



# Lift Lines

== No. 107, November 2009 ==

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Note the color code.  
Our club is blue.

## 2009-2010 CALENDAR

Blue: Mountain High events

Red: NWSCC / FWSA events

Black: General events

Nov. 6-8: (Fri-Sun) Portland Ski Fever  
& Snowboard Show, Expo Ctr.

Nov. 9 (Mon.): Ski Fair, Holiday Inn

Nov. 14. (Sat.): Pray for Snow party

Nov. 14-15: Ski Swap at Mt. Shop

Nov. 19 (Thur.): Mt.High Membership  
Party at Gray Gables, Milwaukie

Nov. 28 (Sat.): Mt. High Wine Tour

Dec. 11-14: (Fri-Mon) NWSCC trip to  
Salt Lake City, Utah.

Jan. 15-18: (Fri-Mon) Mystery trip

Jan. 24-30: Whistler cabin trip

Jan. 30-Feb.6: FWSA Ski Week:  
Keystone, Colorado.

Feb. 12-28: Winter Olympics

Feb. 17-21: (Wed-Sun) Mt. High Train  
trip to Whitefish, MT. (Big  
Mountain) - with Debbi Kor

Feb. 21-27: Tahoe Sampler Bergie trip  
Contact Bob Burns: 503-524-5261.

Feb. 27-Mar.7: FWSA trip: Cortina

Feb. 28-Mar.6: Ski Kats trip: Whitefish  
Info: Henry Bendinelli 503-760-5763.

Mar. 7-8: Oregon Cancer Ski Out

Mar. 19-20: (Fri-Sat) Hope on the  
Slopes at Mt. Hood Skibowl

Mar. 21-27: Fernie/Kimberley, Canada

Mar.31-Apr.4: Heavenly/Tahoe trip

Apr. 2 (Fri.): Rat Attack awards party

Apr. 6-11 : Canada Ski Safari (or Dec.)

Apr. 9-11: Far West Championships

Apr.16-18: Bachelor Blast

June 10-13: FWSA Convention,  
Indian Wells, California.



## From the Prez

*An exciting month in store for us all. The trips are finalized as we all make our plans to get on the slopes. Tune up those skis or get some new ones and get your "Dough-transmittal form" in with your check to reserve your spot on a great trip. They are filling up fast.*

*Looks like our PacRat teams are getting together, preparing their strategies for the racing season. If you do not have a team, contact me or Bruce and we'll take good care of you.*

*Mt. High will again have 2 training days this year to sharpen your skills and for those of you who just want to try some gates and ski a little better we would all love to see you at these improvement days. Dates to be finalized.*

*Debbie, Elaine and their helpers are set for our November 19th Membership party so come sign up for another great year of skiing, making new friends and reacquainting old ones.*

*This years ski show is at the Expo Center is coming up and a good opportunity to get a great deal on new gear and don't miss the NWSCC Ski Fair November 9th. It is a great auction and a lot of information for your winter's activities. Area reps and most local ski clubs will be there for your questions. So, get out and we will see you around.*

*"Ski hard and party harder"*  
- Gordy Lusk



Mt. High Training day last year

## Ski Swap at the Mountain Shop

**Nov. 14-15.** Ski swap benefits the Grant & Cleveland High Schools. Buy! Sell! Swap! Bring your stuff 8-12

Saturday: Noon - 5 pm.

Sunday: 10 am - 2 pm.

Lots of kids gear. Free ski wax. Name-your-price Bargain Corral. Additional 25% off selected items, starting noon Sunday.

The Mountain Shop, Broadway and 7th, on the 3rd floor.

## Mt.High Free Ski Clinic



As in previous years, our club will offer two free ski clinics to our club members. One of them will be before our first race of the season. Dates to be announced.

The club pays for a professional coach. Your only expense is the lift ticket. What a club!!!



## Cape Falcon Hike

**Oct. 18.** This was an easy, pleasant, 6 miles round-trip with a 300 feet elevation gain, on the Oregon Coast, starting at "Oswald West State Park" on Hwy. 101 south of Seaside. Elisabeth and Chas did another good one, complete with a "happy hour" in the parking lot, at the end of the hike.



## Warren Miller Dinner

**Oct. 23.** Over 70 of us went to see the latest Warren Miller ski movie, called "Dynasty", and everybody got free vouchers for 5 lift tickets at 5 different ski areas.

About 62 people also showed up at the pre-movie dinner at "Trees", and several took the opportunity to renew their club membership and pick up their membership card, hot off the press!



See more photos at [www.mthigh.org/PhotosRecent.htm](http://www.mthigh.org/PhotosRecent.htm).



## Ski Fever &amp; Snowboard Show



**Nov. 6-8 (Fri - Sun.)**  
Admission: \$12.

Big annual ski show at the Expo Center. Great deals on ski clothing and equipment. Many freebies.

Live demonstrations. More info at:

[www.portlandskifever.com](http://www.portlandskifever.com).

NWSCC

## Ski Fair (New location: Holiday Inn)



**Nov. 9 (Monday) 6-10 pm** Admission: FREE.

One day only, at the **Holiday Inn**, at Portland Airport, 8439 NE Columbia Blvd., Portland, OR 97220. Meet local ski clubs and ski areas. **Silent Auction, Raffle**, and more!

All our members can purchase a **Meadows 10-time pass** for only \$349 (instead of the regular \$399).

You can also renew your club membership here.

To volunteer to staff the Mt. High booth, contact Emilio at: [info@mthigh.org](mailto:info@mthigh.org). Print [flyer](#) and post it somewhere! Info about the Fair: **Mary Olhausen**, [omary52@comcast.net](mailto:omary52@comcast.net).

NWSCC

## Pray for Snow



**Nov. 14, 2009 (Saturday)**

Annual event to help usher in the Winter season, with a live band, dancing, revelry, and the company of friendly skiers. It's organized by the **Schnee Vogeli** ski club, but members of ALL local ski clubs are invited.

Location: **Charlie's Pub & Restaurant**, Government Camp.

Tickets: \$10, must be purchased in advance (Limited quantities). Contact your dearest member of the Schnees.

**Gordon Lusk:** [GordyLusk@hotmail.com](mailto:GordyLusk@hotmail.com)

**Dale Parshall:** [dale.parshall@usbank.com](mailto:dale.parshall@usbank.com)

There will be no tickets at the door. This event fills up!

Mt. High

## Mt. High Membership Party



**November 19 (Thursday). 6:30 - 9:30 pm.**

Our biggest party of the year, marking the start of a new ski season. There will be free food and drinks, and

door prizes. Renew your membership. Sign up for trips. Join a PACRAT racing team. Bring a friend.

Location: **Gray Gables Estate**. [MAP](#) on our web site.  
3009 SE Chestnut Street, Milwaukie.

This is a good opportunity to meet other club members, pick up your membership card, and more!

Mt. High

## 8th Annual Mountain High Wine Tour



**Nov. 28, 2009.** Calling all wine connoisseurs! It's that time of year again, and we will be doing our 8th Annual Mountain High Wine Tour on Saturday, November 28th.

This has been such a great event in the past! Let's keep it that way. We'll plan on meeting Saturday morning at the Tigard Fred Meyer store around 10 a.m. and travel along Hwy 99 through the wine country, making stops along the way. We'll have a large van (12 passenger), and if we have more guests than that, we'll plan a car pool to follow along.

