



Lift Lines

== No. 100, April 2009 ==

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Mt. High

Mt. High Social & Line Dancing

Mt. High



April. 23 (Thursday)

All Mountain High members and friends are invited to an evening of fun dancing and socializing!

6:30 - 6:45 pm - Arrive and gather

7:30 - 8:30 pm - Line dancing lesson (free for all).

Location: Bushwackers, 8200 SW Tonka St., Tualatin, OR 97062, 503/ 692.3982.

There is no cover charge on Thursdays. So, just come and have some fun! Dance the night away. Or just watch! A variety of food and drinks will be available to order from the menu.

For questions and info, contact **Deirdre Lawrence**, deirdrejanet@gmail.com.

100th Issue of Lift Lines



Lift Lines was born when our two ski clubs (Plaza & Edgeset) merged.

The first elections of the new, merged club were held at our annual membership party in November 2000, and the first issue of our new and improved newsletter came out in January 2001.

So, how long ago did we merge? Just look at the issue number on any of our newsletters and divide by 12. Right now, it was 8 years and 4 months ago.

Come ski with us

April 25 (Sat.) - Pond-skimming at Mt. Hood Meadows. Bruce Kuper, Jim Trindle, and maybe other of our club members will participate. Come watch!

Come ski with us. Join us at McDonald's in Sandy at **7:00 - 7:15** am. We can arrange carpools on the spot. On the slopes, tune your 2-way radio to channel **6-19**.

Also, remember that Spring skiing passes are very affordable: \$80 at Skibowl, \$99 at Timberline, \$99 at Meadows.



Bruce Kuper as King Kamehameha

*Note the color code.
Our club is blue.*

2009 CALENDAR

Blue: Mountain High events

Red: NWSCC / FWSA events

Black: General events

Apr. 2 - 5: FWRA Championships

Apr. 10-12: Bachelor Blitz

Apr. 15 (Wed.): Golf, Sandelie, 5 pm

Apr. 15 (Wed.): NWSCC meeting, 6:30

Apr. 17 (Fri.): Rat Attack PACRAT awards party 6:30 pm.

Apr. 23 (Thu.): Mt. High Social & Line Dancing, Bushwackers, 6:30 pm

Apr. 25 (Sat.): Golf, Stone Creek, 10am

Apr. 25 (Sat.): Pond-skim at Meadows

Apr. 28 (Tue): Mt. High planning meeting

Apr. 30 (Thur.): Golf, Claremont, 5 pm

May 9 (Sat.): Mt. High Bowling

May 19 (Tue.): Mt. High Pizza Party and Elections (Round Table).

June 4 - 7: FWSA Convention, Reno.

Aug 16 (Sun.): Mt. High Picnic.

Aug 20-22: Mt. High Rafting.

Mt. High

Golf with us!

Mt. High



Remember, our plan is to play 9 holes twice a month during the week, and 18 holes once a month on a weekend.

If you want to play, please call **Cal Eddy** at least 7 days in advance. Cal's phone is 503-805-8606, or e-mail Cal at baebaw@ccwebster.net. The dates are:

Apr. 15 (Wed.): Golf at Sandelie, 9 holes, starting at 5:00 pm.

Apr. 25 (Sat.): Golf at Stone Creek in Oregon City, 18 holes, at 10 am.

Apr. 28 (Tue.): Golf at Claremont, 9 holes, starting at 5:00 pm.

Mt. High

Crystal Mt. bus trip

March 13-15, 2009. This was our annual **weekend bus trip**, led by Linda McGavin. 50 of us stayed in Enumclaw, and skied at Crystal Mt. both days. We were joined by 8 members of the Altair ski club (from Eugene). We got more fresh snow than expected. On Sunday morning, we were greeted with about 14 inches of new snow, and it kept snowing all day. The relatively new Northway area was the best, but only for advanced powder skiers, as nothing is groomed in that area.



Bruce filmed a lot with his helmet-cam



Linda - our trip leader, with Jim - our driver.



Tom Arnold, Bruce Kuper, Chuck, and Kurt.



Tom Schuberg in the Northway area.



Chuck up to his knees!



