

## From the Prez



As your President for the last 2 years Mt, High has grown dramatically and I have had a great time leading your board. Our monthly meetings have been very productive with the outstanding help of the board members. Your VP - **Kurt Kruger** and Past President - **Terry White** have guided me and been extremely helpful with their years of experience and history with the club. Your Secretary - **Diane Zhitlovsky** kept exquisite minutes of our meetings, and we all can't say enough about **Sandi** 

**Dykstra** keeping track of you money as Treasurer. Also, Mt. High would not exist without the volunteer board people like: Communication KING **Emilio**, or **Linda McGavin** and **Emilio Trampuz** putting on ski trips, **Bruce Ellison** organizing the 150 Pac Rat racers, **Cal Eddy** and **Terry Swan** with golf and **Elisabeth Fontaine** organizing some hiking in the summer. **Elaine Bock** kept track of our membership and **Debbi Kor** has organized some fun quarterly parties and we have all had a great time. Needless to say this all takes a lot of time and energy, dedication to our activities and love of others. We like to give back to the club that gives us all such pleasure.

At our **Quarterly Social** on **May 24**, we will be voting on Bylaws revisions and election of new officers. Our elected officers are PRESIDENT, VICE PRESIDENT, SECRETARY, and TREASURER. So far Kurt Krueger was nominated for President and Terry White for VP. We need people to step up for SECRETARY, and TREASURER. We are looking for ways to simplify the treasurer responsibilities and it would be fun to see some new people with new ideas to better Mt. High. Thank you all that have made my responsibilities so much easier and participated in the great team effort that makes Mt. High the best...

Your Prez, Gordy Lusk
Let's Have Some Fun

ADOPT-A HIGHWAY PRQGRAM

#### Mt.High



#### Skiing in May





Golf: May 18, June 5 Hwy cleanup June 25





Kayak: May 22, June 11 Whistler July 21-25 Rafting Aug. 19 - 21

## The "We Need You" issue



The club needs you to take a more active role. Many positions need to be filled. Contact any of our current Board members, listed on page 13

Note the color code. Our club is blue.				
2010 CALENDAR				
Blue: Mountain High events Red: NWSCC / FWSA events				
Black: General events				
Apr. 1 - 3: Far West Championships				
Apr. 8-10: Bachelor Blast (all clubs)				
April 15: Rat Attack Awards party				
April 30: Pond Skimming, Meadows				
May 1 (Sun): Astoria Seafood & Wine				
May 15 (Sun.): Timberline historic				
trails adventure				
May 18 (Wed.): Golf - 9 holes at				
Sandelie, 5 pm. May 21 (Sat.): Timberline historic				
trails adventure				
May 22 (Sun.): Kayak Sandy River				
May 24 (Tue.): Mt. High Quarterly				
Social and club elections				
June 5 (Sun.) Golf Season Opening -				
18-hole scramble, 1 pm				
June 6 (Mon.): Mt.High planning meeting				
June 9 - 12: FWSA Convention				
June 11 (Sat): Kayak intro McIver Park June 15 (Wed) NWSCC/PACRAT elections				
June 15 (Wed) NWSCC/PACKAT elections June 18 (Sat): Kayak - McIver Park				
June 25: Mt. High Highway cleanup				
July 9 (Sat): Kayak - McKenzie River				
July 21-25: Whistler Summer fun				
July 24 (Sun): Clubs 4 Play - golf				
Aug. 19-21 (Sat.): Mt. High Rafting				
Aug. 27 (Sat.): Mt. High Picnic				

#### **Recent** events

Lift Lines 124-125, April-May 2011

CLUE

SNOWSPORT

## Ski the Glade Trail Day

Mar. 5, 2011 (Sat.) This is the one day a year when the historic old glade trail is groomed and patrolled, thanks to the efforts of the Mt. Hood Museum to revive the old traditions of skiing the trails from Timberline to Government Camp. It's an annual event, held on the first Saturday of March.

This year, several Mt. High members participated, including Kay Kinyon (not in the picture), Phil Mant, Chuck Westergren, Gary Olsen, Dan Lane, and Emilio Trampuz.

We had an unlimited number of shuttle rides available, so we took the opportunity to ski the Blossom trail and Sand canyon in addition to the Glade trail. Unfortunately, there was just too much fresh, deep snow in Sand canyon, which slowed us down a lot.



Glade trail with Mt. Hood Skibowl in the background. Phil Mant, Chas Westergren, Gary Olsen, Dan Lane on the Glade trail.

## Hope on the Slopes

Mar. 11-12, 2011 (Fri.-Sat.) This was the third annual 24-hour challenge at mt. Hood Skibowl. Prizes were given to those who had skied the most verical and to those who had rasied the most funds for the American Cancer Society.