Bring your appetite for some good wines, along with a food item to share. We'll stop at one of the wineries and have a picnic. Please RSVP to **Debbi Kor:** [ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net), no later than November 20th.



## PACRAT News

### Pacific NW Area Clubs Recreational Alpine Teams



**Bruce Ellison**  
Mt. High Racing Director

Mountain High, the club that skis (and rides) now provides more than half of all the teams that participate in PACRAT Racing. Last year we had 13 and a half teams of 10 people each. That's 135 racers.

PACRAT Racing is a recreational racing program on modified GS courses of 20 to 40 seconds long. We race on five Sundays each winter at Mt. Hood ski areas. The afternoon after each race we have a dinner and drawing for prizes donated by our sponsors. It's so much fun that there are folks who've been doing it for 20 years or more. If you're interested in trying this out this winter please check out [www.mthigh.org/Racing.htm](http://www.mthigh.org/Racing.htm).

Each year some of our skiers also go to the Far West Ski Racing Association **Championship races**.

If you haven't been assigned to a team yet, contact us. We'll find you a spot on a team. Contact Bruce Ellison at: [Yuffiet@comcast.net](mailto:Yuffiet@comcast.net) or: 503-697-7892.

### How it Works: Details & Deadlines

1. Each racer should send to their team captain the **PACRAT entry form** and the **Liability Release form**. Both are available on the FORMS and RACING pages on our web site. NOTE: Both liability forms are needed.

2. Each racer should join the club (\$25) and pay the racing fee (\$85). The payments can be sent to the club: PO Box 2182, Portland, OR 97208. Or, you can send it to your team captain. But, in either case, please make check payable to **Mountain High**, and please enclose and sign the Mt. High **Membership signup form**.

3. **By Nov. 26** (Monday, our monthly Board meeting). All team captains should send their PACRAT forms to our Racing Director, Bruce Ellison, as we need some time to cross-check all racing dues with our Treasurer. Our club will then make out one big check to PACRAT's for all our racers. **Nov. 30** is the PACRAT deadline.

4. **Dec. 16** (Wednesday) -- Mandatory team captains' meeting, to pick up the racing bibs for their teams. Location: the **Buffalo Gap**, 6835 SW Macadam Ave, Portland, OR 97219. , starting around 6:00 pm.

### 2010 PACRAT Race Dates

Date	Location
Nov. 26 (Mon)	Mt. High teams signup deadline.
Dec. 10	Deadline to send all forms to Pacrats
Dec. 16 (Wed)	Team captains bib pickup, at Buffalo Gap
<b>January 10</b>	<b>Race 1: Timberline</b>
<b>January 24</b>	<b>Race 2: Mt. Hood Meadows</b> Middle Fork
<b>February 7</b>	<b>Race 3: Mt. Hood Skibowl</b> Dog Leg
<b>February 28</b>	<b>Race 4: Timberline</b>
<b>March 14</b>	<b>Race 5: Mt. Hood Meadows</b> Stadium
March 21	Make up race; only if a race is canceled
April 2 (Fri.)	Rat Attack Awards Party
April 9-11	FWRA Championships, Mammoth Mt.



5. Some teams gather socially for a "bib decorating party". Feel free to color your bibs if you like (optional). Otherwise, your team captain will distribute the bibs on the morning of our first race at Timberline.

### New racers

Please know that it is usually not enough to just send in your racing fee and the PACRAT forms. You also need to find a team to join. See a list of team captains and contact info on our web site's **Racing** page.



**Most of our teams are now full. If you want to race, we will put you on a new team that is being put together.** Please contact **Bruce Ellison** , [Yuffiet@comcast.net](mailto:Yuffiet@comcast.net) or: 503-697-7892, as soon as possible. We will find you a team. Anybody who wants to race will get a spot.



## Winter Trips

Several trips are already full. The Mystery trip is only a little over 2 months away. Other trips are filling up. Don't hesitate. Don't wait. Sign up at the Ski Fair or at our Membership Party, or by mail!



*The following pages are trip summaries. More info is posted and often updated on our web site: [www.mthigh.org/Trips.htm](http://www.mthigh.org/Trips.htm).*

*If you travel to Canada or Europe, you will need a passport. See: [www.mthigh.org/Articles/Passports.htm](http://www.mthigh.org/Articles/Passports.htm)*

### NWSCC

### Utah Ski Safari



Snowbird tram

**Dec. 11-14, 2009.**

Fly or drive to Salt Lake City and join us for a Utah Travel Connection Ski Safari! We'll travel in the morning to arrive in time to ski that day and then return home at the end of the 4th ski day.

Included in the package:

- \* Round trip airport transfers with group (Airfare to Utah not included)
- \* First night welcome reception
- \* 3 nights' hotel accommodation at **Crystal Inn**, Murray, Utah (30 minutes from 4 ski resorts)
- \* Daily breakfast and light dinner at hotel
- \* 4 days' Ski Salt Lake Super Pass valid at **Alta, Snowbird, Brighton, and Solitude**. An early flight into SLC will allow you to ski the day you arrive.
- \* 4 days' resort transfers by private shuttle

Cost per person, double occupancy, is **\$585** per person. Flights are not included in this price.

Contact **Barbara**: [bbousum@gmail.com](mailto:bbousum@gmail.com) for further details.



### Ski Areas Map



Use this map for basic orientation for any of our upcoming trips, especially the Canada Ski Safari and the Fernie/Kimberley trip.

### Trip Signups

In the following pages, you will find:

- 5 Mountain High trips
- 2 NW Ski Club Council trips
- 2 Far West Ski Assoc. trips

For the 4 Mt. High trips, please use our [Dough Transmittal form](#), on our web site, or on page 15.

For the other trips, contact the trip leader mentioned in the article, and send your deposit to the appropriate address.

Don't procrastinate too long. Space is limited on all the trips. Some trips are already full.



## Canadian Ski Safari

**Apr. 6-11** A road trip, skiing a different ski area each day! This can be done as a standard 5-day trip, or as the expanded 8-day trip (a whole week, with both week-ends on either end).

**NOTE:** December offers more powder snow opportunities (if the snow comes early enough). Spring skiing offers more sunshine and warmer weather.

Most ski areas will open in November, but a few traditionally open around December 12 (Kicking Horse, Panorama, Kimberley, Fernie). Be aware in December.

You can do this on your own, at any time, but it's fun to do it together. Most have voted to go in April.

This is very informal. There are no deposits, and no reservations. Just drive up and ski! Most ski resorts don't even accept reservations for 1 night, having a 2-night minimum. But, they never turn us away when we simply show up at their door.

Both the **5-day trip** and the longer **8-day** one are well documented, with instructions, phone numbers, addresses, [maps](#), on our web site. See the ARTICLES page. Look for the Canadian Ski Safari at: <http://www.mthigh.org/Articles.htm>.

**DAY 0** (Tuesday evening): Not counting this as a real day. People can still work this day, and drive out of Portland after work. Usually, we just drive for about 4 or 5 hours, to Ellensburg or Wenatchee (on Hwy 97).