Kurt, Richard, Moniquea, Kay, Terry, Patty, Gerry, Diane, Elaine, Mike, Bruce, Steve

See more photos at www.mthigh.org/PhotosRecent.htm.

Mt. High

Heavenly / Lake Tahoe trip

Mar. 28 - Apr. 2, 2009 A 5-day trip (Sat. - Thurs.), attended by about 16 people. Another 5 or 6 members of the Altair ski club also joined us on the slopes, though they had separate lodgings. All 5 days were sunny. Only the first day was windy to the point that several lifts at Heavenly were closed, so we skied at **Sierra-at-Tahoe**. Then two days at **Heavenly** and one day at **Kirkwood**. Some people went to **Mt. Rose** on the last day. Emilio arrived a day early and skied at **Donner Ski Ranch**, which lies sandwiched between **Boreal** and **Sugarbowl** and could easily be linked to both if the resorts wanted to merge.



Diane and Janice (our trip leader)



Joanne, Ginny, Janice, Brock and Walt at Heavenly



Wally and Mike: warm enough for a dip!



Experts only, at Kirkwood



Sierra-at-Tahoe

Wally, Gerry, Emilio, Bill, Patty, Diane, and Mike



John, Joanne, Gerry, Patty, Walt, Chris, Janice, Marv, Emilio, Ginny, Jack, Wally, Bill, Diane, Mike, and Brock.



Hope on the Slopes - fundraiser for the American Cancer Society



March 20-21 (Friday - Saturday) - This was a 24-hour vertical challenge and a fundraiser for the American Cancer Society, held at Mt. Hood Skibowl. There was live music, food, prize drawings, and a torchlight parade. A bit of rain at the start of the event soaked us a bit, but couldn't dampen the enthusiasm. The fog during the torchlight parade actually enhanced the experience by making it look more "mystical". **Bonnie Ell**, of the American Cancer Society says:

"We had **133 participants** (more than expected), **13 teams** and a spectacular Torchlight Ceremony! So far, it looks like we'll be bringing in close to **\$15,000** in fundraising dollars, and we're still waiting for the generous donation from **Mt. Hood Skibowl** (50 cents per lift ticket sold in the entire month of March)! We're waiting to see how much that amounts to. We're looking forward to a bigger and better event next year, and are likely to double in size. The event is scheduled to be held **the same weekend next year**, with **Skibowl's Suds on the Slopes** immediately following our event."



Charlie and her Team Tuna raised the most funds



John, torch-bearer



Bonnie, making announcements in front of the HOPE sign



Torches approaching the HOPE sign



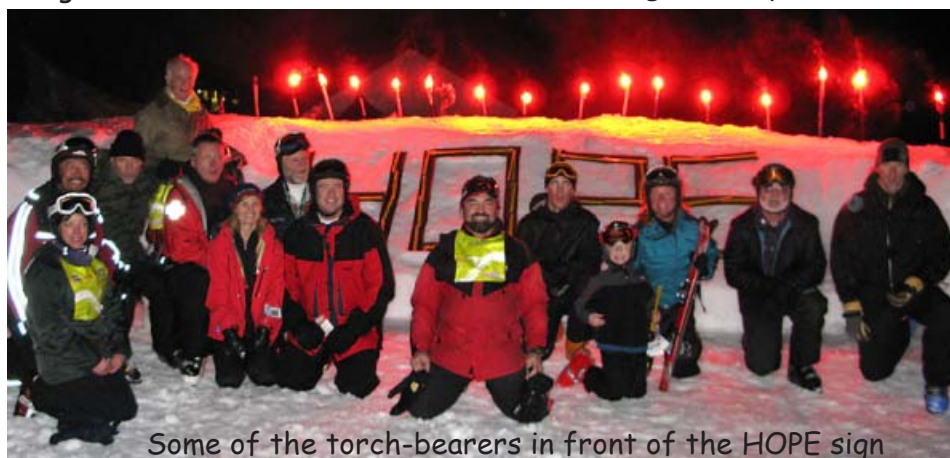
Doug, one of the torch-bearers



All night? No problem!



