

No. 122, Feb. 2011

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Rediscovering historic trails on Mt. Hood



This issue is a labor of love and may have some historical value. Sorry it took so long to collect all the interesting information and photos about the historic trails. Read about the history of early skiing on Mt. Hood, and then go ski it. Be part of the effort to revive these old trails. The Glade trail, when groomed, can be skied by anyone. The other trails are ungroomed and require a bit more skill and preferably good snow. See pages 6 - 10.

Exploring the side-country trails around Timberline is made easier on the Ski the Glade Trail Day (March 5) and also by the upcoming Timberline Spring Pass, which offers 3 months of skiing (March, April, May) for only about \$100. The exact price for this Spring has not been announced yet.

This issue also reflects some changes among our members. Some got married (page 3), some passed away (page 4 - 5).

It is now time to sign up for some activity before the Winter is over. You can choose between one of the two **Cancer fund-raisers** (page 12), or the **Ski the** Historic Glade Trail Day (page 10), or one of the fun trips (pp. 13-14).

We are now gathering nominations for **Man and Woman of the Year** (p. 16).

We need more people to **volunteer** to help the club in at least two ways:

- a) Volunteer to host a party or organize some fun activity.
- b) Serve as a club officer. In the May elections, we'll need a new President, Secretary, and Treasurer.

To start, come to our monthly Board meetings (open to everyone). See p. 15.

Let's Have Some Fun Mt. High



PACRAT/NASTAR Races, p. 11



OR Cancer Ski Out Mar. 6-7



Ski the Trails March 5 (p. 10)



Hope on the Slopes: Mar. 11-12

The Historical Trails issue

- * Fatal ski accident, pp. 4 5
- Historical Trails rediscovered, pp.6 10
- PACRAT racing, p. 11
- * Fight against cancer events, p. 12

Note the color code. Our club is blue.

2010 CALENDAR

Blue: Mountain High events Red: **NWSCC/FWSA** events Black: General events

Feb. 4 (Fri.): GSTraining - Skibowl

Feb. 6 (Sun.): PACRAT Race 3 Skibowl -CANCELLED due to lack of snow

Feb. 12 (Sat.): Mt.High Chocolate Party at Terry & Brad Swan's place.

Feb. 18 (Fri.): GS Training -Timberline

Feb 22 (Tue.): Mt. High Social + movie night at Gray Gables, 6 pm.

Feb. 25 (Fri.): GS Training -Timberline

Feb.26-Mar.7: FWSA International **Ski Week** Interlaken Switzerland

Feb. 27-Mar.5: Bergfreunde Lake **Tahoe Sampler trip**

Feb. 27 (Sun.): PACRAT Race 3 Timber.

Feb. 28 (Mon): Mt. High planning meeting

Mar. 5 (Sat.): Ski the Glade Trail Day

Mar. 5 (Sat.): Turkey Slalom - Schnees

Mar. 6 (Sun.): Memorial Cup GS -Skiyente

Mar. 6-7: Oregon Cancer Ski Out

Mar. 11 (Fri.): GS Training -Location TBA

Mar. 11-12: Hope on the Slopes

Mar. 13 (Sun.): PACRAT Race 4 Mead.

Mar. 19 (Sat): Mt. High Day at Meadows

Mar. 20 (Sun.): PACRAT Race 5 - TBA

Mar. 25-27: Crystal Mt. trip

Apr. 1 - 3: Far West Championships Alpine Meadows, Lake Tahoe.

Apr. 8-10: Bachelor Blast (all clubs)

SNOWSPORT CLUB

Leavenworth bus trip

HIGH

Jan. 27 - 30, 2011. 48 of us were on the bus, and several other couples drove up in their own cars. We skied 3 ski areas in 3 days. We started at **Snoqualmie/Alpental**, which was rainy and foggy,.

The second day, at **Mission Ridge**, it was colder and we received an inch or two of fresh snow overnight.

The third day, at **Stevens Pass**, there was 4 inches of fresh snow overnight, and it was good, dry snow. It was Sunday, and the place felt a bit crowded. Despite some fog, we had loads of fun.

In **Leavenworth**, we stayed at the Obertal Inn, and had a group dinner on Saturday at the King Ludwig's restaurant, with live German folk music, dancing, and great food!

Jackie Bonillo said: "If anyone didn't have a good time it was their own fault. Good people, good food, fun skiing even with Mother Nature challenging everyone the first day.

We have 4 videos from the trip. All 4 are listed on our web site at www.mthigh.org/Videos.htm.

- 1. The whole trip summarized in Emilio's video/ slide show at: http://vimeo.com/19771861
- 2. Snoqualmie thru Bruce's helmet cam: www.youtube.com/watch?v=aw8s74kt33A
- 3. Mission Ridge thru Bruce Kuper's helmet cam: www.youtube.com/watch?v=iNLGUTSObwo.
- 4. Elegant Waltz at King Ludwig's restaurant from Deirdre Lawrence: www.youtube.com/ watch?v=FlF-LhfSQY8

John A. Davis said: "If I could, I would live on a bus with all you people and travel around skiing all year. Thanks for a great trip, Linda and Emilio."



Live band at the King Ludwig restaurant in Leavenworth



Our prez, Gordy, celebrated his birthday!



Only half of our group showed up for the group photo at the site where the wing of a World War II bomber is displayed. The bomber crashed into the mountain in 1944, one foggy night, while on a training mission.