**DAY 1:** (Wed.): Ski [Mission Ridge](#) Then 5 - 6 hr. drive to Big White.



At about -30° F, it was unusually cold in Revelstoke in December 2008. That's Kay, all bundled up!

**DAY 2** (Thur.): Ski [Big White](#), then 2 hrs. to Silver Star

**DAY 3** (Fri): Ski [Silver Star](#). Then drive 2.5 hrs. to Sun Peaks. Those who want to ski Revelstoke Mt., can go there from Silver Star, or do it after Sun Peaks.

**DAY 4** (Sat.): Ski [Sun Peaks](#), then drive to Mt. Baker. The 8-day group skis [Revelstoke Mt.](#), a brand new ski resort, with a total of 6,000 vertical feet.

**DAY 5** (Sun.): 5-day group skis [Mt. Baker](#), then drives home to Portland. This ends the 5-day trip.

8-day group skis [Kicking Horse](#). Over 4,000 vertical feet in a single 10-minute gondola ride.

**DAY 6** (Mon.): Ski [Panorama](#). Just 1.5 hours south of Golden, 11 miles from Invermere. 1 hr. to Kimberley.

**DAY 7** (Tue.): Ski [Kimberley](#), B.C.'s sunniest ski resort.

**DAY 8** (Sat.): Drive all the way back home, or prolong it by another day or two by skiing either [Fernie](#), 5 enormous bowls, or [Red Mountain](#), or [49° North](#) or at [Mt. Spokane](#), or [Silver Mt.](#), ID or [Bluewood](#), WA. All are excellent!

The route can easily be changed, depending on how we feel. That's the beauty of this trip!

If we share lodging and gas expenses, the trip can be quite affordable. Two years ago, on a similar 9-day trip, Kurt, Kay and Emilio spent **\$312** per person, for the whole 9 days/9 nights.

If you want to go, let us know your preferred dates, trip length, and if you want to carpool with others. Contact **Emilio Trampuz** at: 1-503-378-0171, or [Emilio2000@earthlink.net](mailto:Emilio2000@earthlink.net).

## Mt. High

## Whistler Cabin



**Jan. 24-30, 2010.**

6 nights lodging/ 5 days skiing. Carpooling. Cost - \$270 pp. includes lodging, daily breakfast, lunch & dinner. Everyone is encouraged to cook a dinner. Lift tickets are additional.

Lodging in a cabin 5 min. north of Whistler Village. Shuttle to lifts every 20 mins. Contact **Bill Leeper**: 503-639-2603.

**This trip is already full**, limited to the 13 people that can safely be accommodate in the cabin.





## Mt. High

## Mystery Trip (bus trip) - ONLY 2 MONTHS AWAY!



Steep slopes

**Jan 15-18, 2010.**

Our annual Mountain High weekend bus trip. 3 nights/3 days. We leave Friday around 5:00 pm. Lots of fun on the bus. Best way to get to know other club members! We'll return Monday by abt. 8 pm.

NOTE: This is Martin Luther King Day, so at least some of you won't have to go to work on Monday.

WHERE? We can't tell you. If we told you, we'd have to kill you!!!! The mystery is the special attraction of this trip. Let us whisk you away on an adventurous weekend! It will be fun. And the skiing will be great! You'll see!

We will visit more than one ski area during this long weekend, and you will have plenty of choices, including some of the steepest slopes in the Northwest, some of the longest runs, and some of the easiest trails anywhere. Oh, and lots of powder and tree skiing too! There will be a prize for whoever guesses our destination.

We'll stay at the same place for 2 nights, but may have to stay at a different place on the third night. If you want to skip a day of skiing, the middle of the 3 days would be ideal. Please let us know if you want this option.

We'll keep the cost down by using a sliding scale. The more people, the lower the price (\$3 less for every additional 2 people). Bring all your friends and save money! Price (based on 40 people), is approximately \$326 for the bus transportation, 3 nights' lodging, 3 breakfasts, 3 lift tickets, and a pizza dinner.

Use **Dough Transmittal form**, p.15, to send **\$100 deposit**, due by **November 19**. Full payment due by **December 15, 2009**. In early December, you will be told the balance due. No refunds after Dec. 15 unless you can fill your spot. Contact: **Emilio Trampuz** at 1-503-378-0171, [info@mthigh.org](mailto:info@mthigh.org), or **Linda McGavin** at (503)652-2840 [Trips@mthigh.org](mailto:Trips@mthigh.org).



Powder

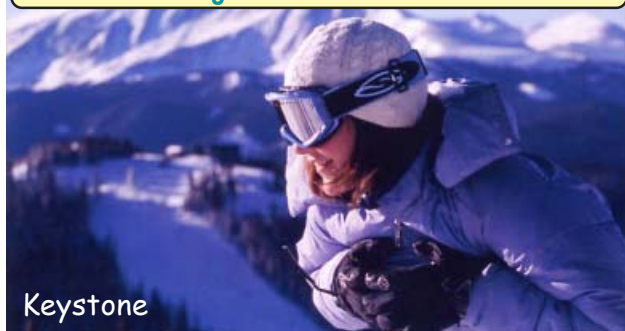


## FWSA

## Far West Ski Week: Keystone, Colorado



*This trip is full. There may be room for one single male, or a female willing to share a room with a male.*



Keystone

**Jan. 30 - Feb. 26, 2010.** The biggest ski party in the West is the annual Far West trip, involving dozens of ski clubs throughout the Western States.

**Keystone** offers 3 mountains, 3,128 vertical feet, 3,148 acres of terrain, and three vibrant villages with shops, stores, bars, and acclaimed restaurants!

**Price is \$1,079** per person, double occupancy.

\*Price does NOT include air or ground transportation.

The Northwest has been allocated about 40 spots. These will be filled fast. Fewer than 30 spots are still available.

The lift tickets are valid at Keystone, A-basin, and Breckenridge. The trip includes:

- |                      |                        |                           |
|----------------------|------------------------|---------------------------|
| * Registration       | * Welcome Party,       | * Pub Crawl,              |
| * 5-day lift ticket, | * Mountain Picnic,     | * 3 Races (optional);     |
| * Après Ski Party,   | * Council Night Event, | * Farewell Awards Banquet |

See out TRIPS web page for more info, and a schedule of deposit payments.

Send in a \$625 deposit. Make check payable to **Northwest Ski Club Council**, P.O. Box 1915, Portland OR 97207.

Contact: **Barbara Bousum**, 503/224-3584, [BBousum@gmail.com](mailto:BBousum@gmail.com).





## All Aboard for Whitefish!

by Debbi Kor

Have you ever thought about taking Amtrak on a ski vacation? What fun it would be to jump on with about 25 of your closest ski buddies, and leave the driving to someone else? Well, here's your chance.

February 17th-20th, we will be railing our way from Portland to Whitefish, Montana to ski at one of the best mountains this side of the Rockies! The train leaves Portland at 4:45 pm on Wednesday, February 17th, and will arrive in Whitefish on Thursday morning around 7:30. We'll be picked up in vans and whisked away to Grouse Mountain Lodge, for 3 wonderful days of skiing and fun in the snow!