Millions of vertical feet were skied by 96 participants in 21 teams, and a total of \$60,038 was raised.

There was live music, food, a silent auction, and lots and lots of vertical to cover.

The Friday night torchlight parade had 35 participants, more than in the previous two events.

We still haven't had time to process all the photos and videos from this event, but you can see some raw material that was thrown together and posted on Vimeo at <u>http://vimeo.com/21429560</u>





Emilio instructs the torchbearers. Many more showed up later.



See more photos at <u>www.mthigh.org/Photos.htm</u>.

March. 19, 2011 (Sat.) - A perfect bluebird day at Mt. Hood Meadows, followed by a group dinner at Huckleberry Inn, Government Camp.

We set up a fun **obstacle course** at Meadows, on the Wall Flower trail. It included 3 elements:

- a) a banked slalom course,
- b) a series of orange cones, and
- c) a maze of "snow snakes".

Only about **a dozen people** had fun with all this. Others were skiing that day too, but never showed up at the fun course. One person remarked that "We don't need an obstacle course to have fun." Oh, well, that's their loss, as this sort of thing doesn't happen very often.

We were hoping that Mt. Hood Meadows would notice there is an interest among skiers in easy obstacle courses, giving us something to turn around, but sadly we were no even able to muster enough interest among our own club members.

Meanwhile, the ski patrol at Meadows made sure that not a single nonmember got a chance to experience an obstacle course. They added extra ropes along the sides to block access to others, and they also made us move our "snakes" higher up on the hill, so there would be no chance for the general public to give it a try.

According to the patrolers, it was too dangerous! And yet they let kids perform huge jumps elsewhere!

**Dinner** at **Huckleberry Inn** was more popular. About **30**+ people showed up and had a great time.

Some people later said they didn't know we were going to get together for dinner. Try not to miss things next time. Read our news email blasts! Check out the web site! Read the newsletter!



Doug Pilcher wiggles his way through the field of snow snakes!



Recent events

Lift Lines 124-125, April-May 2011
SNOWSPORT CLUB

## Crystal Mt. bus trip

**March 25-27, 2011.** A weekend bus trip, 2 nights/2 days. We left Friday around 5:00 pm. Lots of fun on the bus. Lots of good skiing! We returned home Sunday evening. B shot an excellent series of photos of **Emilio** in the **Northway** area. Later, some of us discovered the **Boondogle** trail, at the opposite end of the Crystal Mt. ski area. Lots of untracked powder! We were told not to tell anyone!









A bunch of us in Bruce's Bowl, near the Northway chair







See many more photos at <u>www.mthigh.org/Photos.htm</u>.

Club elections

#### S N O W S P O R T

CLUB

## It's Mt. High Election Time!!



Can you spare a few hours during the year to help create the fun for next year? This is your chance to participate and make a difference. We will have club elections during our Pizza Party on May 24, 2011.

## The Official Board postions

**PRESIDENT:** The President shall be the CEO of the Club, shall chair the Board of Directors, shall preside over BOD and business meetings, may appoint additional Directors, shall delegate duties to officers, directors and committees as necessary, attend monthly meetings. – **Estimated average** 

## time per month: 5 hours plus monthly meeting.

**VICE PRESIDENT:** The Vice President shall perform the duties of the President in the absence or inability of the President to act, shall be the liaison between the President and committees, attend monthly meetings – **Estimated average time per month 2 hours plus meeting.** 

**TREASURER:** The Treasurer shall have custody (on behalf and in the name of the Club) of all funds and all items of value that may come into Club's possession, keep complete records of funds, give financial reports at or before all regular Board meetings and at the annual meeting, be responsible for the management of all financial programs, make Club's billings, provide basic budget information, pick up club's mail at the P.O. Box., attend monthly meetings. – **Estimated average time per month: 5 hours plus monthly meeting.** 

**SECRETARY:** The Secretary shall take minutes, type and distribute these minutes at or before all Board Meetings except committee meetings. – **Estimated average time per month: 3 hours plus monthly meeting.** 

**OTHER, INFORMAL POSITIONS** – In addition to the above officers, the club also needs a whole variety of volunteers and organizers for various events. We especially need people willing to organize **social events**, such as **parties**, **TGIFs**, **dances**, or any number of **recreational acitivites** you may want to share with others. These positions are voluntary and don't require any voting. Just show up at our monthly meetings (last Monday of each month).



## Mt. High Voting Ballot

So far, we have gathered the following nominations for candidates. Feel free to add you own name, or nominate someone else.

You can print this page, or copy & paste this into an email. Please circle or underline the person you are voting for, or write in a name. Then bring your vote to the Pizza Party on Tuesday, May 24, or email your votes to Emilio at <u>Emilio2000@earthlink.net</u>.