SNOWSPORT

CLUB

Scotty and Mer'a got married

Scotty and Mer'a got married at 1,040 ft. on the Ridge Run at Heavenly at 1:11 on 1/11/11. Lake Tahoe would have been in the background had it not been such a snowy day.

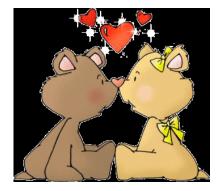
Scott says: "We are a very happy couple."











Love and Marriage

Did you notice how almost every year, someone in our club gets married? Just for example, the following people got married in recent years:

- * Deirdre Lawrence and Jim Trindle
- * Sylvia Kearns and John Orefice
- * Quinn and Steve Shaw

Congratulations to all the happy couples!

CLUB

A ski accident

SNOWSPORT

Les Davenport died in ski accident at Lake Tahoe



Jan. 5, 2011. Les Davenport, one of our newest ski club members died in a ski accident at the Homewood ski area, on Lake Tahoe's west shore. He hit his head, probably twice. He was wearing a helmet. He was 73.

Les was born and raised in Montana. He had a B.S. degree in Engineering Physics, and a PhC in Nuclear Engineering, and had worked at Hanford for 40 years. When he retired, he and his wife Betty moved to Battle Ground. WA.

Les Davenport

Les was a mountain climber and downhill skier. He was a lifetime member of the Desert Ski Club in the tri-cities of Richland-Kennewick,Pasco. In November 2010, at the Ski Fair in Portland, OR, he joined the Mountain High Snowsport Club.

He wanted to join us on the Canada ski safari in December, but the dates didn't quite work for him. But he signed up for our Crystal Mt. trip.

He liked to explore different mountains and had a goal to ski all the ski areas in the West. In pursuit of this goal, he spent several days skiing around Lake Tahoe and planned to then go farther south to ski at Mammoth Mountain. Unfortunately, his trip was cut short at the Homewood ski area.

What happened? The Ski Patroller's report

Les's wife Betty received the following message from the ski patrol, reprinted here with Betty's permission:

Dear Betty,

I received your email and, again, we want to extend our deepest sympathies for your loss. I understand that you and his skiing buddies have questions about how this tragic accident occurred. Your questions are understandable. I will do my best to provide some information to help with your closure.

There were two young people behind Mr. Davenport that saw him before his fall. Witness 1 said, "he was by himself & we were behind him. The snow seemed a little firm. One of his skis fell off. He lost control & hit the trees. He was upside down between the trees." Witness 2 said, he "was carving to the left and went backwards, sliding on his back, steep down slope. Straight, upside down between trees." Witness 3 saw the incident from the chair and states, "the injured party hit the ice at the top of The Face and lost his skis and went head first at speed into a tree. "

This information suggests that on an expert, groomed trail, he lost his skis and slid uncontrollably. Mr. Davenport never regained consciousness. There are no other known witnesses who saw his accident.

Homewood Mountain Resort has both a professional, full time, Ski Patrol staff and a volunteer National Ski Patrol System staff that work weekends and holidays. If you would like to make a donation to the National Ski Patrol System, you may do so through me. The address is: Ted Tank, Ski Patrol Manager, Homewood Mountain Resort, P.O. Box 165, Homewood, CA 96141.

Again, please accept our deepest condolences.

Respectfully,

Ted Tank Ski Patrol Manager



Betty added:

His helmet was cracked and dented. I think that falling on his back may have knocked him unconscious so he couldn't try to stop himself from sliding into the trees.

He had a goal - he calculated that there were 150 ski areas in the West. He added 6 more to his tally list on this trip for a total of 94. He planned to ski at 6 more before he returned home. These were new areas that he hadn't been to before.

He was really looking forward to making friends in Mountain High Snowsport Club. To all of your members – take care and enjoy what you have a passion for.

Sincerely, Betty Davenport

CLUB

Remembering Les and Homewood - by Emilio Trampuz

I met Les Davenport at the Ski Fair. He came to our Mt. High booth. I found we had a lot in common, including our interest in physics, science, and skiing. I intuitvely felt he had spent a lot of time in the mountains, which he confirmed. He was eager to join us on the Canada Ski Safari. The 10 people that went to Canada all received a copy of an email he sent us on November 20, 2010, regretting that he can't come due to another comitment, and offering some advice as to which ski areas to visit on our trip.

News of his fatal accident hit close to home. Les obviously had the same passion as I in skiing everything in sight, and not skipping the smaller ski areas. Homewood is especially close to my heart, as it has the best views of Lake Tahoe, and I knew exactly where the accident had happened, as I had skied "The Face" run myself.

Even though the sign says "Experts only", it is not an extreme slope. The sign is there mainly to keep away beginners and intermediates. But, it's mainly a rather nice black diamond run. It might be considered a double-black run if it is ungroomed, but the patroller's account

makes it sound like the slope was groomed at the time. In other words, Les wasn't taking any unusual risks. His problem was mainly that it was late in the afternoon, the sun had disappeared, probably making the light a bit flat, and the slope was icy. It seems he slipped on the ice, or lost a ski due to excessive vibrations on the ice, fell backwards, his head hit the ground, and he slid on his back into the trees. It could have happened to anyone.



The slopes above the Face are easy cruisers with fantastic views, as if you are skiing into the lake!



Famous view right above the Face. One of the last things Les saw. The ski tips are on top of the lake!



Same spot as seen from the chairlift. The signs are at the edge of a road. First part of the Face is easy.



Only 3 options: blue, black, or the lift.



The face, as seen from below. Ungroomed but skied out.