Aaron Anderson (one of the participants with the most vertical)



Some of the torch-bearers in front of the HOPE sign

See more photos at www.mthigh.org/PhotosRecent.htm.

Rat Attack Awards Party

Pacific NW Area Clubs Recreational Alpine Teams



Barb Parshall
PACRAT President

PACRAT Awards Party

**April 17 (Friday) 6:30 pm,
The Refectory restaurant
1618 NE 122nd Ave.
Portland, 503-255-8545.**

Class of 1984 Reunion: Celebrating 25 years of PACRAT Racing! "Dancin' to eighties!"

6:30-7:30 Cocktail/Social/
Bib and costume contest registration.

7:30 pm - Full Dinner Buffet

8:00 pm - Special Program and Door Prizes

9:00 pm - Awards

10-12pm - Dancing!

Let's have a Rat Attack of a good time and celebrate 25 years of camaraderie and friendly competition of Portland Area Club Recreational Alpine Teams and award the 2009 awards for this season! Both team and individual awards.

DINNER Dinner will be a choice of Prime rib or Chicken breast.

LIVE BAND- "The Rhythm Method!" - 8 person dancing music most band members are skiers too!

MULTI MEDIA SHOW produced by Bruce Kuper. Bruce would like more photos from all years. Please make arrangements on how to send them to him by Friday April 10th. Email Bruku@comcast.net.

FUN BIB CONTESTS - How many years of racing bibs do you have? Bring me all...see who has the most-must have worn by one racer only.

What do you do with old bibs? Most creative use of recycled bibs... Best decorated individual bib this season and throughout the 25 years... Best Team bib theme this season.

COSTUME AWARDS if you so like - Individual, couple, teams...BIG Hair, Vuarnet Sun Glasses, Polka dots, stripes, neon....go for the Crazy 80's!

AWARDS. Top ten teams receive medals/trophies. King and Queen Winter most point getters individually for the season. Individual Top placements by category. NEW for the year.

Jack's Stats...Gary's Entertaining Emcee...Barb's fluff and stuff full of honors, recognitions and door prizes!

Please let us know when we send the actual EVITE out. We need a head count for dinners/drinks per team and if your team mates will bring guests (\$25 pp to cover dinner costs).

Dinner is included, and free for all racers. Guests are welcome for \$25 at the door. Lots of door-prizes!



Photo taken by Jeff Ackerson

Mt. High Free Ski Training/Improvement days

We had two free training days this season, on January 4 (before our first race) and on March 21 (before our last race). Both were held at Timberline.

These training days are open to **all our members**. They are, obviously, of particular benefit to our racers, but the training is truly open and available to all our members. Even if you never intend to race at all, this is an opportunity to practice controlled turns around fixed objects (gates).

Our club pays for this training and offers it as a free benefit to all our members. We will offer such training in the future, so make good use of this.

Free Ski Tuning Clinic at the Ski Chalet



March 11 (Wed). John Hanson and his staff at the **Ski Chalet** (4800 SW 76th Ave., Portland) showed us how to tune our skis, with a special emphasis on waxing. Too many people allow their bases to dry out and may wax them perhaps only

once a season. But, for best performance, you should wax them before each ski day, or at least once every 2 or 3 ski days.



There was also free pizza, and good deals on equipment and clothing. Naturally, many of us also purchased wax for do-it-yourself tuning at home.

John Hanson explains, while his assistant demonstrates.

FWSA Outstanding Club Competition

Every year, we enter the Far West "Outstanding Club" competition by preparing a multi-page document showing off our various activities (On the snow activities, Promoting the sport, Charity events, Social activities, etc.) Send your contributions to Emilio, Emilio2000@earthlink.net. Or mail your contribution to Emilio Trampuz, 4742 Liberty Rd. S., #296, Salem OR 97302. Let's be an Outstanding Club again this year!

Our club also needs to provide some judges (to judge other clubs). This year, the following people have volunteered as judges: **Kurt Krueger**, **Diane Zhitlovsky**, and **John Jessen**. A big thanks to all three!!!