#### CANDIDATES:

President:	1. Kurt Krueger	2	3
Vice Prez:	1. Terry White	2	3
Secretary:	1. Chris Brooks	2	3
Treasurer:	1. Alice Dagilaitis	2	3

It's best to bring this ballot with you to the Pizza Party, Tuesday, May 24. If you can't make it there, then please email it or mail to to Emilio, <u>Emilio2000@earthlink.net</u>, or 4742 Liberty R.d S., #296, Sale, OR 97302.

#### Club news

#### SNOWSPORT CLUB

## 2011 Mt. High Photos

Photos from the past winter season have been posted on our **Pho**tos web page and a few short videos added to our **Videos** page. The photos are:

Apr..30: Blossom trail + Little Zig Zag Apr.30, 2011: Life Flight Apr. 15, 2011: "Rat Attack" party Mar. 25-27,2011: Crystal Mt. trip Mar. 19: Fun Day at Meadows Feb. 22: Movie Night at Gray Gables Feb. 12: Chocolate Party Jan. 27-30: Leavenworth trip Jan. 11: Wedding of Scotty & Mer'a Jan. 3, 2011: Bib decorating party Dec. 9-15, 2010: Canada Ski Safari Nov. 27, 2010: Wine Tour Nov. 11, 2010: Kickoff Party Nov. 8, 2010: Ski Fair Nov. 5, 2010: Portland Ski Show Nov. 5, 2010: Warren Miller dinner

#### Kayaking - joint outings with the Bergies



Andy Morrow, who is a member of both the Mountian High club and the Bergfreunde club will organize several weekly day outings at various

rivers throughout the summer.

Small inflatable kayaks are very maneuverable, forgiving and a lot of fun on fast water on a hot day. Bring (or share one of our) inflatable kayaks, bring lunch, snacks, water or beverages, sunscreen, whistle, Coast Guard approved life jacket, and extra, warm clothing (be prepared for cold water ie windbreaker jacket and pants for on the water and fleece for after). No cotton clothing, please.

May 22 (Sun.) - Sandy River (experienced kayakers) June 11 (Sat.) - Intro to Kayking. Easy rapids on the Clackamas River at Milo McIver State Park. June 18 (Sat.) - McIver Park to Barton. July 9 (Sat.) - McKenzie River (near Eugene).

Andy Morrow, mordrew@yahoo.com, 503-544-9353

## Pizza Party / Elections



May 24, 2011. (Tuesday)

6:30 pm at the **Round Table Pizza**, 10070 SW Barbur Blvd., near Capitol Hwy. (by McDonald's).

Everybody is invited! Come meet other club members, check out what's new. Enjoy some "Maui Zaui" pizza! Included:

- \* Slide show / video of some recent ski trips.
- \* Socialize, mingle with other club members.
- \* The pizza is free (on the club), but buy your own drink

\* Participate in electing our new President and other club officers. So far, we have the following candidates:

President:Kurt KruegerVice-President:Terry WhiteSecretary:Chris BrooksTreasurer:Alice Dagilaitis

See page 5 for more info on these and other club positions.

## Exploring new terrain - by Emilio Trampuz



It's fun to find new places to ski! Timberline has some suprises for you just a bit out of bounds. Any intermediate skier can do it safely and legally:

a) Register as a climber in the Day Lodge. Just in case.b) Go with someone who knows the terrain.

c) Exit ski area through the official gates, in good visibility and good snow conditions.

During the past month (April 15 - May 15), several people have participated in guided out-of-bounds tours with **Emilio**, despite bad weather and somewhat grabby snow. We will gladly show you some of these hidden treasures through the end of **May**, whenever the weather is good. We'll pre-anounce it by email.

Join us at McDonald's in Sandy at **7:15 - 7:30** am. On the slopes, tune your radio to channel **6-19**.

A Spring pass at Timberline, till May 31, is only \$99.

Lift Lines 124-125, April-May 2011

MOUNTAIN HIGH

Upcoming Events & Trips

C L U B





Troughout the summer, we'll meet 2 or 3 times per month, usually for 9-holes on Wednesday evenings, and 18-holes on certain Sundays.

**May 18 (Wed.)** - 9 holes at Sandelie

Golf Course, 28333 SW Mountain Rd., West Linn, starting at 5 pm. Cost: \$13.

Golf

**June 5 (Sunday)** - 18 hole **scramble** at Stone Creek Golf Club, 14603 South Stoneridge Drive, Oregon City, starting at 1 pm. Cost: \$47 includes drink ticket and picnic.