Historic Trails on Mt. Hood

HIGH

In the good old days before we had ski lifts, people would hike up from Government Camp, or get a ride

to Timberline Lodge, and then ski back down to town.

MOUNTAIN

The Alpine and the Glade trails are the best known. The **Alpine** trail starts not far from Timberline Lodge (a right turn from the Thunder trail), then goes past the bottom of the Stormin' Norman lift, briefly coincides with part of the Kruser trail, and then splits off to the right of Kruser, out of bounds but

well marked, and ends up at the top of the Summit Ski ends with a series of side trips on both sides of the area, on the upper end of Government Camp.

The Glade trail starts right under the top of the Jeff Flood express and stretches diagonally in a straight line, crosses the Kruser trail and continues toward Government Camp, emerging between the Huckleberry Inn and Cascade Lodge.

The **Blossom trail** is a less well know third option, which has recently been revived thanks to the efforts of **Mike** and Holly Cullen,

who were inspired by Holly's father and ski patroller Corky Kosko, who has skied this trail 60 years ago.



Mike and Holly Cullen

Mike Cullen leads a group on the Blossom trail

The **Blossom trail** begins from the Kruser trail, almost exactly half way between the Glade and Alpine trails. Mike Cullen has spent the summers of 2009-2010 carrying a ladder up the mountain and updating the

old trail markings on the trees with new ones. The new signs are in the form of a letter "B", no larger than about 10" x 10".

The Blossom trail meanders through the forest in between the Glade and Alpine trails. The old historic trail always stayed between these two, but the Glade Trail has changed its course over the years, due to the Skiway tram, so now the Blossom trail

Glade trail. Either way, both historically and now, the

Blossom trail ends at the same place in Government Camp as the Glade trail.

Sand Canyon is a fourth option, starting a bit west of the Stormin' Norman lift, out of bounds. Emilio Trampuz hiked down the canvon in the summer to see how far one can go safely. To his surprise, it turns out this is a well-known trail to the locals. Many years ago, someone had strung

lississippi

considered an

up a large orange sign between two trees right over the canyon. The sign says: "Exit here to the Glade trail". Exit there to the left, and you will end up safely in Government Camp. If you stay in the canyon and keep going down the hill, it will take you a few hours of hiking and crossing a stream several times, eventually to emerge at the Little Zig Zag river falls and eventually Kiwanis Camp road (which is actually the old version of Highway 26). You will hit Kiwanis Camp road about 2 miles west of Government Camp, and from there, it's another 2 miles to the new Highway 26.

CLUB



Blossom Trail revived!

by Mike Cullen

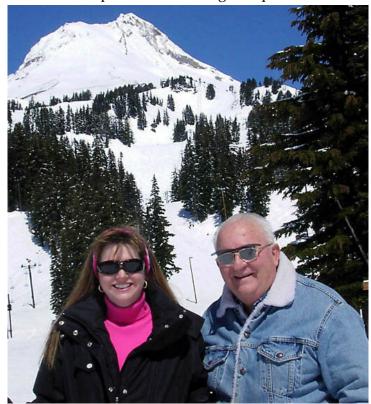
This story began when **Corky Kosko** would tell his daughter **Holly** about how much fun it was to ski the Blossom Trail 60 years ago when he was a member of

MHSP, Patroller #172. His stories kindled her interest in knowing where the trail was located. Her early attempts to find information failed. The trail had been somewhat forgotten for most of the past 50 years.

HIGH

Her interest continued and she found someone that remembered the Blossom Trail and told her to contact **Bruce Haynes** with the Forest Service, so she did. Bruce remembered the trail and led a Summer hike on the trail to mark it with flagging tape. A year later, he led another hike accompanied by **Lee Perry** to mark it again. Lee lives on Blossom Trail Rd, in Government Camp and remembers the trail well. In fact, a tree on his lot once had one of the original signs marking the trail.

With the trail well marked for a Summer hike, we decided to improve the markings for possible Winter



Holly Cullen-Kosko and her dad Corky Kosko.

trips. We worked within the guidelines established by the USFS for additional markings and opened the door to being able to ski the Historic Blossom Trail that was rated for Experts Only on the really old trail maps.

The trail is no steeper than Glade or Alpine, but it is much narrower in some places. If you think about the ski equipment used 60 years ago, the Expert rating really makes a lot of sense. It was the "tuck and squeeze" between some of the trees that Corky loved so much about skiing this trail.

Today, the Blossom Trail is alive again with a few of us skiing it much the same way that Corky did 60 years ago, tucking and squeezing through some of the narrower sections, only we are using modern equipment. A few extra small trees have grown along the trail since Corky skied it, but I am sure he would feel they just add to the fun of skiing it.

With respect for the Glade and Alpine Trails, I agree with Corky Kosko that the Blossom Trail is the most fun.

Mike Cullen, mike.t.cullen@att.net

NOTE: For further historical information, I recommend contacting **Lee Perry**. Lee is at Timberline most every weekend heading up the Powderhound Ski School. He is a walking encyclopedia on Mt. Hood history. I have his phone number if interested, or just ask anyone at Charlie's if they know where Lee is.



Mike Cullen marking the trail with the letter "B".

The Good Old Days at Timberline - Rescue on the Blossom Trail -December 1949

HIGH

- by Harold "Corky" Kosko -



The good old days at Timberline, December 1949. A strong storm at Timberline Lodge. The one way road from Government Camp to Timberline was closed due to drifted snow. At the time, the Forest Service ran the ski patrol. I had come home from college in Corvallis, to work for John

Helmer's men store to make money for my ski trip. The day after Christmas, I left for the mountain. The room they now have as a display was the old ski patrol first aid room. They had a cat in the room, and that is where I stayed for the week.