Skibowl's 80 anniversary

Skibowl has marked its **80th anniversary** with a number of events, one of which was the production of a historic video on DVD, about the history of skiing in the area. The DVD is titled: "80th Anniversary of Skibowl".



Skibowl has graciously donated DVD copies of the history video to the **Mt. Hood Museum**, in Government Camp, where the DVD disks will be for sale at the museum bookstore.

This professional video history of Skibowl should be of interest to all who have ever skied Skibowl. The historical photographs, vintage movie footage and oral histories by local skiing legends (including **Henry Bendinelli** of the **Mt. Hood Ski Kats club**) make this DVD highly collectible.

CHALLENGE: See if you can spot Emilio in the footage. He snuck in somehow!



Mt. High

Social & Dancing



April. 23 (Thursday)

All Mountain High members and friends are invited to an evening of fun dancing

and socializing!

6:30 - 6:45 pm - Arrive and gather

7:30 - 8:30 pm - Line dancing lesson (free for all.

Location: **Bushwackers**

8200 SW Tonka St.,

Tualatin, OR 97062, 503-692-3982.

There is no cover charge on Thursdays. So, just come and have some fun! Dance the night away. Or just watch! A variety of food and drinks will be available to order from the menu.

For questions and info, contact **Deirdre Lawrence**, deidrejanet@gmail.com.

Mt. High

Monte Carlo Bowling



May 9, 2009 (Saturday). starting at 7 pm.

Only \$15 per person, and you get several chances to win money prizes.

Milwaukie Elks

13121 SE McLaughlin Blvd.

Milwaukie, OR

This is about a mile south of downtown Milwaukie, and about 2 blocks north of the bomber plane. ✈

We need at least 30 people to make this work financially, so please RSVP by April 28 to:

Larry Bennett, 503-760-2360, or
Bennett7926@comcast.net.

Mt. High

Pizza Party / Elections



May 19, 2009.

6:30 pm at the **Round Table Pizza**, 10070 SW Barbur Blvd., near Capitol Hwy. (by McDonald's).

Everybody is invited! Come meet other club members, check out what's new. Enjoy some "Maui Zau" pizza!

Included:

- * Slide show / video of some recent ski trips.
- * Socialize, mingle with other club members.
- * The pizza is free (on the club), but buy your own drink.
- * Participate in electing our new President and other club officers. So far, we have the following candidates:

President: **Gordy Lusk**

Vice-President: ??

Secretary: **Diane Zhitlovsky**

Treasurer: **Sandi Dykstra**

See page 8 for more info on these and other club positions.

Mt. High

Deschutes River Raft Weekend



Aug 20 - 22, 2009.

This has become an annual tradition for our club. A weekend of rafting and frolicking in the sun on the Deschutes River at Maupin, OR.

Contact Gordy: 503-804-8363 or
GordyLusk@hotmail.com.

Reservation & payment must be received by July 15. (or don't show up). Cancellation Date is August 1st.

Trip includes:

Camping: Thursday, Friday and Saturday night in Maupin City Park. Camp sites, near bathroom in main park. RV space available for an additional \$20.00 a night.

Rafting: (Row, Paddle or just ride) Friday and Saturday... We'll provide the rafts.

Saturday night diner: Chicken and ribs provided by Mt. High. For other times, bring your own food.

Camp, raft, dinner = \$90.00 pp. (Non-members \$105.00) Use the Dough Transmittal form, page 11.

It's Mt. High Election Time!!



Can you spare a few hours during the year to help create the fun for next year? This is your chance to participate and make a difference. We will have club elections during our Pizza Party on May 19, 2008.

WHO - Nominate **YOURSELF or **OTHER MEMBERS****

Ask your friends in the club if they are interested.

The only requirement is that the nominee must be an active member of the club in good standing for 1 year.