**Contact: Terry** at 503-729-3435 or e-mail at **swans761@juno.com**, or

**Cal** at 503-805-8606 or e-mail **baebaw@ccwebster.net**.

## Mt. High Highway Cleanup

June 25. Saturday, 10 am.

Our club has adopted a 2-mile section of Highway 26, mileposts 51-53. We'll meet at the Skibowl parking lot, and earn some good karma cleaning up the highway (abt. 2 hrs.).

SNOWSPORT

Lunch & beverages will be provided to those who RSVP and then show up on the day of the cleanup.

**RSVP** to **Debbi Kor** at: <u>ijustwannarun1@comcast.net</u> or 503-314-7078.





## Whistler Summer Fun trip

## July 21st - 25th, 2011

How does 4 fun-filled, activity filled days in Whistler sound this summer?

Join your Mt. High buddies for an action-packed mini vacation which will include:

- Golf
- Mountain biking
- Hiking
- Zip trekking through a beautiful forest, high above the river
- Dining in incredible restaurants, pubs and sidewalk cafes
- Shopping, shopping, shopping!

Lodging at the Coast Blackcomb Suites.

Studios: \$109/nt,

1 bedroom: \$129/nt,

2 bedroom \$169/nt, plus 14% tax.

Contact:

Debbi Kor at: ijustwannarun1@comcast.net or 503-314-7078



For membership info and club benefits, check our web site: www.mthigh.org/Membership.htm

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NWSCC + Mt. High Outings SNOWSPORT

July 24 (Sunday) 11 am.

#### CLUB

## **NWSCC Elections**

June 15 (Wednesday) 6 pm.

Location: The Shanghai Noble House, 5331 SW Macadam Ave., Portland, OR 97239. This on the bottom floor of the St. John's Landing Water tower building.

This is one of the regular, quarterly meetings of the NW Ski Club Council.

At this meeting, elections will be held for both the NWSCC Board and the PACRAT Board.

One representative from each club will vote for the NWSCC Board.

The PACRAT Board will be elected by the PACRAT team captains, according to a system implemented for the first time this year. Of our 15 Mt. High team captains, only 6 will be able to vote.

## Clubs 4 Play



NWSCC

The NW Ski Club Council organizes this annual golf event as a friendly competition between local ski clubs. Each club is encouraged to form at least 1 or 2 teams.

This year's location is: **Gresham Golf Course** 2155 NE Division St., Gresham, OR. More info at <u>www.nwskiers.org</u>.

- \* Tournament is a scramble format. Rules will be available on day of tournament.
- \* Pick your team of 4 and register with Sandi Shaub by Friday, July 8. Payments due by July 8. Send checks for \$85 per person, payable to NWSCC, PO Box 1915, Portland 97207.
- \* Tournament will be held rain or shine.

Mt.High

- \* Club Trophy will be awarded to Team with lowest score whose members are all from the same Club.
- \* BBQ Chicken Sandwich meal on the patio after round, prizes, goodie bag, favor and FUN!

Click here for a **<u>poster and signup form</u>**. Fill out the **<u>registration form</u>**, then email it to Sandi Shaub, <u>**sandi.shaub@gmail.com**</u>.

As soon as you have your 4 players, give Sandi Shaub a call to register at 503-669-8599 or email her at <u>sandi.shaub@gmail.com</u>.

## Mt. High Deschutes River Raft Weekend 🚍



## Aug 19 - 21, 2011.

This has become an annual tradition for our club. A weekend of rafting and frolicking in the sun on the Deschutes River at Maupin, OR.

Info: Gordy: 503-804-8363, GordyLusk@hotmail.com

Reservation & payment must be received by July 15. (or don't show up). Cancelation Date is August 1st.

## Trip includes:

**Camping:** Thursday, Friday and Saturday night in Maupin City Park. Camp sites, near bathroom in main park. RV space available for an additional \$20.00 a night.

**<u>Rafting:</u>** (Row, Paddle or just ride) Friday and Saturday... We'll provide the rafts.

<u>Saturday night diner:</u> Chicken and ribs provided by Mt. High. For other times, bring your own food.

**<u>Camp, raft, dinner = \$90.00 pp,</u>** (Non-members \$105.00) Use the Dough Transmittal form, page 11.



**Aug.27** (Saturday). Our annual picnic and bike ride at Sellwood Park.

9 am for bike ride;

11 am for picnic.

Location: Sellwood park, picnic area A.

Also, an optional bicycle ride just before the picnic. Start at parking lot by the river (by Sellwood bridge)

**Annual Picnic** 

9 am -- Bike ride 11 am -- Picnic starts

The picnic is a potluck. We'll have hot dogs. Bring something else to share.



Lift Lines 124-125, April-May 2011

MOUNTAIN HIGH





CLUB



**April 15** (Fri.) At the end of the racing season, the top team was **Ruttin' Rats** (a Schnee Vogeli club team).

In second place was the **Avalanche Express**, a Mountain High team led by Gary Gunderson.