Our rooms will be ready upon arrival so that we can change, and take a shuttle to the mountain for first runs around 10 a.m. How cool is that? Upon returning from our first day on the slopes, we'll have a Welcome Party with 1 complimentary drink in the beautiful restaurant and bar at Grouse Mountain Lodge.

We will have access to our rooms until we're ready to return home via Amtrak on Saturday night. The train will depart Whitefish at 9 p.m., and arrive back in Portland around 10:30 a.m. on Sunday. The cost for all this fun is: \$425 for those who wish to travel by coach, \$575 for those who wish to have a sleeper. The price includes 2 nights lodging, round trip rail transportation, 3 days lift tickets, and 3 days breakfast.

For those who'd like to extend their stay, we will move over to the Lodge at Whitefish for Saturday and Sunday nights. We can ski 2 additional days, and depart Whitefish on Monday evening at 9, arriving back in Portland on Tuesday morning at 10:30. The additional cost will be just \$139 per person (double occupancy), plus lift tickets. Contact Debbi Kor: [ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net)

Mt. High

### Whitefish Mt. train trip

Whitefish, Montana



**Feb. 17 - 21, 2010.** A train trip to **Whitefish Mountain Resort** (the new name for Big Mountain, MT). 3 days of skiing and 4 nights total.

We'll leave on an Amtrak train on Wednesday afternoon, and arriving in Whitefish, Montana, early the next morning (around 7 am), ready to go skiing!

We'll stay at the **Grouse Mountain Lodge** for two nights, February 18th-19th (Thursday and Friday night). After a third day of skiing, the train leaves Whitefish at 9 p.m. on Saturday, Feb. 20th, arriving back in Portland on Sunday morning.

For those who'd like to extend their stay, we are planning 2 additional nights at The Lodge at Whitefish, Feb. 20-21st, for \$140 per person. Must reserve in advance.

**Whitefish Mountain Resort** offers: 3,000 acres, 2,353 vertical feet, 3 hi-speed quads, 2 regular quads, 4 triples, 2 T-bars. 94 named trails + vast amounts of bowl and tree skiing.

**Price:** The price depends on whether you want Coach or Sleeper accommodations on the train.

**\$415 per person** - for Coach class.

**\$550 per person** - for Sleeper on the train.

**Included:** \* 2 nights on the train (in comfy reclining seats); or additional charge for a bunk bed.

\* 2 nights at the Grouse Mountain Lodge in Whitefish (hot tub, restaurant, shuttles to town)

\* 3 days of skiing + Free shuttles to ski area and to the town of Whitefish are free.

Sleeping compartment is available in both directions for \$135 per person, which includes both the first and the last night of the trip. To sign up, use the [Dough Transmittal form](#). No cancellations in the last 30 days.

Contact **Debbi Kor** at: [ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net).



## Mt. High

## Fernie / Kimberley - Canada (bus trip; optional fly-in)



Fernie

**Mar. 21 - 27, 2010.** A 6-day trip. 4 days/4 nights in Canada, with 3 days at **Fernie** and 1 day at **Kimberley**. But, we will also spend an extra day skiing at **Silver Mt.** (Idaho) half-way up to Canada, and then **Bluewood** ski area (Washington) on the way down. That's a total of 6 days of skiing!



Fernie

Leave Sunday morning. Return the following Saturday by 9 or 10 pm.

THIS IS A ONCE IN A LIFETIME TRIP! The logistics are not easy, so we will not do this trip again.

**Fernie** gets 29 feet of snow each year. Five enormous bowls; countless glades & chutes, 2,504 acres and 2,816 vertical feet. Served by 2 high speed quad lifts, 2 quad chairlifts, 2 triple chairlifts, 1 t-bar, 1 platter lift. Open bowl and tree skiing. Long cruisers. Also: 14 kms of cross-country trails. 9 on-hill restaurants.

**Kimberley** has 1,800 acres, 2,465 vertical feet, served by 1 High Speed Quad, 1 Triple Chair, 1 Double Chair, 1 T-Bar. Long cruisers. Lots of tree skiing, especially on the back side. Longest run: 4 miles.

**Lodging:** 4 nights at the Fernie Stanford Resort, an off-mountain lodge with a shuttle to the ski area, hot tub, heated pool, restaurant. Full breakfast included. We'll also spend a night in Kellog, Idaho on the way up, and a night in Ritzville, WA on the way back.



Stanford Resort at Fernie

**Transportation.** We'll have a chartered bus all the way from Portland. We will break up the long drive to Canada by stopping to ski half way there.

If you prefer, you can fly. Those who **fly** will have only **4 days** of skiing at Fernie & Kimberley, for a total price of about \$500 for the land package. Airfare is not included in the trip price. Also, you will have to rent a car to get from the airport to Fernie. You can fly to: **Cranbrook, Kalispell, Calgary, or Spokane.**

**Price** (based on 20 participants): **\$955.** Seniors and juniors 13-17 can deduct \$51 from the price. The price is still tentative, until we sign a contract. Price is on a sliding scale, depending on the number of participants. For each additional 2 people, price for everyone drops by \$20 - \$25.

Included in bus trip: 6 nights lodging, 6 breakfasts, 6 lift tickets, and bus transportation.

**Deposit** of \$100 due immediately! A payment schedule will be provided later. The number of people on this trip is presently limited to 30, including those who are flying and members of Altair Ski Club joining us. You should sign up early to ensure a spot.

This trip is during Oregon's Spring Break, and is FAMILY FRIENDLY! We have reserved 2 special family rooms at Fernie for the 4 day/4 night package at a cost of \$1,300 for 2 adults and 2 children under 13 (including lodging, lifts, and breakfasts for the family). Families with young children should plan to fly/drive to Fernie. If we get 10 people or more who are interested in flying, we can try to arrange group airfare and



special rates for rental cars, but we must know right away so we can work on a group. While we cannot take young children on a long bus trip, you may contact your trip captain about older children.

Use [Dough Transmittal form](#), p.15, to send **\$100 deposit**, due immediately. Full payment due by **February 20, 2010**. In February, you will be told the balance due. No refunds after Feb. 20 unless you can fill your spot.

Contact:

**Linda McGavin** at (503)652-2840 [Trips@mthigh.org](mailto:Trips@mthigh.org),  
**Emilio Trampuz** at 1-503-378-0171, [info@mthigh.org](mailto:info@mthigh.org).





Marv &amp; Janice

**“To breathe the air angels breathe, you must come to Tahoe”**

- Mark Twain

The Lakeland Village Condos have the only private dock accessible to the lake as well a view of Lake Tahoe from every condo. The free shuttles from the condos are only a ten minute ride to the Heavenly Gondola, to the Outlet mall, and to unlimited first class dining & entertainment.

Last year's trip included a wine and cheese welcome party and two dinners (ala chef Kris) in the condos. A sunset cruise on the lake is scheduled for an extra fee.

Come join us for fun on the sunny, snowy Lake Tahoe trip. Heavenly was rated tops for tree skiing in this year's Skiing magazine. ↙ ↘

### Mt. High

### Lake Tahoe / Heavenly



Mt. High members at Heavenly

**Mar. 31 - Apr. 4, 2010** A 5-day trip (Wednesday - Sunday).

**Skiing:** Heavenly is our main destination, with 4,800 acres and 3,500 vertical feet, and slopes in both California and Nevada. But, we'll visit other ski resorts too.