WHEN - Submit names by **April 28, 2009**

HOW - Send nominations by email to **Elaine Bock seawitchpdx@aol.com in the following format**

- * Position for which the person / yourself is being nominated
- * Your name (if self-nominating) or of the person being nominated
- * If nominating someone other than yourself, your name

PRESIDENT: The President shall be the CEO of the Club, shall chair the Board of Directors, shall preside over BOD and business meetings, may appoint additional Directors, shall delegate duties to officers, directors and committees as necessary, attend monthly meetings. – **Estimated average time per month: 5 hours plus meeting**

VICE PRESIDENT: The Vice President shall perform the duties of the President in the absence or inability of the President to act, shall be the liaison between the President and committees, attend monthly meetings – **Estimated average time per month 2 hours plus meeting.**

TREASURER: The Treasurer shall have custody (on behalf and in the name of the Club) of all funds and all items of value that may come into Club's possession, keep complete records of funds, give financial reports at or before all regular Board meetings and at the annual meeting, be responsible for the management of all financial programs, make Club's billings, provide basic budget information, pick up club's mail at the P.O. Box., attend monthly meetings. – **Estimated average time per month: 5 hours plus meeting.**

SECRETARY: The Secretary shall take minutes, type and distribute these minutes at or before all Board Meetings except committee meetings. – **Estimated average time per month: 3 hours plus meeting.**

OTHER, INFORMAL POSITIONS – In addition to the above officers, the club also needs a whole variety of volunteers and organizers for various events. We especially need people willing to organize social events, such as parties, TGIFs, dances, or any other activities you may want to share with others. These positions are voluntary and don't require any voting. Just show up at our monthly meetings (last Tuesday of each month).

Questions? Contact the Elections Committee

Elaine Bock – seawitchpdx@aol.com

Sue Snelling – optomistsue@comcast.net

Diane Zhitlovsky – dianezhi@hotmail.com

We want YOU!!!



NWSCC

Northwest Ski Challenge - by David Schor



It's time to send in your lift tickets / receipts from this past season!

All you need is proof that you have visited any 5 or more resorts in Oregon, Washington and/or Idaho during the 2008-2009 ski season to be eligible to win a prize. The more ski areas you visit, the more valuable the prizes.

Help the smaller areas by visiting them, and help yourself to some fresh slopes and lower prices. Plus, win a prize!

To qualify for a prize, you need to submit your lift tickets (or receipts) to: **NWSCC, PO Box 1915, Portland OR 97207.**

Even if you don't think you've skied a lot of ski areas, send in your entry anyway. At the very least, it would be interesting to gain some insight into how much our members have ventured to explore ski

areas other than Mt. Hood. And, you might still win a prize!

More info on our Council's web site: NWskiers.org. For more info, contact **Steve Coxen**, 503-679-9022, or by email to: sacoxen@aol.com. See the [Articles](#) page on the Mt. High web site for last year adventures.

NWSCC Man & Woman of the Year

Our **Mountain High** man and woman of the year are **Gordon Lusk** and **Marsha Cosgrove**. and they remain our honorees. But at the the Northwest level, among all the local clubs, the NWSCC has picked **Dale Parshall** and **Colleen Walter** as their choice of Man and Woman of the year. Both were selected by the NWSCC board based on their continuing contributions to club and council, PACRAT racing and community service. They will be representing NWSCC at this year's **FWSA Convention**.



Dale Parshall is a member of the Schnee Vogeli Ski Club. For many years, he has been a pillar of PACRAT racing, as chief score-keep and registrar. Simply put, without him, PACRAT racing would not be what it is.



Colleen Walter is a member of the Skiyente Ski Club. For many years she has been a trip leader and organizer within her club, as well as being an active member of the PACRAT Board, as well as an active racer.

NWSCC meetings

The **Northwest Ski Club Council** meets on the third Wednesday of each month at the Buffalo Gap, 6835 SW Macadam Ave - Portland, OR 97219, starting at 6:30 pm. Meetings are open to all. Next meeting: April 15. Topic: **"Club Travel: Where are you Going and How are You Getting There?"**

NWSCC Logo Contest



EST. 1913 - PORTLAND, OREGON 97207

The **Northwest Ski Club Council** is running a contest to replace it's old logo (the generic "happy face skier") with something more representative of the Northwest. You can go to www.fwsa.org to see links to other councils, and see their logos. A winner will be selected in June. A winner from Oregon will receive a Meadows 10-time punch pass, a winner from Washington will receive lift tickets of equivalent value.