The **Rattitudes team**, with Chris Wiley as team captain, was in third place.



This year's Rat Queen and Rat King (the two individuals who improved the most during the season) were **Natalie Shaffer** (Slick Chics, Skiyente ski club, improved by 40%) and **John Barton** (Schussing Shysters team, Mt. High, improved by 41%).

More detailed results on the Race Results web page. Also, see more photos on our Photos page, and even more on the PACRAT web site, <u>www.pacrats.org</u>.

2011 PACRAT Race Results					
<u>Pl Tear</u>	n Nai	<u>ne (bib #)</u>	<u>Club Name</u>	<u>Pts</u>	
1 Ruttir	n' Rats	(60-69)	Schnee Vogeli	212	
2 Avala	nche E	Express (240-249	) Mt. High	208	
3 Racy	Brats	(0-9)	Skiyente	206	
3 Rattit	udes (	10-19)	Mt. High	206	
5 Kiss M	4y Wa	x (70-79)	Skiyente	198	
6 Vertig	go Mad	lness	Mt. High	187	
7 Bad C	Compai	ny (230-239)	Mt. High	182	
8 Infra	rats (2	10-219)	Mt. High	181	
9 Chille	d Brev	vskis(140-149)	Mt. High	172	
10 MAC-	Tacula	ır (130-139)	MAC	166	
11 Mixed	l Nuts	(50-59)	Mt. High	153	
12 Frost	ed Flal	kes (40-49)	Mt. High	152	
12 Schus	ssing S	Shysters (30-39	) Mt. High	152	
14 Psyco	therm	ia (170-179)	Mt. High	149	
-		ngers (190-199)		o 147	
16 Drool	ing Mo	ose Rats (100-1	.09) Mt. High	145	
17 Lab R	ats (1	10-119)	Mt. High	144	
		ns (80-89)	Mt. High	140	
		(150-159)	Mt. High	134	
20 Tasmanian Ski Devils (200-209) Bergfreunde 132					
21 D.O.O	G.s(18	0-189)	Schnee Vogeli	128	
22 Slic C	hics (2	20-29)	Skiyente	111	
		nos (120-129)	PDX Ski Club	105	
		sers(160-169)	Free Riders	94	
25 Alpha	KB (9	0-99)	Mt. High	89	
Fastest f	emale	racers <sup>.</sup> Brenda	Ackerson Col	leen	

SNOWSPORT

Fastest female racers: Brenda Ackerson, Colleen Walter, Barb Pressentin, and Lynn Norbury. Fastest male racers were: Ben McKinley, Peter Dodd, Ken Park, Dale Parshall, Stephen Piazza, Ward Jagels, Bruce Parshall, Mike Agee, Gary Gunderson, Mike Stanford, and Jay Pollock.

For any questions, contact our Racing Director. Bruce Ellison: <u>Yuffiet@comcast.net</u> or phone: 503-697-7892.



The two most improved racers: John Barton & Natalie Shaffer

CLUB

#### MOUNTAIN H G H

## NWSCC

# NWSCC Man & Woman of the Year

S N O W S P O R T



All our Mountain High club members are also automatically members of the Northwest Ski Club Council (NWSCC). It says so on your membership card. The NWSCC represents about 30 ski clubs in the Northwest (Oregon, Washington, Idaho)

So, NWSCC events and trips are all your events, and your trips. Make use of them.

## **NWSCC** Leaders

The current NWSCC President is Sheri Parshall (Skivente Ski Club), and the Membership Director is Colleen Walter (Skiyente Ski Club). But, did you know that several Mountain High club members are on the NWSC Board? Here are just some of them:

Linda McGavin - NWSCC Communications Director

David Schor - NWSCC Treasurer

Director

Barbara Bousum - NWSCC Travel Director

Barbara Parshall - NWSCC Racing Director

Mary Olhausen - NWSCC Past President

## NWSCC Meetings will be quarterly

For years, the NW Ski Club Council has held monthly meetings on every 3rd Wednesday of the month. But, since the summer of 2010, the meetings are held only once every three months, on the 3rd Wednesdays in September, December, March, and June, plus an additional "Appreciation Night" party in July.

The next meetings will be:

June 15, at the Shanghai Noble House, John's Landing, July 20, "Appreciation Night" at Sheri & Dale Parshall's September 21 - Season kickoff, Shanghai Noble House December 21 - PACRAT Night, Shanghai Noble House May 18 at the Shanghai Noble House, John's Landing,

Congratulations to the winners of NWSCC's Man and Woman of the Year competition: Gary Gunderson and Linda McGavin.