**Lodging:** Lakeland village condos, 1-4 bedrooms, full kitchen, hot tub, heated pool, sauna, free shuttles, 1 mile to the lifts.

**Drive/Fly to Reno (on your own),** take a \$43 round trip Sierra Express from the airport, or drive, or rent a car. Janice can help you carpool with others.

**Price:** \$400 (or just \$300 if you have a Heavenly Pass) includes:

- \* 5 nights lodging, in shared condo. \* Breakfast
- \* 2 of 3 days lift ticket to Heavenly \* Wine & cheese welcome party,
- \* Shuttle around town and to Heavenly gondola or tram.

Contact **Janice Jessen:** [jessen@iinet.com](mailto:jessen@iinet.com)

Send \$100 deposit. Use [Dough Transmittal form](#), p.15. Note: No cancellations in the last 30 days.

### NWSCC

### Bachelor Blast



Mt. Bachelor

**April. 16-18, 2010.**

Join all local ski clubs in a celebration of Spring skiing at Mt. Bachelor.

Price is **\$199 pp.**

- > 2 nights in Sunriver Tennis village condos
- > A mountain picnic lunch on Saturday
- > 2 days skiing at Mt. Bachelor

One day can be added at either end for an additional cost of about \$90 for lodging and skiing, based on 4 people per condo.

Mail check to: NWSCC P.O. Box 1915 Portland, OR 97207-1915

Contact **Debbi Kor** at:

[ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net).

### FWSA

### Far West (FWSA) Trips

• **Keystone Nationals**—FWRA—January 27-29, 2010. The Keystone Nationals is a dynamic recreational race competition, open to all ski club and ski council racers of all ability levels, as eleven different competition classes are offered for both men and women. Contact **Bob Ellis** at 530.582-0566.

• **FWSA 2009 Ski Week** will be in Keystone, Colorado January 30 to February 6, 2010. Council Trip Leaders are taking sign-ups. Check the Keystone flyer on our web site or at [www.fwsa.org](http://www.fwsa.org) and click on travel.

• **Cortina Ski Trip**, February 27—March 7, 2010—\$1844 per person; Cortina, one of the most beautiful settings in the Alps; daily breakfast and dinner included; 7 nights at a 3+ star Splendid Venezia and round trip flight from SFO/LAX. Venice—Pre-Trip Extension \$575 February 24-28; Vienna/Budapest—Post Trip Extension \$878. Contact **Norm Azevedo** at [fwsaitravel@sbcglobal.net](mailto:fwsaitravel@sbcglobal.net).



## Be Part of the Solution

*When a friend or family member is in the last stages of cancer, we can easily be overwhelmed by a feeling of helplessness. At some point, if the cancer metastasizes (spreads into different parts of the body), it seems there's nothing much we can do any more.*

*But, we are not entirely helpless. We can all do something, be of help, and be part of the solution. Hospices and cancer research centers need our help. We can all contribute, each in our own way, by getting involved with fund-raising efforts such as the two described here. Get involved. And spread the word. Print out some flyers and post them somewhere. Organize a team.*

*The **Oregon Cancer Ski Out** is well established. Over the past 20 years, it has raised over half a million dollars for local hospices and organizations, and our club members regularly participate.*

*The **American Cancer Society** has held the Hope on the Slopes event in Washington for 7 years, and this is the second year that the event is also organized in Oregon. This is a more nation-wide effort, and more funds go to research. OHSU is among the beneficiaries.*

## Oregon Cancer Ski Out



**March 7-8** (Sunday-Monday): Register your 5-person team for this fun fundraiser for Cancer Research and hospice care.

Two races are held, and only consistency counts; not speed. Team registration for 5 people last year was \$900. Still TBA for this year. Contact:

**Russ Stanton**, [russski2day@yahoo.com](mailto:russski2day@yahoo.com) or **Dick Woolley** at [rgwoolley@verizon.net](mailto:rgwoolley@verizon.net).

Lots more information on our web site: [www.mthigh.org/Events.htm#Oregon\\_Cancer\\_Ski\\_Out](http://www.mthigh.org/Events.htm#Oregon_Cancer_Ski_Out) or at: [www.cancerskiout.org](http://www.cancerskiout.org)

## 2nd annual Hope on the Slopes



**March 19-20:** (Fri.-Sat.) at **Ski Bowl**. 1 pm - 1 pm.

A fundraiser for the American Cancer Society.

This is a 24-hour vertical challenge, where competitors earn points for both dollars raised and the total vertical feet skied. Teams can consist of between 5 and 15 people. You can also compete individually. There are no age restrictions.



It will be 24 hours of fun, including **live music**, **barbeque**, a ceremony honoring cancer survivors, and a **torchlight parade**. This is your chance to be a torch-bearer!

Each participant will receive a personal web page that they can customize with their own messages and photos. Features of the web site include the ability to fundraise online and via email, track fundraising progress, and honor loved ones touched by cancer.

Registration is \$35 for individual or \$150 per team. A team can have up to 15 members. Each participant should raise a minimum of \$200 to participate in the vertical challenge.

Prizes will be awarded to the top fund-raisers, including lift tickets, skis, boards, clothing,...etc.

Funds raised will be used by the American Cancer Society for cancer research, education, advocacy, and service. OHSU is among the beneficiaries.

More info at [www.oregonhopeontheslopes.org](http://www.oregonhopeontheslopes.org)

To participate in the torchlight parade please contact **Emilio**.



## Airlines Luggage Fees

Most airlines have increased their luggage fees as follows:

\$20 for the first bag;  
\$30 for the second bag.

The airlines with these fees include American, Frontier, US Airways, United, Delta, and Continental. Exception: Southwest is not charging!

Some airlines have lower fees if you pay in advance, online, rather than at the airport.

## Highway 35 News

The Federal Highway Administration and the Oregon Dept. of Transportation (ODOT) are planning to rebuild the Hwy 35 bridge over the White River, which was damaged by recent washouts.

A new bridge will be constructed in 2010, most likely starting in the summer, and the construction lasting about a year.

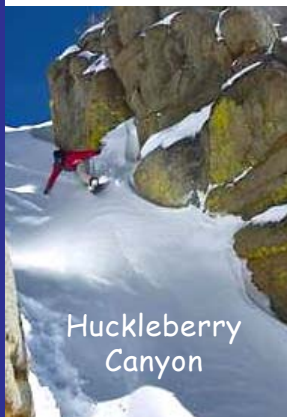
The new bridge will be higher than the existing one.

## Ski Area News

### Two ski areas succumb to Global Warming

After 46 years in operation, Iceland's **Kerlingarfjü** ski area has stopped offering snow sports due to climate change. They now offer only hiking.

Also, Bolivia's **Chacaltaya** ski area, formerly the highest ski area in the world, stopped operating because the snow field on which it was located has melted away due to global warming. Over the past 2 decades, Chacaltaya had lost 80% of its bulk, and it was closed just before the melting snow caused its last lift tower to collapse.



**Sierra-at-Tahoe** is offering expert skiers free backcountry tours out of five gates leading to the black diamond Huckleberry Canyon on Friday afternoons when conditions allow. The one hour tour will introduce skiers to the expert terrain, offer advice on various lines, chutes, and drops, and give direction on where to exit the canyon. Huckleberry Canyon was recently annexed inside the resort's boundary and offers cliffs, cornices, rock chutes, open bowls, glades, and powder pillows.