Send your entry to Sheri Parshall, cougskier@aol.com.

FWSA
President
Randy Lew



Our club - NWSCC - FWSA

Our club is just one of about 30 clubs in the Pacific Northwest. Most of these clubs cooperate under the umbrella of the **NWSCC** - the **North-west Ski Club Council**.

There are about a dozen similar Ski Councils throughout the West, all under the umbrella of **FWSA** - **Far West Ski Association**.



Safety & History Contest

Each year, the the Far West Ski Association awards prizes in the following categories:

- * **FWSA Safety Person of Year** win a free 6 day vacation for 2 at Aspen.
- * **FWSA Western Ski Heritage Contest**, win a free 5 day vacation for 2 at Steamboat.
- * **FWSA Club & Council History Recognition**, win \$200 to be donated in winner's name to charity of choice.

Self-nomination is permitted for these 3 contests. Entry deadline April 30th.

To enter, or nominate someone, contact:

Scott Bowker

FWSA VP Public Affairs

sbowker.fwsa@gmail.com

NWSCC Far West Convention - June 4 - 7, 2009



The **FWSA Convention**, will be held at the Peppermill Hotel & Casino in Reno, NV, **June 4 - 7, 2009**.

Remember we are all part of a larger organization. First, we are part of the **NW Ski Club Council**, ... but also of the **Far West Ski Association**, which encom-

passes eleven Councils in Arizona, California, Colorado, Idaho, Montana, Nevada, New Mexico, Oregon, Washington and Utah.

FWSA represents all our ski clubs, and organizes at least 3 annual trips:

- 1) the FWSA Ski Week (at Big Sky this winter; Keystone next year);
- 2) the FWSA International Ski Week (usually in Europe);
- 3) an International Summer trip (like a trip to China and Alaska in previous years, or the Baltic Cruise this coming September).

FWSA also organizes a number of **club competitions** — for best Newsletter, best Web site, Outstanding club, Safety person of the year, Man and Woman of the year, etc. Awards are given at the annual Convention in June.

A big part of the Convention is a **Travel Symposium**, where club members can meet with dozens of Ski Industry representatives and plan future ski trips.

There is also a **fun** component, in the form of a Pub crawl, Golf and Tennis tournaments, kayaking, hiking, etc.

A number of **ski celebrities** are usually present. In the past, we had several of Olympic ski champions, some extreme skiers, some founders of famous ski areas, the initiator/founder of the Oregon Cancer Ski Out (Larry Chadwick), 10th Mountain Division veterans, and more.

See more info about the Convention at:



Our hosts: Sierra Council members

<http://www.fwsa.org/hidden/689570.htm>.

To register for the Convention as our club's delegate, please send in your registration fee (**\$145**) to **Mountain High**, using our Dough Transmittal Form, by April 30. This doesn't include lodging.

Contact **Debbi Kor** at:

ijustwannarun1@comcast.net, 206/283-0269.

Email Options

In between newsletters, we keep you informed via email. You have a choice:

- A) Recive ALL the club's emails.** All ski-related and/or club related.
- B) Receive only club-related messages.** If it's not about our club, it won't be sent. That means, no emails about other clubs, other ski areas, NWSCC, FWSA, ski shop specials, etc. Strictly our club only.
- C) No email at all.** Just the monthly newsletter, and nothing else.
- Indicate your preference on the Membership renewal form. If you wish to switch at any point, let [Emilio](#) know your preference.

Mountain High Meeting

Usually the last Tuesday of the month.

April 28 (Tue.): Open to all who want to get more involved with the club. This is a planning meeting

Gather at **6:00 pm**. Start at **6:30 pm**.

Location: **Round Table Pizza**, 10070 SW Baerbur Blvd., (near Capitol).