I was the only patrolman at the lodge. The ranger told me they had a call from Government Camp informing us that a skier was overdue. The ranger asked me if I would make a sweep of Blossom Trail. It had been a busy day, and all the toboggans were at Government Camp. Thre road was closed, and they were unable to return the toboggans to the lodge.

It was about 3 p.m. when I started the trail. The snow had stopped falling for the time being. I had gone just over half way down the trail, and there was the skier lying about 20 feet off the trail. He looked to be about 30 years old. After seeing his right leg twisted, I knew it was broken. I could not determine if the left leg was also broken. Thank goodness, I had just finished 2 terms of first aid at Oregon State. The skier in great pain was worried that I was going to leave him. I was afraid he was going to go into shock and knew I had to work quickly with the few things I had with me, and the sun was starting to set.

Without a toboggan, I had my work cut out for me. My skis were the old army types with holes in the tips. I had a small bakcpack, which contained rolled bandages and a new packet of close line rope. The first thing I did was to set his leg. I used my ski poles to make a splint. He had broken his poles, so I used them to splint his other leg. Now I had to get him to Government Camp.



Harold "Corky" Kosko at Timberline

I took his skis and mine, putting his in the center and mine on the outside. I used my rope to tie all the skis together. I took my pocket knife and cut some branches to lay on top of the bindings and then laid my parka on top of that. I then had to get him on my makeshift toboggan. Working together, we made the painful transfer. He was lying with his head on the back end of his skis. I took some rope and ran it through the holes in the tips of my skis, and put as much traction as I could on his legs. I took the balance of the rope and ran it through the holes and made a harness for myself. I had to make sure that when I pulled him the tips stayed on top of the snow.

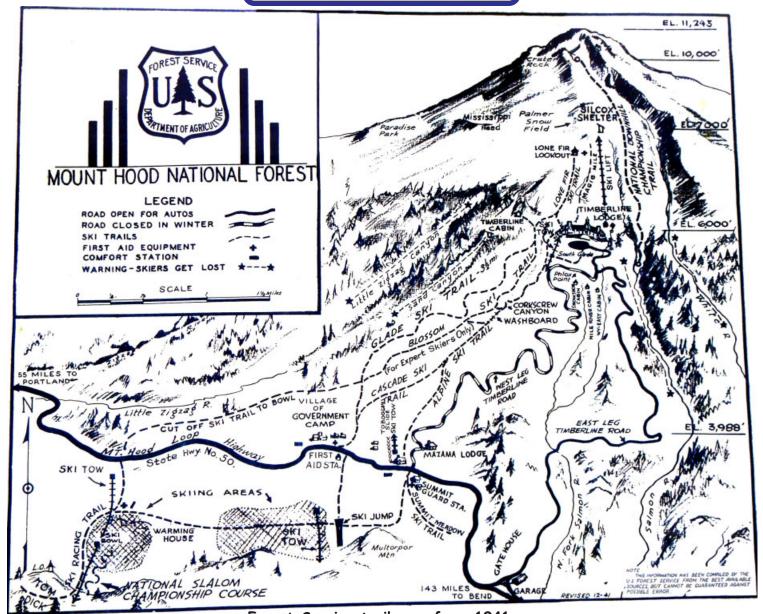
We started out for Government Camp. It was dark by now. I can't remember how long it took, but it was such a workout that I didn't get cold in just my tee shirt. We made it to the old hospital at the end of Blossom Trail, and I was so tired I never got his name. I spent the night at the hospital and the forest service returned me to Timberline the next day.

Necessity is the mother of invention. It wasn't the toboggans you see today, but it got us there!

Harold "Corky" Kosko, Patroller #172

Published in the Mt. Hood Ski Patrol's February 2007 issue of "Sno Job".

SNOWSPORT CLUB



Forest Service trail map from 1941.

Note that the Glade trails wiggles around more than it does today. It was straightened out when the Skiway bus/tram was installed around 1950. The Blossom trail more or less merges with the Glade trail near the bottom.

Let's Go Ski the Trails

You can ski these trails any time you have ski buddies to carpool with. If you leave half the cars in Government Camp and half at Timberline, you can ski it at least once.

But, wouldn't it be great if we could take several runs and ski all these trails in a single day?

Once a year, you can do just that, on Ski the Glade Trail Day, the first Saturday in March. Mt. Hood Museum provides shuttles on that day.

Only the Glade trail is officially open, groomed, and patroled. The rest is out of bounds. Ski it at your own risk.

Safety from Getting Lost

- 1. All trails can be skied safely if you stay on the trail, and follow the signs.
- 2. All the trees in between the Glade and Alpine trails can be skied without fear of getting lost, because sooner or later you will run into either of the other trails or will end up in Government Camp. Just don't ski it alone, in case you get injured.
- 3. The trees between Sand Canyon and the Glade trail potentially carry the danger of getting lost. The trees all look the same, and nothing marks the boundary traverse from the Sand Canyon to the Glade trail. Maybe we should paint the trees along that traverse, or tie ribbons to them. If you get carried away and go too far, you will end up with hours of hiking along the Little Zig Zag river.
- 4. Everything west of Sand canyon (toward Portland) should be avoided below timberline. Zig Zag canyon can be skied for a few turns above 7,000 feet and Little Zig Zag canyon is OK above 6,500 feet. If you turn back east before your hit the trees, you can get back to Timberline's lifts. But, once you get below 6,000 feet (below timberline), it can be very difficult to exit the canyons other than hiking all the way to the bottom, which can be quite an ordeal.