**Marmot Basin** (Alberta, Canada) has completed the longest high-speed chairlift in Alberta's Rocky Mountains. The \$8 million (CN) lift replaces the Tranquilizer Chair and the Kiefer T-bar and will take skiers from the base of the mountain to the top of Caribou Ridge.

**Mt. Bachelor** will offer Radio Frequency (RF) lift tickets, which can will open the gates for you from a distance, without physical contact, so you can carry your ticket inside a pocket. See more on page 14.

OLD  
LOGO:



NEW  
LOGO:



## NWSCC'S NEW "VOLCANO" LOGO

Looking to retire our old logo, we searched and debated ... what image uniquely represents the northwest and speaks to who we ALL are? The Cascade Volcano!

In selecting this image, NWSCC selected colors blue and white surrounded by green. Blue and white represent sky and snow. Green mimics our northwest mountain forests. Smoke rising from the volcano distinguishes our logo from other ski club and council logos. Smoke also suggests volcanic energy, a metaphor for our mountain passion. Multiple plumes of smoke visually represent our many clubs—all rising from the crater. While NW SCC Clubs flow in different directions, our collective soul resides in the heart of the volcano.

Our new logo was designed by Victor Echevarria of Twirl Advertising & Design under the direction of Council Vice-President, Richard Rizk, with input from the entire NWSCC Board. It was unveiled during the NWSCC's 30th Anniversary Celebration on September 19, 2009.



PRESENTED BY  
NORTHWEST SKI CLUB COUNCIL

FREE ANNUAL

# 2009 Ski Fair

**ONE NIGHT ONLY!**  
Monday,  
November 9, 2009.

**Holiday Inn**  
Portland Airport  
8439 NE Columbia Blvd.  
Portland, OR 97220

6:00 pm - DOORS OPEN  
Admission is FREE and OPEN TO THE PUBLIC  
No Host Beverages  
DOWNHILL, CROSS-COUNTRY, SNOWBOARDING, ...  
ALL KINDS OF SNOWPLAY!

**HIGHLIGHTS:**

- \* Silent Auction
- \* Ski Resorts
- \* Ski Retailers
- \* Ski Clubs
- \* Sports Clubs
- \* Mt. Bachelor
- \* Mt. Hood Meadows
- \* Ski Bowl
- \* Timberline
- \* Join a Club
- \* New Gear
- \* Ski Trips
- \* Get discounted season passes

\* Admission is free.

Designed and printed by:  
Starbright Creations 503-378-0171

**NWSCC**  
NORTHWEST SKI CLUB COUNCIL

Contact: Mary Olhausen  
Phone: 503-880-7383 Email: omary52@comcast.net

## Win with FWSA Survey

Complete the Far West Ski Association's [demographic survey](#), and you could win \$500.

Survey results will be used to help us better serve our members and to develop marketing and sponsorship programs.

Eligibility for prize: Must be a member of FWSA. (Mt. High members are members of FWSA.) Must provide email address to be eligible. One entry per person.

Survey closes November 15, 2009. Individual survey responses will be kept confidential. One \$500 cash prize will be awarded to a randomly selected participant. Winner will be notified by email the week of December 5, 2009 and must reply by December 15 to accept award. If winner does not reply, a second chance drawing will be conducted.

Click on the above link, or find the survey at: [www.fwsa.org](http://www.fwsa.org).

## Warren Miller 60th Giveaway

Win great stuff, like skis, boots, jackets, goggles, vacations, etc. Ski and Skiing Magazines are celebrating **60 years of Warren Miller films** by organizing the biggest ski giveaway ever.

Every day from **October 1st - November 29th, 2009** – HUGE prizes from the top brands in the ski industry will be awarded. Visit <http://skimag.com/60>, answer one easy ski trivia question – and you can win a prize on that day.

To participate and enter daily, it may be easiest to start with the link from our Mt. High web site, right on top of our NEWS and EVENTS page at:

[www.mthigh.org/Events.htm](http://www.mthigh.org/Events.htm).

## Season Pass Deadlines

Do you really need a season pass? Maybe not, if you will be skiing at different ski areas, going on trips, etc. Also, remember that all 3 Mt. Hood ski areas offer attractive **Spring Passes**, costing under \$100, and give you 3 months of skiing (March, April, May). If you do need a season pass:

- The Meadows 4Buy4** season pass costs \$449 only until October 31.
- The Meadows 10-time pass** can be purchased until November 8 (the end of the Portland Ski Show), ... but just for us NWSCC clubs, they will extend it one more day, for our Ski Fair, on November 9.
- Timberline** offers a Weekday Pass for just \$209, or a 5-time flex pass for \$175, or a 10-times flex pass for \$325, or a Full Season Pass for \$449, but only until November 8th. Then all the prices go up.
- Mt. Hood Skibowl** also offers a Season Pass for \$449.
- The Fusion Pass** (for both Timberline and Skibowl) also costs \$449, but only till Oct. 31. The price rises to \$475 till Nov. 8. After that, it's \$575.

## Passport Required

### PASSPORT



United States  
of America

If you travel outside the US, including winter trips to Canada, you will need a passport. See: [www.mthigh.org/Articles/Passports.htm](http://www.mthigh.org/Articles/Passports.htm)

You may have several incentives to cross the border this Winter, including:

- The **Whistler Cabin trip** in January.
- The **Winter Olympics** in February
- The **Fernie/Kimberley trip** in March
- The **Canada Ski Safari** in April.

So, be prepared. Make sure your passport hasn't expired. Or get one if you don't have it.



## Q & A about Mt. Bachelor

**Q:** Can I loan my Club Card to my friend?

**A:** No, the Club Card will have your photo on it.

**Q:** Can I use my Club Card at the ticket window?

**A:** No. Club Card savings are for advance online ticket purchases. They ensure the lowest daily rate. \$49 non-holiday.

**Q:** Can I buy a Club Card for someone else as a gift? How?

**A:** Yes. You will enter their customer info once they go on sale.

**Q:** Will I need to go to the ticket window to use my Club Card?

**A:** No. You can go straight to the lift. Club Card must be pre-loaded with the lift ticket in advance via [www.mtbachelor.com](http://www.mtbachelor.com).

**Q:** Should I be concerned with this daily pricing plan if I am going to have a Season Pass, 12-Day Pass, Club Card or Multi-day ticket?

**A:** No. It is irrelevant to you.

## Free Mt. Bachelor Club Card



Thanks to **Linda McGavin**, who is currently working on the next **NW Skiers' Directory**, we found out this great deal that **Mt. Bachelor** has offered to all NW ski clubs, through the

NW Ski Club Council. It's a free "Club Card".

**1. For the general public:** Up until the lifts open for the year Mt. Bachelor offers a "club card" picture pass for \$29 to the public that will let them buy \$49 non-holiday lift tickets.

**2. For NWSCC club members** (That's all of us!) - We can go to the Sports Desk at Bachelor up through January 31 and get that same card for FREE by showing our NWSCC membership card and picture ID. (Note: Your club membership card doubles as an NWSCC card. Just flip it over.)

