rd. S., #296
Salem, OR 97302
Please check our web site,
www.mthigh.org
for updates.