SNOWSPORT

CLUB

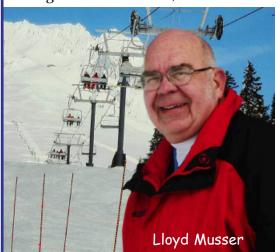
Ski the Historic Glade Trail Day



March 5, 2011 (Saturday) The Mt. Hood Cultural Center and Museum holds this annual event under permit from the US Forest Service. The historic Glade Ski Trail is opened and groomed for this participatory living history event. This once popular downhill ski trail starts at Timberline Lodge and ends in Government Camp, a distance of three miles.

According to **Lloyd Musser**, Museum Curator and this event director, "this event helps fulfill our mission of preserving and interpreting the history of Mt. Hood. This is a chance for Grandparents to ski with their grandchildren and share the memories of

skiing the Glade Trail, when it was the biggest ski adventure on Mt. Hood."



Participants are treated to a red carpet day of skiing. Skiers are shuttled to Timberline in comfortable airport shuttle vans, escorted by local guides and senior members of the Mt. Hood Ski Patrol, and served a hearty lunch.

Shuttles will run from 9:00 AM to 4:00 PM allowing ticket holders to make several trail runs. The events of the day are recounted at the Apre's ski wine party, where prizes are awarded. Wearing vintage ski clothing is encouraged.

The event is possible through the support of Timberline Lodge, Luxury Accommodations, Valians Ski Shop and Mt. Hood Ski Patrol.

Participation is limited to 75 skiers. Tickets are \$100.00 per person. Members of Mt. Hood Cultural Center & Museum receive 10% discount. For more info, contact Lloyd at 503-367-3946.

Tickets may be purchased at the museum, or by calling 503-272-3301. Visa is accepted.

Background information on Mt. Hood trail skiing is available on the Museum's webpage in an article entitled **Trail skiing on Mt. Hood a Long Standing Tradition**. See it at: www.mthoodmuseum.org.



Lee Perry - **Guest of Honor**

The guest of honor for the 2011 Ski the Glade event will be long time Mount Hood ski instructor **Lee Perry**. Lee first skied the Glade Trail in 1943. He has skied the trail every year since, except when he served in the Korean War.

Asked if he every rode the Skiway Tram to access the trailhead at Timberline Lodge. He said "once, it was too noisy and scary, plus it was cheaper to ride the Timberline shuttle bus for 25 cents a ride. The shuttle was also faster than the Tram, so we could get in more runs on the trail."

Lee has been teaching skiing on Mount Hood as a certified ski instructor for 50 years. Perhaps his greatest contribution to skiing was his pioneering work teaching and developing equip-

ment for amputee skiing. The Portland Jaycee Ski School started an amputee ski school in 1963 under the leadership of Lee Perry. He went on to spread the techniques for instructing handicap skiers around the world.

Lee now enjoys teaching children to ski with the Powderhounds Ski School. Lee will ski the Glade Trail this year with the participants in this year's museum annual trail event and regale them with tales of the good old days. Note that, in the photo, Lee holds one of the original Bloosom Trail signs. Writers may contract Lee Perry at 503-272-3324 at his home in Government Camp at the end of the Glade Trail.

CLUB

Master Mania Races

These two races are open to everyone. They are just one-time events. Don't be intimidated by the word "masters". It simply means "adults". You don't need to be an expert racer; just an adult. These races are organized by the Schnee Vogeli Ski Club and the Skiyente Ski club.

March 5 - Turkey Slalom - Skibowl East (Multorpor).

March 6 - Memorial GS Cup - Skibowl West (Reynolds)

Cost is \$30 per day. Send entries to Julie Rasmussen, PO Box 343, Troutdale, OR 97060. For more info, contact Julie at: julr200@msn.com.

Flyer and entry form at: www.mthigh.org/ index.htm#Masters Mania Slalom

PACRAT Race 3 at Skibowl canceled / postponed

Due to lack of now in early February, our 3rd race was canceled on February 6.

In its place, we will have a race on **March 20**, our deisgnated make-up date. The location is yet to be announced.

PACRAT Bylaws Changes

The PACRAT Board has recently modified the Bylaws to some extent. The two most significant changes are:

1. Board meetings less open

Wording has been removed that stated explicitly that all PACRAT Board meetings are open to everyone. The current wording leaves that a bit vague. Meetings are now called at the discretion of the PACRAT Chairperson. That mens if you are invited to a meeting, you are welcome; otherwise, the meetings are not so open any more.

2. New Rule Affecting only Mountain High club

Electing the PACRAT Board now follows new rules. Up till this year, the PACRAT Board was elected by club representatives to the NWSCC, with each club having one vote. That simply didn't make sense any more, because many of the 30 NWSCC clubs don't even participate in racing.

A proposal was made to give all PACRAT team captains the vote to elect the PACRAT Board. This seems only logical, but this was opposed by some clubs that

2011 PACRAT Race Dates

Date Location

January 9 Race 1: Timberline

January 23 Race 2: Mt. Hood Meadows

February 6 Race X: Mt. Hood Skibowl canceled

February 27 Race 3: Timberline

March 13 Race 4: Mt. Hood Meadows

March 20 Race 5: Make up race

April 1-3 FWRA Championships, Alpine Meadows

April 15 (Fri.) Rat Attack Awards Party (TENTATIVE)



believe this would give Mountain High too much influence over PACRAT racing, since Mountain High has the largest number of teams.