**3. On the day we pick up the Club Card**, we can "load" it with our credit card with multiples of \$49. In the future we can load it up any time **online**, before arriving at the mountain. When we get to the mountain, we can go directly to the lifts and, as we pass through, \$49 will be deducted from our balance on the Club Card, which is a Radio Frequency ID. It's all automatic and very high tech.

Note that we can load the card in person at the Sports Desk **only the first time**. After that, we'll need to do it **online**, using a credit card.

Here's a recommendation for which pass to purchase, depending on how much you will ski at Mt. Bachelor:

- 2 - 10 days or 13 - 20 days: Get the Club Card.**
- 11 - 12 days : Get a 12-times pass.** for \$499.
- More than 20 times: Get a Season Pass.** for \$999.

## Mt. High Membership renewal

Whenever you send in any money to the club, please use our **Dough Tranmittal Form** a.k.a. the **Membership Signup Form**. You can find a compact version of it on the last page of Lift Lines, or on our web site, on the [Forms](#) and [Member Benefits](#) page.

Simply mail the form to the club's PO Box 2182, Portland, OR 97208.

For questions, contact: [info@mthigh.org](mailto:info@mthigh.org).

Remember, all Mt. High members are automatically members of the **NW Ski Club Council (NWSCC)** and the **Far West Ski Assoc.**

Besides doing it by mail, you can also renew in person at the **Ski Fair** (Monday, Nov. 9) or at our annual **Membership Party** (Thurs., Nov.19)

The advantage of doing it in person is that you then receive your membership card immediately, without delay. .



### Cascade Ski Club Offer and Need

**Cascade Ski Club** offers card-carrying NWSCC members **\$18** dollars a night for a **mid-week** bunk in Govt. Camp. Call (503) 272-9204 to reserve.

Go to [cascadeskiclub.org](http://cascadeskiclub.org) to join Cascade. Members bunk is just **\$12** and enjoy advance online bunk and food reservation privileges. Private rooms are reserved for Cascade Club members.

Cascade Ski Club seeks a **live-in manager** for the ski season. Room, board and a salary provided. Duties include housekeeping, snow shoveling and meal prep on weekends. Call (503) 272-9204 if you are interested.

### Mountain High Meeting

Usually the last Monday of the month.

**Nov. 30 (Mon.):** Open to all who want to get more involved with the club, or just want to see what's going on. Gather at **6:00 pm**. Start at **6:30 pm**.

Location: **Round Table Pizza**, 10070 SW Barbur Blvd., (near Capitol Hwy).

### Mountain High snowsport club contacts:

**President:** Gordon Lusk, H: 503-804-8363,  
**Vice-President:** Kurt Krueger, H: 503-625-1492,  
**Secretary:** Diane Zhitlovsky, H: 503-666-0389,  
**Treasurer:** Sandi Dykstra, H: 503-629-0177,  
**Membership Director:** Elaine Bock, H: 503-245-7009  
**Race Director:** Bruce Ellison, H: 503-697-7892,  
**Newsletter Editor:** Emilio Trampuz, H: 1-503-378-0171,  
**Social Activities:** Debbi Kor, H: 503-314-7078,  
**Golf:** Cal Eddy, H: 503-631-3115,  
**Mid-week skiing:** George Yun, H: 503-697-3055,  
**NWSCC Rep:** Debbi Kor, H: 503-314-7078,  
**Trip Directors:** Linda McGavin, H: 503-652-2840,  
 Janice Jessen, H: 503-636-0687,

[GordyLusk@hotmail.com](mailto:GordyLusk@hotmail.com)

[telek2@att.net](mailto:telek2@att.net)

[Dianezhi@gmail.com](mailto:Dianezhi@gmail.com)

[sandid@aol.com](mailto:sandid@aol.com)

[SeawitchPdx@aol.com](mailto:SeawitchPdx@aol.com)

[Yuffiet@comcast.net](mailto:Yuffiet@comcast.net)

[info@mthigh.org](mailto:info@mthigh.org)

[ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net)

W: 503-805-8606, [baebaw@ccwebster.net](mailto:baebaw@ccwebster.net)

[boar2m@msn.com](mailto:boar2m@msn.com)

[ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net)

[Trips@mthigh.org](mailto:Trips@mthigh.org)

[jessen9011@comcast.net](mailto:jessen9011@comcast.net)

General info:

[info@mthigh.org](mailto:info@mthigh.org)

Web site:

[www.mthigh.org](http://www.mthigh.org)

## DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership ☐ Renewal

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone (Hm): \_\_\_\_\_ Phone (Wk): \_\_\_\_\_

Email (Hm): \_\_\_\_\_ Email (Wk): \_\_\_\_\_

Whereas the Mountain High Snowsport Club ("Club") is an organization of fun loving ADULTS whose events are organized by members who volunteer their efforts for the enjoyment of their fellow members and friends, please remember when I participate in Club events I do so at my own risk. Sporting activities, indeed, any activity, includes inherent risks. I will evaluate my own abilities and responsibilities and join in the Club fun as a responsible and considerate adult. I will not hold the Club or any Club officer liable for the consequences of my decisions and my behavior. The bottom line is, stuff just happens sometimes and the club volunteers are not to be blamed for helping us have fun. Besides, the Club has no assets anyway.

**Email Preferences:** - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no  
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no  
 (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no  
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff:

Deposit? Paid in full?

☐ **Annual Membership** (Oct. 1, 2009 - Sept. 2010): Single (\$25); couple (\$40) \$ \_\_\_\_\_

☐ **PACRAT Racing (2010)** \$85 or \$90 Ask before you send. Team: \_\_\_\_\_ \$ \_\_\_\_\_

☐ **Mystery bus trip** (Jan. 15-18, 2010) Total \$326. Deposit \$100 \$ \_\_\_\_\_

☐ **Whitefish train trip** (Feb. 17-20, 2010) Coach: \$415, Sleeper: \$550. Dep. \$100. \$ \_\_\_\_\_

☐ **Fernie (Canada)** (Mar. 21-27) Total=\$950, Deposit=\$100, Full by Feb. 20. \$ \_\_\_\_\_

☐ **Heavenly/Tahoe trip** (Mar. 31-Apr. 4) Total \$400. Deposit \$100. Full by Feb. 28 \$ \_\_\_\_\_

☐ **Other:** \_\_\_\_\_ \$ \_\_\_\_\_

Comments (For whom you are paying. Roommate requests,...): \_\_\_\_\_

Signature(s): \_\_\_\_\_ Date: \_\_\_\_\_

Signature(s): \_\_\_\_\_ Date: \_\_\_\_\_

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

**Club membership = 317      Newsletter Distribution**

The Nov. 2009 issue is posted on our web site, and also:  
**314** copies sent via email (as PDF files)  
**34** paper printed copies sent via US Mail.  
 Copies are sent to potential members, other clubs, etc..  
**Please help us minimize the cost of mailing paper copies.**  
**Send your email address to: [info@mthigh.org](mailto:info@mthigh.org).**

**Other club news**

**SporTube giveaway** The SporTube manufacturer has offered us a sample tube in exchange for placing a link to [www.SporTube.com](http://www.SporTube.com) on our web site. One lucky club member will win this tube at our Membership Party.