Gary Gunderson was nominated both by our club and by the Skivente ski club for his contributions to PACRAT racing, and the introduction of NASTAR racing. Linda McGavin has been a tireless worker at the Council for many years. She edits the annual NW Skiers' Directory, organized the Bachelor Blast, and much much more.





Gary Gunderson

Linda McGavin

They have each won a 2-day trip for two to Big White/ John Jessen - Webmaster & Educational Outreach Silver Star. Also, they will now represent the Northwest in the final stage of the competition for Man and Woman of the Year at the Far West Convention.

## **NWSCC Web site & Newsletter**





Check out the NWSCC web site. You can click on the NWSCC button, or the NWSCC logo on our Mountain High web site, or go directly to www.nwskiers.org.

The NWSCC webmaster is **David** Schor, who also served as the council Treasurer and the coordinator of the NW Ski Challenge.

Also, remember that Linda Mc-Gavin is the editor of the NWSCC Newsletter, which is sent to you every month, and is also available on the NWSCC web site.

Please pay attention to the NWSCC Newsletter, which contains a lot of information that never makes it into Lift Lines (for lack of space).

Far West Ski Association

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SNOWSPORT CLUB



All our Mountain High club members are also automatically members of the Far West Ski Association. It says so on your membership card.

The FWSA represents hundreds of ski clubs throughout the Western United States.

So, these are all your events, and your trips. Make use of them.

## **FWSA** Far West Convention



June 9-12, 2011. The 79th Annual Far West Ski Association Convention will be held at the Pacific Palms Resort & Convention Center in In-

dustry Hills, CA, hosted by the Los Angeles Council of Ski Clubs.

The theme is "Making History". Many fun and educational events are planned.

Rooms (double occupancy) are only \$145 per night. Go to: **www.pacificpalmsresort.com/ FWSAlogin.htm**. Use Login: FWSA, password: 2011. Call 1-800-524-4557 for hotel reservations.

If you are planning to go, contact **Debbi Kor**, **<u>ijustwannarun1@comcast.net</u>**, 503-314-7078.

More info on our Mt. High web site.

## *FWSA* Ski Week at Jackson Hole, WY



Jan. 28-Feb. 4, 2012. This is the biggest trip of the season, attended by dozens of ski clubs.

Prices start at \$950, depending of the type of lodging you select. This includes 7 nights lodging, 5 lift tickets, banquet, council party, apres ski parties, races, and more. Airfare is not included.

A deposit of \$100 per person is being accepted now, to reserve your spot.

Mail check to: NWSCC, P.O. Box 1915, Portland, OR 97207-1915. Mark the envelope: "Jackson Hole". Contact: **Barbara Bousum**: **BBousum@gmail.com** or 503-224-3584.

#### FWSA

#### Far West Trips

Click on the underlined blue links for more info.



**FWSA New Zealand & Australia Trip**- Oct. 25 - Nov. 9, 2011; Auckland, Rotorua, Wellington, Queenstown, and Sydney. Price from \$3,616 pp/do, flights from SFO/LAX. Also, optional post-trip

extension to Cairns, Great Barrier Reef, Nov. 9- 12, starting at \$541 per person. For more information, call Norm Azevedo at (925) 944-9816 or email **fwsaitravel@sbcglobal.net**.



Dive Trip to Roatan, Honduras, October 22-29, 2011. Dive Package: \$929/person; Non-Dive Package: \$849/person.

Price includes: R/T transfers from Airport to Resort; 7 Nights at Turquoise Bay Dive & Beach Resort (2 per room); All Meals Daily; Non-Alcoholic drinks with meals only; 6 days of 3 tank boat dives; 1 Night boat dive per person; 1 Hour per day internet access; Unlimited use of Kayaks and Pedal boats; All Hotel taxes. Contact **Randy Lew** at 530-304-0802 or <u>fwsa13randy@telis.org</u>.



\* <u>Chamonix-Mont-Blanc</u>, France 2012 Annual International Ski Week. More info later, but put this ski week on your 2012 planning calendar. Contact Norm Azevedo at <u>fwsaitravel@sbcglobal.net</u> for more information.

#### **NOTE About Far West trips**

While we haven't even began to plan Mountain High club trips for next winter, most trips organized by the Far West Ski Association are planned much earlier.

The annual Far West Ski Week, which this year goes to Jackson Hole, Wyoming, is especially early in booking., because of the large number of participants. If you are interested in this trip, please put down a deposit before the end of June 2011. A certain number of rooms have been reserved for this trip. Any rooms that are not claimed by the end of June will have to be released.

So, book early. But also keep in mind that our Mountain High club will have 2 or 3 ski trips of our own too.