In the end, a sort of compromise was reached, with a new rule that really only affects the Mountain High club.

According to the new rule, each PACRAT team has one vote, except for clubs that have a lot of teams, such as Mountain High. A formula was set up. No club can have more than a quarter of the total votes.

If the total number of PACRAT teams is 20, a quarter of the votes is 5. That means a maximum of 5 team captains from any one club can vote. This doesn't affect any of the other clubs, who have at most 2 or 3 teams, so they will all get a vote.

But, Mountain High has 15 teams, and yet only 5 of them can vote in the next PACRAT elections.

How will we decide which 5 of our 15 team captains will get a vote? Susan Anderson has a proposal:

"We can do an electorial system. It's the American way. Have all the team captains vote based on feedback from their teams. Then have five vote according to the Mt High results."

23rd Oregon Cancer Ski Out



March 6-7 (Sunday-Monday): Register your 5person team for this fun fundraiser for Cancer Research and hospice care.

THE FUN PART

The event consists of 2 races at Meadows in which speed is not a factor, but consistency is. The winner is the team whose total time in race 1 most closely matches the time in race 2. Sunday night there's a dinner and party at the Hood River Best Western, where you can also get a room for \$70 if you mention the event.



Participants are encouraged to dress up in eyecatching garb, to draw attention to the cause.

THE LOGISTICS

Registration for 5 people is \$1000. That's \$200 per person. It includes lift tickets, 2 breakfasts, 2 lunches, and 1 dinner. Brenda Becerra's team needs more people.

Brenda Becerra, letsplayonthemt@hotmail.com or 360-834-3725, or contact:

Russ Stanton, russski2day@yahoo.com or Dick Woolley at rgwoolley@verizon.net. Lots more info on our Mt. Highweb site or register at: www.cancerskiout.org

3rd annual Hope on the Slopes



March 11-12: (Fri.-Sat.) at Ski Bowl. 1 pm - 1 pm.

This is a 24-hour vertical challenge. Earn points for both dol-

lars raised and the total vertical feet skied. Teams can consist of between 5 and 15 people. You can also compete individually.



THE FUN PART

It will be 24 hours of fun. You can ski 24 hours for just \$35. There will be live music, a barbeque, a ceremony honoring cancer survivors, and a torchlight parade on Friday at 8 pm. Also, Friday night there will be a midnight pizza for the participants.

If you wish to be a torch-bearer, please contact Emilio at Emilio 2000@earthlink.net. Only about 30 spots are available.



THE LOGISTICS

Each participant gets a personal web page to customize with own message or photo.

Registration is \$35 for individuals or \$150 per team. A team can have up to 15 members, Each participant is encouraged to raise a minimum of \$150 to participate in the vertical challenge.

Volunteers are needed to help with the event. To help out as a volunteer for a 3 hour shift, please contact Kristen Lee at the American Cancer Society: Kristen.Lee@cancer.org

Funds raised go to cancer research, education, advocacy, and service. OHSU is a beneficiary. Sign up at: www.oregonhopeontheslopes.org

CLUB

Mt. High Social + Movie Night



Feb. 22 (Tue.) 6:30 pm A great quarterly Social Event for all our members. Socializing starts at 6:30, and the movie around 7:15 pm.

Location: Gray Gables, 3009 Southeast Chestnut Street Portland, OR 97267-1427 (503) 654-0470.

The Ski ChannelTelevision Network has provided us a wonderful DVD called "**The Story**". It is not your ordinary ski film. Instead, it follows the lives of several of our US Olympians, including **Bode Miller**, **Lindsay Vonn**, **Chris Davenport** and **Reggie Christ**. It premiered in October 2010 in Hollywood, to a packed house and rave reviews.

The movie is 90 minutes in length, and we've asked our own **Bruce Kuper** to be the director of the movie.

There will be a no-host bar and door prizes.

Bring a donation of food

There are many folks in our community still out of work, and in need of some help, so we are tying this event into the **Oregon Food Bank**. Please bring your donation of non-perishable food items to donate to this worthy organization. We will have a collection barrel set up for this purpose.

Mt. High Fun Day at Meadows



March 19 (Saturday) at Mt. Hood Meadows.

We have reserved a portion of the hill for our club. We will have the banked slalom hill on the Wall Flower trail, which is next

to the Easy Rider chair, formerly known as the Red chair. A long time ago, we used to have PACRAT races there. We'll set up a fun obstacle course on that slope.

We will have \$45 group discounted tickets available for anyone who doesn't already have a Mt. Hood Meadows pass.

Come join us for some fun in the sun! All you have to do is show up (and bring your membership card, just in case). What a club!!!

Contact Gordy at: GordyLusk@hotmail.com.

NWSCC Bachelor Blast trip



April. 8-10, 2011.

Join in a celebration of Spring skiing at Mt. Bachelor. 2 or 3 nights at Sunriver. Details at: www.nwskiers.org. Price \$180 pp. includes:

- * 2 nights lodging in condos at Sunriver Fri. & Sat.
- + get a 3rd night free your choice of Thur.or Sun.
- * 2 days lift tickets at Mt. Bachelor (& more days can be added for just \$45 per day).
- * Hors d'oeuvres party on Saturday night
- * Access to the new "Maverick" indoor water park, swimming pool, hot tub, Flowrider wave machine, rock-climbing wall, yoga, pilates, aerobics, saunas, tanning, massage, weight-training machines, etc. See: http://www.discoversunriver.com/site/2670/default.aspx.