**NWSCC****Northwest Ski Challenge - by David Schor**

For the past four years, the **NW Ski Club Council** has rewarded skiers and snowboarders who have met the Challenge with gift certificates for equipment or services at ski shops, and one lucky winner each year gets a ten-time pass to Mt. Hood Meadows.

**Ski or ride any 7 or more resorts in Oregon, Washington and/or Idaho during the 2009-2010 ski season to be eligible to win a prize.** The more ski areas you visit, the greater your chance of winning.

Ski or ride some new slopes, save your lift tickets, and win a prize!

To qualify for a prize, submit your lift tickets (or receipts) to: NWSCC, PO Box 1915, Portland OR 97207.

More info on our Council's web site: [NWskiers.org](http://NWskiers.org). Also, see the [Articles](#) page on the Mt. High web site.

Emilio Trampuz  
 Mountain High Newsletter editor  
 4742 Liberty Rd. S., #296  
 Salem, OR 97302

Please check our web site,  
[www.mthigh.org](http://www.mthigh.org)  
 for updates.







You are invited  
to the



# MOUNTAIN HIGH

SNOWSPORT CLUB

## Membership Party



*Thursday*  
**Nov. 19, 2009**  
**6:30 - 9:30 pm**

**Gray Gables Estate**  
3009 SE Chestnut St.  
Milwaukie, OR 97267



Everyone is welcome to our annual season kick-off party.

- \* Join the club, or renew your membership, or just check us out!
- \* New membership cards will be issued on the spot.
- \* Sign up for **ski trips**.
- \* Join a 10-person PACRAT **racing team**, the best way to gain 9 instant ski buddies!
- \* Win some door prizes!
- \* Meet other members. Have a great time!



We'll have food and drinks, visit with old friends, and meet new members. See what we are cooking up for the upcoming season. Be there or be square! Bring a friend!

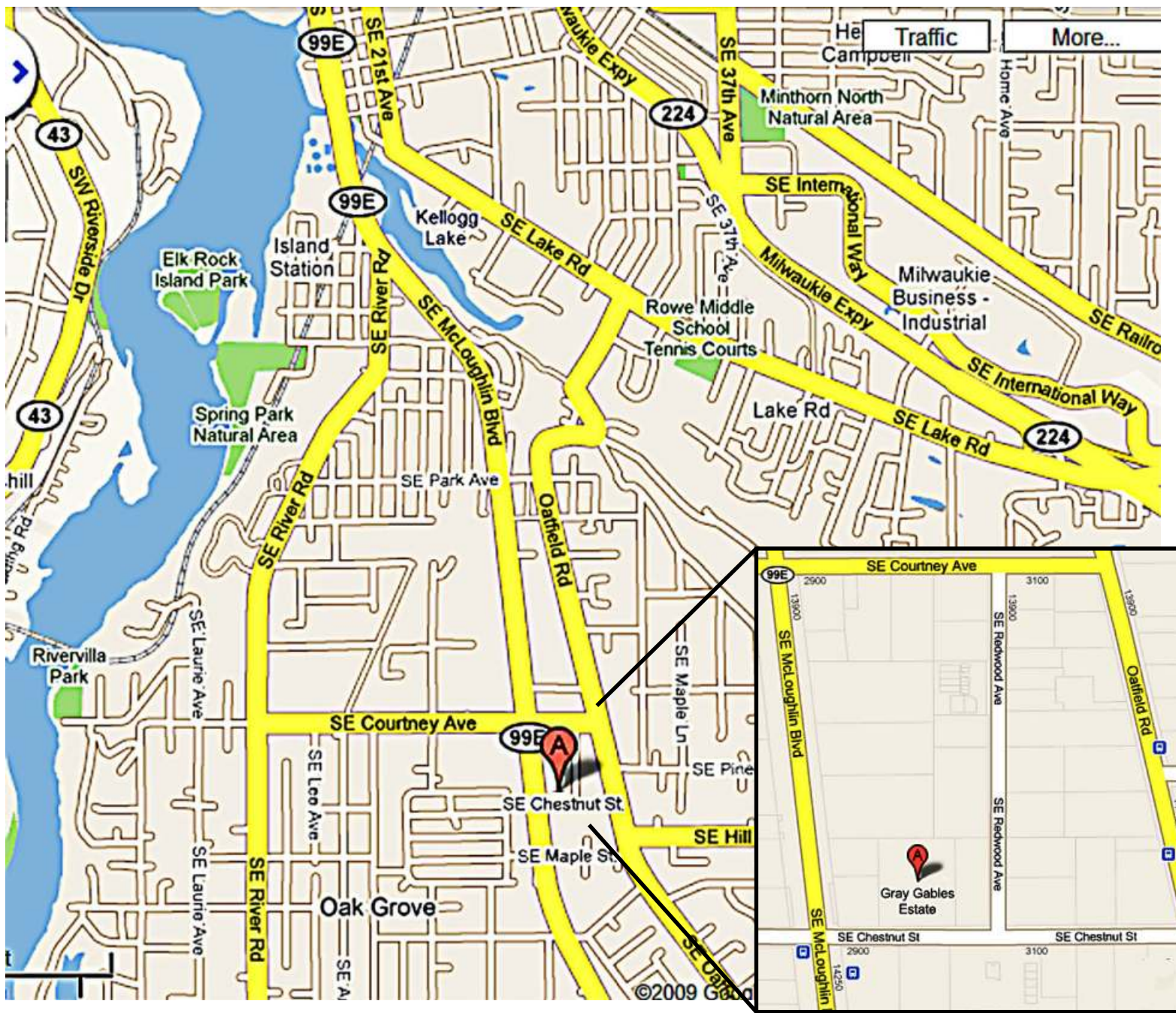
**DOOR PRIZES ! FREE FOOD, FREE DRINKS!**

More info at: [www.mthigh.org](http://www.mthigh.org)

### Fun Facts about our club

- |   |   |
|---|---|
| <ul style="list-style-type: none"><li>* We have about 320 members of all skiing abilities.</li><li>* Our professions and backgrounds are varied. What unites us is our enjoyment of gliding effortlessly through a snowy landscape.</li></ul> | <ul style="list-style-type: none"><li>* About half of our members are recreational racers (from beginners to experts). We have 13 teams of 10 racers.</li><li>* Our membership dues are only \$25 for singles, \$40 for couples.</li><li>* We are known as "the club that really skis"!</li></ul> |
|---|---|





### DRIVING DIRECTIONS

- \* **From the north:** Take McLoughlin Blvd. south, 1 mile past downtown Milwaukie. Go past the traffic lights at SE Courtney Ave. Just one more block. Turn left (east) onto Chestnut St. Gray Gables will be on your left.
- \* **From the south:** Take McLoughlin Blvd., abt. 4 miles north of I-205 at Oregon City. After a slight curve to the right, go past Maple St. Just one more block. Turn right (east) onto Chestnut St. Gray Gables will be on your left.
- \* **From east (Clackamas):** From the Milwaukie Expressway (Hwy 224), turn onto Lake Rd. Turn left on Oatfield Rd. (just past the tennis courts on your left). Go past SE Courtney Ave. Just one more block. Turn right (west) onto Chestnut St. Gray Gables will be on your right.