Mountain High snowsport club contacts:

President: Terry White, H: 503-781-4558,
Vice-President: Gordon Lusk, H: 503-804-8363,
Secretary: Diane Zhitlovsky, H: 503-244-3392,
Treasurer: Sandi Dykstra, H: 503-629-0177,
Membership Director: Elaine Bock,
Race Director: Bruce Ellison, H: 503-697-7892,
Newsletter Editor: Emilio Trampuz, H: 1-503-378-0171,
Social Activities: Marsha Cosgrove, H: 503-799-2833,
Golf: Cal Eddy, H: 503-631-3115,
Mid-week skiing: George Yun, H: 503-697-3055,
NWSCC Rep: Debbi Kor, H: 503-314-7078,
Trip Directors: Linda McGavin, H: 503-652-2840,
 Janice Jessen, H: 503-636-0687,

TWhite223@msn.com
GordyLusk@hotmail.com
Dianezhi@hotmail.com
sandid@aol.com
SeawitchPdx@aol.com
Yuffiet@comcast.net
info@mthigh.org

W: 503-805-8606, baebaw@ccwebster.net
boar2m@msn.com
ijustwannarun1@comcast.net
Trips@mthigh.org
jessen9011@comcast.net

General info:
info@mthigh.org
 Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership ☐ Renewal

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

Email Preferences: - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
 (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff:

Deposit? Paid in full?

- ☐ **Summer Membership** (May. 1 — Sept. 30, 2009): Total: \$10 per person \$ _____
- ☐ **Annual Membership** (Oct. 1, 2008 - Sept. 2009): Single (\$25); couple (\$40) \$ _____
- ☐ **PACRAT Racing (2009/10)** Total: \$85 Team name: _____ \$ _____
- ☐ **FWSA Convention registration** (June 4 - 7, 2009) Total=\$145, by June 30 \$ _____
- ☐ **Rafting** (August 20-22, 2009) Members: \$90. Non-members: \$105. \$ _____
- ☐ **Other:** _____ \$ _____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

Whereas the Mountain High Snowsport Club ("Club") is an organization of fun loving ADULTS whose events are organized by members who volunteer their efforts for the enjoyment of their fellow members and friends, please remember when I participate in Club events I do so at my own risk. Sporting activities, indeed, any activity, includes inherent risks. I will evaluate my own abilities and responsibilities and join in the Club fun as a responsible and considerate adult. I will not hold the Club or any Club officer liable for the consequences of my decisions and my behavior. The bottom line is, stuff just happens sometimes and the club volunteers are not to be blamed for helping us have fun. Besides, the Club has no assets, except for a leftover banner, some balloons, or a couple of empty beer bottles with the Club's name on them.

Club membership = 283 Newsletter Distribution

The April 2009 issue is posted on our web site, and also:
369 copies sent via email (as PDF files)
30 paper printed copies sent via US Mail.
 Copies are sent to potential members, other clubs, etc..
Please help us minimize the cost of mailing paper copies.
Send your email address to: info@mthigh.org.

**Golf**

a) two nine-hole weekday dates in the evenings, and
 b) one 18-hole round on a weekend each month.
 See page 1 for specific dates and times.

**Club Inquiries**

Feel free to ask anything. There are no stupid questions. Drop us a note at: info@mthigh.org.

However, there have been too many questions lately asking for info that has already been posted in the newsletter, and on our web site, and in various email updates. Please read what is already there.

NEW RULE: If you ask for info that has already been published, we will refer you to the published material, rather than re-writing it all over again. Please don't take this personally. We do want to help.

NWSCC 30th Anniversary & Club Histories

Sept. 19 (Saturday). The NWSCC is planning a **30th Anniversary party**. It will be a joint event with the Mt. Hood Museum, being a fundraiser for the Museum, and involving the mountain community.

It might be at the Atrium at Montgomery Park. There will likely be a silent and oral auction for the museum and a gala dinner/dance event. It will be open to the public, and the entry fee is expected to be in the \$50 per person range. There will be tables for council clubs to share their histories and to use for membership drives.

100 issues of "Lift Lines"

Here's the first issue and the 100th issue, and everything in between.

Says Emilio: "Look at that pile! I could have written a book by now!!!"

More info on page 1.

Emilio Trampuz
 Mountain High Newsletter editor
 4742 Liberty Rd. S., #296
 Salem, OR 97302

Please check our web site,
www.mthigh.org
 for updates.