Only 52 spots are available at the \$180 price. Seniors and Teens: subtract \$15, for a total of: \$165. Super seniors (70+) & Youths (6-12) pay only \$150.

Payment in full needed right away. Send check to: NWSCC P.O. Box 1915 Portland, OR 97207-1915.

For info, contact Linda McGavin, Trips@mthigh.org

Schweitzer Mt. discount



Schweitzer Mt., Idaho, has offered our club members a group discount, even if we purchase the tickets individually, one at a time.

On daily tickets, you'll save \$10 on each ticket. Instead of \$65, you will pay \$55.

On a 3-day pass, you save \$39. Instead of \$195, you pay only **\$156**. The 3 day pass is valid on any 3 days in a season. They don't have to be consecutive days.

To get this discount, you must purchase and print the tickets through a **Schweitzer Mt. web page** that has been specifically customized for our **Mt. High club**. Click here: https://tickets.schweitzer.com/affiliate.asp?ID=17D3854F-9D13-4D87-9805-3837BA537DE5.

You will need the following password: **MtHigh-tix**

MOUNTAIN HIGH

Trips

SNOWSPORT CLUB

Bergfreunde Lake Tahoe Sampler Trip



February 27 (Sun.) – **March 5** (Sat.), 2011

Cost: \$297 (ppdo) (\$150 down, balance by January) Single room: add \$143.20. Guests (non-members) pay: \$356.

More bang for your buck! \$67 less than last year's trip!

Contacts: Bob Burns (Trip Captain) 503-524-5261 (phone/fax), **bob@inkjetman.com**, and **Tom Hiller** (Co-Captain) (H) 503-643-0659 (W) 503-620-666. Both Bob and Tom are Mt. High members, and they've been doing this trip for 20 years.

Send payments to: Bob Burns, 9980 SW Citation Place, Beaverton, OR 97008.

Lodging: at the Bluelake Inn again this year, within a few blocks of the casinos and the Heavenly gondola. Each room has a refrigerator and microwave.

Downhill: We?ll be playing it by ear and taking advantage of any lift ticket deals that are offered by the 16 different ski areas. We'll discuss it at the pretrip meeting and perhaps collect money to pre-buy tickets.

Cross country: 7 areas: Royal Gorge; Tahoe Donner; Northstar; Diamond Peak; Spooner Lake, etc.

Transportation: On this trip, air is not included. We carpool down. But flying to Reno and grabbing a shuttle to South Lake Tahoe is another option.

The trip package includes: 6 nights lodging, Group dinner on Tuesday and Thursday, Hospitality room on Sunday, Monday and Friday; Wed. night dinner dance cruise on the M.S. Dixie II paddle wheeler.

Mt. High

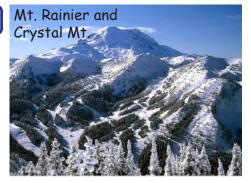
Crystal Mountain, WA



March 25-27, 2011 This trip is almost full. We might squeeze in 1 or 2 more.

A weekend bus trip, 2 nights/2 days. We leave Friday around 5:00 pm. Lots of fun on the bus – this is the best way to get to know other club members! We'll return Sunday by 8 pm.

Crystal Mountain is the largest ski area in Washington with 3,100 vertical feet of skiing, with over 50 named runs. There's everything from gentle groomed cruising runs for beginners to challenging steeps - backcountry,



glades, chutes and unbelievable black runs for the more adventurous. This is why SKIING Magazine voted Crystal Mountain the #7 top mountain in North America.

There are 2 six-pack hi-speed lifts, 2 hi-speed quads, 2 triples, and 4 doubles. Also, NEW since our last trip to Crystal Mountain in 2009 is the Mt. Rainier Gondola. With travel time of less than 10 minutes (half the time of the current two chairlifts) and a vertical rise of nearly 2,500 feet, the gondola will provide year-round lift access to Crystal Mountain's summit. In addition to providing warm, dry uphill transport, the gondola also serves as backup when the Rainier Express is not able to serve the summit elevations due to high winds.

There are now 2,300 acres of lift served terrain, plus 500 acres of backcountry.

We'll stay at the Park Center Hotel in downtown Enumclaw, 45 minutes from the mountain, with easy access to a variety of restaurants and bars. Breakfast is provided for hotel guests, and there is an indoor hot tub.

The price is only \$199 for the bus trip, 2 nights' lodging, 2 breakfasts, and one lift ticket.

Seniors (65 and over) can deduct \$30, for a total cost of: \$169.

The reason for only one lift ticket is that on Sunday, March 27, Crystal Mountain is allowing all NWSCC club members to buy tickets at half price, but you have to go to the ticket window yourself and show your NWSCC card (i.e. your club membership card; you'll get it when you renew your club membership for 2010-2011).

Use the **Dough Transmittal form** on page 13 (or on our FORMS web page) to send **\$100 deposit**, due by November 30. Full payment due by February 25, 2011. No refunds after February 25 unless you can fill your spot. Contact **Linda McGavin** at (503)652-2840 or e-mail **Trips@mthigh.org**.

You can also contact **Emilio Trampuz** (co-captain), 503-378-0171, **Emilio2000@earthlink.net**.

HIGH

Contacts / Club info

SNOWSPORT

CLUB

Our Forum



Use our two online Forums to communicate with other club members. We have an All-club forum, and one for Mid-week skiers. feel free to chat, ask questions, provide answers, etc.

But, first, you need to join the Forum (which

is actually a Google Group). Go to www.mthigh.org, click on one of the Forums, and then click on "Join this Group" in the upper right corner. Then you can join the discussion.