C L U B

#### MOUNTAIN HIGH

#### News

What's New at Ski Areas

S N O W S P O R T

**Mt. Hood Meadows: A new express quad** will be built this summer, to replace the Stadium fixed double chair. The new lift will load about 300 feet closer to the lodge than the current lift, and will go higher to near the top of the Heather lift, so it will be easier to ski directly to Shooting Star or Hood River Meadows.

**Northstar-at-Tahoe**: Vail Resorts, which already owns Heavenly, has purchased Northstar-at-Tahoe and will invest \$30 million in new restaurants, retails outlests and 10% more skiable terrain plus a new express quad on the back side of Northstar.

**Epic Ski Pass.** Vail Resorts now offers even more choices with its Epic Pass:

1. The **full Epic Pass** offers unrestricted skiing at Vail, Bever Creek, Breckenridge, Keystone, Heavenly, Northstar, and Arapahoe Basin for \$649.

2. The **Epic Local Pass** for Colorado is \$499 for unrestricted skiing at Breckenridge, Keystone and A-Basin - plus 10 restricted days at Vail or Beaver Creek and restricted days at Heavenly and Northstar.

3. The **Tahoe Value Pass** is \$379 and gives access to Heavenly & Northstar (except Saturdays at Northstar). In all cases, a payment of \$49 by May 30 is required, with the balance due in September.

Jerry had been planning to do some sailing with Elaine Bock this summer, but he sounded very subdued when he called Elaine later in the day and said "guess we will do a lot of hiking this summer".....

See article on Oregon Live:

http://www.oregonlive.com/pacific-northwestnews/index.ssf/2011/05/

breaching whale crushes portland sailboat off astoria.html

See video interview with Ryan Barnes at: <u>http://</u> www.youtube.com/watch?v=M8MGGRQBtRU





Many of you know **Fred Noble** from skiing at Meadows and his involvement with CMH Heli skiing. He has been diagnosed with Lou Gehrig's disease. Fred, in only his style – is taking all the last energy he has to organize a **Ski to Defeat ALS** in March 2012 at Mt.

Hood Meadows. Things are just in the planning stages. More at: <u>http://frednobleadventure.com/</u>

Fred Noble: Ski to Defeat ALS

Right now his daughter and son in law **Julie and Gary Bakkala** are gathering stories about Fred for doing a story about his home and him and how to adapt it for his progressing illness.

Extreme Makeover will highlight his journey if picked. This is a surprise for Fred.

Please send any stories/photos you have about Fred to Gary Bakkala <u>willamettecurbing@msn.com</u>.

Also spread the news and if there is any interest in putting together this 2012 Ski to Defeat fundraiser please contact **Candace Kramer** <u>candace@candacekramer.com</u>.

As Fred always says – MAKE IT AN EPIC DAY!

## **Close Encounter with Whale**

Thursday, May 12, 2011. Our club member and former PACRAT racer, Jerry Barnes participated with his son **Ryan** in a sailing race from Astoria, OR, to Victoria, B.C. About 15 minutes after the start of the Oregon International Offshore race on the morning of May 12, his boat was hit by a breaching whale that hit and destroyed the mast, boom, main sail, spinnaker, all toe rails/rigging/life lines on the starboard side.

Most of the crew were inside the hull, and nobody got hurt. The incident was reported on local ABC and CBS channels, as well as in The Oregonian.

The University of Portland has inquired, wanting to know if it was a humpback or grey whale. They want a sample of the skin/blubber that was left on the boat. The whale was not hurt badly, except for having lost small bits of its skin and blubber that got scraped off.

The boat was insured, but will the insurance company cover damage caused by a whale? Lift Lines 124-125, April-May 2011

MOUNTAIN HIGH

## Contacts / Club info

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#### Mountain High

S N O W S P O R T

Mt. High Man & Woman of the Year

In case you are puzzled, the NWSCC has selected **Gary Gunderson** and **Linda Mc-Gavin**, among all the Men & Women of the Year from all the local clubs, but our own club still honors **Gary Gunderson** and **Sandi Dykstra** as our own Man and Woman of the Year.

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Mountain High Meeting

Usually the last Monday of the month.

June 6 (Mon.): Open to all who want to get more involved with the club, or just want to see what's going on. Gather at 6:00 pm. Start at 6:30 pm.

Location: **Round Table Pizza**, 10070 SW Barbur Blvd., (near Capitol Hwy).