Mountain High Meeting

Usually the last Monday of the month.

Feb. 28 (Mon.): Open to all who want to get more involved with the club, or just want to see what's going on. Gather at 6:00 pm. Start at 6:30 pm.

Location: **Round Table Pizza**, 10070 SW Barbur Blvd., (near Capitol Hwy).

General info:

info@mthigh.org

Web site:

www.mthigh.org

Mountain High snowsport club contacts:

President: Gordon Lusk H: 503-804-8363, GordyLusk@hotmail.com telek2@frontier.com Vice-President: Kurt Krueger H: 503-625-1492, Diane Zhitlovsky H: 503-666-0389, Dianezhi@gmail.com Secretary: sandid@aol.com Sandi Dykstra Treasurer: H: 503-629-0177, **Membership Director:** Elaine Bock H: 503-245-7009 SeawitchPdx@aol.com Race Director: Bruce Ellison H: 503-697-7892, Yuffiet@comcast.net Newsletter Editor: Emilio Trampuz H: 1-503-378-0171, newsletter@mthigh.org ijustwannarun1@comcast.net Social Activities: Debbi Kor H: 503-314-7078,

Golf: Cal Eddy H: 503-631-3115, W: 503-805-8606, baebaw@ccwebster.net

Hiking:Elisabeth FontaineH: 503-524-5774,Lise518@msn.comMid-week skiing:George YunH: 503-697-3055,boar2m@msn.comTrip Directors:Linda McGavinH: 503-652-2840,Trips@mthigh.orgJanice JessenH: 503-515-6230,jessen9011@comcast.net





DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY:	[] New membership	[] Renewal Lamr	By Johning the Mountain High Showsport Club, Tackhowledge that lam responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Showsport Club bylaws and regula-		
Name(s):		tions	, including th	e Trip Cancellatio	on Policy. I hereby release Moun- y of their agents (officers, direc-
Address:		tors, ity fo	trip captains, r personal in	and any other C jury, property d	lubrepresentatives) from liabil- lamage, or any other liability of
Phone (Hm):	Phone (Wk): _	ity. Fu	urthermore, I	agree to indemr	ipation in any club-related activ- nify and hold the Club and any of
Email (Hm):	Email (Wk):	may l in an	their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct con- nected with my participation in the club's activities.		
Email Preferences: [] No changes (same as last year)	 Newsletter (once a month): [Club news & events (between new Other ski news (NWSCC, FWSA, ski Is it OK to share your email address 	vsletters): [] yes [] i areas, trips): [] yes []	no no		
Please take my mone	ey, and apply it toward the follow	wing Ski Club fun stuff	:		Deposit?Paidinfull?
☐ Annual Members	ship (Oct. 1, 2010 - Sept. 2011): S	Single (\$25); couple (\$4	0) \$_		
□ PACRAT Racing (2011) \$95 for the whole season. Team:					
☐ Bachelor Blowou	ut Mt. High + Altair. Jan. 7-9, 201	11. Total \$140, due by No	v. 30. \$ _		_
☐ Leavenworth Jan	n. 27-30, 2011. Total \$375. Depo	osit: \$100 (Pay by Nov.	15) \$_		
☐ Crystal Mt. March	25-27, 2011. Total \$199. Deposit	:\$100 (Full Pay by Feb. 2	25) \$_		
☐ Other:			\$_		
Comments (For whom	you are paying. Roommate requests,):				
Signature(s):				Date:	
-					
See our Trips cancella	ition policy on our web site: http:	//www.mthigh.org/Do	cument	s/Trip-Can	cellation-Policy.pdf

Club membership = 302 Newsletter Distribution

The Feb. 2011 issue is posted on our web site. Also:
354 copies sent via email (as PDF files)
27 paper printed copies sent via US Mail.
Copies are sent to potential members, other clubs, etc..
Please help us minimize the cost of mailing paper copies.
Send your email address to: newsletter@mthigh.org.

Mt. High Mountain High Needs You!

The Mountain High Board members are all only human, and they do their work as volunteers, in their



spare time. After years of helping the club to thrive and grow, everyone needs a bit of a rest, and others need to jump in and do their

part. Specifically, we need more leaders of all kinds, including trip leaders, event organizers, helpers, ... and people willing to host parties.

At the next elections in May, we will be looking for a new club **President**, **Secretary**, and **Treasurer**.

So, we need you. Start by coming to our monthly meetings, last Monday, to see how our club operates.

Mt. High Man & Woman of the Year

Each year, our club honors 2 of our members as deserving of special praise. Nominations are needed right now, before February 28. Send your nomination to any of the club's officers. See p.15.

Some of our recent honorees were:

2010: Kurt Krueger Diane Zhitlovsky
2009: Gordon Lusk Marsha Cosgrove
2008: Jack Folliard Elaine Bock
2007: Gary Stevenson Linda McGavin

Cycle Oregon





July 15-17: Weekend ride Sept. 10-17: Week-long ride. (Full, but there is a

waiting list.)

Weekend ride participants from Mt. High are:

Brenda and Jeff Ackerson, Lynn and Dave Norbury, and Jan Siverts-Smith.

Week-long ride participants are <u>Jan Siverts-Smith</u> and <u>Stevie Viaene</u>.

Registration & info: www.cycleoregon.com.

Emilio Trampuz Mountain High Newsletter editor 4742 Liberty Rd. S., #296 Salem, OR 97302

Please check our web site, www.mthigh.org for updates.