Mountain H	igh snowsport club	CC	ontacts:		General info:
President:	Gordon Lusk	H:	503-804-8363,	GordyLusk@hotmail.com	info@mthigh.org
Vice-President:	Kurt Krueger	H:	503-625-1492,	telek2@frontier.com	Web site:
Secretary:	Diane Zhitlovsky	H:	503-666-0389,	Dianezhi@gmail.com	www.mthigh.org
Treasurer:	Sandi Dykstra	H:	503-629-0177,	sandid@aol.com	
Membership Di	<i>irector:</i> Elaine Bock	H:	503-245-7009	<u>SeawitchPdx@aol.com</u>	
Race Director:	Bruce Ellison	H:	503-697-7892,	Yuffiet@comcast.net	
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Hiking:	Elisabeth Fontaine	H:	503-524-5774,	Lise518@msn.com	
Mid-week skiin	<i>ig:</i> George Yun	H:	503-697-3055,	boar2m@msn.com	
Trip Directors:	Linda McGavin	H:	503-652-2840,	Trips@mthigh.org	
8	Janice Jessen	H:	503-515-6230,	jessen9011@comcast.net	、

## **DOUGH TRANSMITTAL FORM**

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY:	[] New membership [] Renewal		By Joining the Mountain High Snowsport Club, I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regula		
Name(s):			tions, includ	ing the Trip Cancellation	on Policy. I hereby release Moun- y of their agents (officers, direc-
Address:			tors, trip cap	tains, and any other C	lub representatives) from liabil- lamage, or any other liability of
	Phone (Wk):		ity. Furthern	nore, lagree to indemr	ipation in any club-related activ- nify and hold the Club and any of d all liabilities of any kind which
Email (Hm):	Email (Wk):		may be incu in any way r	rred or asserted again	st the Club or any of their agents ence or willful misconduct con-
Email Preferences: [ ] No changes (same as last year)	<ul> <li>Newsletter (once a month):</li> <li>Club news &amp; events (between new</li> <li>Other ski news (NWSCC, FWSA, ski</li> <li>Is it OK to share your email address</li> </ul>	sletters): [ ] ye areas, trips): [ ] ye	s [ ]no s [ ]no		
Please take my mon	ey, and apply it toward the follow	ving Ski Club fun	stuff:		Deposit?Paidinfull?
Annual Member	<b>ship</b> (Oct. 1, 2010 - Sept. 2011): S	ingle (\$25); coupl	e(\$40)	\$	
PACRAT Racing (	2012) \$95 for the whole season.	. Team:		\$	
U Whistler Summe	<b>r Fun trip</b> July 21-25,2011.			\$	
□ Rafting (Aug. 19-21, 2011) Total \$90. Non-members: \$105 (Pay by			/ Aug. 1)	\$	
□ Rafting extras R\	/ space \$20. Camp+dinner (no raf	t): \$50. Dinner on	ly:\$20.	\$	
Other:				\$	
Comments (For whom	you are paying. Roommate requests,):				
Signature(s):				Date:	
Signature(s):				Date:	

See our Trips cancellation policy on our web site: http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf

#### Club membership = 322 Newsletter Distribution

The April-May 2011 issue is posted on our web site. Also: 354 copies sent via email (as PDF files)

27 paper printed copies sent via US Mail. Copies are sent to potential members, other clubs, etc.. Please help us minimize the cost of mailing paper copies. Send your email address to: <u>newsletter@mthigh.org</u>.

## Northwest Ski Challenge - by David Schor



HIREF ME. Now is the time to submit your entry for this contest! The deadline is June 15th, 2011.

> You can win a ten-time pass to Mt. Hood Meadows. If you visited any

7 or more resorts in Oregon, Washington and/or Idaho during the 2010-2011 ski season, just **mail your lift tickets** (or your credit card receipts) to: NWSCC, PO Box 1915, Portland OR 97207.

Please use the **entry form** posted at the Council's web site: **NWskiers.org**.

Lift Lines 124-125, April-May 2011

## Mt. High Man & Woman of the Year

Each year, our club honors 2 of our members as deserving of special praise. The latest two have just been added See more on page 12.

2011:	Gary Gunderson	Sandi Dykstra
2010:	Kurt Krueger	Diane Zhitlovsky
2009:	Gordon Lusk	Marsha Cosgrove
2008:	Jack Folliard	Elaine Bock
2007:	Gary Stevenson	Linda McGavin

## **Cycle Oregon**



July 15-17: Weekend ride

60

**Sept. 10-17: Week-long ride.** (Full, but there is a waiting list.)

Weekend ride participants from Mt. High are:

Brenda and Jeff Ackerson, Lynn and Dave Norbury, and Jan Siverts-Smith.

Week-long ride participants are <u>Jan Siverts-Smith</u> <u>Moniquea Degan</u>, and <u>Stevie Viaene</u>.

Registration & info: www.cycleoregon.com.

Emilio Trampuz Mountain High Newsletter editor 4742 Liberty Rd. S., #296 Salem, OR 97302

Please check our web site, www.mthigh.org for updates.

